

1	Club	Raheny Shamrock (A)	00:19:28	Record	M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
67	Athlete 1	lan Conroy	00:04:43	00:14:41	00:19:28
	Athlete 2	Michael McMahon	00:09:58		
	Athlete 3	John Dunne	00:04:47		
2	Club	Finn Valley A.C. (A)	00:19:31		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
98	Athlete 1	Dermot McElchar	00:04:51	00:14:38	00:19:31
	Athlete 2	Barry Harron	00:09:47		
	Athlete 3	Shane McNulty	00:04:53		
3	Club	Sportsworld A.C. (A)	00:19:53		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
58	Athlete 1	Gareth Murran	00:04:46	00:14:54	00:19:53
	Athlete 2	Karoldavid Cronin	00:10:08		
	Athlete 3	Derek Seville	00:04:59		
4	Club	Rathfarnham W.S.A.F.	00:20:06		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
65	Athlete 1	Barry Minnock	00:04:52	00:15:07	00:20:06
	Athlete 2	Paul Fleming	00:10:15		
	Athlete 3	Ronan Kearns	00:04:59		
5	Club	Donore Harriers (A)	00:20:11		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
95	Athlete 1	Fergal Swaine	00:04:57	00:15:07	00:20:11
	Athlete 2	Rossa Hurley	00:10:10		
	Athlete 3	Donal Iremonger	00:05:04		
6	Club	City of Derry A.C.	00:20:16		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
60	Athlete 1	Kieran Hurley	00:05:01	00:15:11	00:20:16
	Athlete 2	Diarmuid McElhinney	00:10:10		
	Athlete 3	Colin Roberts	00:05:05		
7	Club	Raheny Shamrock (B)	00:20:23		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
68	Athlete 1	Dave Kirwan	00:04:50	00:15:23	00:20:23
	Athlete 2	Ciaran McCarthy	00:10:33		
	Athlete 3	Will Walsh	00:05:00		
8	Club	Tallaght A.C. (A)	00:20:25		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
43	Athlete 1	Paddy Lyons	00:04:59	00:15:09	00:20:25
	Athlete 2	David Fitzpatrick	00:10:10		•
	Athlete 3	Shane Carton	00:05:16		
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Bib	Order	Name	Leg 1	Leg 2	Leg 3
92	Athlete 1	Kieran McGrath	00:04:47	00:15:21	00:20:35
	Athlete 2	David Walsh	00:10:34		
	Athlete 3	Brian Martin	00:05:14		
10	Club	Raheny Shamrock (C)	00:20:41		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
69	Athlete 1	Rory O'Sullivan	00:04:58	00:15:32	00:20:41
	Athlete 2	Brian Leahy	00:10:34		
	Athlete 3	lan McConkey	00:05:09		
11	Club	Lucan Harriers (B)	00:21:01		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
62	Athlete 1	Libor Matousek	00:04:56	00:15:59	00:21:01
	Athlete 2	Derek Taylor	00:11:03		
	Athlete 3	Eoin Fitzgerald	00:05:02		
12	Club	Crusaders A.C. (A)	00:21:10		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
71	Athlete 1	Brian Carroll	00:04:58	00:15:51	00:21:10
	Athlete 2	James Murphy	00:10:53		
	Athlete 3	John McAuley	00:05:19		
13	Club	Sportsworld A.C. (B)	00:21:11		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
59	Athlete 1	Martin Keenan	00:05:16	00:15:53	00:21:11
	Athlete 2	Phil Kilgannon	00:10:37		
	Athlete 3	Wesley Harrison	00:05:18		
14	Club	Castlegar A.C.	00:21:24		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
66	Athlete 1	Sean McDermott	00:05:02	00:15:55	00:21:24
	Athlete 2	Stephen Casserly	00:10:53		
	Athlete 3	Frank King	00:05:29		
15	Club	Raheny Shamrock (D)	00:21:27		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
70	Athlete 1	Niall Power	00:05:15	00:16:17	00:21:27
	Athlete 2	Terry Keogh	00:11:02		
40	Athlete 3	Wesley Grant	00:05:10		1405
16	Club	Lucan Harriers (A)	00:21:37		M35
Bib C4	Order	Name	Leg 1	Leg 2	Leg 3
61	Athlete 1	Derek Lynch	00:05:12	00:16:10	00:21:37
	Athlete 2	Will Byrne	00:10:58		
47	Athlete 3	Patrick Holden	00:05:27		1405
17	Club	Finn Valley A.C. (B)	00:21:41		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3



99	Athlete 1	Barry Gallagher	00:05:25	00:16:16	00:21:41
	Athlete 2	Seamus O'Donnell	00:10:51		
	Athlete 3	Kenny O'Donnell	00:05:25		
18	Club	Crusaders A.C. (B)	00:21:48		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
72	Athlete 1	John Fahy	00:05:18	00:16:38	00:21:48
	Athlete 2	Peter O'Toole	00:11:20		
	Athlete 3	Ger Forde	00:05:10		
19	Club	Lucan Harriers (D)	00:21:55		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
64	Athlete 1	Rory Thompson	00:05:28	00:16:33	00:21:55
	Athlete 2	John Canny	00:11:05		
	Athlete 3	Pj Hyland	00:05:22		
20	Club	Liffey Valley A.C.	00:22:05		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
93	Athlete 1	Arnaud Benjacar	00:04:56	00:16:31	00:22:05
	Athlete 2	Matthew Blyth	00:11:35	-	
	Athlete 3	Brendan Beere	00:05:34		
21	Club	Clonliffe Harriers A.C.	00:22:07		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
80	Athlete 1	Clive Ahern	00:05:14	00:16:44	00:22:07
	Athlete 2	Shane Casey	00:11:30		
	Athlete 3	Thonas Frayne	00:05:23		
22	Club	Crusaders A.C. (C)	00:22:08		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
73	Athlete 1	Alan Sheehy	00:05:05	00:16:39	00:22:08
	Athlete 2	Frank Hague	00:11:34		
	Athlete 3	Niall McGeorge	00:05:29		
23	Club	Lucan Harriers (C)	00:22:51		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
63	Athlete 1	Barry Aherne	00:05:18	00:17:02	00:22:51
	Athlete 2	Damien O'Sullivan	00:11:44		
	Athlete 3	Colin O'Gara	00:05:49		
24	Club	Finn Valley A.C. (C)	00:23:39		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
100	Athlete 1	Garvan Boyce	00:05:52	00:17:50	00:23:39
	Athlete 2	Barry Chambers	00:11:58		
	Athlete 3	Brian McCrea	00:05:49		
25	Club	Tallaght A.C. (B)	00:23:42		M35
Bib	Order	Name	Leg 1	Leg 2	Leg 3
44	Athlete 1	Paul Murphy	00:06:14	00:17:33	00:23:42



	Athlete 2	Liam Cullen	00:11:19		
	Athlete 3	John Stokes	00:06:09		
1	Club	St. Finbarrs A.C.	00:21:13		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
82	Athlete 1	Michael Murphy	00:05:35	00:16:14	00:21:13
	Athlete 2	Cathal O'Connell	00:10:39		
	Athlete 3	Ken Devine	00:04:59		
2	Club	Raheny Shamrock (A)	00:21:21		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
88	Athlete 1	Mick Traynor	00:05:13	00:15:56	00:21:21
	Athlete 2	Damien Martin	00:10:43		
	Athlete 3	Dave Woods	00:05:25		
3	Club	Rathfarnham W.S.A.F.	00:22:22		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
87	Athlete 1	Pearse Coyle	00:05:41	00:16:42	00:22:22
	Athlete 2	Paul Moran	00:11:01		
	Athlete 3	Tom Cuddy	00:05:40		
4	Club	Tallaght A.C. (A)	00:22:57		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
41	Athlete 1	Gerry Woods	00:05:38	00:17:12	00:22:57
	Athlete 2	Gerry Doore	00:11:34		
	Athlete 3	Niall Coppinger	00:05:45		
5	Club	Drogheda & District	00:23:10		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
81	Athlete 1	Danny Skeffington	00:05:06	00:17:25	00:23:10
	Athlete 2	Martin Duffy	00:12:19		
	Athlete 3	Gerry O'Connor	00:05:45		
6	Club	Clonliffe Harriers A.C.	00:23:19		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
85	Athlete 1	Fergal O'Shea	00:05:19	00:17:51	00:23:19
	Athlete 2	Niall Markey	00:12:32		
	Athlete 3	Kevin Dowling	00:05:28		
7	Club	Sportsworld A.C.	00:23:34		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
86	Athlete 1	Jim Browne	00:05:41	00:17:41	00:23:34
	Athlete 2	Anthony Gillen	00:12:00		
	Athlete 3	Declan Brady	00:05:53		
8	Club	Raheny Shamrock (B)	00:23:45		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
89	Athlete 1	Gabriel Byrne	00:05:33	00:17:51	00:23:45
	Athlete 2	Tom Loftus	00:12:18		



	Athlete 3	David O'Hara	00:05:54		
9	Club	Letterkenny A.C.	00:23:55		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
83	Athlete 1	Barry Mackey	00:05:56	00:17:53	00:23:55
	Athlete 2	Martin Gormley	00:11:57		•
	Athlete 3	John Hughes	00:06:02		
10	Club	Tallaght A.C. (B)	00:24:33		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
42	Athlete 1	Brendan Ryan	00:05:41	00:18:03	00:24:33
	Athlete 2	Dave Meehan	00:12:22		
	Athlete 3	Joe Pepper	00:06:30		
11	Club	Crusaders A.C.	00:25:01		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
91	Athlete 1	Denis Murphy	00:05:56	00:18:44	00:25:01
	Athlete 2	James Cottle	00:12:48		
	Athlete 3	David Long	00:06:17		
12	Club	Raheny Shamrock (C)	00:25:29		M50
Bib	Order	Name	Leg 1	Leg 2	Leg 3
90	Athlete 1	Dave Feeney	00:06:08	00:18:59	00:25:29
	Athlete 2	Martin Kelly	00:12:51		
	Athlete 3	Des Lyons	00:06:30		