

**MEN RESULTS ALL CATEGORIES**

<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
1	34	Christie	Mark	Mullingar Harriers	Senior	00:30:10
2	32	Ciobanu	Sergiu	Clonliffe Harriers	Senior	00:30:20
3	13	Hargreaves	Brandon	Unattached	Senior	00:30:32
4	18	Fitzpatrick	Thomas	Tallaght A.C.	Senior	00:30:41
5	11	Hanrahan	Mark	Leevale Athletic Club	Senior	00:30:51
6	588	Sheahan	Colm	Leevale Athletic Club	Senior	00:31:52
7	22	Minnock	Barry	Rathfarnham WSAF Athletic Club	40+	00:31:59
8	27	Roche	Patrick	Naas Athletic Club	Senior	00:32:10
9	28	McCarthy	Louis	Rathfarnham WSAF Athletic Club	Senior	00:32:31
10	29	McGinley	Eoghain	Rathfarnham WSAF Athletic Club	Senior	00:32:42
11	604	Cauvet	Damien	Liffey Valley Athletic Club	Senior	00:32:52
12	637	McMahon	Michael	Donore Harriers Athletic Club	Senior	00:32:56
13	20	McKinney	Pauric	Inishowen A.C.	45+	00:33:01
14	19	Traynor	Michael	Raheny Shamrocks Athletic Club	50+	00:33:05
15	595	Cronin	Karol	Sportsworld A.C.	Senior	00:33:06
16	590	Shine	John	Leevale Athletic Club	Senior	00:33:07
17	569	O'Hara	Alan	North Belfast Harriers	35+	00:33:09
18	640	Cross	Rob	Crusaders Athletic Club	40+	00:33:11
19	587	White	Eamon	North Belfast Harriers	45+	00:33:12
20	563	Furey	Brian	Rathfarnham WSAF Athletic Club	Senior	00:33:14
21	636	Conway	Turlough	Rathfarnham WSAF Athletic Club	40+	00:33:22
22	26	Stephenson	Paul	Rathfarnham WSAF Athletic Club	Senior	00:33:29
23	312	Fleming	Paul	Rathfarnham WSAF Athletic Club	35+	00:33:34
24	568	Campbell	Paul	Newbridge Athletic Club	35+	00:33:51
25	212	O'Connor	Kevin	Dundrum South Dublin A.C.	40+	00:33:51
26	606	Coghlan	Alban	Crusaders Athletic Club	Senior	00:33:58
27	320	Keenan	Dave	Newbridge Athletic Club	35+	00:34:00
28	591	O'Connell	John	Leevale Athletic Club	35+	00:34:03
29	451	Donagher	Kevin	Rathfarnham WSAF Athletic Club	Senior	00:34:04
30	307	Black	John	North Belfast Harriers	Senior	00:34:05
31	203	Condon	Gary	Sli Cualann AC	40+	00:34:10
32	465	Gorman	Dermot	Raheny Shamrocks Athletic Club	Senior	00:34:15
33	210	Cooke	Edward	North Belfast Harriers	Senior	00:34:20
34	558	Arthur	Peter	Liffey Valley Athletic Club	Senior	00:34:22
35	567	Marjolet	Patrick	Rathfarnham WSAF Athletic Club	35+	00:34:25
36	594	Morgan	Chris	Liffey Valley Athletic Club	Senior	00:34:30
37	284	Roe	Bernard	Raheny Shamrocks Athletic Club	Senior	00:34:32
38	338	Byrne	Brian	Newbridge Athletic Club	35+	00:34:33
39	630	Fitzpatrick	David	Tallaght A.C.	35+	00:34:35
40	233	Mac Domhnaill	Fiachra	West Limerick A.C.	35+	00:34:42
41	305	Reilly	Tony	Ballyroan Abbeyleix & District	40+	00:34:48
42	616	Sherlock	Thomas	Clonliffe Harriers	Senior	00:34:49
43	614	Beere	Brendan	Liffey Valley Athletic Club	40+	00:34:50
44	288	Carroll	Mark	Mullingar Harriers	Senior	00:34:52

<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
45	560	Sheehan	Andrew	Leevale Athletic Club	Senior	00:34:58
46	641	Finlay	Gavin	Sportsworld A.C.	35+	00:35:04
47	280	Murray	David	Tullamore Harriers Athletic Cl	35+	00:35:08
48	310	Freeley	Michael	Rathfarnham WSAF Athletic Club	35+	00:35:10
49	240	Malone	Patrick	Newbridge Athletic Club	50+	00:35:11
50	613	Reilly	Ciaran	Liffey Valley Athletic Club	35+	00:35:12
51	225	Newman	Edward	Mullingar Harriers	50+	00:35:17
52	252	Lawless	Damien	Sli Cualann AC	40+	00:35:24
53	331	Byrne	Greg	Rathfarnham WSAF Athletic Club	35+	00:35:25
54	603	Darmody	Mark	Clonmel AC	40+	00:35:28
55	344	Duggan	Bernard	Civil Service A.C.	Senior	00:35:30
56	264	Power	David	Rathfarnham WSAF Athletic Club	Senior	00:35:33
57	285	Mullan	Benny	Inishowen A.C.	40+	00:35:35
58	642	Hannigan	Daniel	Letterkenny A.C.	Senior	00:35:40
59	266	Gavin	Gerard	Mullingar Harriers	40+	00:35:57
60	308	Mc Gee	Malcolm	Inishowen A.C.	35+	00:36:02
61	602	Bradley	Aaron	Glaslough Harriers A.C.	Senior	00:36:08
62	277	Larkin	Hugh	Crusaders Athletic Club	35+	00:36:09
63	453	Kehoe	Damian	Raheny Shamrocks Athletic Club	35+	00:36:10
64	335	Byrne	Michael	Sli Cualann AC	50+	00:36:23
65	583	Griffin	Mike	Liffey Valley Athletic Club	35+	00:36:24
66	256	Powell	Donagh	Rathfarnham WSAF Athletic Club	Senior	00:36:29
67	295	Carton	Shane	Tallaght A.C.	35+	00:36:32
68	297	Donegan	John	Tullamore Harriers Athletic Cl	50+	00:36:34
69	643	Byrne	Will	Lucan Harriers Athletic Club	40+	00:36:35
70	639	Murray	Colm	Rathfarnham WSAF Athletic Club	45+	00:36:35
71	580	Sweeney	Trevor	Sportsworld A.C.	40+	00:36:36
72	302	Donegan	Christopher	Tullamore Harriers Athletic Cl	50+	00:36:39
73	615	Toomey	Peter	Rathfarnham WSAF Athletic Club	Senior	00:36:51
74	204	Brady	George	Donore Harriers Athletic Club	35+	00:36:53
75	330	Moloney	Ger	St. Pauls A.C.	55+	00:36:54
76	238	Mooney	Leonard	Tullamore Harriers Athletic Cl	35+	00:36:57
77	341	Chatterton	Karl	Sportsworld A.C.	Senior	00:36:58
78	581	Bruton	Brian	Galway City Harriers AC	35+	00:36:58
79	319	McDonald	Martin	Ballyroan Abbeyleix & District	55+	00:36:58
80	328	Mooney	Martin	Inishowen A.C.	Senior	00:37:00
81	610	Dowling	Sean	Liffey Valley Athletic Club	40+	00:37:00
82	249	Boland	Jimmy	Clonmel AC	Senior	00:37:01
83	317	Harkin	Jim	Inishowen A.C.	35+	00:37:03
84	273	Callaghan	Philip	Inishowen A.C.	40+	00:37:04
85	211	Curran	Kevin	Springwell Running Club	Senior	00:37:08
86	596	Brady	David	Clonliffe Harriers	Senior	00:37:20
87	281	Porter	David	Inishowen A.C.	Senior	00:37:31
88	605	Balfe	Paul	Liffey Valley Athletic Club	40+	00:37:36
89	334	Corcoran	Trevor	St. L. O'Toole A.C.	Senior	00:37:47
90	254	Abbott	Brendan	Tullamore Harriers Athletic Cl	50+	00:37:52



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
PHOENIX PARK, 11TH APRIL 2015**

<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
91	552	O Meara	Culan	Galway City Harriers AC	35+	00:38:03
92	293	Mooney	Conor	Tullamore Harriers Athletic Cl	35+	00:38:05
93	336	Quinn	Paul	Liffey Valley Athletic Club	50+	00:38:05
94	246	Walsh	Shane	Dundrum South Dublin A.C.	35+	00:38:06
95	554	Keeling	Chris	Balbriggan & District	55+	00:38:09
96	625	Parker	John	Liffey Valley Athletic Club	Senior	00:38:10
97	289	Finlay	Glenn	Tullamore Harriers Athletic Cl	40+	00:38:10
98	323	Murphy	Micheal	Rathfarnham WSAF Athletic Club	Senior	00:38:11
99	286	Radford	Brendan	D.M.P. A.C.	40+	00:38:14
100	609	Hogan	Paul	Dundrum South Dublin A.C.	40+	00:38:17
101	269	Privat	Olivier	Sportsworld A.C.	40+	00:38:23
102	343	Davenport	Nigel	Inishowen A.C.	35+	00:38:25
103	201	Breen	Martin	Parnell AC	40+	00:38:26
104	623	Griffin	Padraig	Tallaght A.C.	35+	00:38:27
105	309	Everett	Denis	Rathfarnham WSAF Athletic Club	35+	00:38:30
106	299	Thornberry	Ray	Dundrum South Dublin A.C.	50+	00:38:33
107	632	Devlin	John	Galway City Harriers AC	50+	00:38:35
108	561	Blyth	Matthew	Liffey Valley Athletic Club	35+	00:38:36
109	261	Butler	Darren	Tullamore Harriers Athletic Cl	Senior	00:38:41
110	239	O Donnell	Alan	Balbriggan & District	35+	00:38:42
111	242	Farrelly	John	Rathfarnham WSAF Athletic Club	50+	00:38:42
112	646	Dunne	Gerry	Dundrum South Dublin A.C.	50+	00:38:44
113	607	Feery	Johnny	Tullamore Harriers Athletic Cl	55+	00:38:46
114	322	Deery	Kevin	Dunboyne AC	35+	00:38:48
115	600	Kearney	Martin	Galway City Harriers AC	60+	00:38:51
116	235	O'Callaghan	David	Tallaght A.C.	Senior	00:39:02
117	593	Gallagher	Pat	Inishowen A.C.	40+	00:39:04
118	342	Monaghan	John	Tullamore Harriers Athletic Cl	35+	00:39:07
119	617	Greensmyth	Will	Sportsworld A.C.	Senior	00:39:11
120	314	Ryan	Sean	Civil Service A.C.	50+	00:39:11
121	298	O Shea	Patrick	Iveragh A.C.	60+	00:39:11
122	499	Mollen	Francis	Tullamore Harriers Athletic Cl	50+	00:39:14
123	272	Woods	Dave	Raheny Shamrocks Athletic Club	50+	00:39:25
124	260	Cuddy	Tom	Rathfarnham WSAF Athletic Club	55+	00:39:28
125	290	Murphy	Colin	Dundrum South Dublin A.C.	35+	00:39:29
126	234	Doherty	Ronan	Inishowen A.C.	Senior	00:39:33
127	599	McEvelly	Martin	Galway City Harriers AC	65+	00:39:34
128	303	King	Alan	Balbriggan & District	35+	00:39:36
129	645	Cassidy	Patrick	Carrick Aces A.C.	35+	00:39:39
130	573	Ryan Mc Caffrey	Sean	Dundrum South Dublin A.C.	Senior	00:39:44
131	222	Cunningham	Colm	Dundrum South Dublin A.C.	35+	00:39:44
132	315	Tyrrell	Dominic	Le Cheile A.C.	Senior	00:39:53
133	574	Cuddy	David	Crusaders Athletic Club	Senior	00:39:55
134	644	Wycherley	Michael	Crusaders Athletic Club	40+	00:39:57
135	578	Nolan	Ruaidhri	Drogheda and District AC	Senior	00:40:00
136	268	Glennon	Matthew	Mullingar Harriers	45+	00:40:02

<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
137	333	Mc Hugh	John	Rathfarnham WSAF Athletic Club	55+	00:40:02
138	296	Saunders	Mark	Trim AC	40+	00:40:09
139	231	McSwiggan	Michael	Portmarnock AC	40+	00:40:12
140	579	McKeon	Martin	Mullingar Harriers	Senior	00:40:23
141	327	Moore	Brian	Star of the Sea AC	35+	00:40:30
142	608	Browne	Jim	Sportsworld A.C.	50+	00:40:33
143	564	Coyne	Seamus	Galway City Harriers AC	40+	00:40:44
144	228	Tuohy	John	Liffey Valley Athletic Club	35+	00:40:45
145	553	Cullen	Eric	Rathfarnham WSAF Athletic Club	45+	00:40:48
146	601	Jordan	Vincent	Galway City Harriers AC	45+	00:40:49
147	270	Fitzpatrick	Conor	Portmarnock AC	Senior	00:40:55
148	267	Gallagher	Finbarr	Inishowen A.C.	45+	00:40:59
149	263	Burke	Aiden	Portmarnock AC	40+	00:41:03
150	253	Egan	Alan	Dundrum South Dublin A.C.	40+	00:41:05
151	258	Meehan	Dave	Tallaght A.C.	50+	00:41:06
152	35	Heffernan	Robert	Togher AC	35+	00:41:07
153	324	O'Hagan	Martin	Swinford AC	35+	00:41:13
154	271	Fitzpatrick	Céin	St. Michaels Portarlington A.C	Senior	00:41:17
155	624	Hutchinson	Alan	Civil Service A.C.	Senior	00:41:38
156	224	Crowley	Alan	Mullingar Harriers	Senior	00:41:39
157	304	Ryan	Ken	Portmarnock AC	45+	00:41:48
158	326	Martin	Ray	Tullamore Harriers Athletic Cl	35+	00:41:52
159	566	Corri	Stephen	Liffey Valley Athletic Club	Senior	00:41:53
160	245	Denn	James	Clonmel AC	35+	00:41:54
161	337	Doherty	Mark	Inishowen A.C.	45+	00:42:08
162	622	Robb	Dwain	Inishowen A.C.	Senior	00:42:11
163	586	Naylor	Ronnie	Mayo AC	55+	00:42:14
164	505	Egan	Aidan	Tullamore Harriers Athletic Cl	35+	00:42:20
165	565	Sullivan	Tadhg	Dundrum South Dublin A.C.	45+	00:42:22
166	584	McGee	Aidan	St. Michaels Portarlington A.C	40+	00:42:29
167	248	McKeown	Michael	East Down AC	50+	00:42:35
168	247	Carroll	Brian	Moyne A.C.	Senior	00:42:37
169	329	McBride	Colin	Carrick Aces A.C.	35+	00:42:47
170	237	Mahon	Francis	Sportsworld A.C.	40+	00:42:50
171	556	Gaillet	Olivier	Rathfarnham WSAF Athletic Club	45+	00:42:52
172	230	Farrell	Raymond	Balbriggan & District	35+	00:43:04
173	647	Berry	James	Dundrum South Dublin A.C.	Senior	00:43:22
174	628	Mc Kinney	Owenie	Inishowen A.C.	40+	00:43:23
175	202	Walsh	Nicholas	Le Cheile A.C.	Senior	00:43:25
176	292	O'Toole	Philip	Tallaght A.C.	40+	00:43:28
177	227	McGrath	Brian	Le Cheile A.C.	60+	00:43:33
178	300	O'Farrell	Declan	Dundrum South Dublin A.C.	50+	00:43:46
179	275	O'Donnell	Paul	Dunboyne AC	40+	00:43:51
180	612	Darmody	Nick	Mallow AC	40+	00:43:53
181	318	Mangan	Robert M	Dundrum South Dublin A.C.	Senior	00:44:03
182	236	O'Leary	David	Dundrum South Dublin A.C.	45+	00:44:04



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
PHOENIX PARK, 11TH APRIL 2015**

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183	598	Rohan	Kevin	Galway City Harriers AC	35+	00:44:30
184	619	Tegart	Roger	Drogheda and District AC	40+	00:44:32
185	452	McAree	JP	Carrick Aces A.C.	35+	00:44:34
186	650	McCormack	Matt	Tullamore Harriers Athletic Cl	35+	00:44:42
187	631	O'Brien	Eoin	Sportsworld A.C.	35+	00:44:47
188	559	Feeney	Jimmy	Mayo AC	60+	00:44:48
189	497	McFeely	Owen	Civil Service A.C.	40+	00:44:52
190	345	Keenan	Albert	Newbridge Athletic Club	65+	00:44:57
191	205	McKenna	Peter	St. L. O'Toole A.C.	35+	00:45:16
192	340	O'Grady	Andy	Tullamore Harriers Athletic Cl	55+	00:45:18
193	294	Lyons	Desmond	Raheny Shamrocks Athletic Club	45+	00:45:24
194	287	Hill	Jason	North East Runners A.C.	40+	00:45:42
195	555	Brady	James	Sportsworld A.C.	Senior	00:45:46
196	649	Gleeson	John	Donore Harriers Athletic Club	40+	00:45:48
197	206	Noonan	Ken	Kilcoole A.C.	40+	00:45:59
198	223	Coughlan	JJ	Ballyfin A.C.	Senior	00:46:07
199	215	Flynn	Denis	Tullamore Harriers Athletic Cl	50+	00:46:08
200	279	Larkin	Adrian	Tullamore Harriers Athletic Cl	40+	00:46:18
201	339	McCormack	Tony	Tullamore Harriers Athletic Cl	45+	00:46:18
202	218	Brett	Kenny	Clonmel AC	40+	00:46:32
203	262	McNamara	Jim	Donore Harriers Athletic Club	75+	00:46:44
204	219	McDonald	Anthony	St. Abbans A.C.	Senior	00:46:53
205	582	Smyth	Andrew	Coolquill A.C.	Senior	00:46:57
206	633	McKenna	Peter	Glaslough Harriers A.C.	45+	00:47:12
207	575	Meagher	John	Civil Service A.C.	35+	00:47:21
208	278	Tonge	Mark	Dundrum South Dublin A.C.	40+	00:47:29
209	301	Bissett	Paul	Balbriggan & District	45+	00:47:38
210	214	Hensey	Paul	Tullamore Harriers Athletic Cl	40+	00:47:58
211	251	Barrell	Paul	Drogheda and District AC	40+	00:48:08
212	265	Downey	Stephen	Civil Service A.C.	35+	00:48:50
213	257	Jennings	Connor	Raheny Shamrocks Athletic Club	45+	00:49:15
214	618	Birch	David	Drogheda and District AC	45+	00:49:37
215	221	Downey	Damian	Inishowen A.C.	45+	00:50:19
216	577	Mc Manus	Peter	Drogheda and District AC	40+	00:51:13
217	551	O'Malley	Christy	Mayo AC	45+	00:51:46
218	226	Mc Candless	John	Inishowen A.C.	40+	00:51:50
219	638	Hosey	John	Dundrum South Dublin A.C.	45+	00:52:33
220	648	Cronin	Basil	Tullamore Harriers Athletic Cl	40+	00:53:31
221	570	Timothy	Shane	Mayo AC	35+	00:53:54
222	229	Hagan	Shay	Parnell AC	45+	00:54:29
223	259	Langan	Jim	Tullamore Harriers Athletic Cl	70+	00:59:09
224	627	Meenan	Charles	Rathfarnham WSAF Athletic Club	55+	01:00:01
225	589	Timothy	John	Mayo AC	60+	01:00:34
226	325	Casey	Michael	Eire Og Corra Choill A.C.	45+	01:02:51
227	291	McGuinness	Eugene	Newry City Runners AC	40+	01:05:55
228	244	Cronin	John	Tullamore Harriers Athletic Cl	55+	01:06:32



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
PHOENIX PARK, 11TH APRIL 2015**

Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>SENIOR MEN</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	34	Christie	Mark	Mullingar Harriers	Senior	00:30:10
2	32	Ciobanu	Sergiu	Clonliffe Harriers	Senior	00:30:20
3	13	Hargreaves	Brandon	Dundrum South Dublin A.C.	Senior	00:30:32
4	18	Fitzpatrick	Thomas	Tallaght A.C.	Senior	00:30:41
5	11	Hanrahan	Mark	Leevale Athletic Club	Senior	00:30:51
6	588	Sheahan	Colm	Leevale Athletic Club	Senior	00:31:52
7	27	Roche	Patrick	Naas Athletic Club	Senior	00:32:10
8	28	McCarthy	Louis	Rathfarnham WSAF Athletic Club	Senior	00:32:31
9	29	McGinley	Eoghain	Rathfarnham WSAF Athletic Club	Senior	00:32:42
10	604	Cauvet	Damien	Liffey Valley Athletic Club	Senior	00:32:52
11	637	McMahon	Michael	Donore Harriers Athletic Club	Senior	00:32:56
12	595	Cronin	Karol	Sportsworld A.C.	Senior	00:33:06
13	590	Shine	John	Leevale Athletic Club	Senior	00:33:07
14	563	Furey	Brian	Rathfarnham WSAF Athletic Club	Senior	00:33:14
15	26	Stephenson	Paul	Rathfarnham WSAF Athletic Club	Senior	00:33:29
16	606	Coghlan	Alban	Crusaders Athletic Club	Senior	00:33:58
17	451	Donagher	Kevin	Rathfarnham WSAF Athletic Club	Senior	00:34:04
18	307	Black	John	North Belfast Harriers	Senior	00:34:05
19	465	Gorman	Dermot	Raheny Shamrocks Athletic Club	Senior	00:34:15
20	210	Cooke	Edward	North Belfast Harriers	Senior	00:34:20
21	558	Arthur	Peter	Liffey Valley Athletic Club	Senior	00:34:22
22	594	Morgan	Chris	Liffey Valley Athletic Club	Senior	00:34:30
23	284	Roe	Bernard	Raheny Shamrocks Athletic Club	Senior	00:34:32
24	616	Sherlock	Thomas	Clonliffe Harriers	Senior	00:34:49
25	288	Carroll	Mark	Mullingar Harriers	Senior	00:34:52
26	560	Sheehan	Andrew	Leevale Athletic Club	Senior	00:34:58
27	344	Duggan	Bernard	Civil Service A.C.	Senior	00:35:30
28	264	Power	David	Rathfarnham WSAF Athletic Club	Senior	00:35:33
29	642	Hannigan	Daniel	Letterkenny A.C.	Senior	00:35:40
30	602	Bradley	Aaron	Glaslough Harriers A.C.	Senior	00:36:08
31	256	Powell	Donagh	Rathfarnham WSAF Athletic Club	Senior	00:36:29
32	615	Toomey	Peter	Rathfarnham WSAF Athletic Club	Senior	00:36:51
33	341	Chatterton	Karl	Sportsworld A.C.	Senior	00:36:58
34	328	Mooney	Martin	Inishowen A.C.	Senior	00:37:00
35	249	Boland	Jimmy	Clonmel AC	Senior	00:37:01
36	211	Curran	Kevin	Springwell Running Club	Senior	00:37:08
37	596	Brady	David	Clonliffe Harriers	Senior	00:37:20
38	281	Porter	David	Inishowen A.C.	Senior	00:37:31
39	334	Corcoran	Trevor	St. L. O'Toole A.C.	Senior	00:37:47
40	625	Parker	John	Liffey Valley Athletic Club	Senior	00:38:10
41	323	Murphy	Micheal	Rathfarnham WSAF Athletic Club	Senior	00:38:11
42	261	Butler	Darren	Tullamore Harriers Athletic Cl	Senior	00:38:41
43	235	O'Callaghan	David	Tallaght A.C.	Senior	00:39:02
44	617	Greensmyth	Will	Sportsworld A.C.	Senior	00:39:11



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS**  
**PHOENIX PARK, 11TH APRIL 2015**

<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
45	234	Doherty	Ronan	Inishowen A.C.	Senior	00:39:33
46	573	Ryan Mc Caffrey	Sean	Dundrum South Dublin A.C.	Senior	00:39:44
47	315	Tyrrell	Dominic	Le Cheile A.C.	Senior	00:39:53
48	574	Cuddy	David	Crusaders Athletic Club	Senior	00:39:55
49	578	Nolan	Ruaidhri	Drogheda and District AC	Senior	00:40:00
50	579	McKeon	Martin	Mullingar Harriers	Senior	00:40:23
51	270	Fitzpatrick	Conor	Portmarnock AC	Senior	00:40:55
52	271	Fitzpatrick	Céin	St. Michaels Portarlinton A.C	Senior	00:41:17
53	624	Hutchinson	Alan	Civil Service A.C.	Senior	00:41:38
54	224	Crowley	Alan	Mullingar Harriers	Senior	00:41:39
55	566	Corri	Stephen	Liffey Valley Athletic Club	Senior	00:41:53
56	622	Robb	Dwain	Inishowen A.C.	Senior	00:42:11
57	247	Carroll	Brian	Moyne A.C.	Senior	00:42:37
58	647	Berry	James	Dundrum South Dublin A.C.	Senior	00:43:22
59	202	Walsh	Nicholas	Le Cheile A.C.	Senior	00:43:25
60	318	Mangan	Robert M	Dundrum South Dublin A.C.	Senior	00:44:03
61	555	Brady	James	Sportsworld A.C.	Senior	00:45:46
62	223	Coughlan	JJ	Ballyfin A.C.	Senior	00:46:07
63	219	McDonald	Anthony	St. Abbans A.C.	Senior	00:46:53
64	582	Smyth	Andrew	Coolquill A.C.	Senior	00:46:57

Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>MEN 35+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	569	O'Hara	Alan	North Belfast Harriers	35+	00:33:09
2	312	Fleming	Paul	Rathfarnham WSAF Athletic Club	35+	00:33:34
3	568	Campbell	Paul	Newbridge Athletic Club	35+	00:33:51
4	320	Keenan	Dave	Newbridge Athletic Club	35+	00:34:00
5	591	O'Connell	John	Leevale Athletic Club	35+	00:34:03
6	567	Marjolet	Patrick	Rathfarnham WSAF Athletic Club	35+	00:34:25
7	338	Byrne	Brian	Newbridge Athletic Club	35+	00:34:33
8	630	Fitzpatrick	David	Tallaght A.C.	35+	00:34:35
9	233	Mac Domhnaill	Fiachra	West Limerick A.C.	35+	00:34:42
10	641	Finlay	Gavin	Sportsworld A.C.	35+	00:35:04
11	280	Murray	David	Tullamore Harriers Athletic Cl	35+	00:35:08
12	310	Freeley	Michael	Rathfarnham WSAF Athletic Club	35+	00:35:10
13	613	Reilly	Ciaran	Liffey Valley Athletic Club	35+	00:35:12
14	331	Byrne	Greg	Rathfarnham WSAF Athletic Club	35+	00:35:25
15	308	Mc Gee	Malcolm	Inishowen A.C.	35+	00:36:02
16	277	Larkin	Hugh	Crusaders Athletic Club	35+	00:36:09
17	453	Kehoe	Damian	Raheny Shamrocks Athletic Club	35+	00:36:10
18	583	Griffin	Mike	Liffey Valley Athletic Club	35+	00:36:24
19	295	Carton	Shane	Tallaght A.C.	35+	00:36:32
20	204	Brady	George	Donore Harriers Athletic Club	35+	00:36:53
21	238	Mooney	Leonard	Tullamore Harriers Athletic Cl	35+	00:36:57
22	581	Bruton	Brian	Galway City Harriers AC	35+	00:36:58
23	317	Harkin	Jim	Inishowen A.C.	35+	00:37:03
24	552	O Meara	Culan	Galway City Harriers AC	35+	00:38:03
25	293	Mooney	Conor	Tullamore Harriers Athletic Cl	35+	00:38:05
26	246	Walsh	Shane	Dundrum South Dublin A.C.	35+	00:38:06
27	343	Davenport	Nigel	Inishowen A.C.	35+	00:38:25
28	623	Griffin	Padraig	Tallaght A.C.	35+	00:38:27
29	309	Everett	Denis	Rathfarnham WSAF Athletic Club	35+	00:38:30
30	561	Blyth	Matthew	Liffey Valley Athletic Club	35+	00:38:36
31	239	O Donnell	Alan	Balbriggan & District	35+	00:38:42
32	322	Deery	Kevin	Dunboyne AC	35+	00:38:48
33	342	Monaghan	John	Tullamore Harriers Athletic Cl	35+	00:39:07
34	290	Murphy	Colin	Dundrum South Dublin A.C.	35+	00:39:29
35	303	King	Alan	Balbriggan & District	35+	00:39:36
36	645	Cassidy	Patrick	Carrick Aces A.C.	35+	00:39:39
37	222	Cunningham	Colm	Dundrum South Dublin A.C.	35+	00:39:44
38	327	Moore	Brian	Star of the Sea AC	35+	00:40:30
39	228	Tuohy	John	Liffey Valley Athletic Club	35+	00:40:45
40	35	Heffernan	Robert	Togher AC	35+	00:41:07
41	324	O'Hagan	Martin	Swinford AC	35+	00:41:13
42	326	Martin	Ray	Tullamore Harriers Athletic Cl	35+	00:41:52
43	245	Denn	James	Clonmel AC	35+	00:41:54





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44	505	Egan	Aidan	Tullamore Harriers Athletic Cl	35+	00:42:20
45	329	McBride	Colin	Carrick Aces A.C.	35+	00:42:47
46	230	Farrell	Raymond	Balbriggan & District	35+	00:43:04
47	598	Rohan	Kevin	Galway City Harriers AC	35+	00:44:30
48	452	McAree	JP	Carrick Aces A.C.	35+	00:44:34
49	650	McCormack	Matt	Tullamore Harriers Athletic Cl	35+	00:44:42
50	631	O'Brien	Eoin	Sportsworld A.C.	35+	00:44:47
51	205	McKenna	Peter	St. L. O'Toole A.C.	35+	00:45:16
52	575	Meagher	John	Civil Service A.C.	35+	00:47:21
53	265	Downey	Stephen	Civil Service A.C.	35+	00:48:50
54	570	Timothy	Shane	Mayo AC	35+	00:53:54



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
PHOENIX PARK, 11TH APRIL 2015**

Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>MEN 40+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	22	Minnock	Barry	Rathfarnham WSAF Athletic Club	40+	00:31:59
2	640	Cross	Rob	Crusaders Athletic Club	40+	00:33:11
3	636	Conway	Turlough	Rathfarnham WSAF Athletic Club	40+	00:33:22
4	212	O'Connor	Kevin	Dundrum South Dublin A.C.	40+	00:33:51
5	203	Condon	Gary	Sli Cualann AC	40+	00:34:10
6	305	Reilly	Tony	Ballyroan Abbeyleix & District	40+	00:34:48
7	614	Beere	Brendan	Liffey Valley Athletic Club	40+	00:34:50
8	252	Lawless	Damien	Sli Cualann AC	40+	00:35:24
9	603	Darmody	Mark	Clonmel AC	40+	00:35:28
10	285	Mullan	Benny	Inishowen A.C.	40+	00:35:35
11	266	Gavin	Gerard	Mullingar Harriers	40+	00:35:57
12	643	Byrne	Will	Lucan Harriers Athletic Club	40+	00:36:35
13	580	Sweeney	Trevor	Sportsworld A.C.	40+	00:36:36
14	610	Dowling	Sean	Liffey Valley Athletic Club	40+	00:37:00
15	273	Callaghan	Philip	Inishowen A.C.	40+	00:37:04
16	605	Balfe	Paul	Liffey Valley Athletic Club	40+	00:37:36
17	289	Finlay	Glenn	Tullamore Harriers Athletic Cl	40+	00:38:10
18	286	Radford	Brendan	D.M.P. A.C.	40+	00:38:14
19	609	Hogan	Paul	Dundrum South Dublin A.C.	40+	00:38:17
20	269	Privat	Olivier	Sportsworld A.C.	40+	00:38:23
21	201	Breen	Martin	Parnell AC	40+	00:38:26
22	593	Gallagher	Pat	Inishowen A.C.	40+	00:39:04
23	644	Wycherley	Michael	Crusaders Athletic Club	40+	00:39:57
24	296	Saunders	Mark	Trim AC	40+	00:40:09
25	231	McSwiggan	Michael	Portmarnock AC	40+	00:40:12
26	564	Coyne	Seamus	Galway City Harriers AC	40+	00:40:44
27	263	Burke	Aiden	Portmarnock AC	40+	00:41:03
28	253	Egan	Alan	Dundrum South Dublin A.C.	40+	00:41:05
29	584	McGee	Aidan	St. Michaels Portarlington A.C	40+	00:42:29
30	237	Mahon	Francis	Sportsworld A.C.	40+	00:42:50
31	628	Mc Kinney	Owenie	Inishowen A.C.	40+	00:43:23
32	292	O'Toole	Philip	Tallaght A.C.	40+	00:43:28
33	275	O'Donnell	Paul	Dunboyne AC	40+	00:43:51
34	612	Darmody	Nick	Mallow AC	40+	00:43:53
35	619	Tegart	Roger	Drogheda and District AC	40+	00:44:32
36	497	McFeely	Owen	Civil Service A.C.	40+	00:44:52
37	287	Hill	Jason	North East Runners A.C.	40+	00:45:42
38	649	Gleeson	John	Donore Harriers Athletic Club	40+	00:45:48
39	206	Noonan	Ken	Kilcoole A.C.	40+	00:45:59
40	279	Larkin	Adrian	Tullamore Harriers Athletic Cl	40+	00:46:18
41	218	Brett	Kenny	Clonmel AC	40+	00:46:32
42	278	Tonge	Mark	Dundrum South Dublin A.C.	40+	00:47:29
43	214	Hensey	Paul	Tullamore Harriers Athletic Cl	40+	00:47:58
44	251	Barrell	Paul	Drogheda and District AC	40+	00:48:08



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<b>Pos</b>	<b>Bib</b>	<b>Surname</b>	<b>First Name</b>	<b>Club</b>	<b>Category</b>	<b>Gun Time</b>
45	577	Mc Manus	Peter	Drogheda and District AC	40+	00:51:13
46	226	Mc Candless	John	Inishowen A.C.	40+	00:51:50
47	648	Cronin	Basil	Tullamore Harriers Athletic Cl	40+	00:53:31
48	291	McGuinness	Eugene	Newry City Runners AC	40+	01:05:55



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
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Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>MEN 45+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	20	McKinney	Pauric	Inishowen A.C.	45+	00:33:01
2	587	White	Eamon	North Belfast Harriers	45+	00:33:12
3	639	Murray	Colm	Rathfarnham WSAF Athletic Club	45+	00:36:35
4	268	Glennon	Matthew	Mullingar Harriers	45+	00:40:02
5	553	Cullen	Eric	Rathfarnham WSAF Athletic Club	45+	00:40:48
6	601	Jordan	Vincent	Galway City Harriers AC	45+	00:40:49
7	267	Gallagher	Finbarr	Inishowen A.C.	45+	00:40:59
8	304	Ryan	Ken	Portmarnock AC	45+	00:41:48
9	337	Doherty	Mark	Inishowen A.C.	45+	00:42:08
10	565	Sullivan	Tadhg	Dundrum South Dublin A.C.	45+	00:42:22
11	556	Gaillot	Olivier	Rathfarnham WSAF Athletic Club	45+	00:42:52
12	236	O'Leary	David	Dundrum South Dublin A.C.	45+	00:44:04
13	294	Lyons	Desmond	Raheny Shamrocks Athletic Club	45+	00:45:24
14	339	McCormack	Tony	Tullamore Harriers Athletic Cl	45+	00:46:18
15	633	McKenna	Peter	Glaslough Harriers A.C.	45+	00:47:12
16	301	Bissett	Paul	Balbriggan & District	45+	00:47:38
17	257	Jennings	Connor	Raheny Shamrocks Athletic Club	45+	00:49:15
18	618	Birch	David	Drogheda and District AC	45+	00:49:37
19	221	Downey	Damian	Inishowen A.C.	45+	00:50:19
20	551	O'Malley	Christy	Mayo AC	45+	00:51:46
21	638	Hosey	John	Dundrum South Dublin A.C.	45+	00:52:33
22	229	Hagan	Shay	Parnell AC	45+	00:54:29
23	325	Casey	Michael	Eire Og Corra Choill A.C.	45+	01:02:51



**ATHLETICS IRELAND NATIONAL 10K CHAMPIONSHIPS  
PHOENIX PARK, 11TH APRIL 2015**

Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>MEN 50+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	19	Traynor	Michael	Raheny Shamrocks Athletic Club	50+	00:33:05
2	240	Malone	Patrick	Newbridge Athletic Club	50+	00:35:11
3	225	Newman	Edward	Mullingar Harriers	50+	00:35:17
4	335	Byrne	Michael	Sli Cualann AC	50+	00:36:23
5	297	Donegan	John	Tullamore Harriers Athletic Cl	50+	00:36:34
6	302	Donegan	Christopher	Tullamore Harriers Athletic Cl	50+	00:36:39
7	254	Abbott	Brendan	Tullamore Harriers Athletic Cl	50+	00:37:52
8	336	Quinn	Paul	Liffey Valley Athletic Club	50+	00:38:05
9	299	Thornberry	Ray	Dundrum South Dublin A.C.	50+	00:38:33
10	632	Devlin	John	Galway City Harriers AC	50+	00:38:35
11	242	Farrelly	John	Rathfarnham WSAF Athletic Club	50+	00:38:42
12	646	Dunne	Gerry	Dundrum South Dublin A.C.	50+	00:38:44
13	314	Ryan	Sean	Civil Service A.C.	50+	00:39:11
14	499	Mollen	Francis	Tullamore Harriers Athletic Cl	50+	00:39:14
15	272	Woods	Dave	Raheny Shamrocks Athletic Club	50+	00:39:25
16	608	Browne	Jim	Sportsworld A.C.	50+	00:40:33
17	258	Meehan	Dave	Tallaght A.C.	50+	00:41:06
18	248	McKeown	Michael	East Down AC	50+	00:42:35
19	300	O'Farrell	Declan	Dundrum South Dublin A.C.	50+	00:43:46
20	215	Flynn	Denis	Tullamore Harriers Athletic Cl	50+	00:46:08

Pos	Bib	Surname	First Name	Club	Category	Gun Time
<b>MEN 55+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	330	Moloney	Ger	St. Pauls A.C.	55+	00:36:54
2	319	McDonald	Martin	Ballyroan Abbeyleix & District	55+	00:36:58
3	554	Keeling	Chris	Balbriggan & District	55+	00:38:09
4	607	Feery	Johnny	Tullamore Harriers Athletic Cl	55+	00:38:46
5	260	Cuddy	Tom	Rathfarnham WSAF Athletic Club	55+	00:39:28
6	333	Mc Hugh	John	Rathfarnham WSAF Athletic Club	55+	00:40:02
7	586	Naylor	Ronnie	Mayo AC	55+	00:42:14
8	340	O'Grady	Andy	Tullamore Harriers Athletic Cl	55+	00:45:18
9	627	Meenan	Charles	Rathfarnham WSAF Athletic Club	55+	01:00:01
10	244	Cronin	John	Tullamore Harriers Athletic Cl	55+	01:06:32
<b>MEN 60+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	600	Kearney	Martin	Galway City Harriers AC	60+	00:38:51
2	298	O Shea	Patrick	Iveragh A.C.	60+	00:39:11
3	227	McGrath	Brian	Le Cheile A.C.	60+	00:43:33
4	559	Feeney	Jimmy	Mayo AC	60+	00:44:48
5	589	Timothy	John	Mayo AC	60+	01:00:34
<b>MEN 65+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	599	McEvelly	Martin	Galway City Harriers AC	65+	00:39:34
2	345	Keenan	Albert	Newbridge Athletic Club	65+	00:44:57
<b>MEN 70+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	259	Langan	Jim	Tullamore Harriers Athletic Cl	70+	00:59:09
<b>MEN 75+</b>						
Pos	Bib	Surname	First Name	Club	Category	Gun Time
1	262	McNamara	Jim	Donore Harriers Athletic Club	75+	00:46:44