

Evolution of Irish National Records 1861-2016

The task of developing a table of the Progression of the Irish National Records, from before the birth of organised Athletics in the late 19th Century up to the present day, inevitably presents a number of difficult problems.

First, of course, is the difficulty that arises from the existence of parallel governing organisations during significant periods of this history and the practice of their maintaining non co-ordinated sets of records.

It is recognised that up until almost the last quarter of the 20th century performances achieved outside Ireland were not accorded status as Irish National Records.

Thus, most notoriously perhaps, the winning performances of Bob Tisdall and Ron Delany at the Olympics of 1932 and 1956 were never, in their day, recognised as Irish Records.

But there were many others, perhaps less prominent, which because they were achieved outside Ireland were never subjected to those levels of appropriate scrutiny which are customarily accorded to Irish record performances.

A further problem arises from the fact that until sometime in the early-1930s the National Record was deemed to be the best authenticated performance made in Ireland whether by a local athlete or by an overseas visitor.

Thus an Official List of Records published, for example, in 1924 credited Irish Records to Wyndham Halswelle (SCO., 440y), Hugh Welsh (SCO., 1 Mile), Alvin Kraenzlein (USA, 120yH), and Ralph Rose (USA, Shot Putt).

The particular significance of this in the context of this project is that, therefore, a performance by an Irish athlete superior to an earlier Irish Record but inferior to that achieved by an overseas athlete, was not considered for ratification and so,

not subjected to the higher levels of scrutiny customarily applied when considering whether to award the accolade of "Irish Record" to a particular performance.

The problems were compounded by the absence or loss of archival material on the subject of Records forcing a dependence on contemporary newspaper reports with all the potentials for fallibility that such dependence entails.

For these reasons, amongst others, this compilation is to be best considered, at least as concerns marks made up to the early 1970s, as an honest attempt to define an Evolution based on the principle of the Best Authentic Performance.

One further observation is appropriate to rationalise the presence in these progressions of Performances achieved by Irish athletes who are better remembered for their exploits under a different flag - that of the U.S.A.

The position taken is that where an athlete was active in the sport prior to emigrating it is appropriate to take into consideration performances achieved in the period prior to his becoming a U.S. citizen.

It will thus be noted that these considerations apply to the cases of James Mitchell, John Flanagan, Paddy Ryan and Con Walsh in the Hammer Throw and to Dan Ahearn in the Triple Jump.

The hope is that this compilation of the achievements of Irish athletes over the past one-and-a-half centuries will be of interest to followers of our sport.

It is presented fully cognisant of its imperfections and in the hope that visitors to the site will be able to identify and draw attention to errors of commission or omission for which is offered, in advance, sincere thanks.

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Longest Standing Irish Records

Long Jump	88 years & 301 days	Peter O'Connor	Set on 5 August 1901, broken by Carlos O'Connell on 2 June 1990
400m Hurdles	51 years & 312 days	Bob Tisdall	Set on 1 August 1932, broken by J.J Barry on 8 July 1984
Shot Put	47 years & 268 days	Denis Horgan	Set on 18 September 1904, broken by David Guiney on 13 June 1950
High Jump	39 years & 364 days	Tim Carroll	Set on 4 August 1913, broken by Brendan O'Reilly on 3 August 1953
100m	32 years & 26 days	Michelle Walsh	Set on 17 June 1978, broken by Ailís McSweeney on 13 July 2010
110m Hurdles	29 years & 179 days	Eamonn Kinsella	Set on 27 November 1956, broken by Brendan Mullin on 25 May 1986

Oldest Current Irish Records

Triple Jump	1977	Colm Cronin
1500m	1982	Ray Flynn
1 Mile	1982	Ray Flynn
Shot Put	1983	Marita Walton
Discus	1984	Patricia Walsh
3000m S'chase	1985	Brendan Quinn
Hammer	1985	Declan Hegarty
Marathon	1988	John Treacy
Decathlon	1988	Carlos O'Connell

Event	Note	Athlete	Competition	Venue	Date
100 Yards/100 Metres, Men					
100 Yards, Men					
10%.		Alfred Vigne	Haddington H. Promotion	Ball's Bridge	10 Jul 1886
10%.		Daniel D. Bulger	GAA Championships	Tralee	1 Aug 1887
10%.		Norman D. Morgan	IAAA Championships	Ball's Bridge	30 Jun 1894
10%		Norman D.Morgan	IAAA Championships	Ball's Bridge	25 May 1896
10.0		Denis Murray	AAA Championships	Huddersfield, England	6-Jul-01
10.0		F.R.S.Shaw	Ireland v Scotland	Celtic Park, Belfast	19-Jul-13
10.0		Denis Cussen	National Championships	Croke Park, Dublin	27-Jun-25
10.0		Denis Cussen	National Championships	Croke Park, Dublin	24-Jun-28
9.8		Denis Cussen	National Championships	Croke Park, Dublin	24-Jun-28
9.8		Freddie Moran	AAU Championships	Lansdowne Rd., Dublin	30-Aug-37
9.8		Paddy Lowry	IAAB Championships	Santry, Dublin	2-Jul-60
9.8		Pat Morrison	Essex County Champs	Southend, England	30-May-64
9.7		Pat Morrison	Southern AAA Champs	Motspur Pk., London	19-Jun-65
9.7		Pat Morrison	Clonliffe H. promotion	Santry, Dublin	5-Jul-65
9.6		Pat Morrison	Ireland v England	Santry, Dublin	21-Jul-65
9.6		Pat Morrison	Stanford Univ. v Hancock Univ.	Palo Alto, California	29-Apr-66
100 Metres, Men					
Manual Timing					
10.7		Philip Hannigan	FISEC Games	Lisboa, Portugal	4-Aug-63
10.7		Pat Morrison	Vancouver Trophy	Woodford, England	23-May-64
10.6		Brendan O'Regan	Janusz Kusocinski Memorial	Warsaw, Poland	21-Jun-70
10.5	1.9	Brendan O'Regan	Europa Cup	Reykjavik, Iceland	5-Jul-70
10.5		Joe Ryan	v Wales, Luxembourg	Luxembourg, Luxembourg	6-Aug-77
10.4		Derek O'Connor	Leinster Colleges	Belfield, Dublin	28-May-83
Fully Automatic Timing					
10.85	0.6	Vinny Becker	AAA Championships	London, England	23-Jul-71
10.78	nwi	Colman O'Flaherty	Bavarian Int Youth Games	Trostberg, Germany	25-Sep-77
10.74	nwi	Colman O'Flaherty	National Championships	Belfield, Dublin	23-Jul-78
10.61	nwi	Derek O'Connor	Cork City Sports	Mardyke, Cork	13-Jul-83
10.58	0.6	Derek O'Connor	International Meeting	Port-of-Spain, Trinidad	12-Apr-85
10.48	nwi	Gary Ryan	Cork City Sports	Mardyke, Cork	22-Jun-96
10.46	0.1	Neil Ryan	Riga '97 International Meeting	Riga, Latvia	30-May-97
10.45	-1.5	Gary Ryan	National Championships	Santry, Dublin	25-Jul-99
10.45	0.3	Gary Ryan	Europa Cup	Kaunas, Lithuania	8-Jul-00
10.35	0.8	Paul Brizzel	Europa Cup	Haapsalu, Estonia	20-Jun-00
10.35	1.4	Paul Brizzel	Dublin International	Santry, Dublin	15-Aug-03
10.35	2.0	Gary Ryan	Cork City Sports	Mardyke, Cork	3-Jul-04
10.28	1.5	Paul Hession	Papaflessia	Kalamata, Greece	2-Jun-07
10.18	1.8	Paul Hession	Europa Cup	Vaasa, Finland	23-Jun-07

200m/220y, Men
220 Yards, Men

22%		Alfred Vigne	IAAA Championships	Ball's Bridge	30 May 1887
22%		Alfred Vigne	Jubilee Sports	Ball's Bridge	21 Jun 1887
22%		Norman D. Morgan	IAAA Championship (farmed)	Cork	16 May 1896
22%		William Murray	Glasgow Celtic Sports	Glasgow, Scotland	13-Aug-04
22%		Robert Kerr	Ireland v Scotland	Ball's Bridge	17-Jul-09
22%		Joe Eustace	National Championships	Croke Park, Dublin	28-Jun-30
22%		John J. O'Donnell	NACA Championships	Ballinasloe	4-Jul-48
21.6	nwi	Paul Dolan	AAU Championships	Irishstown, Dublin	31-May-52
21.6		Pat Morrison	AAA Championships	White City, London	9-Jul-65
21.6		Pat Morrison	Ireland v England	Santry Dublin	21-Jul-65
21.5		Pat Morrison		Leyton, England	3-Aug-65
21.2		Pat Morrison	Stanford Freshman Meetings	Palo Alto, California	2-Apr-66
21.2		Pat Morrison	Stanford Freshman Meetings	Salinas, California	9-Apr-66
21.1		Fanahan McSweeney		Lafayette, Louisiana	29-Apr-70

200 Metres, Men

21.5		Pat Morrison	WAAA Championships Invitational	London, England	3-Jul-65
21.3		Pat Morrison	GBR v POL	White City, London	31-Jul-65
21.3		Pat Morrison	European Cup	Zagreb, Croatia	22-Aug-65
21.1		Pat Morrison	ENG v CZE	London, England	30-Aug-65

Fully Automatic Timing

22.33	nwi	Dermot Browne	Europa Cup	Lisboa, Portugal	15-Jun-75
21.65	nwi	Joe Ryan	National Championships	Belfield, Dublin	31-Jul-77
21.77	nwi	Joe Ryan	National Championships	Belfield, Dublin	6-Jul-80
21.58	nwi	Joe Ryan	Europa Cup	Copenhagen, Denmark	6-Jul-80
21.40		Derek O'Connor	Leinster Colleges	Dublin	28-May-83
20.96	nwi	Derek O'Connor	National Junior C'ships	Santry, Dublin	3-Jul-83
20.95	nwi	Derek O'Connor	National Championships	CIT, Cork	21-Jul-85
20.78	-0.4	Gary Ryan	Olympic Games	Atlanta, Georgia	31-Jul-96
20.69	1.8	Gary Ryan	Cork City Sports	Cork	21-Jun-97
20.69	0.6	Gary Ryan	World Championships	Athina, Greece	6-Aug-97
20.67	1.5	Gary Ryan	Universiade	Catania, Sicily	26-Aug-97
20.54A	2.0	Paul Brizzell	IAAF Grand Prix	Pietersburg, South Africa	18-Mar-00
20.44	1.2	Paul Hession	Norwich Union	Sheffield, England	15-Jul-07
20.30	0.1	Paul Hession	National Championships	Santry, Dublin	21-Jul-07

400m/440y, Men
440y, Men

53%	Edward Hunt	College Races	College Park, Dublin	17 May 1865
51%	Reginald C. Miller	ICAC Championships	College Park, Dublin	07 July 1873
51%	Tom Malone	ICAC Championships	Lansdowne Rd., Pembroke	02 June 1879
51.0	Alfred Vigne	IAAA Jubilee Sports	Ball's Bridge	21 June 1887
51.0	James Creed Meredith	IAAA Championships	Ball's Bridge	25 May 1896
51.0	James Creed Meredith	Ireland v Scotland	Ball's Bridge	18 Jul 1896
50%	Beauchamp R.Day	DMP Sports	Ball's Bridge	14-Jul-00
50%	T.J.McNamara	GAA Championships	Mallow	18-Jul-09
50%	Sean Lavan	Triangular International	Croke Park, Dublin	11-Jul-25
50.0	Sean Lavan	D.M.G. Sports	Croke Park, Dublin	19-Jun-26
49%	Paddy (P.C.) Moore	National Championships	Croke Park, Dublin	29-Jun-30
49.0	Jimmy Reardon	Donore H. promotion	Lansdowne Rd., Dublin	14-Jun-47
48.3	Jimmy Reardon	AAA Championships	London, England	19-Jul-47
48.8	Paul Dolan	AAU Championships	Shelbourne Stad., Dublin	8-Jul-52
48.5	Noel Carroll	AAU Graded Meeting	Santry, Dublin	27-Jun-61
48.5	Noel Carroll	AAU Graded Meeting	Santry, Dublin	26-Jul-61
48.5	Noel Carroll	AAU Graded Meeting	Santry, Dublin	30-Aug-61
48.5	Derek McCleane	AAU Graded Meeting	Santry, Dublin	24-Aug-62
48.0	Derek McCleane	AAU Graded Meeting	Santry, Dublin	29-Aug-62
47.8	Noel Carroll		Villanova, Pennsylvania	6-Jun-63
46.3	Fanahan McSweeney	Gulf States	Lafayette, Louisiana	9-May-70

400m, Men

49	Robert M.N.Tisdall	Olympic Games Decathlon	Los Angeles, California	5-Aug-32
48	Jimmy Reardon	Triangular International	Manchester, England	17-Jul-48
47.8	Jimmy Reardon	Olympic Games	London, England	5-Aug-48
47.8	# Noel Carroll		Villanova, Pennsylvania	6-Jun-63
47.3	Noel Carroll	European Cup	Santry, Dublin	24-Jun-67
46.7	Noel Carroll	Pre-Olympic	Ciudad de México, Mexico	4-Oct-68
46.3	# Fanahan McSweeney	Gulf States	Lafayette, Louisiana	9-May-70

mark made at the longer 440y distance but equal to the best, to date, at 400m.

Fully Automatic Timing

46.83	Noel Carroll	Pre-Olympic	Ciudad de México, Mexico	16-Oct-68
46.28	Derek O'Connor	Florida Relays	Gainesville, Florida	29-Mar-86
45.99	Derek O'Connor	IC4A	Villanova, Pennsylvania	25-May-86
45.73	Derek O'Connor	NCAA	Indianapolis, Indiana	5-Jun-86
45.62	Paul McKee	Sule	Tartu, Finland	2-Jun-02
45.58	Paul McKee	National Championships	Santry, Dublin	14-Jul-02
45.23	David Gillick	AtletiCA	Geneve, Switzerland	9-Jun-07
45.12	David Gillick	Metropole	Villeneuve d'Ascq, France	27-Jun-08
44.77	David Gillick	Madrid 2009	Madrid, Spain	4-Jul-09

800m/880Y, Men
880y, Men (804.67m)

2:03½	Alfred C. Courtney	ICAC Championships	College Park, Dublin	7-Jul-1873
2:01½	Alfred C. Courtney	College Races	College Park, Dublin	9-Jun-1875
2:00½	Tommy Conneff	IAAA Championships	Ball's Bridge	17-Jul-1886
1:56%	George N. Morphy	DUBC/DUH promotion	College Park, Dublin	23-Jun-05
1:56%	Gerry N. Coughlan	Inter Club Meeting (10 Clubs)	College Park, Dublin	9-Jun-28
1:55.6	Jimmy Reardon	Villanova Univ v Army Thinclads	West Point, Virginia	13-May-50
1:55.0	Charlie J. Kelly	Albert Foundry Sports	Paisley Park, Belfast	11-Aug-51
1:54.7	Ron Delany	AAU Championships	Irishtown, Dublin	11-Jun-54
1:53.7	Ron Delany	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
1:53.2	Ron Delany	Clonliffe H. promotion	College Park, Dublin	30-Jul-54
1:50.4	Ron Delany	Coliseum Relays	Los Angeles, California	20-May-55
1:50.0	Ron Delany	Clonliffe H. promotion	College Park, Dublin	21-Jul-55
1:49.5	Ron Delany	Pacific AAU C'ships	Stockton, California	2-Jun-56
1:49.5	Ron Delany	IC4A	New York, New York	1-Jun-57
1:48.4	Ron Delany	Meet of Champions	Houston, Texas	8-Jun-57
1:47.8	Ron Delany	NCAA Championships	Austin, Texas	15-Jun-57
1:47.5	Noel Carroll	Coliseum Relays	Los Angeles, California	17-May-63
1:47.4	Noel Carroll	AAU Graded meeting	Santry, Dublin	3-Aug-66
1:47.3	Noel Carroll	Clonliffe H. promotion	Santry, Dublin	23-Jul-68

800m, Men

1:56.0	Gerry N. Coughlan	International meet	Hanover, England	26-May-27
1:55.6	Jimmy Reardon	Villanova Univ v Army Thinclads	West Point, Virginia	13-May-50
1:55.0	Charlie J. Kelly	Albert Foundry Sports	Paisley Park, Belfast	11-Aug-51
1:54.7	Ron Delany	AAU Championships	Irishtown, Dublin	11-Jun-54
1:53.7	Ron Delany	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
1:53.2	Ron Delany	Clonliffe H. promotion	College Park, Dublin	30-Jul-54
1:51.8	Ron Delany	European C'ships	Berne, Switzerland	25-Aug-54
1:50.2	Ron Delany	European C'ships	Berne, Switzerland	27-Aug-54
1:50.0	Ron Delany	Clonliffe H. promotion	College Park, Dublin	21-Jul-55
1:49.5	Ron Delany	Pacific AAU C'ships	Stockton, California	2-Jun-56
1:49.5	Ron Delany	IC4A	New York, New York	1-Jun-57
1:47.8	Ron Delany	Meet of Champions	Houston, Texas	8-Jun-57
1:47.8	Ron Delany	NCAA Championships	Austin, Texas	15-Jun-57
1:47.1	Ron Delany	Clonliffe H. promotion	Santry, Dublin	17-Jul-61

* Indicates mark made at the longer distance, 880y.

Intermediate time in 880y race.

Fully Automatic Timing

1:46.79	Niall O'Shaughnessy	AAA Championships	London, England	2-Aug-75
1:46.21	Marcus O'Sullivan	Olympic Games, qf4	Los Angeles, California	4-Aug-84
1:45.87	Marcus O'Sullivan	ISTAF	Berlin, Germany	23-Aug-85
1:45.57	David Matthews	Grand Prix II	Rieti, Italy	28-Aug-94
1:44.82	David Matthews	Grand Prix II	Rieti, Italy	5-Sep-95

1500m, Men

4:05%	Jimmy Doyle	Tailteann Games	Croke Park,Dublin	8-Jul-32
4:00.4	John Joe Barry	RUC Sports	Ravenhill, Belfast	16-Jun-48
3:57.8	John Joe Barry	Triangular International	Manchester, England	17-Jul-48
3:51.4	John Joe Barry	Clonliffe H.promotion	College Park, Dublin	27-Aug-49
3:49.9	Ron Delany	Clonliffe H.promotion	College Park, Dublin	4-Aug-55
3:44.6	Ron Delany	Compton Inv.	Compton, California	1-Jun-56
3:41.49	Ron Delany	Olympic Games	Melbourne, Australia	1-Dec-56
3:40.9	Frank Murphy	AAA Championships	London, England	2-Aug-69
3:39.5	Frank Murphy	European C'ships	Athinai, Greece	20-Sep-69
3:39.4	John Hartnett	Bruno Zauli	Lisboa, Portugal	30-Jun-73
3:38.1	John Hartnett	USA National Championships	Westwood, California	22-Jun-74
3:37.01	Eamonn Coghlan	NCAA Championships	Philadelphia, Pennsylvania	5-Jun-76
3:36.57	Eamonn Coghlan	European C'ships	Praha, Czech Republic	3-Sep-78
3:36.38	Ray Flynn	Weltklasse	Zurich, Switzerland	19-Aug-81
3:34.7	Ray Flynn	Bislett Games	Oslo, Norway	26-Jun-82
3:33.5	Ray Flynn	Bislett Games	Oslo, Norway	7-Jul-82

One Mile, Men

4:55	James E. Heaviside	One mile champion race	Rotunda Gdns., Dublin	01-Apr-1861
4:49	Charles E. Heaviside	One mile men's race	Rotunda Gdns., Dublin	27-May-1861
4:46	A.S.Green	Champion of Ireland race	Rotunda Gdns., Dublin	27-Jun-1861
4:33	George H. Farran	College Races	College Park, Dublin	23-May-1862
4:31½	Alfred C. Courtney	QCBC Athletic Sports	NICC, Belfast	01-May-1875
4:31	Tommy Conneff	Limerick AA&BC sports	Market's Field, Limerick	09-Jun-1887
4:26%	Tommy Conneff	Invitation Meeting	Ball's Bridge	07-Jul-1888
4:25%	J.J.Mullen	City of Belfast Gymnasium AC	Cliftonville Grounds, Belfast	06-Jul-1895
4:24 ½	Bob Hales	Glasgow Celtic Sports	Glasgow, Scotland	10-Aug-12
4:24	Jimmy Doyle	DMG Sports	Croke Park, Dublin	5-Aug-33
4:24	Jimmy Doyle	Interprovincial	Croke Park, Dublin	26-Aug-33
4:22%	Jimmy Doyle	National C'ships	Killarney	11-Jul-37
4:22	Jimmy Doyle	Tramway Sports	Croke Park, Dublin	24-Jul-37
4:19	Jimmy Doyle	Army Metro Club Handicap	Phoenix Park,Dublin	13-Aug-38
4:16%	John Joe Barry	Guinness Sports	Iveagh Grds., Dublin	20-Jul-46
4:15.2	John Joe Barry	AAU v NIAAA	College Park, Dublin	9-Aug-47
4:14.0	John Joe Barry	Clonliffe H. promotion	Lansdowne Rd., Dublin	8-Jun-49
4:09.4	John Joe Barry	AAU Promotion	Lansdowne R., Dublin	13-Jul-49
4:08.6	John Joe Barry	Clonliffe H.promotion	College Park, Dublin	27-Aug-49
4:05.8	Ron Delany	Clonliffe H.promotion	College Park, Dublin	4-Aug-55
4:04.9	Ron Delany	Dual Meet v,W.Chester	West Chester, Pennsylvania	14-Apr-56
3:59.0	Ron Delany	Compton Invitational	Compton, California	1-Jun-56
3:58.8	Ron Delany	Invitational	London, England	19-Jul-57
3:57.5	Ron Delany	Clonliffe H.promotion	Santry, Dublin	6-Aug-58
3:54.7	John Hartnett	Hayward Field Restoration Meet	Eugene, Oregon	20-Jun-73
3:53.3	Eamonn Coghlan	International Freedom Games	Kingston, Jamaica	17-May-75
3:52.88	Eamonn Coghlan	Brooks Invitational	Philadelphia, Pennsylvania	30-Jun-79
3:52.45	Eamonn Coghlan	IAAF Dubai Golden Mile	Oslo, Norway	17-Jul-79
3:52.11	Eamonn Coghlan	Cork City Sports	Cork	23-Jun-81
3:50.54	Ray Flynn	Bislett Games	Oslo, Norway	26-Jun-82
3:49.77	Ray Flynn	Bislett Games	Oslo, Norway	7-Jul-82

3000m, Men

8:17.0	John Joe Barry	Donore Harriers International Sports	Lansdowne Rd., Dublin	29-Jun-49
8:15.3	Tom O'Riordan	Ireland v Belgium	Santry, Dublin	15-Aug-63
8:14.0	Tom O'Riordan		Karkkila, Finland	21-Aug-63
8:06.8	Tom O'Riordan		Helsinki, Finland	23-Aug-63
8:02.2	Tom O'Riordan	Clonliffe H. promotion	Santry, Dublin	23-Aug-66
7:56.11	Jerry Kiernan	Philips Electrical Meeting	London, England	18-May-77
7:50.1	Eamonn Coghlan	Track Opening	Belfield, Dublin	14-Jun-77
7:48.60	John Treacy		Karlskrona, Sweden	1-Aug-78
7:48.0	John Treacy	Brooks	Berkeley, California	9-Jun-79
7:39.08	Eamonn Coghlan	Bislett Games	Oslo, Norway	5-Jul-79
7:37.60	Eamonn Coghlan	Bislett Games	Oslo, Norway	1-Jul-80
7:33.84	Mark Carroll	Van Damme	Bruxelles, Belgium	28-Aug-98
7:30.36	Mark Carroll	Herculis	Monte Carlo, Monaco	4-Aug-99

2 Miles, Men

9.44 $\frac{3}{4}$	Tommy Conneff	North of England C'ship.	Manchester, England	01-Aug-1887
9.39.0	John J McNamara	Tipperary Sports	Tipperary	1-Aug-04
9: 38 $\frac{3}{4}$	Bob Hales	U. Steam Engineers Games	Celtic Park, NY	27-Jul-13
9.19.4	John J "JJ" Ryan	Derry United Constabulary Sports	Brandywell Grounds, Derry	18-Jul-25
9:18 $\frac{3}{4}$	John Joe Barry	Phoenix Harriers Sports	Iveagh Grds., Dublin	11-Aug-45
8:59.0	John Joe Barry	Donore Harriers International Sports	Lansdowne Rd., Dublin	29-Jun-49
8:58.4	Bertie Messitt	Donore Harriers International Sports	College Pk., Dublin	15-May-59
8:55.6	Michael Hoey	Donore Harriers International Sports	Santry, Dublin	24-May-60
8:51.4	Mick Neville	Clonliffe H. promotion	Santry, Dublin	18-Jul-61
8:46.0	Tom O'Riordan	British Games	White City, London	3-Jun-63
8:44.0	Tom O'Riordan	Clonliffe H. promotion	Santry, Dublin	24-Jun-63
8:42.6	Tom O'Riordan	Civil Service Sports	College Park, Dublin	6-Jul-63
8:40.4	Tom O'Riordan	Clonliffe Harriers Meeting	Santry, Dublin	16-Jul-63
8:36.0	Jerry Kiernan	Belfast City Council International	Mary Peters Track, Belfast	28-May-77
8:25.8	Eamonn Coghlan	Invitational	Melbourne, Australia	12-Jan-78
8:22.97	Frank O'Mara	IAC	London, England	14-Aug-87
8:17.78	Frank O'Mara	Kodak	Gateshead, England	16-Jul-88

The following marks, made Indoor, were each at the time superior to the Outdoor

8:57.0	John Joe Barry	IC4A Special event	New York, New York	25-Feb-50
8:35.0	John Hartnett	Philadelphia Classic	Philadelphia, Pennsylvania	21-Jan-71
8:26.6	John Hartnett	NY Knights of Columbus	New York, New York	19-Jan-74
8:20.84	Eamonn Coghlan	Dallas Indoors Meeting	Dallas, Texas	2-Feb-85

3 Miles, Men

14:57	Tommy Conneff	Challenge match race	Ball's Bridge	01-Aug-1887
14:46	Frank O'Neill	Army Championships	Aldershot, England	27-Jul-12
14:41	John Joe Barry	Tipperary Championship	Thurles	30-May-46
14:30.2	John Joe Barry	Bellahouston Harriers' Sports	Ibrox Park, Glasgow, Scotland	28-May-49
13:56.2	John Joe Barry	Clonliffe H. promotion	Lansdowne Rd., Dublin	9-Jun-49
13:53.8	Denis O'Gorman	Southern AAA Champs	Chiswick, England	25-Jun-55
13:53.4	Bertie Messitt	Clonliffe H. promotion	Santry, Dublin	18-Jun-58
13:44.0	Bertie Messitt	AAU promotion	Santry, Dublin	10-Jul-58
13:33.6	Jim Hogan	Leyton Floodlit Meet	Leyton, England	2-May-62
13:33.2	Jim Hogan	Southern AAA	Chiswick, England	11-May-63
13:32.4	Tom O'Riordan	AAU Championships	Santry, Dublin	18-Jun-63
13:27.0	Tom O'Riordan	AAA Championships	London, England	13-Jul-63
13:24.6	Tom O'Riordan	Donore H. promotion	Santry, Dublin	22-May-64
13:24.0	Jim Hogan	AAA Southern Championships	White City, London, England	20-Jun-64
13:18.4	Tom O'Riordan	IAAB Championships	Santry, Dublin	20-Jun-64
13:17.6	John Hartnett	NCAA	Eugene, Oregon	3-Jun-72
13:14.8	Mike Keogh	NCAA Championships	Baton Rouge, Louisiana	9-Jun-73
13:06.4	John Hartnett	US AAU Championships	Bakersfield, California	16-Jun-73

The following mark, made indoors, were each at the time superior to the Outdoor

13:10.6	Neil Cusack		New York, New York	23-Feb-73
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5000m, Men

15:17.8	H.C.(Bertie) Irwin	Olympic Games	Antwerp, Belgium	16-Aug-20
15:16.4	John J. Ryan	International Sports Carnival	Berlin, Germany	13-Sep-25
14:14.8	Bertie Messitt	European C'ships	Stockholm, Sweden	21-Aug-58
14:13.6	Mick Neville		Pilsen, Czech Republic	24-Sep-63
14:07.0	Tom O'Riordan	Montreal Games	Montreal, Canada	24-Jun-64
13:57.4	Jim Hogan		Charley Stadium, Paris, France	16-Jul-65
13:55.6	Tom O'Riordan	Cork City Sports	Cork	2-Jul-68
13:43.4	John Hartnett	NCAA	Eugene, Oregon	3-Jun-72
13:43.2	John Hartnett	AAA Championships	London, England	14-Jul-72
13:42.8	Mike Keogh	Penn Relays	Philadelphia, Pennsylvania	22-Apr-76
13:39.2	Mike Keogh	Tom Black Classic	Knoxville, Tennessee	8-May-76
13:36.6	Mike Keogh	Prefontaine	Eugene, Oregon	5-Jun-76
13:35.9	Gerry Deegan	Penn Relays	Philadelphia, Pennsylvania	27-Apr-78
13:26.6	Eamonn Coghlan	Donore H. promotion	Belfield, Dublin	11-Jul-78
13:26.5	John Treacy	Van Damme	Bruxelles, Belgium	18-Aug-78
13:23.54	Eamonn Coghlan	AAA Championships	London, England	14-Jul-79
13:21.93	John Treacy	National Championships	Belfield, Dublin	6-Jul-80
13:20.99	Eamonn Coghlan	Morton Stadium Opening	Santry, Dublin	27-Aug-80
13:20.36	Eamonn Coghlan	AAA Championships	London, England	8-Aug-81
13:19.13	Eamonn Coghlan	Weltklasse	Zurich, Switzerland	19-Aug-81
13:16.81	John Treacy	Bislett	Oslo, Norway	28-Jun-84
13:13.02	Frank O'Mara	Bislett	Oslo, Norway	4-Jul-87
13:03.93	Mark Carroll	ISTAF	Berlin, Germany	1-Sep-98
13:03.53	Alistair Cragg	Van Damme	Bruxelles, Belgium	16-Sep-11

6 Miles/10000m, Men
6 Miles Men

30:23.4	Frank Cummins	AAA Championship	London, England	16-Jul-37
29:13.0	Denis O'Gorman	Inter-County C'ships	London, England	23-Apr-55
28:47.0	Denis O'Gorman	AAA Championships	Chiswick, England	28-Jun-58
28:46.0	Bertie Messitt	Opening of Track Meeting	Tillysburn, Belfast	20-May-59
28:07.2	Jim Hogan	Middlesex Co Championships	Paddington, England	7-May-62
27:54.2	Jim Hogan	AAA Championships	London, England	12-Jul-63
27:35.0	Jim Hogan	AAA Championships	London, England	10-Jul-64

10000m, Men

30:00.0	Bertie Messitt	European Championships	Stockholm, Sweden	19-Aug-58
29:53.6	Bertie Messitt	Invitational	Pardubice	24-Sep-63
29:27.2	Jim Hogan	IRL v ENG v WAL	London, England	1-Aug-64
29:19.6	Jim Hogan	Bislett Games	Oslo, Norway	14-Jul-65
28:50.0	Jim Hogan	GBR v HUN	London, England	14-Aug-65
28:48.0	Neil Cusack	AAA Championships	London, England	15-Aug-72
28:45.8	Neil Cusack	Olympic Games	München, Germany	31-Aug-72
28:29.8	Mike Keogh	Florida Relays	Gainesville, Florida	27-Mar-76
27:55.2	John Treacy	Penn Relays	Philadelphia, Pennsylvania	27-Apr-78
27:48.7	John Treacy	Van Damme	Bruxelles, Belgium	22-Aug-80
27:46.82	Mark Carroll	Cardinal	Stanford, California	5-May-00
27:39.55	Alistair Cragg	Jordan	Stanford, California	29-Apr-07

Marathon, Men

2:57.35	Frank Patrick "Paddy" Mulvihill	Olympic Games	London	7-Aug-48
2:45.00	Joseph West	All-Ireland (AAUE-NIAA) Champs	Islandbridge, Dublin	23-May-52
2:36.48	Joseph West	AAA Championships	Chiswick, England	16-Jun-52
2:33.19	Hugh McEleny	All-Ireland (AAUE-NIAA) Champs	Dublin	28-Jun-58
2:32.42	Vincent Frazer-Walker	AAU Championships	Dublin	26-Jul-58
2:29.23	Noel McGowan	NACA Championships	Dublin	27-Jul-58
2:23.08	Denis O'Gorman	Kosice Marathon	Kosice, Czech Republic	11-Oct-59
2:18.56	Denis O'Gorman	Road Runners' Club Marathon	Liverpool, England	30-Jul-60
2:18.48	Pat McMahon	Vigorade Marathon	Anaheim, California	6-Feb-71
2:15.03	Sean Healy	Kaduna Marathon	Kaduna, Nigeria	28-Aug-71
2:13.39	Neil Cusack	Boston Marathon	Boston, Massachusetts	15-Apr-74
2:12.21	Louis Kenny	Rocket City Marathon	Huntsville, Alabama	13-Dec-80
2:09.56	John Treacy	Olympic Games	Los Angeles, California	12-Aug-84
2:09.15	John Treacy	Boston Marathon	Boston, Massachusetts	18-Apr-88

3000m S'Chase, Men

9:51.8	Michael Murphy	NACAI Championships	Croke Park, Dublin	18-Jun-32
9:34.6	Tommy Dunne	Clonliffe International Meet	Santry, Dublin	16-Jul-59
9:34.0	John McDonnell	AAU Championships	Santry, Dublin	20-Nov-60
9:17.9	John McDonnell	IRL v SCO v WAL	Cardiff, Wales	29-Jul-61
9:14.0	John McDonnell	Clonliffe Harriers Meeting	Santry, Dublin	9-Aug-61
9:10.2	Jim McNamara		Santry, Dublin	31-Jul-65
9:06.6	Jim McNamara	IRL v ENG v WAL	Kirby, England	29-Jun-66
8:46.2	Des McCormack	IC4A Championships	Philadelphia, Pennsylvania	30-May-70
8:46.0	Eddy Leddy	Drake Relays	Des Moines, Iowa	29-Apr-72
8:43.2	Eddy Leddy	AAA Championships	London, England	14-Jul-72
8:39.2	Eddy Leddy	AAA Championships	London, England	15-Jul-72
8:35.2	Eddy Leddy	US AAU Championships	itwood, California	22-Jun-74

8:35.2	Eddy Leddy	Tom Black Classic	Knoxville, Tennessee	10-May-75
8:33.30	Brendan Quinn	Big East	Villanova, Pennsylvania	8-May-83
8:32.59	Brendan Quinn	NCAA	Houston, Texas	1-Jun-83
8:27.77	Brendan Quinn	Nikaia	Nice, France	18-Jul-83
8:27.24	Liam O'Brien	AAA Championships	London, England	24-Jun-84
8:24.09	Brendan Quinn	Van Damme	Bruxelles, Belgium	30-Aug-85

120 yards Hurdles / 110m Hurdles Men
120 yards Hurdles (109.728m)

17%	S.H.Newell	College Races	College Park, Dublin	7-Jun-1871
16%	Pat Davin	Irish Championship Meet.	Lansdowne Rd., Dublin	19-Aug-1892
16%	Pat Davin	Irish Championship Meet.	Lansdowne Rd., Dublin	16-Jun-1883
16	Daniel D. Bulger	AAA Championships	Stamford Bridge, London	02-Jul-1892
15%	Daniel D. Bulger	IAAA All-Around C'ships	Ball's Bridge	01-Aug-1892
15%	Andy Nolan	National Championships	Croke Park, Dublin	30-Jun-29
15%	Bob Tisdall	Cambridge University Sports	Cambridge, England	19-Feb-31
15%	Theo D. Phelan	National Championships	Croke Park, Dublin	27-Jun-31
15%	Theo D. Phelan	Scotland v Ireland	Powderhall, Edinburgh	16-Jul-32
15.2	Eamonn Kinsella	Cork City Sports	Mardyke, Cork	1-Jul-52
15.2	Eamonn Kinsella	N.A.C.A. Championships	Iveagh Grounds, Dublin	6-Jul-52
14.8	Eamonn Kinsella	Cork City Sports	Mardyke, Cork	7-Jul-53
14.8	Eamonn Kinsella	Guinness Sports, ht.	Iveagh Grounds, Dublin	11-Jul-53
14.7	Eamonn Kinsella	Guinness Sports	Iveagh Grounds, Dublin	11-Jul-53
14.9	Eamonn Kinsella	Clonliffe H. promotion	College Park, Dublin	14-Jun-54
14.7	Eamonn Kinsella	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
14.6	Eamonn Kinsella	Donore Harriers Meeting	Dublin	3-Jul-54
14.6	Eamonn Kinsella	Clonliffe Harriers Meeting	Dublin	4-Aug-55
14.6	Eamonn Kinsella	Donore Harriers Meeting	Dublin	3-Sep-55
14.6	Eamonn Kinsella	Clonliffe Harriers Meeting	Dublin	16-Sep-55
14.5	Eamonn Kinsella	British Games & Counties AU	London	19-May-56
14.5	Eamonn Kinsella	IAAB Championships	College Park, Dublin	23-Jun-56
14.4	Eamonn Kinsella	Clonliffe H. promotion	Lansdowne Rd., Dublin	25-Jun-56
14.4	110H	International T&F meeting	Paris, France	8-Jul-56
14.4	Eamonn Kinsella	AAA Floodlit International Meeting	White City, London, England	12-Sep-56
14.3	Eamonn Kinsella	Dresden - International meeting	Dresden, Germany	30-Sep-56
14.3	Eamonn Kinsella	13-Nation Athletic Meeting	Praha, Czech Republic	15-Jun-57
14.2	Eamonn Kinsella		College Park, Dublin	31-Aug-57

110m Hurdles, Men
Fully Automatic Timing

14.66	0.0	Eamonn Kinsella	Olympic Games	Melbourne, Australia	27-Nov-56
14.41	1.7	Brendan Mullin		Dublin	25-May-86
14.39	0.3	T.J. Kearns		Dublin	17-Aug-86
13.95	1.3	T.J. Kearns	AAA Championships	London, England	2-Aug-87
13.91	-1.3	T.J. Kearns	GB v SUI v IRL	Cwmbran, Wales	20-Aug-88
13.89	0.3	T.J. Kearns	Invitational	Athens, Greece	12-Sep-89
13.75		T.J. Kearns	Parcelforce Games	London, England	12-Jul-91
13.71	0.9	T.J. Kearns	World Championships	Tokyo, Japan	27-Aug-91
13.64		T.J. Kearns		Brussels, Belgium	14-Jun-92
13.63	1.8	T.J. Kearns	Olympic Games	Barcelona, Spain	2-Aug-92
13.60	0.1	T.J. Kearns	European C'schip	Helsinki, Finland	11-Aug-94
13.55	1.1	T.J. Kearns	Olympic Games	Atlanta, Georgia	28-Jul-96
13.47	0.6	Peter Coghlan	Euro Cup, 1st League	Lahti, Finland	5-Jun-99
13.38	0.5	Peter Coghlan	Invitational	Haapsalu, Finland	31-Jul-99
13.30	0.6	Peter Coghlan		Hechtel, Belgium	7-Aug-99

400m/440y Hurdles, Men
440yH Men

60%	Reginald C.Miller	College Races	College Park, Dublin	10-Jun-1873
58.8	Terence Donovan	Stoke Festival meeting	Stoke, England	07-Aug-1894
58.6	Terence Donovan	Crewe Alexandra Sports	Crewe, England	13-Jun-1896
57.8	Terence Donovan	Crewe Alexandra Sports	Crewe, England	13-Jun-1896
57.6	Andy Nolan	City Police Sports	Bradford, England	23-Jul-27
57%	Andy Nolan	D.M.G. Sports (Nat C'ship)	Iveagh Gr'ds,Dublin	25-Aug-28
56%	Bob Tisdall	Olympic Trials	Croke Park, Dublin	3-Jun-32
54%	Bob Tisdall	National Championships	Dublin	19-Jun-32

400mH, Men

55.00	Bob Tisdall	Oxford-Cambridge Tour	Athinai, Greece	13-May-30
54%	*	Bob Tisdall	Dublin	19-Jun-32
52.60	Bob Tisdall	National Championships	Los Angeles, California	31-Jul-32
51.67	Bob Tisdall	Olympic Games	Los Angeles, California	1-Aug-32
51.56	J.J.Barry	National Championships	Dublin	8-Jul-84
51.11	Ciaran McDunphy	Ireland v Catalonia v Scotland	Dublin	30-Jun-85
50.56	Tom McGuirk	Cal-Nevada Intercollegiates	Westwood, California	1-May-94
49.99	Tom McGuirk		Tucson, Arizona	4-May-96
49.73	Tom McGuirk	Bruce Jenner Classic	San Jose, California	1-Jun-96
49.61	Thomas Barr	IFAM	Oordegem, Belgium	31-May-14
48.90	Thomas Barr	AtletiCAGenève	Geneva, Switzerland	14-Jun-14
48.65	Thomas Barr	Golden Gala	Rome, Italy	5-Jun-15

* mark made at the longer 440y distance but equal to the best, to date, at 400m.

High Jump, Men

5'10¼"	1.784	WR	Tom Davin	ICAC Championships	College Park, Dublin	7 Jul 1873
5'10½"	1.790		George M.Kenny	Irish Civil Service Sports	Lansdowne Rd., Pembroke	26 Jun 1875
5'10¾"	1.790		W.A.Kelly	Queen's College Sports	Park Racecourse, Cork	17 May 1876
5'11"	1.803		Pat Davin	Kilkenny Athletic Sports	Kilkenny	19 Aug 1878
6'0"	1.828		Pat Davin	Thurles Athletic Sports	Thurles	26 Jun 1879
6'1½"	1.866		Pat Davin	Kilkenny Athletic Sports	Kilkenny	16 Jul 1879
6'2¼"	1.898	WR	Pat Davin	Open Sports	Carrick-on-Suir	5 Jul 1880
6'2¾"	1.898		Murty O'Brien	Coachford Athletic Sports	Coachford	30 Jul 1893
6'3¾"	1.908		James M. Ryan	Nenagh Gaelic Athletic Sports	Nenagh	3 Aug 1893
6'3½"	1.917		James M.Ryan	Clogheen Athletic & Cycling Sports	Clogheen	1 Aug 1895
6'4½"	1.943	WR	James M. Ryan	Tipperary Sports	Tipperary	19 Aug 1895
6'4¼"	1.943		James M.Ryan	Bansha Athletic and Cycling Sports	Bansha	17 Sep 1895
6'4¾"	1.949		Patrick J. Leahy		Millstreet	6 Sep 1898
6'5"	1.955		Tim Carroll	Kinsale Athletic Society Sports	Kinsale	4-Aug-13
6'5"	1.955		Brendan O'Reilly		Chester, England	3-Aug-53
6'5¾"	1.974		Brendan O'Reilly	IAAB Championships	Irishtown, Dublin	26-Jun-54
2.01			Jim Fanning	AAA Championships	London, England	15-Jul-72
2.06			Jim Fanning	AAA Championships	London, England	14-Jul-73
2.07			David Murray	National Championships	Belfield, Dublin	6-Jul-80
2.08			David Murray	v Netherlands, Wales	Sittard, Netherlands	16-Aug-80
2.08			David Murray	Europa Cup	Warsaw, Poland	4-Jul-81
2.09			Richard Garvey	National Championships	Santry, Dublin	19-Jul-81
2.10			David Murray	v Scotland, Denmark.	Edinburgh, Scotland	2-Aug-81
2.10			Richard Garvey	National Trials	Santry, Dublin	4-Jul-84
2.11			Richard Garvey	National Championships	Santry, Dublin	8-Jul-84
2.12			Antoine Burke	National Championships	Belfield, Dublin	12-Jul-92

2.13	Antoine Burke	World Junior C'ships	Seoul, South Korea	18-Sep-92
2.19	Mark Mandy	British Athletic League	Wimbledon, London, England	5-Jun-93
2.24	Mark Mandy	British Athletic League	Cannock, England	3-Jul-93
2.25	Mark Mandy	BUPA Games	Gateshead, England	2-Jul-95
2.25	Mark Mandy	McDonalds Games	Sheffield, England	25-Aug-96
2.28	Brendan Reilly	National Championships	Santry, Dublin	25-Jul-99
2.29	Brendan Reilly	World Championships	Sevilla, Spain	23-Aug-99
2.30	Adrian O'Dwyer	Sonatrach International	Alger, Algeria	24-Jun-04

Pole Vault, Men

10'11"	3.04	T.H.M.Hobbs	Tullamore Amateur Athletic Club Sports	Tullamore	17 Jul 1884
11'0"	3.35	E.L. Stone	Freeman's Journal meet	Ball's Bridge	10 Sep 1887
11'0"	3.35	P.Stokes	Limerick GAA sports	Markets Field, Limerick	16 Sep 1889
11'3"	3.43	Paddy Anglim	Garda Championships	Croke Park, Dublin	7-Jul-28
11'4"	3.45	Maurce Furlong	IAAB Championships	Celtic Park, Belfast	9-Jul-49
11'8½"	3.56	Val McGann	Interprovincial	Mosney	10-Sep-50
11'8¾"	3.57	Dinny Hyland	Guinness Sports	Iveagh Grounds, Dublin	14-Jul-51
11'9¼"	3.58	Dinny Hyland	Army Championships	Curragh	22-Jul-51
11'10½"	3.61	Dinny Hyland	N.A.C.A. Championships	Iveagh Grounds, Dublin	5-Jul-52
11'11½"	3.64	Val McGann	Mylie Byrne Memorial	Iveagh Grounds, Dublin	20-Jun-53
11'11½"	3.64	Dinny Hyland	Mylie Byrne Memorial	Iveagh Grounds, Dublin	20-Jun-53
11'11⅝"	3.64	Dinny Hyland	Cork City Sports	Cork	1-Jul-55
12'2"	3.70	Dinny Hyland	N.A.C.A. Championships	Iveagh Grounds, Dublin	30-Jul-55
12'2¼"	3.71	David Archer	G.V.Ryan Memorial	College Park, Dublin	18-Jun-57
12'5"	3.79	Dinny Hyland	Cork City Sports	Cork	2-Jul-57
12'6"	3.81	Liam Gleeson	NACA All-Ireland Championships	Fermoy	22-Jul-61
12'6"	3.81	Liam Gleeson	Cork City Sports	Mardyke, Cork	2-Jul-63
12'9¼"	3.90	Liam Gleeson	Munster NACA Championships	Mallow	7-Jul-63
13'0¼"	3.96	Liam Gleeson	Triangular Match	Curragh	22-Jun-65
13'4"	4.06	Liam Gleeson	Cork City Sports	Cork	30-Jun-70
13'9"	4.19	Murtagh Corscadden		Harpenden	19-Jun-71
13'10"	4.22	Liam Gleeson	National Championships	Banteer	23-Jul-72
14'5¼"	4.40	Murtagh Corscadden		Melbourne, Australia	16-Nov-74
4.50		Liam Hennessy	National Championships	Belfield, Dublin	23-Jul-78
4.50		Chris Berkeley	British Airways	Belfast	22-May-79
4.50		Chris Berkeley	European Club C'ships	Lisboa, Portugal	3-Jun-79
4.56		Liam Hennessy	Cork County Championships	Mardyke, Cork	30-Jun-81
4.60		Liam Hennessy	National Championships	Santry, Dublin	19-Jul-81
4.67		Liam Hennessy	National League	Belfield, Dublin	23-Jun-82
4.70		Liam Hennessy	Omega	Tullamore	19-Jun-83
5.00		Alan Bourke	AAA Championships	Birmingham, England	13-Aug-89
5.02		Brian McGovern	Castillo	Tempe, Arizona	19-Mar-11
5.06		Brian McGovern	MAAC	Lawrenceville, New Jersey	5-May-12
5.16		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13
5.26		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13
5.36		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13

The following marks, made Indoor, were each at the time superior to the Outdoor

5.15	Brian McGovern	IC4A	New York NY	5-Mar-11
5.22	Brian McGovern	Armory Collegiate Challenge	New York NY	23-Feb-12

Long Jump, Men
1. From grass take-off.

A white tape was stretched taut on the ground. Touching the "trig" (Victorian slang) with any part of the body caused a foul.

17'9"	5.410		C.N.Gwynne	College Races	College Park, Dublin	22-May-1867
19'6"	5.943		W.J.Falkiner	College Races	College Park, Dublin	6-May-1868
19'6"	5.943		W.J.Falkiner	College Races	College Park, Dublin	11-Jun-1869
20'9"	6.324		B.Martin	College Races	College Park, Dublin	3-Jun-1872
21'3"	6.477		John G. Lane	College Races	College Park, Dublin	10-Jun-1873
21'4"	6.502		John G.Lane	ICAC C'ships	College Park, Dublin	7-Jul-1873
21'6"	6.553		George M. Kenny	ICAC C'ships	Lansdowne Rd., Pembroke	22-May-1875
22'1"	6.731		George M. Kenny	College Races	College Park, Dublin	15-Jun-1877
22'4½"	6.819		D Davies	Limerick Athletic Sports	Limerick	3-Jul-1878
22'7"	6.883		Pat Davin	ICAC C'ships	Lansdowne Rd., Pembroke	2-Jun-1879
22'9"	6.934		Pat Davin	Kilkenny Sports	Kilkenny	20-Jul-1880
22'11"	6.985		Pat Davin	AAA C'ships	Birmingham, England	16-Jul-1881
23'2"	7.061	WR	Pat Davin		Monasterevan	30-Aug-1883
23'2"	7.061	=WR	Pat Davin		Portarlinton	13-Sep-1883
23'3"	7.086		Walter J.M.Newburn	Monasterevan Sports	Monasterevan	15-Aug-1898
23'10¼"	7.276		Peter O'Connor	R.I.C. Sports	Ball's Bridge	5-Aug-01

2. From board take-off.

23'1½"	7.050	WR	John Lane	Civil Service Sports	College Park, Dublin	11-Jun-1874
23'2"	7.060	WR	Pat Davin	Monasterevan Athletic Sports	Monasterevan	30-Aug-1883
23'2"	7.060	=WR	Pat Davin	Monasterevan Athletic Sports	Monasterevan	13-Sept-1883
23'3"	7.086	WR	John Purcell		Monasterevan	26-Aug-1886
23'3"	7.086	=WR	John Purcell		Monasterevan	26-Aug-1886
23'8"	7.213	WR	John J.Mooney	Mitchelstown Athletic Sports	Mitchelstown	5-Sep-1894
23'9¼"	7.248	WR	Walter J.M.Newburn	Postal Sports	Ball's Bridge	18-Jun-1898
24'0½"	7.327	WR	Walter J.M.Newburn	IRL v SCO	Ball's Bridge	16-Jul-1898
24'7¼"	7.512	WR	Peter O'Connor		New Ross	29-Aug-00
24'9"	7.543	WR	Peter O'Connor	IAAA C'ships	Ball's Bridge	27-May-01
24'11¼"	7.600	WR	Peter O'Connor		Kilkenny	15-Jul-01
24'11¼"	7.613	WR	Peter O'Connor	RIC Sports	Ball's Bridge	5-Aug-01
7.63	1.9	***	Carlos O'Connell		Emmitsburg, Maryland, USA	2-Jun-90
7.79	0.8		Jonathan Kron		Princeton, New Jersey	24-May-94
7.86	1.4		Ciaran McDonagh	Europa Cup	Lisboa, Portugal	28-Jun-96
7.88	0.0		Ciaran McDonagh	International Meeting	Riga, Latvia	11-Jul-99
7.95	1.7		Ciaran McDonagh		Haapsalu, Estonia	31-Jul-99
8.00	0.3		Ciaran McDonagh	World C'ships	Sevilla, Spain	26-Aug-99
8.07	1.4		Ciaran McDonagh	Swiss meeting	La Chaux-de-Fonds, Switzerland	21-Aug-05

*** Measured as 25ft 0¼in

Triple Jump, Men

The original Rules of the G.A.A. for the event known as the Hop-Step-Jump permitted the use of either a hop, step and jump or two successive hops and a jump – at the athlete's discretion. Daniel Shanahan employing the latter method achieved a distance of 50'0"1/2 at Limerick on 6th August 1888 which was ratified by the GAA as a Record and adopted also by the IAAA when the Joint Records Committee was formed some years later. And the performance remained on the Record books until well into the 1950s. For the purposes of this compilation, however, we have listed only performances known to have been achieved employing the hop-step and jump method

45'4"	13.817		C Smythe	Queens College Sports	Mardyke, Cork	23-Apr-1873
46'0"	14.020		Patrick D.Looney	Kilfinane Athletic Sports	Kilfinane	2-Aug-1880
47'3"	14.401		John Purcell	Caledonian Games	Ball's Bridge	25.05.1885
48'3"	14.706		John Purcell	Limerick Athletic Sports	Limerick	09.06.1887
48'11¼"	14.920		Tim Ahearn	Olympic Games	London, England	25-Jul-08
49'7 3/8"	15.190		Dan Ahearn		Celtic Park, New York	30-May-10
50'11"	15.520		Dan Ahearn		Celtic Park, New York	30-May-11
15.55			Sean O'Dwyer	National Championships	Banteer	18-Jul-70
15.70			Colm Cronin	Dual meet v Greece	NCBE, Limerick	1-Jun-77
15.89			Colm Cronin	Europa Cup	Sölleröd, Denmark	26-Jun-77

The following marks, made Indoor, were each at the time superior to the Outdoor

53'4"½	16.27		Colm Cronin	NCAA Indoor C'ships	Detroit, Michigan	10-Mar-78
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Shot, Men

42'5"	12.928	WR	Edward J. Bor	Amateur Champion meeting	Lillie Bridge, England	27-Mar-1872
43'5"	13.233	WR	John Maxwell	Queens College Sports	Mardyke, Cork	19-Apr-1874
43'9"	13.335	WR	James O'Brien	IAAA Championships	Ball's Bridge	11-Jul-1885
44'10½"	13.667	WR	James O'Brien	IAAA Championships	Ball's Bridge	11-Jul-1885
45'3"	13.792	WR	Denis Horgan	IAAA Championships	Ball's Bridge	30-Jun-1894
45'6"	13.868		Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
45'11½"	14.008		Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'0"	14.020		Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'5"	14.147		Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'5½"	14.160	WR	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'7"	14.198		Denis Horgan	Kerry RIC Sports	Tralee	24-Jun-1896
47'1"	14.351		Denis Horgan	Open Sports	Mountmellick	03-Aug-1897
48'2"	14.681		Denis Horgan	Open Sports	Queenstown/Cobh	19-Sep-1897
48'10"	14.884		Denis Horgan	Open Sports	Mallow	18-Sep-04
48'11¼"	14.928		David D. Guiney	AAU promotion	Lansdowne Rd., Dublin	13-Jun-50
49'7½"	15.125		Ronnie H. Taylor	AAU Championships	Santry, Dublin	10-Jun-60
49'9"	15.163		Ronnie H. Taylor	Dublin U. v Oxford U.	College Park, Dublin	23-Jun-60
50'6¼"	15.411		Ronnie H. Taylor	AAU Championships	Santry, Dublin	9-Jun-61
50'7"	15.417		Hugh O'Callaghan	UCC v Rest of Cork	Mardyke, Cork	13-May-62
51'4"	15.646		Hugh O'Callaghan	Cork City Sports	Mardyke, Cork	3-Jul-62
51'4¼"	15.652		Hugh O'Callaghan	Irish Universities Champs	Mardyke, Cork	11-May-63
52'0"	15.849		Hugh O'Callaghan	NACA Sports	Macroom	16-Jun-63
52'0½"	15.862		Hugh O'Callaghan	Cork Co. C'ships	Banteer	30-Jun-63
52'3¼"	15.944		Hugh O'Callaghan	Kinsale Open Sports	Kinsale, Cork	7-Jun-64
52'6¼"	16.014		Hugh O'Callaghan	Open Sports	Kilmallock	14-Jun-64
53'2¼"	16.217		Hugh O'Callaghan	NACA Championships	Gorey	25-Jul-64
57'7½"	17.564		Gerry Downes		Alpine, Texas	1-May-69
18.32			Philip Conway	Inter-Club	Iveagh Grds., Dublin	26-Jul-72
18.36			Gerry McEvoy	Eastern Regional C'ships	Belfield, Dublin	20-Aug-78
18.36			Eugene Diviney		Kent, England	9-May-81
18.39			Paul Quirke	Irvine Elite Invitational	Irvine, California	22-May-92
18.90			Paul Quirke		La Hoya, California	5-Jun-92
18.93			Victor Costello	Dublin Open Games	Santry, Dublin	17-Jun-92
19.36			Paul Quirke	TAC Meeting	La Hoya, California	20-Jun-92
19.92			Paul Quirke		La Hoya, California	28-Jun-92
19.93			Victor Costello	Offaly Co. Championships	Tullamore	1-Jul-92
20.04			Paul Quirke	TAC Meeting	New York, New York	7-Jul-92

Discus, Men

106'0"	32.308		John J. Flanagan		New York, New York	
107'2"	32.664		Edward Barrett	OG Trials	White City, London, England	29-May-08
120'8"	36.779		John Murray	IAAA C'ships	Ball's Bridge	31-May-09
121'9"	37.109		Pat Quinn	IAAA C'ships	Ball's Bridge	12-May-13
125'7½"	38.290		Pat Quinn	DMP Sports	Ball's Bridge	26-Jul-13
126'11"	38.684		Paddy J.Berminham	Dublin Tramway Sports	Landowne Road, Dublin	26-Jul-19
128'2"	39.065		Paddy J.Berminham	National C'ships	Croke Park, Dublin	1-Jul-23
129'10¼"	39.579		Paddy J.Berminham	Tramway Sports	Croke Park, Dublin	28-Jul-23
130'6"	39.776		Paddy J.Berminham	D.M.G. Sports	Croke Park, Dublin	15-Aug-23
137'3"	41.833		Paddy J.Berminham	Police Meet	Wembley, England	3-May-24
138'3"	42.138		Paddy J.Berminham	National C'ships	Croke Park	8-Jun-24
143'9"	43.815		Paddy J.Berminham	Tailteann Games	Croke Park	15-Aug-24
144'10"	44.145		Paddy J.Berminham	Ireland v Achilles	Croke Park	2-Aug-26
146'2"	44.551		Paddy J.Berminham	Kerry Garda meet	Tralee	29-Aug-26
151'6½"	46.189		Paddy J.Berminham	Leinster C'ships	Carlow	4-Sep-27
152'6½"	46.494		Ned Tobin	NACA Championships	Thurles	16-Jul-39
152'6½"	46.494		Cummin Clancy	IRL v ENG-WAL	Balmoral Showgrounds, Belfast	13-Aug-49
161'11"	49.352		Cummin Clancy	Penn Relays	Philadelphia, Pennsylvania	27-Apr-51
167'7"	51.079		Philip Conway		New York, New York	30-Jun-70
168'0"	51.206		Len Braham			
169'0½"			Len Braham	Bensheim Invitational	Bensheim, Germany	23-May-72
174'7"			Len Braham	Munster Select v Darmstadt University	Mardyke, Cork	8-May-73
175'11"	53.619		Len Braham	Quadrangular	Dublin	14-Jun-77
179'9"	54.787		Joe Brice	Penn Relays	Philadelphia, Pennsylvania	28-Apr-78
188'5"	57.429		Joe Brice	New England C'ships	Hanover, New Hampshire	18-May-80
58.46			Nick Sweeney	National C'ships	Santry, Dublin	14-Jul-91
60.57			Nick Sweeney	Penn Relays	Philadelphia, Pennsylvania	25-Apr-92
62.48			Nick Sweeney		Salinas, California	27-May-92
63.26			Nick Sweeney		Helsingborg, Sweden	19-Jun-93
64.48			Nick Sweeney		Salinas, California	25-May-94
64.74			Nick Sweeney		Helsingborg, Sweden	6-Jul-94
66.00			Nick Sweeney		Helsingborg, Sweden	9-Jul-94
67.40			Nick Sweeney		Salinas, California	22-May-96
67.89			Nick Sweeney		Helsingborg, Sweden	4-Sep-98

Hammer, Men

98'10"	30.124	WR	Maurice Davin	AAA Championships	Birmingham	16-Jul-1881
108'3"	32.994	WR	William J.M.Barry	Co Kerry Athletic & Cricket Sports	Tralee, Co Kerry	17-Jun-1885
116'6"	35.509	WR	William J.M.Barry	Co Kerry Athletic & Cricket Sports	Tralee, Co Kerry	17-Jun-1885
116'10"	35.610	WR	William J.M.Barry	IAAA C'ships	Ball's Bridge, Pembroke	11-Jul-1885
119'0"	36.271	WR	William J.M.Barry		New York, New York	01-Oct-1885
119'0"	36.271	WR	William J.M.Barry	Queens College Sports	Mardyke, Cork	17-Apr-1886
119'5"	36.398	WR	James S. Mitchell	Limerick Athletic Sports	Limerick	16-Jun-1886
119'9"	36.499	WR	James S. Mitchell	Limerick Athletic Sports	Limerick	09-Jun-1887
121'7"	37.058	WR	William J.M.Barry	NYAC Fall Games	New York, New York	01-Oct-1887
122'6½"	37.350	WR	William J.M.Barry	Manhattan Athletic Club Meeting	Manhattan Athletic Club Grounds	29-Jul-1888
129'3½"	39.408	WR	William J.M.Barry	Manhattan Athletic Club Meeting	Manhattan Athletic Club Grounds	12-Aug-1888
132'9"	40.462	WR	James S. Mitchell	Metropolitan AAU C'ships	Bayonne, New Jersey	12-Jun-1889
133'8"	40.741	WR	James S. Mitchell	Cecil County Fair	Elkton, Maryland	10-Oct-1889
133'10½"	40.805	WR	James S. Mitchell	NYAC Games	New York, New York	13-Jun-1891
139'2"	42.418	WR	James S. Mitchell	Metropolitan AAU C'ships	New York, New York	12-Sep-1891
139'10½"	42.633	WR	James S. Mitchell	Detroit A.C.	Detroit, Michigan	29-Sep-1891
141'3½"	43.065	WR	James S. Mitchell	Brooklyn Heights Handicap	New York, New York	10-Oct-1891
141'9"	43.205	WR	James S. Mitchell	Bank Clerks AA	Philadelphia, Pennsylvania	18-Jun-1892
145'0¼"	44.215	WR	James S. Mitchell	NYAC Fall Games	New York, New York	08-Oct-1892

145'10½"	44.462	WR	John Flanagan	G.A.A. All-Round Championships	Clonmel	9-Sep-1895
147'0"	44.805	WR	John Flanagan		London, England	4-Jun-1896
150'8"	45.935	WR	John Flanagan	New Jersey AC Games	Bayonne, New Jersey	30-May-1897
153'6"	46.810	WR	John Flanagan		New Orleans, Louisiana	15-May-1898
154'9½"	47.180	WR	John Flanagan	NYAC Spring Games	NewYork, New York	11-Jun-1898
158'4"	48.260	WR	John Flanagan	NYAC Spring Games	NewYork, New York	11-Jun-1898
158'4½"	48.272	WR	John Flanagan		Boston, Massachusetts	23-Jul-1898
164'1"	50.012	WR	John Flanagan	St Augustine Athletic Games	Boston, Massachusetts	22-Jul-1899
164'10"	50.241	WR	John Flanagan		NewYork, New York	30-Jul-1899
166'9"	50.825	WR	John Flanagan	NYAC Fall Games	NewYork, New York	23-Sep-1899
167'8"	51.104	WR	John Flanagan	NYAC Fall Games	NewYork, New York	23-Sep-1899
168'0"	51.206	WR	John Flanagan	NYAC Fall Games	NewYork, New York	29-Sep-00
169'4"	51.612	WR	John Flanagan	NYAC Fall Games	NewYork, New York	29-Sep-00
171'9"	52.349	WR	John Flanagan	NY Irish America Games	NewYork, New York	2-Sep-01
173'0"	52.730	WR	John Flanagan	GAA Benefit Games	NewYork, New York	31-Jul-04
173'7"	52.908	WR	Matt McGrath	Canadian Championships	Montreal, Canada	21-Sep-07
173'10"	52.980	WR	John Flanagan	Celtic Park New York	Ball's Bridge, Dublin	3-Aug-08
179'11"	54.840	WR	John Flanagan		NewYork, New York	26-Jun-09
180'0"	54.860	WR	John Flanagan		American League Park, New York	26-Jun-09
184'4"	56.180	WR	John Flanagan		Clan-na-Gael Games, New Haven, NY	24-Jul-09
187'4"	57.100	WR	Matt McGrath	Games of the Galway Association	Celtic Park New York	25-Oct-11
189'6½"	57.772	WR	Pat Ryan	Inaugural IAAF WR	NewYork, New York	17-Aug-13
195'4¾"	59.560	WR	Pat O'Callaghan	Cork Co. Championships	Fermoy	22-Aug-37
199'11"	60.934		John Lawlor	US Championships	Dayton, Ohio	21-Jun-57
203'5½"	62.014		John Lawlor	Clonliffe H. Meet	Santry, Dublin	9-Jul-58
211'11"	64.592		John Lawlor	Clonliffe H. Meet	Santry, Dublin	7-Aug-58
213'10"	65.176		John Lawlor	US Championships	Bakersfield, California	24-Jun-60
215'1"	65.557		Sean Egan	National Championships	Belfield, Dublin	23-Jul-78
68.10			Sean Egan	International Meeting	Darmstadt, Germany	5-May-79
68.76			Sean Egan	All Hammer Meet	Darmstadt, Germany	17-May-79
68.82			Sean Egan	IRL v NED v WAL	Belfield, Dublin	19-Aug-79
69.20			Sean Egan		Darmstadt, Germany	12-Apr-80
70.24			Sean Egan		Darmstadt, Germany	12-Apr-80
71.10			Sean Egan		Frankfurt, Germany	1-May-80
71.16			Declan Hegarty	Track & Field Invitation Meeting	Boston, Massachusetts	15-Apr-83
71.24			Declan Hegarty	University of Massachusetts Relays	Boston, Massachusetts	16-Apr-83
71.97			Declan Hegarty	University of Massachusetts Relays	Walnut, California	23-Apr-83
73.50			Declan Hegarty	Mt. SAC Relays	Philadelphia, Pennsylvania	30-Apr-83
76.32			Declan Hegarty	Penn Relays	Walnut, California	15-Jul-84
77.51			Declan Hegarty	Pre-Olympic	San Jose, California	20-Apr-85
77.80			Declan Hegarty	Bruce Jenner Invitational	Walnut, California	28-Apr-85
				Mt. SAC Relays		

Javelin, Men

133'2"½	40.601		Sean Keavy	NACA promotion	Croke Park, Dublin	5-Aug-23
135'0"	41.148		Sean Keavy	Clonliffe promotion	Croke Park, Dublin	15-Sep-23
137'6"	41.910		Sean Keavy	National Championships	Croke Park, Dublin	8-Jun-24
139'2"½	42.430		Sean Keavy	National Championships	Croke Park, Dublin	8-Jun-24
140'9"½	42.913		Sean Keavy	National Championships	Croke Park, Dublin	8-Jun-24
151'7"	46.202		Sean Keavy	National Championships	Croke Park, Dublin	28-Jun-25
151'9"	46.253		Sean Keavy	D.M.G.Sports	Croke Park, Dublin	19-Jun-26
155'1"½	47.282		Sean Keavy	National Championships	Croke Park, Dublin	26-Jun-26
157'3"½	47.942		Sean Keavy	Inter-Services C'ships	Croke Park, Dublin	14-Jul-26
158'5"½	48.298		Sean Keavy	Inter-Services C'ships	Lansdowne Rd., Dublin	23-Jun-27
161'4"½	49.187		Sean Keavy	National Championships	Croke Park, Dublin	10-Jul-27
161'11"	49.352		J.C.Conroy	College Races	College Park, Dublin	8-Jun-32
168'9"	51.409		Mick Waters	National Championships	Fermoy	1-Jul-34
169'5"½	51.650		Charlie Ryan	Clonliffe promotion	lege Park, Dublin	21-Sep-46

173'5" ^½	52.870	Brendan O'Reilly	NACA Championships	Dundalk	6-Aug-50
180'5" ^½	55.003	Brendan O'Reilly	NACA Co. Dublin C'ships	Shelbourne Stadium, Dublin	25-May-52
182'1"	55.499	John Lawson	Clonliffe H. promotion	College Park, Dublin	14-Jun-54
183'4"	55.880	John Lawson	Donore H. promotion	College Park, Dublin	3-Jul-54
194'10"	59.385	John Lawson	Donore Open	College Park, Dublin	26-Apr-55
202'11"	61.849	John Lawson	Clonliffe promotion	Santry, Dublin	18-Jun-58
209'9"	63.931	Denis Toomey	NACA Junior Championships	Belfield, Dublin	26-Jun-60
214'4" ^½	65.341	John Lawson	All-Ireland [AAUE-NIAAA] Champs	Tillysburn, Belfast	1-Jul-61
215'8"	65.735	Denis Toomey	NACA Decathlon	Clogher Road, Dublin	23-Aug-64
67.40		Pat Moore	Ireland v Portugal	Dublin	24-Jul-74
71.30		Terry McHugh	International Open Club Meeting	Belfield, Dublin	24-Apr-82
72.20		Terry McHugh	National Trials	Tullamore	2-Jun-85
73.84		Terry McHugh	European Clubs C'ship	London, England	9-Jun-85
75.04		Terry McHugh	Westathletic	Zug, Switzerland	16-Jun-85

New Specification, operative 1st April 1986

70.66		Terry McHugh	Dublin Championships	Belfield, Dublin	18-May-86
70.80		Terry McHugh	Louis Vandendries	Belfield, Dublin	25-May-86
72.24		Terry McHugh	IRL v SCO v WAL	Edinburgh, Scotland	18-Jun-87
74.28		Terry McHugh	Westathletic	Bruxelles, Belgium	19-Jun-88
75.26		Terry McHugh	AIB InterClub	Tullamore	21-Aug-88
76.46		Terry McHugh	Olympic Games Q	Seoul, South Korea	24-Sep-88
78.08		Terry McHugh	Arena	Bern, Switzerland	29-Aug-89
78.74		Terry McHugh	Westathletic	Dainze	9-Jun-91
84.54		Terry McHugh	IrI v Eng v Russia	Limerick	14-Jun-91

Revised Specification from 18th November 1991

76.12		Terry McHugh		Turku, Finland	31-May-92
80.98		Terry McHugh	GV Ryan/Vandendries	Belfield, Dublin	30-May-93
82.14		Terry McHugh	European C'ships Q	Helsinki, Finland	7-Aug-94
82.75		Terry McHugh	Norwich Union G.P.	London, England	5-Aug-00

Decathlon
1920 Points Table

5,427	William F. "Bill" Shanahan	Olympic Games	Paris, France	11/12-Jul-24
	11.8, 6.20, 9.61, 1.70, 55.4, 16.8, 25.06, 2.82, 39.00, 5:41.4			
6,012	Con O'Callaghan	Olympic Trial	Phoenix Park, Dublin	02/03-Jun-28
	11.8, 6.51, 10.81, 1.73, 58.2, 17.8, 33.84, 2.83, 41.24, 5:15.4			
7,328	Robert M.N. "Bob" Tisdall	Olympic Games	Los Angeles, California	05/06-Aug-32
	11.3, 6.60, 12.58, 1.65, 49.0, 15.5, 33.31, 3.20, 45.26, 4:34.4			

1934 Points Table

4,875	Pte. Larry Moran	Army Decathlon Championship	The Cuggagh	
5,451	Pte. Larry Moran	Army Decathlon Championship	Army Grounds, Phoenix Park	12/13-Sep-35
5,536	Ted J Guiney	NACA All Round Champs	Cashel	18-Sep-38
	10.1, 6.32, 10.71, 1.75, 60.0, 18.8, 24.83, 2.87, 34.37, 5:21.0			
5,910	Ted J Guiney	NACA All Round Champs	Mitchelstown	18-Sep-39
	11.0, 6.69, 11.23, 1.79, xxxx, 16.9, xxxx, 3.21, 37.48, xxxx			

1950 Points Table

5,403	Val McGann	NACA Decathlon Championship	Iveagh Grds., Dublin	26/27-Aug-50
	xxxx, 5.77, 10.22, 1.63, 57.1, xxxx, xxxx, 3.36, xxxx, xxxx			
5,559	Val McGann	NACA Decathlon Championship	Shelbourne Stadium, Dublin	17/18-Aug-52

1964 Points Table

5,794	Denis Toomey	NACA Decathlon Championship	Eamonn Ceannt Stadium, Dublin	21/22-Aug-65
	11.4, 6.69, 10.98, 1.53, 55.3, 16.6, 35.67, 3.51, 39.63, 5:15.4			
5,871	Louis Jordan	BLE Decathlon Championship	Santry, Dublin	17/18-Aug-68
	11.6, 5.70, 13.12, 1.76, 53.5, 18.5, 37.90, 2.83, 46.06, 4:51.0			
6,299	Louis Jordan		Kassel, West Germany	20/21-Jun-69
	11.4, 6.26, 13.04, 1.81, 55.4, 17.7, 39.94, 3.11, 52.13, 4:49.4			
6,671	Louis Jordan	BLE Decathlon Championship	Eamonn Ceannt Stadium, Dublin	22/23-Aug-70
	11.4, 5.98, 13.59, 1.83, 52.7, xxxx, 42.81, 3.48, 60.06, 4:45.0			
6818 #	Not ratified - no wind gauge	Kevin Atkinson	BLE Decathlon Championship	Tullamore
				25/26-Aug-79
6,695	Kevin Atkinson	BLE V WAL v SCAA v NCAA	Southampton, England	21/22-Jun-80
7,059	Kevin Atkinson	BLE Decathlon Championship	Tullamore	9/10-Aug-80
7,097	Kevin Atkinson	Irish Decathlon Trials	Tullamore	30/31-May-81
	xxxx, 7.56, xxxx, xxxx, xxxx, xxxx, xxxx, xxxx, xxxx, xxxx			
7,226	Sean Carlin	BLE Decathlon Championship	Tullamore	29/30-Aug-81
	11.50, 7.02, 11.17, 1.97, 50.43, 16.21, 39.58, 4.20, 50.84, 4:31.0			
7,261	Kevin Atkinson	Open Combined Events Meeting	Tullamore	05/06-May-82
	xxxx, xxxx, xxxx, xxxx, xxxx, 15.36, 34.30, 3.90, 58.74, 4:36.53			
7,353	Kevin Atkinson	AAA Decathlon Championship	Birmingham, England	09/10-Jul-83
7,384	Kevin Atkinson	Hypo Meeting	Götzis, Austria	19/20-May-84
	11.12, 7.33, 11.90, 1.90, 49.08, 15.20, 34.00, 4.10, 57.28, 4:33.54			
7,451	Kevin Atkinson	AAA Decathlon Championship	Hendon, London	14/15-Jul-84
	11.04, 7.11, 11.77, 1.93, 49.30, 15.27, 34.42, 4.20, 60.40, 4:31.26			

1985 Points Table

7,609	Carlos O'Connell	Mt St Mary's Cge Decathlon	Emmitsburg, Maryland	02/03-Aug-86
	10.7, 7.49, 13.13, 1.89, 49.2, 15.0, 39.04, 4.00, 53.04, 4:12.9			
7,882	Carlos O'Connell	Mt St Mary's Cge Decathlon	Emmitsburg, Maryland	04/05-Jun-88
	10.89, 7.50, 13.05, 1.92, 48.84, 14.59, 41.70, 4.40, 54.96, 4:21.75			

10,000m Walk

49.35.1	John Mackey	National Championships	Gormanston, Meath	
47.39.6	Jim Sheehan	IRL v WAL v LUX	Belfield, Dublin	30-May-76
46.58.0	Bernie O'Callaghan	National Championships	Dublin	3-Jun-80
46.24.2	Bernie O'Callaghan	National Championships	Dublin	5-May-81
46.23.04	Bernie O'Callaghan	National Championships	Dublin	00 May 81
45.29.7	Bernie O'Callaghan	National Championships	Dublin	28-May-81
44.48.0	Jimmy McDonald	AAA Championships	Birmingham	9-Jun-87
42.07.37	Jimmy McDonald	National Championships	Tullamore	3-Jul-88
41.28.7	Jimmy McDonald	National Championships	Dublin	00 Jul 91
41.02.52	Jimmy McDonald	National Championships	Dublin	16-Jun-96
40.16.68	Robert Heffernan	National U23 Championships	Tullamore	23-Aug-00
38.58.83	Robert Heffernan	National Championships	Dublin	21-Aug-01
38.47.66	Robert Heffernan	National Championships	Dublin	14-Aug-02
38.27.57	Robert Heffernan	National Championships	Dublin	20-Aug-08

20km Walk

1.40.30	John Mackey			
1.40.14	Con Hearty	National Championships	Thurles, Tipperary	18-Jun-72
1.37.06	Johnny O'Leary	National Championships	Waterford	28-Jul-74
1.36.21	Johnny O'Leary	National Championships	Tuam, Galway	25-Jun-78
1.33.00	Jimmy McDonald	National Championships	Tullamore	25-Jul-87
1.27.29	Jimmy McDonald	National Championships	Santry, Dublin	23-Jul-88
1.22.45	Jimmy McDonald	Olympic Games	Seoul, South Korea	16-Sep-88
1.21.54	Bobby O'Leary		Sint-Oedonrode, Netherlands	21-Mar-92
1.21.11	Robert Heffernan	EAA Permit	Leamington, England	21-Apr-01
1.20.25	Robert Heffernan	EAA Permit	Naumburg, Germany	5-May-02
1.20.15	Robert Heffernan	European Cup	Leamington, England	20-May-07
1.19.22	Robert Heffernan	World Cup	Cheboksary, Russia	10-May-08

50km Walk

4.25.24	John Kelly	US Olympic Trials	Santa Monica, California	14-Jul-68
4.23.50	Pat Murphy	8 Nations Match	Bekescaba, Hungary	5-Apr-92
4.14.30	Jeff Cassin	US National Championships	Sacramento, California	14-Feb-99
4.06.33	Jeff Cassin	Mexico Walk Week	Naucalpan, Mexico	17-Mar-99
3.59.02	Jamie Costin	European Cup	Eisenhuettenstadt, Germany	18-Jun-00
3.53.58	Jamie Costin	EAA Permit	Naumburg, Germany	13-Apr-03
3.51.32	Colin Griffin	IAAF Challenge	Dudince, Slovakia	24-Mar-07
3.50.51	Jamie Costin	IAAF Challenge	Dudince, Slovakia	28-Mar-09
3.50.08	Robert Heffernan	IAAF Challenge	Dudince, Slovakia	27-Mar-10
3.45.30	Robert Heffernan	European Championships	Barcelona, Spain	30-Jul-10
3.37.54	Robert Heffernan	Olympic Games	London, England	11-Aug-12

4x100m Relay

43.9	Donore Harriers	AAU Championship	College Park, Dublin	4-Jul-56
	Joe Parker, Pat Sheehan, Paddy Harmon, Eamonn Kinsella			
43.8	Crusaders A.C.	Clonliffe meet	Santry, Dublin	17-Jun-59
	Willy Lemon, Owen Dalton, Ronnie Kirkham, Larry Ryder			
43.6	Clonliffe Harriers	Clonliffe/Crusaders	Santry, Dublin	6-Aug-59
	Albert Harding, F.Devine, Garry Dempsey, Pat McMurrrough			
43.5	UCD	Graded Meeting	Santry, Dublin	21-Jun-67
	M.Kennedy, S.O'Muircheartaigh, J.Cummiskey, I.O'Muircheartaigh			
42.8	National Team	Graded Meeting	Santry, Dublin	21-Jun-67
	Ciaran Coakley, Joe Cummiskey, Iggy O'Muircheartaigh, Mick Keane			
42.4	National Team	Europa Cup	Santry, Dublin	24-Jun-67
	Iggy O' Muircheartaigh, Joe Cummisky, Ciaran Coakley, Cashel Riordan			
41.8	National Team	Europa Cup	Reykjavik, Iceland	5-Jun-70
	Cyril O'Regan, Vinny Becker, Fanahan McSweeney, Iggy O'Muircheartaigh			
41.2	National Team	Ireland vs Spain	Gijon, Spain	17-Jul-71
	Joe Barry, Joe Kirwan, Iggy O'Muircheartaigh, Vinny Becker			
41.16	National Team	Europa Cup	Santry, Dublin	20-Aug-83
	Aidan Gough, Pat Woods, Joe Barry, Derek O'Connor			
41.10	National Team	Westathletic Games	Brussels, Belgium	18-Jun-88
	Pat Flanagan, Philip Snoddy, Kieran Finn, Gerry Delaney			
40.47	National Team	Europa Cup	Lisbon, Portugal	29-Jun-96
	John McAdorey, Paul Brizzel, Gary Ryan, Neil Ryan,			
40.36	National Team	Europa Cup	Santry, Dublin	7-Jun-97
	Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
40.00	National Team	National Championships	Santry, Dublin	13-Jul-97
	Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
39.46	National Team	World Championships	Athens, Greece	9-Aug-97
	Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
39.26	National Team	Olympic Games	Sydney, Australia	29-Sep-00
	John McAdorey, Gary Ryan, Tom Comyns, Paul Brizzel			

4x400m Relay

3.32.4	Clonliffe Harriers	Vice President's Cup	College Park, Dublin	20-Jun-25
	J.R.Cowie, R.J.Hamilton, A.Love, N.J.McEachern			
3.31.0	Clonliffe Harriers	Inter Club	College Park, Dublin	9-Jun-28
	J.V.Connell, Larry Cullen, A.Love, N.J. McEachern			
3.30.0	Trinity College Dublin	Donore Harriers Sports	College Park, Dublin	27-Jun-52
	AA Hall, J Hyland, JW Simpson, AJ Cooke			
3.27.9	Donore Harriers	TBC	TBC	1952
	RM Graham, WT Palmer, CJ McAlindan, DP O'Loughlin			
3.27.8	UCD	Inter Club	Iveagh Grounds, Dublin	10-Jun-53
	Jack O'Neill, Brendan Bowers, Sean O Cleirigh, Dermot McCarvill			
3.24.6	Crusaders A.C.	Donore Harriers / IRC	College Park, Dublin	21-Jul-54
	Cormac O' Cleirigh, Philip Godden, Ron Delany, David Godden			
3.19.1	Crusaders A.C.	Clonliffe Meet	Santry, Dublin	18-Jun-60
	Philip Godden, Larry Ryder, Derek McCleane, Jimmy Linnane			
3.18.2	Crusaders A.C.	Clonliffe Meet	Santry, Dublin	18-Jul-61
	Jimmy Linnane, Larry Ryder, Derek McCleane, Ron Delany			
3.17.6	Crusaders A.C.	AAU Relay C'ships	Santry, Dublin	8-Sep-62
	Tom Dunphy, David White, Larry Ryder, Derek McCleane			
3.17.2	Crusaders A.C.	Clonliffe Meet	Santry, Dublin	25-Jun-63
	Jimmy Linnane, David White, Larry Ryder, Derek McCleane			
3.13.3	National Team	Europa Cup	Reykjavik, Iceland	6-Jul-70
	Mick Dooley, Cashel Riordan, Iggy O'Muircheartaigh, Fanahan McSweeney			
3.13.2	National Team	Ireland vs Switzerland	isle, Switzerland	18-Jul-71

3.09.2	National Team	Iggy Moriarty, John Dillon, Noel Carroll, Fanahan McSweeney Ireland vs Switzerland	Basle, Switzerland	8-Jul-72
3.07.18	National Team	John Dillon, O'Connell 47.8, Eamonn O'Keeffe, Fanahan McSweeney World Championships	Rome, Italy	5-Sep-87
3.05.45	National Team	Kieran Finn, Gerry Delaney, J.J.Barry, Peter Sinclair Europa Cup	Lahti, Finland	6-Jun-99
3.04.26	National Team	Brian Forbes, Tomas Coman, Paul McKee, Tom McGuirk World Championships	Edmonton, Canada	11-Aug-01
3.03.73	National Team	Robert Daly, Tom Comyns, Paul McKee, Tomas Coman European Championships	Munich, Germany	10-Aug-02
3.03.57	National Team	Robert Daly, Paul McKee, Antoine Burke, David McCarthy European Championships	Zurich, Switzerland	16-Aug-14
3.01.67	National Team	Brian Gregan, Brian Murphy, Richard Morrissey, Thomas Barr European Championships	Zurich, Switzerland	17-Aug-14
3.01.26	National Team	Brian Gregan, Mark English, Richard Morrissey, Thomas Barr World Championships	Beijing, China	29-Aug-15
		Brian Gregan, Brian Murphy, Thomas Barr, Mark English		

Women

100m, Women

12.0		Maura Barrett	Civil Service Sports	Croke Park, Dublin	27-Jul-29
12.0		Joan Baird	Civil Service Sports	Croke Park, Dublin	8-Jul-33
11.0		Maeve Kyle	RUC Sports	Balmoral Showgrounds, Belfast	19-Jun-59
11.0		Maeve Kyle	RUC Sports	Balmoral Showgrounds, Belfast	16-Jun-62
10.8		Maeve Kyle	AAU Graded meeting	Dublin	26-Sep-64

100m, Women

12.0		Maeve Kyle		Trondheim, Norway	12-Jul-63
12.0		Margaret Murphy	Cork City Sports	Cork	30-Jun-70
12.0		Margaret Murphy	Southern Region Champs Heat	Waterford	13-Jun-71
12.0		Margaret Murphy	Southern Region Champs Final	Waterford	13-Jun-71
12.0		Claire Walsh	George V. Ryan	Santry, Dublin	27-May-72
11.9		Mary Doyle	Nations Schools	Cwmbran, Wales	15-Jul-72
11.9		Claire Walsh	Olympic Games	München, Germany	24-Aug-72
11.54	nwi	Michelle Walsh	Bavarian Youth Athletics	Trostberg, Germany	24-Sep-77
11.43	1.4	Michelle Walsh	Westlands Cup	Sittard, Netherlands	17-Jun-78
11.40	0.8	Ailis McSweeney	IAAF Permit Meeting	Liège, Belgium	13-Jul-10

200m, Women

25.4		Maeve Kyle	Women's AAA Champs	Motspur Park, England	7-Jun-58
24.5		Maeve Kyle	Clonliffe Floodlit Promotion	Santry, Dublin	23-Sep-60

200m, Women

24.7		Maeve Kyle	Pentathlon	Wolverhampton, England	8-Aug-59
24.6	nwi	Claire Walsh	National Championships	Santry, Dublin	11-Jul-71
24.5	nwi	Claire Walsh	National Championships	Banteer	23-Jul-72
24.1	nwi	Claire Walsh	Louis Vandendries	Santry, Dublin	27-May-73
23.98		Michelle Walsh	Bavarian Youth Athletics	Trostberg, Germany	25-Sep-77
23.51	1.5	Michelle Walsh	Westlands Cup	Sittard, Netherlands	18-Jun-78
23.23	1.4	Sarah Reilly		Tampere, Finland	19-Jul-00
23.12	-0.5	Sarah Reilly		Budapest, Hungary	22-Jul-00
23.02	0.3	Sarah Reilly	World Championships	Edmonton, Canada	8-Aug-01

400m, Women
440 Yards, Women

56.3	Maeve Kyle	WAAA Championships	London, England	8-Jul-61
56.2	Maeve Kyle	Edinburgh Highland Games	Edinburgh, Scotland	19-Aug-61
54.9	Maeve Kyle	WAAA Championships	London, England	7-Jul-62
54.9	Maeve Kyle		Belfast	21-Jul-64

400 Metres, Women

56.4	Maeve Kyle		London, England	13-Aug-60
56.3	Maeve Kyle	WAAA Championships	London, England	8-Jul-61
56.2	Maeve Kyle	Edinburgh Highland Games	Edinburgh, Scotland	19-Aug-61
54.9	Maeve Kyle	WAAA Championships	London, England	7-Jul-62
54.9	Maeve Kyle		Belfast	21-Jul-64
53.7	Claire Walsh	Invitational	Barcelona, Spain	10-Jun-71
53.24	Caroline O'Shea	Westlands Cup	Sittard, Netherlands	17-Jun-78
53.06	Patricia Walsh	Invitational	Dublin	3-Aug-87
52.81	Karen Shinkins	2nd League	Kaunas, Lithuania	6-Jun-98
52.13	Karen Shinkins	European Championships	Budapest, Romania	19-Aug-98
51.80	Karen Shinkins	Universiade	Palma de Mallorca, Spain	10-Jul-99
51.07	Karen Shinkins	Universiade	Palma de Mallorca, Spain	12-Jul-99
50.73	Joanne Cuddihy	World Championships	Osaka, Japan	27-Aug-07

*** Indicates mark made at the longer distance, 440y.

800m/880y, Women
880 Yards, Women (804.67m)

2:11.5	Maeve Kyle	International Floodlit Meeting	Ibrox Park, Glasgow, Scotland	3-Oct-62
2:11.1	Hazel Tennison	Clonliffe Invitational	Santry, Dublin	26-Jun-66
2:10.8	Anne O'Brien	Clonliffe Promotion	Santry, Dublin	9-Jul-68
2:10.2	Anne O'Brien	Clonliffe promotion	Santry, Dublin	23-Jul-68

800 Metres, Women

2:13.0	Maeve Kyle	European Championships	Beograd, Yugoslavia	15-Sep-62
2:11.5	Maeve Kyle	International Floodlit Meeting	Ibrox Park, Glasgow, Scotland	3-Oct-62
2:11.3	Maeve Kyle	Olympic Games	Tokyo, Japan	18-Oct-64
2:10.8	Anne O'Brien	Clonliffe Promotion	Santry, Dublin	9-Jul-68
2:10.1	Anne O'Brien	WAAA Championships	London, England	19-Jul-68
2:07.0	Claire Walsh	WAAA Championships	London, England	19-Jun-70
2:04.9	Claire Walsh	WAAA Championships	London, England	20-Jun-70
2:03.4	Claire Walsh	European Championships	Helsinki, Finland	11-Aug-71
2:02.98	Mary Tracey	WAAA Championships	London, England	8-Jul-72
2:02.9	Mary Tracey	Europa Cup	Lyngby, Denmark	30-Jun-73
2:02.8	Mary Tracey	European Championships	Roma, Italy	2-Sep-74
2:00.70	Caroline O'Shea	Cork City Sports	Mardyke, Cork	3-Jul-84
2:00.69	Sonia O'Sullivan	Goodwill Games	St.Petersburg, Russia	26-Jul-94
2:00.58	Rose-Anne Galligan	Sainsbury's	London, England	26-Jul-13

*** Indicates mark made at the longer distance, 880y.

1500m, Women

4:29.7	Anne O'Brien	WAAA Championships	London, England	20-Jul-68
4:25.6	Anne O'Brien	Clonliffe Promotion	Santry, Dublin	9-Aug-69
4:25.4	Deirdre Foreman	Dublin Championships	Santry, Dublin	3-Jun-72
4:18.4	Mary Tracey	Inter-Club Meeting	Santry, Dublin	28-Jun-72
4:16.43	Mary Tracey	Olympic Games	München, Germany	4-Sep-72
4:15.1	Mary Tracey-Purcell	European Championships	Roma, Italy	6-Sep-74
4:11.4	Mary Tracey-Purcell	Invitation Meeting	Gateshead, England	26-Jul-75
4:09.8	Mary Tracey-Purcell	Invitation Meeting	Dusseldorf, Germany	8-Jun-76
4:08.63	Mary Tracey-Purcell	Olympic Games	Montreal, Canada	28-Jul-76
4:06.69	Monica Joyce	Weltklasse	Zürich, Switzerland	18-Aug-82
4:05.81	Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	3-Aug-91
4:01.93	Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	11-Aug-92
4:01.23	Sonia O'Sullivan	Weltklasse	Zürich, Switzerland	19-Aug-92
3:59.60	Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	7-Aug-93
3:59.10	Sonia O'Sullivan	Nikaia	Nice, France	18-Jul-94
3:58.85	Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	25-Jul-95

3000m, Women

10.05.4	Anne O'Brien		Santry, Dublin	10-Sep-68
9:47.6	Anne O'Brien	WAAA Championships	Stretford, England	5-Jul-69
9:34.4	Anne O'Brien	WAAA Championships	London, England	20-Jun-70
9:33.6	Deirdre Nagle	WAAA Championships	London, England	19-Jul-74
9:24.4	Deirdre Nagle	Omega/Tissot	Santry, Dublin	28-May-75
9:08.00	Mary Tracey	WAAA Championships	London, England	18-Jul-75
9:07.98	Mary Tracey	WAAA Championships	London, England	21-Aug-76
8:58.4	Mary Tracey Purcell	Bislett Games	Oslo, Norway	3-Aug-78
8:56.82	Regina Joyce	Bislett Games	Oslo, Norway	7-Jul-82
8:53.24	Monica Joyce	Cork City Sports	Cork	13-Jul-82
8:49.51	Monica Joyce	San Diego TAC	San Diego, California	25-May-84
8:39.76	Sonia O'Sullivan	APM	Hengelo, Netherlands	28-Jun-92
8:37.92	Sonia O'Sullivan	ASV	Köln, Germany	16-Aug-92
8:33.40	Sonia O'Sullivan	APM	Hengelo, Netherlands	20-Jun-93
8:28.74	Sonia O'Sullivan	Bislett Games	Oslo, Norway	10-Jul-93
8:21.64	Sonia O'Sullivan	TSB Games	London, England	15-Jul-94

5000m, Women

15.35.60	Regina Joyce	Bislett Games	Oslo, Norway	26-Jun-82
15.27.5 mx	Monica Joyce		Los Angeles, California	22-May-83
15:26.9	Sonia O'Sullivan	Cork City Sports	Mardyke, Cork	7-Jul-90
14.59.11	Sonia O'Sullivan	ISTAF	Berlin, Germany	21-Aug-92
14.45.92	Sonia O'Sullivan	ISTAF	Berlin, Germany	27-Aug-93
14.41.40	Sonia O'Sullivan	ISTAF	Berlin, Germany	1-Sep-95
14.41.02	Sonia O'Sullivan	Olympic Games	Sydney, Australia	25-Sep-00

10000m, Women

38.06.4	WR	Anne O'Brien		Gormanston College	26-Mar-67
33:51.7		Fionnuala Morrish	WC-invitational	Sittard, Netherlands	15-Aug-80
33:04.23		Carey May	NCAA	Houston, Texas	1-Jun-83
32:35.7		Regina Joyce	Mt. SAC	Walnut, California	28-Apr-84
32:21.16		Monica Joyce	Mt. SAC	Walnut, California	22-Apr-89
32:14.74		Catherina McKiernan	APM	Hengelo, Netherlands	20-Jun-93
31:19.11		Catherina McKiernan	Europa Cup	Santry, Dublin	12-Jun-94
31:08.41		Catherina McKiernan		Villeneuve d'Ascq, France	17-Jun-95
30:53.37		Sonia O'Sullivan	Olympic Games	Sydney, Australia	30-Sep-00
30:47.59		Sonia O'Sullivan	European Championships	München, Germany	6-Aug-02

Marathon, Women

2.42.11		Carey May	Dublin City Marathon	Dublin	30-Oct-80
2.37.00		Carey May	Fiesta Bowl Marathon	Scottsdale, Arizona	5-Dec-81
2.32.56		Regina Joyce	Fiesta Bowl Marathon	Scottsdale, Arizona	4-Dec-82
2.29.23		Carey May	Osaka Marathon	Osaka, Japan	30-Jan-83
2.28.07		Carey May	Osaka Marathon	Osaka, Japan	27-Jan-85
2.23.44		Catherina McKiernan	Berlin Marathon	Berlin, Germany	28-Sep-97
2.22.23		Catherina McKiernan	Amsterdam Marathon	Amsterdam, Netherlands	1-Nov-98

3000m S'Chase, Women

10:42.36		Roisin McGettigan	Raleigh Relays	Raleigh, North Carolina	31-Mar-01
10:24.35		Roisin McGettigan	Big East	New Brunswick, New Jersey	5-May-01
10:20.99		Roisin McGettigan	Albany Invitational	Albany, New York	11-May-01
10:08.73		Roisin McGettigan	ECAC	Princeton, New Jersey	18-May-02
10:08.24		Roisin McGettigan	NCAA	Baton Rouge, Louisiana	1-Jun-02
9:58.26		Roisin McGettigan	Big East	Storrs, Connecticut	4-May-03
9:50.12		Roisin McGettigan	NCAA	Sacramento, California	13-Jun-03
9:45.60		Roisin McGettigan	KBC	Heusden, Belgium	31-Jul-04
9:32.04		Roisin McGettigan	KBC	Heusden, Belgium	22-Jul-06
9:28.29		Roisin McGettigan	KBC-Nacht	Heusden, Belgium	28-Jul-07

100m Hurdles, Women

15.1	nwi	Maeve Kyle	National Championships	Santry, Dublin	20-Jul-69
15.1	0.0	Margaret Murphy	European Championships	Helsinki, Finland	12-Aug-71
14.22	nwi	Bridget Rutledge	WAAA Championships	London, England	20-Jul-74
14.22	nwi	Mary Appleby-Barnwell	Omega League	Belfield, Dublin	31-Aug-80
14.03	nwi	Maria Hetherington	Tissot Trophy	Santry, Dublin	22-Aug-82
13.90	nwi	Maria Hetherington	Edinburgh Highland Games	Edinburgh, Scotland	28-Aug-82
13.90	nwi	Olive Burke	Cork City Sports	Cork	3-Jul-84
13.74	nwi	Olive Burke	National League Finals	Santry, Dublin	16-Aug-87
13.58	-1.3	Susan Smith	Second League, Group A	Kaunas, Lithuania	7-Jun-98
13.31	-1.7	Susan Smith	National Championships	Santry, Dublin	26-Jun-98
13.12	1.2	Susan Smith	National League Finals	Tullamore	9-Aug-98
12.96	1.0	Derval O'Rourke	Euro U23 Championships	Bydgoszcz, Hungary	20-Jul-03
12.92	0.7	Derval O'Rourke	Athletissima	Lausanne, Switzerland	11-Jul-06
12.85	0.6	Derval O'Rourke	GE Money	Helsinki, Finland	26-Jul-06
12.72	0.5	Derval O'Rourke	European Championships	Göteborg, Sweden	11-Aug-06
12.67	0.2	Derval O'Rourke	World Championships	Berlin, Germany	19-Aug-09
12.65	-0.5	Derval O'Rourke	European Championships	Barcelona, Spain	31-Jul-10

400 Hurdles, Women

60.24	Mary Appleby	Europa Cup	Belfield, Dublin	17-Jul-77
59.5	Mary Appleby	Ryan/Vandendries	Belfield, Dublin	27-May-78
57.46	Mary Appleby	WAAA Championships	Crystal Palace	19-Aug-78
57.36	Mary Appleby	European Championships	Praha, Czech Republic	2-Sep-78
57.06	Mary Appleby	World Championship	Sittard, Netherlands	15-Aug-80
56.51	Mary Appleby	World Championship	Sittard, Netherlands	16-Aug-80
56.49	Susan Smith	Weetabix International	Stellenbosch, South Africa	16-Feb-96
56.14	Susan Smith	Westathletic	Santry, Dublin	9-Jun-96
56.01	Susan Smith	National Championships	Santry, Dublin	16-Jun-96
55.46	Susan Smith	EAA Permit Meet	Padova, Italy	7-Jul-96
55.08	Susan Smith	Pre-Olympic	Durham, North Carolina	13-Jul-96
54.93	Susan Smith	Olympic Games	Atlanta, Georgia	29-Jul-96
54.61	Susan Smith	World Championships	Athína, Greece	9-Aug-97
54.31	Susan Smith	Weltklasse	Zurich, Switzerland	12-Aug-98

High Jump, Women

5'0½"	1.533	Maeve Kyle	Open Pentathlon	Battersea Park, London, England	24-Jul-60
5'2¼"	1.581	Marjorie Adams	Invitation Meet	Santry, Dublin	28-Jul-70
5'2¼"	1.581	Marjorie Adams	BLE v Combined Univ.	College Park, Dublin	19-May-71
5'2½"	1.587	Marjorie Adams	National Championships	Santry, Dublin	11-Jul-71
5'2¼"	1.597	Yvonne O'Brien	South Munster Schools	Mardyke, Cork	12-May-73
1.61		Yvonne O'Brien	Europa Cup	Lyngby, Denmark	30-Jun-73
1.64		Yvonne O'Brien	Europa Cup	Lyngby, Denmark	30-Jun-73
1.65		Marjorie Adams	Portugal v Ireland	Lisboa, Portugal	10-Aug-74
1.67		Carmel Scallan	National Championships	Belfield, Dublin	27-Jul-75
1.74		Audrey Long	WAAA Intermediate C'ships	London, England	21-Aug-76
1.74		Anne Nevin	National Junior C'ships	Limerick	16-Jul-78
1.75		Audrey Long	Tissot Trophy	Belfield, Dublin	10-Jun-79
1.79		Bridget Corrigan	Schools International	Grangemouth, Scotland	16-Jul-79
1.80		Bridget Corrigan	AAA Championships	London, England	27-Jul-79
1.84		Bridget Corrigan	Inv. British Inter-Co's	Birmingham, England	26-May-80
1.85		Sharon Foley	BLE Games	Tullamore	16-May-93
1.85		Sharon Foley	WestAthletic	Sittard, Netherlands	6-Jun-93
1.85		Sharon Foley	Europa Cup, Group 3	Rotterdam, Netherlands	13-Jun-93
1.88		Sharon Foley	Europa Cup, Group 3	Rotterdam, Netherlands	13-Jun-93
1.89		Laura Sharpe	NACAI Championships	Santry, Dublin	3-Jul-94
1.89		Deirdre Ryan	Europa Cup-1	Praha, Czech Republic	18-Jun-06
1.92		Deirdre Ryan	WAAA Championships	Manchester, England	15-Jul-06
1.92		Deirdre Ryan	European Championships	Göteborg, Sweden	6-Aug-06
1.93		Deirdre Ryan	Hochsprung Meeting	Bühl, Germany	29-Jul-11
1.95		Deirdre Ryan	World Championships	Daegu, South Korea	1-Sep-11

Pole Vault, Women

2.80		Margaret O'Halloran	NI U23s v SCO Univ v IRL Univ	Antrim Forum	27-Jun-98
2.80		Danielle McCarthy	AAA Championships	Sheffield, England	16-Aug-98
3.72		Bridget Pearson	Southern Section Championships	Long Beach, California	15-May-99
3.77		Erin Kinnear	Ulster Championships	Antrim	24-May-03
3.93		Erin Kinnear	USA Invitation	Mobile, Alabama	24-Apr-04
3.95		Zoe Brown	Loughborough International Meeting	Loughborough, England	18-May-08
4.00		Zoe Brown	NI Championships	Antrim	13-Jun-09
4.15		Tori Pena	US Championships	Des Moines, Iowa	27-Jun-10
4.15		Tori Pena	National Championships	Santry, Dublin	10-Jul-10
4.15		Tori Pena	European Championships	Barcelona, Spain	28-Jul-10
4.15		Tori Pena	Triton Inv.	La Jolla, California	23-Apr-11
4.30		Tori Pena	Chula Vista Invitational	Chula Vista, California	12-May-11
4.34		Tori Pena	OTC Thursday Invitational	Chula Vista, California	9-Jun-11
4.40		Tori Pena	Stabhochsprung	Frauenkappelen, Switzerland	1-Aug-11
4.50		Tori Pena	Classic	Norwalk, California	3-Mar-12
4.52		Tori Pena	Triton Inv.	La Jolla, California	28-Apr-12
4.60		Tori Pena	OTC Pre-World Meeting	Chula Vista, California	6-Jun-13

Long Jump, Women

17'6¼"	5.340	Maeve Kyle		Den Haag, Netherlands	26-Jul-61
18'3"	5.562	Maeve Kyle	Women's AAA	White City, London, England	3-Jul-66
19'10½"	6.057	Margaret Murphy	Open Sports	Banteer	27-Jun-71
6.06		Mary Coogan	East. Region C'ships	Tullamore	12-Jun-83
6.17	1.0	Mary Coogan	East. Region C'ships	Tullamore	12-Jun-83
6.27		Terri Horgan	National Championships	Santry, Dublin	23-Jul-88
6.39		Terri Horgan	Europa Cup	Santry, Dublin	6-Aug-89
6.48		Terri Horgan	WestAthletic	Bruxelles, Belgium	14-Jun-92
6.51	1.8	Kelly Proper	Amsterdam Open	Amsterdam, Netherlands	2-Aug-08
6.51	0.7	Kelly Proper	National League	Tullamore	8-Aug-09
6.60	1.0	Kelly Proper	Bruxelles Grand Prix	Bruxelles, Belgium	8-Aug-10

Triple Jump, Women

11.09		Marie O'Meara	Munster Championships	RTC Waterford	3-Jun-90
11.50		Marie O'Meara	National Junior Championships	RTC Cork	30-Jun-91
11.70		Michelle Rea	National Championships	Santry, Dublin	14-Jul-91
12.21		Siobhan Hoey	National League	Limerick	18-Jul-94
12.38		Siobhan Hoey	5 Nations International	Tallinn, Estonia	19-Jun-98
12.60	0.8	Taneisha Robinson-Scanlon	Europa Cup	Riga, Latvia	22-Jun-01
12.80	-0.6	Taneisha Robinson-Scanlon	Europa Cup	Tallinn, Estonia	22-Jun-02
12.81	1.8	Taneisha Robinson-Scanlon	Bedford Games	Bedford, England	17-Aug-02
13.23	1.6	Taneisha Robinson-Scanlon	Loughborough	Loughborough, England	8-Jun-03
13.39	1.7	Taneisha Robinson-Scanlon	Bedford Games	Bedford	29-May-05
13.62	0.9	Taneisha Robinson-Scanlon	Cena Slov	Bratislava, Slovakia	7-Jun-05

Shot, Women

32'2"	9.804	Margaret Corry	Crusaders v Short & Harland	Santry, Dublin	7-Sep-63
37'7¼"	11.460	Rosemary Murphy			30-Jun-65
39'6" ½	12.052	Freddie Cooney	National Championships	Mardyke, Cork	29-Jul-73
40'5"	12.319	Gay Porter-Hogan	National League	Iveagh Grds., Dublin	14-May-74
41'8 ½"	12.712	Gay Porter-Hogan	George V Ryan	Santry, Dublin	26-May-74
42'5½"	12.940	Gay Porter-Hogan	National League semi-final	Santry, Dublin	2-Jun-74
42'6¼"	12.970	Gay Porter-Hogan	Dublin Championships	Belfield, Dublin	30-Jun-74
42'7"	12.980	Freddie Cooney	Pentathlon Championship	Belfield, Dublin	13-Jul-74
44'0½"	13.423	Gay Porter-Hogan	Open Meet	Claremorris	11-May-75
45'3"	13.792	Gay Porter-Hogan	Ryan/Vandendries	Santry, Dublin	25-May-75
46'5"	14.150	Gay Porter-Hogan	Europa Cup	Osijek, Croatia	15-Jun-75
14.52		Marita Walton	Europa Cup	Belfield, Dublin	18-Jul-77
14.70		Marita Walton	Eastern Regional C'ships	Belfield, Dublin	20-Aug-78
15.71		Marita Walton	Maryland Open	College Park, MD	20-Apr-80
15.96		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	26-Apr-80
15.98		Marita Walton	AIAW	Eugene, Oregon	24-May-80
52'6¼"	16.021	Marita Walton	Invitational	College Park, Maryland	19-Apr-81
16.46		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	25-Apr-81
16.56		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	24-Apr-82
16.99		Marita Walton	King Games	Stanford, California	2-Apr-83

Discus, Women

85'2"	25.960	Maeve Kyle	Pentathlon	Stoke, England	13-Sep-58
109'1¼"	33.260	Rosemary Reilly	AAU Championships	Santry, Dublin	23-Jun-65
122'7¼"	37.382	Rosemary Murphy	National Championships	Tipperary	17-Sep-67
124'8½"	38.010	Rosemary Murphy		Dublin	27-Sep-67
125'0½"	38.112	Maria Dunne	National Championships	Mardyke, Cork	29-Jul-73
129'8"	39.522	Gay Porter-Hogan	National League	Iveagh Grds., Dublin	14-May-74
131'4"	40.030	Gay Porter-Hogan	Guinness Sports	Iveagh Grds., Dublin	22-Jun-74
135'10"	41.402	Gay Porter-Hogan	Civil Service Sports	College Park, Dublin	23-Jun-74
141'11"	43.256	Gay Porter-Hogan	Graded meeting	Belfield, Dublin	26-Jun-74
142'1½"	43.319	Gay Porter-Hogan	WAAA Championships	London, England	19-Jul-75
143'10"	43.840	Marita Walton	Leinster Schools	Belfield, Dublin	00 Abc 00
147'10¼"	45.080	Marita Walton	Europa Cup	Santry, Dublin	17-Jul-77
152'0"	46.329	Patricia Walsh	National Championships	Santry, Dublin	30-Jul-77
157'2½"	47.920	Patricia Walsh	Westlands Cup	Sittard, Netherlands	17-Jun-78
157'7"	48.031	Patricia Walsh	Schools Championships	Belfield, Dublin	10-Jun-78
158'4"	48.260	Patricia Walsh	National Championships	Belfield, Dublin	22-Jul-78
170'4"	51.920	Patricia Walsh	Donore H. - Calor K	Belfield, Dublin	10-Jul-79
53.76		Patricia Walsh	Invitational	Belfield, Dublin	25-Apr-80
54.36		Patricia Walsh	Leevale-Brooks	Mardyke, Cork	16-May-80
54.36		Patricia Walsh	Vandendries Trophy	Belfield, Dublin	1-Jun-80
54.65		Patricia Walsh	Dual Meet	Stanford, California	24-Mar-82
55.72		Patricia Walsh	Penn Relays	Philadelphia, Pennsylvania	24-Apr-82
56.30		Patricia Walsh	Triangular	Knoxville, Tennessee	1-May-82
57.06		Patricia Walsh	Tom Black Classic	Knoxville, Tennessee	21-May-82
57.60		Patricia Walsh	National Championships	Santry, Dublin	7-Jul-84

Hammer, Women

34.86	Una Cosgrave	National Championships	Tullamore	25-Jul-87
39.78	Breda Wall	National Championships	Santry, Dublin	23-Jul-88
42.40	Elaine Hayes	National Championships	Tullamore	14-Jul-90
44.90	Lorraine Shaw	National Championships	Santry, Dublin	11-Jul-92
45.32	Olivia Kelleher	Inter-Varsity	Belfast	20-Apr-96
47.10	Olivia Kelleher	RyanVandendries	Santry, Dublin	11-May-96
52.16	Olivia Kelleher	Westathletic	Santry, Dublin	9-Jun-96
56.22	Olivia Kelleher	Graded Meeting	Santry, Dublin	30-Jul-97
56.34	Olivia Kelleher		Manchester, England	18-Apr-99
57.53	Olivia Kelleher		Belfast	24-Apr-99
58.48	Nicola Coffey	Big East	New Brunswick, New Jersey	6-May-01
60.28	Eileen O'Keefe	E Cup 2	Talinn, Estonia	22-Jun-02
61.10	Eileen O'Keefe	Dublin International	Santry, Dublin	19-Jul-02
61.46	Eileen O'Keefe	E Cup 1	Lappeenranta, Finland	22-Jun-03
63.25	Eileen O'Keefe		Santry, Dublin	3-Aug-03
64.66	Eileen O'Keefe	Mazda League Finals	Tullamore	15-Aug-04
67.03	Eileen O'Keefe		Santry, Dublin	5-Jun-05
68.14	Eileen O'Keefe	National Championships	Santry, Dublin	23-Jul-05
69.36	Eileen O'Keefe	Dublin International	Santry, Dublin	30-Jul-05
69.36	Eileen O'Keefe	Dublin International	Santry, Dublin	30-Jul-05
69.44	Eileen O'Keefe	E Cup 1	Vaasa, Finland	24-Jun-07
73.21	Eileen O'Keefe	National Championships	Santry, Dublin	21-Jul-07

Javelin, Women

83'0"	25.298	Maeve Kyle	Pentathlon	Santry, Dublin	7-Aug-65
87'7"	26.695	Rosemary Murphy	Clonliffe Harriers Int Meeting	Santry, Dublin	26-Jun-66
93'2½"	28.410	Rosemary Murphy	National Championships	Santry, Dublin	27-Jul-68
97'2¼"	29.640	Rosemary Murphy		Belfast	
107'2½"	32.677	Margaret Pasquetti	National Championships	Banteer	23-Jul-72
116'10"		Gay Hogan	National League Final	Belfield, Dublin	9-Jul-74
125'11¼"		Sandra O'Toole		Lisboa, Portugal	18-Apr-73
41.32		Sandra O'Toole		Shrewsbury, England	13-Jul-74
41.76		Linda Kennedy	National Championships	Belfield, Dublin	23-Jul-78
43.36		Margaret Crosse	Louis Vandendries	Belfield, Dublin	27-May-79
43.92		Margaret Crosse	Louis Vandendries	Belfield, Dublin	9-May-82
44.00		Dara Shakespeare	Louis Vandendries	Belfield, Dublin	9-May-82
45.04		Brenda Walsh	Louis Vandendries	Belfield, Dublin	9-May-82
47.52		Brenda Walsh	Yoplait International	Antrim	12-Jun-82
49.96		Dara Shakespeare	TCD v QUB v Edinburgh Univ	Mary Peters, Belfast	20-Apr-85
48.10		Dara Shakespeare	Universities Championships	Mardyke, Cork	4-May-85
50.42		Mary T.Real	Munster Championships	Waterford	20-Jun-92
50.64		Dara Shakespeare	National Championships	Santry, Dublin	24-Jul-94

New Specification from 1st April 1999

47.72	Alison Moffit		Belfast	21-Aug-99
50.10	Jennifer O'Sullivan	Mazda, Div.1., Pool 2	Navan	18-Jul-04
54.92	Anita Fitzgibbon	National Championships	Santry, Dublin	27-Jul-13

5,000m Walk, Women

26.03.0	Marie Walsh	National Championships		
25.42.60	Perri Williams	National Championships	Cork IT	4-Jul-88
24.08.0	Marie Walsh		Tullamore	00-May-89
23.05.1	Lisa Sheridan	National Championships	Belfield, Dublin	24-Jul-93
22.27.61	Lisa Sheridan	NSW Championships	Sydney, Australia	14-Feb-95
22.00.05	Deirdre Gallagher	National Championships	Santry, Dublin	16-Jun-96
21.35.62	Deirdre Gallagher	National U23 Championships	Tullamore	23-Jun-96
21.18.96	Gillian O'Sullivan	Castleisland Open	Castleisland, Kerry	11-Jun-00
20.50.13	Gillian O'Sullivan	National Championships	Santry, Dublin	11-Jul-01
20.02.60	WR Gillian O'Sullivan	National Championships	Santry, Dublin	14-Jul-02

10km Walk, Women

47.44	Marie Walshe	Softeland GP	Bergen, Norway	00-May-90
47.22	Perri Williams	Kilkenny Festival	Kilkenny	20-Jun-92
46.31	Lisa Sheridan	World Championships	Stuttgart, Germany	14-Aug-93
46.24	Lisa Sheridan	AUS National Championships	Melbourne, Australia	22-Feb-95
45.12	Deirdre Gallagher	European Grand Prix	Douglas, Isle of Man	24-Feb-96
43.29	Gillian O'Sullivan	Dublin GP of Race Walking	Phoenix Park, Dublin	15-Jul-00
43.22	Olive Loughnane	IAAF Challenge Final	Saransk, Russia	19-Sep-09

20km Walk, Women

1.40.13	Lisa Sheridan	AUS National Championships	Melbourne, Australia	13-Dec-98
1.36.44	Gillian O'Sullivan	UK Championships	Leamington, England	21-Mar-99
1.33.08	Gillian O'Sullivan	European Grand Prix	Douglas, Isle of Man	19-Feb-00
1.31.31	Gillian O'Sullivan	European Cup	Eisenhüttenstadt, Germany	17-Jun-00
1.31.13	Gillian O'Sullivan	European Cup	Dudince, Slovakia	19-May-01
1.29.57	Gillian O'Sullivan	EAA Permit	Douglas, Isle of Man	17-Feb-02
1.29.53	Gillian O'Sullivan	Commonwealth Trials	Manchester, England	21-Apr-02
1.29.12	Gillian O'Sullivan	Dublin GP of Race Walking	Phoenix Park, Dublin	15-Jun-02
1.28.46	Gillian O'Sullivan	European Championships	Munich, Germany	7-Aug-02
1.27.22	Gillian O'Sullivan	IAAF Challenge	Sesto San Giovanni, Italy	1-May-03

Heptathlon, Women

4,789	Joy Murphy	Open Combined Events	Tullamore	30/31-May-81
4,974	Joy Murphy	National Championships	Tullamore	29/30-Aug-81
4,962	15.68, 1.57, 10.01, 15.68, xxxx, xxxx, xxxx Brid Hallissey	National Championships	Belfield, Dublin	04/05-Jul-86
5,033	Day 1: 3024 pts; Day 2: 1938 pts Brid Hallissey	National Championships	Tullamore	00.00.90
5,110	14.54, 1.64, 10.74, 26.3, 5.42, 34.18, 2:22.9 Brid Hallissey	IRL v BEL v NED	Sittard, Netherlands	21/22-Jul-90
5,139	14.57, 1.65, 11.06, 26.9, 5.48, 33.20, 2:19.7 Brid Hallissey	Home Countries International	Waterford	15/16-Sep-90
5,217	14.62, 1.66, 10.83, 25.9, 5.46, 33.12, 2:19.80 Brid Hallissey	Home Countries International	Waterford	15/16-Jun-91
5,236	14.74, 1.66, 11.30, 25.90, 5.54, 37.02, 2:20.90 Brid Hallissey	European Cup Combined Events	Hasselt, Belgium	10/11-Jul-93
5,394	14.59, 1.66, 11.52, 26.07, 5.45, 34.58, 2:17.09 Sharon Foley	Home Countries International	London, England	23/24-Aug-97
5,399	14.72, 1.78, 10.94, 25.68, 5.81, 33.42, 2:20.86 Mairead Murphy	Big 12	inhattan, Kansas	11/12-May-12

5,442	13.88, 1.63, 11.31, 24.61, 5.66, 31.59, 2:18.8 Kelly Proper	Multistars	Firenze, Italy	2/3-May-13
	14.80(0.0), 1.66, 10.40, 24.10(-1.0), 6.31(+1.2), 34.11, 2:26.28)			

4x100m Relay, Women

47.4	National Team Ann Jeffords, Mary Doyle, Ruth Algar, Mary Appleby	Europa Cup	Osijek, Croatia	14-Jun-75
47.43	National Team Ruth Alger, K. Donnelly, Mary Doyle, K Jeffords	Europa Cup	Belfield, Dublin	17-Jul-77
46.71	National Team Nora O'Grady, Patricia Amond, Mary Doyle, Michelle Walsh	Europa Cup	Sittard, Netherlands	1-Jul-79
46.12	National Team Aideen Morrison, Mary Parr, Patricia Mullins, Olive Burke	Europa Cup	Santry, Dublin	20-Aug-83
45.60	National Team Karen Shinkins, Nicola Moore, Marissa Smith, Terri Horgan	Europa Cup	Santry, Dublin	11-Jun-94
44.92	National Team Emily Maher, Sarah Reilly, Derval O'Rourke, Ciara Sheehy	Europa Cup	Riga, Latvia	23-Jun-01
44.68	National Team Derval O'Rourke, Anna Boyle, Ailis McSweeney, Ciara Sheehy	Europa Cup	Leiria, Portugal	18-Jun-05
44.40	National Team Emily Maher, Anna Boyle, Ailis McSweeney, Ciara Sheehy	Europa Cup	Prague, Czech Republic	17-Jun-06
43.93	National Team Amy Foster, Niamh Whelan, Claire Brady, Ailis McSweeney	European Championships	Barcelona, Spain	31-Jul-10
43.84	National Team Amy Foster, Kelly Proper, Sarah Lavin, Phil Healy	European Championships	Zurich, Switzerland	16-Aug-14

4x400m Relay, Women

3.37.4	National Team Padraigin O'Dwyer, Claire Walsh, Mary Tracey, Aideen Morrison	Europa Cup	Lyngby, Denmark	30-Jun-73
3.34.90	National Team Patricia Walsh, Caroline O'Shea, Carmel Carey, Gay Flanagan	Europa Cup	Santry, Dublin	21-Aug-83
3.32.56	National Team Michele Carroll, Barbara Johnson, Patricia Walsh, Patricia Amond	World Championships	Rome, Italy	5-Sep-87
3.32.24	National Team Karen Shinkins, Martina McCarthy, Ciara Sheehy, Emily Maher	Olympic Games	Sydney, Australia	29-Sep-00
3.31.51	National Team Michelle Carey, Elaine McCaffrey, Ciara Sheehy, Joanne Cuddihy	Europa Cup	Prague, Czech Republic	18-Jun-06
3.30.11	National Team Marian Andrews, Joanne Cuddihy, Brona Furlong, Michelle Carey	European Championships	Barcelona, Spain	31-Jul-10
3.27.48	National Team Marian Heffernan, Joanne Cuddihy, Claire Bergin, Michelle Carey	World Championships	Daegu, South Korea	2-Sep-11

