

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Brian	Mc Neill	1ZER01
Alban	Caffiaux	1ZER01
Padraig	Roe	1ZER01
Patricia	Cunningham	1ZER01
Peter	Geraghty	1ZER01
Tara	Malone	1ZER01
Barry	Waldron	3 Ways A.C.
Vincent	Dolan	Abbey Striders A.C.
Clive	Glancy	Abbey Striders A.C.
Cyril	Victor	Achill A.C.
Orlagh	Brownlow	Acorn A.C.
Kevin	Darragh	Acorn A.C.
Sarah	Hughes	Acorn A.C.
Francis	Mc Daid	Acorn A.C.
Saffron	Earls	Adamstown A.C. (Wexford)
Therese	Ryan	Aghada RC
Tanya	Nolan - Owers	Aghada RC
Neil	Mercer	Albertville Harriers
Nadine	Mercer	Albertville Harriers
Colum	Gaile	Albertville Harriers
Patricia	Wade	An Bru A.C
Sinead	Barry	An Bru A.C
Noel	O Neill	An Bru A.C
John G	O Connell	An Bru A.C
Triona	Ryan	An Bru A.C
Paul	Mc Carthy	An Bru A.C
Cyril	Power	An Bru A.C
Trevor	Leen	An Riocht A.C.
William	Guiney	An Riocht A.C.
Ciaran	Mc Kendry	Annadale Striders
David	Woods	Annadale Striders
Claire	Gannon	Annalee A.C.
Fiona	Breathnach	Annalee A.C.
Ronan	Smith	Annalee A.C.
Tracey	Mc Carron	Ardee & District A.C.
Ronan	O Sullivan	Ardee & District A.C.
Bernie	Balfe	Ardee & District A.C.
Natalie	Hall	Armagh A.C.
Dermot	Martin	Armagh A.C.
Elaine	Martin	Armagh A.C.
Steven	Burns	Armagh A.C.
Martin	O Neill	Armagh A.C.
Darren	Costello	Armagh A.C.
Lisa	Mc Conaghy	Armagh A.C.
Kathleen	Diver	Armagh A.C.
Ivan	Stringer	Armagh A.C.
Deborah	Kilpatrick	Armagh A.C.
Michael	Fox	Armagh A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Rachel	Smylie	Armagh A.C.
Sharon	Ewart	Armagh A.C.
Barry	Creaney	Armagh A.C.
Matthew	Bowes	Armagh A.C.
Paul	Higgins	Armagh A.C.
Paul	Finnegan	Armagh A.C.
Noreen	Fegan	Armagh A.C.
Fearghal	Nugent	Armagh A.C.
James	Brannigan	Armagh A.C.
Julie	Flood	Armagh A.C.
Emma	Mc Kenna	Armagh A.C.
Fiona	Kearney	Armagh A.C.
Mario	Donnelly	Armagh A.C.
Clare	Mc Gee	Armagh A.C.
Tracey	Mc Ardle	Armagh A.C.
Anthony	O Toole	Ashford A.C.
Mark	Redmond	Ashford A.C.
Diarmuid	Canning	Ashford A.C.
Kevin	Hill	Ashford A.C.
Paul	Whelan	Ashford A.C.
David	O Sullivan	Athenry A.C.
Patrick	Forde	Athenry A.C.
Brian	Somers	Athenry A.C.
Martin	Mc Grath	Athenry A.C.
Kieran	Staunton	Athenry A.C.
Martin	O Hara	Athenry A.C.
Alan	Mc Carthy	Athenry A.C.
Kieran	Walsh	Athenry A.C.
Peadar	Nugent	Athenry A.C.
Maire T	Beatty	Athenry A.C.
Aidan	Madden	Athenry A.C.
Cormac	Mc Carthy	Athenry A.C.
David	Meehan	Athenry A.C.
Kieran	Guiry	Athenry A.C.
Michael	Rice	Athenry A.C.
John	O Connor	Athenry A.C.
Peter	Lowney	Athenry A.C.
Jim	Leahy	Athenry A.C.
Frances	Leahy	Athenry A.C.
Ray	Treacy	Athenry A.C.
Maeve	Noone	Athenry A.C.
Brendan	Galvin	Athenry A.C.
Frank	Burke	Athenry A.C.
Fiona	Doughan	Athenry A.C.
Valerie	Glavin	Athenry A.C.
Kenneth	O Hara	Athenry A.C.
Pat	Kelly	Athenry A.C.
Michael	Flanagan	Athlone IT A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Pamela	Steele	Aughrim A.C.
David	Moran	B.M.O.H. A.C. (Clare)
Paul	Kearney	B.M.O.H. A.C. (Clare)
Derek	Vaughan	B.M.O.H. A.C. (Clare)
Darren	Hand	Bailieboro A.C.
Ronan	Hartnett	Balbriggan & District A.C
Uirlandes	Galvao	Balbriggan & District A.C
Orna	Brennan	Balbriggan & District A.C
Thomas	Levins	Balbriggan & District A.C
Fearghal	Clarke	Balbriggan & District A.C
Liam	Doyle	Balbriggan & District A.C
Warren	Donnelly	Balbriggan & District A.C
Gillian	Murtagh	Balbriggan & District A.C
Balazs	Kelemen	Balbriggan & District A.C
Paul	Bissett	Balbriggan & District A.C
Emma	Farren	Balbriggan & District A.C
Tony	Cluskey	Balbriggan & District A.C
Emma	Hrebicek	Balbriggan & District A.C
Caoimhe	Ní Dhuibhinn	Balbriggan & District A.C
Gemma	Harper	Balbriggan & District A.C
Erika	Dunphy	Balbriggan & District A.C
Yvonne	Bruce	Ballina A.C.
James	Wright	Ballina A.C.
Alan	Murphy	Ballina A.C.
Tom	Horkan	Ballina A.C.
Ray	Mc Namara	Ballina A.C.
Fiona	Kelly	Ballina A.C.
Vicky	Costello	Ballinasloe & District
Louise	O Sullivan Sheehan	Ballincollig A.C.
Paul	O Connell	Ballintotis Fit4Life
Paul	Ward	Ballintotis Fit4Life
Shane	Carroll	Ballintotis Fit4Life
Ashling	Cody	Ballintotis Fit4Life
Amanda	Daly	Ballycastle Runners
Norman	Mawhinney	Ballydrain Harriers
Noel	Mc Donough	Ballydrain Harriers
Paul	Edgar	Ballydrain Harriers
Linnora	Phillips	Ballydrain Harriers
Alice	Carson	Ballydrain Harriers
Kitty	Tuohy	Ballydrain Harriers
Catherine	Miskelly	Ballydrain Harriers
Amanda	Perry	Ballydrain Harriers
Tony	Cox	Ballyfin A.C.
Brigid	Quinn	Ballymena Runners A.C.
Michael	Steele	Ballymena Runners A.C.
John	Robinson	Ballymena Runners A.C.
Claire	Martin	Ballymena Runners A.C.
Fergal	Quinlan	Ballymore Cobh A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Shane	Meyler	Ballymore Cobh A.C.
Deirdre	Meyler	Ballymore Cobh A.C.
Jen	Meade	Ballymore Cobh A.C.
Margaret	O'Connell	Ballymore Cobh A.C.
David	Shelley	Ballynonty A.C.
Kevin	Shelly	Ballynonty A.C.
Timothy	Churchouse	Ballyroan, Abbeyleix & District
Ann	Churchouse	Ballyroan, Abbeyleix & District
Una	Murphy Plant	Banbridge RC
Kathryn	Shovlin	Bantry A.C.
Mark	Gallagher	Beara A.C.
Avryl	O'Sullivan Green	Beara A.C.
Ciaran	O'Sullivan	Beara A.C.
Niall	Farquharson	Beechmount Harriers A.C.
Stuart	Kennedy	Beechmount Harriers A.C.
Robbie	Mc Cormick	Beechmount Harriers A.C.
Daniel	Jack	Beechmount Harriers A.C.
Gruber	Laurent	Beechmount Harriers A.C.
Eileen	Jack	Beechmount Harriers A.C.
Michael	Magee	Beechmount Harriers A.C.
Gerrie	Short	Beechmount Harriers A.C.
Niall	Porter	Beechmount Harriers A.C.
Aine	Hughes	Beechmount Harriers A.C.
Fiona	Sutherland	Belfast Running Club
Nora	Gilbody	Belfast Running Club
Philip	Cooper	Belfast Running Club
Elaine	Masterson	Birr A.C.
Andy	Masterson	Birr A.C.
Sandra	Brady	Birr A.C.
Alice	Burke	Birr A.C.
Mary	Murphy	Birr A.C.
Lorraine	Keegan	Birr A.C.
Margaret	Dooley	Birr A.C.
Caroline	Sheils	Birr A.C.
Róisín	Mc Guire	Birr A.C.
Dave	Heather	Birr A.C.
Declan	Milne	Birr A.C.
Brian	Dooley	Birr A.C.
Pat	Mellsop	Birr A.C.
Kathleen	Delaney	Birr A.C.
Nicky	Dunne	Birr A.C.
Donal	Mannion	Birr A.C.
Patrick	Parson	Birr A.C.
Geraldine	Fox	Birr A.C.
Philip	Guilfoyle	Birr A.C.
Áine	Liston	Blackrock A.C. (Dublin)
Mark	Cafferkey	Blackrock A.C. (Dublin)
Richard	Cooke	Blackrock A.C. (Dublin)

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Forde	Patricia	Blackrock A.C. (Dublin)
Eva	Fairmaner	Blackrock A.C. (Dublin)
Breda	O Keefe	Blackrock A.C. (Dublin)
Tara	Cooke	Blackrock A.C. (Dublin)
Dermot	Hughes	Blackrock A.C. (Dublin)
Dervla	Batt	Blackrock A.C. (Dublin)
Deirdre	O Mahony	Blackrock A.C. (Dublin)
Rob	Asher	Blackrock A.C. (Dublin)
Gerry	Flaherty	Blackrock A.C. (Dublin)
Anna	Smith	Blackrock A.C. (Dublin)
Jennifer	Lee	Blackrock A.C. (Dublin)
Mary	Mason	Blackrock A.C. (Dublin)
Barry	Thornton	Blackrock A.C. (Dublin)
Mary	Kennedy	Blackrock A.C. (Dublin)
Ger	O Toole	Blackrock A.C. (Dublin)
Michelle	Langan	Blackrock A.C. (Dublin)
Rob	Carey	Blackrock A.C. (Dublin)
Paddy	Mc Cormack	Blackrock A.C. (Dublin)
Niamh	Bolger	Blackrock A.C. (Dublin)
Tommy	Gavin	Blackrock A.C. (Dublin)
Patrick Killian	Mc Morrow	Blackrock A.C. (Dublin)
Kathrin	Riordan	Blackrock A.C. (Dublin)
Charlene	Carty	Blackrock A.C. (Dublin)
Celine	Bennett	Blackrock A.C. (Dublin)
Seamus	Mac Giolla Phádraig	Blackrock A.C. (Dublin)
Rachel	Kiely	Blackrock A.C. (Dublin)
Hugh	Hunt	Blackrock A.C. (Dublin)
Ann	Mc Veigh	Blackrock A.C.(Louth)
Alanna	Mc Veigh	Blackrock A.C.(Louth)
Martin	Lynch	Blackrock A.C.(Louth)
Jean	Lynch	Blackrock A.C.(Louth)
Thomas	Houston	Blackrock A.C.(Louth)
Robbie	Carr	Blackrock A.C.(Louth)
Maggie	O Neill	Blackrock A.C.(Louth)
Jolene	Mellon	Blackrock A.C.(Louth)
Dominik	Pajak	Blackrock A.C.(Louth)
James	Waddock	Blackrock A.C.(Louth)
John	Carpenter	Blackrock A.C.(Louth)
Fergal	Myles	Blackrock A.C.(Louth)
Ronnie	Maxwell	Blackrock A.C.(Louth)
Conal	Nicholson	Blackrock A.C.(Louth)
Lorraine	Watters	Blackrock A.C.(Louth)
Orla	Finnegan	Blackrock A.C.(Louth)
Mark	Beer	Blackwater A.C.
Jimmy	Lagios	Blackwater A.C.
Marie	Farrell	Blarney/Inniscara A.C.
Lucia	Denny Conlon	Blayney Rockets A.C.
Martin	Fleming	Blayney Rockets A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Ryan	Mc Mahon	Blayney Rockets A.C.
Frankie	Gorman	Blayney Rockets A.C.
Derek	Callan	Blayney Rockets A.C.
Gerry	Collins	Blayney Rockets A.C.
Martin	Rafter	Blayney Rockets A.C.
Alan	Clarke	Blayney Rockets A.C.
Stephen	Dignam	Blayney Rockets A.C.
Karen	Reilly	Bohermeen A.C.
Maire	Ni Chonchuir	Bohermeen A.C.
Fiona	Keogan	Bohermeen A.C.
Ollie	Keogan	Bohermeen A.C.
Gerry	Nealon	Bohermeen A.C.
Suzie	Chamberlain-French	Bohermeen A.C.
Gary	Keogan	Bohermeen A.C.
Richard	Ball	Bohermeen A.C.
Matt	Moran	Bohermeen A.C.
Bryan	Curry	Boyne A.C.
Fabio	Alvisi	Boyne A.C.
Alessandra	Persano	Boyne A.C.
David	Horkan	Boyne A.C.
Stephen	O'Kennedy	Bray Runners A.C.
Cathal	Burns	Breakaway Running Club
Ramon	Whelan	Brothers Pearse A.C.
Paul	Lyons	Brothers Pearse A.C.
Michael	Walsh	Brothers Pearse A.C.
Hugh	Charles	Brothers Pearse A.C.
Philip	Doyle	Brothers Pearse A.C.
Amanda	O Sullivan	Brothers Pearse A.C.
Emmet	O Sullivan	Brothers Pearse A.C.
Suzanne	Hawe	Brothers Pearse A.C.
Roisin	Caddow	Brothers Pearse A.C.
Alan	Fairbrother	Brothers Pearse A.C.
Stephen	O'Sullivan	Brothers Pearse A.C.
Stephen	Connon	Brothers Pearse A.C.
Karen	Clarke	Brothers Pearse A.C.
Ian	O Reilly	Brothers Pearse A.C.
Michael	Carolan	Brothers Pearse A.C.
Graham	Byrne	Brothers Pearse A.C.
Christine	Kinsella	Brothers Pearse A.C.
Ingrid	Mc Govern	Brothers Pearse A.C.
Ken	White	Brothers Pearse A.C.
Ailish	Hudson	Brothers Pearse A.C.
Anthony	Alexander	Brothers Pearse A.C.
Tony	Connolly	Brothers Pearse A.C.
Tos	Moran	Brothers Pearse A.C.
Stephen	Connon	Brothers Pearse A.C.
Padraig	Fitzpatrick	Brothers Pearse A.C.
Ray	Cunningham	Brothers Pearse A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Eoin	Kennedy	Brothers Pearse A.C.
Eimear	Cullen	Brothers Pearse A.C.
Mark	Pearce	Brothers Pearse A.C.
Damian	Kelly	Brothers Pearse A.C.
Michael	Devine	Brothers Pearse A.C.
Emmet	Wilkinson	Brothers Pearse A.C.
Kieran	Campbell	Brothers Pearse A.C.
Dave	Quinn	Brothers Pearse A.C.
Rachel	O'Callaghan	Brothers Pearse A.C.
Kevin	Kelly	Brothers Pearse A.C.
Deborah	Kelly	Brothers Pearse A.C.
Keith	Farrel	Brothers Pearse A.C.
Alan	O'Boyle	Brothers Pearse A.C.
Alison	Brophy	Brothers Pearse A.C.
Tadhg	Ryan	Brothers Pearse A.C.
Joanne	Fahey	Brothers Pearse A.C.
Kerry	McGinley Lawlor	Brothers Pearse A.C.
Caroline	Scanlon	Brothers Pearse A.C.
Eleanor	Lavelle	Brothers Pearse A.C.
Lauren	Hudson	Brothers Pearse A.C.
Deirdre	Farrell	Brothers Pearse A.C.
Karen	Griffin	Brothers Pearse A.C.
Deirdre	Collins	Bweeng Trail Blazers
Michelle	Geaney	Bweeng Trail Blazers
Brian	Ahern	Bweeng Trail Blazers
Eilish	Ahern	Bweeng Trail Blazers
Lorcan	Mc Govern	Cabinteely A.C.
Liam	Dillon	Cabinteely A.C.
Joanne	Ryan	Cabinteely A.C.
Laurence	Watson	Cabinteely A.C.
Zola	Flynn	Calry A.C.
Rita	Kilgannon	Caltra A.C.
Ciara	Kilroy	Caltra A.C.
Seamus	Mc Garvey	Carmen Runners A.C.
Sonya	Walsh	Carraig-Na-Bhfear A.C.
Willie	Walsh	Carraig-Na-Bhfear A.C.
Martin	Hurley	Carraig-Na-Bhfear A.C.
Alan	Hill	Carrick Aces A.C.
Seamie	Peppard	Carrick Aces A.C.
Orla	Callan	Carrick Aces A.C.
Louise	Byrne	Carrick Aces A.C.
Deirdre	Bateson	Carrick Aces A.C.
Paudi	Martin	Carrick Aces A.C.
Collette	Connolly	Carrick Aces A.C.
Diane	Ward	Carrick Aces A.C.
David	Kellett	Carrick Aces A.C.
Niall	Condron	Carrick Aces A.C.
Paddy	Mc Cabe	Carrick Aces A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Martina	Mc Eaney	Carrick Aces A.C.
Patrick	Cassidy	Carrick Aces A.C.
Fergal	Quinn	Carrick Aces A.C.
Adrian	Lyons	Carrick-on-Shannon A.C.
Keith	Healy	Carrick-on-Shannon A.C.
Patrick	Heffernan	Carrick-on-Shannon A.C.
Adrian	Gurn	Carrick-on-Shannon A.C.
Michael	O Sullivan	Carrick-on-Suir A.C.
Elaine	Oughton	Carrigaline Road Runners A.C.
Andrzej	Bujalski	Carrigtwohill A.C.
Colin	Fitzsimons	Castlebar A.C.
Paschal	Silke	Castlegar A.C.
Shane	Mc Carthy	Celbridge A.C.
Gary	Finnegan	Celbridge A.C.
Declan	Hynes	Celbridge A.C.
Pedro	Lopez	Celbridge A.C.
Derek	Gilmartin	Celbridge A.C.
Rob	O Brien	Celbridge A.C.
Claire	Millar	Celbridge A.C.
Philip	Niland	Celbridge A.C.
Paddy	Moran	Celbridge A.C.
Philip	Slattery	Celbridge A.C.
Krzysztof	Zacharski	Celbridge A.C.
David	Kinsella	Celbridge A.C.
Ecock	Kevin	Celbridge A.C.
Luke	Ecock	Celbridge A.C.
Brendan	Curley	Celbridge A.C.
Garry	Cribbin	Celbridge A.C.
David	O Connor	Celbridge A.C.
Christy	Maloney	Celbridge A.C.
Frank	Mc Donald	Celbridge A.C.
Pauline	Sweetnam	Chruchtown Road Runners
Derry	Tierney	Chruchtown Road Runners
Linda	Malone	Churchtown Road Runners
Martina	Maloney	Churchtown Road Runners
Brian	Murphy	Churchtown Road Runners
Katie	Murphy	Churchtown Road Runners
Margie	O'Connor	Churchtown Road Runners
Deirdre	Mc Nulty	Cilles A.C.
Una	Gavin	City of Derry A.C. Juniors
Mark	Long	City of Derry A.C. Spartans
Declan	Reed	City of Derry A.C. Spartans
Gavin	Mc Glinchey	City of Derry A.C. Spartans
Kyle	Doherty	City of Derry A.C. Spartans
Claire	Brennan	City of Derry A.C. Spartans
Regina	Kiernan	City of Derry A.C. Spartans
Eimear	Mc Cracken	City of Lisburn A.C.
David	Lonnen	City of Lisburn A.C.



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Diane	Watson	City of Lisburn A.C.
Orla	Cox	Civil Service A.C.
Stephen	Downey	Civil Service A.C.
Michael	Allely	Civil Service A.C.
David	Corcaron	Civil Service A.C.
Marie	Kirby	Civil Service A.C.
Andrew	Davies	Civil Service A.C.
Marie	Norris	Civil Service A.C.
Melissa	Lyons	Clane A.C.
John	Finn	Clane A.C.
James	Murphy	Clare River Harriers A.C.
Philip	Cribbin	Clare River Harriers A.C.
Patrick	Greaney	Clare River Harriers A.C.
Michael	O'Connor	Claremorris A.C.
Sean	Doherty	Claremorris A.C.
James	Conheady	Claremorris A.C.
Michael	Doyle	Claremorris A.C.
Noel	Purcell	Claremorris A.C.
John	Mc Grath	Claremorris A.C.
Pauline	Cotter	Claremorris A.C.
Ian	Corbett	Claremorris A.C.
Tony	Burke	Claremorris A.C.
Fergal	Scahill	Claremorris A.C.
Ailbhe	Mc Daid	Claremorris A.C.
Eileen	Collins	Clonakilty Road Runners A.C.
Alan	Townsend	Clonliffe Harriers A.C.
Anne	Lyons	Clonliffe Harriers A.C.
Emer	Brennan	Clonliffe Harriers A.C.
Dave	Lyons	Clonliffe Harriers A.C.
Wayne	Walker	Clonliffe Harriers A.C.
Joanne	Mc Cabe	Clonliffe Harriers A.C.
James	Dunne	Clonliffe Harriers A.C.
David	Freeman	Clonliffe Harriers A.C.
Daniel	Doran	Clonliffe Harriers A.C.
Caroline	Hynes	Clonliffe Harriers A.C.
Aidan	Bailey	Clonliffe Harriers A.C.
Karl	Nolan	Clonliffe Harriers A.C.
Matt	Mc Guinness	Clonliffe Harriers A.C.
Niall	Gorman	Clonliffe Harriers A.C.
Murray	Ahern	Clonliffe Harriers A.C.
Colm	Leonard	Clonliffe Harriers A.C.
David	Mullen	Clonliffe Harriers A.C.
Stephen	Tracey	Clonliffe Harriers A.C.
Aine	Mc Cann	Clonliffe Harriers A.C.
Patrick	Devitt	Clonliffe Harriers A.C.
Thomas	Griffin	Clonliffe Harriers A.C.
Aisling	Gannon	Clonliffe Harriers A.C.
Mark	Dowling	Clonliffe Harriers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Mick	Gleeson	Clonliffe Harriers A.C.
Melissa	Curran	Clonliffe Harriers A.C.
Thomas	Frayne	Clonliffe Harriers A.C.
Shane	Caffrey	Clonliffe Harriers A.C.
Rachel	Eustace	Clonliffe Harriers A.C.
Alex	Eustace	Clonliffe Harriers A.C.
Andrew	D'Arcy	Clonliffe Harriers A.C.
Jeremy	Chapman	Clonliffe Harriers A.C.
Sinead	Hartnett	Clonliffe Harriers A.C.
Aideen	Brady	Clonliffe Harriers A.C.
Declan	Murray	Clonliffe Harriers A.C.
Mary	Ketterer	Clonliffe Harriers A.C.
Paul	Keenan	Clonliffe Harriers A.C.
Susan	Kelly	Clonliffe Harriers A.C.
Kieran	Murphy	Clonliffe Harriers A.C.
Andrew	Eustace	Clonliffe Harriers A.C.
Robert	Reid	Clonliffe Harriers A.C.
Adrien	Gerard	Clonliffe Harriers A.C.
Darren	Horgan	Clonliffe Harriers A.C.
Anthony	Doran	Clonliffe Harriers A.C.
Conor	Delaney	Clonliffe Harriers A.C.
Aisling	Andrews	Clonliffe Harriers A.C.
David	Hanley	Clonliffe Harriers A.C.
Ollie	Power	Clonliffe Harriers A.C.
Patrick	Tuite	Clonliffe Harriers A.C.
Alison	O Sullivan	Clonliffe Harriers A.C.
Richard	Barr	Clonliffe Harriers A.C.
Damien	Kelly	Clonliffe Harriers A.C.
Gary	O'Hanlon	Clonliffe Harriers A.C.
Stephen	Bateson	Clonliffe Harriers A.C.
Siobhan	Mc Hugh	Clonmel A.C.
Bernard	Durand	Clonmel A.C.
Cathy	Mansfield	Clonmel A.C.
Pat	Walsh	Clonmel A.C.
Orla	Durand	Clonmel A.C.
Catherine	Murphy	Clonmel A.C.
Paula	Dwan	Clonmel A.C.
Conor	Fleming	Clonmel A.C.
Michael	Ryan	Clonmel A.C.
Sean	O Dea	Clonmel A.C.
Vincent	Mc Hugh	Clonmel A.C.
Anthony	Power	Clonmel A.C.
Michael	Doocey	Clonmel A.C.
Rebecca	Doocey	Clonmel A.C.
David	Ryan	Clonmel A.C.
Richard	O Gorman	Clonmel A.C.
Miriam	O Gorman	Clonmel A.C.
Alan	O Shea	Clonmel A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Aine	Roche	Clonmel A.C.
Brian	Tyrrell	Clonmel A.C.
Cornelius	Mc Fadden	Clonmel A.C.
Tom	Bourke	Clonmel A.C.
James	Denn	Clonmel A.C.
John	Griffin	Clonmel A.C.
Anna	Byrne	Clonmel A.C.
Nigel	O Flaherty	Clonmel A.C.
Ian	Patterson	Clonmel A.C.
Alan	Carter	Clonmel A.C.
Billy	Moloney	Clonmel A.C.
John	Laste	Clonmel A.C.
Jimmy	Boland	Clonmel A.C.
Caroline	O Donoghue	Clonmel A.C.
Eddy	O Donoghue	Clonmel A.C.
Nicola	Maunsell	Clonmel A.C.
Mellissa	Mc Carthy	Clonmel A.C.
Ned	O Brien	Clonmel A.C.
Bernard	Feery	Clonmel A.C.
Mark	Corcoran	Clonmel A.C.
Brendan	Walshe	Clonmel A.C.
Noel	Gillman	Clonmel A.C.
Neil	Proven	Clonmel A.C.
Kealey	Tideswell	Clonmel A.C.
Shane Christopher	Kenny	Club Pulse Runners
Rachel	Lloyd	Co Antrim Harriers
Stuart	Gowans	Co Antrim Harriers
David	Hamill	Co Antrim Harriers
Patricia	Hamill	Co Antrim Harriers
Lisa	Montgomery	Co Antrim Harriers
Erin	Montgomery	Co Antrim Harriers
Nigel	Mc Gookin	Co Antrim Harriers
Marion	Morrow	Co Antrim Harriers
Kim	Gleave	Co Antrim Harriers
Marty	Kilpatrick	Co Antrim Harriers
Helen	Collins	Co Antrim Harriers
Graeme	O Hara	Co Antrim Harriers
Fergal	Meenagh	Co Antrim Harriers
Brian	Mc Fall	Co Antrim Harriers
Michael	Dempsey	Co Antrim Harriers
Tony	Scullion	Co Antrim Harriers
Niall	O'Neill	Co Antrim Harriers
Nigel	Kane	Co Antrim Harriers
Eve	Stephens	Co Antrim Harriers
Tina	Steele	Co Antrim Harriers
Darren	Harrison	Co Antrim Harriers
Naomi	Lusty	Co Antrim Harriers
Jane	Banks	Co Antrim Harriers

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Joel	Thomas	Co Antrim Harriers
Elle	Forrest Reid	Co Antrim Harriers
Steven	Todd	Co Antrim Harriers
Stephen	Mc Grath	Co Antrim Harriers
Sandy	Carr	Co Antrim Harriers
Leon	Dorrity	Co Antrim Harriers
Trevor	Mc Mahon	Co Antrim Harriers
Andrew	Agnew	Co Antrim Harriers
Adam	Mc Clure	Co Antrim Harriers
Dermot	Donnelly	Co Antrim Harriers
Oonagh	Mc Elroy	Co Antrim Harriers
Will	Grier	Co Antrim Harriers
Paul	Coogan	Co Antrim Harriers
Stephen John	Weatherup	Co Antrim Harriers
Stuart	Wilson	Co Antrim Harriers
Martin	Harris	Co Antrim Harriers
Iverene	Carleton	Co Antrim Harriers
Jim	Mc Cotter	Co Antrim Harriers
Victoria	Coulter	Co Antrim Harriers
Christopher	Wilkinson	Co Antrim Harriers
Matthew	Hewitt	Co Antrim Harriers
Catherine	Storey	Co Antrim Harriers
Bronagh	Mc Cormick	Co Antrim Harriers
John	Mc Kendry	Co Antrim Harriers
Catriona	Mc Kendry	Co Antrim Harriers
Thomas	Leitch	Co Antrim Harriers
Peter	Collins	Co Antrim Harriers
Ian	Cleland	Co Antrim Harriers
Frank	Newman	Co Antrim Harriers
Sean	Murphy	Co Antrim Harriers
Conor	Maguire	Co Antrim Harriers
Laura-Claire	Corson	Co Antrim Harriers
Lynsey	Mc Keown	Co Antrim Harriers
John	Mc Guigan	Co Antrim Harriers
David	Kennedy	Co Antrim Harriers
Tina	Kennedy	Co Antrim Harriers
Sharon	Speers	Co Antrim Harriers
Ian	Mc Auley	Co Antrim Harriers
Conor	Hogarth	Co Antrim Harriers
Peter	Thompson	Co Antrim Harriers
Kelda	Gibson	Convoy A.C.
Michael	Carey	Coolquill A.C.
Sandra	Lang	Corran A.C
Darren	Aldridge	Corran A.C
Ciaran	Garry	Corran A.C
Emer	O Connell	Corrib A.C.
Eoghan	Higgins	Courcey A.C.
Aidan	Downes	Courcey A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Aoife	Mullane	Craughwell A.C.
Aideen	Gillespie	Craughwell A.C.
Rena	Deely	Craughwell A.C.
Julie	Gallagher	Craughwell A.C.
Michael	Gallagher	Craughwell A.C.
Kevin	Mooney	Craughwell A.C.
Suzanne	Keane	Croghan A.C.
Derek	Herbage	Croghan A.C.
Mark	Mc Grath	Croghan A.C.
Brian	Maher	Croghan A.C.
Keith	Wallace	Croghan A.C.
Gary	Doyle	Croghan A.C.
Dominick	Branigan	Crusaders A.C.
Robert	Manson	Crusaders A.C.
Leslie Llyud	Hughes	Crusaders A.C.
Aisling	O Connor	Crusaders A.C.
Patrick	Needham	Crusaders A.C.
Séamus	Mc Giollaphádraig	Crusaders A.C.
Triona	Quill	Crusaders A.C.
James	Cottle	Crusaders A.C.
Mary	Fitzsimons	Crusaders A.C.
John	Fitzsimons	Crusaders A.C.
Micheal	Killeen	Crusaders A.C.
Leo	Lundy	Crusaders A.C.
Karl	Walsh	Crusaders A.C.
Pat	Quill	Crusaders A.C.
Michael	Blighe	Crusaders A.C.
Tomas	Faherty	Crusaders A.C.
Brian	O Kelly	Crusaders A.C.
Fintan	Lawler	Crusaders A.C.
Louise	Yorke	Crusaders A.C.
Kate	Murray	Crusaders A.C.
Turlough	Bolger	Crusaders A.C.
Gerard	White	Crusaders A.C.
Brian	Scanlan	Crusaders A.C.
Mike	Stewart	Crusaders A.C.
Damien	Fitzgibbon	Crusaders A.C.
Thomas	Clarke	Crusaders A.C.
Frank	Halligan	Crusaders A.C.
Donatas	Jocius	Crusaders A.C.
Barry	O'Neill	Crusaders A.C.
Kieran	Little	Crusaders A.C.
Ger	Forde	Crusaders A.C.
Aileen	Flynn	Crusaders A.C.
Michelle	Geoghegan	Crusaders A.C.
Graham	Tucker	Crusaders A.C.
Matthew	Cranley	Crusaders A.C.
Gavan	Doherty	Crusaders A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Joseph	O Donoghue	Crusaders A.C.
Kevin	Lynch	Crusaders A.C.
Robert	Browne	Crusaders A.C.
Niamh	Aspell	Crusaders A.C.
Aoife	Clarke	Crusaders A.C.
Brian	Duffy	Crusaders A.C.
Adrienne	Jordan	Crusaders A.C.
Ciara	Lehane	Crusaders A.C.
Ciaran	Diviney	Crusaders A.C.
Robert	Cross	Crusaders A.C.
Gian Piero	Allerta	Crusaders A.C.
Robert	Healy	Crusaders A.C.
Martin	Cusack	Crusaders A.C.
David	Tuohy	Crusaders A.C.
Tim	Francony	Crusaders A.C.
Julie	Hargreaves	Crusaders A.C.
Chris	Hargreaves	Crusaders A.C.
Derek	Lawlor	Crusaders A.C.
Deirdre	Ni Chearbhaill	Crusaders A.C.
Vincent	O Neill	Cushinstown A.C.
Paul	Reilly	Derg A.C.
Warren	Codd	Derg A.C.
Paul	Dunne	Derg A.C.
David	Power	Derg A.C.
Damian	Connolly	Derg A.C.
Maeve	Flannery	Derg A.C.
Aisling	Croke	Derg A.C.
Ciaran	Croke	Derg A.C.
Elaine	Casey	Derg A.C.
Tony	Casey	Derg A.C.
Petch	Cundill	Derg A.C.
Eleanor	Smyth	Derg A.C.
Patrick	Flanagan	Derg A.C.
Gareth	Rossi	Derg A.C.
David	Magill	Derg A.C.
Caleb	Kilroy	Derg A.C.
James	Dolphin	Derg A.C.
Marie	Carolan	Donadea Running Club
Evelyn	Leonard	Donadea Running Club
Paula	Burcheal	Donadea Running Club
Lorraine	Powell	Donadea Running Club
Brendan	Cummins	Donadea Running Club
Fiona	Collins	Donadea Running Club
Mary	Brennan	Donadea Running Club
Michael	Barry	Donore Harriers
Niall	O'Reilly	Donore Harriers
Oliver	O Hara	Donore Harriers
Christopher	Muldoon	Donore Harriers

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Grace	Kennedy	Donore Harriers
Sian	O Connor	Donore Harriers
Pamela	White	Donore Harriers
Peter	Gaffney	Donore Harriers
Ciaran	Ryan	Donore Harriers
Karen	Breen	Donore Harriers
Peter	Bonnar	Donore Harriers
Philip	Hennessy	Donore Harriers
Kenneth	Cronin	Donore Harriers
Michael	O'Connor	Donore Harriers
Tony	Griffin	Donore Harriers
Ariana	Ball	Donore Harriers
Patrick	Kavanagh	Donore Harriers
Patrick	Moriarty	Donore Harriers
Henry	English	Donore Harriers
Neil	Hand	Donore Harriers
Amy	Moriarty	Donore Harriers
Anne	Curley	Donore Harriers
Florence	Curley	Donore Harriers
Anna	Mc Mahon	Donore Harriers
Fergal	Whitty	Donore Harriers
Tony	Barry	Donore Harriers
Stephen	Dawson	Donore Harriers
Kenneth	Nugent	Donore Harriers
Tom	Tennant	Donore Harriers
Niall	Lynch	Donore Harriers
Elaine	Verdon	Donore Harriers
Elaine	Lyons	Dooneen A.C.
Shona	O Flynn	Dooneen A.C.
Lorraine	Browne	Dooneen A.C.
Caroline	Bradley	Dooneen A.C.
Joseph	O Brien	Dooneen A.C.
David	Toomey	Dooneen A.C.
Mike	Griffin	Dooneen A.C.
Ger	Harte	Dooneen A.C.
Colin	O'Flynn	Dooneen A.C.
Shóna	Keane	Dooneen A.C.
Agnieszka	Klimas	Dooneen A.C.
Deirdre	Harmon	Drogheda & District A.C.
Aoife	Harmon	Drogheda & District A.C.
Siobhan	Redmond	Drogheda & District A.C.
Mairead	O'Connell	Drogheda & District A.C.
Colm	Reilly	Drogheda & District A.C.
Philippa	Donnelly	Drogheda & District A.C.
Graham	Mc Dermott	Drogheda & District A.C.
Stephen	Floyd	Drogheda & District A.C.
Brian	Martin	Drogheda & District A.C.
Michael	Aylward	Drogheda & District A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Gerard	Mullins	Drogheda & District A.C.
John	Reilly	Drogheda & District A.C.
Gerard	Fay	Drogheda & District A.C.
Des	Feeley	Drogheda & District A.C.
Declan	Monaghan	Drogheda & District A.C.
Jarlath	Monaghan	Drogheda & District A.C.
Gillian	Farrelly	Drogheda & District A.C.
Terri	Durnin	Drogheda & District A.C.
Lisa	Crocock	Drogheda & District A.C.
Ruaidhri	Nolan	Drogheda & District A.C.
Joy	Tegart	Drogheda & District A.C.
Pól	Ó Murchú	Drogheda & District A.C.
Karen	Delaney	Drogheda & District A.C.
Caitriona	Henry	Drogheda & District A.C.
Barry	Sullivan	Drogheda & District A.C.
Dolores	Newman	Drogheda & District A.C.
Sharon	Finn	Drogheda & District A.C.
Ged	Kenny	Drogheda & District A.C.
Michele	McCullough	Drogheda & District A.C.
Irene	Connolly	Drogheda & District A.C.
Stephen	Kelly	Drogheda & District A.C.
Colin	Leonard	Drogheda & District A.C.
Helen	Dillon	Drogheda & District A.C.
Niamh	Matthews	Drogheda & District A.C.
Fergal	Myles	Drogheda & District A.C.
David	Birch	Drogheda & District A.C.
Carmel	Keenan	Drogheda & District A.C.
Paul	McDonnell	Drogheda & District A.C.
Rachel	McCormack	Drogheda & District A.C.
Barbara	Byrne	Drogheda & District A.C.
Conor	Byrne	Drogheda & District A.C.
John	Cooper	Drogheda & District A.C.
Jonathan	O'Brien	Drogheda & District A.C.
Barry	O'Sullivan	Dromahane Road Runners
Damien	O'Keefe	Dromahane Road Runners
John	Hayes	Dromahane Road Runners
Peter	McSweeney	Dromahane Road Runners
Kevin	Quaid	Dromahane Road Runners
Mark	Walsh	Dromahane Road Runners
Aine	Mc Neill	Dromore A.C.
Susan	Smyth	Dromore A.C.
Cyril	Mc Keon	Drumshanbo A.C.
Wayne	Cawley	Drumshanbo A.C.
Judith	Mc Manus	Dub Running Club
Paul	Mc Flynn	Dub Running Club
Darragh	Shields	Dub Running Club
Enda	Dunne	Dublin Bay Running Club
Tom	Reynolds	Dublin Bay Running Club



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Keith	Kirwan	Dublin Bay Running Club
Jonathan	Dolan	Dublin Bay Running Club
Louise	Heraghty	Dublin Bay Running Club
Damien	Higgins	Dublin Bay Running Club
Darrell	Reamsbottom	Dublin Bay Running Club
Gary	O'Daly	Dublin Bay Running Club
Colin	Doolan	Dublin Bay Running Club
Anthony	Sheridan	Dublin Bay Running Club
Siobhain	Mc Ardle	Dublin Bay Running Club
Paulo	Margelino	Dublin Bay Running Club
Eoin	Carthy	Dublin Bay Running Club
Gavin	Tobin	Dublin Bay Running Club
Linda	Colgan	Dublin Bay Running Club
Frank	Mc Morrow	Dublin Bay Running Club
Richard	Deeney	Dublin Bay Running Club
Mark	Hughes	Dublin Bay Running Club
Gregory Paul	O Beirne	Dublin Bay Running Club
Stephen	Mullin	Dublin Bay Running Club
Sinead	Morrissey	Dublin Bay Running Club
Gary	Seery	Dublin Bay Running Club
Rónán	Mistéil	Dublin Bay Running Club
Eric	Reyes	Dublin Front Runners A.C.
Alan	Mc Entee	Dublin Front Runners A.C.
Robert	Dempsey	Dublin Front Runners A.C.
Peadar	Faherty	Dublin Front Runners A.C.
Bryan	Durkan	Dublin Front Runners A.C.
Derek	Reilly	Duleek & District A.C.
Susan	Walsh	Duleek & District A.C.
Michael	Clifford	Duleek & District A.C.
Deborah	O Sullivan	Duleek & District A.C.
Paddy	Lennon	Duleek & District A.C.
Anita	Carolan	Duleek & District A.C.
Lorraine	Noone	Duleek & District A.C.
Robert	Kierans	Duleek & District A.C.
Karen	Creed	Duleek & District A.C.
Derek	Sheridan	Duleek & District A.C.
Liam	Grant	Dunboyne A.C.
Noel	Leddy	Dunboyne A.C.
Tim	Fogarty	Dunboyne A.C.
Tony	O Neill	Dunboyne A.C.
David	Dolan	Dunboyne A.C.
Cian	O Sullivan	Dunboyne A.C.
Annemarie	Sheehan	Dunboyne A.C.
Paul	Da Silveira	Dunboyne A.C.
Annamaja	Elfving	Dunboyne A.C.
Paul	Brady	Dunboyne A.C.
Sean	Manning	Dunboyne A.C.
Paul	Gannon	Dunboyne A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Vivienne	Lennon	Dunboyne A.C.
Annette	Conroy	Dunboyne A.C.
Mark	Broughill	Dunboyne A.C.
Rob	Hale	Dunboyne A.C.
Stephen	Devlin	Dunboyne A.C.
Mick	Foy	Dunboyne A.C.
Carl	Harrington	Dunboyne A.C.
Jim	Lineen	Dunboyne A.C.
Jason	Corbett	Dunboyne A.C.
Sarah	Meegan	Dunboyne A.C.
Ana	Quigley	Dunboyne A.C.
Siobhan	Campbell	Dunboyne A.C.
Ann	Garrett	Dunboyne A.C.
Stephen	Doyle	Dunboyne A.C.
Ciara	O'Neill	Dunboyne A.C.
Alan	Doyle	Dunboyne A.C.
John	O'Malley	Dunboyne A.C.
Emilia	Dan	Dunboyne A.C.
Alan	Kenny	Dunboyne A.C.
Karen	O'Hanlon	Dunboyne A.C.
Gerry	O'Reilly	Dunboyne A.C.
Seamus	Dunne	Dunboyne A.C.
Antoinette	Brannigan	Dunboyne A.C.
Fintan	Crehan	Dunboyne A.C.
Nicholas	Moloney	Dundalk St. Gerards A.C.
Teresa	O'Connor	Dundrum A.C. (Tipperary)
Linda	Grogan	Dundrum A.C. (Tipperary)
Ciara	Garvan	Dundrum A.C. (Tipperary)
Niall	Conlon	Dundrum South Dublin A.C. (Dublin)
Des	Fitzgerald	Dundrum South Dublin A.C. (Dublin)
Barry	O'Grady	Dundrum South Dublin A.C. (Dublin)
Pauline	O'Brien	Dundrum South Dublin A.C. (Dublin)
Clare	Flanagan	Dundrum South Dublin A.C. (Dublin)
Colm	Cunningham	Dundrum South Dublin A.C. (Dublin)
Lynda	Tuohy	Dundrum South Dublin A.C. (Dublin)
Eoin	Daly	Dundrum South Dublin A.C. (Dublin)
Philip	Horan	Dundrum South Dublin A.C. (Dublin)
Sophie	Mc Daid	Dundrum South Dublin A.C. (Dublin)
Graham	Dungan	Dundrum South Dublin A.C. (Dublin)
Joyce	Tracey	Dundrum South Dublin A.C. (Dublin)
Kelly	Admirand	Dundrum South Dublin A.C. (Dublin)
Edel	Hallsisey	Dundrum South Dublin A.C. (Dublin)
Carol	Healy	Dundrum South Dublin A.C. (Dublin)
Eoin	Fogarty	Dundrum South Dublin A.C. (Dublin)
Barry	Hingston	Dundrum South Dublin A.C. (Dublin)
Alan	Egan	Dundrum South Dublin A.C. (Dublin)
Valerie	Gorman	Dundrum South Dublin A.C. (Dublin)
Colin	Murphy	Dundrum South Dublin A.C. (Dublin)

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Seamus	Clancy	Dundrum South Dublin A.C. (Dublin)
Tadhg	Sullivan	Dundrum South Dublin A.C. (Dublin)
Fergus	Collis	Dundrum South Dublin A.C. (Dublin)
Stephen	Judge	Dundrum South Dublin A.C. (Dublin)
Camilla	Tuffy	Dundrum South Dublin A.C. (Dublin)
John	Hosey	Dundrum South Dublin A.C. (Dublin)
John	Barry	Dundrum South Dublin A.C. (Dublin)
Gary	Crossan	Dundrum South Dublin A.C. (Dublin)
Annette	Kehoe	Dundrum South Dublin A.C. (Dublin)
Lorraine	O Driscoll	Dundrum South Dublin A.C. (Dublin)
Niamh	Smyth	Dundrum South Dublin A.C. (Dublin)
Niall	Campbell	Dunleer A.C.
Linda	Moyles	Dunshaughlin A.C.
Evan	Scully	Dunshaughlin A.C.
Edward	Smith	Dunshaughlin A.C.
Violet	Molloy	Dunshaughlin A.C.
Aidan	Lanigan	Dunshaughlin A.C.
Terry	Brady	Dunshaughlin A.C.
Olivia	Daly	Dunshaughlin A.C.
Rachel	Anderson	Dunshaughlin A.C.
Michael	Anderson	Dunshaughlin A.C.
Kev	Prunty	Dunshaughlin A.C.
David	Molloy	Durrus A.C.
Tom	Fox	Eagle A.C.
Ken	Mulcahy	Eagle A.C.
Michael	Forde	Eagle A.C.
Brian	Mc Guire	Eagle A.C.
Louise	Tully	Eagle A.C.
Damian	Kenneally	Eagle A.C.
Tracy	Cotter	Eagle A.C.
Helen	Cronin	Eagle A.C.
Dolores	Gibbons	Eagle A.C.
Sandra	Mc Laughlin	Eagle A.C.
Austin	Browne	Eagle A.C.
Vivian	Foley	Eagle A.C.
Tim	Mc Carthy	Eagle A.C.
John	Swanton	Eagle A.C.
Ruairi	Egan	Eagle A.C.
Karen	Bevan	Eagle A.C.
John	Sheehan	Eagle A.C.
Donal	Dowling	Eagle A.C.
Michael	Noonan	Eagle A.C.
Patrick	Walsh	Eagle A.C.
Colin	Foley	Eagle A.C.
Sandra	Manning	Eagle A.C.
Ian	Roche	Eagle A.C.
Damien	Malone	Eagle A.C.
Derek	Okeeffe	Eagle A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Mairead	Lonergan	Eagle A.C.
Ed	Fitzgerald	Eagle A.C.
Rick	Hill	East Antrim Harriers
Kamal	Liani	East Cork A.C.
Gearoid	Mc Coitir	East Cork A.C.
Simon	Davies	East Cork A.C.
Keith	Barry	East Cork A.C.
Peter	Cunningham	East Cork A.C.
Patrick	Torpey	East Cork A.C.
Andrew	Lindsay	East Cork A.C.
Des	Green	East Cork A.C.
Huw	Jones	East Cork A.C.
Andrew	Gallagher	East Cork A.C.
Noreen	Coakley	East Cork A.C.
Anthony	O'Sullivan	East Cork A.C.
Fiona	Mc Carthy	East Cork A.C.
Eileen	Lombard	East Cork A.C.
Raphael	Cabral	East Cork A.C.
Ann	O Neill	East Cork A.C.
Noel	Wren	East Cork A.C.
Dermot	Johnson	East Cork A.C.
Conor	Foley	East Cork A.C.
Patrick	Mulcahy	East Cork A.C.
Martin	O Shea	East Cork A.C.
Sean	Hennessy	East Cork A.C.
Dawn	Walsh	East Cork A.C.
Sean	Wrixon	East Cork A.C.
Margaret	O Regan	East Cork A.C.
Armelle	Ogden	East Cork A.C.
Martin	Collier	East Cork A.C.
Colin	O'Herlihy	East Cork A.C.
Amy	Walsh	East Cork A.C.
Siobhan	Whelton	East Cork A.C.
Chris	Murnane	East Cork A.C.
Michael	Quinlan	East Cork A.C.
James	Fletcher	East Cork A.C.
Daniel	Luxton	East Cork A.C.
Tim	O Donoghue	East Cork A.C.
Conor	Bartley	East Cork A.C.
Declan	Collins	East Cork A.C.
Marek	Mazur	East Cork A.C.
Patrick	Oregan	East Cork A.C.
Heather	Collins	East Cork A.C.
Patrick	Mc Cormick	East Down A.C.
Ivan	Prue	East Down A.C.
Joanna	Miskelly	East Down A.C.
Gavin	Mc Convey	East Down A.C.
Anna	Savage	East Down A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Sean	Quinn	East Down A.C.
James	Mc Manus	East Down A.C.
Gary	Byrne	East Down A.C.
Michael	Williamson	East Down A.C.
Marian	Kyle	East Down A.C.
Stephen	Pepper	East Down A.C.
Stephen	McArdle	East Down A.C.
Brian	Bogle	East Down A.C.
Kirsty	Bogle	East Down A.C.
Stuart	Cassidy	East Down A.C.
John	Lester	East Down A.C.
Stephen	McCullough	East Down A.C.
Judith	Bracken	East Down A.C.
Ruairi	Donnelly	East Down A.C.
David	Smith	East Down A.C.
Paul	Kennedy	East Down A.C.
Jeffrey	Brown	East Down A.C.
Jason	Mc Neill	East Down A.C.
Niall	Bradshaw	East Down A.C.
Hannah	Minnis	East Down A.C.
Liam	Gray	East Down A.C.
Martin	Gray	East Down A.C.
Richard	Beggs	East Down A.C.
Tony	Nellis	East Down A.C.
James	Barr	East Down A.C.
Brendan	Laverty	East Down A.C.
Lauren	Mann	East Down A.C.
Erin	Savage	East Down A.C.
Liam	Keenan	East Down A.C.
Shauna	Graham	East Down A.C.
Michael	Grant	East Down A.C.
Glenn	Haggan	East Down A.C.
Stephen	McCartan	East Down A.C.
Declan	Teague	East Down A.C.
Donal	Cassidy	East Down A.C.
Michael	Mc Brien	East Down A.C.
Kevin	Mc Cormick	East Down A.C.
Jenny	Higgins	East Galway A.C.
Colin	Nolan	East Galway A.C.
Donall	Carroll	East Galway A.C.
Carlos	Pinto	East Galway A.C.
Chris	Campbell	East Galway A.C.
Izabela	Polchowska	East Galway A.C.
Anthony	Payne	East Galway A.C.
Michael	Mc Mahon	East Galway A.C.
Michael	Keating	East Galway A.C.
Aishling	Hanrahan	East Galway A.C.
Stephen	Hanrahan	East Galway A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Dermot	Byrne	East Galway A.C.
Helen	Van De Beek	East Galway A.C.
Mike	Heskin	East Galway A.C.
Peter	Campbell	East Galway A.C.
Adrian	McDonnell	East Galway A.C.
Marc	Anderson	East Galway A.C.
Jude	Mc Donagh	East Galway A.C.
Eddie	Larkin	East Galway A.C.
Eoghan	Hanley	East Galway A.C.
Aidan	Hanley	East Galway A.C.
Krzysztof	Straszewski	East Galway A.C.
Brendan	O Grady	East Galway A.C.
Eddie	Fitzsimons	East Galway A.C.
Síle	Ní Oisín	East Galway A.C.
Arthur	Potter	East Galway A.C.
Brian	Martin	East Galway A.C.
Keith	Butler	East Galway A.C.
Peter	Duggan	East Galway A.C.
Inese	Jonane	East Westmeath A.C.
Anthony	Cheung	East Westmeath A.C.
Colin	Gargan	East Westmeath A.C.
Daragh	Clerkin	East Westmeath A.C.
Derek	Malone	East Westmeath A.C.
Derek	Keogh	East Westmeath A.C.
Fergal	O Brien	East Westmeath A.C.
Stephen	Purcell	East Westmeath A.C.
Sally	Rickard	East Westmeath A.C.
Aled	Ingman	East Westmeath A.C.
Anne	Hamilton	East Westmeath A.C.
Andrew	Mersseman	East Westmeath A.C.
Larry	Oakes	East Westmeath A.C.
Brendan	Allen	East Westmeath A.C.
Raymond	Flynn	East Westmeath A.C.
Sandra	Smith	East Westmeath A.C.
Patrick	Finucane	East Westmeath A.C.
Paul	Carey	East Westmeath A.C.
Aaron	Carey	East Westmeath A.C.
Lorcan	Treanor	East Westmeath A.C.
Brian	Murphy	East Westmeath A.C.
Gregg	Walton	East Westmeath A.C.
Enda	Black	East Westmeath A.C.
Timothy	Williams	East Westmeath A.C.
Geraldine	Kane	East Westmeath A.C.
Mary	Daly	East Westmeath A.C.
David	Mc Entee	East Westmeath A.C.
John	Graham	East Westmeath A.C.
Bernard	Byrne	East Westmeath A.C.
Anthony	Rice	East Westmeath A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Olive	O'Brien	East Westmeath A.C.
Tina	Growney	East Westmeath A.C.
Marion	Tobin	East Westmeath A.C.
David	Nugent	East Westmeath A.C.
Niall	Ryan	East Westmeath A.C.
Gavin	Flood	East Westmeath A.C.
Susan	Clegg	East Westmeath A.C.
Elaine	Caffrey	East Westmeath A.C.
Alison	Dunne	East Westmeath A.C.
Niamh	Connolly	East Westmeath A.C.
Rose	Grall	East Westmeath A.C.
Darragh	O'Keefe	East Westmeath A.C.
Catherine	Kiernan	East Westmeath A.C.
Irene	Fanthorpe	East Westmeath A.C.
Joe	Cheevers	East Westmeath A.C.
Nik	Robinson	East Westmeath A.C.
Sheelagh	Connor	East Westmeath A.C.
Carla	O'Farrell-Byrne	East Westmeath A.C.
Andrew	Healy	East Westmeath A.C.
Michael	Rogers	East Westmeath A.C.
Ivens	Zambrano	East Westmeath A.C.
Evelyn	Obara	East Westmeath A.C.
Olive	Malone	East Westmeath A.C.
Dolores	Fitzsimons	East Westmeath A.C.
Laurence	Farrell	East Westmeath A.C.
Ben	White	East Westmeath A.C.
Susan	Mulvihill	East Westmeath A.C.
Alva	Whelan	East Westmeath A.C.
Derek	O'Halloran	East Westmeath A.C.
Patrick	Sheridan	East Westmeath A.C.
Deirdre	Donoghue	Edenderry A.C.
Peter	Mc Cann	Edenderry A.C.
Niall	Mc Guigan	Edenderry A.C.
Barry	Mc Laughlin	Edenderry A.C.
John	Sweeney	Edenderry A.C.
Brenda	Burns	Edenderry A.C.
Karl	Fullerton	Edenderry A.C.
Anne	Murphy	Edenderry A.C.
Robert	Wright	Edenderry A.C.
Eugene	Dunn	Edenderry A.C.
Andrew	Regan	Edenderry A.C.
Damien	Kehoe	Edenderry A.C.
Caroline	Donnellan	Edenderry A.C.
John	Farrell	Emerald A.C.
Fergal	Mc Grath	Ennis Track A.C.
Becky	Coughlan	Ennis Track A.C.
Jimmy	Doyle	Ennis Track A.C.
Shane	Hayes	Ennis Track A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Aishling	Power	Ennis Track A.C.
Siobhan	Gallagher	Ennis Track A.C.
Ambrose	Heagney	Ennis Track A.C.
Dave	Slater	Enniskillen RC
Dessie	Elton	Enniskillen RC
Albert	Little	Enniskillen RC
Michael	Walsh	Enniskillen RC
Lori	Schwartz	Erris A.C.
Ian	Tovell	Farranfore Maine Valley A.C.
Catriona	Daly	Ferbane A.C.
Bernard	Beatty	Ferrybank A.C.
Anita	Beatty	Ferrybank A.C.
Catherine	Vereker	Ferrybank A.C.
Paddy	Mulvey	Fingallians A.C.
Amanda	Magnier	Fingallians A.C.
Tracy	Gilbert	Fingallians A.C.
Paddy	Corrigan	Fingallians A.C.
Colum	Flanagan	Fingallians A.C.
Paul	Butler	Fingallians A.C.
Mairead	Fenlon	Finisk Valley A.C.
Margaret	Reid	Finn Valley A.C.
Eugene	Gallen	Finn Valley A.C.
Liam	Mc Ginty	Finn Valley A.C.
Martin	O Rourke	Fota Island Running Club
Carin	Larsson Orouke	Fota Island Running Club
Brian	Mc Fadden	Foyle Valley A.C.
Gavin	Stewart	Foyle Valley A.C.
Gary	Slevin	Foyle Valley A.C.
Martin	Kelly	Foyle Valley A.C.
Gary	Marshall	Foyle Valley A.C.
Brian	Smith	Fr. Murphy A.C.
Kevin	Daly	Fr. Murphy A.C.
Brendan	Anderson	Fr. Murphy A.C.
Janet	Curley	Fr. Murphy A.C.
Jeff	Ennis	Fr. Murphy A.C.
Ann	Anderson	Fr. Murphy A.C.
Conor	Sheehan	Galtee Runners A.C.
Shane	Hanley	Galtee Runners A.C.
Willie	O Connor	Galtee Runners A.C.
Barry	O'Sullivan	Galway City Harriers A.C.
Breege	Mc Gath	Galway City Harriers A.C.
Eoin	Cotter	Galway City Harriers A.C.
Danny	Carr	Galway City Harriers A.C.
Cathy	Byrne	Galway City Harriers A.C.
Michael	Greene	Galway City Harriers A.C.
Richard	Simpson	Galway City Harriers A.C.
Jayne	Killian	Galway City Harriers A.C.
Brendan	Kennelly	Galway City Harriers A.C.



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Louis	Coyne	Galway City Harriers A.C.
Sean	Dinneen	Galway City Harriers A.C.
Lorraine	Naughton	Galway City Harriers A.C.
Imelda	Gormally	Galway City Harriers A.C.
Michelle	Browne	Galway City Harriers A.C.
Richard	Farnan	Galway City Harriers A.C.
Grainne	Ni Uallachain	Galway City Harriers A.C.
Elaine	Walsh	Galway City Harriers A.C.
Michelle	Lynch	Galway City Harriers A.C.
Emily	Bruton	Galway City Harriers A.C.
Sinead	Brody	Galway City Harriers A.C.
Pat	Burke	Galway City Harriers A.C.
Michael	O Sullivan	Galway City Harriers A.C.
Paul	Keane	Galway City Harriers A.C.
Eamonn	Mc Fadden	Garryvoe A.C.
Patrick	Cassidy	Glaslough Harriers A.C.
Barry	O'Neill	Glendalough Harriers & A.C.
Colm	Kenna	Glendalough Harriers & A.C.
Bruce	Phillips	Glendalough Harriers & A.C.
Paul	Savage	Glenmore A.C.
Tony	Ashby	Glenmore A.C.
Shane	Arnold	Glenmore A.C.
Lloyd	Byrne	Glenmore A.C.
Kevin	Dunne	Glenmore A.C.
Lorraine	Dunne	Glenmore A.C.
Donal	Mc Morland	Glenmore A.C.
Ciara	Mc Killop	Glens Runners
Mary	O'Connell	Gneeveguilla A.C.
Padraig	Keane	Gneeveguilla A.C.
Mary	O Shea	Gneeveguilla A.C.
Mick	Walsh	Gowran A.C.
Maurice	Barcoe	Gowran A.C.
Margo	Wallace	Graigue Ballycallan A.C.
Mary	East	Graigue Ballycallan A.C.
Tom	Flynn	Grange/Fermoy A.C.
Mag	Flynn	Grange/Fermoy A.C.
Darren	Flynn	Grange/Fermoy A.C.
Brendan	O Mahony	Grange/Fermoy A.C.
John	Maher	Grange/Fermoy A.C.
Kevin	Doyle	Grange/Fermoy A.C.
Michael	Pratt	Grange/Fermoy A.C.
Eamonn	Doyle	Grange/Fermoy A.C.
Des	White	Grange/Fermoy A.C.
Joan	Ennis	Grange/Fermoy A.C.
Gary	Clerkin	Grange/Fermoy A.C.
Mark	Collins	Grange/Fermoy A.C.
Ellen	Hanley	Grange/Fermoy A.C.
John	Murphy	Grange/Fermoy A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Kealan	O Connor	Grange/Fermoy A.C.
Linda	Murphy	Grange/Fermoy A.C.
Angela	O Mahony	Grange/Fermoy A.C.
Clotilde	Fitzgibbon	Grange/Fermoy A.C.
Maggie	Dunne	Grange/Fermoy A.C.
Anthony	Dunne	Grange/Fermoy A.C.
Liosa	Mc Keown	Gym Tech Health & Fitness Running Club
Derek	Griffin	Hacketstown A.C.
Slawomir	Glaz	Inbhear Dee A.C.
Mary	Nolan Hickey	Inbhear Dee A.C.
Gillian	Priest	Inbhear Mor A.C.
Donna	Nolan	Inbhear Mor A.C.
John	Mc Cann	Inbhear Mor A.C.
Slawomir	Bosy	Inbhear Mor A.C.
Anthony	Nugent	Inbhear Mor A.C.
Diarmaid	Frain	Inbhear Mor A.C.
Mel	Murphy	Inbhear Mor A.C.
Martina	Callaghan	Inishowen A.C.
Matthew	Mc Laughlin	Inishowen A.C.
John	Mc Candless	Inishowen A.C.
Damian	Downey	Inishowen A.C.
Marie	Downey	Inishowen A.C.
Philip	Callaghan	Inishowen A.C.
Anne	Mc Elhinney	Inishowen A.C.
Malcolm	Mc Gee	Inishowen A.C.
Jim	Harkin	Inishowen A.C.
Deirdre	Mc Geoghegan	Inishowen A.C.
Seamus	Carlin	Inishowen A.C.
Kathleen	Doherty	Inishowen A.C.
Julie	Brown	Jog Lisburn Running Club
Naomi	Savidge	Jog Lisburn Running Club
Martin	Stewart	Jog Lisburn Running Club
Joseph	Stewart	Jog Lisburn Running Club
Michael	Harris	Jog Lisburn Running Club
Brenda	Harris	Jog Lisburn Running Club
Jonathan	Davis	Jog Lisburn Running Club
Gillian	Graham	Jog Moira
Paul	Bracken	Jog Moira
Allison	Irwin	Jog Moira
Clara	Peters	Jog Moira
Nigel	Bissett	K.C.K. A.C.
Collette	Collison	Kenmare A.C.
Ross	Hannigan	Kenmare A.C.
Paul	Donnelly	Kenmare A.C.
Brian	Gurrin	Kilcoole A.C.
Sinead	Wall	Kilcoole A.C.
Paddy	Holohan	Kilcoole A.C.
Sophie	Imarzouk	Kilcoole A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Eoghan	Mooney	Kilcoole A.C.
David	Maloney	Kilcoole A.C.
Brianan	Holohan	Kilcoole A.C.
Aaron	Mooney	Kilcoole A.C.
Darren	Cullen	Kilcoole A.C.
Toni	Llovera	Kilcoole A.C.
Kevin	Kelleher	Kilcoole A.C.
Justin	Doyle	Kilcoole A.C.
Caroline	Henry	Kilcoole A.C.
Paul	O'Brien	Kilcoole A.C.
Joseph	Wright	Kilcoole A.C.
Shane	Willis	Kilcoole A.C.
Sandra	Lynch	Kilcoole A.C.
Andy	Hayes	Kilcoole A.C.
Robert	Costello	Kilcoole A.C.
Colin	Wendel	Kilcoole A.C.
Mark	Byrne	Kilcoole A.C.
Eoin	Ward	Kilcoole A.C.
Susan	Lawless	Kilcoole A.C.
Carlos	Nunes	Kilcoole A.C.
Emma	Raughter	Kilcoole A.C.
Sandra	Pegman	Kilcoole A.C.
Andrew	Hanney	Kilcoole A.C.
Vincent	Mc Kie	Kilcoole A.C.
Damien	Byrne	Kilcoole A.C.
Trust	Mtinsi	Kilkenny City Harriers A.C.
David	Kennedy	Kilkenny City Harriers A.C.
Roisin	Gribbin	Kilkenny City Harriers A.C.
Claire	Cusack	Kilkenny City Harriers A.C.
Eddie	Hawe	Kilkenny City Harriers A.C.
Jack	Kavanagh	Kilkenny City Harriers A.C.
Eileen	O Toole	Kilkenny City Harriers A.C.
Eoin	Nangle-Ryan	Kilkenny City Harriers A.C.
Stephanie	Dollard	Kilkenny City Harriers A.C.
Mateusz	Bielen	Kilkenny City Harriers A.C.
Donna	Maher	Kilkenny City Harriers A.C.
Luke	O'Neill	Kilkenny City Harriers A.C.
Ciaran	Hughes	Kilkenny City Harriers A.C.
Alma	Barron	Kilkenny City Harriers A.C.
Sadhbh	O'Neill	Kilkenny City Harriers A.C.
Paul	Dempsey	Kilkenny City Harriers A.C.
Rey	David	Kilkenny City Harriers A.C.
Mark	Reid	Kilkenny City Harriers A.C.
Mervin	Doyle	Kilkenny City Harriers A.C.
Gail	Walsh	Kilkenny City Harriers A.C.
John	Core	Kilkenny City Harriers A.C.
Martina	Mc Grath	Kilkenny City Harriers A.C.
Heather	Purcell	Kilkenny City Harriers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Pavel	Bodi	Kilkenny City Harriers A.C.
Edward	O Keefe	Kilkenny City Harriers A.C.
Teresa	Comerford	Kilkenny City Harriers A.C.
Michael	Kilcommons	Kilkenny City Harriers A.C.
Paul	Moran	Kilkenny City Harriers A.C.
Jacinta	Mulroe	Kilkenny City Harriers A.C.
Brendan	Foley	Kilkenny City Harriers A.C.
Sean	O Hargain	Kilkenny City Harriers A.C.
Brendan	Nugent	Kilkenny City Harriers A.C.
Catherine	Doyle	Killarney Valley A.C.
John	Oleary	Killarney Valley A.C.
John	Keogh	Kilmihil A.C.
Maura	Falsey	Kilmurray/Ibrick/N.Clare A.C.
James	Kenny	Kilmurray/Ibrick/N.Clare A.C.
Martin	Clancy	Kilmurray/Ibrick/N.Clare A.C.
James	Flanagan	Kilmurray/Ibrick/N.Clare A.C.
Finbar	O Grady	Kilmurray/Ibrick/N.Clare A.C.
Michael	Moynihan	Kilnaboy A.C.
Tracy	Guilfoyle	Kilnaboy A.C.
Martin	Carey	Knocks Running Club
John	Mc Atee	Knocks Running Club
Gedis	Steponavicius	Knocks Running Club
Trevor	Wilson	Lagan Valley A.C.
Conor	Reilly	Lagan Valley A.C.
Michael	Mc Donald	Lakeshore Striders A.C.
Darren	Ash	Lakeshore Striders A.C.
Edel	Byrne	Lakeshore Striders A.C.
Tom	O Leary	Lakeshore Striders A.C.
Daniel	O Riordan	Lambay Sports Academy
Darragh	Doherty	Lambay Sports Academy
Sean	Campbell	Larne A.C.
Thomas	Craig	Larne A.C.
John	Byrne	Le Cheile A.C.
James	Shelley	Le Cheile A.C.
Eimear	O Connor	Le Cheile A.C.
Keith	Troy	Le Cheile A.C.
Colin	Burns	Le Cheile A.C.
Karl	Fitzgerald	Le Cheile A.C.
Paddy	McDonnell	Le Cheile A.C.
Jan	Corcoran	Le Cheile A.C.
Marc	Augustin	Le Cheile A.C.
Alan	Shaw	Le Cheile A.C.
Phil	Adams	Le Cheile A.C.
Stephen	Gregg	Le Cheile A.C.
Eamon	Shields	Le Cheile A.C.
Declan	Moyles	Le Cheile A.C.
Stephen	Boyle	Le Cheile A.C.
Gerard	Donnelly	Le Cheile A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Brendan	Kearney	Le Cheile A.C.
Arlane	Mc Hugh	Le Cheile A.C.
Deirdre	Lacey	Le Cheile A.C.
John	O Neill	Le Cheile A.C.
Ian	O Gorman	Le Cheile A.C.
Maretta	Brennan	Leevale A.C.
Fionnuala	Desmond	Leevale A.C.
Jonathan	Murphy	Leevale A.C.
Stephen	O'Regan	Leevale A.C.
Dan	O Sullivan	Leevale A.C.
Mícheál	Lucey	Leevale A.C.
Paul	Kennedy	Leevale A.C.
Naoise	Enright	Letterkenny A.C.
Darren	Price	Letterkenny A.C.
Terence	Coyle	Letterkenny A.C.
Ciaran	O'Donnell	Letterkenny A.C.
Adrian	Callaghan	Letterkenny A.C.
Paddy	Ward	Letterkenny A.C.
Gavin	Crawford	Letterkenny A.C.
Noel	Lynch	Letterkenny A.C.
Lisa	Connaughton	Liffey Valley A.C.
Maeve	Walsh	Liffey Valley A.C.
John	Tuohy	Liffey Valley A.C.
Una	Reilly	Liffey Valley A.C.
Brendan	Beere	Liffey Valley A.C.
Gavin	Curran	Liffey Valley A.C.
Lena	Sinclair	Liffey Valley A.C.
Simon	Monds	Liffey Valley A.C.
Brigid	Reilly	Liffey Valley A.C.
Rhonda	Green	Lifford A.C.
Edel	Mc Cauley	Lifford Strabane A.C.
Lorraine	Mc Grinder	Lifford Strabane A.C.
Michael	Mc Grinder	Lifford Strabane A.C.
Maddy	Mc Curdy	Lifford Strabane A.C.
Mickey	Mc Curdy	Lifford Strabane A.C.
Simon	Mc Daid	Lifford Strabane A.C.
Michael	Duncan	Lifford Strabane A.C.
Enda	Mc Nulty	Lifford Strabane A.C.
Orla	Mc Nulty	Lifford Strabane A.C.
Gerard	Campbell	Lifford Strabane A.C.
Fiona	Young	Limerick A.C.
Deirdre	Sparling	Limerick A.C.
Ann	O Halloran	Limerick A.C.
Dan	Shanahan	Limerick A.C.
Amy	Keller	Limerick A.C.
Sinead	Mulroe	Limerick A.C.
Ursula	Ahern	Limerick A.C.
John G	Collins	Limerick A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
John	O Connor	Limerick A.C.
Philip	Cantillon	Limerick A.C.
Michael	Curtin	Limerick A.C.
Mark	Quigley	Limerick A.C.
Mike	Lynch	Limerick A.C.
Dawn	Bourke	Limerick A.C.
Kieran	Brennan	Limerick A.C.
Paul	Fitzgerald	Limerick A.C.
Keith	Ryan	Limerick A.C.
Tony	Gammell	Limerick A.C.
Billy	Quinn	Limerick A.C.
Pat	Halpin	Limerick Country Club A.C.
Shane	Fitzgerald	Limerick Country Club A.C.
Martin	Waters	Limerick Country Club A.C.
Gerard	Moore	Limerick Country Club A.C.
Brendan	Fitzgerald	Limerick Country Club A.C.
Vinny	O Leary	Lios Tuathail A.C.
John	Sweeney	Lios Tuathail A.C.
John	Heaphy	Lios Tuathail A.C.
Gerard	O Connell	Liscarroll A.C.
Derek	O'Neill	Longford A.C.
Colman	Reilly	Longford A.C.
Brian	Crossan	Longford A.C.
Gerard	Sheehan	Longford A.C.
Kevin	Ward	Longford A.C.
Donal	Mulligan	Longford A.C.
Sean	Crossan	Longford A.C.
Tom	Quinn	Longford A.C.
Kevin	Nolan	Loughrea A.C.
Alphonsus	Heneghan	Loughrea A.C.
Cathal	O Reilly	Loughrea A.C.
Marie	Allen	Loughrea A.C.
Mike	Kerrins	Loughrea A.C.
David	Reilly	Loughrea A.C.
Tadhg	Fahy	Loughrea A.C.
Jana	Rakociova	Lucan Harriers A.C.
Olive	Mulligan	Lucan Harriers A.C.
Helen	Mc Ginnity	Lucan Harriers A.C.
Pat	O Dwyer	Lucan Harriers A.C.
Shane	O Keefe	Lucan Harriers A.C.
Josephine	Dignam	Lucan Harriers A.C.
Tom	Meade	Lucan Harriers A.C.
Rob	Brannigan	Lucan Harriers A.C.
Tricia	Gough	Lucan Harriers A.C.
Lorraine	Mullally	Lucan Harriers A.C.
Celine	O Keefe	Lucan Harriers A.C.
Siobhan	Casey	Lucan Harriers A.C.
Danjela	Klopotan	Lucan Harriers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Orna	Thompson	Lucan Harriers A.C.
Lorraine	Heffernan	Lucan Harriers A.C.
Fanchea	Gibson	Lucan Harriers A.C.
Colm	Munnely	Lucan Harriers A.C.
Joanna	Mc Cormack	Lucan Harriers A.C.
Eileen	O Brien	Lucan Harriers A.C.
Conor	Doyle	Lusk A.C.
Michael	Farrell	Lusk A.C.
Eamon	Caffrey	Lusk A.C.
Colm	De Bhal	Lusk A.C.
Eamonn	Gahan	Lusk A.C.
Maurice	Mc Dermott	Lusk A.C.
Cathal	Mullin	Lusk A.C.
Nicole	Hodson	Lusk A.C.
Olivia	Sampson	Lusk A.C.
Stephen	Brennan	Lusk A.C.
Fiona	Reinhardt	Lusk A.C.
John	Mc Donald	Lusk A.C.
Ursula	Mc Donald	Lusk A.C.
William	Walsh	Lusk A.C.
Hazel	Keegan	Lusk A.C.
Garret	Nolan	Lusk A.C.
Daniel	Cronin	Lusk A.C.
Kathy	McNamara	Lusk A.C.
Noel	O'Reilly	Lusk A.C.
Thomas	Doherty	Magherafelt Harriers
Joseph	Mc Vey	Magherafelt Harriers
Karen	McElroy	Magherafelt Harriers
Sinead	Higgins	Magherafelt Harriers
Daire	O Sullivan	Mallow A.C.
Brendan	Mc Carthy	Mallow A.C.
Barry	O'Callaghan	Mallow A.C.
Mary	Vowles	Mallow A.C.
Sarah	White	Mallow A.C.
John	Collins	Mallow A.C.
Darragh	Wiley	Mallow A.C.
Jeremiah	Mc Carthy	Mallow A.C.
Michael	Clancy	Mallow A.C.
Denise	Cronin	Mallow A.C.
Laura	Campbell	Mallusk Harriers
Neil	Campbell	Mallusk Harriers
Laura	Rose	Mallusk Harriers
Patricia	Curistan	Mallusk Harriers
Angela	Stevens	Mallusk Harriers
Brendan	Mc Ilhennon	Mallusk Harriers
Alan	Erwin	Mallusk Harriers A.C.
Mairead	Ryan	Marathon Club Ireland
Matthew	Nicholson	Marathon Club Ireland

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Patrick	Thompson	Marathon Club Ireland
Neal	Leddy	Marathon Club Ireland
Angela	Ross Innes	Marathon Club Ireland
Carol	Madden	Marathon Club Ireland
Maurice	Olwill	Marathon Club Ireland
Jenny	Keavey	Marathon Club Ireland
John	Elphick	Marathon Club Ireland
Paul	Coyle	Marathon Club Ireland
Dermot	Mc Cormck	Marathon Club Ireland
Sheila	Fitzgibbons	Marathon Club Ireland
Fionnuala	Omara	Marathon Club Ireland
Yvonne	Byrne	Marathon Club Ireland
Stephen	Chambers	Marathon Club Ireland
David	Toomey	Marathon Club Ireland
Steven	Ring	Marathon Club Ireland
Triona	Ring	Marathon Club Ireland
Humphrey	Moynihan	Marathon Club Ireland
John	Mc Kenna	Marathon Club Ireland
Michael	Ward	Marathon Club Ireland
Eleanor	O Neill	Marathon Club Ireland
Susan	Moore	Marathon Club Ireland
Alison	Byrne	Marathon Club Ireland
Joanna	Riddell	Marathon Club Ireland
Anne	O Malley	Marathon Club Ireland
Karena	Hyland	Marathon Club Ireland
Daniel	O Sullivan	Marathon Club Ireland
John	Mullins	Marathon Club Ireland
Rory	Convery	Marathon Club Ireland
Simon	Hallsisey	Marathon Club Ireland
Brian	O Shea	Marathon Club Ireland
Mandy	Prendergast	Marathon Club Ireland
Michael	Costello	Marathon Club Ireland
Patrick	Daly	Marathon Club Ireland
Ronald	Rose	Marathon Club Ireland
John	Duggan	Marathon Club Ireland
Angela	Murphy	Marathon Club Ireland
Eibhlin	Maher	Marathon Club Ireland
Patrick	Mercie	Marathon Club Ireland
Agnieszka	Siemaszkiewicz	Marathon Club Ireland
Sean	Crossan	Marathon Club Ireland
Evelyn	Mc Guirk	Marathon Club Ireland
Tracey	Cuddy	Marathon Club Ireland
Kate	Waldron	Marathon Club Ireland
Niamh	Quinn	Marathon Club Ireland
Deirdre	Walsh	Marathon Club Ireland
Michele	Lynch	Marathon Club Ireland
Ruth	Galvin	Marathon Club Ireland
Gavin	O Connell	Marathon Club Ireland



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Jade	Harbron	Marathon Club Ireland
Johnathan	Mc Donagh	Marathon Club Ireland
Aileen	Breen	Marathon Club Ireland
Paul	Comerford	Marathon Club Ireland
Eamon	Hayes	Marathon Club Ireland
Gary	Davies	Marathon Club Ireland
Linda	Jordan	Marathon Club Ireland
James	Nugent	Marathon Club Ireland
Michael	Haydon	Marathon Club Ireland
Gillian	Roche	Marathon Club Ireland
Dermot	Faughnan	Marathon Club Ireland
Bear	Fitzsimons	Marathon Club Ireland
Larry	Rigney	Marathon Club Ireland
Nuala	Sheehan	Marathon Club Ireland
Jennifer	Hennebry	Marathon Club Ireland
Sarah	Mc Eneaney	Marathon Club Ireland
Patrick	Mc Keon	Marathon Club Ireland
Gearoid	Davis	Marathon Club Ireland
Mairead	Kennefick	Marathon Club Ireland
Tony	Dunne	Marathon Club Ireland
Jacqueline	Connolly	Marathon Club Ireland
Elizabeth	Leonard	Marathon Club Ireland
Siobhan	Mc Inerney	Marathon Club Ireland
Maria	Donoghue	Marathon Club Ireland
Nora	Kelleher	Marathon Club Ireland
Stephen	Conroy	Marathon Club Ireland
Adolfo	Garcia	Marathon Club Ireland
Stephen	Mooney	Marathon Club Ireland
Liz	Morrin	Marathon Club Ireland
Elaine	McAnulty	Marathon Club Ireland
Regina	McNamara	Marathon Club Ireland
Derek	Gallagher	Maree A.C.
Ryan	White	Marian A.C.
John	Nolan	Mayo A.C.
James	Murtagh	Mayo A.C.
Mary	Murphy	Mayo A.C.
Catrina	Houlihan	Mayo A.C.
Gerard	Corcoran	Mayo A.C.
Eimear	Fitzmaurice	Mayo A.C.
Marcella	McDonnell	Mayo A.C.
Clare	O Neill	Mayo A.C.
Aisling	Layden	Mayo A.C.
Enda	Cunnane	Mayo A.C.
John	Robinson	Mayo A.C.
Kevin	Walsh	Mayo A.C.
Kelly	Coyle	Mayo A.C.
Patrick	Flatley	Mayo A.C.
Michael	Regan	Mayo A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Tony	O Malley	Mayo A.C.
Lisa	Clarken	Mayo A.C.
Linda	Togher	Mayo A.C.
Edward	Sweeney	Mayo A.C.
John	Byrne	Mayo A.C.
Sarah	Syron-Byrne	Mayo A.C.
Vincent	Mc Manus	Mayo A.C.
Kevin	Hastings	Mayo A.C.
Gerry	Corley	Mayo A.C.
Thomas	Jennings	Mayo A.C.
Joan	Walsh	Mayo A.C.
Ann	McDonnell	Mayo A.C.
Rebecca	Mc Hugh	Mayo A.C.
Frank	Cloherly	Mayo A.C.
Andrew	Hayes	Mayo A.C.
Paula	Donnellan Walsh	Mayo A.C.
David	Tiernan	Mayo A.C.
Ambrose	Gaughan	Mayo A.C.
Damien	Glackin	Mayo A.C.
Maria	Kneafsey	Mayo A.C.
Brendan	Conway	Mayo A.C.
Lynda	Hession	Mayo A.C.
Edel	Feeney	Mayo A.C.
Michael	Mc Neela	Mayo A.C.
Bill	Coyne	Mayo A.C.
Dwayne	Flynn	Mayo A.C.
Noelle	Kilduff	Mayo A.C.
Adrienne	Kelly	Metro/St. Brigid's A.C.
David	Culligan	Metro/St. Brigid's A.C.
Linda	Sheridan	Metro/St. Brigid's A.C.
Sean	Mc Seoin	Metro/St. Brigid's A.C.
Sean	Kildunne	Metro/St. Brigid's A.C.
John	Mc Menamin	Metro/St. Brigid's A.C.
Alan	King	Metro/St. Brigid's A.C.
Paul	Spollen	Metro/St. Brigid's A.C.
Francis	Maunsell	Midleton A.C.
Dan	Twohig	Midleton A.C.
Kevin	Moran	Midleton A.C.
Derek	Ahern	Midleton A.C.
Anthony	Doherty	Milford A.C.
Eoin	Sheehy	Milford A.C.
Annette	Sheehy	Milford A.C.
Gareth	Swift	Monaghan Phoenix A.C.
Joe	Shiels	Monaghan Phoenix A.C.
Lorraine	Mc Laughlin	Monaghan Phoenix A.C.
Pawel	Karcz	Monaghan Phoenix A.C.
Parnell	Watters	Monaghan Phoenix A.C.
Sarah	Mc Kenna	Monaghan Phoenix A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Declan	Sherry	Monaghan Phoenix A.C.
Myles	Watson	Monaghan Phoenix A.C.
Brenda	Barry	Monaghan Phoenix A.C.
Damien	Barry	Monaghan Phoenix A.C.
David	Hughes	Monaghan Phoenix A.C.
Barbara	Hughes	Monaghan Phoenix A.C.
Kieran	Mc Mahon	Monaghan Phoenix A.C.
Alan	Treanor	Monaghan Phoenix A.C.
Audrey	Harraghy	Monaghan Phoenix A.C.
Noel	Harraghy	Monaghan Phoenix A.C.
Brian	Peppard	Monaghan Phoenix A.C.
Diane	Sheridan	Monaghan Town Runners
Liam	Smyth	Monaghan Town Runners
Donal	Mc Areavey	Monaghan Town Runners
Danny	Murphy	Monaghan Town Runners
Patricia	Ryan	Mooreabbey Milers A.C.
Mary	Pyke	Mooreabbey Milers A.C.
Damien	Cunningham	Mourne Runners
John	Fox	Moy Valley A.C.
Michael	Canty	Moy Valley A.C.
John	Fogarty	Moycarkey Coolcree A.C.
Alison	Boland	Moynalty A.C.
Angela	Magee	Moynalty A.C.
Noeleen	Farrelly	Moynalty A.C.
Patrick	Vaughan	Moynalty A.C.
Brian	Carroll	Moyne A.C.
Siobhán	Mc Carthy	Mullingar Harriers A.C.
John	Callaghan	Mullingar Harriers A.C.
Anne	Fagan	Mullingar Harriers A.C.
Joe	Fagan	Mullingar Harriers A.C.
Joan	Flynn	Mullingar Harriers A.C.
Paul	Byrne	Mullingar Harriers A.C.
Enda	O Carolan	Mullingar Harriers A.C.
Jane	Creevy	Mullingar Harriers A.C.
Darragh	Thornton	Mullingar Harriers A.C.
Jude	Whelehan	Mullingar Harriers A.C.
Andrew	Nevin	Mullingar Harriers A.C.
Eddie	Newman	Mullingar Harriers A.C.
Liam	Mc Glynn	Mullingar Harriers A.C.
Stephen	Naughton	Mullingar Harriers A.C.
Evan	Mc Cormack	Mullingar Harriers A.C.
Patrick	Muldoon	Mullingar Harriers A.C.
Eoin	Clarke	Mullingar Harriers A.C.
Stephen	Olwell	Mullingar Harriers A.C.
Mervyn	Kennedy	Mullingar Harriers A.C.
Murty	Hanly	Mullingar Harriers A.C.
Lisa	Duffy	Mullingar Harriers A.C.
Sean	Liston	Mullingar Harriers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Kieran	Nolan	Mullingar Harriers A.C.
Declan	Costello	Mullingar Harriers A.C.
Karen	McGouran	Mullingar Harriers A.C.
Brenda	Durkin	Murlough AC
Conor	Mc Auley	Na Fianna A.C.
Liz	Dean Oneill	Na Fianna A.C.
Derek	Mc Loughlin	Na Fianna A.C.
Patrick	Moore	Na Fianna A.C.
Mark	Grennan	Na Fianna A.C.
Terry	Brosnan	Na Fianna A.C.
Kieran	O'Shea	Na Fianna A.C.
Brian	Kennedy	Na Fianna A.C.
Teresa	Martin	Na Fianna A.C.
Siobhan	Scott	Na Fianna A.C.
Alan	Lyons	Na Fianna A.C.
Andrew	Pears	Na Fianna A.C.
Michael	Doherty	Na Fianna A.C.
Noel	Hollingsworth	Na Fianna A.C.
James	Bourke	Na Fianna A.C.
Terry	Kerins	Na Fianna A.C.
Ciarán	Leech	Na Fianna A.C.
Brendan	Leech	Na Fianna A.C.
Patrick	Payne	Na Fianna A.C.
Conor	Leech	Na Fianna A.C.
Brendan	Leech	Na Fianna A.C.
Alan	Maye	Na Fianna A.C.
Tara	Finn	Naas A.C.
Lillian	Whelan	Naas A.C.
Kevin	Halpin	Naas A.C.
Liam	Grogan	Naas A.C.
Collette	Rohan	Naas A.C.
Anne	Mc Donald	Naas A.C.
Michelle	Ebbs	Naas A.C.
Jacinta	Fahy	Naas A.C.
Sinéad	Jordan	Naas A.C.
Ronan	Taggart	Naomh Ciaran RC
Maurice	Carroll	Naomh Ciaran RC
Eileen	Costello	Naomh Ciaran RC
Fiona	Minnock	Naomh Mhuire A.C.
Ursula	Davis	Naomh Mhuire A.C.
Pauline	Colgan	Naomh Mhuire A.C.
Joan	Hickson	Nass A.C./ Mullingar Harriers
Rory	Glacken	Navan A.C.
Cathal	Reilly	Navan A.C.
Robbie	Oraw	Navan A.C.
Chauveau	Guirec	Navan A.C.
Sonya	Reilly	Navan A.C.
Deborah	Ryan	Navan A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Pam	O Rourke	Navan A.C.
Frances	Browne	Navan A.C.
Gary	Brannigan	Navan A.C.
Ronan	Cooke	Navan A.C.
Theresa	Lynch	Navan A.C.
Brendan	Hurley	Navan A.C.
Barry	Watters	Navan A.C.
Grainne	Cahill	Navan A.C.
Declan	Kearns	Navan A.C.
Tom	Gallahue	Nenagh Olympic A.C.
Jeremy	Whitty	Newbridge A.C.
Fergal	Burke	Newbridge A.C.
Brian	Murphy	Newbridge A.C.
Danny	Halford	Newbridge A.C.
Paul G	Ryan	Newbridge A.C.
Peter	Moran	Newbridge A.C.
Fintan	O Connell	Newbridge A.C.
Cormac	O Shea	Newbridge A.C.
Karina	Cash	Newbridge A.C.
Aisling	O Callaghan	Newbridge A.C.
Steven	Loughlin	Newbridge A.C.
Paul	Matthews	Newbridge A.C.
Alan	Beale	Newbridge A.C.
David	Browne	Newbridge A.C.
Seamus	Cardiff	Newbridge A.C.
John	Weldon	Newbridge A.C.
David	Keenan	Newbridge A.C.
Gavin	Kelly	Newbridge A.C.
Lisa	McGann	Newbridge A.C.
Eric	Boland	Newbridge A.C.
Mary Frances	McGivern	Newbridge A.C.
Jonathan	McGivern	Newbridge A.C.
Claire	Brady	Newbridge A.C.
Lynda	McNulty	Newbridge A.C.
Patrick	Higgins	Newcastle & District A.C.
Frank	Cunningham	Newcastle & District A.C.
Luke	Mc Mullan	Newcastle & District A.C.
Richard	Rodgers	Newcastle & District A.C.
Francis	Tumelty	Newcastle & District A.C.
David	Lowry	Newcastle & District A.C.
Paula	Wright	Newport A.C.
Ticey	Allen	Newport A.C.
Barry	Monaghan	Newry A.C.
Shelagh	Mc Mahon	Newry A.C.
Martin	Gorman	Newry City Runners A.C.
Peter	Maguire	Newry City Runners A.C.
Colm	O'Brien	Newry City Runners A.C.
Neil	Mc Murray	Newry City Runners A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Michele	Mowlds	Newry City Runners A.C.
David	Fisher	Newry City Runners A.C.
Theresa	Cunningham	Nore Valley A.C.
Greg	Mc Clure	North Belfast Harriers
Mia	Mc Dowell	North Belfast Harriers
Jason	Reid	North Belfast Harriers
Robbie	Speers	North Belfast Harriers
Louise	Smith	North Belfast Harriers
Ita	Mc Cambridge	North Belfast Harriers
Patrick	Mc Cambridge	North Belfast Harriers
Arran	Rutledge	North Belfast Harriers
Andrew	Considine	North Belfast Harriers
Brigita	Lukste	North Cork A.C.
Paula	Ryan	North Cork A.C.
Johnny	Sexton	North Cork A.C.
Clare	Sexton	North Cork A.C.
Tom	Harrold	North Cork A.C.
Edel	Scully	North Cork A.C.
Glenn	Frazer	North Down A.C.
Adam	Ferguson	North Down A.C.
Darren	Hamilton	North Down A.C.
Paul	Floyd	North Down A.C.
Richard	Garrad	North Down A.C.
Jim	Gonnely	North East Runners A.C.
Rosarie	O Donoghue	North East Runners A.C.
Gerard	Kenny	North East Runners A.C.
Janet	Mooney	North East Runners A.C.
Joanne	Lambe	North East Runners A.C.
Enda	Tobin	North East Runners A.C.
Eamonn	Kelly	North East Runners A.C.
Ian	Cosgrove	North East Runners A.C.
Hugh	Mc Nulty	North East Runners A.C.
Sharon	Manning	North East Runners A.C.
Ruaidhri	Stewart	North East Runners A.C.
Brendan	Gallagher	North East Runners A.C.
Karen	McCrystal	North East Runners A.C.
Conor	Walsh	North East Runners A.C.
Mark	O'Connor	North East Runners A.C.
Michael	Lindon	North East Runners A.C.
Liam	Fergus	North East Runners A.C.
Ciaran	O'Dowd	North East Runners A.C.
Michael	Parks	North East Runners A.C.
Collette	O 'Hagan	North East Runners A.C.
Christopher	Kelly	North East Runners A.C.
Mary	Mc Ardle	North East Runners A.C.
Louise	Lambe	North East Runners A.C.
Kevin	Hamill	North East Runners A.C.
Kevin	Bishop	North East Runners A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Michelle	Mc Enteggart	North East Runners A.C.
Sharon	Oshaughnessy	North Fermanagh Fitness Club
Lindy	Leathem	North Fermanagh Fitness Club
Chanelle	Kane	North Fermanagh Fitness Club
Richard	Moore	North Fermanagh Fitness Club
Peter	Fitzpatrick	North Fermanagh Fitness Club
Oonagh	Fitzpatrick	North Fermanagh Fitness Club
Jonathan	Fahey	North Leitrim A.C.
Edel	Mhic Amhlaidh	North Leitrim A.C.
Liam	Bonner	North Leitrim A.C.
Donal	Egan	North Sligo A.C.
Catherine	Donlon	North Sligo A.C.
Catherine	Siberry	North Sligo A.C.
Noel	Darcy	North Sligo A.C.
Aidan	Mc Moreland	North Sligo A.C.
Padraig	Kelly	North Sligo A.C.
Paul	Dolan	North Westmeath A.C.
Gary	Mc Kinney	Omagh Harriers
Sebastian	Slotwinski	Omagh Harriers
Maria	Mc Carter	Omagh Harriers
Vincent	Holland	OMG A.C.
Patricia	Kilpatrick	Oriel A.C.
Paul	Moloney	Oriel A.C.
Aaron	Bell	PACE Running Club
Alan	Phelan	Portlaoise A.C.
Eoghan	Keogh	Portlaoise A.C.
David	Conroy	Portlaoise A.C.
Julia	Moran	Portlaoise A.C.
Annetoinette	Gleeson - Mills	Portlaoise A.C.
Rachel	O'Brien	Portlaoise A.C.
Judith	Ratcliffe	Portlaoise A.C.
David	Gowing	Portlaoise A.C.
David	Gowing	Portlaoise A.C.
Gerry	Delany	Portlaoise A.C.
Cyril	Cuddy	Portlaoise A.C.
Donal	Conroy	Portlaoise A.C.
Kathleen	Conroy	Portlaoise A.C.
Derek	O'Brien	Portmarnock A.C.
Eoghan	Lee	Portmarnock A.C.
Gerard	Holton	Portmarnock A.C.
Neil	White	Portmarnock A.C.
Louise	O'Reilly	Portmarnock A.C.
Jacqui	Dunphy	Portmarnock A.C.
David	Gomm	Portmarnock A.C.
David	Steele	Portmarnock A.C.
Lorraine	Quinn	Portmarnock A.C.
Dermot	O'Connor	Portmarnock A.C.
Edward	Glennon	Portmarnock A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Karl	Bingham	Portmarnock A.C.
Adrienne	Delaney	Portmarnock A.C.
Mary	Harte	Portmarnock A.C.
Jamie	Gahan	Portmarnock A.C.
Clare-Anne	Ludden	Portmarnock A.C.
John	Clarke	Portmarnock A.C.
Aileen	Dooley	Portmarnock A.C.
Aaron	Downes	Portmarnock A.C.
Matthew	Collins	Portmarnock A.C.
Helen	O'Connor	Portmarnock A.C.
Niamh	Boyle	Portmarnock A.C.
Lorna	Sweeney	Portmarnock A.C.
Declan	Kelly	Portmarnock A.C.
Sonya	Clarke	Portmarnock A.C.
Ruairi	Hayden	Portmarnock A.C.
Robert	Siek	PSNI A.C.
Vincent	Mc Kenna	Queens A.C.
Ciarán	Long	Racing 795
Dermot	Gorman	Raheny Shamrock A.C.
Daragh	Bell	Raheny Shamrock A.C.
Mary	Coghlan	Raheny Shamrock A.C.
Terry	Keogh	Raheny Shamrock A.C.
Lorraine	Byrne	Raheny Shamrock A.C.
Oliver	Power	Raheny Shamrock A.C.
Mary	Lynch	Raheny Shamrock A.C.
Rachel	Ormrod	Raheny Shamrock A.C.
Connor	Jennings	Raheny Shamrock A.C.
Liz	Rouine	Raheny Shamrock A.C.
Brian	Connor	Raheny Shamrock A.C.
Rose	Kidd	Raheny Shamrock A.C.
Cherie	Hyland	Raheny Shamrock A.C.
Paul	Hyland	Raheny Shamrock A.C.
Dermot	Coffey	Raheny Shamrock A.C.
Fiona	Kirwan	Raheny Shamrock A.C.
Jenny	Mulry	Raheny Shamrock A.C.
Eamonn	Dunne	Raheny Shamrock A.C.
Robert	Frewen	Raheny Shamrock A.C.
Paul	Frewen	Raheny Shamrock A.C.
Eric	Champ	Raheny Shamrock A.C.
Deirdre	Magee	Raheny Shamrock A.C.
Barry	Lennon	Raheny Shamrock A.C.
Martin	Kelly	Raheny Shamrock A.C.
Declan	Whooley	Raheny Shamrock A.C.
John	Clohisey	Raheny Shamrock A.C.
Siobhán	Kinsella	Raheny Shamrock A.C.
Mary	Walsh	Raheny Shamrock A.C.
Robbie	Beggs	Raheny Shamrock A.C.
Greg	Fitzsimons	Raheny Shamrock A.C.



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Colm	Cassidy	Raheny Shamrock A.C.
Liz	Keary	Raheny Shamrock A.C.
Michael	Flynn	Raheny Shamrock A.C.
Siobhan	Foley	Raheny Shamrock A.C.
Alan	Foley	Raheny Shamrock A.C.
Susan	O Toole	Raheny Shamrock A.C.
Brighid	Smyth	Raheny Shamrock A.C.
Keith	Fleming	Raheny Shamrock A.C.
Freir	John	Raheny Shamrock A.C.
Elaine	Mc Nulty	Raheny Shamrock A.C.
Wesley	O Brien	Raheny Shamrock A.C.
Kate	Martin	Raheny Shamrock A.C.
Eoin	Connolly	Raheny Shamrock A.C.
Elish	Kelly	Raheny Shamrock A.C.
Gearoid	Healy	Raheny Shamrock A.C.
Tara	Kennedy	Raheny Shamrock A.C.
Eamon	Traynor	Raheny Shamrock A.C.
Steve	Reeves	Raheny Shamrock A.C.
Caroline	Farrelly	Raheny Shamrock A.C.
Caroline	Farrelly	Raheny Shamrock A.C.
Una	Cherry	Raheny Shamrock A.C.
Mick	Goodman	Raheny Shamrock A.C.
Paul	Cullen	Raheny Shamrock A.C.
Mags	Byrne	Raheny Shamrock A.C.
Declan	Lawler	Raheny Shamrock A.C.
Tom	Loftus	Raheny Shamrock A.C.
Graham	O Dwyer	Raheny Shamrock A.C.
David	Brady	Raheny Shamrock A.C.
Dan	Wallace	Raheny Shamrock A.C.
Philip	McGovern	Raheny Shamrock A.C.
Sean	Kelly	Raheny Shamrock A.C.
Fiona	Coyle	Rathcoole A.C.
David	Tunney	Rathfarnham W.S.A.F. A.C.
Seamus	Gorman	Rathfarnham W.S.A.F. A.C.
Aifric	Morrissey	Rathfarnham W.S.A.F. A.C.
Robert	Murphy	Rathfarnham W.S.A.F. A.C.
Denis	Daly	Rathfarnham W.S.A.F. A.C.
Michael	Maloney	Rathfarnham W.S.A.F. A.C.
Brian	Furey	Rathfarnham W.S.A.F. A.C.
Orla	Mc Evoy	Rathfarnham W.S.A.F. A.C.
Jackie	Kingston	Rathfarnham W.S.A.F. A.C.
Barry	Minnock	Rathfarnham W.S.A.F. A.C.
Orla	Wilson	Rathfarnham W.S.A.F. A.C.
Daragh	Kelly	Rathfarnham W.S.A.F. A.C.
Katie	Fitzgerald	Rathfarnham W.S.A.F. A.C.
Ciaran	Aylward	Rathfarnham W.S.A.F. A.C.
Aisling	Tohill	Rathfarnham W.S.A.F. A.C.
Gael	Hernandez	Rathfarnham W.S.A.F. A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Mark	Ryan	Rathfarnham W.S.A.F. A.C.
Eoin	Mc Loughlin	Rathfarnham W.S.A.F. A.C.
Liam	Dunne	Rathfarnham W.S.A.F. A.C.
Patrick	Fitzpatrick	Rathfarnham W.S.A.F. A.C.
Eric	Cullen	Rathfarnham W.S.A.F. A.C.
Donagh	Powell	Rathfarnham W.S.A.F. A.C.
Eilis	Connery	Rathfarnham W.S.A.F. A.C.
Peter	O Farrell	Rathfarnham W.S.A.F. A.C.
Colm	Murray	Rathfarnham W.S.A.F. A.C.
Patrick	Marjolet	Rathfarnham W.S.A.F. A.C.
Archie	O Donnell	Rathfarnham W.S.A.F. A.C.
Jason	Reid	Rathfarnham W.S.A.F. A.C.
Clare	Sullivan	Rathfarnham W.S.A.F. A.C.
Jonathan	Hughes	Rathfarnham W.S.A.F. A.C.
Micheal	Murphy	Rathfarnham W.S.A.F. A.C.
Greg	Byrne	Rathfarnham W.S.A.F. A.C.
Matthew	Horrigan	Rathfarnham W.S.A.F. A.C.
Barry	Mulvihill	Rathfarnham W.S.A.F. A.C.
Brendan	Hogan	Rathfarnham W.S.A.F. A.C.
Brendan	White	Rathkenny A.C.
Philomena	Finnegan	Rathkenny A.C.
Aidan	Barker	Ratoath A.C.
Rachel	Connolly	Ratoath A.C.
Jimmy	Maloney	Roscommon A.C.
Laura	Byrne	Roscommon A.C.
Chris	Daly	Roscommon A.C.
Paul	Mc Cormack	Roscommon A.C.
Maria	Corcoran	Roscommon A.C.
Ciara	McDonnell	Roscommon A.C.
Tonya	Hand	Roscommon Harriers A.C.
Miriam	Cuddy	Roscommon Harriers A.C.
Caroline	Mc Cormck	Roscommon Harriers A.C.
Sinead	Gannon	Roscommon Harriers A.C.
Frank	Murphy	Roscommon Harriers A.C.
Gordon	Duffy	Rosscarbery Steam Runners
Irene	Herlihy	Rosscarbery Steam Runners
Naomi	Roycroft	Rosscarbery Steam Runners
Lisa	Mc Carthy	Rosscarbery Steam Runners
Gavin	O Donaill	Rosses A.C.
Denis	Boner	Rosses A.C.
Fergal	Mc Gee	Rosses A.C.
Fiona	Mc Ginley	Rosses A.C.
Michael	Rodgers	Rosses A.C.
Jimmy	Cullen	Roundwood & District A.C.
Ian	Frazer	Scrabo Striders
Shannon	Clegg	Scrabo Striders
Mark	Gilmore	Scrabo Striders
Chris	Green	Scrabo Striders

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Fiona	Mc Avoy	Scrabo Striders
Michael	Honeyman	Scrabo Striders
Deborah	Erskine	Scrabo Striders
Martin	Mc Keaveney	Scrabo Striders
Victoria	Sloan	Scrabo Striders
Loraine	Mc Crum	Scrabo Striders
Graeme	Mc Gowan	Scrabo Striders
Kerri	Anderson	Scrabo Striders
Gavin	Irvine	Seapark A.C.
Lauren	Lavery	Seapark A.C.
Robert	Elliott	Seapark A.C.
Glenda	Murray	Seapark A.C.
Robert	Murray	Seapark A.C.
Carol	Downey	Seapark A.C.
Geraldine	Kane	Seapark A.C.
Kevin	Mc Guinness	Shercock A.C.
Noel	Carroll	Shercock A.C.
Paul	Carroll	Shercock A.C.
Carmel	Mc Cabe	Shercock A.C.
Raymond	Carolan	Shercock A.C.
Keith	Downey	Skerries A.C.
David	Daly	Skerries A.C.
Julie	Kirwan	Slaney Olympic A.C.
John	Brennan	Slaney Olympic A.C.
Patrick	Hennessy	Slaney Olympic A.C.
Mary	Nolan	Slaney Olympic A.C.
Conaill	Cooper	Slaney Olympic A.C.
Paul	Browne	Slaney Olympic A.C.
Mick	Morrissey	Slaney Olympic A.C.
Brian	Maher	Slaney Olympic A.C.
David	Kehoe	Slaney Olympic A.C.
Michael	Quigley	Slaney Olympic A.C.
Jason	O Connor	Slaney Olympic A.C.
Paul	O Reilly	Slaney Olympic A.C.
Michael	Nolan	Slaney Olympic A.C.
Bobby	Redmond	Slaney Olympic A.C.
Jessie	O Connor	Slaney Olympic A.C.
Esther	O Leary	Slaney Olympic A.C.
Sabina	Sweeney	Slaney Olympic A.C.
Catherine	Roche	Slaney Olympic A.C.
Garry	Murphy	Slaney Olympic A.C.
Fergus	Murphy	Slaney Olympic A.C.
Joanne	Murphy	Slaney Olympic A.C.
Mary	Gorham	Slaney Olympic A.C.
Ger	Murphy	Slaney Olympic A.C.
Eamon	Saunders	Slaney Olympic A.C.
Eamon	Saunders	Slaney Olympic A.C.
Sean	Crotty	Slaney Olympic A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Paul	Gannon	Sli Cualann A.C.
Gordon	Mc Williams	Sli Cualann A.C.
Elaine	Harold	Sli Cualann A.C.
Pauline	O Connell	Sli Cualann A.C.
Sandra	Coleborn	Sli Cualann A.C.
Paul	Mahon	Sli Cualann A.C.
Cormac	O Ceallaigh	Sli Cualann A.C.
Niamh	O'Ceallaigh	Sli Cualann A.C.
Mark	Messitt	Sli Cualann A.C.
Rory	Decourcy	Sli Cualann A.C.
Carol	Costello	Sli Cualann A.C.
Donna	Quinn	Sli Cualann A.C.
Thomas	Moore	Sli Cualann A.C.
Siobhán	Butler	Sli Cualann A.C.
Martha	O Neill	Sli Cualann A.C.
Robert	Murphy	Sli Cualann A.C.
Caoimhe	Guilfoyle	Sli Cualann A.C.
Jean	O Kennedy	Sli Cualann A.C.
Marie	Curran	Sli Cualann A.C.
Peter	Doran	Sli Cualann A.C.
Tony	Redmond	Sli Cualann A.C.
Mary	Hayde Kearns	Sli Cualann A.C.
Trish	Synnott	Sli Cualann A.C.
Karol	Ó Loinsigh	Sli Cualann A.C.
Michael J	O Neill	Sli Cualann A.C.
Joe	Kelly	Sli Cualann A.C.
Sarah	Baryga	Sli Cualann A.C.
Ian	Mc Grath	Sli Cualann A.C.
Ray	Kenny	Sli Cualann A.C.
Michael	Priest	Sli Cualann A.C.
Dario	Zanchetta	Sli Cualann A.C.
Billy	Porter	Sli Cualann A.C.
Laura	Mc Cann	Sli Cualann A.C.
Shane	O Connell	Sli Cualann A.C.
Richard	Kavanagh	Sli Cualann A.C.
Damien	Lawless	Sli Cualann A.C.
Catherine	O Connor	Sli Cualann A.C.
Suzanne	Foot	Sli Cualann A.C.
Aisling	Kirwan	Sli Cualann A.C.
Lynn	Duffy	Sli Cualann A.C.
Ciara	Carter	Sli Cualann A.C.
Elaine	Casey	Sli Cualann A.C.
Georgina	Barrow	Sliabh Bawn A.C.
Paul	Gibbons	Sliabh Bhuide Rovers A.C.
Eugene	Doherty	Sliabh Bhuide Rovers A.C.
Michael	Breen	Sliabh Bhuide Rovers A.C.
Paul	Lynch	Sliabh Bhuide Rovers A.C.
Patrick	Curley	Sliabh Bhuide Rovers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Myles	Gibbons	Sliabh Bhuide Rovers A.C.
Adrian	Doyle	Sliabh Bhuide Rovers A.C.
Billy	Harpur	Sliabh Bhuide Rovers A.C.
Emma	Morris	Sliabh Bhuide Rovers A.C.
Jim	O Malley	Sliabh Bhuide Rovers A.C.
Niall	O'Connor	Sliabh Bhuide Rovers A.C.
Belinda	Kehoe	Sliabh Bhuide Rovers A.C.
Ciara	Nolan	Sliabh Bhuide Rovers A.C.
Orla	Fogarty	Sliabh Bhuide Rovers A.C.
Mairead	O'Neill	Sliabh Bhuide Rovers A.C.
Orla	Furlong	Sliabh Bhuide Rovers A.C.
Denise	Mc Cabe	Slieve Gullion Runners
Stephen	Mc Cabe	Slieve Gullion Runners
Hugh	Morgan	Slieve Gullion Runners
Stephen	Quinn	Slieve Gullion Runners
Darragh	Sherwin	Sligo A.C.
Eilish	Doherty	Sligo A.C.
Joe	Davey	Sligo A.C.
Brendan	Mc Carrick	Sligo A.C.
Fiona	Boyle	Sligo A.C.
Stephen	Gilgan	Sligo A.C.
Éamonn	Sweeney	Sligo A.C.
Eamonn	Sweeney	Sligo A.C.
Austin	Walsh	Sligo A.C.
Alan	Mc Gowan	Sligo A.C.
Diarmuid	O Flaherty	Sligo A.C.
Enda	Whelan	Sligo A.C.
Fintan	Whelan	Sligo A.C.
Damien	Kennedy	Sligo A.C.
Vanessa	Foley	Sligo A.C.
Orla	Ryan	Sligo A.C.
Alan	Gilmartin	Sligo A.C.
Fiona	Melvin	Sligo A.C.
Sean	Colreavy	Sligo A.C.
David	Kearins	Sligo A.C.
Mari	Johnston	Sligo A.C.
Bill	Carty	Sligo A.C.
David	Richardson	South Galway A.C.
Greg	Lundon	South Galway A.C.
John	Whiriskey	South Galway A.C.
Helena	Finn	South Sligo A.C.
Rita	O Dwyer Brett	South Sligo A.C.
Una	Caffrey	South Sligo A.C.
Patricia	Boyle	Sperrin Harriers
Paula	Glasgow	Sperrin Harriers
Richard	Fox	Sperrin Harriers
Amanda	Donnelly	Sperrin Harriers
Steven	Dornan	Sperrin Harriers

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Karen	McGuigan	Sperrin Harriers
Gillian	Dunseath	Sperrin Harriers
Pierce	Mc Cullagh	Sperrin Harriers
Cormc	Garvey	Sportsworld A.C.
Aidan	Curran	Sportsworld A.C.
William	Murphy	Sportsworld A.C.
Lucy	D'Arcy	Sportsworld A.C.
William Thomas	Greensmyth	Sportsworld A.C.
Tim	Murphy	Sportsworld A.C.
Martin	Doyle	Sportsworld A.C.
Sean	Donegan	Sportsworld A.C.
Laura	Murphy	Sportsworld A.C.
Adrian	Lanigan	Sportsworld A.C.
Grainne	Lynch	Sportsworld A.C.
Eileen	Rowland	Sportsworld A.C.
Andrew	Brett	Sportsworld A.C.
Peter	Brennan	Sportsworld A.C.
Ronan	Masterson	Sportsworld A.C.
Sibéal	Waldron	Sportsworld A.C.
Dermot	Brosnan	Sportsworld A.C.
Stephanie	Bergin	Sportsworld A.C.
William	Greensmyth	Sportsworld A.C.
Gareth	Murran	Sportsworld A.C.
Jose	Chapa	Sportsworld A.C.
Padraig	Looby	Sportsworld A.C.
Justin	Mc Keever	Sportsworld A.C.
Paul	Hamilton	Sportsworld A.C.
Sandra	Kelly	Sportsworld A.C.
Paul	Canniffe	Sportsworld A.C.
Valerie	Power	Sportsworld A.C.
Neil	Purdy	Sportsworld A.C.
Diarmuid	Ó Súilleabháin	Sportsworld A.C.
Anne	Belton	Sportsworld A.C.
Mark	Hollowed	Sportsworld A.C.
Stephen	O'Donnell	Sportsworld A.C.
Andrew	Wilmot	Springwell Running Club
Paul	Dornan	Springwell Running Club
Catherine	Pinkerton	Springwell Running Club
Conor	Barry	St Annes A.C.
Colm	Burke	St Malachy's A.C.
Colm	Mc Evoy	St. Abbans A.C.
Mary Carmel	Hughes	St. Abbans A.C.
Aoife	Mc Evoy	St. Abbans A.C.
Nicola	Feehan	St. Abbans A.C.
Thomas	Frazer	St. Abbans A.C.
Connor	Mulholland	St. Abbans A.C.
Conor	Skelton	St. Andrews A.C.
Sharon	Holmes	St. Brendan's A.C. (Kerry)

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Caitriona	Mc Donald	St. Brendan's A.C. (Kerry)
Kevin	Donnellan	St. Brigids A.C.
Margaret	Carlin	St. Brigids A.C.
David	Butler	St. Brigids A.C.
Brendan	Smith	St. Catherine's A.C.
Ray	Farrelly	St. Catherine's A.C.
John	Farrelly	St. Catherine's A.C.
Michael	Byrne	St. Coca's A.C.
Brendan	Hickey	St. Coca's A.C.
Allan	Carr	St. Coca's A.C.
Leeroy	Graham	St. Coca's A.C.
Andrew	Purcell	St. Coca's A.C.
Imelda	Higgins	St. Coca's A.C.
David	Murray	St. Coca's A.C.
Clare	Lyons	St. Coca's A.C.
Grainne	Butler	St. Coca's A.C.
Michael	Mc Grath	St. Coca's A.C.
Bernard	Phelan	St. Coca's A.C.
Marianne	Mulreid	St. Coca's A.C.
Annette	Whittaker	St. Coca's A.C.
Martin	Baten	St. Coca's A.C.
Fiona	King	St. Finbarrs A.C.
Olivia	Birmingham	St. Finbarrs A.C.
Gillian	Ryan	St. Finbarrs A.C.
Paul	Gallagher	St. Finbarrs A.C.
John	Fitzgibbons	St. Finbarrs A.C.
Micheal	Ó Draighneáin	St. Finbarrs A.C.
Stephen	Geoghegan	St. Finbarrs A.C.
David	Butler	St. Finbarrs A.C.
Grainne	Ni Luasa	St. Finbarrs A.C.
Dan	Kennedy	St. Finbarrs A.C.
Alan	Lehane	St. Finbarrs A.C.
Jeremy	O Donovan	St. Finbarrs A.C.
Ryhan	O Halloran	St. Finbarrs A.C.
Dave	O Regan	St. Finbarrs A.C.
Ken	Devine	St. Finbarrs A.C.
Cathal	O Connell	St. Finbarrs A.C.
David	O Connor	St. Finbarrs A.C.
Siobhan	Healy	St. Finbarrs A.C.
Lorraine	O Sullivan	St. Finbarrs A.C.
Donal	Murray	St. Finbarrs A.C.
Irene	Eighan	St. Finbarrs A.C.
Mary	Mulcahy	St. Finbarrs A.C.
Ailise	Mc Nulty	St. Finbarrs A.C.
Edward	O Mahony	St. Finbarrs A.C.
Sorcha	Kearney	St. Finbarrs A.C.
Michael	Morgan	St. John's A.C.
Paul	Gallagher	St. Joseph's A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Michael	Corbett	St. Joseph's A.C.
John	Cahill	St. Killian's A.C.
Tom	Mc Donald	St. Killian's A.C.
Anita	Barry	St. L. O'Toole A.C.
Padraig	Moriarty	St. L. O'Toole A.C.
Gerry	Moran	St. L. O'Toole A.C.
Michelle	Mc Namara	St. L. O'Toole A.C.
Rock	Pender	St. L. O'Toole A.C.
Denis	Lyons	St. L. O'Toole A.C.
David	Ashmore	St. L. O'Toole A.C.
Lynda	Fay	St. L. O'Toole A.C.
Meudec	Christophe	St. L. O'Toole A.C.
Lynda	Waddock	St. Michael's A.C.
Niall	Mc Loughlin	St. Michael's A.C.
Brendan	Nolan	St. Michael's A.C.
Stephen	Whearty	St. Michael's A.C.
Dave	Murphy	St. Michael's A.C.
Davif	Sweeney	St. Michael's A.C.
Aidan	Mc Gee	St. Michael's A.C.
Austin	Fenlon	St. Michael's A.C.
Brian	Yarrow	St. Michael's A.C.
Dave	Eustace	St. Michael's A.C.
Shane	Broderick	St. Michael's A.C.
Johnny	Doris	St. Michael's A.C.
Darren	Geoghegan	St. Michael's A.C.
Dermot	Lawler	St. Michael's A.C.
Con	Lawler	St. Michael's A.C.
John	Corcoran	St. Michael's A.C.
Monica	Corcoran	St. Michael's A.C.
Céin	Fitzpatrick	St. Nicholas A.C.
George	Sharpe	St. Nicholas A.C.
Cathal	Grennan	St. Nicholas A.C.
Tom	Quirke	St. Peter's A.C.
David	Mc Carthy	St. Peter's A.C.
Gerard	Burke	St. Peter's A.C.
Jason	Holmes	St. Peter's A.C.
John	Nix	St. Peter's A.C.
Gillian	Mc Crory	St. Peter's A.C.
Patricia	Foskin	St. Senans A.C.
Patricia	Foskin	St. Senans A.C.
Sean	Murphy	Star of the Laune A.C.
Stephen	Griffin	Star of the Laune A.C.
Susanne	Foley	Star of the Laune A.C.
Ann And	Foley	Star of the Laune A.C.
Patricia	Corbett	Star of the Laune A.C.
Damian	Quigg	Star of the Laune A.C.
Anne	Gabbett	Star of the Laune A.C.
Tracy	Murphy	Star of the Laune A.C.



<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Niamh	Clifford	Star of the Laune A.C.
Declan	Murphy	Star of the Laune A.C.
Ciaran	Flanagan	Star of the Sea A.C.
Eamonn	Morris	Star of the Sea A.C.
Janice	Allen	Star of the Sea A.C.
Alan	Caul	Star of the Sea A.C.
Daniel	Delaney	Star of the Sea A.C.
Shane	Freeman	Swinford A.C.
Avril	Mc Greal	Swinford A.C.
Gavin	Beaufort	Tallaght A.C.
Anna	King	Tallaght A.C.
Ciara	Forrester	Tallaght A.C.
Paul	Mitchell	Tallaght A.C.
Gerry	Schley	Tallaght A.C.
David	Fletcher	Tallaght A.C.
David	Callaghan	Tallaght A.C.
David	O'Brien	Tallaght A.C.
Claire	O'Brien	Tallaght A.C.
David	O'Callaghan	Tallaght A.C.
Suzanna	O'Callaghan	Tallaght A.C.
Joseph	Pepper	Tallaght A.C.
Billy	Loughman	Tallaght A.C.
Alan	Carney	Tallaght A.C.
Patrick	Carolan	Tallaght A.C.
Alan	Mc Cabe	Tallaght A.C.
Karl	O Toole	Tallaght A.C.
Shane	Carton	Tallaght A.C.
Kevin	Kirrane	Tallaght A.C.
Philip	O'Toole	Tallaght A.C.
Derek	Quinn	Tallaght A.C.
Sarah	Kinsella	Tallaght A.C.
Patrick	Kelly	Tallaght A.C.
Michael	Murphy	Tallaght A.C.
Garry	Clarke	Tallaght A.C.
Gerard	Dore	Tallaght A.C.
Stephen	Kavanagh	Tallaght A.C.
Linda	Donegan	Tallaght A.C.
Paula	Murray	Tallaght A.C.
Laura	McDonnell	Tallaght A.C.
Sandro	Giglione	Tallaght A.C.
John	Stokes	Tallaght A.C.
Luke	Coleman	Tallaght A.C.
Barry	Cullen	Tallaght A.C.
Chris	Dalton	Tallaght A.C.
Tomas	Fitzpatrick	Tallaght A.C.
Shane	Moss	Tara A.C.
Larry	Stapleton	Templemore A.C.
Owen	Ryan	Templemore A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Sean	Percy	Templemore A.C.
Michael	Gleeson	Templemore A.C.
Sean	Mulholland	Templemore A.C.
Paddy	Clarke	Templemore A.C.
Peter	Madden	Templemore A.C.
Paul	Walsh	Templemore A.C.
Seamus	Duggan	Templemore A.C.
Kate	Kennedy	Templemore A.C.
Margaret	Hayes	Templeogue A.C.
Christian	Fortes Oneill	Termoneeny Running Club
Danny	Shananhan	Thomastown A.C.
John	Davis	Thomastown A.C.
Declan	Ryan	Thurles Crokes A.C.
John	Fitzgibbon	Thurles Crokes A.C.
Denis	Shanahan	Thurles Crokes A.C.
John	Meagher	Tipperary Town A.C.
David	Lynch	Tipperary Town A.C.
Jean	Beresford	Tipperary Town A.C.
Martin	O Meara	Tipperary Town A.C.
Yvonne	Kennedy	Tipperary Town A.C.
Aine	Crosse	Tipperary Town A.C.
Brian	Mc Ghee	Tipperary Town A.C.
David	O Malley	Tipperary Town A.C.
Robert	Dempsey	Tipperary Town A.C.
Noel	Connors	Tipperary Town A.C.
Ann	Ryan	Tipperary Town A.C.
Darius	Delahunty	Tipperary Town A.C.
Sarah	Delahunty	Tipperary Town A.C.
Margaret	Meehan	Tipperary Town A.C.
Jonathan	Carey	Tipperary Town A.C.
Franny	Youngusband	Tipperary Town A.C.
Charlotte	Youngusband	Tipperary Town A.C.
Brian	Mc Cabe	Tír Chonaill A.C.
Sean	Lorinyenko	Tír Chonaill A.C.
Philomena	Gallagher	Tír Chonaill A.C.
Shane	O Donnell	Tír Chonaill A.C.
Martina	Coughlin	Tír Chonaill A.C.
Julie	Mc Namee	Tír Chonaill A.C.
Hugh	Mc Namee	Tír Chonaill A.C.
Niamh	Sheehan	Togher A.C.
Patrick	O Connell	Togher A.C.
Heather	Carty	Trim A.C.
Steven	Nally	Trim A.C.
Andrew	Revington	Trim A.C.
Michael	Counsel	Trim A.C.
Andrew	Reilly	Trim A.C.
Tom	Moore	Trim A.C.
Edward	Casey	Trim A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Pat	Comey	Trim A.C.
Shirley	Mc Evoy	Trim A.C.
Anthony	Ryan	Trim A.C.
Mark	Lynam	Trim A.C.
Mark	Melia	Trim A.C.
Leonie	Dyar	Trim A.C.
Denise	Molloy	Trim A.C.
Kieran	Corcoran	Trim A.C.
Susan	Clancy	Trim A.C.
Barry	Harten	Trim A.C.
Quinton	Bourke	Trim A.C.
David	Harte	Trim A.C.
Niall	Feeney	Trim A.C.
Michael	Lanney	Trim A.C.
Maurice	Brennan	Trim A.C.
Sean	Murphy	Trim A.C.
Ronan	Moore	Trim A.C.
Don	Mahon	Trim A.C.
Claire	Mulreid	Trim A.C.
Stephen	Byrne	Trim A.C.
Brian	Lalor	Tuam A.C.
Seán	Burke	Tuam A.C.
Oliver	Mc Inerney	Tulla A.C.
Mag	Grennan	Tullamore Harriers A.C.
Declan	Rosney	Tullamore Harriers A.C.
Rodge	Larkin	Tullamore Harriers A.C.
Jason	Twomey	Tullamore Harriers A.C.
Robert	Westman	Tullamore Harriers A.C.
Johnjoe	Galvin	Tullamore Harriers A.C.
Naomi	Galvin	Tullamore Harriers A.C.
Mary	Galvin	Tullamore Harriers A.C.
Paula	Nolan	Tullamore Harriers A.C.
Tony	Keegan	Tullamore Harriers A.C.
Lavinia	Leahy	Tullamore Harriers A.C.
Tara	Mc Kinney	Tullamore Harriers A.C.
Paddy	Rowland	Tullamore Harriers A.C.
Micheal	O Brien	Tullamore Harriers A.C.
Anthony	Harpur	Tullamore Harriers A.C.
Alan	Mitchell	Tullamore Harriers A.C.
Mark	Harpur	Tullamore Harriers A.C.
Finian	Mc Dermott	Tullamore Harriers A.C.
John	O Connell	Tullamore Harriers A.C.
Hilary	Duncan	Tullamore Harriers A.C.
Raymond	Ryan	Tullamore Harriers A.C.
Eugene	Mann	Tullamore Harriers A.C.
Liam	Byrne	Tullamore Harriers A.C.
Brendan	Abbott	Tullamore Harriers A.C.
Charlotte	Abbott	Tullamore Harriers A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Jaroslav	Blacharski	U.C.D. A.C.
Adrian	Duignan	Ulster University
Joe	Lillis	United Striders A.C.
Seamus	Kehoe	United Striders A.C.
Thomas	Moran	United Striders A.C.
Colm	Stafford	United Striders A.C.
Mick	O Gorman	United Striders A.C.
Paul	Colfer	United Striders A.C.
Catherine	Ronan	United Striders A.C.
Denis	O Brien	United Striders A.C.
Mark	Kearns	Victoria Park & Connswater
Teresa	Kearns	Victoria Park & Connswater
Orlaith	Finucane	Victoria Park & Connswater
John	O Connor	Waterford A.C.
Seamus	O'Mahoney	Waterford A.C.
Sean	Mc Gowan	Waterford A.C.
Michael	O Brien	Waterford A.C.
Jonathan	Brazil	Waterford A.C.
Bernadette	Finucane	Waterford A.C.
Jason	Phelan	Waterford A.C.
Lisa	Hickey	Waterford A.C.
John	Crotty	Waterford A.C.
Shane	McDonnell	Waterford A.C.
Tiffany	Mc Evoy	Waterford A.C.
Mark	Mc Kenna	Waterford A.C.
John	Cleary	Waterford A.C.
Eileen	Murphy	Waterford A.C.
Tommy	Carroll	Waterford A.C.
Susan	Rowe	Waterford A.C.
Jamie	O Meara	Waterford A.C.
Bernard	Deegan	Waterford A.C.
Ronan	Clinton	Waterford A.C.
Sinead	Clinton	Waterford A.C.
Damien	Larkin	Waterford A.C.
Des	Colbert	Waterford A.C.
Mary	Jennings	Waterford A.C.
Keith	O Driscoll	Waterford A.C.
Aoife	Kirby	Waterford A.C.
Trevor	Power	Waterford A.C.
Graham	Quinlan	Waterford A.C.
Steven	Hearne	Waterford A.C.
Mark	Langford	Waterford A.C.
Gary	Whelan	Waterford A.C.
Sarah	Hanratty	Waterford A.C.
Kenny	Lonergan	Waterford A.C.
Brendan	Carrigan	Waterford A.C.
Tadgh	Hanley	Watergrasshill A.C.
David	Mullins	Watergrasshill A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Laura	Rooney	Watergrasshill A.C.
Michael	Murray	Watergrasshill A.C.
Steve	Dunlea	Watergrasshill A.C.
Maggie	Stack	Watergrasshill A.C.
Paul	Shelley	Waterstown Warriors A.C.
Kerry	Constant	Waterstown Warriors A.C.
Tony	Marnell	Waterstown Warriors A.C.
Amelia	Nolan	Waterstown Warriors A.C.
Richard	O Connor	Waterstown Warriors A.C.
Ann Marie	Daly	Waterstown Warriors A.C.
Teresa	Hartford	Waterstown Warriors A.C.
Gavin	Collins	Waterstown Warriors A.C.
Louis	Parminter	Waterstown Warriors A.C.
Derek	Keating	Waterstown Warriors A.C.
Damien	Smith	Waterstown Warriors A.C.
Dara	Clifford	Waterstown Warriors A.C.
Ann	Battersby	Waterstown Warriors A.C.
Des	Hughes	Waterstown Warriors A.C.
Stephen	Dunne	Waterstown Warriors A.C.
Thomas	Delaney	Waterstown Warriors A.C.
Karl	Donnelly	Waterstown Warriors A.C.
John	Mulcair	West Limerick A.C.
Brendan	O Carroll	West Limerick A.C.
Catriona	Lenihan	West Limerick A.C.
Seamus	Cawley	West Limerick A.C.
Rachel	Hayes	West Limerick A.C.
Mark	Lenihan	West Limerick A.C.
Paul	Crotty	West Limerick A.C.
Paula	Collins	West Limerick A.C.
Marcella	Mc Grath	West Limerick A.C.
Richard	Lenihan	West Limerick A.C.
Derek	Mackessy	West Limerick A.C.
Caroline	Conroy	West Limerick A.C.
Ian	Kelly	West Limerick A.C.
Declan	Mc Carthy	West Limerick A.C.
Jerry	Cronin	West Muskerry A.C.
Jeremy	Kelleher	West Muskerry A.C.
Carol	Naughton	West Muskerry A.C.
Karl	Sloan	West Muskerry A.C.
Audrey	O Sullivan	West Muskerry A.C.
Mariosa	Callaghan	West Muskerry A.C.
Ciara	Fleming	West Muskerry A.C.
Rory	Darcy	West Muskerry A.C.
Michael	O Shea	West Muskerry A.C.
Lilly	Ross	West Muskerry A.C.
Wayne	Young	West Muskerry A.C.
Sarah	Liddane	West Muskerry A.C.
Colm	Griffin	West Muskerry A.C.

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
John	Manning	West Muskerry A.C.
Ted	O Leary	West Waterford A.C.
Michael	Callaghan	West Waterford A.C.
James	Whelan	West Waterford A.C.
Linda	Garcia	West Waterford A.C.
Michael	Coakley	West Waterford A.C.
Terri	Gough	West Waterford A.C.
Tom	Leahy	West Waterford A.C.
Jody	Hallinan	West Waterford A.C.
Martin	Tobin	West Waterford A.C.
Conor	Murray	West Waterford A.C.
Seamus	Silke	Westport A.C.
Paul	Roddy	Westport A.C.
Sean	O Boyle	Westport A.C.
Cuan	Mc Carrick	Westport A.C.
David	Conway	Westport A.C.
David	Hickey	Westport A.C.
Paddy	O Toole	Westport A.C.
Dalva	Mc Phillips	Westport A.C.
Keith	O Connell	Westport A.C.
Elaine	Halpin	Westport A.C.
Sinead	Doherty	Wetlands Running Club
Martin	Carroll	Wexford Marathon Club
Fintan	Kavanagh	Wexford Marathon Club
Paul	Cullen	Wexford Marathon Club
Sarah-Jane	Murphy	Wexford Marathon Club
James	Byrne	Wexford Marathon Club
Des	O Neill	Wexford Marathon Club
Padraig	Coone	Wexford Marathon Club
Erica	Wilson	Wexford Marathon Club
Lisa	Shannon	Wexford Marathon Club
Philip	Murphy	Wexford Marathon Club
Nicola	Bury	Wexford Marathon Club
Daniel	Bury	Wexford Marathon Club
Sharon	Gleeson	Wexford Marathon Club
Orla	Doyle	Wexford Marathon Club
John	Murphy	Wexford Marathon Club
Noel	Kehoe	Wexford Marathon Club
David	Kelly	Wexford Marathon Club
Mary Claire	Kirwan	Wexford Marathon Club
Karen	Tull	Wexford Marathon Club
Patrick	Tull	Wexford Marathon Club
Colin	McShane	Wexford Marathon Club
Vanessa	Mc Shane	Wexford Marathon Club
Elaine	Carley	Wexford Marathon Club
Mary Catherine	Murphy	Wexford Marathon Club
Pa	Cronin	Wexford Marathon Club
Frances	Gavin	Wexford Marathon Club

<b>First Name</b>	<b>Last Name</b>	<b>Athletics Ireland Club</b>
Cathal	Byrne	Wexford Marathon Club
Orla	Doyle	Wexford Marathon Club
Anthony	Kennelly	Wexford Marathon Club
Alice	Williams	Wexford Marathon Club
Angie	Whelan	Wexford Marathon Club
David	Proctor	Willowfield Harriers
Niamh	Monds	Willowfield Harriers
Bob	Fagan	Youghal A.C.
Brendan	Coleman	Youghal A.C.
Dara	Kilmartin	Youghal A.C.
Ashlene	Robertson	Youghal A.C.
Sonia	Gilmartin	Youghal A.C.
Richard	Jordan	Youghal A.C.
Ted	Kelly	Youghal A.C.
Ken	Harney	Youghal A.C.
Paul	O Mahony	Youghal A.C.
Declan	Barron	Youghal A.C.
George	Bulman	Youghal A.C.
Louise	O Brien	Youghal A.C.
Carol	Murphy	Youghal A.C.
Deirdre	Ansbro	Youghal A.C.
Keith	Ansbro	Youghal A.C.
Liz	Terry	Youghal A.C.
Sean	Ahern	Youghal A.C.
Ann Marie	Holland	Youghal A.C.



























































































































