

Premier Men**110m Hurdles (wind: -3.2 m/s)**

Place	Num	Athlete	Club	Time
1	9	Kourosh Foroughi	Meath Athletics	15.11
2	1	Josh Essuman	Tallaght	15.68
3	10	Eoin Kelly	St Abbans AC	15.69
4	6	Andrii Mahin	Clonliffe Harriers	17.35
5	14	Simon Monroe	Kildare Athletics	21.73
6	3	Peter Speers	North Down	25.22

3000m Walk

Place	Num	Athlete	Club	Time
1	14	Nathan Murphy	Kildare Athletics	16.31.50
2	6	G Hossenney	Clonliffe Harriers	17.15.53
3	10	James Delaney	St Abbans AC	17.36.25
4	1	Luke Coleman	Tallaght	24.57.72
4	4	Mick Martin	Raheny Shamrocks	DQ

400m Hurdles

Place	Num	Athlete	Club	Time
1	10	Paul Byrne	St Abbans AC	51.17
2	6	Tim Crowe	Clonliffe Harriers	54.26
3	5	Rolus Olusa	Donore Harriers	61.18
4	1	Josh Essuman	Tallaght	62.39
5	14	Kevin Migge	Kildare Athletics	63.51
6	3	Peter Speers	North Down	65.62

4X100m Relay

Place	Num	Athlete	Club	Time
1	6		Clonliffe Harriers	43.35
2	14		Kildare Athletics	43.92
3	10		St Abbans	44.44
4	4		Raheny Shamrocks	44.60
5	5		Donore Harriers	45.03
6	9		Meath Athletics	45.07
7	3		North Down	45.28
8	1		Tallaght	45.56

1500m

Place	Num	Athlete	Club	Time
1	10	Cormac Kelly	St Abbans AC	4.03.06
2	14	Kevin Kelly	Kildare Athletics	4.04.03
3	5	Lee Van Haefstan	Donore Harriers	4.05.18
4	6	Adam O'Brien	Clonliffe Harriers	4.11.99
5	1	Evan Flynn	Tallaght	4.17.60
6	4	Simon Devenney	Raheny Shamrocks	4.19.36
7	3	Francis Marsh	North Down	4.20.07
8	9	Ciaran Crowther	Meath Athletics	4.36.30
	388	Stephen Prentice (G)	Annadale Striders	4.05.16
	393	James Moore (G)	St Abbans AC	4.10.24
	344	Ritchie Lombard (G)	Celtic DCH	4.07.59
	451	James Swaby (G)	Waterford	4.22.79
	488	Sam Allen (G)	Donore Harriers	4.23.30
	500			4.20.55

400m

Place	Num	Athlete	Club	Time
1	6	Brian Gregan	Clonliffe Harriers	45.98
2	3	Andrew Mellon	North Down	48.95
3	14	John Fitzsimons	Kildare Athletics	48.97
4	1	Joseph Lyons	Tallaght	50.12
5	10	Eoghan Buggy	St Abbans AC	50.20
6	4	Cathal O'Clerigh	Raheny Shamrocks	50.51
7	5	Darragh Fitzgibbon	Donore Harriers	53.85
8	9	Michael O'Sullivan	Meath Athletics	54.06

Premier Women**100m Hurdles (wind: -2.7m/s)**

Place	Num	Athlete	Club	Time
1	89	Sarah Connolly	North Down A.C	15.14
2	26	Lisa Aspel	Kildare Athletics	15.97
4	21	Karen Dunne	Meath County	17.07
4	28	Sara Doyle	Clonliffe Harriers	17.54
5	31	Maeve Sheehan	Raheny Shamrocks AC	18.48
	327	Catherine McManus (G)	Celtic DCH	14.34

1500m Walk

Place	Num	Athlete	Club	Time
1	89	Rebecca Collins	North Down A.C	7.07.41
2	26	Claire Kennedy	Kildare Athletics	7.37.54
3	23	Catherine Walsh	Wexford County	7.49.24
4	28	Maria Magina	Clonliffe Harriers	10.11.24

400m Hurdles

Place	Num	Athlete	Club	Time
1	26	Clíodhna O'Connor	Kildare Athletics	68.86
2	89	Holly Brannigan	North Down A.C	71.06
3	28	Sara Doyle	Clonliffe Harriers	74.95
4	21	Ciara Heneghan	Meath County	79.87
5	31	Orla Manley	Raheny Shamrocks AC	88.20

4X100m Relay

Place	Num	Athlete	Club	Time
1	26		Kildare Athletics	49.57
2	28		Clonliffe Harriers	50.35
3	31		Raheny Shamrocks	50.76
4	89		North Down	51.47
5	23		Wexford County	52.70
6	21		Meath Athletics	53.68

1500m

Place	Num	Athlete	Club	Time
1	89	Rachel Gibson	North Down A.C	4.36.22
2	23	Ciara Wilson	Wexford County	4.44.30
3	28	Louise Reilly	Clonliffe Harriers	4.47.61
4	21	Mary Hanley	Meath County	5.15.73
5	26	Grace Casey	Kildare Athletics	5.41.02
6	31	Orla Lambe	Raheny Shamrocks AC	6.37.55
	338	Claire Brennan (G)	Celtic DCH	4.38.96
	340	Aisling Moorhouse (G)	Celtic DCH	4.59.00

400m

Place	Num	Athlete	Club	Time
1	28	Ciara McCallion	Clonliffe Harriers	54.90
2	31	Susan Scallan	Raheny Shamrocks AC	58.11
3	21	Eva O'Donovan	Meath County	58.75
4	23	Fiona Kehoe	Wexford County	58.90
5	89	Olivia Cumming	North Down A.C	59.13
6	26	Katie Quigley	Kildare Athletics	60.64

400m GUEST

Place	Num	Athlete	Club	Time
1	489	Ben Maze (G)	Unattached	50.35
2	347	Eoin Murphy (G)	Naas	52.11
3	392	Adam Halpin (G)	Donore Harriers	55.32
4	440	James Sullivan (G)	DSD	55.61

3000m S/C

Place	Num	Athlete	Club	Time
1	6	P Davoren	Clonliffe Harriers	10.08.3
2	5	Kevin English	Donore Harriers	10.28.5
3	9	Alex Hunter	Meath Athletics	10.28.8
4	4	Donal Foley	Raheny Shamrocks	11.01.6
5	10	James Nolan	St Abbans AC	11.22.1
6	1	Sean McCabe	Tallaght	11.40.2
	483	Ciaran Doherty (G)	Letterkenny	9.26.0

200m (wind: +0.4 m/s)

Place	Num	Athlete	Club	Time
1	6	C Sibanda	Clonliffe Harriers	22.03
2	3	Adam McComb	North Down	22.06
3	14	Luke Morris	Kildare Athletics	22.15
4	10	Paul Byrne	St Abbans AC	22.64
5	4	Sean Dowling	Raheny Shamrocks	22.77
6	9	Niall Flanagan	Meath Athletics	22.94
7	1	Sean Flanagan	Tallaght	23.56
8	5	David Campbell	Donore Harriers	23.67

200m GUEST (wind: -0.6 m/s)

Place	Num	Athlete	Club	Time
1	467	Glodi Swana	Limerick	23.60
2	358	David O'Brien (G)	Dooneen	23.94
3	355	Kevin Kyne (G)	Newbridge	24.72
4	532	Sean O'Bhroin	Donore Harriers	25.50

200m GUEST (wind: m/s)

Place	Num	Athlete	Club	Time
	553	Eoghan Morgan (G)	Brs Pearce	24.03
	547	Mark Hanrahan	Brs Pearce	24.23
	600	Abbas Bowen (G)	Crusaders	24.44
	540	David Hayde (G)	SLOT	24.61

800m

Place	Num	Athlete	Club	Time
1	4	Kieran Kelly	Raheny Shamrocks	1.54.62
2	10	Brian Kelly	St Abbans AC	1.57.35
3	5	Eric Keogh	Donore Harriers	1.57.58
4	14	Eoin Reidy	Kildare Athletics	1.58.65
5	9	Philip Marron	Meath Athletics	1.59.82
6	6	J. Stubbs	Clonliffe Harriers	2.00.29
7	1	Joseph Lyons	Tallaght	2.11.66
8	3	Craig McDermid	North Down	2.14.52

800m

Place	Num	Athlete	Club	Time
1	433	Daniel Lawlor (G)	St Abbans AC	1.57.45
2	402	Cian Kelly (G)	St Abbans AC	2.02.07
3	432	James TyrerII (G)	St Abbans AC	2.02.84
4	349	Mark Glynn (G)	Newbridge	2.04.56
5	494	Ken Archbold (G)	SLOT	2.05.25
6	399	Aaron Murphy (G)	St Abbans AC	2.08.25
7	342	Finn Burke (G)	Celtic DCH	2.10.81

3000m

Place	Num	Athlete	Club	Time
1	28	Emer O'Brien	Clonliffe Harriers	10.19.88
2	23	Elizabeth Egan	Wexford County	10.31.97
3	21	Ciara Rooney	Meath County	10.38.38
4	31	Maria O'Sullivan	Raheny Shamrocks AC	10.56.80
5	89	Katie Moore	North Down A.C	10.58.60

200m (wind: -1.8 m/s)

Place	Num	Athlete	Club	Time
1	26	Claire Brady	Kildare Athletics	25.48
2	28	Snezana Bectina	Clonliffe Harriers	26.18
3	31	Susan Scallan	Raheny Shamrocks AC	26.76
4	89	Olivia Cumming	North Down A.C	27.25
5	21	Niamh Hetherington	Meath County	27.31
6	23	Sinead Moloney	Wexford County	28.54
7		Katie Brennan	St Abbans A.C	30.43
	594	Sarah Murray (G)	Fingallians	25.63

800m

Place	Num	Athlete	Club	Time
1	23	Fiona Kehoe	Wexford County	2.15.41
2		Nessa Millet	St Abbans A.C	2.16.35
3	89	Jessica Craig	North Down A.C	2.19.97
4	26	Aimee McGrath	Kildare Athletics	2.20.96
5	31	Susie Flynn	Raheny Shamrocks AC	2.23.46
6	21	Karen Crean	Meath County	2.25.88
7	28	Alannah Cooley	Clonliffe Harriers	2.27.75
	360	Nicole Devitt (G)	Inbhear Dee	2.39.11
	526	Aoife NiBhroin	Celtic DCH	2.28.07
	603	Eimear Tracey	Clonliffe Harriers	2.26.71

5000m

Place	Num	Athlete	Club	Time
1	4	David Rooney	Raheny Shamrocks	14.30.26
2	1	Thomas Fitzpatrick	Tallaght	15.05.43
3	14	Pat Roche	Kildare Athletics	15.09.37
4	5	Mark Dooley	Donore Harriers	15.12.16
5	10	Stephen Lawlor	St Abbans AC	15.17.59
6	6	Ian Guiden	Clonliffe Harriers	15.30.33
7	3	Dennis Scott	North Down	16.30.11
8	9	Derek Hunter	Meath Athletics	17.18.56
	607	Robert Murphy (G)	Rathfarnham WSAF	15.42.40
	438	Oran O'Flaherty (G)	SLOT	17.01.42
	490	Trevor Corcoran (G)	SLOT	18.00.02

100m (wind: -2.6 m/s)

Place	Num	Athlete	Club	Time
1	6	Keith Pike	Clonliffe Harriers	11.10
2	3	Adam McComb	North Down	11.11
3	14	Luke Morris	Kildare Athletics	11.42
4	9	Niall Flanagan	Meath Athletics	11.47
5	10	Barry Regan	St Abbans AC	11.62
6	4	Mark Smyth	Raheny Shamrocks	11.87
7	5	Conor Fox	Donore Harriers	11.99
8	1	Sean Bolger	Tallaght	12.19

100m (wind: -2.4 m/s)

Place	Num	Athlete	Club	Time
1	28	Snezana Bectina	Clonliffe Harriers	12.77
2	26	Aine O'Connor	Kildare Athletics	12.81
3	31	Fia Donnelly	Raheny Shamrocks AC	13.37
4	21	Alanna Gonsalves	Meath County	13.57
5		Shauna Daly	St Abbans A.C	13.73
6	89	Saskia Greer	North Down A.C	13.75
	23	Shannon Wall	Wexford County	DQ

100m Guest (wind: -4.7 m/s)

Place	Num	Athlete	Club	Time
1	384	Dean Adams (G)	BAAC	11.41
2	573	Christopher Sibanda	Clonliffe harriers	11.42
3	382	Gareth Thompson	City of Lisburn	11.72
4	460	Stanley Ikeh	Limerick	12.20
5	464	Roland Pika	Limerick	12.58
6	365	John Flynn (G)	Dooneen	12.73
7	440	James Sullivan (G)	DSD	13.23

100m Guest (wind: -2.8 m/s)

Lane	Num	Athlete	Club	Time
1	615	Eoin Alfred	Dooneen	11.81
2	467	Glodi Swana (G)	Limerick	11.99
3	614	Pierce Friel	Clonliffe Harriers	12.01
4	553	Eoghan Morgan (G)	Brs Pearce	12.10
5	600	Abbas Bowen (G)	Crusaders	12.23
6	547	Mark Hanrahan	Brs Pearce	12.34
7	540	David Hayde (G)	SLOT	12.40
8	536	Paul Keoghan	Cuhinstown	12.71

4X400m

Place	Num	Athlete	Club	Time
1	6		Clonliffe Harriers	3.17.43
2	4		Raheny Shamrocks	3.24.55
3	10		St Abbans	3.27.99
4	14		Kildare Athletics	3.29.82
5	1		Tallaght	3.33.81
6	3		North Down	3.35.23
7	5		Donore Harriers	3.35.53
8	9		Meath Athletics	3.40.05

4X400m

Place	Num	Athlete	Club	Time
1	28		Clonliffe Harriers	4.03.35
2	26		Kildare Athletics	4.05.33
3	89		North Down	4.06.62
4	31		Raheny Shamrocks	4.07.77
5	21		Meath Athletics	4.26.76

Hammer

Place	Num	Athlete	Club	Distance
1	6	Simon Galligan	Clonliffe Harriers	54.12
2	5	Eoin Sweeney	Donore Harriers	43.09
3	4	Brion Hoban	Raheny Shamrocks	41.45
4	9	Damien Hesnan	Meath Athletics	35.01

Hammer

Place	Num	Athlete	Club	Distance
1	23	Christine Furlong	Wexford County	44.96
2	28	Caoimhe Morris	Clonliffe Harriers	43.95
3	21	Kelly Brady	Meath County	43.62
4	31	Mieke Kiernan	Raheny Shamrocks AC	43.47
5		Emma Daly	St Abbans A.C	40.90
6	89	Gemma McAnirn	North Down A.C	18.59
	364	Emma Owens (G)	ST Pauls	

Pole Vault			
Place	Num	Athlete	Club
			Height
1	6	Ian Rogers	Clonliffe Harriers
2	4	Conor Birmingham	Raheny Shamrocks
3	10	Conor Daly	St Abbans AC
4	5	Rolus Olusa	Donore Harriers
5	1	Patrick Curran	Tallaght
		David Donegan (G)	Clonliffe Harriers
		Robert Ivers (G)	Raheny Shamrocks

Pole Vault			
Place	Num	Athlete	Club
			Height
1	23	Sinead Moloney	Wexford County
2	26	Emer McCabe	Kildare Athletics
3	21	Alanna Gonsalves	Meath County
4	89	Claire Robinson	North Down A.C
5	31	Maeve Sheehan	Raheny Shamrocks AC
6	28	Denise Byrne	Clonliffe Harriers
		359 Claire Robinson (G)	North Down A.C

Long Jump			
Place	Num	Athlete	Club
			Distance
1	4	Colm Bourke	Raheny Shamrocks
2	9	Kourosh Foroughi	Meath Athletics
3	10	Eoin Kelly	St Abbans AC
4	14	Ikenna Ezeugo Kluczenco	Kildare Athletics
5	3	Callum Hunter	North Down
6	6	A. Andujar	Clonliffe Harriers
7	5	Alex Clarkin	Donore Harriers
8	1	Dean Conway	Tallaght

Long Jump			
Place	Num	Athlete	Club
			Distance
1	26	Emer McCabe	Kildare Athletics
2	21	Alanna Gonsalves	Meath County
3	89	Claire Robinson	North Down A.C
4	31	Maeve Sheehan	Raheny Shamrocks AC
5	28	Denise Byrne	Clonliffe Harriers
		359 Claire Robinson (G)	North Down A.C

Shot Putt			
Place	Num	Athlete	Club
			Distance
1	9	Shane Aston	Meath Athletics
2	5	Niall Allen	Donore Harriers
3	10	George Brophy	St Abbans AC
4	1	John Devers	Tallaght
5	6	M Curley	Clonliffe Harriers
6	4	Brion Hoban	Raheny Shamrocks
7	3	Andrew Mellon	North Down
8	14	Simon Monore	Kildare Athletics

Shot Putt			
Place	Num	Athlete	Club
			Distance
1	26	Kathryn Weir	Kildare Athletics
2	21	Kelly Brady	Meath County
3	89	Gemma McAnirn	North Down A.C
4	23	Catherina Corcoran	Wexford County
5	31	Helen Buckley	Raheny Shamrocks AC
6	28	Kerri Page	Clonliffe Harriers
		372 Ciara McGilloway (G)	Lagan Valley

High Jump			
Place	Num	Athlete	Club
			Height
1	10	Barry Pender	St Abbans AC
2	9	Kourosh Foroughi	Meath Athletics
3	6	Andrii Mahin	Clonliffe Harriers
4	14	Jonathan Landy	Kildare Athletics
5	1	Joseph Lyons	Tallaght
6	4	Ethan Bannon	Raheny Shamrocks
7	3	Peter Speers	North Down

High Jump			
Place	Num	Athlete	Club
			Height
1	31	Helen Buckley	Raheny Shamrocks AC
1	23	Eimear Doherty	Wexford County
2	26	Laura Quigley	Kildare Athletics
4	21	Karen Dunne	Meath County
5	89	Sarah Connolly	North Down A.C
6	28	Diana Markina	Clonliffe Harriers

Discus			
Place	Num	Athlete	Club
			Distance
1	9	Shane Aston	Meath Athletics
2	6	M. Klinzow	Clonliffe Harriers
3	3	Mike McConkey	North Down
4	5	Niall Allen	Donore Harriers
5	1	Patrick Curran	Tallaght
6	4	Conor Walsh	Raheny Shamrocks
		367 Liam Healy (G)	West Limerick

Discus			
Place	Num	Athlete	Club
			Distance
1	89	Kathy Hetherington	North Down A.C
2	23	Emma Owens	Wexford County
3	28	Caoimhe Morris	Clonliffe Harriers
4	31	Mieke Kiernan	Raheny Shamrocks AC
5	21	Caoimhe Doyle	Meath County
6	26	Siobhain Brady	Kildare Athletics
7		Katie Brennan	St Abbans A.C
		363 Gemma McAnirn (G)	North Down A.C
		372 Ciara McGilloway (G)	Lagan Valley
		569 Kathryn Weir (G)	Crookstown Millview

Triple Jump			
Place	Num	Athlete	Club
			Distance
1	10	Eoin Kelly	St Abbans AC
2	3	Callum Hunter	North Down
3	6	Antonio Amdugar	Clonliffe Harriers
4	4	Colm Bourke	Raheny Shamrocks
5	1	Dean Conway	Tallaght
6	14	Eddie Tampu	Kildare Athletics
		376 Roger Haitengi (G)	Namibia
		376 Roger Haitengi (G)	Namibia

Triple Jump			
Place	Num	Athlete	Club
			Distance
1		Saragh Buggy	St Abbans A.C
2		Aursa Jerumbausktyw	Clonliffe Harriers
3		Laura Saulters	North Down A.C
4		Fiona Hill	Kildare Athletics
5		Maeve Sheehan	Raheny Shamrocks AC
6		Sophie Mc. Cabe	Wexford County
7		Niamh Maguire	Meath County
		Emer McCabe (G)	Kildare

Javelin				
Place	Num	Athlete	Club	Distance
1	9	Rory Gunning	Meath Athletics	59.21
2	5	Jacko Oostenhaven	Donore Harriers	58.14
3	3	Michael McConkey	North Down	53.39
4	6	R. Whelan	Clonliffe Harriers	49.86
5	14	Michael Jordan	Kildare Athletics	44.47
6	10	George Brophy	St Abbans AC	40.44
7	4	Ian Graham	Raheny Shamrocks	23.18
8	1	Sean Mc Cabe	Tallaght	17.48
	331	Phil Wood (G)	City of Lisburn	33.84
	367	Liam Healy (G)	West Limerick	15.88
	593	Eoin O'Donoghue	Emerald	31.88
	616	Michael McCarthy (G)	Le Cheile	30.24

Javelin				
Place	Num	Athlete	Club	Distance
1		Denise Byrne	Clonliffe Harriers	37.57
2		Grace Casey	Kildare Athletics	35.62
3		Elleana Hamilford-Hull	North Down A.C	29.94
4		Helen Buckley	Raheny Shamrocks AC	27.60
5		Niamh Maguire	Meath County	24.26
6		Sinead Moloney	Wexford County	21.13
	330	Anna McIlmoyle (G)	City of Lisburn	24.94
	374	Sarah Woods (G)	City of Lisburn	28.94
		Hollie Gilliland	Lagan Valley	29.85

56 lb Weight				
Place	Num	Athlete	Club	Distance
1	1	John Devers	Tallaght	6.78
2	5	Jacko Oostenhaven	Donore Harriers	5.22
3	6	M. Klinzow	Clonliffe Harriers	5.06
4	10	Anthony Pender	St Abbans AC	4.88
5	14	Steffen Fleischer	Kildare Athletics	4.40
6	4	Conor Walsh	Raheny Shamrocks	3.52
7	3	Andrew Mellon	North Down	3.52
8	9	Tom Clinton	Meath Athletics	3.46
	511	Niall Allen (G)	Donore Harriers	5.79