

Woodie's DIY Master Men O/35-64 Cross Country Championships of Ireland 7,000m

**Cow Park, Dunboyne, Co. Meath
23rd February 2014**

18:04:41

INDIVIDUAL RESULT

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Place	No	Name		Club / County	County	Time
1	315	Reed, Declan	M2	City of Derry	Derry	24.10
2	136	Mc Kinney, Pauric	M3	Inishowen A.C.	Donegal	24.30
3	352	Dunne, John	M1	Donore Harriers	Dublin 35	24.33
4	13	Byrne, John	M1	Mayo A.C.	Mayo	24.37
5	153	Kennedy, Des	M2	Raheny Shamrock A.C.	Dublin 35	24.55
6	218	Reilly, Tony	M2	Ballyroan,Abbeyleix & Dist. AC	Laois 35 A	24.59
7	262	Mc Carthy, Martin	M2	Leevale A.C.	Cork	25.01
8	199	O'Sullivan, Peter	M1	Loughrea A.C.	Galway	25.02
9	37	Minnock, Barry	M1	Rathfarnham W.S.A.F. A.C.		25.04
10	200	Hyland, Fintan	M2	Galway City Harriers A.C.	Galway	25.13
11	154	Leahy, Brian	M1	Raheny Shamrock A.C.	Dublin 35	25.15
12	35	O'Neill, Shane	M2	Rathfarnham W.S.A.F. A.C.	Dublin 35	25.19
13	158	Fleming, Paul	M1	Rathfarnham W.S.A.F. A.C.	Dublin 35	25.20
14	112	White, Eamon	M3	North Belfast Harriers	ANTRIM	25.21
15	316	Roberts, Colin	M2	City of Derry	Derry	25.21
16	3	Byrne, Pat	M2	Tinryland A.C.	Carlow	25.23
17	293	Harron, Barry	M1	Finn Valley A.C.	Donegal	25.23
18	114	McCluskey, Brian	M1	North East Runners A.C.	Louth	25.30
19	331	Buckley, Paul	M1	Ferbane A.C.	Offaly	25.32
20	323	Grennan, Catch	M2	Tullamore Harriers A.C.	Offaly	25.34
21	21	Doherty, Ciaran	M1	Letterkenny A.C.	Donegal	25.37
22	152	Traynor, Mick	M3	Raheny Shamrock A.C.	Dublin 35	25.38
23	75	Lynch, Niall	M2	Donore Harriers	Dublin 35	25.40
24	113	O'Hara, Alan	M1	North Belfast Harriers	ANTRIM	25.44
25	320	Curley, Adrian	M2	Tullamore Harriers A.C.	Offaly	25.53
26	92	Whitaker, Allen	M2	St. Finbarrs A.C.	Cork	26.00
27	115	Mulholland, Stephen	M1	North East Runners A.C.	Louth	26.02
28	904	Sheehy, Dave	M2	Raheny Shamrock A.C.		26.03
29	273	Byrne, Michael	M4	Sli Cualann A.C. 'A'	Wicklow 50	26.05
30	368	McCarthy, Ciaran	M2	Clonliffe Harriers A.C.		26.06
31	358	O'Reilly, John	M1	Dunboyne A.C.		26.07
32	208	Bidwell, Matt	M2	Galway City Harriers A.C.	Galway	26.14
33	40	Doyle, Gerry	M4	Rathfarnham W.S.A.F. A.C. 'A'		26.15
34	376	Condon, Gary	M2	Sli Cualann A.C.		26.17
35	169	Fenlon, John	M1	St. Michael's AC	Laois 35 A	26.18
36	96	Woods, Trevor	M2	St. Finbarrs A.C.	Cork	26.18
37	384	Purcell, Robert	M3	Gneeveguilla A.C. (IND)		26.19

Place	No	Name		Club / County	County	Time
38	80	Hennessey, Philip	M2	Donore Harriers		26.23
39	317	McCafferty, Paul	M3	City of Derry	Derry	26.24
40	111	Carty, Neil	M3	North Belfast Harriers	ANTRIM	26.25
41	382	McCarthy, George	M2	Farranfore Maine Valley A.C.		26.27
42	34	Kearns, Ronan	M1	Rathfarnham W.S.A.F. A.C.	Dublin 35	26.27
43	108	Keenan, David	M1	Newbridge A.C.	Kildare	26.28
44	280	Lawless, Damien	M1	Sli Cualann A.C.	Wicklow	26.30
45	77	Swaine, Fergal	M2	Donore Harriers	Dublin 35	26.30
46	287	Carlin, Kieran	M3	Finn Valley A.C.	Donegal	26.31
47	318	Caulfield, Sean	M3	St. Senans (Kilkenny) A.C.		26.35
48	95	Marshall, Cornelius	M1	St. Finbarrs A.C.	Cork	26.37
49	109	Blaney, Paul	M2	North Belfast Harriers	ANTRIM	26.38
50	272	O'Connell, Cathal	M4	St. Finbarrs A.C. 'A'	Cork 50	26.39
51	159	Griffin, Mike	M1	Liffey Valley A.C.		26.40
52	121	Gorham, Niall	M1	North East Runners A.C.	Louth	26.41
53	349	Kelly, Brian	M4	Raheny Shamrock A.C. 'A'	Dublin 50	26.44
54	250	Murray, Kieran	M2	Liffey Valley A.C.		26.45
55	19	McGlinchey, Paul	M1	Letterkenny A.C.	Donegal	26.47
56	356	Cross, Robert	M2	Crusaders A.C.	Dublin 35	26.50
57	324	Murphy, Michael	M2	Tullamore Harriers A.C.	Offaly	26.51
58	70	Gill, Brendan	M1	Mayo A.C.	Mayo	26.53
59	288	Mc Nulty, Shane	M1	Finn Valley A.C.	Donegal	27.01
60	146	Lynch, Paul	M1	Sliabh Bhuide Rovers A.C.	Wexford	27.05
61	139	McDonald, Martin	M5	Ballyroan,Abbeyleix & Dist. AC		27.05
62	234	Glenn, Nat	M3	ANTRIM	ANTRIM	27.06
63	204	Bruton, Brian	M1	Galway City Harriers A.C.	Galway	27.06
64	27	Brennan, Craig	M2	North Sligo A.C.	Sligo	27.07
65	177	Glynn, Phelim	M3	Dunboyne A.C.	Meath	27.12
66	84	Tremble, Des	M2	Donore Harriers B		27.13
67	150	McGrath, John	M2	United Striders A.C.	Wexford	27.14
68	325	Galvin, Richard	M1	Tullamore Harriers A.C.	Offaly	27.15
69	375	Conroy, Cormac	M2	Sli Cualann A.C.		27.16
70	233	Maher, Tommy	M3	Dunshaughlin A.C.		27.17
71	81	Morris, William	M1	Donore Harriers		27.23
72	149	Flannelly, Ted	M3	United Striders A.C.	Wexford	27.23
73	12	Devaney, Anthony	M2	Mayo A.C.	Mayo	27.24
74	235	Brown, James	M1	ANTRIM	ANTRIM	27.24
75	314	Browne, James	M2	City of Derry	Derry	27.24
76	25	Kelly, Thomas	M2	North Sligo A.C.	Sligo	27.25
77	51	McEvoy, Colm	M3	St. Abbans A.C.	Laois 35 A	27.27
78	78	Whitty, Fergal	M1	Donore Harriers	Dublin 35	27.28
79	359	Kelly, Damian	M1	Sportsworld A.C.		27.30
80	248	Reilly, Ciaran	M1	Liffey Valley A.C.	Dublin 35	27.32
81	163	Cowhie, Paul	M3	Civil Service A.C.	Dublin 35	27.33
82	56	Brennan, Aidan	M4	North East Runners A.C. 'A'	Louth 50	27.35
83	379	Dowling, Sean	M1	Liffey Valley A.C.		27.37

Place	No	Name		Club / County	County	Time
84	357	Hamm, James	M1	Ballyroan, Abbeyleix & Dist. A		27.37
85	50	Ayers, Dermot	M1	St. Abbans A.C.	Laois 35 A	27.38
86	69	Gibbons, Noel	M3	Mayo A.C.	Mayo	27.41
87	354	Cunnane, Eanna	M2	Donore Harriers	Dublin 35	27.42
88	57	O'Connell, Gerry	M4	North East Runners A.C. 'A'	Louth 50	27.43
89	372	Ahern, Clive	M1	Clonliffe Harriers A.C.		27.45
90	161	O'Connor, Tom	M4	Liffey Valley A.C.	Dublin 50	27.48
91	144	Gibbons, Myles	M1	Sliabh Bhuide Rovers A.C.	Wexford	27.52
92	143	Boyce, Pj	M3	Donegal	Donegal	27.53
93	122	Carolan, Ray	M1	Carrick Aces A.C.	Monaghan	27.55
94	49	Byrne, Liam	M2	St. Abbans A.C.	Laois 35 B	27.56
95	62	Hilliard, Mel	M3	Metro/St. Brigid's A.C.		27.59
96	82	English, Henry	M1	Donore Harriers B		28.04
97	116	Allen, Simon	M2	North East Runners A.C.	Louth	28.05
98	219	Carroll, Pj	M3	Ballyroan,Abbeyleix & Dist. AC	Laois 35 A	28.07
99	213	Clarke, Dermot	M4	Meath 50	Meath 50	28.08
100	386	Murphy, Michael	M1	City of Derry	Derry	28.10
101	201	O'Connor, Brian	M1	Galway City Harriers A.C.	Galway	28.14
102	18	Ferry, Kevin	M2	Letterkenny A.C.	Donegal	28.15
103	300	White, Trevor	M3	St. Cronans A.C.		28.16
104	385	Mullan, Mark	M1	City of Derry	Derry	28.18
105	333	Donegan, Christie	M4	Tullamore Harriers A.C. 'A'	Offaly	28.20
106	286	Baldwin, John	M4	Wicklow 50	Wicklow 50	28.24
107	347	Keeling, Chris	M5	Balbriggan & District A.C		28.26
108	202	Carty, Gerry	M2	Galway City Harriers A.C.	Galway	28.29
109	170	Smith, Liam	M1	Ardee & District A.C. (IND)		28.30
110	294	Connolly, Mark	M4	Finn Valley A.C.	Donegal	28.33
111	105	Delmer, Justin	M2	Newbridge A.C.	Kildare	28.35
112	348	Ryan, Brendan	M5	Tallaght A.C.	Dublin 50	28.37
113	903	Grange, David	M2	Raheny Shamrock A.C.		28.38
114	238	Kearins, David	M2	Sligo A.C.	Sligo	28.39
115	110	Elliott, Paul	M6	North Belfast Harriers	ANTRIM	28.41
116	289	Callaghan, Derek	M1	Finn Valley A.C.	Donegal	28.43
117	246	Benjecar, Arnaud	M2	Liffey Valley A.C.		28.43
118	104	Lopez, Pedro	M1	Newbridge A.C.	Kildare	28.46
119	180	O'Reilly, Gerry	M2	Dunboyne A.C.	Meath	28.46
120	171	Hackett, Mark	M2	St. Michael's AC	Laois 35 B	28.49
121	26	Gallagher, Garry	M2	North Sligo A.C.	Sligo	28.51
122	240	Casserly, Mel	M2	Sligo A.C.	Sligo	28.52
123	135	Mc Gee, Malcolm	M1	Inishowen A.C.		28.53
124	63	Curtin, Noel	M4	Youghal A.C. 'A'	Cork	28.54
125	311	Landers, Iggy	M4	St. Cronans A.C. 'A'	Clare	28.57
126	524	McEvilly, Martin	M7	Galway City Harriers A.C. (IND)		28.58
127	326	Brophy, David	M3	Tullamore Harriers A.C.	Offaly	28.59
128	338	Dunne, Liam	M4	Tullamore Harriers A.C. 'A'	Offaly	29.00
129	302	Moynihan, Eugene	M5	Clare	Clare	29.01

Place	No	Name		Club / County	County	Time
130	327	Abbott, Brendan	M3	Tullamore Harriers A.C.	Offaly	29.01
131	72	Hynes, Peter	M3	Mayo	Mayo	29.02
132	29	McCann, Conor	M1	North Sligo A.C.	Sligo	29.05
133	123	McArdle, Gordon	M2	Carrick Aces A.C.	Monaghan	29.06
134	162	Bishop, Thomas	M4	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	29.07
135	279	Breen, Martin	M2	Sli Cualann A.C.	Wicklow	29.08
136	173	Hanratty, Noel	M6	Trim A.C.	Meath 50	29.09
137	190	Whyte, Tj	M4	Tuam A.C.	Galway	29.10
138	371	De Rayemaker, Hans	M2	Clonliffe Harriers A.C.		29.17
139	160	Cullen, John	M6	Liffey Valley A.C. M50 'C'	Dublin 50	29.24
140	137	Gallagher, Pat	M1	Inishowen A.C.		29.26
141	336	Carroll, Martin	M5	Tullamore Harriers A.C. 'A'	Offaly	29.27
142	30	Kelly, Pdraig	M2	North Sligo A.C.	Sligo	29.27
143	334	Mollen, Francis	M4	Tullamore Harriers A.C. 'A'	Offaly	29.28
144	303	Kenny, James	M5	Kilmurray/Ibrick/N.Clare A.C.	Clare	29.30
145	268	Mc Carthy, Denis	M4	East Cork A.C.	Cork 50	29.32
146	42	Doyle, Sean	M5	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	29.34
147	365	Byrne, Joe	M3	Sportsworld A.C.		29.37
148	118	Mullen, Colin	M1	North East Runners A.C.	Louth	29.39
149	55	Kenny, Gerry	M4	North East Runners A.C. 'A'	Louth 50	29.41
150	134	Mc Gee, Niall	M1	Inishowen A.C.		29.45
151	239	Sexton, Conal	M1	Sligo A.C.	Sligo	29.45
152	131	Grew, Alo	M3	Monaghan	Monaghan	29.48
153	364	Browne, Jim	M3	Sportsworld A.C.		29.51
154	168	Landers, Brian	M2	Youghal A.C.		29.54
155	90	Chawke, Joe	M3	Dooneen A.C.		29.56
156	271	O Mahony, Stephen	M4	Cork 50	Cork 50	29.57
157	182	Callanan, Sean	M2	Dunboyne A.C.	Meath	29.58
158	237	Connor, Rory	M3	Sligo A.C.	Sligo	30.00
159	138	Payne, Pat	M4	Na Fianna A.C.	Meath 50	30.02
160	229	O'Brien, John	M3	Galway	Galway	30.02
161	360	O'Connell, Paul	M1	Sportsworld A.C.		30.02
162	277	Shorten, Dessie	M5	Sli Cualann A.C. 'A'	Wicklow 50	30.03
163	45	Clarke, Terry	M5	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	30.04
164	128	Mc Cabe, Sean	M2	Carrick Aces A.C.	Monaghan	30.08
165	281	MacMaoláin, Caoimhín	M1	Sli Cualann A.C.	Wicklow	30.09
166	98	McEvoy, Eamonn	M5	St. Finbarrs A.C. 'A'	Cork	30.10
167	362	Bourke, Nigel	M3	Sportsworld A.C.		30.12
168	83	Blake, Bob	M2	Donore Harriers B		30.19
169	206	Jordan, Vincent	M3	Galway City Harriers A.C.	Galway	30.21
170	363	Privot, Oliver	M2	Sportsworld A.C.		30.22
171	328	Corrigan, Kevin	M2	Tullamore Harriers A.C.	Offaly	30.25
172	290	Penrose, Michael	M3	Finn Valley A.C.		30.27
173	31	Gillen, Ray	M2	North Sligo A.C.	Sligo	30.28
174	340	Donegan, John	M4	Tullamore Harriers A.C. 'A'	Offaly	30.30
175	902	Loftus, Tom	M5	Raheny Shamrock A.C. 'A'	Dublin 50	30.40

Place	No	Name		Club / County	County	Time
176	335	Todd, John	M6	Tullamore Harriers A.C. 'A'	Offaly	30.48
177	17	Friel, Pdraig	M1	Letterkenny A.C.	Donegal	30.49
178	120	Darcy, Shane	M1	North East Runners A.C.	Louth	30.51
179	88	Nugent, Peter	M3	Donore Harriers B		30.53
180	106	Loughlin, Stephen	M1	Newbridge A.C.	Kildare	30.59
181	125	Callan, Donal	M1	Carrick Aces A.C.	Monaghan	31.01
182	145	Gibbons, Paul	M1	Sliabh Bhuide Rovers A.C.	Wexford	31.01
183	351	Vincent, Peter	M4	Brothers Pearse A.C.	Dublin 50	31.08
184	319	Carty, Ollie	M1	Trim A.C.		31.10
185	901	Freir, John	M4	Raheny Shamrock A.C. 'A'	Dublin 50	31.12
186	192	McDonagh, Paul	M4	Galway	Galway	31.13
187	172	Weldon, Bernard	M2	St. Michael's AC		31.15
188	309	Morrissey, Pat	M4	Ennis T.C. 'A'	Clare	31.16
189	291	Doherty, Raymond	M3	Finn Valley A.C.	Donegal	31.18
190	188	Monaghan, Brendan	M4	Galway	Galway	31.20
191	312	Fennell, Mick	M4	Civil Service A.C. 'A'	Clare	31.24
192	197	Byrne, Benny	M4	Dunshaughlin A.C.		31.33
193	87	Redican, Ian	M2	Donore Harriers B		31.35
194	276	Porter, Bill	M4	Sli Cualann A.C. 'A'	Wicklow 50	31.40
195	305	Harvey, Michael	M5	Kilmurry/Ibrickane A.C. (CORK) 'A'	Clare	31.45
196	126	Clarke, Ian	M1	Carrick Aces A.C.	Monaghan	31.48
197	58	Carroll, Christopher	M4	North East Runners A.C. 'A'	Louth 50	31.50
198	310	Madden, Tom	M6	Marian A.C. 'A'	Clare	31.52
199	68	Murphy, Sean	M2	Mayo A.C.	Mayo	31.53
200	86	Potts, Barry	M6	Donore Harriers B		31.55
201	53	Fleming, Francis	M5	St. Abbans A.C. 'A'	Laois 35 B	31.58
202	127	McBride, Colin	M1	Carrick Aces A.C.	Monaghan	32.03
203	900	Gygax, Michael	M4	Raheny Shamrock A.C. 'A'	Dublin 50	32.20
204	256	Dunne, Tony	M3	Liffey Valley A.C. 'B'		32.26
205	85	Gill, Des	M3	Donore Harriers B		32.29
206	270	Ledingham, Dermot	M4	Youghal A.C. 'A'	Cork 50	32.30
207	191	Talbot, Andrew	M6	Clare River Harriers A.C.	Galway	32.34
208	275	Kavanagh, Terry	M6	Sli Cualann A.C. 'A'	Wicklow 50	32.38
209	299	McKinney, Owen	M2	Inishowen A.C.		32.40
210	217	Mahon, Don	M2	Meath	Meath	32.52
211	46	Claffey, Pj	M5	Rathfarnham W.S.A.F. A.C. 'A'		32.53
212	142	Marley, Liam	M5	Cranford A.C.		33.00
213	60	Jordan, Michael	M6	Louth 50	Louth 50	33.06
214	269	O'Regan, Edward	M5	Youghal A.C. 'A'	Cork 50	33.15
215	295	Doherty, Drew	M4	Finn Valley A.C. 'A'		33.21
216	292	Anderson, Martin	M3	Finn Valley A.C.		33.40
217	259	Cooper, Joe	M6	Liffey Valley A.C. M50 'C'		33.43
218	102	Keenan, Albert	M6	Newbridge A.C.	Kildare	33.43
219	346	O'Mahony, Jerry	M3	West Muskerry A.C.		33.53
220	370	Worrall, Alan	M2	Clonliffe Harriers A.C.		33.58
221	210	Cooney, Conor	M6	Drogheda & District A.C.		34.03

Place	No	Name		Club / County	County	Time
222	132	McKenna, Peter	M3	Monaghan	Monaghan	34.09
223	71	Bracken, Alan	M4	Mayo	Mayo	34.24
224	1	Whelan, Enda	M6	Sligo A.C.		34.52
225	23	McBride, Brian	M6	Letterkenny A.C.		34.58
226	284	Barrett, Noel	M1	Sli Cualann A.C.	Wicklow	35.06
227	129	Larney, Paschal	M4	Carrick Aces A.C.	Monaghan	35.19
228	383	Drennan, Barry	M2	Dunshaughlin A.C.		35.29
229	176	Brogan, Martin	M4	Trim A.C.	Meath 50	35.46
230	231	Halton, Declan	M2	Drogheda & District A.C.		36.06
231	73	O'Hagan, Martin	M1	Mayo	Mayo	36.09
232	54	Whelan, Dinny	M6	St. Abbans A.C. 'A'	Laois 35 B	36.17
233	166	O'Brien, Martin	M3	Youghal A.C.		36.24
234	253	Coughlan, Stephen	M4	Liffey Valley A.C. 'B'		38.03
235	203	Hampell, Eno	M4	Galway City Harriers A.C. 'A'	Galway	38.48
236	175	Tobin, Ciaran	M4	Trim A.C.	Meath 50	39.13
237	189	Monaghan, Jarlath	M4	Galway	Galway	44.32
238	2	Shannon, Denis	M7	Tinryland A.C.		

(End of Individual Result)

Woodie's DIY Master Men O/35-64 Cross Country Championships of Ireland 7,000m

**Cow Park, Dunboyne, Co. Meath
23rd February 2014**

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INDIVIDUAL RESULT - BY CATEGORY

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	Name	No	Club / County	County	Place	Time
M1	Dunne, John	352	Donore Harriers	Dublin 35	3	24.33
M1	Byrne, John	13	Mayo A.C.	Mayo	4	24.37
M1	O'Sullivan, Peter	199	Loughrea A.C.	Galway	8	25.02
M1	Minnock, Barry	37	Rathfarnham W.S.A.F. A.C.		9	25.04
M1	Leahy, Brian	154	Raheny Shamrock A.C.	Dublin 35	11	25.15
M1	Fleming, Paul	158	Rathfarnham W.S.A.F. A.C.	Dublin 35	13	25.20
M1	Harron, Barry	293	Finn Valley A.C.	Donegal	17	25.23
M1	McCluskey, Brian	114	North East Runners A.C.	Louth	18	25.30
M1	Buckley, Paul	331	Ferbane A.C.	Offaly	19	25.32
M1	Doherty, Ciaran	21	Letterkenny A.C.	Donegal	21	25.37
M1	O'Hara, Alan	113	North Belfast Harriers	ANTRIM	24	25.44
M1	Mulholland, Stephen	115	North East Runners A.C.	Louth	27	26.02
M1	O'Reilly, John	358	Dunboyne A.C.		31	26.07
M1	Fenlon, John	169	St. Michael's AC	Laois 35 A	35	26.18
M1	Kearns, Ronan	34	Rathfarnham W.S.A.F. A.C.	Dublin 35	42	26.27
M1	Keenan, David	108	Newbridge A.C.	Kildare	43	26.28
M1	Lawless, Damien	280	Sli Cualann A.C.	Wicklow	44	26.30
M1	Marshall, Cornelius	95	St. Finbarrs A.C.	Cork	48	26.37
M1	Griffin, Mike	159	Liffey Valley A.C.		51	26.40
M1	Gorham, Niall	121	North East Runners A.C.	Louth	52	26.41
M1	McGlinchey, Paul	19	Letterkenny A.C.	Donegal	55	26.47
M1	Gill, Brendan	70	Mayo A.C.	Mayo	58	26.53
M1	Mc Nulty, Shane	288	Finn Valley A.C.	Donegal	59	27.01
M1	Lynch, Paul	146	Sliabh Bhuide Rovers A.C.	Wexford	60	27.05
M1	Bruton, Brian	204	Galway City Harriers A.C.	Galway	63	27.06
M1	Galvin, Richard	325	Tullamore Harriers A.C.	Offaly	68	27.15
M1	Morris, William	81	Donore Harriers		71	27.23
M1	Brown, James	235	ANTRIM	ANTRIM	74	27.24
M1	Whitty, Fergal	78	Donore Harriers	Dublin 35	78	27.28
M1	Kelly, Damian	359	Sportsworld A.C.		79	27.30
M1	Reilly, Ciaran	248	Liffey Valley A.C.	Dublin 35	80	27.32
M1	Dowling, Sean	379	Liffey Valley A.C.		83	27.37
M1	Hamm, James	357	Ballyroan, Abbeyleix & Dist. A		84	27.37
M1	Ayers, Dermot	50	St. Abbans A.C.	Laois 35 A	85	27.38
M1	Ahern, Clive	372	Clonliffe Harriers A.C.		89	27.45
M1	Gibbons, Myles	144	Sliabh Bhuide Rovers A.C.	Wexford	91	27.52
M1	Carolan, Ray	122	Carrick Aces A.C.	Monaghan	93	27.55
M1	English, Henry	82	Donore Harriers B		96	28.04
M1	Murphy, Michael	386	City of Derry	Derry	100	28.10
M1	O'Connor, Brian	201	Galway City Harriers A.C.	Galway	101	28.14

	Name	No	Club / County	County	Place	Time
M1	Mullan, Mark	385	City of Derry	Derry	104	28.18
M1	Smith, Liam	170	Ardee & District A.C. (IND)		109	28.30
M1	Callaghan, Derek	289	Finn Valley A.C.	Donegal	116	28.43
M1	Lopez, Pedro	104	Newbridge A.C.	Kildare	118	28.46
M1	Mc Gee, Malcolm	135	Inishowen A.C.		123	28.53
M1	McCann, Conor	29	North Sligo A.C.	Sligo	132	29.05
M1	Gallagher, Pat	137	Inishowen A.C.		140	29.26
M1	Mullen, Colin	118	North East Runners A.C.	Louth	148	29.39
M1	Mc Gee, Niall	134	Inishowen A.C.		150	29.45
M1	Sexton, Conal	239	Sligo A.C.	Sligo	151	29.45
M1	O'Connell, Paul	360	Sportsworld A.C.		161	30.02
M1	MacMaoláin, Caoimhín	281	Sli Cualann A.C.	Wicklow	165	30.09
M1	Friel, Padraig	17	Letterkenny A.C.	Donegal	177	30.49
M1	Darcy, Shane	120	North East Runners A.C.	Louth	178	30.51
M1	Loughlin, Stephen	106	Newbridge A.C.	Kildare	180	30.59
M1	Callan, Donal	125	Carrick Aces A.C.	Monaghan	181	31.01
M1	Gibbons, Paul	145	Sliabh Bhuide Rovers A.C.	Wexford	182	31.01
M1	Carty, Ollie	319	Trim A.C.		184	31.10
M1	Clarke, Ian	126	Carrick Aces A.C.	Monaghan	196	31.48
M1	McBride, Colin	127	Carrick Aces A.C.	Monaghan	202	32.03
M1	Barrett, Noel	284	Sli Cualann A.C.	Wicklow	226	35.06
M1	O'Hagan, Martin	73	Mayo	Mayo	231	36.09
M2	Reed, Declan	315	City of Derry	Derry	1	24.10
M2	Kennedy, Des	153	Raheny Shamrock A.C.	Dublin 35	5	24.55
M2	Reilly, Tony	218	Ballyroan,Abbeylax & Dist. AC	Laois 35 A	6	24.59
M2	McCarthy, Martin	262	Leevale A.C.	Cork	7	25.01
M2	Hyland, Fintan	200	Galway City Harriers A.C.	Galway	10	25.13
M2	O'Neill, Shane	35	Rathfarnham W.S.A.F. A.C.	Dublin 35	12	25.19
M2	Roberts, Colin	316	City of Derry	Derry	15	25.21
M2	Byrne, Pat	3	Tinryland A.C.	Carlow	16	25.23
M2	Grennan, Catch	323	Tullamore Harriers A.C.	Offaly	20	25.34
M2	Lynch, Niall	75	Donore Harriers	Dublin 35	23	25.40
M2	Curley, Adrian	320	Tullamore Harriers A.C.	Offaly	25	25.53
M2	Whitaker, Allen	92	St. Finbarrs A.C.	Cork	26	26.00
M2	Sheehy, Dave	904	Raheny Shamrock A.C.		28	26.03
M2	McCarthy, Ciaran	368	Clonliffe Harriers A.C.		30	26.06
M2	Bidwell, Matt	208	Galway City Harriers A.C.	Galway	32	26.14
M2	Condon, Gary	376	Sli Cualann A.C.		34	26.17
M2	Woods, Trevor	96	St. Finbarrs A.C.	Cork	36	26.18
M2	Hennessy, Philip	80	Donore Harriers		38	26.23
M2	McCarthy, George	382	Farranfore Maine Valley A.C.		41	26.27
M2	Swaine, Fergal	77	Donore Harriers	Dublin 35	45	26.30
M2	Blaney, Paul	109	North Belfast Harriers	ANTRIM	49	26.38
M2	Murray, Kieran	250	Liffey Valley A.C.		54	26.45
M2	Cross, Robert	356	Crusaders A.C.	Dublin 35	56	26.50
M2	Murphy, Michael	324	Tullamore Harriers A.C.	Offaly	57	26.51
M2	Brennan, Craig	27	North Sligo A.C.	Sligo	64	27.07
M2	Tremble, Des	84	Donore Harriers B		66	27.13
M2	McGrath, John	150	United Striders A.C.	Wexford	67	27.14

	Name	No	Club / County	County	Place	Time
M2	Conroy, Cormac	375	Sli Cualann A.C.		69	27.16
M2	Devaney, Anthony	12	Mayo A.C.	Mayo	73	27.24
M2	Browne, James	314	City of Derry	Derry	75	27.24
M2	Kelly, Thomas	25	North Sligo A.C.	Sligo	76	27.25
M2	Cunnane, Eanna	354	Donore Harriers	Dublin 35	87	27.42
M2	Byrne, Liam	49	St. Abbans A.C.	Laois 35 B	94	27.56
M2	Allen, Simon	116	North East Runners A.C.	Louth	97	28.05
M2	Ferry, Kevin	18	Letterkenny A.C.	Donegal	102	28.15
M2	Carty, Gerry	202	Galway City Harriers A.C.	Galway	108	28.29
M2	Delmer, Justin	105	Newbridge A.C.	Kildare	111	28.35
M2	Grange, David	903	Raheny Shamrock A.C.		113	28.38
M2	Kearins, David	238	Sligo A.C.	Sligo	114	28.39
M2	Benjecar, Arnaud	246	Liffey Valley A.C.		117	28.43
M2	O'Reilly, Gerry	180	Dunboyne A.C.	Meath	119	28.46
M2	Hackett, Mark	171	St. Michael's AC	Laois 35 B	120	28.49
M2	Gallagher, Garry	26	North Sligo A.C.	Sligo	121	28.51
M2	Casserly, Mel	240	Sligo A.C.	Sligo	122	28.52
M2	McArdle, Gordon	123	Carrick Aces A.C.	Monaghan	133	29.06
M2	Breen, Martin	279	Sli Cualann A.C.	Wicklow	135	29.08
M2	De Rayemaker, Hans	371	Clonliffe Harriers A.C.		138	29.17
M2	Kelly, Pdraig	30	North Sligo A.C.	Sligo	142	29.27
M2	Landers, Brian	168	Youghal A.C.		154	29.54
M2	Callanan, Sean	182	Dunboyne A.C.	Meath	157	29.58
M2	Mc Cabe, Sean	128	Carrick Aces A.C.	Monaghan	164	30.08
M2	Blake, Bob	83	Donore Harriers B		168	30.19
M2	Privot, Oliver	363	Sportsworld A.C.		170	30.22
M2	Corrigan, Kevin	328	Tullamore Harriers A.C.	Offaly	171	30.25
M2	Gillen, Ray	31	North Sligo A.C.	Sligo	173	30.28
M2	Weldon, Bernard	172	St. Michael's AC		187	31.15
M2	Redican, Ian	87	Donore Harriers B		193	31.35
M2	Murphy, Sean	68	Mayo A.C.	Mayo	199	31.53
M2	McKinney, Owen	299	Inishowen A.C.		209	32.40
M2	Mahon, Don	217	Meath	Meath	210	32.52
M2	Worrall, Alan	370	Clonliffe Harriers A.C.		220	33.58
M2	Drennan, Barry	383	Dunshaughlin A.C.		228	35.29
M2	Halton, Declan	231	Drogheda & District A.C.		230	36.06
M3	Mc Kinney, Pauric	136	Inishowen A.C.	Donegal	2	24.30
M3	White, Eamon	112	North Belfast Harriers	ANTRIM	14	25.21
M3	Traynor, Mick	152	Raheny Shamrock A.C.	Dublin 35	22	25.38
M3	Purcell, Robert	384	Gneeveguilla A.C. (IND)		37	26.19
M3	McCafferty, Paul	317	City of Derry	Derry	39	26.24
M3	Carty, Neil	111	North Belfast Harriers	ANTRIM	40	26.25
M3	Carlin, Kieran	287	Finn Valley A.C.	Donegal	46	26.31
M3	Caulfield, Sean	318	St. Senans (Kilkenny) A.C.		47	26.35
M3	Glenn, Nat	234	ANTRIM	ANTRIM	62	27.06
M3	Glynn, Phelim	177	Dunboyne A.C.	Meath	65	27.12
M3	Maher, Tommy	233	Dunshaughlin A.C.		70	27.17
M3	Flannelly, Ted	149	United Striders A.C.	Wexford	72	27.23
M3	McEvoy, Colm	51	St. Abbans A.C.	Laois 35 A	77	27.27

	Name	No	Club / County	County	Place	Time
M3	Cowhie, Paul	163	Civil Service A.C.	Dublin 35	81	27.33
M3	Gibbons, Noel	69	Mayo A.C.	Mayo	86	27.41
M3	Boyce, Pj	143	Donegal	Donegal	92	27.53
M3	Hilliard, Mel	62	Metro/St. Brigid's A.C.		95	27.59
M3	Carroll, Pj	219	Ballyroan,Abbeyleix & Dist. AC	Laois 35 A	98	28.07
M3	White, Trevor	300	St. Cronans A.C.		103	28.16
M3	Brophy, David	326	Tullamore Harriers A.C.	Offaly	127	28.59
M3	Abbott, Brendan	327	Tullamore Harriers A.C.	Offaly	130	29.01
M3	Hynes, Peter	72	Mayo	Mayo	131	29.02
M3	Byrne, Joe	365	Sportsworld A.C.		147	29.37
M3	Grew, Alo	131	Monaghan	Monaghan	152	29.48
M3	Browne, Jim	364	Sportsworld A.C.		153	29.51
M3	Chawke, Joe	90	Dooneen A.C.		155	29.56
M3	Connor, Rory	237	Sligo A.C.	Sligo	158	30.00
M3	O'Brien, John	229	Galway	Galway	160	30.02
M3	Bourke, Nigel	362	Sportsworld A.C.		167	30.12
M3	Jordan, Vincent	206	Galway City Harriers A.C.	Galway	169	30.21
M3	Penrose, Michael	290	Finn Valley A.C.		172	30.27
M3	Nugent, Peter	88	Donore Harriers B		179	30.53
M3	Doherty, Raymond	291	Finn Valley A.C.	Donegal	189	31.18
M3	Dunne, Tony	256	Liffey Valley A.C. 'B'		204	32.26
M3	Gill, Des	85	Donore Harriers B		205	32.29
M3	Anderson, Martin	292	Finn Valley A.C.		216	33.40
M3	O'Mahony, Jerry	346	West Muskerry A.C.		219	33.53
M3	McKenna, Peter	132	Monaghan	Monaghan	222	34.09
M3	O'Brien, Martin	166	Youghal A.C.		233	36.24
M4	Byrne, Michael	273	Sli Cualann A.C. 'A'	Wicklow 50	29	26.05
M4	Doyle, Gerry	40	Rathfarnham W.S.A.F. A.C. 'A'		33	26.15
M4	O'Connell, Cathal	272	St. Finbarrs A.C. 'A'	Cork 50	50	26.39
M4	Kelly, Brian	349	Raheny Shamrock A.C. 'A'	Dublin 50	53	26.44
M4	Brennan, Aidan	56	North East Runners A.C. 'A'	Louth 50	82	27.35
M4	O'Connell, Gerry	57	North East Runners A.C. 'A'	Louth 50	88	27.43
M4	O'Connor, Tom	161	Liffey Valley A.C.	Dublin 50	90	27.48
M4	Clarke, Dermot	213	Meath 50	Meath 50	99	28.08
M4	Donegan, Christie	333	Tullamore Harriers A.C. 'A'	Offaly	105	28.20
M4	Baldwin, John	286	Wicklow 50	Wicklow 50	106	28.24
M4	Connolly, Mark	294	Finn Valley A.C.	Donegal	110	28.33
M4	Curtin, Noel	63	Youghal A.C. 'A'	Cork	124	28.54
M4	Landers, Iggy	311	St. Cronans A.C. 'A'	Clare	125	28.57
M4	Dunne, Liam	338	Tullamore Harriers A.C. 'A'	Offaly	128	29.00
M4	Bishop, Thomas	162	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	134	29.07
M4	Whyte, Tj	190	Tuam A.C.	Galway	137	29.10
M4	Mollen, Francis	334	Tullamore Harriers A.C. 'A'	Offaly	143	29.28
M4	McCarthy, Denis	268	East Cork A.C.	Cork 50	145	29.32
M4	Kenny, Gerry	55	North East Runners A.C. 'A'	Louth 50	149	29.41
M4	O Mahony, Stephen	271	Cork 50	Cork 50	156	29.57
M4	Payne, Pat	138	Na Fianna A.C.	Meath 50	159	30.02
M4	Donegan, John	340	Tullamore Harriers A.C. 'A'	Offaly	174	30.30
M4	Vincent, Peter	351	Brothers Pearse A.C.	Dublin 50	183	31.08

	Name	No	Club / County	County	Place	Time
M4	Freir, John	901	Raheny Shamrock A.C. 'A'	Dublin 50	185	31.12
M4	McDonagh, Paul	192	Galway	Galway	186	31.13
M4	Morrissey, Pat	309	Ennis T.C. 'A'	Clare	188	31.16
M4	Monaghan, Brendan	188	Galway	Galway	190	31.20
M4	Fennell, Mick	312	Civil Service A.C. 'A'	Clare	191	31.24
M4	Byrne, Benny	197	Dunshaughlin A.C.		192	31.33
M4	Porter, Bill	276	Sli Cualann A.C. 'A'	Wicklow 50	194	31.40
M4	Carroll, Christopher	58	North East Runners A.C. 'A'	Louth 50	197	31.50
M4	Gygax, Michael	900	Raheny Shamrock A.C. 'A'	Dublin 50	203	32.20
M4	Ledingham, Dermot	270	Youghal A.C. 'A'	Cork 50	206	32.30
M4	Doherty, Drew	295	Finn Valley A.C. 'A'		215	33.21
M4	Bracken, Alan	71	Mayo	Mayo	223	34.24
M4	Larney, Paschal	129	Carrick Aces A.C.	Monaghan	227	35.19
M4	Brogan, Martin	176	Trim A.C.	Meath 50	229	35.46
M4	Coughlan, Stephen	253	Liffey Valley A.C. 'B'		234	38.03
M4	Hampell, Eno	203	Galway City Harriers A.C. 'A'	Galway	235	38.48
M4	Tobin, Ciaran	175	Trim A.C.	Meath 50	236	39.13
M4	Monaghan, Jarlath	189	Galway	Galway	237	44.32
M5	McDonald, Martin	139	Ballyroan,Abbeyleix & Dist. AC		61	27.05
M5	Keeling, Chris	347	Balbriggan & District A.C		107	28.26
M5	Ryan, Brendan	348	Tallaght A.C.	Dublin 50	112	28.37
M5	Moynihan, Eugene	302	Clare	Clare	129	29.01
M5	Carroll, Martin	336	Tullamore Harriers A.C. 'A'	Offaly	141	29.27
M5	Kenny, James	303	Kilmurray/Ibrick/N.Clare A.C.	Clare	144	29.30
M5	Doyle, Sean	42	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	146	29.34
M5	Shorten, Dessie	277	Sli Cualann A.C. 'A'	Wicklow 50	162	30.03
M5	Clarke, Terry	45	Rathfarnham W.S.A.F. A.C. 'A'	Dublin 50	163	30.04
M5	McEvoy, Eamonn	98	St. Finbarrs A.C. 'A'	Cork	166	30.10
M5	Loftus, Tom	902	Raheny Shamrock A.C. 'A'	Dublin 50	175	30.40
M5	Harvey, Michael	305	Kilmurry/Ibrickane A.C. (CORK) 'A'	Clare	195	31.45
M5	Fleming, Francis	53	St. Abbans A.C. 'A'	Laois 35 B	201	31.58
M5	Claffey, Pj	46	Rathfarnham W.S.A.F. A.C. 'A'		211	32.53
M5	Marley, Liam	142	Cranford A.C.		212	33.00
M5	O'Regan, Edward	269	Youghal A.C. 'A'	Cork 50	214	33.15
M6	Elliott, Paul	110	North Belfast Harriers	ANTRIM	115	28.41
M6	Hanratty, Noel	173	Trim A.C.	Meath 50	136	29.09
M6	Cullen, John	160	Liffey Valley A.C. M50 'C'	Dublin 50	139	29.24
M6	Todd, John	335	Tullamore Harriers A.C. 'A'	Offaly	176	30.48
M6	Madden, Tom	310	Marian A.C. 'A'	Clare	198	31.52
M6	Potts, Barry	86	Donore Harriers B		200	31.55
M6	Talbot, Andrew	191	Clare River Harriers A.C.	Galway	207	32.34
M6	Kavanagh, Terry	275	Sli Cualann A.C. 'A'	Wicklow 50	208	32.38
M6	Jordan, Michael	60	Louth 50	Louth 50	213	33.06
M6	Cooper, Joe	259	Liffey Valley A.C. M50 'C'		217	33.43
M6	Keenan, Albert	102	Newbridge A.C.	Kildare	218	33.43
M6	Cooney, Conor	210	Drogheda & District A.C.		221	34.03
M6	Whelan, Enda	1	Sligo A.C.		224	34.52
M6	McBride, Brian	23	Letterkenny A.C.		225	34.58
M6	Whelan, Dinny	54	St. Abbans A.C. 'A'	Laois 35 B	232	36.17

	Name	No	Club / County	County	Place	Time
M7	McEvilly, Martin	524	Galway City Harriers A.C. (IND)		126	28.58
M7	Shannon, Denis	2	Tinryland A.C.		238	

(End of Individual Result)