

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
1	17	Sergiu	Ciobanu	CLONLIFFE HARRIERS A.C.	MS	SEN	02:17:40	07:08:04
	19	Gary	O Hanlon	CLONLIFFE HARRIERS A.C.	M40	SEN	02:22:50	07:08:04
	30	David	Mansfield	CLONLIFFE HARRIERS A.C.	MS	SEN	02:27:34	07:08:04
2	16	Sean	Hehir	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	02:18:46	07:29:27
	41	Paul	Stephenson	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	02:31:29	07:29:27
	3944	Paul	Moran	RATHFARNHAM W.S.A.F. A.C.	M50	SEN	02:39:12	07:29:27
3	34	Martin	Hoare	CELBRIDGE A.C.	MS	SEN	02:28:05	07:33:01
	35	Barry	Murphy	CELBRIDGE A.C.	M35	SEN	02:29:34	07:33:01
	32	David	O Connor	CELBRIDGE A.C.	MS	SEN	02:35:22	07:33:01
4	18	Mark	Kirwan	RAHENY SHAMROCK A.C.	MS	SEN	02:22:17	07:37:05
	3223	Dermot	Gorman	RAHENY SHAMROCK A.C.	MS	SEN	02:33:56	07:37:05
	19716	Mick	Boyle	RAHENY SHAMROCK A.C.	M45	SEN	02:40:52	07:37:05
5	27	Martin	Doody	LIMERICK A.C.	M40	SEN	02:28:08	08:07:55
	1446	Bernard	Mc Cullagh	LIMERICK A.C.	MS	SEN	02:41:17	08:07:55
	2718	Martin	Phillips	LIMERICK A.C.	M45	SEN	02:58:30	08:07:55
6	17356	Féidhlim	Mc Gowan	NORTH SLIGO A.C.	MS	SEN	02:34:17	08:15:07
	1314	Darragh	Currid	NORTH SLIGO A.C.	MS	SEN	02:49:46	08:15:07
	1931	Donal	Egan	NORTH SLIGO A.C.	MS	SEN	02:51:04	08:15:07
7	3903	Brian	O Kelly	CRUSADERS A.C.	MS	SEN	02:41:49	08:15:50
	5242	James	Moran	CRUSADERS A.C.	MS	SEN	02:45:48	08:15:50
	20911	Samus	Mac Floinn	CRUSADERS A.C.	MS	SEN	02:48:13	08:15:50
8	33	Jason	Miley	CELBRIDGE A.C.	M35	SEN	02:37:32	08:16:02
	1032	Philip	Niland	CELBRIDGE A.C.	M35	SEN	02:48:01	08:16:02
	839	Eoin	Mc Manus	CELBRIDGE A.C.	MS	SEN	02:50:29	08:16:02
9	20345	Myles	Gibbons	SLIABH BHUIDE ROVERS A.C.	M40	SEN	02:34:54	08:19:32
	366	Noel	Kennedy	SLIABH BHUIDE ROVERS A.C.	M35	SEN	02:50:40	08:19:32
	364	Patrick	Curley	SLIABH BHUIDE ROVERS A.C.	MS	SEN	02:53:58	08:19:32
10	52	Matthew	Horrigan	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	02:42:29	08:21:16
	18039	Jason	Reid	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	02:47:04	08:21:16
	1512	Colm	Murray	RATHFARNHAM W.S.A.F. A.C.	M50	SEN	02:51:43	08:21:16
11	4283	Colin	Wendel	KILCOOLE A.C.	MS	SEN	02:45:28	08:27:17
	5205	Brian	Gurrin	KILCOOLE A.C.	M45	SEN	02:45:59	08:27:17
	4651	Niall	Larkin	KILCOOLE A.C.	M35	SEN	02:55:50	08:27:17
12	4237	Gary	Slevin	CITY OF DERRY AC SPARTANS	MS	SEN	02:37:40	08:29:06
	2043	Mark	Mullan	CITY OF DERRY AC SPARTANS	M35	SEN	02:53:17	08:29:06
	3385	Robert	Stewart	CITY OF DERRY AC SPARTANS	M50	SEN	02:58:09	08:29:06
13	4061	Pierce	Mc Cullagh	SPERRIN HARRIERS	M35	SEN	02:40:15	08:30:01
	4185	Brian	Taggart	SPERRIN HARRIERS	M35	SEN	02:51:09	08:30:01
	2574	Connor	Martin	SPERRIN HARRIERS	MS	SEN	02:58:37	08:30:01
14	2547	Gearoid	Hynes	GALWAY CITY HARRIERS A.C.	MS	SEN	02:49:31	08:38:33
	21600	Gerard	Carty	GALWAY CITY HARRIERS A.C.	M45	SEN	02:51:19	08:38:33
	4360	Jim	Phelan	GALWAY CITY HARRIERS A.C.	M40	SEN	02:57:43	08:38:33
15	19236	Barry	Lennon	RAHENY SHAMROCK A.C.	M35	SEN	02:58:51	08:40:21
	2488	Conall	Murphy	RAHENY SHAMROCK A.C.	MS	SEN	02:49:38	08:40:21
	45	Feidhlim	Kelly	RAHENY SHAMROCK A.C.	MS	SEN	02:51:52	08:40:21
16	3624	Chris	Mc Guinness	FOYLE VALLEY AC	M35	SEN	02:49:06	08:41:34
	476	Jonathan	Canning	FOYLE VALLEY AC	MS	SEN	02:49:38	08:41:34
	485	Ciaran	Graham	FOYLE VALLEY AC	M45	SEN	03:02:50	08:41:34

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
17	919	Sean	Murphy	TRIM A.C.	M45	SEN	02:48:29	08:42:13
	3951	Kieran	Corcoran	TRIM A.C.	M35	SEN	02:55:37	08:42:13
	2388	Paul	Moloney	TRIM A.C.	MS	SEN	02:58:07	08:42:13
18	2859	Noel	Mc Nally	BEECHMOUNT HARRIERS A.C	MS	SEN	02:48:57	08:42:27
	318	Niall	Farquharson	BEECHMOUNT HARRIERS A.C	M35	SEN	02:56:03	08:42:27
	2858	Brendan	Mc Nally	BEECHMOUNT HARRIERS A.C	M35	SEN	02:57:27	08:42:27
19	966	Ian	Kinsella	CRUSADERS A.C.	MS	SEN	02:51:43	08:44:04
	4572	John	Thuillier	CRUSADERS A.C.	MS	SEN	02:54:55	08:44:04
	1200	Pat	Quill	CRUSADERS A.C.	M45	SEN	02:57:26	08:44:04
20	3528	Jimmy	Boland	CLONMEL A.C.	MS	SEN	02:54:14	08:44:52
	5190	Gary	Grant	CLONMEL A.C.	M40	SEN	02:54:37	08:44:52
	526	Brian	Long	CLONMEL A.C.	M40	SEN	02:56:01	08:44:52
21	392	Nigel	Kelly	BALLYDRAIN HARRIERS	MS	SEN	02:48:56	08:46:02
	2678	Richard	Coey	BALLYDRAIN HARRIERS	M40	SEN	02:58:30	08:46:02
	1494	Darrel	Cooper	BALLYDRAIN HARRIERS	MS	SEN	02:58:36	08:46:02
22	1038	Derek	Finegan	DUNBOYNE A.C.	M40	SEN	02:46:03	08:46:05
	4934	Gerry	O Reilly	DUNBOYNE A.C.	M40	SEN	02:51:33	08:46:05
	4000	Stephen	Devlin	DUNBOYNE A.C.	MS	SEN	03:08:29	08:46:05
23	1786	Anthony	Flynn	WEST WATERFORD A.C.	MS	SEN	02:49:16	08:46:44
	2233	Daryl	Kearns	WEST WATERFORD A.C.	MS	SEN	02:58:22	08:46:44
	1311	Walter	Drohan	WEST WATERFORD A.C.	M40	SEN	02:59:06	08:46:44
24	665	Derek	Kehoe	GOWRAN A.C.	M45	SEN	02:52:06	08:46:58
	3108	David	Dempsey	GOWRAN A.C.	MS	SEN	02:55:55	08:46:58
	20245	Pat	Coady	GOWRAN A.C.	M40	SEN	02:58:57	08:46:58
25	4261	Bryan	O Connor	ST. COCAS A.C.	MS	SEN	02:43:56	08:48:17
	4101	Martin	Baten	ST. COCAS A.C.	M45	SEN	02:53:52	08:48:17
	534	Conor	Devaney	ST. COCAS A.C.	MS	SEN	03:10:29	08:48:17
26	3916	Kevin	Curran	SPORTSWORLD A.C.	MS	SEN	02:51:21	08:48:59
	608	James	Brady	SPORTSWORLD A.C.	M35	SEN	02:55:20	08:48:59
	2853	Shane	Toman	SPORTSWORLD A.C.	M35	SEN	03:02:18	08:48:59
27	3731	Mark	Birmingham	CLONLIFFE HARRIERS A.C.	M40	SEN	02:54:30	08:49:22
	3779	Dermot	Faughnan	CLONLIFFE HARRIERS A.C.	M35	SEN	02:56:16	08:49:22
	2918	David	Brady	CLONLIFFE HARRIERS A.C.	MS	SEN	02:58:36	08:49:22
28	20866	Peter	O Donnell	MILFORD A.C.	MS	SEN	02:56:39	08:52:48
	566	Damian	Mc Bride	MILFORD A.C.	M35	SEN	02:58:00	08:52:48
	2864	Martin	Lynch	MILFORD A.C.	MS	SEN	02:58:09	08:52:48
29	1876	Rory	O Connor	NORTH CORK A.C.	MS	SEN	02:39:49	08:53:04
	3285	Diarmuid	O Sullivan	NORTH CORK A.C.	M35	SEN	03:06:04	08:53:04
	3252	Aidan	Crowley	NORTH CORK A.C.	M35	SEN	03:07:11	08:53:04
30	3055	Niall	Porter	OMAGH HARRIERS	MS	SEN	02:57:49	08:54:56
	4280	Derek	Somerville	OMAGH HARRIERS	M50	SEN	02:57:49	08:54:56
	4151	Martin	Mc Ivor	OMAGH HARRIERS	M35	SEN	02:59:18	08:54:56
31	4445	Luke	Coleman	TALLAGHT A.C.	MS	SEN	02:43:09	08:57:37
	707	David	Callaghan	TALLAGHT A.C.	MS	SEN	03:04:20	08:57:37
	5058	Fearghal	O Connor	TALLAGHT A.C.	M40	SEN	03:10:08	08:57:37
32	4258	Patrick	Higgins	NEWCASTLE & DISTRICT AC	MS	SEN	02:44:49	08:59:28
	4364	Jack	O Hare	NEWCASTLE & DISTRICT AC	M40	SEN	02:58:59	08:59:28
	4690	Kieran	Morgan	NEWCASTLE & DISTRICT AC	M35	SEN	03:15:40	08:59:28

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
33	4273	Patrick	Coyle	CIVIL SERVICE A.C.	MS	SEN	02:56:29	08:59:32
	3099	Gerard	Clerkin	CIVIL SERVICE A.C.	M35	SEN	02:57:57	08:59:32
	1534	Ronan	Ward	CIVIL SERVICE A.C.	M60	SEN	03:05:06	08:59:32
34	1618	Darren	Cullen	KILCOOLE A.C.	MS	SEN	02:56:40	09:01:00
	3912	Paul	O'Brien	KILCOOLE A.C.	M35	SEN	03:01:24	09:01:00
	4421	Darragh	Page	KILCOOLE A.C.	M40	SEN	03:02:56	09:01:00
35	2370	Ruaidhri	Nolan	DROGHEDA & DISTRICT A.C.	MS	SEN	02:55:07	09:03:43
	5167	Eoin	Mc Ginn	DROGHEDA & DISTRICT A.C.	M40	SEN	03:01:41	09:03:43
	829	Declan	Monaghan	DROGHEDA & DISTRICT A.C.	M40	SEN	03:06:55	09:03:43
36	4245	Shane	Greene	CLONMEL A.C.	M35	SEN	03:00:44	09:03:49
	2822	Colm	Ryan	CLONMEL A.C.	MS	SEN	03:00:47	09:03:49
	1451	Conor	Fleming	CLONMEL A.C.	M45	SEN	03:02:18	09:03:49
37	319	Iain	O Byrne	WATERFORD A.C.	MS	SEN	02:49:25	09:05:12
	4319	Peter	Hennessy	WATERFORD A.C.	M40	SEN	03:00:31	09:05:12
	3232	Colm	Walsh	WATERFORD A.C.	M35	SEN	03:15:16	09:05:12
38	520	Ger	Copeland	DUBLIN BAY RUNNING CLUB	M35	SEN	02:58:21	09:07:06
	2361	Barry	Casserly	DUBLIN BAY RUNNING CLUB	MS	SEN	03:02:53	09:07:06
	7082	Damian	Haslett	DUBLIN BAY RUNNING CLUB	M35	SEN	03:05:52	09:07:06
39	3919	Eugene	Mc Carthy	MIDLETON A.C.	M45	SEN	02:59:21	09:08:44
	1776	David	Moynihan	MIDLETON A.C.	MS	SEN	03:00:43	09:08:44
	3150	Francis	Maunsell	MIDLETON A.C.	M40	SEN	03:08:40	09:08:44
40	2511	Shaun	Boyce	MILFORD A.C.	MS	SEN	02:59:45	09:12:55
	1180	Paul	Russell	MILFORD A.C.	M35	SEN	03:04:23	09:12:55
	18125	Anthony	Doherty	MILFORD A.C.	M45	SEN	03:08:47	09:12:55
41	2242	Colum	Gaile	ALBERTVILLE HARRIERS	MS	SEN	02:39:51	09:14:15
	1251	Paul	Gorman	ALBERTVILLE HARRIERS	M40	SEN	03:15:41	09:14:15
	2041	Anthony	Lavery	ALBERTVILLE HARRIERS	M35	SEN	03:18:43	09:14:15
42	2658	Niall	Gorman	CLONLIFFE HARRIERS A.C.	M35	SEN	03:02:10	09:14:21
	1678	Ernie	Ramsey	CLONLIFFE HARRIERS A.C.	MS	SEN	03:05:04	09:14:21
	3803	Karl	Nolan	CLONLIFFE HARRIERS A.C.	MS	SEN	03:07:07	09:14:21
43	3807	Pauric	Ennis	TULLAMORE HARRIERS A.C.	MS	SEN	02:38:49	09:15:58
	1508	Rory	Farrell	TULLAMORE HARRIERS A.C.	M40	SEN	03:14:22	09:15:58
	1509	Basil	Cronin	TULLAMORE HARRIERS A.C.	M40	SEN	03:22:47	09:15:58
44	854	Kieran	Staunton	ATHENRY A.C.	MS	SEN	03:04:11	09:20:52
	3052	Brendan	Galvin	ATHENRY A.C.	M35	SEN	03:06:13	09:20:52
	4874	Jim	Leahy	ATHENRY A.C.	M50	SEN	03:10:28	09:20:52
45	401	John	Carroll	BOHERMEEN A.C.	M35	SEN	02:57:27	09:22:50
	4925	Eoin	Ryan	BOHERMEEN A.C.	MS	SEN	03:03:18	09:22:50
	21152	Robert	Tallon	BOHERMEEN A.C.	M40	SEN	03:22:05	09:22:50
46	2116	Mark	Reid	FOYLE VALLEY AC	M40	SEN	03:04:28	09:23:40
	3116	Patrick	Meehan	FOYLE VALLEY AC	MS	SEN	03:04:58	09:23:40
	3266	Emmett	Kennedy	FOYLE VALLEY AC	MS	SEN	03:14:14	09:23:40
47	448	Ken	Mulcahy	EAGLE A.C.	M45	SEN	02:57:55	09:24:05
	4883	Chris	Bristow	EAGLE A.C.	MS	SEN	03:10:21	09:24:05
	3649	Donal	Dowling	EAGLE A.C.	M40	SEN	03:15:49	09:24:05
48	1651	Niall	O Reilly	DONORE HARRIERS	MS	SEN	02:55:42	09:25:59
	1907	Neil	Hand	DONORE HARRIERS	MS	SEN	03:07:05	09:25:59
	1115	Stephen	Dawson	DONORE HARRIERS	MS	SEN	03:23:12	09:25:59

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
49	4957	Fergal	Mc Gee	ROSSES A.C.	MS	SEN	03:12:18	09:29:06
	21494	Noel	Diver	ROSSES A.C.	MS	SEN	02:56:34	09:29:06
	2516	Brendan	Mc Bride	ROSSES A.C.	M50	SEN	03:20:14	09:29:06
50	2035	Colm	Daly	ENNIS TRACK A.C.	MS	SEN	02:55:49	09:30:08
	3245	John	Moloney	ENNIS TRACK A.C.	M40	SEN	03:04:08	09:30:08
	18461	Sean	Whelan	ENNIS TRACK A.C.	M65	SEN	03:30:11	09:30:08
51	577	Maurice	Feehan	GNEEVEGUILLA A.C.	MS	SEN	02:46:11	09:30:39
	1007	Seamus	Murphy	GNEEVEGUILLA A.C.	M45	SEN	02:59:59	09:30:39
	2228	Tony	Foley	GNEEVEGUILLA A.C.	M50	SEN	03:44:29	09:30:39
52	4236	Ken	Crowley	WATERGRASSHILL A.C.	M40	SEN	03:08:29	09:31:19
	2927	Sean	O Brien	WATERGRASSHILL A.C.	MS	SEN	03:09:46	09:31:19
	1783	Stephen	Rooney	WATERGRASSHILL A.C.	M40	SEN	03:13:04	09:31:19
53	3253	Mel	Casserly	SLIGO A.C.	M45	SEN	03:06:13	09:31:33
	2855	Fintan	Whelan	SLIGO A.C.	MS	SEN	03:08:20	09:31:33
	15040	John	Walsh	SLIGO A.C.	M50	SEN	03:17:00	09:31:33
54	3226	David	Sweeney	ST. MICHAELS AC	M40	SEN	02:48:34	09:33:41
	4045	Johnny	Doris	ST. MICHAELS AC	M45	SEN	03:20:34	09:33:41
	4962	Cormac	Kavanagh	ST. MICHAELS AC	MS	SEN	03:24:33	09:33:41
55	4423	Paul	Dempsey	CRUSADERS A.C.	M35	SEN	03:07:04	09:35:59
	2528	Phelim	Murray	CRUSADERS A.C.	MS	SEN	03:12:21	09:35:59
	17909	Michael	Blighe	CRUSADERS A.C.	M35	SEN	03:16:34	09:35:59
56	20232	Stephen	Devereaux	YOUGHAL A.C.	M50	SEN	02:59:05	09:36:23
	1434	David	Barry	YOUGHAL A.C.	M40	SEN	03:07:25	09:36:23
	964	Maurice	Walsh	YOUGHAL A.C.	MS	SEN	03:29:53	09:36:23
57	903	Mark	Kavanagh	ASHFORD A.C	MS	SEN	03:05:39	09:37:46
	4578	Diarmuid	Canning	ASHFORD A.C	M45	SEN	03:15:44	09:37:46
	1123	Mark	Redmond	ASHFORD A.C	MS	SEN	03:16:23	09:37:46
58	592	Aidan	Mc Peake	BELFAST RUNNING CLUB	M40	SEN	03:08:51	09:39:52
	4379	Fabrice	Scoupe	BELFAST RUNNING CLUB	M40	SEN	03:12:11	09:39:52
	463	Liam	Mc Henry	BELFAST RUNNING CLUB	MS	SEN	03:18:50	09:39:52
59	2471	Peter	Toomey	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	03:01:07	09:40:19
	2466	Patrick	Fitzpatrick	RATHFARNHAM W.S.A.F. A.C.	M50	SEN	03:05:22	09:40:19
	8753	Daniel	Whitaker	RATHFARNHAM W.S.A.F. A.C.	MS	SEN	03:33:50	09:40:19
60	3044	Marty	Mc Dermott	SPERRIN HARRIERS	M40	SEN	02:59:02	09:41:04
	3134	Paul	Mc Laughlin	SPERRIN HARRIERS	M50	SEN	03:09:37	09:41:04
	587	Joe	Loughran	SPERRIN HARRIERS	MS	SEN	03:32:25	09:41:04
61	5213	Marc	Jennings	NORTH BELFAST HARRIERS	MS	SEN	03:08:23	09:41:29
	4290	Stephen	Walker	NORTH BELFAST HARRIERS	M35	SEN	03:08:34	09:41:29
	1800	Paul	Curley	NORTH BELFAST HARRIERS	M35	SEN	03:24:32	09:41:29
62	1090	Matt	Appleby	SPORTSWORLD A.C.	MS	SEN	03:12:03	09:41:30
	2657	Sean	Duffy	SPORTSWORLD A.C.	MS	SEN	03:14:02	09:41:30
	2639	Sean	Donegan	SPORTSWORLD A.C.	MS	SEN	03:15:25	09:41:30
63	4686	James	Monaghan	ST. PETERS A.C.	MS	SEN	02:49:22	09:44:08
	1471	Barry	Shanks	ST. PETERS A.C.	M40	SEN	03:27:19	09:44:08
	3665	Connor	Mulholland	ST. PETERS A.C.	M40	SEN	03:27:27	09:44:08
64	2341	Billy	Moloney	CLONMEL A.C.	MS	SEN	03:14:36	09:45:02
	4851	Ciaran	Fahey	CLONMEL A.C.	M50	SEN	03:14:57	09:45:02
	9218	Richard	O Gorman	CLONMEL A.C.	M50	SEN	03:15:29	09:45:02

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
65	1671	Michael	Kerr	CARMEN RUNNERS A.C.	M35	SEN	02:57:00	09:46:06
	3073	John	Gillespie	CARMEN RUNNERS A.C.	M35	SEN	03:19:41	09:46:06
	440	Micheal	Mc Cann	CARMEN RUNNERS A.C.	MS	SEN	03:29:25	09:46:06
66	4569	Ian	Phelan	RATOATH A.C.	M35	SEN	02:59:36	09:46:25
	1596	Bram	Jansen	RATOATH A.C.	MS	SEN	03:16:33	09:46:25
	8512	Hugh	Kelly	RATOATH A.C.	M40	SEN	03:30:16	09:46:25
67	1418	Matthew	Morrow	BALLYMENA RUNNERS AC	MS	SEN	02:49:09	09:46:59
	4383	John	Donnelly	BALLYMENA RUNNERS AC	M45	SEN	03:23:07	09:46:59
	6943	Thomas	Bradley	BALLYMENA RUNNERS AC	M55	SEN	03:34:43	09:46:59
68	5212	Matthew	Collins	PORTMARNOCK A.C.	MS	SEN	03:00:05	09:49:48
	2637	Neil	Murphy	PORTMARNOCK A.C.	MS	SEN	03:21:13	09:49:48
	4422	Conor	Fitzpatrick	PORTMARNOCK A.C.	MS	SEN	03:28:30	09:49:48
69	5112	Donncha	Walsh	CRUSADERS A.C.	MS	SEN	03:16:34	09:51:50
	4302	Kevin	Lynch	CRUSADERS A.C.	MS	SEN	03:17:02	09:51:50
	2633	Diarmuid	Byrne	CRUSADERS A.C.	MS	SEN	03:18:14	09:51:50
70	384	Richard	O Donnell	B.M.O.H. ATHLETICS CLUB	M35	SEN	03:13:34	09:52:48
	4710	Stephen	Hannam	B.M.O.H. ATHLETICS CLUB	M35	SEN	03:16:40	09:52:48
	560	Antonio	Raffa	B.M.O.H. ATHLETICS CLUB	MS	SEN	03:22:34	09:52:48
71	3157	Norman	Mawhinney	BALLYDRAIN HARRIERS	M55	SEN	03:11:51	09:57:57
	4388	Mark	Earney	BALLYDRAIN HARRIERS	M45	SEN	03:22:16	09:57:57
	3634	Drew	Fowler	BALLYDRAIN HARRIERS	MS	SEN	03:23:50	09:57:57
72	1025	Peter	Owens	ST. ABBANS A.C.	M40	SEN	03:02:50	09:58:00
	3210	Thomas	Brennan	ST. ABBANS A.C.	M45	SEN	03:19:23	09:58:00
	4472	Matthew	Warren	ST. ABBANS A.C.	MS	SEN	03:35:47	09:58:00
73	1549	Aaron	Mooney	KILCOOLE A.C.	MS	SEN	03:16:35	10:01:32
	4470	Luke	Lennon	KILCOOLE A.C.	MS	SEN	03:20:43	10:01:32
	2421	Colm	Murphy	KILCOOLE A.C.	M40	SEN	03:24:14	10:01:32
74	2634	Niall	O Connor	SLIABH BHUIDE ROVERS A.C.	M35	SEN	03:17:12	10:01:58
	1863	Eugene	Doherty	SLIABH BHUIDE ROVERS A.C.	M60	SEN	03:18:59	10:01:58
	21370	Tomas	Kavanagh	SLIABH BHUIDE ROVERS A.C.	MS	SEN	03:25:47	10:01:58
75	1748	Darren	Maher	ST. COCAS A.C.	MS	SEN	03:19:54	10:02:21
	806	Gareth	Daly	ST. COCAS A.C.	M35	SEN	03:20:18	10:02:21
	20037	John	Murray	ST. COCAS A.C.	M40	SEN	03:22:09	10:02:21
76	3115	Joseph	Kennedy	FOYLE VALLEY AC	MS	SEN	03:14:53	10:02:43
	3117	Paul	Mc Candless	FOYLE VALLEY AC	MS	SEN	03:16:32	10:02:43
	478	Barry	Smith	FOYLE VALLEY AC	MS	SEN	03:31:18	10:02:43
77	4043	Ronan	Matthews	TIR CHONAILL A.C.	MS	SEN	03:01:10	10:03:44
	2930	Noel	Hoey	TIR CHONAILL A.C.	M45	SEN	03:31:17	10:03:44
	2584	Martin	O Halloran	TIR CHONAILL A.C.	M45	SEN	03:31:17	10:03:44
78	4668	Colin	Garry	SLANEY OLYMPIC A.C.	MS	SEN	03:08:36	10:04:08
	3037	Peter	Ryan	SLANEY OLYMPIC A.C.	M35	SEN	03:25:54	10:04:08
	3784	Dave	Bolger	SLANEY OLYMPIC A.C.	M45	SEN	03:29:38	10:04:08
79	4037	Paul	Cummins	DONORE HARRIERS	MS	SEN	03:06:17	10:04:40
	2870	Tony	Griffin	DONORE HARRIERS	M55	SEN	03:27:17	10:04:40
	2696	Kevin	Odgers	DONORE HARRIERS	M40	SEN	03:31:06	10:04:40
80	3204	Jeff	Ennis	FR. MURPHY A.C.	MS	SEN	03:17:43	10:09:18
	1750	Brian	Smiith	FR. MURPHY A.C.	M45	SEN	03:20:41	10:09:18
	912	Declan	Bagnall	FR. MURPHY A.C.	M35	SEN	03:30:54	10:09:18

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
81	21933	Matthew	Cranley	CRUSADERS A.C.	M35	SEN	03:21:46	10:10:17
	2908	Sean	Smith	CRUSADERS A.C.	MS	SEN	03:23:28	10:10:17
	4525	Andrew	Kinneen	CRUSADERS A.C.	MS	SEN	03:25:03	10:10:17
82	4157	David	Shiel	DROGHEDA & DISTRICT A.C.	M40	SEN	03:21:47	10:10:30
	4640	Enda	Martin	DROGHEDA & DISTRICT A.C.	M40	SEN	03:24:21	10:10:30
	8143	David	O Neill	DROGHEDA & DISTRICT A.C.	MS	SEN	03:24:22	10:10:30
83	4928	Anthony	Dowling	CELBRIDGE A.C.	MS	SEN	03:11:44	10:14:11
	4619	John	Small	CELBRIDGE A.C.	M40	SEN	03:25:28	10:14:11
	4425	David	Mc Mahon	CELBRIDGE A.C.	M35	SEN	03:36:59	10:14:11
84	594	Owen	Eagers	ST PETERS	M40	SEN	03:15:20	10:14:17
	10331	Sean	Farquhar	ST PETERS	M40	SEN	03:29:16	10:14:17
	3288	Rioghn	Mc Clean	ST PETERS	MS	SEN	03:29:41	10:14:17
85	1320	Ronan	Forde	AGHADA RC	MS	SEN	03:11:34	10:15:26
	3853	Jim	Morgan	AGHADA RC	M40	SEN	03:22:31	10:15:26
	18139	Mark	Lombard	AGHADA RC	M35	SEN	03:41:21	10:15:26
86	4084	Colin	Duane	ATHENRY A.C.	M35	SEN	03:24:20	10:18:32
	19345	David	Noone	ATHENRY A.C.	MS	SEN	03:26:26	10:18:32
	1504	David	O Sullivan	ATHENRY A.C.	M35	SEN	03:27:46	10:18:32
87	2159	Andrew	Dowey	SPRINGWELL RUNNING CLUB	M35	SEN	03:24:22	10:20:01
	1798	Christopher	Capper	SPRINGWELL RUNNING CLUB	M50	SEN	03:25:16	10:20:01
	18659	Eddie	Clyde	SPRINGWELL RUNNING CLUB	MS	SEN	03:30:23	10:20:01
88	1689	Tony	Redmond	SLI CUALANN A.C.	MS	SEN	03:15:31	10:21:52
	4613	Barry	O Neill	SLI CUALANN A.C.	M40	SEN	03:16:32	10:21:52
	10955	Paul	Allen	SLI CUALANN A.C.	M35	SEN	03:49:49	10:21:52
89	4508	Maurice	Brennan	TRIM A.C.	M40	SEN	03:22:40	10:23:50
	5066	Graham	Morgan	TRIM A.C.	M40	SEN	03:30:21	10:23:50
	4965	Eoghan	Harford	TRIM A.C.	MS	SEN	03:30:49	10:23:50
90	2047	James	Mc Cabe	OMAGH HARRIERS	M40	SEN	03:25:57	10:25:41
	10338	Plunkett	Donnelly	OMAGH HARRIERS	MS	SEN	03:28:33	10:25:41
	1445	Shane	Mc Gale	OMAGH HARRIERS	M45	SEN	03:31:11	10:25:41
91	373	Mohamed	Wahbi	ST. FINBARRS A.C.	MS	SEN	03:17:56	10:27:40
	2538	Dave	O Regan	ST. FINBARRS A.C.	M45	SEN	03:32:31	10:27:40
	9678	Donal	Murray	ST. FINBARRS A.C.	M40	SEN	03:37:13	10:27:40
92	3920	Aidan	Mc Gee	ST. MICHAELS AC	M40	SEN	03:26:38	10:27:56
	2423	Laurence	Havens	ST. MICHAELS AC	MS	SEN	03:29:52	10:27:56
	2178	Dave	Murphy	ST. MICHAELS AC	M40	SEN	03:31:26	10:27:56
93	4805	Philip	Burke	MULLINGAR HARRIERS A.C.	M40	SEN	03:23:25	10:31:36
	4804	Ollie	Gaffney	MULLINGAR HARRIERS A.C.	M40	SEN	03:24:14	10:31:36
	3034	Stephen	Olwell	MULLINGAR HARRIERS A.C.	MS	SEN	03:43:57	10:31:36
94	5063	Robert	Frewen	RAHENY SHAMROCK A.C.	MS	SEN	03:02:00	10:31:38
	1623	Brian	Connor	RAHENY SHAMROCK A.C.	MS	SEN	03:37:39	10:31:38
	1699	Thomas	Tracey	RAHENY SHAMROCK A.C.	MS	SEN	03:51:59	10:31:38
95	2510	Paul	Hehir	GALWAY CITY HARRIERS A.C.	M45	SEN	03:29:44	10:32:13
	47	Michael	Greene	GALWAY CITY HARRIERS A.C.	M65	SEN	03:30:53	10:32:13
	2704	Louis	Coyne	GALWAY CITY HARRIERS A.C.	MS	SEN	03:31:36	10:32:13
96	2261	Noel	Kehoe	SLANEY OLYMPIC A.C.	M40	SEN	03:30:21	10:35:35
	8591	Garry	Rooney	SLANEY OLYMPIC A.C.	MS	SEN	03:32:28	10:35:35
	4352	Pat	Codd	SLANEY OLYMPIC A.C.	M35	SEN	03:32:46	10:35:35

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
97	4628	Fergal	Leonard	TULLAMORE HARRIERS A.C.	MS	SEN	03:28:31	10:36:53
	11127	Padraic	Sweeney	TULLAMORE HARRIERS A.C.	M35	SEN	03:29:28	10:36:53
	554	George	Fox	TULLAMORE HARRIERS A.C.	M45	SEN	03:38:54	10:36:53
98	20695	Enda	Jordan	BALLINA A.C.	MS	SEN	03:31:23	10:37:48
	7012	Mattie	Coleman	BALLINA A.C.	M55	SEN	03:32:41	10:37:48
	4248	Paul	Hogan	BALLINA A.C.	M40	SEN	03:33:44	10:37:48
99	2733	Kevin	Durkin	DULEEK & DISTRICT A.C.	MS	SEN	03:28:53	10:38:31
	3960	Alan	Mc Keown	DULEEK & DISTRICT A.C.	M35	SEN	03:29:16	10:38:31
	930	Eric	Devine	DULEEK & DISTRICT A.C.	M35	SEN	03:40:22	10:38:31
100	3384	Stephen	Pepper	BANBRIDGE AC	M40	SEN	03:17:14	10:38:34
	3661	Mark	Mc Cullough	BANBRIDGE AC	MS	SEN	03:32:09	10:38:34
	6840	Patrick	Mc Evoy	BANBRIDGE AC	M40	SEN	03:49:11	10:38:34
101	4370	Alan	Hogan	WEST WATERFORD A.C.	MS	SEN	03:31:54	10:40:13
	4176	James	Veale	WEST WATERFORD A.C.	M50	SEN	03:33:16	10:40:13
	3286	Gareth	Pope	WEST WATERFORD A.C.	M35	SEN	03:35:03	10:40:13
102	1416	Nicholas	Wallace	BELFAST RUNNING CLUB	M35	SEN	03:21:11	10:44:02
	1495	Stephen	Garland	BELFAST RUNNING CLUB	MS	SEN	03:24:33	10:44:02
	20887	Gerard	Sergeant	BELFAST RUNNING CLUB	M40	SEN	03:58:18	10:44:02
103	3502	Michael	Mc Kenzie	ARMAGH AC	MS	SEN	03:28:43	10:44:10
	3739	Stephen	Toal	ARMAGH AC	M50	SEN	03:31:26	10:44:10
	3742	Declan	Toal	ARMAGH AC	M50	SEN	03:44:01	10:44:10
104	21989	William	Brown	BALLYDRAIN HARRIERS	MS	SEN	03:33:24	10:45:02
	4788	Paul	Edgar	BALLYDRAIN HARRIERS	M40	SEN	03:34:04	10:45:02
	17641	Darren	Martin	BALLYDRAIN HARRIERS	M40	SEN	03:37:34	10:45:02
105	668	Alan	Curley	CLONLIFFE HARRIERS A.C.	M35	SEN	03:29:04	10:45:36
	5090	Ollie	Power	CLONLIFFE HARRIERS A.C.	M40	SEN	03:37:17	10:45:36
	1602	Mark	Dowling	CLONLIFFE HARRIERS A.C.	MS	SEN	03:39:15	10:45:36
106	10267	Billy	Kinsella	SLANEY OLYMPIC A.C.	M40	SEN	03:33:10	10:49:18
	3793	Brendan	Dillon	SLANEY OLYMPIC A.C.	M45	SEN	03:37:50	10:49:18
	3789	Conor	Mc Donald	SLANEY OLYMPIC A.C.	MS	SEN	03:38:18	10:49:18
107	3611	Vincent	Mc Cormack	NEWBRIDGE A.C.	M45	SEN	03:34:30	10:49:23
	20302	Adrian	Tierney	NEWBRIDGE A.C.	M40	SEN	03:35:08	10:49:23
	13607	Jonathan	Mc Givern	NEWBRIDGE A.C.	MS	SEN	03:39:45	10:49:23
108	4093	Brendan	Ward	SLIGO A.C.	M45	SEN	03:32:15	10:51:23
	3363	Joe	Davey	SLIGO A.C.	M50	SEN	03:39:09	10:51:23
	14550	Roy	Mitchell	SLIGO A.C.	MS	SEN	03:39:59	10:51:23
109	634	Damien	Geraghty	SPORTSWORLD A.C.	MS	SEN	03:29:51	10:54:04
	9702	Ronan	Murray	SPORTSWORLD A.C.	M45	SEN	03:39:46	10:54:04
	4467	Peter	Knaggs	SPORTSWORLD A.C.	M45	SEN	03:44:27	10:54:04
110	2401	Kenneth	Cronin	DONORE HARRIERS	M55	SEN	03:31:29	10:54:07
	4943	Paul	Graham	DONORE HARRIERS	M50	SEN	03:33:21	10:54:07
	2761	Giovanni	Borza	DONORE HARRIERS	MS	SEN	03:49:17	10:54:07
111	10985	John	Smith	DROGHEDA & DISTRICT A.C.	M35	SEN	03:37:10	10:55:25
	4630	Roger	Tegart	DROGHEDA & DISTRICT A.C.	M45	SEN	03:38:12	10:55:25
	3381	Stephen	Geraghty	DROGHEDA & DISTRICT A.C.	MS	SEN	03:40:03	10:55:25
112	2691	Mark	Conaty	SHERCOCK A.C.	MS	SEN	03:08:58	10:56:33
	10410	Ciaran	Sherlock	SHERCOCK A.C.	M40	SEN	03:48:07	10:56:33
	6200	John Joe	Reilly	SHERCOCK A.C.	M40	SEN	03:59:28	10:56:33

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
113	18895	Fergus	Callaghan	MILFORD A.C.	MS	SEN	03:37:31	10:58:12
	471	Eoin	Sheehy	MILFORD A.C.	M40	SEN	03:37:45	10:58:12
	18862	Hugh	Coll	MILFORD A.C.	M40	SEN	03:42:56	10:58:12
114	2840	Ger	Buckley	MALLOW A.C.	M45	SEN	03:27:27	10:58:25
	2059	Peadar	Lucey	MALLOW A.C.	M35	SEN	03:42:26	10:58:25
	20126	Daniel	Buckley	MALLOW A.C.	MS	SEN	03:48:32	10:58:25
115	1792	Vincent	Duffy	TIR CHONAILL A.C.	M45	SEN	03:34:17	10:58:48
	6547	Patrick	Loughlin	TIR CHONAILL A.C.	M35	SEN	03:40:02	10:58:48
	4900	Paul	Patterson	TIR CHONAILL A.C.	MS	SEN	03:44:29	10:58:48
116	3752	Paul	Hogan	DUNDRUM SOUTH DUBLIN A.C.	M45	SEN	03:25:05	10:59:31
	9788	Des	Fitzgerald	DUNDRUM SOUTH DUBLIN A.C.	M45	SEN	03:44:38	10:59:31
	1815	James	Berry	DUNDRUM SOUTH DUBLIN A.C.	MS	SEN	03:49:48	10:59:31
117	1775	Joe	Loup Mc Vey	MAGHERAFELT HARRIERS	MS	SEN	03:24:51	10:59:32
	6657	Paul	Martin	MAGHERAFELT HARRIERS	M55	SEN	03:44:37	10:59:32
	10324	Thomas	Doherty	MAGHERAFELT HARRIERS	M35	SEN	03:50:04	10:59:32
118	11929	Michael	Chen	DUBLIN FRONT RUNNERS A.C.	MS	SEN	03:31:18	11:10:49
	21400	Patrick	Bamming	DUBLIN FRONT RUNNERS A.C.	M35	SEN	03:40:53	11:10:49
	21660	Thomas	O Connor	DUBLIN FRONT RUNNERS A.C.	M50	SEN	03:58:38	11:10:49
119	1482	Jim	Larkin	DUB RUNNING CLUB	M40	SEN	03:25:39	11:10:51
	1483	Andrew	Mc Dermott	DUB RUNNING CLUB	MS	SEN	03:44:26	11:10:51
	9732	James	Sheridan	DUB RUNNING CLUB	MS	SEN	04:00:46	11:10:51
120	589	Martin	Mc Conaghy	ST PETERS	M35	SEN	03:38:04	11:12:35
	416	Stephen	Dunn	ST PETERS	M45	SEN	03:41:15	11:12:35
	9493	Aaron	Clarke	ST PETERS	MS	SEN	03:53:16	11:12:35
121	1438	Andrew	Burns	ST. FINBARRS A.C.	MS	SEN	03:42:47	11:13:41
	4008	David	Butler	ST. FINBARRS A.C.	MS	SEN	02:59:55	11:13:41
	4021	Conor	Mc Carthy	ST. FINBARRS A.C.	MS	SEN	04:30:59	11:13:41
122	4210	Colin	Foley	EAGLE A.C.	MS	SEN	03:40:44	11:15:43
	11170	Kevin	Fennessy	EAGLE A.C.	M40	SEN	03:47:16	11:15:43
	6591	John	Mc Carthy	EAGLE A.C.	M35	SEN	03:47:43	11:15:43
123	10333	Paul	Lanigan	WATERFORD A.C.	M40	SEN	03:45:11	11:17:13
	11178	Ed	Battye	WATERFORD A.C.	MS	SEN	03:45:30	11:17:13
	20391	Dave	Mc Carthy	WATERFORD A.C.	M40	SEN	03:46:32	11:17:13
124	818	James	Kelly	MARATHON CLUB IRELAND	M45	SEN	03:45:26	11:18:45
	2094	Cezary	Lubinski	MARATHON CLUB IRELAND	MS	SEN	03:46:07	11:18:45
	2664	Joe	Breen	MARATHON CLUB IRELAND	M40	SEN	03:47:12	11:18:45
125	3842	Eoin	Power	SLIABH BHUIDE ROVERS A.C.	MS	SEN	03:37:53	11:18:47
	10202	Liam	Breen	SLIABH BHUIDE ROVERS A.C.	M55	SEN	03:49:45	11:18:47
	10203	Michael	Breen	SLIABH BHUIDE ROVERS A.C.	M35	SEN	03:51:09	11:18:47
126	1816	Gavin	Delaney	ST. ANDREWS A.C.	MS	SEN	03:34:13	11:20:51
	2250	Garrett	Kelly	ST. ANDREWS A.C.	MS	SEN	03:45:45	11:20:51
	7915	Timothy	Scanlon	ST. ANDREWS A.C.	M40	SEN	04:00:53	11:20:51
127	5051	Aidan	Curran	SPORTSWORLD A.C.	M40	SEN	03:45:05	11:21:01
	4209	Conor	Tully	SPORTSWORLD A.C.	MS	SEN	03:45:14	11:21:01
	16019	Alan	Hynes	SPORTSWORLD A.C.	M45	SEN	03:50:42	11:21:01
128	2829	Alex	Mc Donald	PORTLAOISE A.C.	M35	SEN	03:19:30	11:22:03
	3982	Niall	Collins	PORTLAOISE A.C.	MS	SEN	03:52:15	11:22:03
	3777	William	Fitzpatrick	PORTLAOISE A.C.	M45	SEN	04:10:18	11:22:03

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
129	10171	Tom	Hogan	WEST WATERFORD A.C.	M40	SEN	03:46:21	11:22:31
	6849	Mick	Concannon	WEST WATERFORD A.C.	M50	SEN	03:46:57	11:22:31
	1888	Billy	Ryan	WEST WATERFORD A.C.	MS	SEN	03:49:13	11:22:31
130	4190	Eric	Browne	TOGHER A.C.	MS	SEN	03:42:14	11:23:03
	6816	Darren	Hough	TOGHER A.C.	M35	SEN	03:47:06	11:23:03
	3277	Robert	Blythe	TOGHER A.C.	M35	SEN	03:53:43	11:23:03
131	11951	John	Byrne	CROGHAN A.C.	M40	SEN	03:44:01	11:24:46
	15562	Brian	Bolger	CROGHAN A.C.	M45	SEN	03:49:55	11:24:46
	18988	Keith	Wallace	CROGHAN A.C.	MS	SEN	03:50:50	11:24:46
132	2023	Philip	Slattery	CELBRIDGE A.C.	MS	SEN	03:44:06	11:24:55
	3765	Conor	Mc Donald	CELBRIDGE A.C.	MS	SEN	03:44:39	11:24:55
	719	James	Carraher	CELBRIDGE A.C.	M35	SEN	03:56:10	11:24:55
133	9263	Tommy	Conroy	MULLINGAR HARRIERS A.C.	MS	SEN	03:46:34	11:25:22
	704	Garrett	O Brien	MULLINGAR HARRIERS A.C.	M45	SEN	03:48:03	11:25:22
	21219	Christy	Doyle	MULLINGAR HARRIERS A.C.	M45	SEN	03:50:45	11:25:22
134	321	Ciaran Og	Mussen	NEWCASTLE & DISTRICT AC	MS	SEN	03:44:05	11:26:06
	10589	Joe	Mc Cann	NEWCASTLE & DISTRICT AC	M45	SEN	03:47:45	11:26:06
	14171	Ronald	Horrox	NEWCASTLE & DISTRICT AC	M45	SEN	03:54:16	11:26:06
135	3240	Philip	Roxby	MAREE A.C.	MS	SEN	03:19:23	11:29:13
	3142	Sean	Naughton	MAREE A.C.	M35	SEN	03:40:08	11:29:13
	6556	Cyril	Thornton	MAREE A.C.	M40	SEN	04:29:42	11:29:13
136	18809	Ray	O Mahony	WATERFORD A.C.	M40	SEN	03:47:30	11:30:29
	9958	Jason	Phelan	WATERFORD A.C.	M40	SEN	03:47:35	11:30:29
	11296	Michael	Kearney	WATERFORD A.C.	MS	SEN	03:55:24	11:30:29
137	994	Alan	Doyle	DUNBOYNE A.C.	MS	SEN	03:49:38	11:30:38
	10214	Paul	Lord	DUNBOYNE A.C.	M45	SEN	03:50:10	11:30:38
	1170	Paul	Gorey	DUNBOYNE A.C.	M50	SEN	03:50:50	11:30:38
138	10438	Liam	Reynolds	TIR CHONAILL A.C.	MS	SEN	03:49:05	11:31:52
	7988	Karol	Warnock	TIR CHONAILL A.C.	M35	SEN	03:50:03	11:31:52
	11308	Shane	O Donnell	TIR CHONAILL A.C.	M35	SEN	03:52:44	11:31:52
139	1462	Mike	Stewart	CRUSADERS A.C.	M45	SEN	03:48:08	11:33:34
	2161	Liam	O Brien	CRUSADERS A.C.	M45	SEN	03:52:41	11:33:34
	7154	Philip	Horan	CRUSADERS A.C.	MS	SEN	03:52:45	11:33:34
140	19984	Brian	O Brien	DERG A.C.	MS	SEN	03:20:34	11:36:31
	11766	Darren	O Brien	DERG A.C.	MS	SEN	04:00:32	11:36:31
	20000	Ray	Hickey	DERG A.C.	M40	SEN	04:15:25	11:36:31
141	11769	Gary	Long	BALLYDRAIN HARRIERS	M45	SEN	03:38:07	11:37:16
	3296	Chris	Armstrong	BALLYDRAIN HARRIERS	MS	SEN	03:42:24	11:37:16
	1373	Stuart	Mc Iver	BALLYDRAIN HARRIERS	M40	SEN	04:16:45	11:37:16
142	1093	Damien	Malone	EAGLE A.C.	M35	SEN	03:49:40	11:37:48
	4204	Sean	Lucey	EAGLE A.C.	MS	SEN	03:53:04	11:37:48
	1791	Barry	Lynch	EAGLE A.C.	MS	SEN	03:55:04	11:37:48
143	1526	Ian	Treacy	METRO/ST. BRIGIDS A.C.	MS	SEN	03:34:00	11:38:42
	2122	Sean	Kildunne	METRO/ST. BRIGIDS A.C.	M40	SEN	03:39:44	11:38:42
	2824	Michael	O Sullivan	METRO/ST. BRIGIDS A.C.	MS	SEN	04:24:58	11:38:42
144	9635	Kenneth	O Keeffe	AGHADA RC	M45	SEN	03:42:57	11:40:15
	9668	Chris	Kelly	AGHADA RC	MS	SEN	03:47:32	11:40:15
	7468	Chris	Mc Grath	AGHADA RC	MS	SEN	04:09:46	11:40:15

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
145	3082	Gary	Clerkin	ST. NICHOLAS A.C.	M40	SEN	03:11:00	11:40:27
	873	Richard	Morrison	ST. NICHOLAS A.C.	M40	SEN	03:51:08	11:40:27
	21615	James	Broderick	ST. NICHOLAS A.C.	MS	SEN	04:38:19	11:40:27
146	20261	Damian	Walsh	SOUTH SLIGO A.C.	M45	SEN	03:47:45	11:41:20
	18418	Slawomir	Koziol	SOUTH SLIGO A.C.	MS	SEN	03:52:26	11:41:20
	18419	Donal	Kerins	SOUTH SLIGO A.C.	M45	SEN	04:01:09	11:41:20
147	4337	Karl	O'Donnell	AN BRU AC	M35	SEN	03:32:32	11:50:00
	696	Patrick	Carey	AN BRU AC	M40	SEN	04:03:52	11:50:00
	7391	Liam	Smith	AN BRU AC	MS	SEN	04:13:36	11:50:00
148	10428	Jeffrey	Pardy	BIRR A.C.	MS	SEN	03:56:02	11:52:04
	10183	Philip	Guilfoyle	BIRR A.C.	M40	SEN	03:57:24	11:52:04
	6930	Liam	Spain	BIRR A.C.	M45	SEN	03:58:38	11:52:04
149	3290	Damian	Kenneally	EAGLE A.C.	MS	SEN	03:56:07	11:52:35
	2531	Jonathan	Kenneally	EAGLE A.C.	MS	SEN	03:56:07	11:52:35
	6140	Patrick	O Gorman	EAGLE A.C.	M40	SEN	04:00:21	11:52:35
150	11295	John	Scanlon	SLIGO A.C.	M45	SEN	03:49:21	11:52:59
	16212	Kevin	Plunket	SLIGO A.C.	MS	SEN	04:01:46	11:52:59
	20886	Brendan	Mc Carrick	SLIGO A.C.	MS	SEN	04:01:52	11:52:59
151	9766	Conor	Buckley	FOYLE VALLEY AC	M45	SEN	03:52:03	11:55:53
	14311	Eunan	Lynch	FOYLE VALLEY AC	MS	SEN	03:53:08	11:55:53
	6977	Adrian	O'Donnell	FOYLE VALLEY AC	M45	SEN	04:10:42	11:55:53
152	8642	John	Fahy	TUAM A.C.	M50	SEN	03:45:34	11:56:07
	2503	Tommy Joe	Whyte	TUAM A.C.	M55	SEN	03:58:31	11:56:07
	20219	Thomas	Mannion	TUAM A.C.	MS	SEN	04:12:02	11:56:07
153	6772	Stephen	O'Reilly	WEST WATERFORD A.C.	M35	SEN	03:57:40	11:57:01
	18647	Bernard	Beatty	WEST WATERFORD A.C.	M35	SEN	03:59:27	11:57:01
	2906	Thomas	Cashin	WEST WATERFORD A.C.	MS	SEN	03:59:54	11:57:01
154	421	Matthew	Morrow	CRUSADERS A.C.	MS	SEN	03:57:46	11:57:37
	2556	Tim	Madigan	CRUSADERS A.C.	M45	SEN	03:58:15	11:57:37
	218	Joe	Dunne	CRUSADERS A.C.	M45	SEN	04:01:36	11:57:37
155	4263	Stephen	Douglas	DUNBOYNE A.C.	MS	SEN	03:58:20	11:58:17
	4492	Mark	McDonald	DUNBOYNE A.C.	M40	SEN	03:59:31	11:58:17
	6568	Seamus	Dunne	DUNBOYNE A.C.	M55	SEN	04:00:26	11:58:17
156	7544	Matthew	Allen	MALLUSK HARRIERS	MS	SEN	03:58:38	11:58:50
	3235	Neil	Campbell	MALLUSK HARRIERS	M40	SEN	04:00:06	11:58:50
	6901	Brendan	Mc Geown	MALLUSK HARRIERS	M45	SEN	04:00:06	11:58:50
157	11513	Liam	Callaghan	DROGHEDA & DISTRICT A.C.	MS	SEN	03:58:13	11:59:21
	10602	Padraic	O'Dwyer	DROGHEDA & DISTRICT A.C.	M40	SEN	03:59:14	11:59:21
	10902	Stephen	Gill	DROGHEDA & DISTRICT A.C.	M50	SEN	04:01:54	11:59:21
158	9768	James	Smyth	ST. COCAS A.C.	M50	SEN	03:51:30	11:59:26
	10272	Richard	O'Keeffe	ST. COCAS A.C.	M45	SEN	04:01:43	11:59:26
	9568	Barry	Twohig	ST. COCAS A.C.	MS	SEN	04:06:13	11:59:26
159	2589	Billy	O'Regan	GRANGE/FERMOY A.C.	M45	SEN	03:57:39	12:00:18
	9609	Keith	Buckley	GRANGE/FERMOY A.C.	MS	SEN	03:58:12	12:00:18
	6589	Martin	Healy	GRANGE/FERMOY A.C.	M45	SEN	04:04:27	12:00:18
160	9323	Gerald	Carroll	ST. BRENDANS (KERRY) A.C.	M40	SEN	03:52:01	12:00:31
	11815	David	Butler	ST. BRENDANS (KERRY) A.C.	MS	SEN	03:59:32	12:00:31
	9785	Seamus	Falvey	ST. BRENDANS (KERRY) A.C.	M40	SEN	04:08:58	12:00:31

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
161	2919	Gerard	Sweeney	WATERGRASSHILL A.C.	MS	SEN	03:58:04	12:02:05
	7823	Sean	Ahern	WATERGRASSHILL A.C.	MS	SEN	03:58:08	12:02:05
	9301	Alan	Mahy	WATERGRASSHILL A.C.	MS	SEN	04:05:53	12:02:05
162	6522	Eddie	Aherne	BUTTEVANT A.C.	M50	SEN	03:56:02	12:05:29
	10327	Garry	Collins	BUTTEVANT A.C.	M35	SEN	03:56:02	12:05:29
	6135	Paul	Dowling	BUTTEVANT A.C.	MS	SEN	04:13:25	12:05:29
163	6099	John	Mc Elwaine	LIFFORD STRABANE A.C.	M35	SEN	03:57:24	12:05:46
	6551	Barry	Mc Ardle	LIFFORD STRABANE A.C.	M45	SEN	03:59:57	12:05:46
	16338	Hugh	Patton	LIFFORD STRABANE A.C.	MS	SEN	04:08:25	12:05:46
164	6598	Enda	Seery	MULLINGAR HARRIERS A.C.	MS	SEN	03:58:43	12:06:23
	10713	Jason	Mc Cabe	MULLINGAR HARRIERS A.C.	M40	SEN	04:01:55	12:06:23
	11908	Douglas	Bates	MULLINGAR HARRIERS A.C.	M45	SEN	04:05:45	12:06:23
165	9930	Peter	Alford	DONADEA RUNNING CLUB	M55	SEN	03:52:15	12:06:49
	9576	Conor	Lavery	DONADEA RUNNING CLUB	MS	SEN	03:55:09	12:06:49
	15679	Con	Reilly	DONADEA RUNNING CLUB	M55	SEN	04:19:25	12:06:49
166	13663	Graham	Goss	NEWRY CITY RUNNERS AC	M40	SEN	04:00:06	12:12:23
	9413	Bernard	Hamill	NEWRY CITY RUNNERS AC	MS	SEN	04:03:33	12:12:23
	9155	Terence	English	NEWRY CITY RUNNERS AC	M35	SEN	04:08:44	12:12:23
167	1145	Tom	Turner	LIMERICK COUNTRY CLUB A.C.	M65	SEN	03:36:09	12:13:18
	7866	Niall	Bennis	LIMERICK COUNTRY CLUB A.C.	MS	SEN	03:52:36	12:13:18
	6706	Darren	Crowe	LIMERICK COUNTRY CLUB A.C.	M35	SEN	04:44:33	12:13:18
168	4406	David	Bradshaw	DUNDRUM SOUTH DUBLIN A.C.	M35	SEN	03:22:48	12:13:41
	10912	John	Hosey	DUNDRUM SOUTH DUBLIN A.C.	M45	SEN	04:14:45	12:13:41
	361	Brendan	Walsh	DUNDRUM SOUTH DUBLIN A.C.	M35	SEN	04:36:08	12:13:41
169	10151	Don	Rosney	TRIM A.C.	MS	SEN	04:01:27	12:14:33
	6713	Elias Moses	Mlimbila	TRIM A.C.	M40	SEN	04:05:54	12:14:33
	18923	Andrew	Reilly	TRIM A.C.	M35	SEN	04:07:12	12:14:33
170	9491	David	Hanley	CLONLIFFE HARRIERS A.C.	M45	SEN	04:00:52	12:17:27
	5122	Jason	Smith	CLONLIFFE HARRIERS A.C.	MS	SEN	04:03:23	12:17:27
	10061	Patrick	Devitt	CLONLIFFE HARRIERS A.C.	M65	SEN	04:13:12	12:17:27
171	3298	Paul	Mellamphy	CARRIAG-NA-BHFEAR A.C.	MS	SEN	03:50:30	12:17:48
	7329	Paul	Noonan	CARRIAG-NA-BHFEAR A.C.	M45	SEN	03:50:47	12:17:48
	6578	Christy	Murphy	CARRIAG-NA-BHFEAR A.C.	M60	SEN	04:36:31	12:17:48
172	9348	Ronan	Callan	GLENMORE A.C.	M35	SEN	03:57:34	12:18:32
	10814	Christopher	Connolly	GLENMORE A.C.	MS	SEN	04:07:41	12:18:32
	21931	John	Doyle	GLENMORE A.C.	M40	SEN	04:13:17	12:18:32
173	8995	Conor	Martin	SLIEVE GULLION RUNNERS	M40	SEN	03:57:51	12:19:27
	11937	Barry	O Neill	SLIEVE GULLION RUNNERS	M40	SEN	04:04:49	12:19:27
	8910	Gerard	Murray	SLIEVE GULLION RUNNERS	MS	SEN	04:16:47	12:19:27
174	11551	Keith	Farrell	CIVIL SERVICE A.C.	M35	SEN	04:00:00	12:19:37
	12709	Maurice	Kennelly	CIVIL SERVICE A.C.	MS	SEN	04:06:33	12:19:37
	11285	Stephen	Downey	CIVIL SERVICE A.C.	M35	SEN	04:13:04	12:19:37
175	8118	Shane	Broderick	ST. MICHAELS AC	MS	SEN	04:01:48	12:22:59
	10626	Emmett	O Reilly	ST. MICHAELS AC	M40	SEN	04:09:31	12:22:59
	10114	Wesley	Reilly	ST. MICHAELS AC	M35	SEN	04:11:40	12:22:59
176	10255	David	Gardiner	WATERSTOWN WARRIORS	M45	SEN	03:45:24	12:23:53
	18913	Alan	Hayes	WATERSTOWN WARRIORS	M35	SEN	04:16:45	12:23:53
	12824	Ian	Dutton	WATERSTOWN WARRIORS	MS	SEN	04:21:44	12:23:53

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
177	6792	Stephen	Hogan	WEST WATERFORD A.C.	MS	SEN	04:05:10	12:29:35
	6958	David	Regan	WEST WATERFORD A.C.	M45	SEN	04:10:59	12:29:35
	9356	Raymond	Mc Connell	WEST WATERFORD A.C.	M65	SEN	04:13:26	12:29:35
178	1030	Alan	Tierney	CRUSADERS A.C.	MS	SEN	04:02:06	12:30:56
	1752	David	Heneghan	CRUSADERS A.C.	MS	SEN	04:13:36	12:30:56
	10657	Niall	Farrell	CRUSADERS A.C.	MS	SEN	04:15:14	12:30:56
179	7785	Simon	Davies	BALLINTOTIS FIT4LIFE	M40	SEN	04:04:21	12:31:18
	7435	Colin	Lochaden	BALLINTOTIS FIT4LIFE	M40	SEN	04:10:00	12:31:18
	3386	T.J.	Carew	BALLINTOTIS FIT4LIFE	MS	SEN	04:16:57	12:31:18
180	1144	Ciaran	Cawley	DUBLIN FRONT RUNNERS A.C.	MS	SEN	04:02:22	12:32:17
	4016	Eric	Reyes	DUBLIN FRONT RUNNERS A.C.	M40	SEN	04:14:15	12:32:17
	982	Hugh	Hannigan	DUBLIN FRONT RUNNERS A.C.	M40	SEN	04:15:40	12:32:17
181	2449	Danny	Murphy	MONAGHAN TOWN RUNNERS	MS	SEN	04:08:26	12:32:56
	7961	Barry	Tomany	MONAGHAN TOWN RUNNERS	M45	SEN	04:10:09	12:32:56
	9579	Jonathan	Groarke	MONAGHAN TOWN RUNNERS	M35	SEN	04:14:21	12:32:56
182	10648	Ryan	Gleeson	SLIABH BHUIDE ROVERS A.C.	MS	SEN	03:59:30	12:34:20
	11265	Tim	O Neill	SLIABH BHUIDE ROVERS A.C.	M35	SEN	04:06:06	12:34:20
	9941	Pat	Crean	SLIABH BHUIDE ROVERS A.C.	M50	SEN	04:28:44	12:34:20
183	8902	Enda	Glennon	CASTLECOMER A.C.	M45	SEN	03:36:52	12:36:47
	7396	Padraig	Haughney	CASTLECOMER A.C.	MS	SEN	04:11:08	12:36:47
	7069	Ciaran	Stone	CASTLECOMER A.C.	MS	SEN	04:48:47	12:36:47
184	20123	Mark	Alexander	SPRINGWELL RUNNING CLUB	MS	SEN	04:04:41	12:39:01
	9401	Kyle	Cromie	SPRINGWELL RUNNING CLUB	MS	SEN	04:17:10	12:39:01
	9402	Nigel	Mc Neill	SPRINGWELL RUNNING CLUB	M45	SEN	04:17:10	12:39:01
185	7022	Gary	Seery	DUBLIN BAY RUNNING CLUB	M40	SEN	04:08:39	12:39:16
	11207	Gary	O Daly	DUBLIN BAY RUNNING CLUB	MS	SEN	04:13:58	12:39:16
	11189	Tom	Prendergast	DUBLIN BAY RUNNING CLUB	M40	SEN	04:16:39	12:39:16
186	2725	Michael	O Baille	DUNBOYNE A.C.	M35	SEN	04:01:37	12:42:03
	1481	Philip	Mahony	DUNBOYNE A.C.	MS	SEN	04:19:02	12:42:03
	9565	Raymond	Mitchell	DUNBOYNE A.C.	M45	SEN	04:21:24	12:42:03
187	9455	Jarlath	Fitzgerald	LOUGHREA A.C.	M50	SEN	03:56:30	12:45:32
	19347	Tom	Crosse	LOUGHREA A.C.	MS	SEN	04:11:17	12:45:32
	21751	John	Mannion	LOUGHREA A.C.	M40	SEN	04:37:45	12:45:32
188	15706	Christopher	Young	BALLYMENA RUNNERS AC	MS	SEN	04:00:07	12:47:17
	14055	Alastair	Donaghy	BALLYMENA RUNNERS AC	M45	SEN	04:03:30	12:47:17
	16227	Patrick	Millar	BALLYMENA RUNNERS AC	M50	SEN	04:43:40	12:47:17
189	6248	Brendan	Goyvaerts	CONVOY A.C.	MS	SEN	03:53:15	12:49:18
	13462	Emmett	Scott	CONVOY A.C.	MS	SEN	04:14:39	12:49:18
	16182	John	Mailey	CONVOY A.C.	M40	SEN	04:41:24	12:49:18
190	4477	Michael	Mc Enery	MARATHON CLUB IRELAND	M40	SEN	04:16:08	12:50:13
	15035	Paul	Hegarty	MARATHON CLUB IRELAND	MS	SEN	04:16:12	12:50:13
	14251	Patrick	Mercie	MARATHON CLUB IRELAND	M50	SEN	04:17:53	12:50:13
191	3783	Paul	Murphy	SLANEY OLYMPIC A.C.	M45	SEN	04:16:19	12:50:19
	15603	Michael	Coughlan	SLANEY OLYMPIC A.C.	MS	SEN	04:16:57	12:50:19
	13901	Declan	O Brien	SLANEY OLYMPIC A.C.	M40	SEN	04:17:03	12:50:19
192	4513	Sean	Armstrong	MURLOUGH AC	M50	SEN	03:54:52	12:50:46
	17498	Eddie	Murnin	MURLOUGH AC	MS	SEN	04:15:51	12:50:46
	16845	Brendan	Laverty	MURLOUGH AC	M45	SEN	04:40:03	12:50:46

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
193	7945	Paul	Crawley	TARA A.C.	M45	SEN	03:52:29	12:56:13
	810	Martin	O Kane	TARA A.C.	M40	SEN	04:05:39	12:56:13
	10102	Gavin	Cash	TARA A.C.	MS	SEN	04:58:05	12:56:13
194	15769	Damien	Finnerty	BIRR A.C.	M45	SEN	04:14:19	12:57:50
	11701	Donal	Mannion	BIRR A.C.	M40	SEN	04:15:38	12:57:50
	10103	Joe	Digan	BIRR A.C.	MS	SEN	04:27:53	12:57:50
195	155	Matthew	Hewitt	EAST COAST ATHLETIC CLUB	MS	SEN	03:49:46	13:02:20
	7835	Brian	Maltman	EAST COAST ATHLETIC CLUB	M40	SEN	04:36:16	13:02:20
	10385	Conor	Sheridan	EAST COAST ATHLETIC CLUB	MS	SEN	04:36:18	13:02:20
196	17549	Brian	Moore	CLONMEL A.C.	M40	SEN	04:21:18	13:04:17
	7220	Andrew	Mullins	CLONMEL A.C.	MS	SEN	04:21:28	13:04:17
	7221	Jason	Mullins	CLONMEL A.C.	MS	SEN	04:21:31	13:04:17
197	11811	Roger	Dowds	DUBLIN FRONT RUNNERS A.C.	M50	SEN	04:19:33	13:07:31
	10068	Robert	Dempsey	DUBLIN FRONT RUNNERS A.C.	MS	SEN	04:23:03	13:07:31
	8835	Luiz	Dasilva	DUBLIN FRONT RUNNERS A.C.	M50	SEN	04:24:55	13:07:31
198	6651	Ray	O Connor	ATHENRY A.C.	M45	SEN	04:20:01	13:08:58
	9852	John	Killion	ATHENRY A.C.	MS	SEN	04:23:29	13:08:58
	15608	Martin	Keane	ATHENRY A.C.	M70	SEN	04:25:28	13:08:58
199	6896	Peter	Murphy	WATERFORD A.C.	MS	SEN	03:58:05	13:14:36
	435	Barry	Malone	WATERFORD A.C.	M45	SEN	04:31:35	13:14:36
	13157	Michael	Duffin	WATERFORD A.C.	M50	SEN	04:44:56	13:14:36
200	2524	Andrew	Telford	EAST DOWN AC	MS	SEN	04:00:15	13:20:13
	9880	Sean	Sealey	EAST DOWN AC	M45	SEN	04:39:19	13:20:13
	2299	Stephen	Mc Cartan	EAST DOWN AC	M55	SEN	04:40:39	13:20:13
201	6868	Joseph	Twomey	AN BRU AC	MS	SEN	04:25:14	13:23:21
	15062	Noel	O Neill	AN BRU AC	M45	SEN	04:27:15	13:23:21
	559	Adrian	Barrett	AN BRU AC	M40	SEN	04:30:52	13:23:21
202	3775	Marc	Wynne	CARRICK ACES A.C.	M40	SEN	04:12:11	13:23:47
	8549	Paul	Keenan	CARRICK ACES A.C.	M35	SEN	04:29:46	13:23:47
	19742	Gerard	Mc Court	CARRICK ACES A.C.	MS	SEN	04:41:50	13:23:47
203	7526	Mark	Lenihan	WEST WATERFORD A.C.	M45	SEN	04:27:43	13:24:07
	15748	Eddie	Doran	WEST WATERFORD A.C.	M45	SEN	04:28:12	13:24:07
	3404	Tony	Ferncombe	WEST WATERFORD A.C.	MS	SEN	04:28:12	13:24:07
204	8360	Tommy	Mc Manamon	BALLINA A.C.	M60	SEN	04:20:12	13:24:09
	15948	Darren	Ruane	BALLINA A.C.	MS	SEN	04:29:48	13:24:09
	7698	Raymond	Masterson	BALLINA A.C.	M40	SEN	04:34:09	13:24:09
205	4409	Nicholas	Kennedy	BALBRIGGAN & DISTRICT A.C	MS	SEN	04:28:03	13:27:15
	15306	Paul	Bissett	BALBRIGGAN & DISTRICT A.C	M45	SEN	04:29:24	13:27:15
	6843	Balazs	Kelemen	BALBRIGGAN & DISTRICT A.C	M40	SEN	04:29:48	13:27:15
206	11210	Senan	Edwards	TRIM A.C.	M40	SEN	04:25:58	13:28:28
	13083	Mark	Ginnerty	TRIM A.C.	M35	SEN	04:27:14	13:28:28
	9691	James	Picking	TRIM A.C.	MS	SEN	04:35:16	13:28:28
207	19087	Martin	Mc Shane	SLIEVE GULLION RUNNERS	M40	SEN	04:19:49	13:28:44
	11936	Eugene	Mc Crink	SLIEVE GULLION RUNNERS	M45	SEN	04:21:43	13:28:44
	15907	David	Rushe	SLIEVE GULLION RUNNERS	MS	SEN	04:47:12	13:28:44
208	15012	Raymond	Curran	WEST WATERFORD A.C.	M50	SEN	04:29:05	13:30:42
	16425	Timmy	Coughlan	WEST WATERFORD A.C.	M45	SEN	04:29:51	13:30:42
	11164	Simon	Moloney	WEST WATERFORD A.C.	MS	SEN	04:31:46	13:30:42

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
209	18250	Mark	Fullen	CARMEN RUNNERS A.C.	MS	SEN	04:22:07	13:40:12
	20951	James	Brannigan	CARMEN RUNNERS A.C.	M35	SEN	04:38:37	13:40:12
	456	Fergal	O Donnell	CARMEN RUNNERS A.C.	M35	SEN	04:39:28	13:40:12
210	9775	Brian	Yarrow	ST. MICHAELS AC	MS	SEN	04:19:40	14:03:43
	7649	Justin	Patterson	ST. MICHAELS AC	M40	SEN	04:39:31	14:03:43
	14906	Eddie	Murphy	ST. MICHAELS AC	M50	SEN	05:04:32	14:03:43
211	10065	Emmet	Mc Aviney	GOWRAN A.C.	M40	SEN	04:22:21	14:20:35
	11046	Simon	Maher	GOWRAN A.C.	M35	SEN	04:44:34	14:20:35
	3079	Thomas	Kavanagh	GOWRAN A.C.	MS	SEN	05:13:40	14:20:35
212	20770	Mark	Conlon	MARATHON CLUB IRELAND	MS	SEN	04:47:14	14:21:52
	14777	Ronnie	Mc Murdie	MARATHON CLUB IRELAND	M40	SEN	04:47:17	14:21:52
	6257	Patrick	O Meara	MARATHON CLUB IRELAND	M35	SEN	04:47:21	14:21:52
213	13441	Denis	Gill	WEXFORD MARATHON CLUB	M35	SEN	04:56:28	15:09:28
	16869	Nicky	O Brien	WEXFORD MARATHON CLUB	M40	SEN	04:59:28	15:09:28
	16361	Martin	Carroll	WEXFORD MARATHON CLUB	MS	SEN	05:13:32	15:09:28
1	1279	Alex	O Shea	ST. FINBARRS A.C.	M40	M35	02:34:23	07:57:34
	352	Michael	Corbett	ST. FINBARRS A.C.	M40	M35	02:38:03	07:57:34
	1278	Paul	Gallagher	ST. FINBARRS A.C.	M35	M35	02:45:08	07:57:34
2	1889	Raivis	Zakis	WEST WATERFORD A.C.	M35	M35	02:35:18	08:00:56
	454	Brian	Byrne	WEST WATERFORD A.C.	M35	M35	02:40:30	08:00:56
	4282	Dermot	Ryan	WEST WATERFORD A.C.	M40	M35	02:45:08	08:00:56
3	55	Eamon	Mc Andrew	NORTH SLIGO A.C.	M40	M35	02:37:31	08:02:32
	2813	Thomas	Kelly	NORTH SLIGO A.C.	M45	M35	02:38:31	08:02:32
	1275	Conor	Mc Cann	NORTH SLIGO A.C.	M35	M35	02:46:30	08:02:32
4	465	David	Ryan	CLONMEL A.C.	M40	M35	02:40:48	08:13:55
	4087	Nigel	O Flaherty	CLONMEL A.C.	M40	M35	02:46:14	08:13:55
	4064	Dermot	Logue	CLONMEL A.C.	M40	M35	02:46:53	08:13:55
5	28	Pauric	Mc Kinney	INISHOWEN A.C.	M50	M35	02:35:03	08:14:35
	643	Jim	Harkin	INISHOWEN A.C.	M40	M35	02:49:23	08:14:35
	3563	Benny	Mullan	INISHOWEN A.C.	M40	M35	02:50:09	08:14:35
6	4328	Alan	O Brien	EAGLE A.C.	M35	M35	02:33:34	08:15:01
	3645	Sean	O Keeffe	EAGLE A.C.	M35	M35	02:49:26	08:15:01
	2231	Vivian	Foley	EAGLE A.C.	M45	M35	02:52:01	08:15:01
7	63	Trevor	Power	WATERFORD A.C.	M35	M35	02:33:44	08:16:21
	1498	Brian	Swaby	WATERFORD A.C.	M35	M35	02:47:46	08:16:21
	2776	Brian	O Sullivan	WATERFORD A.C.	M40	M35	02:54:51	08:16:21
8	21245	Gary	Henderson	ARMAGH AC	M45	M35	02:44:47	08:17:16
	21246	Brian	Mc Elvanna	ARMAGH AC	M40	M35	02:45:34	08:17:16
	19786	John	Breen	ARMAGH AC	M35	M35	02:46:55	08:17:16
9	38	Fergal	Whitty	DONORE HARRIERS	M40	M35	02:34:45	08:18:23
	5032	Sean	Fox	DONORE HARRIERS	M40	M35	02:47:12	08:18:23
	18041	Christopher	Muldoon	DONORE HARRIERS	M40	M35	02:56:26	08:18:23
10	5226	Stephen	Connon	BROTHERS PEARSE A.C.	M40	M35	02:41:15	08:26:16
	2450	Colm	Costello	BROTHERS PEARSE A.C.	M40	M35	02:51:21	08:26:16
	4499	Patrick	Sneyd	BROTHERS PEARSE A.C.	M40	M35	02:53:40	08:26:16
11	3302	Conaill	Cooper	SLANEY OLYMPIC A.C.	M35	M35	02:41:35	08:28:56
	664	David	Kehoe	SLANEY OLYMPIC A.C.	M50	M35	02:50:31	08:28:56
	4255	Brian	Maher	SLANEY OLYMPIC A.C.	M40	M35	02:56:50	08:28:56

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
12	2335	Ciaran	Mc Gonagle	ROSSES A.C.	M35	M35	02:36:33	08:32:47
	4347	Edward	Harkin	ROSSES A.C.	M35	M35	02:56:46	08:32:47
	2515	Michael	Logue	ROSSES A.C.	M40	M35	02:59:28	08:32:47
13	3943	Trevor	Connolly	TALLAGHT A.C.	M35	M35	02:43:35	08:34:10
	1654	Shane	Carton	TALLAGHT A.C.	M35	M35	02:55:15	08:34:10
	632	Liam	Cullen	TALLAGHT A.C.	M40	M35	02:55:20	08:34:10
14	4340	James	Mc Crory	OMAGH HARRIERS	M50	M35	02:42:22	08:35:06
	1238	Peter	Neill	OMAGH HARRIERS	M40	M35	02:55:17	08:35:06
	1985	Derryl	Mc Quade	OMAGH HARRIERS	M40	M35	02:57:27	08:35:06
15	1179	Seamus	Somers	SLIGO A.C.	M40	M35	02:47:01	08:37:21
	4042	Damien	Kennedy	SLIGO A.C.	M35	M35	02:51:13	08:37:21
	4243	Kevin	Mc Glone	SLIGO A.C.	M45	M35	02:59:07	08:37:21
16	2801	Damian	Mulholland	NEWRY CITY RUNNERS AC	M50	M35	02:44:57	08:38:12
	3711	Micheal	Dillon	NEWRY CITY RUNNERS AC	M40	M35	02:54:41	08:38:12
	4533	Peter	Linden	NEWRY CITY RUNNERS AC	M40	M35	02:58:34	08:38:12
17	3725	Damian	Kehoe	RAHENY SHAMROCK A.C.	M40	M35	02:47:43	08:38:17
	2938	Daragh	Bell	RAHENY SHAMROCK A.C.	M35	M35	02:53:15	08:38:17
	2454	Wesley	Grant	RAHENY SHAMROCK A.C.	M35	M35	02:57:19	08:38:17
18	4320	Thomas	Simmons	NORTH BELFAST HARRIERS	M35	M35	02:40:04	08:38:56
	2972	James	Brown	NORTH BELFAST HARRIERS	M40	M35	02:48:43	08:38:56
	584	Arran	Rutledge	NORTH BELFAST HARRIERS	M40	M35	03:10:09	08:38:56
19	2248	John	Whelan	SHERCOCK A.C.	M35	M35	02:37:52	08:41:21
	1858	John Joe	Rogers	SHERCOCK A.C.	M55	M35	03:00:46	08:41:21
	1264	Niall	Smith	SHERCOCK A.C.	M35	M35	03:02:43	08:41:21
20	17383	Ollie	Donnelly	MULLINGAR HARRIERS A.C.	M45	M35	02:51:47	08:42:42
	2120	Kieran	Nolan	MULLINGAR HARRIERS A.C.	M40	M35	02:54:43	08:42:42
	4829	Gerard	Gavin	MULLINGAR HARRIERS A.C.	M40	M35	02:56:12	08:42:42
21	4636	David	Conroy	CELBRIDGE A.C.	M35	M35	02:52:59	08:46:39
	4540	Pedro	Lopez	CELBRIDGE A.C.	M40	M35	02:55:54	08:46:39
	1502	Shane	Mc Carthy	CELBRIDGE A.C.	M40	M35	02:57:46	08:46:39
22	642	Will	Byrne	LUCAN HARRIERS A.C.	M40	M35	02:48:31	08:46:55
	3753	Derek	Taylor	LUCAN HARRIERS A.C.	M40	M35	02:49:52	08:46:55
	2306	Rory	Thompson	LUCAN HARRIERS A.C.	M35	M35	03:08:32	08:46:55
23	21066	Eddie	Garry	TULLAMORE HARRIERS A.C.	M35	M35	02:50:24	08:47:16
	1288	Raymond	Ryan	TULLAMORE HARRIERS A.C.	M35	M35	02:53:55	08:47:16
	5114	Brendan	Abbott	TULLAMORE HARRIERS A.C.	M50	M35	03:02:57	08:47:16
24	635	Gary	Crossan	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	02:52:52	08:49:48
	2788	Colm	Cunningham	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	02:58:28	08:49:48
	2682	Andrew	Flynn	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	02:58:28	08:49:48
25	2101	Paul	Kelly	LIFFORD STRABANE A.C.	M35	M35	02:52:56	08:49:58
	2936	Eddie	Kelly	LIFFORD STRABANE A.C.	M45	M35	02:56:31	08:49:58
	4678	Sean	Dudgeon	LIFFORD STRABANE A.C.	M35	M35	03:00:31	08:49:58
26	4609	Tony	Barry	DONORE HARRIERS	M35	M35	02:53:28	08:51:43
	4825	Fergal	Roche	DONORE HARRIERS	M40	M35	02:57:13	08:51:43
	1156	Declan	Lynch	DONORE HARRIERS	M35	M35	03:01:02	08:51:43
27	4873	Ian	Kelly	WEST LIMERICK A.C.	M35	M35	02:50:24	08:52:45
	2984	Martin	Lyons	WEST LIMERICK A.C.	M40	M35	02:55:34	08:52:45
	2628	Liam	Hurrell	WEST LIMERICK A.C.	M40	M35	03:06:47	08:52:45

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
28	4890	James	Hamm	PORTLAOISE A.C.	M35	M35	02:48:58	08:52:58
	4442	Ruben	Barroso	PORTLAOISE A.C.	M35	M35	02:54:54	08:52:58
	827	David	Powders	PORTLAOISE A.C.	M40	M35	03:09:06	08:52:58
29	2447	Kenneth	Mc Andrew	METRO/ST. BRIGIDS A.C.	M45	M35	02:56:24	08:54:26
	4111	Paul	Farrell	METRO/ST. BRIGIDS A.C.	M35	M35	02:58:07	08:54:26
	4584	Declan	Bolton	METRO/ST. BRIGIDS A.C.	M45	M35	02:59:55	08:54:26
30	20950	Sean	Mc Laughlin	WESTPORT A.C.	M35	M35	02:44:03	08:54:59
	1900	Francis	Cryan	WESTPORT A.C.	M45	M35	02:55:19	08:54:59
	2110	David	Conway	WESTPORT A.C.	M35	M35	03:15:37	08:54:59
31	3736	Robert	Cahill	CRUSADERS A.C.	M35	M35	02:57:41	08:55:36
	3284	Warren	Swords	CRUSADERS A.C.	M35	M35	02:58:34	08:55:36
	4653	Joe	Walsh	CRUSADERS A.C.	M40	M35	02:59:21	08:55:36
32	4951	Paul	Finnegan	ARMAGH AC	M35	M35	02:48:57	08:58:12
	3705	Paul	Murphy	ARMAGH AC	M50	M35	02:52:29	08:58:12
	7360	Fearghal	Delaney	ARMAGH AC	M35	M35	03:16:46	08:58:12
33	2545	John	Griffin	MARATHON CLUB IRELAND	M35	M35	02:52:17	08:58:19
	4907	Jamie	Killeen	MARATHON CLUB IRELAND	M35	M35	02:56:58	08:58:19
	2932	David	Toomey	MARATHON CLUB IRELAND	M35	M35	03:09:04	08:58:19
34	5182	Fergus	Wall	ST. FINBARRS A.C.	M45	M35	02:53:56	08:58:39
	1276	John	Tupper	ST. FINBARRS A.C.	M35	M35	02:56:23	08:58:39
	2235	Alan	Noonan	ST. FINBARRS A.C.	M40	M35	03:08:20	08:58:39
35	19833	David	Sheehy	RAHENY SHAMROCK A.C.	M35	M35	02:58:23	08:59:00
	1501	Michael	King	RAHENY SHAMROCK A.C.	M40	M35	03:00:01	08:59:00
	3531	Karl	Meehan	RAHENY SHAMROCK A.C.	M35	M35	03:00:36	08:59:00
36	4679	Sean	Murphy	MAYO A.C.	M45	M35	02:53:00	08:59:36
	4361	Matthew	Gill	MAYO A.C.	M35	M35	02:59:03	08:59:36
	3570	Noel	Gibbons	MAYO A.C.	M45	M35	03:07:33	08:59:36
37	25	David	Fitzpatrick	TALLAGHT A.C.	M35	M35	02:57:12	09:01:10
	1746	Billy	Loughman	TALLAGHT A.C.	M35	M35	02:59:08	09:01:10
	843	Dermot	Delany	TALLAGHT A.C.	M45	M35	03:04:50	09:01:10
38	4306	Liam	Tracey	WATERGRASSHILL A.C.	M35	M35	02:47:52	09:02:32
	3999	Dave	Murphy	WATERGRASSHILL A.C.	M35	M35	03:06:54	09:02:32
	3103	Stephen	Hurley	WATERGRASSHILL A.C.	M35	M35	03:07:46	09:02:32
39	1117	Barry	Sheil	LONGFORD A.C.	M35	M35	02:37:12	09:04:03
	17499	Kevin	Ward	LONGFORD A.C.	M40	M35	03:07:33	09:04:03
	3051	Michael	O Hara	LONGFORD A.C.	M55	M35	03:19:18	09:04:03
40	2699	Tom	Feeley	TRIM A.C.	M35	M35	02:58:30	09:04:33
	5091	Ronan	Moore	TRIM A.C.	M35	M35	02:59:10	09:04:33
	20563	Mark	Mc Gee	TRIM A.C.	M45	M35	03:06:53	09:04:33
41	1567	Michael	Creed	LEEVALE A.C.	M35	M35	02:45:49	09:04:36
	2201	Paul	Shanahan	LEEVALE A.C.	M45	M35	02:59:09	09:04:36
	3247	Ian	Reidy	LEEVALE A.C.	M40	M35	03:19:38	09:04:36
42	18149	Peter	Madden	TEMPLEMORE A.C.	M45	M35	02:51:59	09:05:17
	3761	Sean	Percy	TEMPLEMORE A.C.	M40	M35	02:55:17	09:05:17
	1085	Seamus	Duggan	TEMPLEMORE A.C.	M40	M35	03:18:01	09:05:17
43	403	Alan	Dalton	SLI CUALANN A.C.	M40	M35	02:59:06	09:06:03
	2310	Ray	Kenny	SLI CUALANN A.C.	M40	M35	02:59:51	09:06:03
	3936	Derek	Hayes	SLI CUALANN A.C.	M55	M35	03:07:06	09:06:03

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
44	4128	Tomás	O Dowd	CRUSADERS A.C.	M35	M35	02:59:38	09:06:12
	3970	Eugene	Mc Donough	CRUSADERS A.C.	M35	M35	03:01:04	09:06:12
	1834	Thomas	Clarke	CRUSADERS A.C.	M40	M35	03:05:30	09:06:12
45	439	Ruairi	O Callaghan	EAGLE A.C.	M35	M35	02:53:38	09:06:52
	3361	Colin	O Herlihy	EAGLE A.C.	M45	M35	02:55:31	09:06:52
	1594	Paul	Cotter	EAGLE A.C.	M40	M35	03:17:43	09:06:52
46	3130	Marc	Flavin	WEST WATERFORD A.C.	M35	M35	02:59:26	09:10:18
	1173	Tom	Longan	WEST WATERFORD A.C.	M40	M35	03:05:02	09:10:18
	2399	Dermot	O Donovan	WEST WATERFORD A.C.	M35	M35	03:05:50	09:10:18
47	2917	Martin	Fleming	BLAYNEY ROCKETS A.C.	M40	M35	02:57:18	09:10:09
	4145	Stephen	Dignam	BLAYNEY ROCKETS A.C.	M40	M35	02:58:44	09:10:09
	1706	Derek	Callan	BLAYNEY ROCKETS A.C.	M40	M35	03:14:07	09:10:09
48	4380	Cathal	O Reilly	LOUGHREA A.C.	M35	M35	02:49:22	09:13:04
	1619	Mike	Kerrins	LOUGHREA A.C.	M40	M35	03:08:49	09:13:04
	4096	Mike	Ward	LOUGHREA A.C.	M35	M35	03:14:53	09:13:04
49	1655	Trust	Mtinsi	KILKENNY CITY HARRIERS A.C.	M35	M35	02:47:15	09:13:58
	2865	Pat	Purcell	KILKENNY CITY HARRIERS A.C.	M40	M35	02:59:50	09:13:58
	1500	Richie	Cody	KILKENNY CITY HARRIERS A.C.	M40	M35	03:26:53	09:13:58
50	626	Justin	Delmer	NEWBRIDGE A.C.	M40	M35	02:57:00	09:15:30
	2660	Martin	Tynan	NEWBRIDGE A.C.	M35	M35	03:08:16	09:15:30
	2937	Ken	Heffernan	NEWBRIDGE A.C.	M40	M35	03:10:14	09:15:30
51	2170	John	Culhane	ST. L. OTOOLE A.C.	M35	M35	02:52:45	09:15:31
	5210	Denis	Lyons	ST. L. OTOOLE A.C.	M35	M35	03:10:14	09:15:31
	5211	Tom	Cooney	ST. L. OTOOLE A.C.	M40	M35	03:12:32	09:15:31
52	4114	Ronan	Hartnett	BALBRIGGAN & DISTRICT A.C	M40	M35	02:51:06	09:16:18
	925	Alan	O Donnell	BALBRIGGAN & DISTRICT A.C	M35	M35	03:05:33	09:16:18
	1015	Alan	King	BALBRIGGAN & DISTRICT A.C	M40	M35	03:19:39	09:16:18
53	413	Mark	Milligan	EAST DOWN AC	M40	M35	02:48:02	09:16:54
	2058	Declan	Teague	EAST DOWN AC	M45	M35	03:11:25	09:16:54
	425	David	Smith	EAST DOWN AC	M50	M35	03:17:27	09:16:54
54	2544	Michael	Jordan	SLANEY OLYMPIC A.C.	M45	M35	03:05:33	09:17:30
	2703	John	Foley	SLANEY OLYMPIC A.C.	M35	M35	03:05:47	09:17:30
	3002	Jessie	O Connor	SLANEY OLYMPIC A.C.	M40	M35	03:06:10	09:17:30
55	5046	Marc	Augustin	LE CHEILE A.C.	M35	M35	03:03:06	09:17:46
	3229	Ian	O Gorman	LE CHEILE A.C.	M50	M35	03:06:03	09:17:46
	2763	Stephen	Gregg	LE CHEILE A.C.	M35	M35	03:08:37	09:17:46
56	1403	Eddy	O Donoghue	CLONMEL A.C.	M40	M35	03:05:46	09:18:45
	2400	Brian	Carroll	CLONMEL A.C.	M40	M35	03:06:17	09:18:45
	2358	Sean	Mc Carthy	CLONMEL A.C.	M45	M35	03:06:42	09:18:45
57	3946	Mark	Pearce	BROTHERS PEARSE A.C.	M35	M35	02:57:36	09:19:00
	4647	Donal	Brady	BROTHERS PEARSE A.C.	M40	M35	03:10:42	09:19:00
	4131	Philip	Doyle	BROTHERS PEARSE A.C.	M40	M35	03:10:42	09:19:00
58	2590	Dave	Slater	ENNISKILLEN RC	M40	M35	02:48:41	09:19:43
	21990	John	Mc Donnell	ENNISKILLEN RC	M45	M35	03:14:25	09:19:43
	4309	Malcolm	Browne	ENNISKILLEN RC	M50	M35	03:16:37	09:19:43
59	3544	Michael	Mc Grinder	LIFFORD STRABANE A.C.	M45	M35	03:05:26	09:21:53
	1414	Ed	Mc Groarty	LIFFORD STRABANE A.C.	M35	M35	03:07:45	09:21:53
	444	Garreth	Mc Cullagh	LIFFORD STRABANE A.C.	M35	M35	03:08:42	09:21:53

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
60	1327	Brian	Mc Crea	FINN VALLEY A.C.	M35	M35	03:00:57	09:23:59
	4876	Brendan	Irwin	FINN VALLEY A.C.	M40	M35	03:07:40	09:23:59
	4870	Derek	Callaghan	FINN VALLEY A.C.	M40	M35	03:15:22	09:23:59
61	1172	Stephen	Judge	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	02:58:58	09:26:09
	1611	Alan	Egan	DUNDRUM SOUTH DUBLIN A.C.	M45	M35	03:10:00	09:26:09
	1149	Mark	Sheridan	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:17:11	09:26:09
62	3757	Greg	Fitzsimons	RAHENY SHAMROCK A.C.	M40	M35	03:07:23	09:27:15
	1730	Declan	Lawler	RAHENY SHAMROCK A.C.	M40	M35	03:09:47	09:27:15
	1546	Terry	Keogh	RAHENY SHAMROCK A.C.	M40	M35	03:10:05	09:27:15
63	4563	Donal	Cashin	DUNBOYNE A.C.	M40	M35	03:10:01	09:30:05
	2755	Alan	Mc Kernan	DUNBOYNE A.C.	M40	M35	03:10:01	09:30:05
	3906	Kevin	Clancy	DUNBOYNE A.C.	M40	M35	03:10:03	09:30:05
64	4298	Bernard	Durand	CLONMEL A.C.	M45	M35	03:07:11	09:31:12
	527	Eoin	Mc Grath	CLONMEL A.C.	M35	M35	03:09:54	09:31:12
	496	Tom	Bourke	CLONMEL A.C.	M50	M35	03:14:07	09:31:12
65	4662	Mike	Keating	GALTEE RUNNERS A.C.	M40	M35	02:58:21	09:32:04
	2108	George	Wiley	GALTEE RUNNERS A.C.	M35	M35	03:14:17	09:32:04
	2300	Shane	Hanley	GALTEE RUNNERS A.C.	M35	M35	03:19:26	09:32:04
66	4589	Eric	Boland	NEWBRIDGE A.C.	M35	M35	03:10:45	09:33:51
	3212	Pat	Moore	NEWBRIDGE A.C.	M40	M35	03:10:51	09:33:51
	4590	Larry	Mc Cormack	NEWBRIDGE A.C.	M40	M35	03:12:15	09:33:51
67	1178	Ted	O Leary	WEST WATERFORD A.C.	M45	M35	03:10:00	09:33:53
	462	Trevor	Mason	WEST WATERFORD A.C.	M40	M35	03:11:34	09:33:53
	924	Pat	Fitzgerald	WEST WATERFORD A.C.	M35	M35	03:12:19	09:33:53
68	2028	Toni	Llovera Moranch	KILCOOLE A.C.	M35	M35	03:08:03	09:34:11
	4554	Kevin	Kelleher	KILCOOLE A.C.	M35	M35	03:12:50	09:34:11
	15021	Charlie	Fearon	KILCOOLE A.C.	M40	M35	03:13:18	09:34:11
69	1692	Alan	Caul	STAR OF THE SEA A.C.	M40	M35	03:02:30	09:34:37
	1693	Brian	Collins	STAR OF THE SEA A.C.	M50	M35	03:12:50	09:34:37
	1852	Declan	Mc Grath	STAR OF THE SEA A.C.	M40	M35	03:19:17	09:34:37
70	4530	Colm	Brady	CIVIL SERVICE A.C.	M40	M35	03:05:48	09:34:45
	1430	Kevin	Clarke	CIVIL SERVICE A.C.	M45	M35	03:11:56	09:34:45
	3537	Sean	Ryan	CIVIL SERVICE A.C.	M55	M35	03:17:01	09:34:45
71	1312	Paul	Mc Gee	ROSSES A.C.	M35	M35	03:09:58	09:35:06
	2477	Eamonn	Mc Gee	ROSSES A.C.	M40	M35	03:10:29	09:35:06
	21611	Liam	Mac Giolla Bhríde	ROSSES A.C.	M35	M35	03:14:39	09:35:06
72	4410	Dermot	Kelly	PORTMARNOCK A.C.	M40	M35	03:04:03	09:36:04
	3582	Gary	Morgan	PORTMARNOCK A.C.	M40	M35	03:10:46	09:36:04
	2462	Michael	Mc Swiggan	PORTMARNOCK A.C.	M40	M35	03:21:15	09:36:04
73	4722	Jimmy	Ward	GALWAY CITY HARRIERS A.C.	M40	M35	03:00:43	09:36:07
	18882	Martin	Kearney	GALWAY CITY HARRIERS A.C.	M60	M35	03:07:26	09:36:07
	18981	Pat	O Dwyer	GALWAY CITY HARRIERS A.C.	M50	M35	03:27:58	09:36:07
74	1605	Liam	Cunningham	FR. MURPHY A.C.	M40	M35	03:09:41	09:36:54
	3501	Richard	Bell	FR. MURPHY A.C.	M40	M35	03:09:42	09:36:54
	1113	Brendan	Anderson	FR. MURPHY A.C.	M55	M35	03:17:31	09:36:54
75	2606	Barry	Thornton	BLACKROCK A.C. (DUBLIN)	M45	M35	02:51:56	09:37:39
	18084	John F	Casey	BLACKROCK A.C. (DUBLIN)	M45	M35	03:14:20	09:37:39
	4966	Cyril	Treacy	BLACKROCK A.C. (DUBLIN)	M40	M35	03:31:23	09:37:39

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
76	4637	Gerard	Donnelly	LE CHEILE A.C.	M35	M35	03:09:29	09:37:49
	640	Eamon	Shields	LE CHEILE A.C.	M40	M35	03:09:37	09:37:49
	819	Brendan	Kearney	LE CHEILE A.C.	M35	M35	03:18:43	09:37:49
77	2595	John	Robinson	AN BRU AC	M45	M35	03:10:16	09:37:55
	18615	John	Hartnett	AN BRU AC	M40	M35	03:12:50	09:37:55
	3829	Paul	Ryan	AN BRU AC	M35	M35	03:14:49	09:37:55
78	397	Anthony	Higginbottom Mb	SPRINGWELL RUNNING CLUB	M40	M35	03:08:34	09:38:01
	985	Hugh	Boyle	SPRINGWELL RUNNING CLUB	M60	M35	03:09:58	09:38:01
	5000	Dave	Sexton	SPRINGWELL RUNNING CLUB	M55	M35	03:19:29	09:38:01
79	4835	Garry	Cribbin	CLANE A.C.	M35	M35	02:56:39	09:39:23
	2412	Christy	Maloney	CLANE A.C.	M50	M35	03:07:36	09:39:23
	4919	Ken	Mc Manamon	CLANE A.C.	M40	M35	03:35:08	09:39:23
80	968	Colm	Walsh	MULLINGAR HARRIERS A.C.	M40	M35	03:07:38	09:39:28
	922	Eoin	Clarke	MULLINGAR HARRIERS A.C.	M35	M35	03:10:54	09:39:28
	2413	Brian	Collentine	MULLINGAR HARRIERS A.C.	M35	M35	03:20:56	09:39:28
81	19677	Francis	Gahan	TINRYLAND A.C.	M35	M35	02:51:38	09:40:30
	862	Willie	Quinlan	TINRYLAND A.C.	M45	M35	03:00:44	09:40:30
	1466	John	Behan	TINRYLAND A.C.	M55	M35	03:48:08	09:40:30
82	2060	David	O Callaghan	TALLAGHT A.C.	M35	M35	03:10:03	09:40:38
	1904	Gerry	Schley	TALLAGHT A.C.	M45	M35	03:13:17	09:40:38
	2499	David	O Brien	TALLAGHT A.C.	M40	M35	03:17:18	09:40:38
83	1488	Seamus	Loughran	SLIEVE GULLION RUNNERS	M35	M35	03:09:18	09:41:04
	4376	Martin	Campbell	SLIEVE GULLION RUNNERS	M40	M35	03:14:59	09:41:04
	4646	Hugh	Morgan	SLIEVE GULLION RUNNERS	M55	M35	03:16:47	09:41:04
84	2239	Geoff	Sproule	LIFFORD STRABANE A.C.	M40	M35	03:10:20	09:41:06
	4254	Aaron	Moore	LIFFORD STRABANE A.C.	M35	M35	03:12:16	09:41:06
	4672	Raymond	Hoynes	LIFFORD STRABANE A.C.	M45	M35	03:18:30	09:41:06
85	727	Robert	Reid	DUNSHAUGHLIN A.C.	M50	M35	02:50:11	09:41:25
	5103	Noel	Larkin	DUNSHAUGHLIN A.C.	M50	M35	03:23:19	09:41:25
	5025	Brian	Rodgers	DUNSHAUGHLIN A.C.	M40	M35	03:27:55	09:41:25
86	889	Stephen	Boyne	DUBLIN BAY RUNNING CLUB	M35	M35	03:12:33	09:41:32
	4629	Tom	Wright	DUBLIN BAY RUNNING CLUB	M40	M35	03:14:22	09:41:32
	2799	Damien	Higgins	DUBLIN BAY RUNNING CLUB	M45	M35	03:14:37	09:41:32
87	1310	Cathal	Murphy	DERG A.C.	M55	M35	03:12:01	09:42:11
	21650	Michael J	Kelly	DERG A.C.	M50	M35	03:13:34	09:42:11
	19949	Martin	Pearl	DERG A.C.	M40	M35	03:16:36	09:42:11
88	1700	Paul	Spollen	METRO/ST. BRIGIDS A.C.	M35	M35	03:02:18	09:44:00
	21512	Colm	O Grady	METRO/ST. BRIGIDS A.C.	M40	M35	03:19:57	09:44:00
	4998	Darragh	Hanley	METRO/ST. BRIGIDS A.C.	M40	M35	03:21:45	09:44:00
89	3787	Colm	Mc Donnell	CLONLIFFE HARRIERS A.C.	M45	M35	03:11:35	09:44:46
	4107	Michael	Gleeson	CLONLIFFE HARRIERS A.C.	M40	M35	03:15:43	09:44:46
	2426	Stephen	Doyle	CLONLIFFE HARRIERS A.C.	M35	M35	03:17:28	09:44:46
90	4778	Michael	Duane	ATHENRY A.C.	M35	M35	03:10:49	09:46:03
	4865	Frank	Burke	ATHENRY A.C.	M40	M35	03:16:02	09:46:03
	11168	Sebastien	Locteau	ATHENRY A.C.	M35	M35	03:19:12	09:46:03
91	156	Declan	Ryan	THURLES CROKES A.C.	M35	M35	02:51:25	09:47:31
	18252	Eoin	Mockler	THURLES CROKES A.C.	M35	M35	03:05:46	09:47:31
	9231	John	Mc Brearty	THURLES CROKES A.C.	M45	M35	03:50:20	09:47:31

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
92	3584	Don	Mahon	TRIM A.C.	M45	M35	03:08:46	09:47:34
	5092	James	Guiheen	TRIM A.C.	M40	M35	03:18:32	09:47:34
	878	Niall	Feeney	TRIM A.C.	M40	M35	03:20:16	09:47:34
93	353	Liam	Kavanagh	WEST WATERFORD A.C.	M50	M35	03:15:16	09:47:57
	4161	Alan	Cullen	WEST WATERFORD A.C.	M40	M35	03:15:21	09:47:57
	3664	Alan	Ryan	WEST WATERFORD A.C.	M40	M35	03:17:20	09:47:57
94	2949	John Paul	Buckley	MALLOW A.C.	M35	M35	03:09:16	09:48:18
	1479	Adrian	Ryder	MALLOW A.C.	M35	M35	03:14:03	09:48:18
	1094	Kevin	Boag	MALLOW A.C.	M50	M35	03:24:59	09:48:18
95	4689	Morgan	O Regan	MIDDLETON A.C.	M35	M35	03:11:17	09:50:38
	4077	Shane	Foley	MIDDLETON A.C.	M35	M35	03:17:30	09:50:38
	354	Tim	Hannon	MIDDLETON A.C.	M35	M35	03:21:51	09:50:38
96	4902	Greg	Mc Loughlin	DUNBOYNE A.C.	M35	M35	03:16:23	09:50:38
	1010	Mick	Foy	DUNBOYNE A.C.	M40	M35	03:16:24	09:50:38
	646	Cian	Mangan	DUNBOYNE A.C.	M40	M35	03:17:51	09:50:38
97	4373	Nicholas	Moloney	NORTH CORK A.C.	M35	M35	03:12:55	09:50:39
	2241	John	Meehan	NORTH CORK A.C.	M35	M35	03:16:14	09:50:39
	473	John Joe	O Grady	NORTH CORK A.C.	M50	M35	03:21:30	09:50:39
98	21522	Tom	O Leary	LAKESHORE STRIDERS A.C.	M35	M35	03:10:39	09:51:53
	954	Neil	Stone	LAKESHORE STRIDERS A.C.	M45	M35	03:15:57	09:51:53
	2098	Michael	Mc Donald	LAKESHORE STRIDERS A.C.	M35	M35	03:25:17	09:51:53
99	1218	Alan	Foley	RAHENY SHAMROCK A.C.	M40	M35	03:16:38	09:52:01
	1561	Paul	Conroy	RAHENY SHAMROCK A.C.	M45	M35	03:17:41	09:52:01
	2429	Paul	Cullen	RAHENY SHAMROCK A.C.	M40	M35	03:17:42	09:52:01
100	4894	Brendan	O Driscoll	WATERFORD A.C.	M35	M35	03:15:50	09:52:04
	3391	Keith	O Driscoll	WATERFORD A.C.	M35	M35	03:17:47	09:52:04
	327	David	Cunningham	WATERFORD A.C.	M40	M35	03:18:27	09:52:04
101	4191	Frankie	Devlin	CITY OF LISBURN AC	M45	M35	03:13:56	09:53:14
	2632	Paul	Mc Cullagh	CITY OF LISBURN AC	M55	M35	03:19:18	09:53:14
	1274	Seamus	Mc Killop	CITY OF LISBURN AC	M50	M35	03:20:00	09:53:14
102	387	Eugene	Gallen	FINN VALLEY A.C.	M45	M35	03:16:41	09:53:23
	2847	Barry	Chambers	FINN VALLEY A.C.	M35	M35	03:17:17	09:53:23
	386	David	Chaney	FINN VALLEY A.C.	M45	M35	03:19:25	09:53:23
103	2827	Adrian	Smith	ROSCOMMON HARRIERS A.C.	M35	M35	03:08:28	09:53:54
	3614	Glen	Campbell	ROSCOMMON HARRIERS A.C.	M40	M35	03:22:12	09:53:54
	14580	Tom	Browne	ROSCOMMON HARRIERS A.C.	M55	M35	03:23:14	09:53:54
104	3801	Alan	Callan	NORTH EAST RUNNERS A.C.	M35	M35	03:15:13	09:54:19
	1758	Kevin	Hamill	NORTH EAST RUNNERS A.C.	M40	M35	03:19:29	09:54:19
	1719	Joey	Cooney	NORTH EAST RUNNERS A.C.	M45	M35	03:19:37	09:54:19
105	3772	Liam	Ryan	CARRICK ACES A.C.	M45	M35	03:11:40	09:54:23
	3774	Patrick	Mc Cabe	CARRICK ACES A.C.	M40	M35	03:18:21	09:54:23
	3770	Jp	Mc Aree	CARRICK ACES A.C.	M35	M35	03:24:22	09:54:23
106	4439	Gearoid	Healy	TUAM A.C.	M40	M35	03:08:18	09:54:58
	4813	Paul	Kearney	TUAM A.C.	M35	M35	03:16:44	09:54:58
	2726	Michael	Costello	TUAM A.C.	M35	M35	03:29:56	09:54:58
107	2340	Noel	Gillman	CLONMEL A.C.	M45	M35	03:16:32	09:54:59
	2914	James	Denn	CLONMEL A.C.	M40	M35	03:17:08	09:54:59
	3112	Kevin	Ryan	CLONMEL A.C.	M35	M35	03:21:19	09:54:59

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
108	3379	Joe	Gallagher	MILFORD A.C.	M40	M35	03:09:30	09:55:11
	1415	James	Whoriskey	MILFORD A.C.	M35	M35	03:22:13	09:55:11
	18694	John	Whoriskey	MILFORD A.C.	M35	M35	03:23:28	09:55:11
109	3701	Paddy	Clarke	TEMPLEMORE A.C.	M40	M35	03:18:03	09:56:16
	3760	Larry	Stapleton	TEMPLEMORE A.C.	M45	M35	03:18:56	09:56:16
	21309	Noel	Hamell	TEMPLEMORE A.C.	M45	M35	03:19:17	09:56:16
110	5113	Dermot	Mc Carthy	DUBLIN FRONT RUNNERS A.C.	M40	M35	03:13:05	09:56:30
	5067	Seamus	Moore	DUBLIN FRONT RUNNERS A.C.	M40	M35	03:15:20	09:56:30
	355	Ray	Buckley	DUBLIN FRONT RUNNERS A.C.	M40	M35	03:28:05	09:56:30
111	1891	Francis	Mc Daid	ACORN AC	M35	M35	02:42:03	09:58:05
	2216	Kevin	Conway	ACORN AC	M40	M35	03:12:51	09:58:05
	7306	Colin	Thom	ACORN AC	M45	M35	04:03:11	09:58:05
112	4083	Michael	Dwyer	WEST WATERFORD A.C.	M45	M35	03:19:23	09:58:12
	2873	Martin	Hayes	WEST WATERFORD A.C.	M50	M35	03:19:23	09:58:12
	4197	John	Flynn	WEST WATERFORD A.C.	M45	M35	03:19:26	09:58:12
113	20551	Bosco	O Neill	PARNELL A.C.	M40	M35	03:19:32	10:00:50
	1457	Cormac	O Ceallaigh	PARNELL A.C.	M40	M35	03:19:57	10:00:50
	19895	Brendan	Buck	PARNELL A.C.	M40	M35	03:21:21	10:00:50
114	2915	Eamonn	O Reilly	NORTH DOWN AC	M45	M35	03:14:25	10:01:03
	434	Andrew	Muir	NORTH DOWN AC	M40	M35	03:22:36	10:01:03
	1464	Colin	Walker	NORTH DOWN AC	M40	M35	03:24:02	10:01:03
115	849	Mark	Messitt	DUBLIN BAY RUNNING CLUB	M45	M35	03:18:47	10:01:54
	9113	Joseph	Kiernan	DUBLIN BAY RUNNING CLUB	M45	M35	03:21:03	10:01:54
	3225	Mark	Hughes	DUBLIN BAY RUNNING CLUB	M40	M35	03:22:04	10:01:54
116	1262	Gary	O Doherty	TERMONEENY RUNNING CLUB	M35	M35	03:03:08	10:02:12
	4181	Damian	Hughes	TERMONEENY RUNNING CLUB	M45	M35	03:19:19	10:02:12
	3845	Dara	Curley	TERMONEENY RUNNING CLUB	M40	M35	03:39:45	10:02:12
117	1453	Sean	O Boyle	WESTPORT A.C.	M40	M35	03:18:08	10:02:50
	18889	Garret	Bracken	WESTPORT A.C.	M45	M35	03:19:19	10:02:50
	17637	Michael	Durkan	WESTPORT A.C.	M45	M35	03:25:23	10:02:50
118	3289	Adrian	Wynne	LUCAN HARRIERS A.C.	M35	M35	03:11:31	10:03:06
	19604	Pat	O Dwyer	LUCAN HARRIERS A.C.	M45	M35	03:24:06	10:03:06
	2153	Gerry	Byrne	LUCAN HARRIERS A.C.	M50	M35	03:27:29	10:03:06
119	1411	Alan	Kelly	BALLINA A.C.	M35	M35	03:15:55	10:03:49
	4312	Ivan	Kelly	BALLINA A.C.	M35	M35	03:17:21	10:03:49
	4871	John	Clarke	BALLINA A.C.	M40	M35	03:30:33	10:03:49
120	378	Francis	Mc Manus	MARATHON CLUB IRELAND	M35	M35	03:16:53	10:03:57
	19932	Desmond	Broaders	MARATHON CLUB IRELAND	M50	M35	03:21:19	10:03:57
	1870	Christy	Cahill	MARATHON CLUB IRELAND	M50	M35	03:25:45	10:03:57
121	3127	Liam	Murphy	WATERGRASSHILL A.C.	M50	M35	03:16:30	10:04:18
	4709	Ian	Wills	WATERGRASSHILL A.C.	M35	M35	03:21:05	10:04:18
	1788	Jim	O Keeffe	WATERGRASSHILL A.C.	M55	M35	03:26:43	10:04:18
122	1649	Kevin	Kelly	WEST LIMERICK A.C.	M45	M35	03:13:40	10:04:22
	1323	Mark	Lenihan	WEST LIMERICK A.C.	M35	M35	03:21:21	10:04:22
	13629	Peter	O Mahony	WEST LIMERICK A.C.	M35	M35	03:29:21	10:04:22
123	1444	Michael	Linehan	ST. FINBARRS A.C.	M45	M35	03:10:53	10:05:08
	585	Eoin	Field	ST. FINBARRS A.C.	M40	M35	03:21:44	10:05:08
	2537	Joe	Kelleher	ST. FINBARRS A.C.	M40	M35	03:32:31	10:05:08

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
124	2670	Brendan	Dowd	DONADEA RUNNING CLUB	M35	M35	03:00:03	10:05:16
	4807	Gareth	Mac Cauley	DONADEA RUNNING CLUB	M35	M35	03:19:06	10:05:16
	3516	Alan	Clifford	DONADEA RUNNING CLUB	M40	M35	03:46:07	10:05:16
125	4011	Alan	Worrall	CLONLIFFE HARRIERS A.C.	M45	M35	03:17:55	10:05:28
	2147	Stephen	Tracey	CLONLIFFE HARRIERS A.C.	M40	M35	03:19:05	10:05:28
	5235	Colm	Leonard	CLONLIFFE HARRIERS A.C.	M50	M35	03:28:28	10:05:28
126	3368	Eric	Champ	RAHENY SHAMROCK A.C.	M40	M35	03:17:44	10:06:17
	4621	Eamon	Traynor	RAHENY SHAMROCK A.C.	M45	M35	03:18:57	10:06:17
	2635	Tommy	Crampton	RAHENY SHAMROCK A.C.	M45	M35	03:29:36	10:06:17
127	4365	Eddie	O'Brien	GRANGE/FERMOY A.C.	M40	M35	03:12:24	10:08:49
	3159	Matthew	Birmingham	GRANGE/FERMOY A.C.	M35	M35	03:17:36	10:08:49
	7378	Peter	O'Brien	GRANGE/FERMOY A.C.	M35	M35	03:38:49	10:08:49
128	3806	Edward	McEntee	SPORTSWORLD A.C.	M45	M35	03:19:50	10:09:46
	3791	Jose	Chapa	SPORTSWORLD A.C.	M45	M35	03:21:30	10:09:46
	5237	Cormac	Garvey	SPORTSWORLD A.C.	M45	M35	03:28:26	10:09:46
129	2210	Brendan	Ryan	BALLYMORE COBH A.C.	M35	M35	03:01:05	10:10:23
	6152	Gerard Anthony	O'Sullivan	BALLYMORE COBH A.C.	M45	M35	03:32:28	10:10:23
	9436	Stephen	Pender	BALLYMORE COBH A.C.	M35	M35	03:36:50	10:10:23
130	708	Barry	Cullen	TALLAGHT A.C.	M40	M35	03:17:30	10:10:31
	5027	Karl	O'Toole	TALLAGHT A.C.	M40	M35	03:26:19	10:10:31
	5028	Paul	Mitchell	TALLAGHT A.C.	M35	M35	03:26:42	10:10:31
131	486	Bernard	Brady	LARNE AC	M50	M35	02:59:00	10:10:56
	535	David	Noble	LARNE AC	M40	M35	03:26:42	10:10:56
	6368	Mark	Todd	LARNE AC	M40	M35	03:45:14	10:10:56
132	428	Phillip	Vint	EAST DOWN AC	M45	M35	03:23:14	10:11:18
	491	Gareth	Kelly	EAST DOWN AC	M35	M35	03:23:36	10:11:18
	1461	Dermot	Cahill	EAST DOWN AC	M35	M35	03:24:28	10:11:18
133	1997	Cathal	Burns	BREAKAWAY RUNNING CLUB	M35	M35	03:20:02	10:11:59
	2619	Joseph	Foley	BREAKAWAY RUNNING CLUB	M35	M35	03:22:39	10:11:59
	474	Dermot	Gill	BREAKAWAY RUNNING CLUB	M45	M35	03:29:18	10:11:59
134	11293	John	Nolan	MAYO A.C.	M40	M35	03:12:45	10:11:59
	3105	Brendan	Murphy	MAYO A.C.	M45	M35	03:13:31	10:11:59
	7413	Damien	Glackin	MAYO A.C.	M40	M35	03:45:43	10:11:59
135	2392	John	Sheehan	EAGLE A.C.	M45	M35	03:21:56	10:12:36
	3666	Grellan	McGrath	EAGLE A.C.	M50	M35	03:22:53	10:12:36
	11181	Finbarr	Lehane	EAGLE A.C.	M45	M35	03:27:47	10:12:36
136	3359	Ray	Haesy	WEST WATERFORD A.C.	M50	M35	03:22:49	10:12:51
	4239	Gerard	Cantwell	WEST WATERFORD A.C.	M55	M35	03:23:32	10:12:51
	1183	Paul	Lenihan	WEST WATERFORD A.C.	M50	M35	03:26:30	10:12:51
137	625	John	O'Neill	LE CHEILE A.C.	M35	M35	03:19:43	10:13:40
	900	Tommy	Walsh	LE CHEILE A.C.	M35	M35	03:26:08	10:13:40
	1633	David	Caulfield	LE CHEILE A.C.	M45	M35	03:27:49	10:13:40
138	1243	Mark	Gracey	DROMORE AC	M40	M35	03:12:45	10:14:14
	4074	Jonathan	Dewart	DROMORE AC	M35	M35	03:23:39	10:14:14
	3064	Mark	Hall	DROMORE AC	M40	M35	03:37:50	10:14:14
139	1458	Jim	Benson	NORTH BELFAST HARRIERS	M45	M35	03:01:12	10:14:22
	2417	Greg	McClure	NORTH BELFAST HARRIERS	M60	M35	03:18:50	10:14:22
	19909	Sandy	Plumb	NORTH BELFAST HARRIERS	M45	M35	03:54:20	10:14:22

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
140	4459	Mark	Bulman	DONOUGHMORE A.C.	M50	M35	03:04:41	10:14:54
	2255	Patrick	Larkin	DONOUGHMORE A.C.	M40	M35	03:26:42	10:14:54
	10449	Colm	Menton	DONOUGHMORE A.C.	M40	M35	03:43:31	10:14:54
141	10841	David	Kidd	ST. L. OTOOLE A.C.	M35	M35	03:13:56	10:16:41
	2611	Niall	Mc Loughlin	ST. L. OTOOLE A.C.	M40	M35	03:31:16	10:16:41
	1109	Kevin	Rajaratnam	ST. L. OTOOLE A.C.	M40	M35	03:31:29	10:16:41
142	4901	Tony	O Neill	DUNBOYNE A.C.	M45	M35	03:19:16	10:17:15
	404	Stephen	Doyle	DUNBOYNE A.C.	M45	M35	03:28:47	10:17:15
	1124	Peter	O Reilly	DUNBOYNE A.C.	M35	M35	03:29:12	10:17:15
143	8144	Ken	Russell	DROGHEDA & DISTRICT A.C.	M45	M35	03:24:23	10:18:55
	3322	Artur	Kuwik	DROGHEDA & DISTRICT A.C.	M35	M35	03:24:31	10:18:55
	3533	Brian	Guilfoyle	DROGHEDA & DISTRICT A.C.	M45	M35	03:30:01	10:18:55
144	4166	Gabriel	O Leary	FINN VALLEY A.C.	M35	M35	03:21:33	10:18:56
	493	Liam	Mc Ginty	FINN VALLEY A.C.	M45	M35	03:28:04	10:18:56
	6913	Michael	Gallagher	FINN VALLEY A.C.	M40	M35	03:29:19	10:18:56
145	2907	Victor	Fairbrother	CRUSADERS A.C.	M45	M35	03:25:04	10:49:09
	4418	Gerard	White	CRUSADERS A.C.	M35	M35	03:25:21	10:49:09
	3992	Russell	Murphy	CRUSADERS A.C.	M50	M50	03:58:44	10:49:09
146	9322	Oliver	Barrett	LIFFORD STRABANE A.C.	M40	M35	03:19:10	10:20:34
	323	David	Mc Nulty	LIFFORD STRABANE A.C.	M35	M35	03:30:19	10:20:34
	4294	Liam	Maguire	LIFFORD STRABANE A.C.	M40	M35	03:31:05	10:20:34
147	1240	Enda	Whelan	SLIGO A.C.	M65	M35	03:23:02	10:21:09
	4692	Sean	Colreavy	SLIGO A.C.	M35	M35	03:27:43	10:21:09
	18448	Gerry	Gilmartin	SLIGO A.C.	M45	M35	03:30:24	10:21:09
148	1523	John	Horgan	WEST WATERFORD A.C.	M40	M35	03:26:50	10:21:15
	1072	Eamonn	Cashin	WEST WATERFORD A.C.	M35	M35	03:27:02	10:21:15
	6892	Joseph	Barry	WEST WATERFORD A.C.	M35	M35	03:27:23	10:21:15
149	19168	Adrian	Mc Nally	BOHERMEEN A.C.	M40	M35	03:24:44	10:23:27
	3985	Chris	Murray	BOHERMEEN A.C.	M40	M35	03:29:12	10:23:27
	2762	Stephen	Fay	BOHERMEEN A.C.	M40	M35	03:29:31	10:23:27
150	3275	Conor	Mc Carthy	ROSSCARBERY STEAM RUNNERS	M35	M35	03:11:06	10:24:18
	1065	Pearse	Barrett	ROSSCARBERY STEAM RUNNERS	M50	M35	03:30:58	10:24:18
	2039	Denis	Mc Sweeney	ROSSCARBERY STEAM RUNNERS	M50	M35	03:42:14	10:24:18
151	3248	Leslie	O Sullivan	WATERGRASSHILL A.C.	M45	M35	03:26:46	10:24:30
	2963	Paul	Keegan	WATERGRASSHILL A.C.	M35	M35	03:28:06	10:24:30
	2118	Steve	Dunlea	WATERGRASSHILL A.C.	M40	M35	03:29:38	10:24:30
152	1525	Tony	O Mahony	WEST WATERFORD A.C.	M45	M35	03:27:29	10:24:46
	1490	Paul	Brunnock	WEST WATERFORD A.C.	M45	M35	03:28:29	10:24:46
	4303	Dermot	Dwyer	WEST WATERFORD A.C.	M40	M35	03:28:48	10:24:46
153	17256	Neil	Rooney	PORTMARNOCK A.C.	M35	M35	02:40:47	10:25:28
	2717	Ronan	O Boyle	PORTMARNOCK A.C.	M45	M35	03:46:47	10:25:28
	893	Stephen	Rooney	PORTMARNOCK A.C.	M35	M35	03:57:54	10:25:28
154	433	Philip	Callaghan	INISHOWEN A.C.	M40	M35	03:11:59	10:27:05
	1239	Ronan	Doherty	INISHOWEN A.C.	M35	M35	03:15:27	10:27:05
	16373	Matthew	Mc Laughlin	INISHOWEN A.C.	M40	M35	03:59:39	10:27:05
155	1672	Gregory Paul	O Beirne	MARATHON CLUB IRELAND	M50	M35	03:27:38	10:27:06
	4539	Patrick	Daly	MARATHON CLUB IRELAND	M45	M35	03:28:33	10:27:06
	7589	Eddie	Turnbull	MARATHON CLUB IRELAND	M35	M35	03:30:55	10:27:06

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
156	805	Brian	Mc Cann	PORTMARNOCK A.C.	M40	M35	03:24:50	10:27:16
	20815	Declan	Hughes	PORTMARNOCK A.C.	M40	M35	03:30:46	10:27:16
	5036	Keith	Murray	PORTMARNOCK A.C.	M45	M35	03:31:40	10:27:16
157	2931	Frank	Mc Morrow	DUBLIN BAY RUNNING CLUB	M45	M35	03:27:13	10:27:25
	1207	Anthony	Sheridan	DUBLIN BAY RUNNING CLUB	M40	M35	03:29:45	10:27:25
	8863	Gavin	Tobin	DUBLIN BAY RUNNING CLUB	M40	M35	03:30:27	10:27:25
158	1254	Brendan	Aspel	WATERFORD A.C.	M45	M35	03:19:29	10:27:26
	326	Gary	Whelan	WATERFORD A.C.	M35	M35	03:33:56	10:27:26
	896	Sean	Mc Gowan	WATERFORD A.C.	M55	M35	03:34:01	10:27:26
159	3377	Martin	Hennessy	KILFINANE A.C.	M35	M35	02:59:02	10:27:37
	6138	Mike	Hayes	KILFINANE A.C.	M35	M35	03:36:46	10:27:37
	6534	James	Keogh	KILFINANE A.C.	M40	M35	03:51:49	10:27:37
160	7487	Mush	Keane	WEST WATERFORD A.C.	M35	M35	03:29:44	10:29:58
	813	Darren	Tutty	WEST WATERFORD A.C.	M40	M35	03:30:02	10:29:58
	1496	Noel	Drohan	WEST WATERFORD A.C.	M45	M35	03:30:12	10:29:58
161	5072	Damian	Martin	CARRICK ACES A.C.	M45	M35	03:26:39	10:30:04
	5078	Darragh	Scott	CARRICK ACES A.C.	M35	M35	03:30:58	10:30:04
	3748	Bart	Kindlon	CARRICK ACES A.C.	M35	M35	03:32:27	10:30:04
162	1432	Michael	Mc Hugh	MILFORD A.C.	M40	M35	03:26:59	10:30:22
	305	Noel	Kilpatrick	MILFORD A.C.	M35	M35	03:29:37	10:30:22
	17707	Brian	Doherty	MILFORD A.C.	M40	M35	03:33:46	10:30:22
163	2732	Mark	Byrne	KILCOOLE A.C.	M40	M35	03:27:01	10:30:24
	603	Andy	Hayes	KILCOOLE A.C.	M35	M35	03:28:57	10:30:24
	4463	Paddy	Holohan	KILCOOLE A.C.	M35	M35	03:34:26	10:30:24
164	1102	Peter	Gibson	ST. BRIGIDS A.C.	M40	M35	03:23:10	10:30:26
	7738	John	Mc Manus	ST. BRIGIDS A.C.	M45	M35	03:31:27	10:30:26
	20723	David	Cunningham	ST. BRIGIDS A.C.	M35	M35	03:35:49	10:30:26
165	18196	David	Daly	BALBRIGGAN & DISTRICT A.C	M35	M35	03:26:39	10:32:41
	4034	Kevin	Troy	BALBRIGGAN & DISTRICT A.C	M35	M35	03:28:17	10:32:41
	2336	Paul	Barcalay	BALBRIGGAN & DISTRICT A.C	M35	M35	03:37:45	10:32:41
166	3390	Martin	Hurley	CARRIAG-NA-BHFEAR A.C.	M45	M35	03:28:47	10:33:28
	3282	Willie	Walsh	CARRIAG-NA-BHFEAR A.C.	M40	M35	03:28:51	10:33:28
	4062	David	Oriordan	CARRIAG-NA-BHFEAR A.C.	M45	M35	03:35:50	10:33:28
167	3848	Marco	Onofri	DUNSHAUGHLIN A.C.	M40	M35	03:28:22	10:34:21
	4806	Stephen	Bateson	DUNSHAUGHLIN A.C.	M45	M35	03:29:43	10:34:21
	3300	Paul	Allen	DUNSHAUGHLIN A.C.	M40	M35	03:36:16	10:34:21
168	1049	Gerard	Mullins	DROGHEDA & DISTRICT A.C.	M50	M35	03:30:46	10:34:54
	703	Paul	Mallon	DROGHEDA & DISTRICT A.C.	M40	M35	03:31:29	10:34:54
	4704	David	Gough	DROGHEDA & DISTRICT A.C.	M45	M35	03:32:39	10:34:54
169	20443	Paul	Flynn	TARA A.C.	M45	M35	03:26:02	10:35:18
	2751	Andrew	Murphy	TARA A.C.	M40	M35	03:31:16	10:35:18
	11754	Pat	Mc Govern	TARA A.C.	M50	M35	03:38:00	10:35:18
170	6962	Richard	Fahey	EAGLE A.C.	M35	M35	03:28:40	10:37:53
	970	Brian	Mc Guire	EAGLE A.C.	M45	M35	03:30:00	10:37:53
	8858	Eddie	Trindle	EAGLE A.C.	M40	M35	03:39:13	10:37:53
171	4573	Enda	Dunne	DUBLIN BAY RUNNING CLUB	M40	M35	03:31:43	10:38:23
	3598	John	Fearn	DUBLIN BAY RUNNING CLUB	M40	M35	03:31:56	10:38:23
	10603	Eoin	Carthy	DUBLIN BAY RUNNING CLUB	M40	M35	03:34:44	10:38:23

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
172	1807	Robert	Marsh	NEWRY CITY RUNNERS AC	M40	M35	03:31:31	10:39:35
	11113	James	Hughes	NEWRY CITY RUNNERS AC	M50	M35	03:32:35	10:39:35
	2407	Pat	Rocks	NEWRY CITY RUNNERS AC	M60	M35	03:35:29	10:39:35
173	20669	Jivee	Tolentino	MARATHON CLUB IRELAND	M40	M35	03:30:59	10:39:41
	15421	Daniel	Brennan	MARATHON CLUB IRELAND	M40	M35	03:33:04	10:39:41
	3256	Mirko	Warnke	MARATHON CLUB IRELAND	M45	M35	03:35:38	10:39:41
174	4171	Peter	Mc Menamin	FINN VALLEY A.C.	M35	M35	03:29:44	10:39:56
	4099	Eugene	Langan	FINN VALLEY A.C.	M40	M35	03:31:54	10:39:56
	1777	Alan	Catterson	FINN VALLEY A.C.	M45	M35	03:38:18	10:39:56
175	1831	Seamus	Kavanagh	KILKENNY CITY HARRIERS A.C.	M40	M35	03:27:52	10:42:36
	2403	Mervin	Doyle	KILKENNY CITY HARRIERS A.C.	M40	M35	03:31:15	10:42:36
	1089	Gary	O Dwyer	KILKENNY CITY HARRIERS A.C.	M35	M35	03:43:29	10:42:36
176	4777	Michael	Mc Creesh	EAST DOWN AC	M40	M35	03:32:44	10:42:37
	3135	Michael	Mc Keown	EAST DOWN AC	M50	M35	03:34:00	10:42:37
	4350	Gavin	Hynds	EAST DOWN AC	M35	M35	03:35:53	10:42:37
177	1716	David	Kearns	NORTH EAST RUNNERS A.C.	M35	M35	03:22:59	10:42:43
	470	Feargal	Garvin	NORTH EAST RUNNERS A.C.	M35	M35	03:33:33	10:42:43
	4126	Hugh	Mc Nulty	NORTH EAST RUNNERS A.C.	M35	M35	03:46:11	10:42:43
178	2440	Sean	Nickell	NORTH DOWN AC	M45	M35	03:27:34	10:43:08
	1465	Alan	Massey	NORTH DOWN AC	M40	M35	03:34:29	10:43:08
	4884	Philip	Mulligan	NORTH DOWN AC	M50	M35	03:41:05	10:43:08
179	2562	Keith	Robinson	WEXFORD MARATHON CLUB	M40	M35	03:23:22	10:43:11
	472	Jason	Kehoe	WEXFORD MARATHON CLUB	M40	M35	03:30:32	10:43:11
	11035	Anthony	Kennelly	WEXFORD MARATHON CLUB	M40	M35	03:49:17	10:43:11
180	1637	Libor	Matousek	LUCAN HARRIERS A.C.	M35	M35	03:28:13	10:43:19
	850	Colin	O Gara	LUCAN HARRIERS A.C.	M45	M35	03:37:16	10:43:19
	1517	Colm	Carey	LUCAN HARRIERS A.C.	M35	M35	03:37:50	10:43:19
181	545	Sean	Crossan	LONGFORD A.C.	M40	M35	03:27:20	10:43:27
	4987	Derek	O Neill	LONGFORD A.C.	M45	M35	03:30:18	10:43:27
	3143	Christy	Ross	LONGFORD A.C.	M45	M35	03:45:49	10:43:27
182	5071	Patrick	Cassidy	CARRICK ACES A.C.	M40	M35	03:33:12	10:43:36
	4562	Gordon	Mac Ardle	CARRICK ACES A.C.	M40	M35	03:35:02	10:43:36
	1769	Erick	Byrne	CARRICK ACES A.C.	M40	M35	03:35:22	10:43:36
183	10606	Patrick	Cronin	SLIABH BHUIDE ROVERS A.C.	M40	M35	03:29:50	10:44:33
	4479	Stephen	Tyrrell	SLIABH BHUIDE ROVERS A.C.	M35	M35	03:37:00	10:44:33
	3222	Martin	O Connor	SLIABH BHUIDE ROVERS A.C.	M40	M35	03:37:43	10:44:33
184	1506	Leslie	Buckley	TULLAMORE HARRIERS A.C.	M40	M35	03:20:21	10:44:34
	1511	Aidan	Egan	TULLAMORE HARRIERS A.C.	M40	M35	03:26:30	10:44:34
	8151	Lesley	Cornally	TULLAMORE HARRIERS A.C.	M40	M35	03:57:43	10:44:34
185	955	Denis	Boner	ROSSES A.C.	M45	M35	03:19:15	10:44:39
	375	Eugene	Mc Cafferty	ROSSES A.C.	M40	M35	03:36:32	10:44:39
	10188	Packie	Mc Devitt	ROSSES A.C.	M50	M35	03:48:52	10:44:39
186	3588	Ian	O Reilly	BROTHERS PEARSE A.C.	M40	M35	03:19:12	10:45:16
	2057	Paul	Byrne	BROTHERS PEARSE A.C.	M35	M35	03:42:46	10:45:16
	4944	Alan	Fairbrother	BROTHERS PEARSE A.C.	M45	M35	03:43:18	10:45:16
187	367	Michael	Mc Kenna	MURLOUGH AC	M35	M35	03:23:42	10:45:33
	3131	Hugh	Oram	MURLOUGH AC	M40	M35	03:28:26	10:45:33
	1489	Sean	Looby	MURLOUGH AC	M35	M35	03:53:25	10:45:33

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
188	528	Peter	Kiely	CLONMEL A.C.	M40	M35	03:31:22	10:46:16
	6609	Noel	Ryan	CLONMEL A.C.	M35	M35	03:36:13	10:46:16
	4314	John	Perry	CLONMEL A.C.	M45	M35	03:38:41	10:46:16
189	3072	Andrew	Cummings	JOG LISBURN RUNNING CLUB	M45	M35	03:23:36	10:46:42
	357	Colin	Mooney	JOG LISBURN RUNNING CLUB	M35	M35	03:40:24	10:46:42
	2106	Paul	Alister	JOG LISBURN RUNNING CLUB	M50	M35	03:42:42	10:46:42
190	3274	Kevin	Nash	WATERGRASSHILL A.C.	M40	M35	03:31:35	10:47:37
	1467	Alan	Daly	WATERGRASSHILL A.C.	M40	M35	03:36:12	10:47:37
	17567	Tim	Kearney	WATERGRASSHILL A.C.	M40	M35	03:39:50	10:47:37
191	2939	Kevin	Casey	WEST WATERFORD A.C.	M35	M35	03:35:12	10:48:31
	1973	Michael	Callaghan	WEST WATERFORD A.C.	M45	M35	03:35:32	10:48:31
	11187	Patrick	Lannen	WEST WATERFORD A.C.	M40	M35	03:37:47	10:48:31
192	8556	John	Kent	UNITED STRIDERS A.C.	M40	M35	03:32:49	10:48:36
	8558	Patrick	Murphy	UNITED STRIDERS A.C.	M40	M35	03:35:25	10:48:36
	8554	Emmet	Malone	UNITED STRIDERS A.C.	M40	M35	03:40:22	10:48:36
193	1897	Justin	Mc Dermott	SOUTH GALWAY A.C.	M35	M35	03:10:54	10:49:40
	7359	Pat	Mac Sweeney	SOUTH GALWAY A.C.	M45	M35	03:46:38	10:49:40
	1429	Vincent	Martyn	SOUTH GALWAY A.C.	M40	M35	03:52:08	10:49:40
194	3077	Karl	Gill	TALLAGHT A.C.	M40	M35	03:34:12	10:49:49
	3917	Andrew	Lennon	TALLAGHT A.C.	M40	M35	03:36:17	10:49:49
	19918	Robert	Harris	TALLAGHT A.C.	M45	M35	03:39:20	10:49:49
195	3640	Tom	Tuohy	CRAUGHWELL A.C.	M45	M35	03:24:40	10:50:40
	10181	Stephen	Carty	CRAUGHWELL A.C.	M40	M35	03:41:42	10:50:40
	6070	Brian	Gorman	CRAUGHWELL A.C.	M40	M35	03:44:18	10:50:40
196	4199	John	Twomey	CLONAKILTY ROAD RUNNERS A.C.	M40	M35	03:30:10	10:50:52
	2974	Pat Mulcahy	Mulcahy	CLONAKILTY ROAD RUNNERS A.C.	M45	M35	03:39:25	10:50:52
	1929	Richy	Virahsawmy	CLONAKILTY ROAD RUNNERS A.C.	M40	M35	03:41:17	10:50:52
197	18036	James	Hennessy	TEMPLEMORE A.C.	M55	M35	03:20:27	10:51:24
	3756	Paul	Walsh	TEMPLEMORE A.C.	M40	M35	03:33:58	10:51:24
	18033	Owen	Ryan	TEMPLEMORE A.C.	M50	M35	03:56:59	10:51:24
198	415	Patrick	Forde	ATHENRY A.C.	M45	M35	03:30:28	10:51:40
	4044	Ray	Treacy	ATHENRY A.C.	M35	M35	03:38:31	10:51:40
	9720	Sean	Flaherty	ATHENRY A.C.	M40	M35	03:42:41	10:51:40
199	1112	Niall	Tuckey	STAR OF THE SEA A.C.	M35	M35	03:30:53	10:52:23
	5192	Declan	Coughlan	STAR OF THE SEA A.C.	M45	M35	03:39:34	10:52:23
	1704	Adrian	Mulholland	STAR OF THE SEA A.C.	M40	M35	03:41:56	10:52:23
200	4304	John	Comerford	GOWRAN A.C.	M35	M35	03:11:27	10:52:38
	4242	Tom	Corrigan	GOWRAN A.C.	M35	M35	03:24:53	10:52:38
	10185	Mick	Walsh	GOWRAN A.C.	M60	M35	04:16:18	10:52:38
201	1609	Paul	O Donnell	DUNBOYNE A.C.	M40	M35	03:34:17	10:53:21
	4491	John	O Malley	DUNBOYNE A.C.	M45	M35	03:34:19	10:53:21
	5233	Tim	Fogarty	DUNBOYNE A.C.	M45	M35	03:44:45	10:53:21
202	2719	Brian	Delaney	ST. L. OTOOLE A.C.	M35	M35	03:33:04	10:53:45
	2610	Mick	Long	ST. L. OTOOLE A.C.	M45	M35	03:39:16	10:53:45
	20270	Abas	Abdurahman	ST. L. OTOOLE A.C.	M45	M35	03:41:25	10:53:45
203	8062	Brian	Whelan	MARATHON CLUB IRELAND	M40	M35	03:35:53	10:53:48
	19681	Neal	Skelton	MARATHON CLUB IRELAND	M50	M35	03:38:00	10:53:48
	1333	John	Hunt	MARATHON CLUB IRELAND	M55	M35	03:39:55	10:53:48

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
204	5021	John	Clarke	PORTMARNOCK A.C.	M40	M35	03:31:44	10:54:16
	3215	Ruairi	Hayden	PORTMARNOCK A.C.	M40	M35	03:36:30	10:54:16
	3394	Neil	White	PORTMARNOCK A.C.	M40	M35	03:46:02	10:54:16
205	1532	Damien	Connolly	BLAYNEY ROCKETS A.C.	M40	M35	03:30:39	10:55:22
	1463	Ciaran	O Hare	BLAYNEY ROCKETS A.C.	M35	M35	03:39:31	10:55:22
	1531	Declan	Connolly	BLAYNEY ROCKETS A.C.	M40	M35	03:45:12	10:55:22
206	3627	Darren	Beecroft	LETTERKENNY A.C.	M45	M35	03:25:23	10:55:36
	1584	Adrian	Callaghan	LETTERKENNY A.C.	M40	M35	03:25:32	10:55:36
	7955	Stephen	Roarty	LETTERKENNY A.C.	M35	M35	04:04:41	10:55:36
207	1884	Colin	Simpson	NORTH BELFAST HARRIERS	M45	M35	03:12:26	10:55:59
	2587	Joseph	Norney	NORTH BELFAST HARRIERS	M35	M35	03:12:46	10:55:59
	10417	Gary	Blythe	NORTH BELFAST HARRIERS	M45	M35	04:30:47	10:55:59
208	2311	Kevin	Prendergast	RAHENY SHAMROCK A.C.	M45	M35	03:34:39	10:56:45
	10243	Keith	Fleming	RAHENY SHAMROCK A.C.	M45	M35	03:36:40	10:56:45
	3532	Paul	Larkin	RAHENY SHAMROCK A.C.	M35	M35	03:45:26	10:56:45
209	8755	John	Coyle	LIFFORD STRABANE A.C.	M45	M35	03:38:33	10:59:12
	12701	Martin	Kelly	LIFFORD STRABANE A.C.	M35	M35	03:39:54	10:59:12
	9282	Joe	Deans	LIFFORD STRABANE A.C.	M40	M35	03:40:45	10:59:12
210	2010	Sean	Greensit	LUSK A.C.	M50	M35	03:31:43	10:59:31
	1139	Stephen	Murtagh	LUSK A.C.	M40	M35	03:35:03	10:59:31
	1029	Noel Enda	O Reilly	LUSK A.C.	M40	M35	03:52:45	10:59:31
211	833	Rory	Decourcy	PARNELL A.C.	M40	M35	03:35:48	10:59:58
	3126	Hugh	Mc Lindon	PARNELL A.C.	M45	M35	03:36:01	10:59:58
	885	Ciaran	Byrne	PARNELL A.C.	M55	M35	03:48:09	10:59:58
212	9642	Colin	Dockery	BALLINA A.C.	M35	M35	03:35:43	11:00:13
	4642	Seamus	Foody	BALLINA A.C.	M40	M35	03:42:15	11:00:13
	1289	Pat	Hughes	BALLINA A.C.	M50	M35	03:42:15	11:00:13
213	17586	Damian	Landy	B.M.O.H. ATHLETICS CLUB	M40	M35	03:39:23	11:00:25
	6518	Derek	Lee	B.M.O.H. ATHLETICS CLUB	M40	M35	03:39:38	11:00:25
	10334	Aidan	Collins	B.M.O.H. ATHLETICS CLUB	M40	M35	03:41:24	11:00:25
214	5075	Alan	Hill	CARRICK ACES A.C.	M40	M35	03:39:38	11:00:34
	3773	Fergal	Quinn	CARRICK ACES A.C.	M40	M35	03:40:08	11:00:34
	5076	Lee	Costello	CARRICK ACES A.C.	M35	M35	03:40:48	11:00:34
215	4232	Michael	O Sullivan	CARRICK-ON-SUIR A.C.	M40	M35	03:10:42	11:01:18
	1970	Keith	Barry	CARRICK-ON-SUIR A.C.	M45	M35	03:20:45	11:01:18
	1663	Seamus	Ward	CARRICK-ON-SUIR A.C.	M40	M35	04:29:51	11:01:18
216	3969	Graham	Quinlan	WATERFORD A.C.	M35	M35	03:36:34	11:02:10
	3630	Finlay	Weir	WATERFORD A.C.	M40	M35	03:42:36	11:02:10
	1829	Peter	Power	WATERFORD A.C.	M45	M35	03:43:00	11:02:10
217	3378	Chris	Dalton	TALLAGHT A.C.	M40	M35	03:14:53	11:02:25
	1622	John	Stokes	TALLAGHT A.C.	M45	M35	03:48:21	11:02:25
	4570	Shay	Murphy	TALLAGHT A.C.	M45	M35	03:59:11	11:02:25
218	2768	Gavan	Doherty	CRUSADERS A.C.	M40	M35	03:39:24	11:03:09
	18016	Des	O Brien	CRUSADERS A.C.	M35	M35	03:40:17	11:03:09
	2604	Colm	Kernan	CRUSADERS A.C.	M45	M35	03:43:28	11:03:09
219	19293	Declan	Barron	YOUGHAL A.C.	M35	M35	03:40:40	11:03:14
	4252	Mossy	Cahill	YOUGHAL A.C.	M40	M35	03:40:40	11:03:14
	5097	Robert	Hamill	YOUGHAL A.C.	M40	M35	03:41:54	11:03:14

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
220	389	Mick	Murphy	MIDLETON A.C.	M45	M35	03:25:29	11:03:28
	1992	Fionan	O Haodain	MIDLETON A.C.	M40	M35	03:28:14	11:03:28
	15792	Kevin	Moran	MIDLETON A.C.	M45	M35	04:09:45	11:03:28
221	9478	Andy	Masterson	BIRR A.C.	M50	M35	03:35:42	11:03:32
	494	Patrick	Mellsop	BIRR A.C.	M50	M35	03:43:02	11:03:32
	9429	Tony	Mulvey	BIRR A.C.	M45	M35	03:44:48	11:03:32
222	379	Barry	Evans	MONAGHAN TOWN RUNNERS	M50	M35	03:35:01	11:05:03
	20830	Michael	Mc Carron	MONAGHAN TOWN RUNNERS	M50	M35	03:44:10	11:05:03
	7964	Stuart	Harpin	MONAGHAN TOWN RUNNERS	M45	M35	03:45:52	11:05:03
223	21774	Shane	Crisham	TUAM A.C.	M40	M35	03:39:39	11:05:09
	417	Paul	Hynes	TUAM A.C.	M40	M35	03:39:57	11:05:09
	10723	Peter	Reddington	TUAM A.C.	M35	M35	03:45:33	11:05:09
224	663	Shane	Duffy	DUNSHAUGHLIN A.C.	M40	M35	03:36:26	11:05:22
	4574	Brendan	Dunne	DUNSHAUGHLIN A.C.	M45	M35	03:41:16	11:05:22
	10740	Shane	Clarke	DUNSHAUGHLIN A.C.	M35	M35	03:47:40	11:05:22
225	3958	Colm	Mc Nally	FINGALLIANS A.C.	M35	M35	03:29:54	11:05:34
	11708	Thomas	Daly	FINGALLIANS A.C.	M45	M35	03:43:26	11:05:34
	9872	Colm	Stafford	FINGALLIANS A.C.	M45	M35	03:52:14	11:05:34
226	6644	Sean	O Leary	FINN VALLEY A.C.	M50	M35	03:38:39	11:05:38
	2563	Richie	Duncan	FINN VALLEY A.C.	M40	M35	03:38:53	11:05:38
	9318	Conor	Mc Gonagle	FINN VALLEY A.C.	M45	M35	03:48:06	11:05:38
227	1150	Fintan	Maher	CILLES A.C.	M40	M35	03:24:49	11:05:49
	5087	Graham	Devitt	CILLES A.C.	M35	M35	03:48:23	11:05:49
	21357	Kenneth	Boyle	CILLES A.C.	M40	M35	03:52:37	11:05:49
228	2474	Declan	Mc Kenna	GLASLOUGH HARRIERS A.C.	M40	M35	03:04:52	11:06:19
	11523	David	Hughes	GLASLOUGH HARRIERS A.C.	M40	M35	03:43:34	11:06:19
	6981	Frank	Mc Kenna	GLASLOUGH HARRIERS A.C.	M50	M35	04:17:53	11:06:19
229	21128	Michael	Coyle	ROSCOMMON HARRIERS A.C.	M55	M35	03:34:19	11:06:39
	3615	Mark	Gilleran	ROSCOMMON HARRIERS A.C.	M40	M35	03:38:00	11:06:39
	18135	Colm	Mc Garvey	ROSCOMMON HARRIERS A.C.	M35	M35	03:54:20	11:06:39
230	2031	Seamus	Cawley	WEST LIMERICK A.C.	M55	M35	03:35:19	11:06:44
	3574	Brendan	O Carroll	WEST LIMERICK A.C.	M35	M35	03:39:20	11:06:44
	9264	John	Mulcair	WEST LIMERICK A.C.	M45	M35	03:52:05	11:06:44
231	4431	Andy	Perle	BOHERMEEN A.C.	M45	M35	03:31:56	11:07:21
	7214	Tony	Walsh	BOHERMEEN A.C.	M40	M35	03:47:08	11:07:21
	4912	Richard	Ball	BOHERMEEN A.C.	M60	M35	03:48:17	11:07:21
232	3790	Declan	Ivers	SLANEY OLYMPIC A.C.	M45	M35	03:38:19	11:07:50
	4863	Eamon	Saunders	SLANEY OLYMPIC A.C.	M50	M35	03:43:50	11:07:50
	6980	Patrick	Hennessy	SLANEY OLYMPIC A.C.	M40	M35	03:45:41	11:07:50
233	4007	Paul	Savage	GLENMORE A.C.	M35	M35	03:19:54	11:07:56
	6015	Stephen	O Connor	GLENMORE A.C.	M35	M35	03:50:30	11:07:56
	9347	Michael	Mc Shane	GLENMORE A.C.	M35	M35	03:57:32	11:07:56
234	1460	Anthony	Dwyer	WEST WATERFORD A.C.	M55	M35	03:39:27	11:09:06
	9382	Bryan	Hallissey	WEST WATERFORD A.C.	M40	M35	03:44:17	11:09:06
	10335	Jody	Hallinan	WEST WATERFORD A.C.	M40	M35	03:45:22	11:09:06
235	2565	Michael	O Donoghue	ORANGEGROVE AC	M40	M35	03:32:34	11:09:42
	9613	Ian	Grant	ORANGEGROVE AC	M35	M35	03:46:43	11:09:42
	10339	Ian	Millgate	ORANGEGROVE AC	M40	M35	03:50:25	11:09:42

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
236	1019	Bartek	Sokolowski	DUBLIN BAY RUNNING CLUB	M35	M35	03:35:46	11:10:40
	18010	Carl	Harris	DUBLIN BAY RUNNING CLUB	M45	M35	03:41:33	11:10:40
	4496	Lorne	Gallagher	DUBLIN BAY RUNNING CLUB	M40	M35	03:53:21	11:10:40
237	3811	Eddie	Donegan	TALLAGHT A.C.	M40	M35	03:43:19	11:10:52
	2453	Paul	Murphy	TALLAGHT A.C.	M40	M35	03:43:22	11:10:52
	5222	Sandro	Giglione	TALLAGHT A.C.	M45	M35	03:44:11	11:10:52
238	9272	Graham	O Regan	CLONMEL A.C.	M40	M35	03:39:47	11:13:15
	11106	Kenny	Brett	CLONMEL A.C.	M40	M35	03:45:02	11:13:15
	11733	Tom	Quinn	CLONMEL A.C.	M60	M35	03:48:26	11:13:15
239	4147	Thomas	Mc Donagh	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:39:16	11:14:29
	672	Danny	Murphy	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:47:00	11:14:29
	21356	Darren	Clifford	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	03:48:13	11:14:29
240	1192	John	Lynch	BALLINASLOE & DISTRICT	M40	M35	02:54:06	11:16:06
	9334	David	Claffey	BALLINASLOE & DISTRICT	M40	M35	04:06:26	11:16:06
	6552	David	Harley	BALLINASLOE & DISTRICT	M50	M35	04:15:34	11:16:06
241	1559	Bernard	Weldon	ST. MICHAELS AC	M45	M35	03:34:12	11:16:26
	15250	Thomas	Smith	ST. MICHAELS AC	M50	M35	03:48:31	11:16:26
	3306	Kieran	Cotter	ST. MICHAELS AC	M50	M35	03:53:43	11:16:26
242	3546	David	Rowntree	FOYLE VALLEY AC	M35	M35	03:35:27	11:17:42
	9431	Martin	Kelly	FOYLE VALLEY AC	M50	M35	03:50:23	11:17:42
	6622	Billy	Orr	FOYLE VALLEY AC	M55	M35	03:51:52	11:17:42
243	4226	Willie	O Connor	GALTEE RUNNERS A.C.	M45	M35	03:19:39	11:18:43
	7807	James	Fletcher	GALTEE RUNNERS A.C.	M40	M35	03:31:46	11:18:43
	7438	Neil	Quinlan	GALTEE RUNNERS A.C.	M35	M35	04:27:18	11:18:43
244	2659	David	Maloney	KILCOOLE A.C.	M40	M35	03:45:19	11:19:56
	10947	Ronan	Gill	KILCOOLE A.C.	M40	M35	03:47:06	11:19:56
	10682	Fiachra	Ledwidge	KILCOOLE A.C.	M35	M35	03:47:31	11:19:56
245	2651	Shane	Rooney	CLONLIFFE HARRIERS A.C.	M40	M35	03:39:17	11:21:33
	2796	Andrew	Eustace	CLONLIFFE HARRIERS A.C.	M45	M35	03:50:43	11:21:33
	4106	Declan	Grant	CLONLIFFE HARRIERS A.C.	M45	M35	03:51:33	11:21:33
246	3039	Philip	Casey	CLANE A.C.	M45	M35	03:53:15	11:22:37
	4836	Derek	Smith	CLANE A.C.	M35	M35	03:54:14	11:22:37
	9265	Michael	Cullen	CLANE A.C.	M45	M35	03:59:20	11:22:37
247	2841	Stephen	Lambe	MONAGHAN PHOENIX A.C.	M35	M35	03:31:18	11:22:56
	7818	Peadar	Treanor	MONAGHAN PHOENIX A.C.	M50	M35	03:53:01	11:22:56
	21625	Stephen	Connolly	MONAGHAN PHOENIX A.C.	M45	M35	03:58:37	11:22:56
248	3923	Stephen	Caulfield	NEWRY CITY RUNNERS AC	M35	M35	03:41:05	11:23:14
	3530	Aidan	Trainor	NEWRY CITY RUNNERS AC	M50	M35	03:43:41	11:23:14
	7879	Aidy	Winters	NEWRY CITY RUNNERS AC	M35	M35	03:58:28	11:23:14
249	394	Eddie	O Connell	WATERGRASSHILL A.C.	M35	M35	03:41:20	11:23:23
	7943	Conor	Mullane	WATERGRASSHILL A.C.	M35	M35	03:49:59	11:23:23
	4169	Damien	O Brien	WATERGRASSHILL A.C.	M40	M35	03:52:04	11:23:23
250	8081	Basil	King	ATHENRY A.C.	M40	M35	03:44:19	11:23:28
	3351	Martin	O Hara	ATHENRY A.C.	M40	M35	03:47:49	11:23:28
	4165	Mark	Mitchell	ATHENRY A.C.	M40	M35	03:51:20	11:23:28
251	2221	Colman	Greene	CLARE RIVER HARRIERS A.C.	M50	M35	03:29:12	11:23:46
	452	Michael	Healy	CLARE RIVER HARRIERS A.C.	M35	M35	03:38:29	11:23:46
	6502	Patrick	Greaney	CLARE RIVER HARRIERS A.C.	M70	M35	04:16:05	11:23:46

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
252	4456	Peter	Kehoe	ATHLONE IT A.C.	M40	M35	03:09:16	11:23:51
	8114	James	Fennell	ATHLONE IT A.C.	M40	M35	03:52:00	11:23:51
	16756	Padraig	Irwin	ATHLONE IT A.C.	M55	M35	04:22:35	11:23:51
253	3961	Geoff	Hamilton	DUNBOYNE A.C.	M50	M35	03:47:36	11:25:04
	20297	Gerard	Plante	DUNBOYNE A.C.	M40	M35	03:48:06	11:25:04
	623	John	Holian	DUNBOYNE A.C.	M50	M35	03:49:22	11:25:04
254	2229	Garreth	Bayle	BROTHERS PEARSE A.C.	M35	M35	03:31:18	11:25:15
	3513	Tadhg	Ryan	BROTHERS PEARSE A.C.	M35	M35	03:48:05	11:25:15
	8124	Ken	Kirwan	BROTHERS PEARSE A.C.	M40	M35	04:05:52	11:25:15
255	10071	Ollie	Murray	SLIEVE GULLION RUNNERS	M40	M35	03:40:13	11:25:22
	11226	Brian	O Neill	SLIEVE GULLION RUNNERS	M40	M35	03:47:19	11:25:22
	7713	Peter	Mc Allister	SLIEVE GULLION RUNNERS	M35	M35	03:57:50	11:25:22
256	14650	Paul	Mc Givern	NEWBRIDGE A.C.	M50	M35	03:39:45	11:25:44
	4580	Gerry	Rowley	NEWBRIDGE A.C.	M40	M35	03:50:18	11:25:44
	11201	Jeremy	Whitty	NEWBRIDGE A.C.	M45	M35	03:55:41	11:25:44
257	1421	Pdraig	Mag Loingsigh	LIFFORD STRABANE A.C.	M50	M35	03:41:54	11:26:16
	6987	Sean	Carlin	LIFFORD STRABANE A.C.	M50	M35	03:48:41	11:26:16
	3263	Dominic	Carlin	LIFFORD STRABANE A.C.	M45	M35	03:55:41	11:26:16
258	4207	Patrick	Given	OMAGH HARRIERS	M35	M35	03:38:50	11:26:20
	2573	John	Mc Ginn	OMAGH HARRIERS	M55	M35	03:52:42	11:26:20
	19300	Niall	Heaney	OMAGH HARRIERS	M50	M35	03:54:48	11:26:20
259	8357	Damien	Farrell	DONADEA RUNNING CLUB	M40	M35	03:46:54	11:26:54
	5131	Fintan	Lawler	DONADEA RUNNING CLUB	M50	M35	03:48:11	11:26:54
	5225	John Joe	Cosgrove	DONADEA RUNNING CLUB	M35	M35	03:51:49	11:26:54
260	1557	Brian	Kenny	LAKESHORE STRIDERS A.C.	M40	M35	03:33:14	11:27:20
	11223	Noel	Gilroy	LAKESHORE STRIDERS A.C.	M50	M35	03:53:14	11:27:20
	9208	Colm	Kenny	LAKESHORE STRIDERS A.C.	M45	M35	04:00:52	11:27:20
261	1697	Roger	Ashwood	DROGHEDA & DISTRICT A.C.	M40	M35	03:44:50	11:28:02
	7824	Robert	Kierans	DROGHEDA & DISTRICT A.C.	M35	M35	03:49:07	11:28:02
	3968	Pol	O Murchu	DROGHEDA & DISTRICT A.C.	M35	M35	03:54:05	11:28:02
262	1070	Allastair	Barron	PACE RUNNING CLUB	M35	M35	03:06:42	11:28:15
	20230	Kevin	Donaghy	PACE RUNNING CLUB	M50	M35	03:49:51	11:28:15
	14381	Fintan	Doherty	PACE RUNNING CLUB	M35	M35	04:31:42	11:28:15
263	9199	Jason	Barrett	LUCAN HARRIERS A.C.	M40	M35	03:43:25	11:28:24
	3942	Colm	Munnely	LUCAN HARRIERS A.C.	M45	M35	03:45:30	11:28:24
	10660	Niall	Cadogan	LUCAN HARRIERS A.C.	M35	M35	03:59:29	11:28:24
264	18772	Alan	Gorski	MARATHON CLUB IRELAND	M35	M35	03:48:54	11:29:14
	7542	Fintan	Power	MARATHON CLUB IRELAND	M35	M35	03:50:03	11:29:14
	1020	Denzil	Jacobs	MARATHON CLUB IRELAND	M35	M35	03:50:17	11:29:14
265	4284	Patrick	Daly	MALLOW A.C.	M35	M35	03:49:10	11:30:09
	4324	Eamonn	Nagle	MALLOW A.C.	M40	M35	03:49:47	11:30:09
	7437	John	Collins	MALLOW A.C.	M40	M35	03:51:12	11:30:09
266	19298	Paul	Mc Guckin	MILFORD A.C.	M40	M35	03:45:32	11:30:12
	18519	Gerard	Dorrian	MILFORD A.C.	M50	M35	03:46:21	11:30:12
	18693	Kenneth	Moore	MILFORD A.C.	M45	M35	03:58:19	11:30:12
267	9173	John	Meagher	CIVIL SERVICE A.C.	M40	M35	03:47:20	11:31:24
	3216	Paul	Pugh	CIVIL SERVICE A.C.	M55	M35	03:48:04	11:31:24
	11561	Mark	Purtill	CIVIL SERVICE A.C.	M35	M35	03:56:00	11:31:24

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
268	2006	Breen	Mc Manus	NAAS A.C.	M40	M35	03:27:20	11:31:55
	8865	Vincent	Mc Intyre	NAAS A.C.	M55	M35	03:56:19	11:31:55
	4054	Brendan	Delaney	NAAS A.C.	M50	M35	04:08:16	11:31:55
269	3745	John	Mc Gerty	BALLYMENA RUNNERS AC	M50	M35	03:41:41	11:31:56
	6157	Ian	Kenny	BALLYMENA RUNNERS AC	M35	M35	03:51:05	11:31:56
	11788	Glenn	Mc Gall	BALLYMENA RUNNERS AC	M45	M35	03:59:10	11:31:56
270	4603	Padraig	O Connor	BALBRIGGAN & DISTRICT A.C	M40	M35	03:42:35	11:32:44
	3214	Wayne	Cawley	BALBRIGGAN & DISTRICT A.C	M40	M35	03:53:35	11:32:44
	10295	Isidore	Ryan	BALBRIGGAN & DISTRICT A.C	M40	M35	03:56:34	11:32:44
271	7573	Conor	Fox	DONOUGHMORE A.C.	M45	M35	03:46:56	11:33:02
	9471	Liam	Lynch	DONOUGHMORE A.C.	M55	M35	03:50:54	11:33:02
	2935	John	Morrissey	DONOUGHMORE A.C.	M45	M35	03:55:12	11:33:02
272	8044	Liam	Smith	MARATHON CLUB IRELAND	M50	M35	03:50:27	11:33:24
	11183	Trevor	Denton	MARATHON CLUB IRELAND	M50	M35	03:50:48	11:33:24
	641	Maurice	Olwill	MARATHON CLUB IRELAND	M45	M35	03:52:09	11:33:24
273	4882	Stephen	Pickering	TERMONEENY RUNNING CLUB	M35	M35	03:43:06	11:33:24
	7587	Shaun	Dillon	TERMONEENY RUNNING CLUB	M50	M35	03:55:05	11:33:24
	7888	Eamonn	Melaugh	TERMONEENY RUNNING CLUB	M45	M35	03:55:13	11:33:24
274	1008	Robert	Whyte	KENMARE A.C.	M45	M35	03:31:45	11:33:52
	7537	Tom	Palmer	KENMARE A.C.	M45	M35	03:52:51	11:33:52
	7520	Denis	O Shea	KENMARE A.C.	M50	M35	04:09:16	11:33:52
275	8920	Paul	Mc Kenna	MONAGHAN TOWN RUNNERS	M35	M35	03:48:45	11:34:23
	8921	Tommy	Collins	MONAGHAN TOWN RUNNERS	M45	M35	03:50:18	11:34:23
	6224	Owen	Mc Mahon	MONAGHAN TOWN RUNNERS	M40	M35	03:55:20	11:34:23
276	2518	Joe	Scanlan	GRANGE/FERMOY A.C.	M40	M35	03:42:21	11:35:25
	16790	Kevin	Doyle	GRANGE/FERMOY A.C.	M40	M35	03:56:06	11:35:25
	6237	Mark	Nyhan	GRANGE/FERMOY A.C.	M50	M35	03:56:58	11:35:25
277	19194	Fergal	Foley	ST. L. OTOOLE A.C.	M40	M35	03:50:01	11:36:28
	2770	Val	Brooks	ST. L. OTOOLE A.C.	M35	M35	03:50:42	11:36:28
	3720	Brian	O Donovan	ST. L. OTOOLE A.C.	M40	M35	03:55:45	11:36:28
278	6060	Dan	O Keeffe	CLONMEL A.C.	M35	M35	03:50:15	11:37:03
	1404	Michael	Doocey	CLONMEL A.C.	M40	M35	03:53:21	11:37:03
	7351	Sean	O Dea	CLONMEL A.C.	M50	M35	03:53:27	11:37:03
279	3750	Robbie	Bannon	DOONEEN A.C.	M45	M35	03:25:53	11:37:03
	4250	Mike	Griffin	DOONEEN A.C.	M40	M35	03:36:25	11:37:03
	6675	David	Twomey	DOONEEN A.C.	M35	M35	04:34:45	11:37:03
280	10492	Maurice	Donohoe	SLANEY OLYMPIC A.C.	M45	M35	03:47:23	11:38:28
	3785	Ger	Murphy	SLANEY OLYMPIC A.C.	M50	M35	03:54:52	11:38:28
	6956	Sunday	Nzerem	SLANEY OLYMPIC A.C.	M40	M35	03:56:13	11:38:28
281	9910	Ivan	Shannon	KILKENNY CITY HARRIERS A.C.	M45	M35	03:50:26	11:40:14
	5013	Ken	Byrne	KILKENNY CITY HARRIERS A.C.	M45	M35	03:52:45	11:40:14
	3652	Denis	Carrigan	KILKENNY CITY HARRIERS A.C.	M45	M35	03:57:03	11:40:14
282	2314	Stephen	Dermody	GRAIGUE BALLYCALLAN A.C.	M45	M35	03:17:30	11:41:31
	12918	Warren	Deacon	GRAIGUE BALLYCALLAN A.C.	M50	M35	03:58:47	11:41:31
	13519	Tom	O Halloran	GRAIGUE BALLYCALLAN A.C.	M40	M35	04:25:14	11:41:31
283	100	Ronan	O Donnell	MARATHON CLUB IRELAND	M35	M35	03:52:44	11:41:34
	2436	Nicholas	Gordon	MARATHON CLUB IRELAND	M40	M35	03:53:06	11:41:34
	7346	Sean	Mason	MARATHON CLUB IRELAND	M45	M35	03:55:44	11:41:34

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
284	2735	Pat	Comey	TRIM A.C.	M65	M35	03:49:57	11:42:01
	21344	Barry E.	Clarke	TRIM A.C.	M45	M35	03:51:24	11:42:01
	8926	Anthony	Ryan	TRIM A.C.	M40	M35	04:00:40	11:42:01
285	1718	Alan	O Connell	NORTH EAST RUNNERS A.C.	M45	M35	03:49:57	11:43:45
	1027	Tomas	Rogers	NORTH EAST RUNNERS A.C.	M45	M35	03:52:06	11:43:45
	10808	Michael	Lindon	NORTH EAST RUNNERS A.C.	M45	M35	04:01:42	11:43:45
286	8503	Conor	Byrne	CLUB PULSE RUNNERS	M45	M35	03:37:53	11:44:59
	8502	Mark	Winters	CLUB PULSE RUNNERS	M45	M35	04:00:08	11:44:59
	8504	Teddy	Clark	CLUB PULSE RUNNERS	M35	M35	04:06:58	11:44:59
287	4867	Mark	Cliffe	WEST WATERFORD A.C.	M35	M35	03:50:42	11:45:13
	9317	Brian	Ormonde	WEST WATERFORD A.C.	M40	M35	03:57:01	11:45:13
	7256	Noel	Hogan	WEST WATERFORD A.C.	M35	M35	03:57:30	11:45:13
288	4521	Gerard	Flynn	MULLINGAR HARRIERS A.C.	M40	M35	03:52:46	11:45:30
	9262	Richard	Ferris	MULLINGAR HARRIERS A.C.	M40	M35	03:54:21	11:45:30
	10634	Tommy	Archbold	MULLINGAR HARRIERS A.C.	M65	M35	03:58:23	11:45:30
289	11099	Gary	Boylan	LUSK A.C.	M50	M35	03:53:31	11:45:33
	9755	Eamon	Caffrey	LUSK A.C.	M45	M35	03:55:03	11:45:33
	7046	Ken	Cahill	LUSK A.C.	M40	M35	03:56:59	11:45:33
290	4861	Pat	Walsh	CLONMEL A.C.	M45	M35	03:53:28	11:45:55
	2342	Cyril	Fogarty	CLONMEL A.C.	M45	M35	03:56:03	11:45:55
	6610	Michael	Ryan	CLONMEL A.C.	M45	M35	03:56:24	11:45:55
291	6114	Robert	Gallagher	MARATHON CLUB IRELAND	M40	M35	03:55:50	11:48:48
	6079	Michael	Ward	MARATHON CLUB IRELAND	M45	M35	03:56:18	11:48:48
	1976	Dermot	Mc Cormack	MARATHON CLUB IRELAND	M45	M35	03:56:40	11:48:48
292	9513	Paul	Lyons	BROTHERS PEARSE A.C.	M45	M35	03:52:28	11:50:03
	15189	Alan	Conroy	BROTHERS PEARSE A.C.	M40	M35	03:55:48	11:50:03
	7735	Ramon	Whelan	BROTHERS PEARSE A.C.	M45	M35	04:01:47	11:50:03
293	383	John	Butcher	SPRINGWELL RUNNING CLUB	M40	M35	03:50:37	11:50:06
	7446	David	Gault	SPRINGWELL RUNNING CLUB	M50	M35	03:58:51	11:50:06
	19905	Gregory	O Brien	SPRINGWELL RUNNING CLUB	M40	M35	04:00:38	11:50:06
294	3719	Ken	Byrne	ST. L. OTOOLE A.C.	M45	M35	03:57:23	11:52:58
	3710	Eddie	Dooley	ST. L. OTOOLE A.C.	M40	M35	03:57:47	11:52:58
	3714	Des	Joyce	ST. L. OTOOLE A.C.	M35	M35	03:57:48	11:52:58
295	461	Martin	Ferguson	CARMEN RUNNERS A.C.	M45	M35	03:34:03	11:53:09
	7271	Noel	Mc Elhone	CARMEN RUNNERS A.C.	M35	M35	04:01:57	11:53:09
	6778	Declan	Mc Dermott	CARMEN RUNNERS A.C.	M35	M35	04:17:09	11:53:09
296	6069	Tony	Nevin	CRAUGHWELL A.C.	M40	M35	03:54:13	11:53:52
	19158	Frank	Byrnes	CRAUGHWELL A.C.	M45	M35	03:59:29	11:53:52
	7117	Joseph	Coyle	CRAUGHWELL A.C.	M40	M35	04:00:10	11:53:52
297	8583	Dominic	Clarke	ARMAGH AC	M50	M35	03:56:30	11:54:05
	18024	Brendan	Powell	ARMAGH AC	M40	M35	03:56:30	11:54:05
	2406	Geoffrey	Turkington	ARMAGH AC	M45	M35	04:01:05	11:54:05
298	6004	Brian	Moloney	SOUTH GALWAY A.C.	M45	M35	03:56:34	11:54:35
	7532	Declan	Belton	SOUTH GALWAY A.C.	M40	M35	03:57:28	11:54:35
	18853	Pat	Burke	SOUTH GALWAY A.C.	M45	M35	04:00:33	11:54:35
299	4414	Alvin	Duggan	ST. MICHAELS AC	M35	M35	03:56:48	11:55:33
	3921	Shay	Mc Court	ST. MICHAELS AC	M40	M35	03:58:23	11:55:33
	8037	George	Sharpe	ST. MICHAELS AC	M45	M35	04:00:22	11:55:33

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
300	14237	Vincent	Murray	WEXFORD MARATHON CLUB	M40	M35	03:52:14	11:55:39
	7996	Ciaran	O Leary	WEXFORD MARATHON CLUB	M40	M35	03:58:38	11:55:39
	10026	Barry	Browne	WEXFORD MARATHON CLUB	M40	M35	04:04:47	11:55:39
301	4348	Stephen	Moran	ST. ITAS A.C.	M40	M35	03:46:47	11:55:53
	13220	Desmond	Scanlon	ST. ITAS A.C.	M35	M35	03:49:55	11:55:53
	14286	John G	Collins	ST. ITAS A.C.	M50	M35	04:19:11	11:55:53
302	959	Seamus	Ferry	ROSSES A.C.	M45	M35	03:49:16	11:56:02
	7079	Michael	Rodgers	ROSSES A.C.	M50	M35	04:03:02	11:56:02
	7454	Niall	Griffin	ROSSES A.C.	M45	M35	04:03:44	11:56:02
303	19413	Kevin	Mc Cormick	EAST DOWN AC	M50	M35	03:58:11	11:57:03
	8560	Mark	George	EAST DOWN AC	M40	M35	03:58:45	11:57:03
	10597	Mickey	Cunningham	EAST DOWN AC	M55	M35	04:00:07	11:57:03
304	18803	Mark	Docherty	INISHOWEN A.C.	M45	M35	03:19:54	11:57:11
	16380	Damian	Downey	INISHOWEN A.C.	M45	M35	04:03:27	11:57:11
	16379	John	Mc Candless	INISHOWEN A.C.	M45	M35	04:33:50	11:57:11
305	3844	Patrick	Coffey	CLONMEL A.C.	M50	M35	03:57:32	11:57:32
	6382	Alan	Roche	CLONMEL A.C.	M35	M35	03:59:13	11:57:32
	6989	Keith	Robinson	CLONMEL A.C.	M35	M35	04:00:47	11:57:32
306	904	Eddie	Hamilton	DUBLIN BAY RUNNING CLUB	M40	M35	03:54:13	11:58:14
	11568	Jonathan	Dolan	DUBLIN BAY RUNNING CLUB	M40	M35	04:01:56	11:58:14
	8575	Joseph	Cole	DUBLIN BAY RUNNING CLUB	M35	M35	04:02:05	11:58:14
307	3001	Michael	Quigley	SLANEY OLYMPIC A.C.	M50	M35	03:57:26	11:58:19
	6631	Patrick	Rooney	SLANEY OLYMPIC A.C.	M35	M35	03:59:46	11:58:19
	3729	Paul	Dempsey	SLANEY OLYMPIC A.C.	M50	M35	04:01:07	11:58:19
308	4938	Declan	Fanthorpe	MONAGHAN TOWN RUNNERS	M40	M35	03:57:24	11:59:07
	7640	Chris	Connolly	MONAGHAN TOWN RUNNERS	M45	M35	03:58:35	11:59:07
	15003	Michael	Cronin	MONAGHAN TOWN RUNNERS	M55	M35	04:03:08	11:59:07
309	2404	Raymond	Doherty	FINN VALLEY A.C.	M50	M35	03:54:54	11:59:38
	8620	James	Langan	FINN VALLEY A.C.	M45	M35	04:00:32	11:59:38
	6600	Eugene	Boyle	FINN VALLEY A.C.	M45	M35	04:04:12	11:59:38
310	50	Mark	Kells	MARATHON CLUB IRELAND	M35	M35	03:59:16	12:00:48
	10346	Wojciech	Musial	MARATHON CLUB IRELAND	M40	M35	03:59:32	12:00:48
	6773	John	Carey	MARATHON CLUB IRELAND	M35	M35	04:02:00	12:00:48
311	20229	Ger	O Toole	BLACKROCK A.C. (DUBLIN)	M45	M35	03:42:24	12:00:59
	601	Gerry	Flaherty	BLACKROCK A.C. (DUBLIN)	M45	M35	04:00:11	12:00:59
	11208	Kevin	Flood	BLACKROCK A.C. (DUBLIN)	M45	M35	04:18:24	12:00:59
312	11377	Liam	Waters	WEST WATERFORD A.C.	M45	M35	04:00:11	12:01:49
	2940	Cathal	Gleeson	WEST WATERFORD A.C.	M40	M35	04:00:42	12:01:49
	9243	Peter	Cunningham	WEST WATERFORD A.C.	M35	M35	04:00:56	12:01:49
313	8306	Hughie	Crombie	EDENDERRY A.C.	M35	M35	03:52:27	12:01:53
	6362	Damien	Kehoe	EDENDERRY A.C.	M40	M35	03:54:08	12:01:53
	10711	John	Stynes	EDENDERRY A.C.	M45	M35	04:15:18	12:01:53
314	11180	Denis	Calnan	ROSSCARBERY STEAM RUNNERS	M45	M35	03:52:02	12:02:02
	6260	Diarmuid	Wrenne	ROSSCARBERY STEAM RUNNERS	M40	M35	03:55:08	12:02:02
	8348	Wayne	Howarth	ROSSCARBERY STEAM RUNNERS	M45	M35	04:14:52	12:02:02
315	8533	Mick	O Gorman	UNITED STRIDERS A.C.	M55	M35	03:49:47	12:02:19
	14963	John	Murphy	UNITED STRIDERS A.C.	M35	M35	03:59:00	12:02:19
	8576	Colm	Stafford	UNITED STRIDERS A.C.	M50	M35	04:13:32	12:02:19

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
316	2102	Thomas	Boyle	ROSSES A.C.	M45	M35	03:45:12	12:03:10
	2130	Noel	Boyd	ROSSES A.C.	M40	M35	04:05:11	12:03:10
	6911	Paddy	Robinson	ROSSES A.C.	M35	M35	04:12:47	12:03:10
317	4935	Earle	Doyle	RATOATH A.C.	M40	M35	03:51:06	12:03:18
	3704	Colm	Mac Daibheid	RATOATH A.C.	M40	M35	03:57:39	12:03:18
	3706	Keith	Heffernan	RATOATH A.C.	M40	M35	04:14:33	12:03:18
318	11926	Gerard	Gerard Vowles	MALLOW A.C.	M45	M35	03:53:03	12:05:32
	18622	Adrian	Nodwell	MALLOW A.C.	M35	M35	03:58:57	12:05:32
	4241	Adrian	Fitch	MALLOW A.C.	M50	M35	04:13:32	12:05:32
319	7080	Mark	Harpur	TULLAMORE HARRIERS A.C.	M35	M35	03:54:42	12:05:40
	14382	Declan	Rosney	TULLAMORE HARRIERS A.C.	M45	M35	04:02:06	12:05:40
	4469	Eugene	Mann	TULLAMORE HARRIERS A.C.	M40	M35	04:08:52	12:05:40
320	2244	Niall	Diamond	OMAGH HARRIERS	M45	M35	03:55:35	12:05:53
	9373	John	Mc Grath	OMAGH HARRIERS	M50	M35	03:58:40	12:05:53
	6078	Fearghal	Mc Donald	OMAGH HARRIERS	M45	M35	04:11:38	12:05:53
321	1695	Declan	Martin	CARRICK ACES A.C.	M40	M35	03:54:01	12:06:27
	8559	Paschal	Larney	CARRICK ACES A.C.	M55	M35	04:00:16	12:06:27
	3776	Sean	Mc Cabe	CARRICK ACES A.C.	M45	M35	04:12:10	12:06:27
322	11122	Robert	Holland	STAR OF THE SEA A.C.	M45	M35	03:44:41	12:06:33
	6735	Ciaran	Mulholland	STAR OF THE SEA A.C.	M35	M35	04:08:37	12:06:33
	8702	Liam	Boland	STAR OF THE SEA A.C.	M45	M35	04:13:15	12:06:33
323	21226	Mick	Summerville	DUNSHAUGHLIN A.C.	M40	M35	04:02:18	12:07:05
	18705	Eoin	Gorman	DUNSHAUGHLIN A.C.	M40	M35	04:02:19	12:07:05
	10252	Eoin	Mac Elhinney	DUNSHAUGHLIN A.C.	M50	M35	04:02:28	12:07:05
324	12929	Jonathan	Lindsay	MARATHON CLUB IRELAND	M40	M35	04:02:07	12:08:06
	7653	Eamon	Egan	MARATHON CLUB IRELAND	M45	M35	04:02:39	12:08:06
	4933	Neal	Leddy	MARATHON CLUB IRELAND	M40	M35	04:03:20	12:08:06
325	10913	Richard	Bentley	BALBRIGGAN & DISTRICT A.C	M40	M35	04:00:37	12:09:01
	10683	Patrick	Flanagan	BALBRIGGAN & DISTRICT A.C	M45	M35	04:02:43	12:09:01
	3726	Stephen	Lawless	BALBRIGGAN & DISTRICT A.C	M35	M35	04:05:41	12:09:01
326	4071	Paddy	Mc Cambridge	NORTH BELFAST HARRIERS	M50	M35	03:55:59	12:12:21
	3123	Jim	Clinton	NORTH BELFAST HARRIERS	M55	M35	04:00:23	12:12:21
	7555	Paul	Carlin	NORTH BELFAST HARRIERS	M45	M35	04:15:59	12:12:21
327	18342	Frank	Cloherly	MAYO A.C.	M40	M35	03:59:28	12:13:31
	6372	Tim	Ganley	MAYO A.C.	M35	M35	04:06:53	12:13:31
	7539	John	Nyland	MAYO A.C.	M45	M35	04:07:10	12:13:31
328	9415	Noel	O Neill	CLONMEL A.C.	M40	M35	04:02:57	12:15:46
	7695	Anthony	Power	CLONMEL A.C.	M50	M35	04:04:43	12:15:46
	10490	Grzegorz	Kecik	CLONMEL A.C.	M40	M35	04:08:06	12:15:46
329	11051	Colin	Reynolds	BALLINA A.C.	M40	M35	03:59:54	12:16:46
	7149	Keith	O Brien	BALLINA A.C.	M40	M35	04:03:24	12:16:46
	11132	Ray	Reddington	BALLINA A.C.	M40	M35	04:13:28	12:16:46
330	1062	Conor	Byrne	BOYNE A.C.	M35	M35	03:58:12	12:18:46
	424	Gary	Byrne	BOYNE A.C.	M40	M35	03:58:12	12:18:46
	20689	Andrew	Coyle	BOYNE A.C.	M35	M35	04:22:22	12:18:46
331	3278	Richard	Hawkins	EAGLE A.C.	M45	M35	04:00:41	12:18:55
	6129	David	Carlin	EAGLE A.C.	M50	M35	04:01:51	12:18:55
	9497	Derek	Costello	EAGLE A.C.	M45	M35	04:16:23	12:18:55

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
332	9816	Bear	Aodhagan	Fitzsimons	MARATHON CLUB IRELAND	M40	M35	04:05:01 12:19:00
	15619	Philip		Delanty	MARATHON CLUB IRELAND	M45	M35	04:05:30 12:19:00
	1412	Peter		Neville	MARATHON CLUB IRELAND	M35	M35	04:08:29 12:19:00
333	11195	Ian		Rochford	SLANEY OLYMPIC A.C.	M45	M35	04:03:49 12:19:00
	6393	Sean		Doran	SLANEY OLYMPIC A.C.	M35	M35	04:06:11 12:19:00
	13902	Thomas		Crofts	SLANEY OLYMPIC A.C.	M35	M35	04:09:00 12:19:00
334	2692	Mark		Doolin	DROGHEDA & DISTRICT A.C.	M40	M35	04:02:59 12:21:17
	5065	Adrian		Gogarty	DROGHEDA & DISTRICT A.C.	M40	M35	04:07:15 12:21:17
	11768	Ron		Knowles	DROGHEDA & DISTRICT A.C.	M35	M35	04:11:03 12:21:17
335	20227	Shane		Hurrell	TERMONEENY RUNNING CLUB	M35	M35	03:58:01 12:22:58
	11368	Sam		Campbell	TERMONEENY RUNNING CLUB	M45	M35	04:00:25 12:22:58
	19517	Brendan		O Kane	TERMONEENY RUNNING CLUB	M45	M35	04:24:32 12:22:58
336	14822	William		Walsh	LUSK A.C.	M45	M35	03:59:15 12:23:04
	11023	Conor		Corr	LUSK A.C.	M40	M35	04:11:26 12:23:04
	11599	Colm		Wall	LUSK A.C.	M40	M35	04:12:23 12:23:04
337	1160	John		Mc Donnell	DUNDRUM SOUTH DUBLIN A.C.	M50	M35	03:50:34 12:23:41
	9811	Enda		Mc Morrow	DUNDRUM SOUTH DUBLIN A.C.	M55	M35	04:12:53 12:23:41
	4512	Aidan		Blighe	DUNDRUM SOUTH DUBLIN A.C.	M35	M35	04:20:14 12:23:41
338	10791	John		Cahill	NEWBRIDGE A.C.	M45	M35	03:56:43 12:25:05
	3540	Cormac		O Shea	NEWBRIDGE A.C.	M35	M35	04:09:08 12:25:05
	3583	Peter		Moran	NEWBRIDGE A.C.	M40	M35	04:19:14 12:25:05
339	4022	Mark		Franey	ASHFORD A.C	M35	M35	03:47:16 12:26:00
	2668	Paul		Whelan	ASHFORD A.C	M50	M35	03:59:09 12:26:00
	15442	Joe		Boland	ASHFORD A.C	M60	M35	04:39:35 12:26:00
340	5206	Mark		Melia	TRIM A.C.	M35	M35	04:07:19 12:26:17
	10668	Paul		Hegarty	TRIM A.C.	M40	M35	04:08:22 12:26:17
	11812	Paul		Smith	TRIM A.C.	M40	M35	04:10:36 12:26:17
341	1120	Stephen		Heskin	BOHERMEEN A.C.	M45	M35	03:58:58 12:26:51
	4856	Aloysius		Doherty	BOHERMEEN A.C.	M40	M35	04:11:28 12:26:51
	13151	Gerry		Nealon	BOHERMEEN A.C.	M35	M35	04:16:25 12:26:51
342	2806	David John		Carrie	DUNLEER A.C.	M50	M35	02:58:14 12:28:13
	18225	Graham		Townsend	DUNLEER A.C.	M40	M35	04:16:10 12:28:13
	13630	Ian Pat		Carroll	DUNLEER A.C.	M55	M35	05:13:49 12:28:13
343	4427	Paul		Mc Donald	ST. ABBANS A.C.	M35	M35	03:51:39 12:29:11
	10944	Adrian		Brennan	ST. ABBANS A.C.	M40	M35	04:15:30 12:29:11
	803	Mark		Wogan	ST. ABBANS A.C.	M35	M35	04:22:02 12:29:11
344	8027	Paul		Cassidy	SPORTSWORLD A.C.	M50	M35	03:59:30 12:30:28
	2636	Paul		O Connell	SPORTSWORLD A.C.	M35	M35	04:12:25 12:30:28
	8582	Patrick		Mc Morrow	SPORTSWORLD A.C.	M60	M35	04:18:33 12:30:28
345	7100	Shaun		Boyle	MARATHON CLUB IRELAND	M40	M35	04:09:24 12:32:11
	10724	Paul		Cheevers	MARATHON CLUB IRELAND	M35	M35	04:09:40 12:32:11
	7310	Sean		Molloy	MARATHON CLUB IRELAND	M45	M35	04:13:07 12:32:11
346	10942	Gary		Devane	MOUNTMELICK A.C.	M40	M35	03:44:37 12:33:44
	17329	Albert		Culleton	MOUNTMELICK A.C.	M45	M35	04:23:05 12:33:44
	15910	Adam		Haughton	MOUNTMELICK A.C.	M55	M35	04:26:02 12:33:44
347	4785	Tj		Bluett	NORTH CORK A.C.	M45	M35	04:00:23 12:35:51
	15672	John		Brady	NORTH CORK A.C.	M60	M35	04:14:17 12:35:51
	11151	Tom		Harrold	NORTH CORK A.C.	M35	M35	04:21:11 12:35:51

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
348	11920	Colm	Kavanagh	NORTH WESTMEATH A.C.	M45	M35	03:59:39	12:35:52
	11056	Cathal	Fagan	NORTH WESTMEATH A.C.	M35	M35	04:03:16	12:35:52
	13189	Joseph	Cheevers	NORTH WESTMEATH A.C.	M55	M35	04:32:57	12:35:52
349	11555	Knut	Nielsen	DROGHEDA & DISTRICT A.C.	M45	M35	04:11:42	12:36:56
	7112	Colin	Cuffe	DROGHEDA & DISTRICT A.C.	M40	M35	04:12:23	12:36:56
	10986	David	Birch	DROGHEDA & DISTRICT A.C.	M45	M35	04:12:51	12:36:56
350	11069	Sean	Liston	MULLINGAR HARRIERS A.C.	M45	M35	04:11:05	12:37:10
	13020	Michael	Byrne	MULLINGAR HARRIERS A.C.	M45	M35	04:12:44	12:37:10
	2315	John	Callaghan	MULLINGAR HARRIERS A.C.	M40	M35	04:13:21	12:37:10
351	8526	Stephen	Murphy	ST. L. OTOOLE A.C.	M45	M35	04:09:29	12:37:50
	18012	David	Cassidy	ST. L. OTOOLE A.C.	M35	M35	04:12:58	12:37:50
	15936	Brendan	Nolan	ST. L. OTOOLE A.C.	M45	M35	04:15:23	12:37:50
352	10403	Gary	White	CLONMEL A.C.	M35	M35	04:11:28	12:38:19
	9797	Niall	Mc Carthy	CLONMEL A.C.	M40	M35	04:12:08	12:38:19
	548	John	Laste	CLONMEL A.C.	M50	M35	04:14:43	12:38:19
353	1068	John	Geraghty	MAYO A.C.	M45	M35	04:10:31	12:38:41
	6107	Shane	Timothy	MAYO A.C.	M40	M35	04:11:15	12:38:41
	18488	Greg	Barry	MAYO A.C.	M45	M35	04:16:55	12:38:41
354	11938	Sean	O Connor	TRIM A.C.	M35	M35	04:12:08	12:40:01
	7092	Mark	Boshell	TRIM A.C.	M45	M35	04:12:42	12:40:01
	8917	Conrad	Mc Gonagle	TRIM A.C.	M45	M35	04:15:11	12:40:01
355	4505	Peter	Mc Evoy	BALBRIGGAN & DISTRICT A.C	M45	M35	04:09:19	12:40:04
	19312	Robbie	Doyle	BALBRIGGAN & DISTRICT A.C	M40	M35	04:13:14	12:40:04
	10744	Liam	Doyle	BALBRIGGAN & DISTRICT A.C	M45	M35	04:17:31	12:40:04
356	7590	Declan	Derrane	SOUTH GALWAY A.C.	M40	M35	04:07:26	12:41:31
	6104	Alan	Bailey	SOUTH GALWAY A.C.	M40	M35	04:13:10	12:41:31
	15547	Alan	Kenny	SOUTH GALWAY A.C.	M45	M35	04:20:55	12:41:31
357	13680	Paul	Casey	ST PETERS	M50	M35	04:05:44	12:42:59
	6944	Paul	Moore	ST PETERS	M50	M35	04:15:10	12:42:59
	6562	Stephen	Lemon	ST PETERS	M45	M35	04:22:05	12:42:59
358	1257	Joe	Berney	CROGHAN A.C.	M50	M35	03:54:12	12:43:41
	9365	Alan	Mc Grath	CROGHAN A.C.	M55	M35	04:05:09	12:43:41
	21925	Nicky	Boland	CROGHAN A.C.	M40	M35	04:44:20	12:43:41
359	6852	Vincent	O Donovan	WEST WATERFORD A.C.	M55	M35	04:14:24	12:44:25
	6184	Pat	Frisby	WEST WATERFORD A.C.	M45	M35	04:14:36	12:44:25
	3068	John	Nee	WEST WATERFORD A.C.	M45	M35	04:15:25	12:44:25
360	2754	Matthew	Lawlor	LUSK A.C.	M40	M35	04:12:45	12:44:54
	604	Stephen	Burke	LUSK A.C.	M40	M35	04:15:26	12:44:54
	18349	Colm	Mc Nally	LUSK A.C.	M45	M35	04:16:43	12:44:54
361	2507	Jim	Wall	ST. KILLIANS A.C.	M35	M35	03:34:06	12:45:12
	16846	Gerry	Moran	ST. KILLIANS A.C.	M45	M35	04:31:46	12:45:12
	7044	Brian	Tyrrell	ST. KILLIANS A.C.	M40	M35	04:39:20	12:45:12
362	8639	Edwin	Connolly	DUNSHAUGHLIN A.C.	M40	M35	04:06:06	12:45:32
	16747	Nicholas	Keogh	DUNSHAUGHLIN A.C.	M45	M35	04:19:07	12:45:32
	15419	Shane	Boyle	DUNSHAUGHLIN A.C.	M45	M35	04:20:19	12:45:32
363	11819	Colum	Flanagan	FINGALLIANS A.C.	M40	M35	04:08:48	12:46:02
	20617	Mark	Lawless	FINGALLIANS A.C.	M35	M35	04:14:10	12:46:02
	9542	Raymond	Gillen	FINGALLIANS A.C.	M50	M35	04:23:04	12:46:02

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
364	6753	Jason	Graham	TIR CHONAILL A.C.	M40	M35	04:00:13	12:46:45
	1991	Brian	Mc Cabe	TIR CHONAILL A.C.	M35	M35	04:21:49	12:46:45
	10419	Pauric	Keenaghan	TIR CHONAILL A.C.	M40	M35	04:24:43	12:46:45
365	9916	Paddy	Lennon	DULEEK & DISTRICT A.C.	M45	M35	04:05:49	12:46:58
	8322	Shane	Reid	DULEEK & DISTRICT A.C.	M35	M35	04:15:40	12:46:58
	19737	Sean	Cassin	DULEEK & DISTRICT A.C.	M45	M35	04:25:29	12:46:58
366	4235	Eric	Foley	WATERGRASSHILL A.C.	M35	M35	04:13:39	12:47:41
	16220	Jason	Lynch	WATERGRASSHILL A.C.	M45	M35	04:14:42	12:47:41
	11298	Joe	O Riordan	WATERGRASSHILL A.C.	M50	M35	04:19:20	12:47:41
367	20458	Andrew	Maguire	DONORE HARRIERS	M45	M35	04:15:09	12:49:16
	10206	Arthur	Connick	DONORE HARRIERS	M50	M35	04:15:39	12:49:16
	9305	Declan	Raftery	DONORE HARRIERS	M45	M35	04:18:28	12:49:16
368	619	Patrick	O Sullivan	KILFINANE A.C.	M35	M35	04:09:01	12:49:31
	9610	Brian	O Riordan	KILFINANE A.C.	M35	M35	04:16:35	12:49:31
	6137	Ben	Murphy	KILFINANE A.C.	M35	M35	04:23:55	12:49:31
369	7451	Rownald	Bayle	BROTHERS PEARSE A.C.	M35	M35	04:13:45	12:51:28
	16169	Matthew	Boylan	BROTHERS PEARSE A.C.	M40	M35	04:16:01	12:51:28
	7941	Philip	Blake	BROTHERS PEARSE A.C.	M40	M35	04:21:42	12:51:28
370	9386	Paddy	Doherty	FINN VALLEY A.C.	M45	M35	04:09:50	12:53:22
	9412	Carl	Houston	FINN VALLEY A.C.	M50	M35	04:15:27	12:53:22
	21862	John	Griffin	FINN VALLEY A.C.	M45	M35	04:28:05	12:53:22
371	11256	David	Burns	ST. COCAS A.C.	M40	M35	04:13:49	12:53:43
	9516	Mick	Burke	ST. COCAS A.C.	M35	M35	04:18:33	12:53:43
	10273	Brendan	Nurney	ST. COCAS A.C.	M45	M35	04:21:21	12:53:43
372	10527	Derek	Mac Kessy	WEST LIMERICK A.C.	M35	M35	04:17:10	12:53:52
	10528	Paul	Crotty	WEST LIMERICK A.C.	M40	M35	04:17:11	12:53:52
	612	Declan	O Keefe	WEST LIMERICK A.C.	M40	M35	04:19:31	12:53:52
373	2375	Joseph	Wright	KILCOOLE A.C.	M35	M35	04:05:18	12:58:40
	1459	Ian	Mc Grath	KILCOOLE A.C.	M40	M35	04:17:14	12:58:40
	7731	Colin	Fulham	KILCOOLE A.C.	M40	M35	04:36:08	12:58:40
374	8152	Lar	Tierney	TULLAMORE HARRIERS A.C.	M35	M35	04:13:13	12:59:17
	9500	Paul	Bracken	TULLAMORE HARRIERS A.C.	M45	M35	04:22:36	12:59:17
	1510	Bobby	O Donoghue	TULLAMORE HARRIERS A.C.	M45	M35	04:23:28	12:59:17
375	2630	Tim	Murphy	BALBRIGGAN & DISTRICT A.C	M45	M35	04:19:18	12:59:56
	847	Andrew	May	BALBRIGGAN & DISTRICT A.C	M40	M35	04:19:55	12:59:56
	20798	Tom	Watson	BALBRIGGAN & DISTRICT A.C	M40	M35	04:20:43	12:59:56
376	17352	Martin	Kelly	TRIM A.C.	M45	M35	04:18:44	13:00:04
	19089	Gearoid	Rogers	TRIM A.C.	M40	M35	04:20:24	13:00:04
	21048	Brian	Grant	TRIM A.C.	M45	M35	04:20:56	13:00:04
377	13021	Barry	Taaffe	MARATHON CLUB IRELAND	M50	M35	04:18:20	13:01:35
	1779	Johnny	Donnelly	MARATHON CLUB IRELAND	M40	M35	04:21:26	13:01:35
	12363	Stephen	Mooney	MARATHON CLUB IRELAND	M50	M35	04:21:49	13:01:35
378	7405	Rob	Shaw-Hamilton	WEST WATERFORD A.C.	M45	M35	04:18:55	13:02:16
	14033	Michel	Cuirrn	WEST WATERFORD A.C.	M55	M35	04:21:33	13:02:16
	20465	Liam	O Donnell	WEST WATERFORD A.C.	M55	M35	04:21:48	13:02:16
379	7323	Declan	Mc aleer	LIFFORD STRABANE A.C.	M45	M35	04:16:53	13:02:47
	12508	Aidan	Caldwell	LIFFORD STRABANE A.C.	M35	M35	04:21:57	13:02:47
	6682	Paul	Houston	LIFFORD STRABANE A.C.	M35	M35	04:23:57	13:02:47

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
380	7962	Noel	O'Brien	CARRIGTWOHILL	M40	M35	03:47:53	13:06:37
	6992	Marvin	Board	CARRIGTWOHILL	M35	M35	04:17:21	13:06:37
	16610	Ned	Ramsell	CARRIGTWOHILL	M45	M35	05:01:23	13:06:37
381	18087	Thomas	Healy	LAKESHORE STRIDERS A.C.	M40	M35	04:02:13	13:10:47
	11922	Ciaran	Hennessy	LAKESHORE STRIDERS A.C.	M45	M35	04:19:16	13:10:47
	7320	Paul	Quinlan	LAKESHORE STRIDERS A.C.	M40	M35	04:49:18	13:10:47
382	8874	Martin	Murphy	ST. BRIGIDS A.C.	M40	M35	04:15:26	13:11:53
	6051	Brendan	Briody	ST. BRIGIDS A.C.	M40	M35	04:16:02	13:11:53
	14969	Kieran	Callaghan	ST. BRIGIDS A.C.	M35	M35	04:40:25	13:11:53
383	13526	John	O'Sullivan	WEST LIMERICK A.C.	M35	M35	04:21:27	13:12:04
	12724	Diarmuid	McCarthy	WEST LIMERICK A.C.	M35	M35	04:23:43	13:12:04
	10160	Kevin	O'Donoghue	WEST LIMERICK A.C.	M35	M35	04:26:54	13:12:04
384	14832	Patrick	Sheridan	MOYNALTY AC	M35	M35	03:36:42	13:13:47
	14703	Jim	Devin	MOYNALTY AC	M45	M35	04:36:16	13:13:47
	20593	Stephen	Carolan	MOYNALTY AC	M45	M35	05:00:49	13:13:47
385	15166	John	Roche	WEST WATERFORD A.C.	M40	M35	04:22:16	13:13:48
	6043	Ray	Burke	WEST WATERFORD A.C.	M50	M35	04:24:33	13:13:48
	1075	Gerard	O'Connor	WEST WATERFORD A.C.	M50	M35	04:26:59	13:13:48
386	15721	Mark	Orr	NORTH BELFAST HARRIERS	M40	M35	04:20:51	13:14:09
	15591	Thomas	McKinstry	NORTH BELFAST HARRIERS	M50	M35	04:20:54	13:14:09
	6291	John	Burns	NORTH BELFAST HARRIERS	M45	M35	04:32:24	13:14:09
387	21487	Eoin	Fogarty	MILFORD A.C.	M50	M35	03:59:53	13:15:19
	21676	Francie	Diver	MILFORD A.C.	M50	M35	04:36:47	13:15:19
	21856	Frank	McTaggart	MILFORD A.C.	M45	M35	04:38:39	13:15:19
388	18521	Jonathan	Fahey	NORTH LEITRIM A.C.	M40	M35	03:55:51	13:15:43
	14125	Tony	McGourty	NORTH LEITRIM A.C.	M60	M35	04:19:03	13:15:43
	12888	John	O'Dell	NORTH LEITRIM A.C.	M45	M35	05:00:49	13:15:43
389	7442	Dermot	Egan	FERBANE A.C.	M35	M35	03:48:54	13:16:24
	1920	Dermot	Claffey	FERBANE A.C.	M35	M35	04:24:17	13:16:24
	4144	Noel	Buckley	FERBANE A.C.	M35	M35	05:03:13	13:16:24
390	16231	Michael	Toughey	MAYO A.C.	M45	M35	04:19:17	13:18:42
	6005	Justin	McDonagh	MAYO A.C.	M40	M35	04:28:22	13:18:42
	16876	Ger	Fahy	MAYO A.C.	M45	M35	04:31:03	13:18:42
391	15980	Ian	Cosgrove	NORTH EAST RUNNERS A.C.	M40	M35	04:22:09	13:20:29
	15974	Steven	Sheridan	NORTH EAST RUNNERS A.C.	M40	M35	04:22:15	13:20:29
	15456	Michael	Parks	NORTH EAST RUNNERS A.C.	M50	M35	04:36:05	13:20:29
392	21049	Joe	Carroll	MULLINGAR HARRIERS A.C.	M40	M35	04:17:44	13:20:53
	10935	Declan	Costello	MULLINGAR HARRIERS A.C.	M45	M35	04:28:24	13:20:53
	937	Mervyn	Kennedy	MULLINGAR HARRIERS A.C.	M40	M35	04:34:45	13:20:53
393	14023	Pius	Doherty	LIFFORD STRABANE A.C.	M60	M35	04:26:15	13:20:56
	15557	Thomas	Mullen	LIFFORD STRABANE A.C.	M35	M35	04:26:15	13:20:56
	7322	Kevin	Gallagher	LIFFORD STRABANE A.C.	M45	M35	04:28:26	13:20:56
394	21171	Robert	Pywell	EDENDERRY A.C.	M50	M35	04:17:32	13:22:46
	12853	James	Donoghue	EDENDERRY A.C.	M45	M35	04:25:32	13:22:46
	2304	Paul	Mahon	EDENDERRY A.C.	M35	M35	04:39:42	13:22:46
395	11560	Darren	Shiggins	SLANEY OLYMPIC A.C.	M40	M35	04:27:14	13:27:35
	3036	Fergus	Murphy	SLANEY OLYMPIC A.C.	M40	M35	04:29:42	13:27:35
	13823	Patrick	Tull	SLANEY OLYMPIC A.C.	M45	M35	04:30:39	13:27:35

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
396	10967	Stephen	Carolan	DUNSHAUGHLIN A.C.	M45	M35	04:26:47	13:28:33
	18399	Dermot	Clinton	DUNSHAUGHLIN A.C.	M45	M35	04:26:47	13:28:33
	19405	Larry	Smith	DUNSHAUGHLIN A.C.	M45	M35	04:34:59	13:28:33
397	9756	Richard	Lanigan	LUSK A.C.	M35	M35	04:21:38	13:28:49
	8033	John	Mc Donald	LUSK A.C.	M50	M35	04:30:09	13:28:49
	15947	Liam	Halpin	LUSK A.C.	M50	M35	04:37:02	13:28:49
398	498	Gavin	Murphy	WATERGRASSHILL A.C.	M40	M35	04:20:51	13:29:07
	9363	James	Forrest	WATERGRASSHILL A.C.	M35	M35	04:27:05	13:29:07
	19417	George	Mc Donnell	WATERGRASSHILL A.C.	M40	M35	04:41:11	13:29:07
399	9760	Tony	Gray	MARATHON CLUB IRELAND	M50	M35	04:27:51	13:30:06
	15820	Fernando	Puquiz	MARATHON CLUB IRELAND	M45	M35	04:29:58	13:30:06
	7885	Larry	Rigney	MARATHON CLUB IRELAND	M60	M35	04:32:17	13:30:06
400	4138	Liam	Kelly	PARNELL A.C.	M40	M35	03:49:32	13:30:33
	509	Michael	Kennedy	PARNELL A.C.	M50	M35	04:26:34	13:30:33
	7129	Shay	Hagan	PARNELL A.C.	M45	M35	05:14:27	13:30:33
401	7341	Richard	Greene	ST. PETERS A.C.	M50	M35	04:26:48	13:31:21
	18526	Eunan	Magee	ST. PETERS A.C.	M45	M35	04:27:59	13:31:21
	15029	Marty	Timlin	ST. PETERS A.C.	M45	M35	04:36:34	13:31:21
402	15174	Adrian	Doran	WEXFORD MARATHON CLUB	M35	M35	04:14:31	13:32:18
	14557	Dermot	Wallace	WEXFORD MARATHON CLUB	M35	M35	04:38:25	13:32:18
	12422	Wayne	Allen	WEXFORD MARATHON CLUB	M35	M35	04:39:22	13:32:18
403	13846	David	Wall	ST. L. OTOOLE A.C.	M40	M35	04:16:33	13:35:02
	8544	Michael	Moore	ST. L. OTOOLE A.C.	M60	M35	04:27:32	13:35:02
	16705	Paddy	Hurley	ST. L. OTOOLE A.C.	M55	M35	04:50:57	13:35:02
404	8108	Eamonn	Morris	STAR OF THE SEA A.C.	M40	M35	04:29:39	13:39:26
	9976	Will	O Sullivan	STAR OF THE SEA A.C.	M35	M35	04:32:50	13:39:26
	17278	Brian	Moore	STAR OF THE SEA A.C.	M40	M35	04:36:57	13:39:26
405	10790	Michael	Lester	WATERSTOWN WARRIORS	M45	M35	04:29:45	13:42:31
	11084	Robert	Francis	WATERSTOWN WARRIORS	M55	M35	04:29:57	13:42:31
	1000	Karl	Donnelly	WATERSTOWN WARRIORS	M40	M35	04:42:49	13:42:31
406	2514	John	Kelly	NEWCASTLE & DISTRICT AC	M55	M35	04:04:07	13:48:59
	8643	Jerome	Farrell	NEWCASTLE & DISTRICT AC	M40	M35	04:34:05	13:48:59
	11948	Paul	Fitzpatrick	NEWCASTLE & DISTRICT AC	M45	M35	05:10:47	13:48:59
407	7219	Anthony	Kenny	ATHLONE IT A.C.	M50	M35	04:24:02	13:49:38
	12907	Crevan	O Donnell	ATHLONE IT A.C.	M45	M35	04:32:33	13:49:38
	13854	Ambrose	Duggan	ATHLONE IT A.C.	M35	M35	04:53:03	13:49:38
408	9623	Kevin	Devane	ATHENRY A.C.	M40	M35	04:27:01	13:49:40
	4784	Martin	Hynes	ATHENRY A.C.	M50	M35	04:29:02	13:49:40
	2475	Liam	Mycroft	ATHENRY A.C.	M55	M35	04:53:37	13:49:40
409	16122	Michael	Wood	BLACKROCK A.C. (DUBLIN)	M50	M35	04:24:26	13:49:43
	2698	Sean	Mc Fadden	BLACKROCK A.C. (DUBLIN)	M35	M35	04:40:03	13:49:43
	13113	Bryan	Sheils	BLACKROCK A.C. (DUBLIN)	M45	M35	04:45:14	13:49:43
410	16388	David	Norwood	MARATHON CLUB IRELAND	M50	M35	04:34:07	13:51:03
	10736	Daragh	Kelly	MARATHON CLUB IRELAND	M45	M35	04:35:10	13:51:03
	12543	Ken	Beggs	MARATHON CLUB IRELAND	M60	M35	04:41:46	13:51:03
411	5176	Matthew	Nicholson	NEWRY CITY RUNNERS AC	M35	M35	04:29:10	13:53:02
	12974	Neil	Casey	NEWRY CITY RUNNERS AC	M40	M35	04:32:32	13:53:02
	13120	Conor	Mc Cracken	NEWRY CITY RUNNERS AC	M45	M35	04:51:20	13:53:02

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
412	10905	Lyndon	Thomas	DUNBOYNE A.C.	M55	M35	04:30:53	13:53:15
	6899	Sean	Manning	DUNBOYNE A.C.	M45	M35	04:35:15	13:53:15
	20595	Shea	Mc Govern	DUNBOYNE A.C.	M45	M35	04:47:07	13:53:15
413	6982	James	Campbell	MONAGHAN TOWN RUNNERS	M40	M35	04:32:56	13:56:29
	9716	Brendan	Carbin	MONAGHAN TOWN RUNNERS	M40	M35	04:38:14	13:56:29
	18207	Colm	Mahony	MONAGHAN TOWN RUNNERS	M55	M35	04:45:19	13:56:29
414	16893	Paul	Griffin	LIFFORD STRABANE A.C.	M45	M35	04:36:39	13:59:57
	15043	Laurence	Doherty	LIFFORD STRABANE A.C.	M55	M35	04:37:42	13:59:57
	12899	Alan	Redstone	LIFFORD STRABANE A.C.	M45	M35	04:45:36	13:59:57
415	6939	Joe	Carlile	BELFAST RUNNING CLUB	M35	M35	04:22:47	14:00:06
	17444	Marv	Van Niekerk	BELFAST RUNNING CLUB	M40	M35	04:35:25	14:00:06
	4674	Kevin	Teggart	BELFAST RUNNING CLUB	M40	M35	05:01:54	14:00:06
416	18434	Gerard	Fay	DROGHEDA & DISTRICT A.C.	M45	M35	04:27:28	14:01:04
	19676	Liam	Farrell	DROGHEDA & DISTRICT A.C.	M40	M35	04:46:13	14:01:04
	9944	Michael	Banahan	DROGHEDA & DISTRICT A.C.	M45	M35	04:47:23	14:01:04
417	21414	Jonathan	Lilly	BALLYDRAIN HARRIERS	M45	M35	04:29:07	14:05:45
	6244	Greg	Quinn	BALLYDRAIN HARRIERS	M40	M35	04:37:54	14:05:45
	19509	Colin	Brannigan	BALLYDRAIN HARRIERS	M45	M35	04:58:44	14:05:45
418	16629	Emerson	Kirby	CLONMEL A.C.	M40	M35	04:29:07	14:09:42
	7281	Brian	Tyrrell	CLONMEL A.C.	M40	M35	04:36:48	14:09:42
	9338	Ian	Patterson	CLONMEL A.C.	M35	M35	05:03:47	14:09:42
419	10491	James	Dempsey	SLANEY OLYMPIC A.C.	M35	M35	04:39:34	14:10:03
	4478	Patrick	Hyland	SLANEY OLYMPIC A.C.	M50	M35	04:42:21	14:10:03
	9487	Vincent	Byrne	SLANEY OLYMPIC A.C.	M50	M35	04:48:08	14:10:03
420	12904	Denis	Farrell	TRIM A.C.	M35	M35	04:41:13	14:14:38
	15132	David	Hawcroft	TRIM A.C.	M70	M35	04:41:56	14:14:38
	9641	David	Ryan	TRIM A.C.	M35	M35	04:51:29	14:14:38
421	15477	Joseph	Mc Donnell	DONORE HARRIERS	M60	M35	04:26:26	14:16:40
	5204	Mark	Cullivan	DONORE HARRIERS	M45	M35	04:47:02	14:16:40
	12414	Ian	Redican	DONORE HARRIERS	M40	M35	05:03:12	14:16:40
422	12915	James	Nugent	MARATHON CLUB IRELAND	M55	M35	04:45:28	14:18:40
	12542	Alastair	Riddell	MARATHON CLUB IRELAND	M45	M35	04:46:12	14:18:40
	3843	Adolfo	Garcia	MARATHON CLUB IRELAND	M40	M35	04:47:00	14:18:40
423	12267	Vinny	Molloy	BROTHERS PEARSE A.C.	M40	M35	04:41:08	14:24:33
	13066	Peter	Lawlor	BROTHERS PEARSE A.C.	M45	M35	04:28:37	14:24:33
	12472	Stephen	Redmond	BROTHERS PEARSE A.C.	M45	M35	05:14:48	14:24:33
424	16985	Robert Cyril	Briones	MARATHON CLUB IRELAND	M40	M35	04:48:37	14:32:13
	14771	Keith	Haugh	MARATHON CLUB IRELAND	M35	M35	04:51:38	14:32:13
	15819	Salvador	Peralta	MARATHON CLUB IRELAND	M40	M35	04:51:58	14:32:13
425	20724	Paul	Harris	DUNSHAUGHLIN A.C.	M45	M35	04:44:25	14:33:37
	17385	Sean	O Neill	DUNSHAUGHLIN A.C.	M45	M35	04:50:07	14:33:37
	13129	Darren	Sherry	DUNSHAUGHLIN A.C.	M40	M35	04:59:05	14:33:37
426	7354	Conor	Lovett	DOONEEN A.C.	M50	M35	04:44:04	14:37:48
	16208	Liam	O Hora	DOONEEN A.C.	M50	M35	04:52:45	14:37:48
	12367	Paul	Askins	DOONEEN A.C.	M35	M35	05:00:59	14:37:48
427	19993	Derek	Fair	BALLINA A.C.	M45	M35	04:50:39	14:49:54
	14279	Robert	Nugent	BALLINA A.C.	M40	M35	04:57:42	14:49:54
	6049	Michael	Egan	BALLINA A.C.	M45	M35	05:01:33	14:49:54

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
428	18472	Dermot	Mc Granaghan	FINN VALLEY A.C.	M45	M35	04:35:19	14:54:39
	7960	Paul	Whelan	FINN VALLEY A.C.	M35	M35	05:07:03	14:54:39
	7326	Brendan	Martin	FINN VALLEY A.C.	M50	M35	05:12:17	14:54:39
429	10988	Paul	Mc Cavera	MARATHON CLUB IRELAND	M45	M35	04:55:24	15:00:20
	5061	Terry	Mc Gowan	MARATHON CLUB IRELAND	M40	M35	05:01:24	15:00:20
	18416	Framo	Erwin	MARATHON CLUB IRELAND	M45	M35	05:03:32	15:00:20
430	13824	Paul	O Rourke	SLANEY OLYMPIC A.C.	M45	M35	04:54:57	15:00:39
	6693	Seamus	Jordan	SLANEY OLYMPIC A.C.	M45	M35	05:02:51	15:00:39
	4783	Richard	Murphy	SLANEY OLYMPIC A.C.	M35	M35	05:02:51	15:00:39
431	12703	Eddie	Breslin	LIFFORD STRABANE A.C.	M50	M35	04:54:35	15:04:24
	18473	Joe	Breslin	LIFFORD STRABANE A.C.	M55	M35	04:57:47	15:04:24
	16612	Paul	O Brien	LIFFORD STRABANE A.C.	M40	M35	05:12:02	15:04:24
432	14924	Gary	Beattie	CLUB PULSE RUNNERS	M45	M35	05:08:42	15:05:07
	14124	Patrick	Mc Lain	CO ANTRIM HARRIERS	M45	M35	04:18:56	15:05:07
	152	Anthony	Barclay	CO ANTRIM HARRIERS	M55	M35	05:37:29	15:05:07
433	19322	Brendan	Clancy	WATERSTOWN WARRIORS	M45	M35	04:57:45	15:17:42
	16110	Desmond	Buckley	WATERSTOWN WARRIORS	M55	M35	04:59:53	15:17:42
	21061	Darren	Kinsella	WATERSTOWN WARRIORS	M40	M35	05:20:04	15:17:42
434	19175	Joe	Galvin	MARATHON CLUB IRELAND	M35	M35	05:05:33	15:35:10
	12971	David	Garey	MARATHON CLUB IRELAND	M50	M35	05:14:18	15:35:10
	6275	Michael	Haydon	MARATHON CLUB IRELAND	M60	M35	05:15:19	15:35:10
1	42	Tom	Mc Grath	MULLINGAR HARRIERS A.C.	M50	M50	02:40:53	08:28:20
	4634	Eddie	Newman	MULLINGAR HARRIERS A.C.	M50	M50	02:47:01	08:28:20
	5229	Liam	Mc Glynn	MULLINGAR HARRIERS A.C.	M50	M50	03:00:26	08:28:20
2	46	Cathal	O Connell	ST. FINBARRS A.C.	M50	M50	02:36:53	08:33:19
	2848	Ken	Devine	ST. FINBARRS A.C.	M50	M50	02:42:25	08:33:19
	4335	John	Fitzgibbons	ST. FINBARRS A.C.	M50	M50	03:14:01	08:33:19
3	4327	Ronan	Boland	EAGLE A.C.	M50	M50	02:48:31	08:33:42
	4685	Frank	Hill	EAGLE A.C.	M50	M50	02:51:08	08:33:42
	1079	Martin	Leahy	EAGLE A.C.	M50	M50	02:54:03	08:33:42
4	4713	Bill	Duncan	LIFFORD STRABANE A.C.	M50	M50	02:56:31	09:20:19
	557	Michael	Duncan	LIFFORD STRABANE A.C.	M50	M50	03:02:37	09:20:19
	3244	Gerard	Campbell	LIFFORD STRABANE A.C.	M50	M50	03:21:11	09:20:19
5	2614	George	Shields	NORTH EAST RUNNERS A.C.	M50	M50	02:52:24	09:36:04
	5170	Brendan	Reid	NORTH EAST RUNNERS A.C.	M50	M50	03:10:04	09:36:04
	2811	Andy	Califf	NORTH EAST RUNNERS A.C.	M50	M50	03:33:36	09:36:04
6	1744	Paul	Frewen	RAHENY SHAMROCK A.C.	M55	M50	03:19:10	09:56:39
	3207	Tom	Loftus	RAHENY SHAMROCK A.C.	M60	M50	03:17:08	09:56:39
	1147	John	Freir	RAHENY SHAMROCK A.C.	M50	M50	03:20:21	09:56:39
7	709	Gerard	Dore	TALLAGHT A.C.	M50	M50	03:09:10	10:22:24
	19887	Derek	Quinn	TALLAGHT A.C.	M55	M50	03:33:56	10:22:24
	4571	Garry	Clarke	TALLAGHT A.C.	M65	M50	03:39:18	10:22:24
8	3755	Mark	Leonard	ST. COCAS A.C.	M50	M50	03:13:43	10:28:51
	2721	Michael	Mc Grath	ST. COCAS A.C.	M50	M50	03:24:33	10:28:51
	5040	Larry	Kelly	ST. COCAS A.C.	M50	M50	03:50:35	10:28:51
9	43	James	Cottle	CRUSADERS A.C.	M60	M50	03:04:22	10:33:41
	1023	Denis	Murphy	CRUSADERS A.C.	M55	M35	03:29:18	10:33:41
	4124	Leo	Lundy	CRUSADERS A.C.	M50	M50	04:00:01	10:33:41

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
10	5173	Gerard	Galvin	MAYO A.C.	M50	M50	03:26:39	10:39:23
	4339	Owen	Mongan	MAYO A.C.	M60	M50	03:29:13	10:39:23
	17407	Jimmy	Feeney	MAYO A.C.	M60	M50	03:43:31	10:39:23
11	3764	Martin	Kelly	RAHENY SHAMROCK A.C.	M50	M50	03:29:50	10:40:14
	3954	Christopher	Reilly	RAHENY SHAMROCK A.C.	M60	M50	03:34:48	10:40:14
	701	John	Fennell	RAHENY SHAMROCK A.C.	M50	M50	03:35:36	10:40:14
12	20099	Aidan	Campbell	BLAYNEY ROCKETS A.C.	M50	M50	03:14:07	10:51:38
		Frankie	Gorman	BLAYNEY ROCKETS A.C.	M50	M50	03:36:25	10:51:38
	10263	Bart	Mc Namara	BLAYNEY ROCKETS A.C.	M50	M50	04:01:06	10:51:38
13	1076	John	O Leary	PORTMARNOCK A.C.	M50	M50	03:20:21	10:55:08
	1705	John	Wallnutt	PORTMARNOCK A.C.	M50	M50	03:23:56	10:55:08
	9871	Peter	Lynch	PORTMARNOCK A.C.	M50	M50	04:10:51	10:55:08
14	3788	Rock	Pender	ST. L. OTOOLE A.C.	M50	M50	03:23:03	11:04:21
	8520	Dermot	O Shea	ST. L. OTOOLE A.C.	M50	M50	03:50:37	11:04:21
	3717	Paul	Murphy	ST. L. OTOOLE A.C.	M50	M50	03:50:41	11:04:21
15	19376	John	Clohisey	RAHENY SHAMROCK A.C.	M60	M50	03:39:16	11:06:25
	2760	Mark	Lacey	RAHENY SHAMROCK A.C.	M50	M50	03:42:17	11:06:25
	1865	Seamus	Rooney	RAHENY SHAMROCK A.C.	M55	M50	03:44:52	11:06:25
16	5169	Austin	Reid	NORTH EAST RUNNERS A.C.	M50	M50	03:39:19	11:12:31
	3617	Gerard	Kenny	NORTH EAST RUNNERS A.C.	M50	M50	03:45:26	11:12:31
	3575	Jose	Carvalho	NORTH EAST RUNNERS A.C.	M50	M50	03:47:46	11:12:31
17	1004	Tadhg	Sullivan	DUNDRUM SOUTH DUBLIN A.C.	M50	M50	03:42:20	11:15:31
	9114	John	Barry	DUNDRUM SOUTH DUBLIN A.C.	M50	M50	03:44:52	11:15:31
	10125	Fintan	Hourihan	DUNDRUM SOUTH DUBLIN A.C.	M50	M50	03:48:19	11:15:31
18	6903	Alan	Murphy	BALLINA A.C.	M50	M50	03:47:05	11:24:16
	6907	Anthony	Reape	BALLINA A.C.	M50	M50	03:47:35	11:24:16
	6050	Robbie	Reynolds	BALLINA A.C.	M50	M50	03:49:36	11:24:16
19	10475	Kieran	Campbell	SPERRIN HARRIERS	M45	M50	03:46:39	11:28:22
	6503	Gavin	Quinn	SPERRIN HARRIERS	M40	M50	03:50:51	11:28:22
	6504	Paul	Fearon	SPERRIN HARRIERS	M40	M50	03:50:52	11:28:22
20	10477	Patsy	Hughes	SPERRIN HARRIERS	M50	M50	03:52:30	11:40:21
	19460	Leon	Mc Kee	SPERRIN HARRIERS	M40	M50	03:53:53	11:40:21
	7197	Mark	Thom	SPERRIN HARRIERS	M35	M50	03:53:58	11:40:21
21	583	Dan	Kennedy	ST. FINBARRS A.C.	M60	M50	03:42:36	11:44:50
	4027	Paul	O Toole	ST. FINBARRS A.C.	M50	M50	03:20:33	11:44:50
	9388	Michel	Crualaoui	ST. FINBARRS A.C.	M50	M50	04:41:41	11:44:50
22	3933	Michael	Walsh	BROTHERS PEARSE A.C.	M55	M50	03:40:00	11:48:05
	11557	James	Higgins	BROTHERS PEARSE A.C.	M50	M50	03:56:01	11:48:05
	11547	Tos	Moran	BROTHERS PEARSE A.C.	M55	M50	04:12:04	11:48:05
23	14250	Kevin	Heenan	SPERRIN HARRIERS	M50	M50	03:55:40	11:52:06
	8749	Kevin	Devlin	SPERRIN HARRIERS	M45	M50	03:57:32	11:52:06
	17640	Damien	Mc Caffrey	SPERRIN HARRIERS	M45	M50	03:58:54	11:52:06
24	6793	Paul	Mulholland	ST. PETERS A.C.	M50	M50	03:57:10	11:55:34
	7263	Colin	Conway	ST. PETERS A.C.	M50	M50	03:58:38	11:55:34
	7009	Conor	Skelton	ST. PETERS A.C.	M50	M50	03:59:46	11:55:34
25	4906	Neil	Thornton	ST. L. OTOOLE A.C.	M50	M50	03:56:28	12:05:12
	10164	Billy	Delaney	ST. L. OTOOLE A.C.	M60	M50	04:03:42	12:05:12
	3709	James	O Rourke	ST. L. OTOOLE A.C.	M60	M50	04:05:02	12:05:12

CONGRATULATIONS!

POS	BIB	First	Last	Club	Cat	TEAM	GUN TIME	TEAM
26	21139	Eddie	Coyle	TALLAGHT A.C.	M70	M50	04:00:46	12:14:37
	11085	Joseph	Pepper	TALLAGHT A.C.	M50	M50	04:01:45	12:14:37
	9722	James	Kennedy	TALLAGHT A.C.	M55	M50	04:12:06	12:14:37
27	8750	Russell	Bell	SPERRIN HARRIERS	M40	M50	04:01:04	12:40:35
	7344	Roddy	Mc Ivor	SPERRIN HARRIERS	M45	M50	04:14:08	12:40:35
	15590	Michael	Mc Crory	SPERRIN HARRIERS	M50	M50	04:25:23	12:40:35
28	14861	Dermot	Holland	BALBRIGGAN & DISTRICT A.C	M50	M50	04:12:55	12:55:42
	12405	Thomas	Levins	BALBRIGGAN & DISTRICT A.C	M50	M50	04:13:05	12:55:42
	19206	John	Tiernan	BALBRIGGAN & DISTRICT A.C	M50	M50	04:29:42	12:55:42
29	7662	Des	White	GRANGE/FERMOY A.C.	M50	M50	04:10:27	12:55:46
	12847	Tony	Dunne	GRANGE/FERMOY A.C.	M75	M50	04:20:51	12:55:46
	6632	Maurice	Tobin	GRANGE/FERMOY A.C.	M65	M50	04:24:28	12:55:46
30	8097	Fergus	Byrne	NORTH EAST RUNNERS A.C.	M50	M50	03:59:17	12:56:33
	18674	Joseph	Cunningham	NORTH EAST RUNNERS A.C.	M55	M50	04:22:28	12:56:33
	21510	Stephen	O Hanlon	NORTH EAST RUNNERS A.C.	M70	M50	04:34:48	12:56:33
31	9319	Brian	Healy	MAYO A.C.	M50	M50	04:03:41	13:07:52
	13202	Finian	Joyce	MAYO A.C.	M55	M50	04:22:45	13:07:52
	15016	James	Murtagh	MAYO A.C.	M50	M50	04:41:26	13:07:52
32	6567	Gavin	O Hagan	SPERRIN HARRIERS	M35	M50	04:37:27	14:16:48
	10474	Barry	O Neill	SPERRIN HARRIERS	M50	M50	04:37:28	14:16:48
	14241	Thomas	Mc Donald	SPERRIN HARRIERS	M60	M50	05:01:53	14:16:48
33	19810	John	Carton	SLIABH BHUIDE ROVERS A.C.	M50	M50	04:47:04	15:20:57
	21005	Tom	Kavanagh	SLIABH BHUIDE ROVERS A.C.	M65	M50	05:09:07	15:20:57
	2564	Billy	Harpur	SLIABH BHUIDE ROVERS A.C.	M70	M50	05:24:46	15:20:57

CONGRATULATIONS!