

Men:

Events	Stadium Records	Name	Country	Date of Record
100m	10.12	Yohan Blake	Jamaica	24/07/2015
200m	20.30	Paul Hession	Ireland	7/21/2007
400m	45.25	Arnaud Malherbe	South Africa	7/29/2000
800m	1.45.30	Mark English	Ireland	11/7/2014
1500m	3.36.40	Will Leer	USA	11/7/2014
Mile	3.51.80	Will Leer	USA	11/7/2014
3000m	7.44.21	Juan Luis Barrios	Mexico	11/7/2014
5000m	13.20.99	Eamon Coghlan	Ireland	8/27/1980
10000m	27.57.70	Carlos Lopes	Portugal	7/4/1982
3000m St.	8.33.48	Liam O'Brien	Ireland	7/8/1984
110m Hurdles	13.45	Balázs Baji	Hungary	6/23/2013
400m Hurdles	48.94	Thomas Barr	Ireland	11/7/2014
High Jump	2.28m	Brendan Reilly	Ireland	7/25/1999
Long Jump	7.95m	Ciaran McDonagh	Ireland	8/9/2003
Triple Jump	16.91m	Carlos Calado	Portugal	6/8/1997
Shot	20.62m	Ladislav Práil	Czech Republic	6/22/2013
Discus	63.16m	Nick Sweeney	Ireland	6/12/1994
Hammer	81.30m	Yuriy Sedykh	Russia	7/12/1988
Pole Vault	5.57m	Jeff Coover	USA	22/7/16
Javelin	84.12m	Juha Laukkanen	Finland	6/7/1997
4 x 100m	39.14	Netherlands	Netherlands	6/22/2013
4 x 400m	3.05.57	Switzerland	Switzerland	6/8/1997
10000m Walk	38.27.57	Robert Heffernan	Ireland	21/07/2008

Women:

Events	Stadium Records	Name	Country	Date of Record
100m	11.36	Carina Horn	South Africa	11/7/2014
200m	22.76	Cydonie Mothersill	Caymen Islands	7/19/2002
400m	51.28	Joanne Cuddihy	Ireland	7/23/2006
800m	1.59.69	Olga Raspopova	Russia	7/29/2000
1500m	4.05.75	Sonia O'Sullivan	Ireland	6/12/1994
Mile	4.25.48	Katie Mackey	United States	22/7/16
3000m	8.55.81	Anita Weyermann	Switzerland	6/8/1997
5000m	15.20.11	Sonia O'Sullivan	Ireland	7/14/2002
10000m	31.19.11	Catriona McKiernan	Ireland	6/12/1994
3000 St.	9.47.76	Sandra Eriksson	Finland	6/22/2013
100 Hurdles	13.02	Ludmila Engquist	Sweden	6/8/1997
400m Hurdles	55.34	Denisa Rosolová	Czech Republic	6/22/2013
High Jump	1.92m	Hanne Haugland	Norway	6/8/1997
Long Jump	6.78m	Renata Nielsen	Denmark	6/12/1994
Triple Jump	13.49m	Anja Valant Velepec	Slovenia	6/7/1997
Shot	18.36m	Radoslava Mavrodieva	Bulgaria	6/23/2013
Discus	59.62m	Marie-Paule Geldhof	Belgium	6/12/1994
Hammer	73.21m	Eileen O'Keefe	Ireland	7/23/2007
Pole Vault	4.40m	Jirina Svobodová	Czech Republic	6/22/2013
Javelin	68.58m	Trina Hattestad	Norway	6/7/1997
4 x 100m	44.20	Czech Republic	Czech Republic	6/22/2013
4 x 400m	3.30.77	Romania	Romania	6/23/2013
5000m Walk	20.02.60	Gillian O'Sullivan	Ireland	13/07/02