

Evolution of Irish National Records 1861-2018

Event	Note	Athlete	Competition	Venue	Date
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The task of developing a table of the Progression of the Irish National Records, from before the birth of organised Athletics in the late 19th Century up to the present day, inevitably presents the compilers with a number of difficult problems.

First, of course, is the difficulty that arises from the existence of parallel governing organisations during significant periods of this history and the practice of their maintaining non co-ordinated sets of records.

We have also needed to recognise that up until almost the last quarter of the 20th century performances achieved outside Ireland were not accorded status as Irish National Records.

Thus, most notoriously perhaps, the winning performances of Bob Tisdall and Ron Delany at the Olympics of 1932 and 1956 were never, in their day, recognised as Irish Records.

But there were many others, perhaps less prominent, which because they were achieved outside Ireland were never subjected to those levels of appropriate scrutiny which are customarily accorded to Irish record performances.

A further problem arises from the fact that until sometime in the early-1930s the National Record was deemed to be the best authenticated performance made in Ireland whether by a local athlete or by an overseas visitor.

Thus an Official List of Records published, for example, in 1924 credited Irish Records to Wyndham Halswelle (SCO, 440y), Hugh Welsh (SCO, 1 Mile), Alvin Kraenzlein (USA, 120yH), and Ralph Rose (USA, Shot Putt). The particular significance of this in the context of our project is that, therefore, a performance by an Irish athlete superior to an earlier Irish Record but inferior to that achieved by an overseas athlete, was not considered for ratification and so, not subjected to the higher levels of scrutiny customarily applied when considering whether to award the accolade of "Irish Record" to a particular performance.

The problems for the compilers was compounded by the absence or loss of archival material on the subject of Records forcing an unwelcome dependence, in many instances, on contemporary newspaper reports with all the potentials for fallibility that such dependence entails.

For these reasons, amongst others, this compilation is to be best considered, at least as concerns marks made up to the early 1970s, as an honest attempt to define an Evolution based on the principle of the Best Authentic Performance.

One further observation is appropriate to rationalise the presence in these progressions of Performances achieved by Irish athletes who are better remembered for their exploits under a different flag – that of the U.S.A. Our position here is that where an athlete was active in the sport prior to emigrating it is appropriate to take into consideration performances achieved in the period prior to his becoming a U.S. citizen. It will thus be noted that these considerations apply to the cases of James Mitchell, John Flanagan, Paddy Ryan and Con Walsh in the Hammer Throw and to Dan Ahearn in the Triple Jump.

The compilers hope is that this compilation of the achievements of Irish athletes over the past one-and-a-half centuries will be of interest to followers of our sport.

We present it fully cognisant of its imperfections and in the hope that visitors to the site will be able to identify and draw attention to errors of commission or omission for which we offer, in advance, our sincere thanks.

Compiled by Pierce O'Callaghan, Tony O'Donoghue, Cyril Smyth, Killian Lonergan, John Cronin, Liam Hennessy, AAI Technical Committee
Comments, corrections, amendments emailed to: pierce@savvysportsmgt.com, csmyth@tcd.ie, statistics@athleticsireland.ie

Longest Standing Irish Records

Long Jump	88 years & 331 days	Peter O'Connor	Set on 5 August 1901, broken by Carlos O'Connell on 2 July 1990
400m Hurdles	51 years & 312 days	Bob Tisdall	Set on 1 August 1932, broken by J.J Barry on 8 July 1984
Shot Put	47 years & 268 days	Denis Horgan	Set on 18 September 1904, broken by David Guiney on 13 June 1950
High Jump	39 years & 364 days	Tim Carroll	Set on 4 August 1913, broken by Brendan O'Reilly on 3 August 1953
100m	32 years & 26 days	Michelle Walsh	Set on 17 June 1978, broken by Ailis McSweeney on 13 July 2010
110m Hurdles	29 years & 179 days	Eamonn Kinsella	Set on 27 November 1956, broken by Brendan Mullin on 25 May 1986

Oldest Current Irish Records

Triple Jump	1977	Colm Cronin
1500m	1982	Ray Flynn
1 Mile	1982	Ray Flynn
Shot Put	1983	Marita Walton
Discus	1984	Patricia Walsh
3000m S'chase	1985	Brendan Quinn
Hammer	1985	Declan Hegarty
Marathon	1988	John Treacy
Decathlon	1988	Carlos O'Connell

100 Yards/100 Metres, Men

100 Yards, Men

10%		Alfred Vigne	Haddington H. Promotion	Ball's Bridge	10 Jul 1886
10%		Daniel D. Bulger	GAA Championships	Tralee	1 Aug 1887
10%		Norman D. Morgan	IAAA Championships	Ball's Bridge	30 Jun 1894
10%		Norman D.Morgan	IAAA Championships	Ball's Bridge	25 May 1896
10.0		Denis Murray	AAA Championships	Huddersfield, England	06-Jul-01
10.0		F.R.S.Shaw	Ireland v Scotland	Celtic Park, Belfast	19-Jul-13
10.0		Denis Cussen	National Championships	Croke Park, Dublin	27-Jun-25
10.0		Denis Cussen	National Championships	Croke Park, Dublin	24-Jun-28
9.8		Denis Cussen	National Championships	Croke Park, Dublin	24-Jun-28
9.8		Freddie Moran	AAU Championships	Lansdowne Rd.,Dublin	30-Aug-37
9.8		Paddy Lowry	IAAB Championships	Santry, Dublin	02-Jul-60
9.8		Pat Morrison		Southend, England	30-May-64
9.7		Pat Morrison	Southern AAA Champs	Motspur Pk., London	19-Jun-65
9.7		Pat Morrison	Clonliffe H, promotion	Santry, Dublin	05-Jul-65
9.6		Pat Morrison	Ireland v England	Santry, Dublin	21-Jul-65
9.6		Pat Morrison		Palo Alto, California	29-Apr-66

100 Metres, Men

Manual Timing

10.7		Philip Hannigan	FISEC Games	Lisboa, Portugal	04-Aug-63
10.7		Pat Morrison	Vancouver Trophy	Woodford, England	23-May-64
10.6		Brendan O'Regan	Janusz Kusocinski Memorial	Warsaw, Poland	21-Jun-70
10.5	1.9	Brendan O'Regan	Europa Cup	Reykjavik, Iceland	05-Jul-70
10.5		Joe Ryan	v Wales, Luxembourg	Luxembourg, Luxembourg	06-Aug-77
10.4		Derek O'Connor	Leinster Colleges	Belfield, Dublin	28-May-83

Fully Automatic Timing

10.85	0.6	Vinny Becker	AAA Championships	London, England	23-Jul-71
10.78	nwi	Colman O'Flaherty	Bavarian Int Youth Games	Trostberg, Germany	25-Sep-77
10.74	nwi	Colman O'Flaherty	National Championships	Belfield, Dublin	23-Jul-78
10.61	nwi	Derek O'Connor	Cork City Sports	Mardyke, Cork	13-Jul-83
10.58	0.6	Derek O'Connor		Port-of-Spain, Trinidad	12-Apr-85
10.48	nwi	Gary Ryan	Cork City Sports	Mardyke, Cork	22-Jun-96
10.46	0.1	Neil Ryan	Riga '97 International Meeting	Riga, Latvia	30-May-97
10.45	-1.5	Gary Ryan	National Championships	Santry, Dublin	25-Jul-99
10.45	0.3	Gary Ryan	Europa Cup	Kaunas, Lithuania	08-Jul-00
10.35	0.8	Paul Brizzel		Haapsalu, Finland	20-Jun-00
10.35	1.4	Paul Brizzel	Dublin International	Santry, Dublin	15-Aug-03
10.35	2.0	Gary Ryan	Cork City Sports	Mardyke, Cork	03-Jul-04
10.28	1.5	Paul Hession	Papaflessia	Kalamata, Greece	02-Jun-07
10.18	1.8	Paul Hession	Europa Cup	Vaasa, Finland	23-Jun-07

Event	Note	Athlete	Competition	Venue	Date
200m/220y, Men					
220 Yards, Men					
22%		Alfred Vigne	IAAA Championships	Ball's Bridge	30 May 1887
22%		Alfred Vigne	Jubilee Sports	Ball's Bridge	21 Jun 1887
22%		Norman D. Morgan	IAAA Championship (farmed)	Cork	16 May 1896
22%		William Murray	Glasgow Celtic Sports	Glasgow, Scotland	13-Aug-04
22%		Robert Kerr	Ireland v Scotland	Ball's Bridge	17-Jul-09
22%		Joe Eustace	National Championships	Croke Park, Dublin	28-Jun-30
22%		John J. O'Donnell	NACA Championships	Ballinasloe	04-Jul-48
21.6	nwi	Paul Dolan	AAU Championships	Irishtown, Dublin	31-May-52
21.6		Pat Morrison	AAA Championships	White City, London	09-Jul-65
21.6		Pat Morrison	Ireland v England	Santry Dublin	21-Jul-65
21.5		Pat Morrison		Leyton, England	03-Aug-65
21.2		Pat Morrison		Palo Alto, California	02-Apr-66
21.2		Pat Morrison		Salinas, California	09-Apr-66
21.1		Fanahan McSweeney		Lafayette, Louisiana	29-Apr-70
200 Metres, Men					
21.5		Pat Morrison	WAAA Championships Invitational	London, England	03-Jul-65
21.3		Pat Morrison	GBR v POL	White City, London	31-Jul-65
21.3		Pat Morrison	European Cup	Zagreb, Croatia	22-Aug-65
21.1		Pat Morrison	ENG v CZE	London, England	30-Aug-65
Fully Automatic Timing					
22.33	nwi	Dermot Browne	Europa Cup	Lisboa, Portugal	15-Jun-75
21.65	nwi	Joe Ryan			1977
21.77	nwi	Joe Ryan	National Championships	Belfield, Dublin	06-Jul-80
21.58	nwi	Joe Ryan	Europa Cup	Copenhagen, Denmark	06-Jul-80
21.40		Derek O'Connor	Leinster Colleges	Dublin	28-May-83
20.96	nwi	Derek O'Connor	National Junior C'ships	Santry, Dublin	03-Jul-83
20.95	nwi	Derek O'Connor	National Championships	CIT, Cork	21-Jul-85
20.78	-0.4	Gary Ryan	Olympic Games	Atlanta, Georgia	31-Jul-96
20.69	1.8	Gary Ryan	Cork City Sports	Cork	21-Jun-97
20.69	0.6	Gary Ryan	World Championships	Athina, Greece	06-Aug-97
20.67	1.5	Gary Ryan	Universiade	Catania, Sicily	26-Aug-97
20.54A	2.0	Paul Brizzell	IAAF Grand Prix	Pietersburg, South Africa	18-Mar-00
	1.2	Paul Hession	Norwich Union	Sheffield, England	15-Jul-07
20.30	0.1	Paul Hession	National Championships	Santry, Dublin	21-Jul-07

Event	Note	Athlete	Competition	Venue	Date
400m/440y, Men					
440y, Men					
53½		Edward Hunt	College Races	College Park, Dublin	17 May 1865
51¾		Reginald C. Miller	ICAC Championships	College Park, Dublin	07 July 1873
51½		Tom Malone	ICAC Championships	Lansdowne Rd., Pembroke	02 June 1879
51.0		Alfred Vigne	IAAA Jubilee Sports	Ball's Bridge	21 June 1887
51.0		James Creed Meredith	IAAA Championships	Ball's Bridge	25 May 1886
51.0		James Creed Meredith	Ireland v Scotland	Ball's Bridge	18 Jul 1896
50%		Beauchamp R.Day	DMP Sports	Ball's Bridge	14-Jul-00
50%		T.J.McNamara	GAA Championships	Mallow	18-Jul-09
50%		Sean Lavan	Triangular International	Croke Park, Dublin	11-Jul-25
50.0		Sean Lavan	D.M.G. Sports	Croke Park, Dublin	19-Jun-26
49%		Paddy (P.C.) Moore	National Championships	Croke Park, Dublin	29-Jun-30
49.0		Jimmy Reardon	Donore H. promotion	Lansdowne Rd., Dublin	14-Jun-47
48.3		Jimmy Reardon	AAA Championships	London, England	19-Jul-47
48.8		Paul Dolan	AAU Championships	Shelbourne Stad., Dublin	08-Jul-52
48.5		Noel Carroll	AAU Graded Meeting	Santry, Dublin	27-Jun-61
48.5		Noel Carroll	AAU Graded Meeting	Santry, Dublin	26-Jul-61
48.5		Noel Carroll	AAU Graded Meeting	Santry, Dublin	30-Aug-61
48.5		Derek McCleane	AAU Graded Meeting	Santry, Dublin	24-Aug-62
48.0		Derek McCleane	AAU Graded Meeting	Santry, Dublin	29-Aug-62
47.8		Noel Carroll		Villanova, Pennsylvania	06-Jun-63
46.3		Fanahan McSweeney	Gulf States	Lafayette, Louisiana	09-May-70
400m, Men					
49.0s		Robert M.N.Tisdall	Olympic Games Decathlon	Los Angeles, California	05-Aug-32
48.0s		Jimmy Reardon	Triangular International	Manchester, England	17-Jul-48
47.8s		Jimmy Reardon	Olympic Games	London, England	05-Aug-48
47.8s	#	Noel Carroll		Villanova, Pennsylvania	06-Jun-63
47.3		Noel Carroll	European Cup	Santry, Dublin	24-Jun-67
46.7		Noel Carroll	Pre-Olympic	Ciudad de México, Mexico	04-Oct-68
<i># mark made at the longer 440y distance but equal to the best, to date, at 400m.</i>					
Fully Automatic Timing					
46.83		Noel Carroll	Pre-Olympic	Ciudad de México, Mexico	16-Oct-68
46.28		Derek O'Connor	Florida Relays	Gainesville, Florida	29-Mar-86
45.99		Derek O'Connor	IC4A	Villanova, Pennsylvania	25-May-86
45.73		Derek O'Connor	NCAA	Indianapolis, Indiana	05-Jun-86
45.62		Paul McKee	Sule	Tartu, Finland	02-Jun-02
45.58		Paul McKee	National Championships	Santry, Dublin	14-Jul-02
45.23		David Gillick	AtletICA	Geneve, Switzerland	09-Jun-07
45.12		David Gillick	Metropole	Villeneuve d'Ascq, France	27-Jun-08
44.77		David Gillick	Madrid 2009	Madrid, Spain	04-Jul-09
800m/880Y, Men					
880y, Men (804.67m)					
2:03½s		Alfred C. Courtney	ICAC Championships	College Park, Dublin	7-Jul-1873
2:01½ s		Alfred C.Courtney	College Races	College Park, Dublin	9-Jun-1875
2:00½s		Tommy Conneff	IAAA Championships	Ball's Bridge	17-Jul-1886
1:56½s		George N.Morphy	DUBC/DUH promotion	College Park, Dublin	23-Jun-05
1:56½s		Gerry N. Coughlan	Inter Club Meeting (10 Clubs)	College Park, Dublin	09-Jun-28
1:55.6		Jimmy Reardon		West Point, Virginia	13-May-50
1:55.0		Charlie J. Kelly	Albert Foundry Sports	Paisley Park, Belfast	11-Aug-51
1:54.7		Ron Delany	AAU Championships	Irishstown, Dublin	11-Jun-54
1:53.7		Ron Delany	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
1:53.2	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	30-Jul-54
1:53.2	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	30-Jul-54
1:51.8		Ron Delany	European C'ships	Berne, Switzerland	25-Aug-54
1:50.2		Ron Delany	European C'ships	Berne, Switzerland	27-Aug-54
1:50.0	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	21-Jul-55
1:49.5	*	Ron Delany	Pacific AAU C'ships	Stockton, California	02-Jun-56
1:49.5	*	Ron Delany	IC4A	New York, New York	01-Jun-57
1:48.4		Ron Delany	Meet of Champions	Houston, Texas	08-Jun-57
1:47.8		Ron Delany	NCAA Championships	Austin, Texas	15-Jun-57
1:47.5		Noel Carroll	Coliseum Relays	Los Angeles, California	17-May-63
1:47.4		Noel Carroll	AAU Graded meeting	Santry, Dublin	03-Aug-66
1:47.3		Noel Carroll	Clonliffe H. promotion	Santry, Dublin	23-Jul-68
800m, Men					
1:56.0		Gerry N. Coughlan	International meet	Hanover, England	26-May-27
1:55.6	*	Jimmy Reardon		West Point, Virginia	13-May-50
1:55.0	*	Charlie J. Kelly	Albert Foundry Sports	Paisley Park, Belfast	11-Aug-51
1:54.7	*	Ron Delany	AAU Championships	Irishstown, Dublin	11-Jun-54
1:53.7	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
1:53.2	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	30-Jul-54
1:51.8		Ron Delany	European C'ships	Berne, Switzerland	25-Aug-54
1:50.2		Ron Delany	European C'ships	Berne, Switzerland	27-Aug-54
1:50.0	*	Ron Delany	Clonliffe H. promotion	College Park, Dublin	21-Jul-55
1:49.5	*	Ron Delany	Pacific AAU C'ships	Stockton, California	02-Jun-56
1:49.5	*	Ron Delany	IC4A	New York, New York	01-Jun-57
1:47.8	#	Ron Delany	Meet of Champions	Houston, Texas	08-Jun-57
1:47.8	*	Ron Delany	NCAA Championships	Austin, Texas	15-Jun-57
1:47.1		Ron Delany	Clonliffe H. promotion	Santry, Dublin	17-Jul-61
<i>* Indicates mark made at the longer distance, 880y.</i>					
<i># Intermediate time in 880y race.</i>					
Fully Automatic Timing					
1:46.79		Niall O'Shaughnessy	AAA Championships	London, England	02-Aug-75
1:46.21		Marcus O'Sullivan	Olympic Games, q4	Los Angeles, California	04-Aug-84
1:45.87		Marcus O'Sullivan	ISTAF	Berlin, Germany	23-Aug-85
1:45.57		David Matthews	Grand Prix II	Rieti, Italy	28-Aug-94
1:44.82		David Matthews	Grand Prix II	Rieti, Italy	05-Sep-95

Event	Note	Athlete	Competition	Venue	Date
1500m, Men					
4:05½s		Jimmy Doyle	Taitteann Games	Croke Park,Dublin	08-Jul-32
4:00.4		John Joe Barry	RUC Sports	Ravenhill, Belfast	16-Jun-48
3:57.8		John Joe Barry	Triangular International	Manchester, England	17-Jul-48
3:51.4		John Joe Barry	Clonliffe H,promotion	College Park, Dublin	27-Aug-49
3:49.9		Ron Delany	Clonliffe H,promotion	College Park, Dublin	04-Aug-55
3:44.6		Ron Delany	Compton Inv.	Compton, California	01-Jun-56
3:41.49		Ron Delany	Olympic Games	Melbourne, Australia	01-Dec-56
3:40.9		Frank Murphy	AAA Championships	London, England	02-Aug-69
3:39.5		Frank Murphy	European C'ships	Athinaí, Greece	20-Sep-69
3:39.4		John Hartnett	Bruno Zauli	Lisboa, Portugal	30-Jun-73
3:38.1		John Hartnett	USA National Championships	Westwood, California	22-Jun-74
3:37.01		Eamonn Coghlan	NCAA Championships	Philadelphia, Pennsylvania	05-Jun-76
3:36.57		Eamonn Coghlan	European C'ships	Praha, Czech Republic	03-Sep-78
3:36.38		Ray Flynn	Weitklasse	Zurich, Switzerland	19-Aug-81
3:34.7		Ray Flynn	Bislett Games	Oslo, Norway	26-Jun-82
3:33.5		Ray Flynn	Bislett Games	Oslo, Norway	07-Jul-82
One Mile, Men					
04:55		James E. Heaviside		Rotunda Gdns., Dublin	01-Apr-1861
04:49		C.E.Heaviside		Rotunda Gdns., Dublin	27-Jun-1861
04:46		A.S.Green		Rotunda Gdns., Dublin	27-Jun-1861
04:33		George H. Farran	College Races	College Park, Dublin	23-May-1862
4:31½		Alfred C. Courtney	QCBC Athletic Sports	NICC, Belfast	01-May-1875
04:31		Tommy Conneff	Limerick AA&BC sports	Market's Field, Limerick	09-Jun-1887
4:26½		Tommy Conneff	Invitation Meeting	Ball's Bridge	07-Jul-1888
4:25½		J.J.Mullen		Belfast	09-Jul-1895
4:24 ½		Bob Hales	Glasgow Celtic Sports	Glasgow, Scotland	10-Aug-12
04:24		Jimmy Doyle	DMG Sports	Croke Park, Dublin	05-Aug-33
04:24		Jimmy Doyle	Interprovincial	Croke Park, Dublin	26-Aug-33
4:22½		Jimmy Doyle	National C'ships	Killarney	11-Jul-37
04:22		Jimmy Doyle	Tramway Sports	Croke Park, Dublin	24-Jul-37
4:19		Jimmy Doyle	Army Metro Club Handicap	Phoenix Park,Dublin	13-Aug-38
4:16½		John Joe Barry	Guinness Sports	Iveagh Grds., Dublin	20-Jul-46
4:15.2		John Joe Barry	AAU v NIAAA	College Park, Dublin	09-Aug-47
4:14.0		John Joe Barry	Clonliffe H. promotion	Lansdowne Rd., Dublin	08-Jun-49
4:09.4		John Joe Barry	AAU Promotion	Lansdowne R., Dublin	13-Jul-49
4:08.6		John Joe Barry	Clonliffe H,promotion	College Park, Dublin	27-Aug-49
4:05.8		Ron Delany	Clonliffe H,promotion	College Park, Dublin	04-Aug-55
4:04.9		Ron Delany	Dual Meet v,W.Chester	West Chester, Pennsylvania	14-Apr-56
3:59.0		Ron Delany	Compton Invitational	Compton, California	01-Jun-56
3:58.8		Ron Delany	Invitational	London, England	19-Jul-57
3:57.5		Ron Delany	Clonliffe H,promotion	Santry, Dublin	06-Aug-58
3:54.7		John Hartnett	Hayward Field Restoration Meet	Eugene, Oregon	20-Jun-73
3:53.3		Eamonn Coghlan	International Freedom Games	Kingston, Jamaica	17-May-75
3:52.88		Eamonn Coghlan	Brooks Invitational	Philadelphia, Pennsylvania	30-Jun-79
3:52.45		Eamonn Coghlan	Bislett Games	Oslo, Norway	17-Jul-79
3:52.11		Eamonn Coghlan	Cork City Sports	Cork	23-Jun-81
3:50.54		Ray Flynn	Bislett Games	Oslo, Norway	26-Jun-82
3:49.77		Ray Flynn	Bislett Games	Oslo, Norway	07-Jul-82
3000m, Men					
8:17.0		John Joe Barry		Lansdowne Rd., Dublin	29-Jun-49
8:15.3		Tom O'Riordan	Ireland v Belgium	Santry, Dublin	15-Aug-63
8:14.0		Tom O'Riordan		Karkkila, Finland	21-Aug-63
8:06.8		Tom O'Riordan		Helsinki, Finland	23-Aug-63
8:02.2		Tom O'Riordan	Clonliffe H. promotion	Santry, Dublin	23-Aug-66
7:56.9		Jerry Kiernan		London, England	18-May-77
7:50.1		Eamonn Coghlan		Belfield, Dublin	14-Jun-77
7:48.60		John Treacy		Karlskrona, Sweden	01-Aug-78
7:48.0		John Treacy	Brooks	Berkeley, California	09-Jun-79
7:39.08		Eamonn Coghlan	Bislet	Oslo, Norway	05-Jul-79
7:37.60		Eamonn Coghlan	Bislet	Oslo, Norway	01-Jul-80
7:33.84		Mark Carroll	Van Damme	Bruxelles, Belgium	28-Aug-98
7:30.36		Mark Carroll	Herculis	Monte Carlo, Monaco	04-Aug-99
2 Miles, Men					
9m 44 ¾ s.		Tommy Conneff	North of England C'ship.	Manchester, England	01-Aug-1887
9: 42 ¾ s.		Frank Ryder			00 000 00
9: 38 ¾ s.		Bob Hales	U. Steam Engineers Games	Celtic Park, NY	27-Jul-13
9:34 ¾ s		J.J.O'Connor	Civil Service Sports	Croke Park, Dublin	06-Jul-35
9:18 ¾s		John Joe Barry	Phoenix Harriers Sports	Iveagh Grds., Dublin	11-Aug-45
8:59.0		John Joe Barry	Donore H. promotion	Lansdowne Rd., Dublin	29-Jun-49
8:58.4		Bertie Messitt	Donore H. promotion	College Pk., Dublin	15-May-59
8:55.6		Michael Hoey	Donore H. promotion	Santry, Dublin	24-May-60
8:51.4		Mick Neville	Clonliffe H. promotion	Santry, Dublin	18-Jul-61
8:46.0		Tom O'Riordan	British Games	White City, London	03-Jun-63
8:44.0		Tom O'Riordan	Clonliffe H. promotion	Santry, Dublin	24-Jun-63
8:42.6		Tom O'Riordan	Civil Service Sports	College Park, Dublin	06-Jul-63
8:40.4		Tom O'Riordan	Invitational	Santry, Dublin	16-Jul-63
8:36.0		Jerry Kiernan		Belfast	28-May-77
8:25.8		Eamonn Coghlan	Invitational	Melbourne, Australia	12-Jan-78
8:22.97		Frank O'Mara	IAC	London, England	14-Aug-87
8:17.78		Frank O'Mara	Kodak	Gateshead, England	16-Jul-88
<i>The following marks, made Indoor, were each at the time superior to the Outdoor</i>					
8:57.0		John Joe Barry	ICAA Special event	New York, New York	25-Feb-50
8:35.0		John Hartnett	Philadelphia Classic	Philadelphia, Pennsylvania	21-Jan-71
8:26.6		John Hartnett	NVKnights of Columbus	New York, New York	19-Jan-74
8:20.84		Eamonn Coghlan	Dallas Times Herald	Dallas, Texas	02-Feb-85

Event	Note	Athlete	Competition	Venue	Date
3 Miles, Men					
14:57s		Tommy Conneff	Challenge match race	Ball's Bridge	01-Aug-1887
14:46s		Frank O'Neill	Army Championships	Aldershot, England	27-Jul-12
14:41s		John Joe Barry	Tipperary Championships	Thurles	30-May-46
14:30.2		John Joe Barry		Glasgow, Scotland	28-May-49
13:56.2		John Joe Barry	Clonliffe H. promotion	Lansdowne Rd., Dublin	09-Jun-49
13:53.8		Denis O'Gorman		Chiswick, England	25-Jun-55
13:53.4		Bertie Messitt	Clonliffe H. promotion	Santry, Dublin	18-Jun-58
13:44.0		Bertie Messitt	AAU promotion	Santry, Dublin	10-Jul-58
13:33.6		Jim Hogan		Leyton, England	02-May-62
13:33.2		Jim Hogan		Chiswick, England	11-May-63
13:32.4		Tom O'Riordan	AAU Championships	Santry, Dublin	18-Jun-63
13:27.0		Tom O'Riordan	AAA Championships	London, England	13-Jul-63
13:24.6		Tom O'Riordan	Donore H. promotion	Santry, Dublin	22-May-64
13:24.0		Jim Hogan	English Southern Championships	London, England	20-Jun-64
13:18.4		Tom O'Riordan	IAAB Championships	Santry, Dublin	20-Jun-64
13:17.6		John Hartnett	NCAA	Eugene, Oregon	03-Jun-72
13:14.8		Mike Keogh	NCAA Championships	Baton Rouge, Louisiana	09-Jun-73
13:06.4		John Hartnett	US AAU Championships	Bakersfield, California	16-Jun-73
<i>The following mark, made indoor, were each at the time superior to the Outdoor</i>					
13:10.6		Neil Cusack		New York, New York	23-Feb-73
5000m, Men					
15:17.8		H.C.(Bertie) Irwin	Olympic Games	Antwerp, Belgium	16-Aug-20
15:16.4		John J. Ryan		Berlin, Germany	13-Sep-25
14:14.8		Bertie Messitt	European C'ships	Stockholm, Sweden	21-Aug-58
14:13.6		Mick Neville		Pilsen	14-Sep-63
14:07.0		Tom O'Riordan		Montreal, Canada	24-Jun-64
13:57.4		Jim Hogan		Paris, France	16-Jul-65
13:55.6		Tom O'Riordan	Cork City Sports	Cork	02-Jul-68
13:43.4		John Hartnett	NCAA	Eugene, Oregon	03-Jun-72
13:43.2		John Hartnett	AAA Championships	London, England	14-Jul-72
13:42.8		Mike Keogh	Penn Relays	Philadelphia, Pennsylvania	22-Apr-76
13:39.2		Mike Keogh	Tom Black Classic	Knoxville, Tennessee	08-May-76
13:36.6		Mike Keogh	Prefontaine	Eugene, Oregon	05-Jun-76
13:35.9		Gerry Deegan	Penn Relays	Philadelphia, Pennsylvania	27-Apr-78
13:26.60		Eamonn Coghlan	Donore H. promotion	Belfield, Dublin	11-Jul-78
13:26.5		John Treacy	Van Damme	Bruxelles, Belgium	18-Aug-78
13:23.60		Eamonn Coghlan		Budapest, Hungary	10-Jul-79
13:23.54		Eamonn Coghlan	AAA Championships	London, England	14-Jul-79
13:21.93		John Treacy	National Championships	Belfield, Dublin	06-Jul-80
13:20.99		Eamonn Coghlan		Santry, Dublin	27-Jul-80
13:20.36		Eamonn Coghlan	AAA Championships	London, England	08-Aug-81
13:19.13		Eamonn Coghlan	Weltklasse	Zurich, Switzerland	19-Aug-81
13:16.81		John Treacy	Bislett	Oslo, Norway	28-Jun-84
13:13.02		Frank O'Mara	Bislett	Oslo, Norway	04-Jul-87
13:03.93		Mark Carroll	ISTAF	Berlin, Germany	01-Sep-98
13:03.53		Alistair Cragg	Van Damme	Bruxelles, Belgium	16-Sep-11
6 Miles/10000m, Men					
6 Miles Men					
30:23.4		Frank Cummins		London, England	15-Jul-37
29:13.0		Denis O'Gorman	Inter-County C'ships	London, England	23-Apr-55
28:47.0		Denis O'Gorman		Chiswick, England	28-Jun-58
28:46.0		Bertie Messitt		Belfast	20-Jun-59
28:07.2		Jim Hogan		Paddington, England	07-May-62
27:54.2		Jim Hogan	AAA Championships	London, England	12-Jul-63
27:35.0		Jim Hogan	AAA Championships	London, England	10-Jul-64
10000m, Men					
30:00.0		Bertie Messitt	European Championships	Stockholm, Sweden	19-Aug-58
29:53.6		Bertie Messitt	Invitational	Pardubice	24-Sep-63
29:27.2		Jim Hogan	ENG/WAL vs All-Ireland	London, England	01-Aug-64
29:19.6		Jim Hogan	Bislett	Oslo, Norway	14-Jul-65
28:49.96		Jim Hogan	HUN vs GBR	London, England	14-Aug-65
28:48.0		Neil Cusack	AAA Championships	London, England	15-Aug-72
28:45.8		Neil Cusack	Olympic Games	München, Germany	31-Aug-72
28:29.8		Mike Keogh	Florida Relays	Gainesville, Florida	27-Mar-76
27:55.2		John Treacy	Penn Relays	Philadelphia, Pennsylvania	27-Apr-78
27:48.7		John Treacy	Van Damme	Bruxelles, Belgium	22-Aug-80
27:46.82		Mark Carroll	Cardinal	Stanford, California	05-May-00
27:39.55		Alistair Cragg	Jordan	Stanford, California	29-Apr-07
Marathon, Men					
2:45.00		Joseph West		Dublin	15-Jul-52
2:43.15		Harry Cooney		Belfast	20-Jun-53
2:42.36		Terrence O'Sullivan		Belfast	08-Aug-53
2:39.58		Vincent Frazer-Walker		Belfast	29-Jun-57
2:33.19		Hugh McEleny		Dublin	28-Jun-58
2:32.42		Vincent Frazer-Walker		Dublin	26-Jul-58
2:29.23		Noel McGowan		Dublin	27-Jul-58
2:23.08		Denis O'Gorman		Kosice, Czech Republic	11-Oct-59
2:18.56		Denis O'Gorman		Liverpool, England	30-Jul-60
2:18.48		Pat McMahan		Anaheim, California	06-Feb-71
2:15.03		Sean Healy		Kaduna, Nigeria	28-Aug-71
2:13.39		Neil Cusack	Boston Marathon	Boston, Massachusetts	15-Apr-74
2:13.06		Danny McDaid		Limerick	11-Apr-76
2:12.21		Louis Kenny	Rocket City Marathon	Huntsville, Alabama	13-Dec-80
2:09.56		John Treacy	Olympic Games	Los Angeles, California	12-Aug-84
2:09.15		John Treacy	Boston Marathon	Boston, Massachusetts	18-Apr-88

Event	Note	Athlete	Competition	Venue	Date
3000m S'Chase, Men					
9:51.8		Michael Murphy		Dublin	18-Jun-32
9:34.6		Tommy Dunne	Clonliffe International Meet	Santry, Dublin	16-Jul-59
9:34.0		John McDonnell		Santry, Dublin	20-Nov-60
9:17.9		John McDonnell	v Scotland, Wales	Cardiff, Wales	29-Jul-61
9:14.0		John McDonnell		Santry, Dublin	09-Aug-61
9:10.2		Jim McNamara		Santry, Dublin	31-Jul-65
9:06.6		Jim McNamara	v.England & Wales	Kirby, England	29-Jun-66
8:46.2		Des McCormack	IC4A Championships	Philadelphia, Pennsylvania	30-May-70
8:46.0		Eddy Leddy	Drake Relays	Des Moines, Iowa	29-Apr-72
8:43.2		Eddy Leddy	AAA Championships	London, England	14-Jul-72
8:39.2		Eddy Leddy	AAA Championships	London, England	15-Jul-72
8:35.2		Eddy Leddy	US AAU Championships	Westwood, California	22-Jun-74
8:35.2		Eddy Leddy	Tom Black Classic	Knowville, Tennessee	10-May-75
8:33.30		Brendan Quinn	Big East	Villanova, Pennsylvania	08-May-83
8:32.59		Brendan Quinn	NCAA	Houston, Texas	01-Jun-83
8:27.77		Brendan Quinn	Nikaia	Nice, France	18-Jul-83
8:27.24		Liam O'Brien	AAA Championships	London, England	24-Jun-84
8:24.09		Brendan Quinn	Van Damme	Bruxelles, Belgium	30-Aug-85
110m Hurdles, Men					
<i>All marks prior to Brendan Mullin are at 120Y (109.728m)</i>					
17 ½s		S.H.Newell	College Races	College Park, Dublin	7-Jun-1871
16½s		Pat Davin	Irish Championship Meet.	Lansdowne Rd.,Dublin	19-Aug-1892
16½s		Pat Davin	Irish Championship Meet.	Lansdowne Rd.,Dublin	16-Jun-1883
16s		Daniel D. Bulger	AAA Championships	Stamford Bridge, London	02-Jul-1892
15½s		Daniel D. Bulger	IAAA All-Around C'ships	Ball's Bridge	01-Aug-1892
15½s		Andy Nolan	National Championships	Croke Park, Dublin	30-Jun-29
15½s		Bob Tisdall		Cambridge, England	19-Feb-31
15½s		Theo D. Phelan	National Championships	Croke Park, Dublin	27-Jun-31
15½s		Theo D. Phelan	Scotland v Ireland	Powderhall, Edinburgh	16-Jul-32
15.2		Eamonn Kinsella	Cork City Sports	Mardyke, Cork	01-Jul-52
15.2		Eamonn Kinsella	N.A.C.A. Championships	Iveagh Grounds, Dublin	06-Jul-52
14.8		Eamonn Kinsella	Cork City Sports	Mardyke, Cork	07-Jul-53
14.8		Eamonn Kinsella	Guinness Sports, ht.	Iveagh Grounds, Dublin	11-Jul-53
14.7		Eamonn Kinsella	Guinness Sports	Iveagh Grounds, Dublin	11-Jul-53
14.9		Eamonn Kinsella	Clonliffe H. promotion	College Park, Dublin	14-Jun-54
14.7		Eamonn Kinsella	Clonliffe H. promotion	College Park, Dublin	15-Jun-54
14.6		Eamonn Kinsella		Dublin	03-Jul-54
14.6		Eamonn Kinsella		Dublin	04-Aug-55
14.6		Eamonn Kinsella		Dublin	03-Sep-55
14.6		Eamonn Kinsella		Dublin	16-Sep-55
14.5		Eamonn Kinsella		London	19-May-56
14.5		Eamonn Kinsella	IAAB Championships	College Park, Dublin	23-Jun-56
14.4		Eamonn Kinsella	Clonliffe H. promotion	Lansdowne Rd., Dublin	25-Jun-56
14.4		Eamonn Kinsella		Paris, France	08-Jul-56
14.4		Eamonn Kinsella		London, England	12-Sep-56
14.3		Eamonn Kinsella		Dresden, Germany	30-Sep-56
14.3		Eamonn Kinsella		Praha, Czech Republic	15-Jun-57
14.2		Eamonn Kinsella		College Park, Dublin	31-Aug-57
Fully Automatic Timing					
14.66	0.0	Eamonn Kinsella	Olympic Games	Melbourne, Australia	27-Nov-56
14.41	1.7	Brendan Mullin		Dublin	25-May-86
14.39	0.3	T.J. Kearns		Dublin	17-Aug-86
13.95	1.3	T.J. Kearns	AAA Championships	London, England	02-Aug-87
13.91	-1.3	T.J. Kearns	GB v SUI v IRL	Cwmbran, Wales	20-Aug-88
13.89	0.3	T.J. Kearns	Invitational	Athens, Greece	12-Sep-89
13.75		T.J. Kearns	Parcelforce Games	London, England	12-Jul-91
13.71	0.9	T.J. Kearns	World Championships	Tokyo, Japan	27-Aug-91
13.64		T.J. Kearns		Brussels, Belgium	14-Jun-92
13.63	1.8	T.J. Kearns	Olympic Games	Barcelona, Spain	02-Aug-92
13.60	0.1	T.J. Kearns	European C'schip	Helsinki, Finland	11-Aug-94
13.55	1.1	T.J. Kearns	Olympic Games	Atlanta, Georgia	28-Jul-96
13.47	0.6	Peter Coghlan	Euro Cup, 1st League	Lahti, Finland	05-Jun-99
13.38	0.5	Peter Coghlan	Invitational	Haapsalu, Finland	31-Jul-99
13.30	0.6	Peter Coghlan		Hechtel, Belgium	07-Aug-99
400m/440y Hurdles, Men					
440yH Men					
60½s		Reginald C.Miller		Dublin	10-Jun-1873
58.8		Terence Donovan		Stoke, England	07-Aug-1894
58.6		Terence Donovan		Crewe, England	13-Jun-1896
57.8		Terence Donovan		Crewe, England	13-Jun-1896
57.6		Andy Nolan	City Police Sports	Bradford, England	23-Jul-27
57½s		Andy Nolan	D.M.G. Sports (Nat C'ship)	Iveagh Gr's,Dublin	25-Aug-28
56½s		Bob Tisdall	Olympic Trials	Croke Park, Dublin	03-Jun-32
54½s		Bob Tisdall	National Championships	Dublin	19-Jun-32
400mH, Men					
55.00		Bob Tisdall	Oxford-Cambridge Tour	Athinaí, Greece	13-May-30
54½s	*	Bob Tisdall	National Championships	Dublin	19-Jun-32
52.60		Bob Tisdall	Olympic Games	Los Angeles, California	31-Jul-32
51.67		Bob Tisdall	Olympic Games	Los Angeles, California	01-Aug-32
51.56		J.J. Barry	National Championships	Dublin	08-Jul-84
51.11		Ciaran McDunphy	Ireland v Catalonia v Scotland	Dublin	30-Jun-85
50.56		Tom McGuirk	Cal-Nevada Intercollegiate	Westwood, California	01-May-94
49.99		Tom McGuirk		Springfield, Massachusetts	04-May-96
49.73		Tom McGuirk	Bruce Jenner Classic	San Jose, California	01-Jun-96
49.61		Thomas Barr	IFAM	Oorddegem, Belgium	31-May-14
48.90		Thomas Barr	AtletICA Genève	Geneva, Switzerland	14-Jun-14
48.65		Thomas Barr	Golden Gala	Rome, Italy	05-Jun-15
48.39		Thomas Barr	Olympic Games	Rio-de Janeiro, Brazil	16-Aug-16
47.97		Thomas Barr	Olympic Games	Rio-de Janeiro, Brazil	18-Aug-16
* mark made at the longer 440y distance but equal to the best, to date, at 400m.					

Event	Note	Athlete	Competition	Venue	Date
High Jump, Men					
5'10" ³ / ₄	1.784	Tom Davin	ICAC Championships	College Park, Dublin	7 Jul 1873
5'10" ³ / ₄	1.790	George M.Kenny	Irish Civil Service Sports	Lansdowne Rd., Pembroke	26 Jun 1875
5'10" ³ / ₄	1.790	W.A.Kelly	Queen's Coll. Sports	Park Racecourse, Cork	17 May 1876
5'11"	1.803	Pat Davin		Kilkenny	19 Aug 1878
6'0"	1.828	Pat Davin		Thurles	26 Jun 1879
6'1" ¹ / ₂	1.866	Pat Davin		Kilkenny	16 Jul 1879
6'2" ¹ / ₂	1.898	Pat Davin	Open Sports	Carrick-on-Suir	5 Jul 1880
6'2" ¹ / ₂	1.898	Murty O'Brien		Coachford	30 Jul 1893
6'3" ¹ / ₂	1.908	James M. Ryan		Nenagh	3 Aug 1893
6'3" ¹ / ₂	1.917	James M. Ryan		Clogheen	1 Aug 1895
6'4" ¹ / ₂	1.943	James M. Ryan		Tipperary	19 Aug 1895
6'4" ¹ / ₂	1.943	James M. Ryan		Bansha	17 Sep 1895
6'4" ¹ / ₂	1.949	Patrick J. Leahy		Millstreet	6 Sep 1898
6'5"	1.955	Tim Carroll		Kinsale	04-Aug-13
6'5"	1.955	Brendan O'Reilly		Chester, England	03-Aug-53
6'5" ³ / ₄	1.974	Brendan O'Reilly	IAB Championships	Irishtown, Dublin	26-Jun-54
2.01		Jim Fanning	AAA Championships	London, England	15-Jul-72
2.06		Jim Fanning	AAA Championships	London, England	14-Jul-73
2.07		David Murray	National Championships	Belfield, Dublin	06-Jul-80
2.08		David Murray	v Netherlands, Wales	Sittard, Netherlands	16-Aug-80
2.08		David Murray	Europa Cup	Warsaw, Poland	04-Jul-81
2.09		Richard Garvey	National Championships	Santry, Dublin	19-Jul-81
2.10		David Murray	v Scotland, Denmark	Edinburgh, Scotland	02-Aug-81
2.10		Richard Garvey	National Trials	Santry, Dublin	04-Jul-84
2.11		Richard Garvey	National Championships	Santry, Dublin	08-Jul-84
2.12		Antoine Burke	National Championships	Belfield, Dublin	12-Jul-92
2.13		Antoine Burke	World Junior C'ships	Seoul, South Korea	18-Sep-92
2.19		Mark Mandy		London, England	05-Jun-93
2.24		Mark Mandy		Cannock, England	03-Jul-93
2.25		Mark Mandy		Gateshead, England	02-Jul-95
2.25		Mark Mandy		Sheffield, England	25-Aug-96
2.28		Brendan Reilly	National Championships	Santry, Dublin	25-Jul-99
2.29		Brendan Reilly	World Championships	Sevilla, Spain	23-Aug-99
2.30		Adrian O'Dwyer		Alger, Algeria	24-Jun-04
Pole Vault, Men					
10'11"	3.04	T.H.M.Hobbs		Tullamore	17 Jul 1884
11'0"	3.35	E.L. Stone	Freeman's Journal meet	Ball's Bridge	10 Sep 1887
11'0"	3.35	P.Stokes	Limerick GAA sports	Markets Field, Limerick	16 Sep 1889
11'3"	3.43	Paddy Anglim	Garda Championships	Croke Park, Dublin	07-Jul-28
11'4"	3.45	Maurce Furlong	IAAB Championships	Celtic Park, Belfast	09-Jul-49
11'8" ¹ / ₂	3.56	Val McGann	Interprovincial	Mosney	10-Sep-50
11'8" ¹ / ₂	3.57	Dinny Hyland	Guinness Sports	Iveagh Grounds, Dublin	14-Jul-51
11'9" ¹ / ₂	3.58	Dinny Hyland	Army Championships	Curragh	22-Jul-51
11'10" ¹ / ₂	3.61	Dinny Hyland	N.A.C.A. Championships	Iveagh Grounds, Dublin	05-Jul-52
11'11" ¹ / ₂	3.64	Val McGann	Mylie Byrne Memorial	Iveagh Grounds, Dublin	20-Jun-53
11'11" ¹ / ₂	3.64	Dinny Hyland	Mylie Byrne Memorial	Iveagh Grounds, Dublin	20-Jun-53
11'11" ¹ / ₂	3.64	Dinny Hyland	Cork City Sports	Cork	01-Jul-55
12'2"	3.70	Dinny Hyland	N.A.C.A. Championships	Iveagh Grounds, Dublin	30-Jul-55
12'2" ¹ / ₂	3.71	David Archer	G.V.Ryan Memorial	College Park, Dublin	18-Jun-57
12'5"	3.79	Dinny Hyland	Cork City Sports	Cork	02-Jul-57
12'6"	3.81	Liam Gleeson		Fermoy	22-Jul-61
12'6"	3.81	Liam Gleeson	Cork City Sports	Mardyke, Cork	02-Jul-63
12'9" ¹ / ₂	3.90	Liam Gleeson		Mallow	07-Jul-63
13'0" ¹ / ₂	3.96	Liam Gleeson	Triangular Match	Curragh	22-Jun-65
13'4"	4.06	Liam Gleeson	Cork City Sports	Cork	30-Jun-70
13'9"	4.19	Murtagh Corscadden		Harpenden	19-Jun-71
13'10"	4.22	Liam Gleeson	National Championships	Banteer	23-Jul-72
14'5" ¹ / ₂	4.40	Murtagh Corscadden		Melbourne, Australia	16-Nov-74
4.50		Liam Hennessy	National Championships	Belfield, Dublin	23-Jul-78
4.50		Chris Berkeley	British Airways	Belfast	22-May-79
4.50		Chris Berkeley	European Club C'ships	Lisboa, Portugal	03-Jun-79
4.56		Liam Hennessy			00 000 00
4.60		Liam Hennessy	National Championships	Santry, Dublin	19-Jul-81
4.67		Liam Hennessy			00 000 00
4.70		Liam Hennessy	Omega	Tullamore	19-Jun-83
5.00		Alan Bourke		Birmingham, England	13-Aug-89
5.02		Brian McGovern	Castillo	Tempe, Arizona	19-Mar-11
5.06		Brian McGovern	MAAC	Lawrenceville, New Jersey	05-May-12
5.16		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13
5.26		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13
5.36		Brian McGovern	ASU Invitational	Tempe, Arizona	23-Mar-13
<i>The following marks, made Indoor, were each at the time superior to the Outdoor</i>					
5.15		Brian McGovern	IC4A	New York NY	05-Mar-11
5.22		Brian McGovern	The Army Collegiate Challenge	New York NY	23-Feb-12

Event	Note	Athlete	Competition	Venue	Date
Long Jump, Men					
1. From grass take-off.					
<i>A white tape was stretched taut on the ground. Touching the "trig" (Victorian slang) with any part of the body caused a foul.</i>					
17'9"	5.410	C.N.Gwynne	College Races	College Park, Dublin	22-May-1867
19'6"	5.943	W.J.Falkiner	College Races	College Park, Dublin	6-May-1868
19'6"	5.943	W.J.Falkiner	College Races	College Park, Dublin	11-Jun-1869
20'9"	6.324	B.Martin	College Races	College Park, Dublin	3-Jun-1872
21'3"	6.477	John G. Lane	College Races	College Park, Dublin	10-Jun-1873
21'4"	6.502	John G. Lane	ICAC C'ships	College Park, Dublin	7-Jul-1873
21'6"	6.553	George M. Kenny	ICAC C'ships	Lansdowne Rd., Pembroke	22-May-1875
22'1"	6.731	George M. Kenny	College Races	College Park, Dublin	15-Jun-1877
22'4" ¹ / ₂	6.819	Pat Davin		Limerick	3-Jul-1878
22'7"	6.883	Pat Davin	ICAC C'ships	Lansdowne Rd., Pembroke	2-Jun-1879
22'9"	6.934	Pat Davin	Kilkenny Sports	Kilkenny	20-Jul-1880
22'11"	6.985	Pat Davin	AAA C'ships	Birmingham, England	16-Jul-1881
23'2"	7.061	WR Pat Davin		Monasterevan	30-Aug-1883
23'2"	7.061	=WR Pat Davin		Portarlington	13-Sep-1883
23'3"	7.086	Walter J.M.Newburn		Monasterevan	15-Aug-1898
23'10" ¹ / ₄	7.276	Peter O'Connor	R.I.C. Sports	Ball's Bridge	05-Aug-01
2. From board take-off.					
23'3"	7.086	WR John Purcell		Monasterevan	26-Aug-1896
23'3"	7.086	=WR John Purcell		Monasterevan	26-Aug-1896
23'8"	7.213	WR John J.Mooney		Mitchelstown	5-Sep-1894
23'9"	7.248	WR Walter J.M.Newburn	Postal Sports	Ball's Bridge	18-Jun-1898
24'0" ¹ / ₂	7.327	WR Walter J.M.Newburn	IRL v SCO	Ball's Bridge	16-Jul-1898
24'9"	7.543	WR Peter O'Connor	IAAA C'ships	Ball's Bridge	27-May-01
24'11" ¹ / ₄	7.600	WR Peter O'Connor		Kilkenny	15-Jul-01
24'11" ¹ / ₄	7.613	WR Peter O'Connor	RIC Sports	Ball's Bridge	05-Aug-01
7.63	1.9	Carlos O'Connell		Edinburgh, Scotland	02-Jul-90
7.79	0.8	Jonathan Kron		Princeton, New Jersey	24-May-94
7.86	1.4	Ciaran McDonagh		Lisboa, Portugal	28-Jun-96
7.88	0.0	Ciaran McDonagh		Riga, Latvia	11-Jul-99
7.95	1.7	Ciaran McDonagh		Haapsalu, Finland	31-Jul-99
8.00	0.3	Ciaran McDonagh	World C'ships	Sevilla, Spain	26-Aug-99
8.07	1.4	Ciaran McDonagh	Résisprint	La Chaux-de-Fonds, Switzerland	21-Aug-05
Triple Jump, Men					
<i>The original Rules of the G.A.A. for the event known as the Hop-Step-Jump permitted the use of either a hop, step and jump or two successive hops and a jump – at the athlete's discretion. Daniel Shanahan employing the latter method achieved a distance of 50'0"1/2 at Limerick on 6th August 1888 which was ratified by the GAA as a Record and adopted also by the IAAA when the Joint Records Committee was formed some years later. And the performance remained on the Record books until well into the 1950s. For the purposes of this compilation, however, we have listed only performances known to have been achieved employing the hop-step and jump method</i>					
45'4"	13.817	Dr. James C.Daly		Cork	22-Apr-1873
46'0"	14.020	Patrick D.Looney		Kilfinane	2-Aug-1880
47'3"	14.401	John Purcell	Caledonian Games	Ball's Bridge	25.05.1885
48'3"	14.706	John Purcell		Limerick	09.06.1887
48'11" ¹ / ₄	14.920	Tim Ahearn	Olympic Games	London, England	25-Jul-08
50'1" 3/8	15.270	Dan Ahearn		Celtic Park, New York	04-Jul-09
49'7" 3/8	15.190	Dan Ahearn		Celtic Park, New York	30-May-10
50'11"	15.520	Dan Ahearn		Celtic Park, New York	30-May-11
15.55		Sean O'Dwyer		Banteer	
15.70		Colm Cronin	Dual meet v Greece	NCBE, Limerick	01-Jun-77
15.89		Colm Cronin	Europa Cup	Søllerød, Denmark	26-Jun-77
<i>The following marks, made indoor, were each at the time superior to the Outdoor</i>					
53'4" ¹ / ₂	16.27	Colm Cronin	NCAA Indoor C'ships	Detroit, Michigan	10-Mar-78
Shot, Men					
42'5"	12.928	Edward J. Bor	Amateur Champion meeting	Lillie Bridge, England	27-Mar-1872
43'9"	13.335	James O'Brien	IAAA Championships	Ball's Bridge	11-Jul-1885
44'10" ¹ / ₂	13.667	James O'Brien	IAAA Championships	Ball's Bridge	11-Jul-1885
45'3"	13.792	Denis Horgan	IAAA Championships	Ball's Bridge	30-Jun-1894
45'6"	13.868	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
45'11" ¹ / ₂	14.008	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'0"	14.020	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'5"	14.147	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'5" ¹ / ₂	14.160	Denis Horgan	DMP Sports	Ball's Bridge	15-Aug-1894
46'7"	14.198	Denis Horgan	Kerry RIC Sports	Tralee	24-Jun-1896
47'1"	14.351	Denis Horgan	Open Sports	Mountmellick	03-Aug-1897
48'2"	14.681	Denis Horgan	Open Sports	Queenstown/Cobh	19-Sep-1897
48'10"	14.884	Denis Horgan	Open Sports	Mallow	18-Sep-04
48'11" ¹ / ₄	14.928	David D. Guiney	AAU promotion	Lansdowne Rd., Dublin	13-Jun-50
49'7"	15.113	Ronnie H. Taylor	GV Ryan	Santry, Dublin	04-Jun-60
49'7" ¹ / ₂	15.125	Ronnie H. Taylor	AAU Championships	Santry, Dublin	10-Jun-60
49'9"	15.163	Ronnie H. Taylor	Dublin U. v Oxford U.	College Park, Dublin	23-Jun-60
50'6" ¹ / ₄	15.411	Ronnie H. Taylor	AAU Championships	Santry, Dublin	09-Jun-61
50'7"	15.417	Hugh O'Callaghan	UCC v Rest of Cork	Mardyke, Cork	13-May-62
51'4"	15.646	Hugh O'Callaghan	Cork City Sports	Mardyke, Cork	03-Jul-62
51'4" ¹ / ₄	15.652	Hugh O'Callaghan		Cork	11-May-63
52'0"	15.849	Hugh O'Callaghan		Macroom	16-Jun-63
52'0" ¹ / ₄	15.862	Hugh O'Callaghan	Cork Co. C'ships	Banteer	30-Jun-63
52'3" ¹ / ₄	15.944	Hugh O'Callaghan			07-Jun-64
52'6" ¹ / ₂	16.014	Hugh O'Callaghan	Open Sports	Kilmallock	14-Jun-64
53'2" ¹ / ₂	16.217	Hugh O'Callaghan	NACA Championships	Gorey	25-Jul-64
57'7" ¹ / ₂	17.564	Gerry Downes		Alpine, Texas	01-May-69
18.32		Philip Conway	Inter-Club	Iveagh Grds., Dublin	26-Jul-72
18.36		Gerry McEvoy	Eastern Regional C'ships	Belfield, Dublin	20-Aug-78
18.36		Eugene Diviney		Kent, England	09-May-81
18.39		Paul Quirke		La Hoya, California	22-May-92
18.90		Paul Quirke		La Hoya, California	05-Jun-92
19.36		Paul Quirke		La Hoya, California	22-Jun-92
19.92		Paul Quirke		La Hoya, California	28-Jun-92
19.93		Victor Costello	Offaly Co. Championships	Tullamore	01-Jul-92
20.04		Paul Quirke		New York, New York	07-Jul-92

Event	Note	Athlete	Competition	Venue	Date	
Discus, Men						
106'0"	32.308	John J. Flanagan		New York, New York		
107'2"	32.664	Edward Barrett	OG Trials	London, England		
120'8"	36.779	John Murray	IAAA C'ships	Ball's Bridge	31-May-09	
121'9"	37.109	Pat Quinn	IAAA C'ships	Ball's Bridge	12-May-13	
125'7 ¹ / ₂ "	38.290	Pat Quinn	DMP Sports	Ball's Bridge	26-Jul-13	
126'11"	38.684	Paddy J. Bermingham				
128'2"	39.065	Paddy J. Bermingham	National C'ships	Croke Park, Dublin	01-Jul-23	
129'10 ¹ / ₄ "	39.579	Paddy J. Bermingham	Tramway Sports	Croke Park, Dublin	28-Jul-23	
130'6"	39.776	Paddy J. Bermingham	D.M.G. Sports	Croke Park, Dublin	15-Aug-23	
137'3"	41.833	Paddy J. Bermingham	Police Meet	Wembley, England	03-May-24	
138'3"	42.138	Paddy J. Bermingham	National C'ships	Croke Park	08-Jun-24	
143'9"	43.815	Paddy J. Bermingham	Taitteann Games	Croke Park	15-Aug-24	
144'10"	44.145	Paddy J. Bermingham	Ireland v Achilles	Croke Park	02-Aug-26	
146'2"	44.551	Paddy J. Bermingham	Kerry Garda meet	Tralee	29-Aug-26	
151'6 ¹ / ₂ "	46.189	Paddy J. Bermingham	Leinster C'ships	Carlow	04-Sep-27	
152'6 ¹ / ₂ "	46.494	Ned Tobin		Thurles	16-Jul-39	
152'6 ¹ / ₂ "	46.494	Cummin Clancy			13-Aug-49	
161'11"	49.352	Cummin Clancy	Penn Relays	Philadelphia, Pennsylvania	27-Apr-51	
167'7"	51.079	Philip Conway		New York, New York	30-Jun-70	
168'0"	51.206	Len Braham				
169'10"	51.765	Len Braham	National C'ships	Mardyke, Cork	29-Jul-73	
171'9"	52.349	Len Braham	Cork C'ships	Cork	02-Jun-74	
172'8 ¹ / ₄ "	52.640	Len Braham	Ireland v Portugal	Belfield, Dublin	24-Jul-74	
174'0"	53.040	Len Braham	Dual meet v Greece	NCPE, Limerick	01-Jun-77	
175'11"	53.619	Len Braham	Quadrangular	Dublin	14-Jun-77	
179'9"	54.787	Joe Brice	Penn Relays	Philadelphia, Pennsylvania	28-Apr-78	
188'5"	57.429	Joe Brice	New England C'ships	Hanover, New Hampshire	18-May-80	
58.46		Nick Sweeney	National C'ships	Santry, Dublin	14-Jul-91	
60.57		Nick Sweeney	Penn Relays	Philadelphia, Pennsylvania	25-Apr-92	
62.48		Nick Sweeney		Salinas, California	27-May-92	
63.26		Nick Sweeney		Helsingborg, Sweden	19-Jun-93	
64.48		Nick Sweeney		Salinas, California	25-May-94	
64.74		Nick Sweeney		Helsingborg, Sweden	06-Jul-94	
66.00		Nick Sweeney		Helsingborg, Sweden	09-Jul-94	
67.40		Nick Sweeney		Salinas, California	22-May-96	
67.89		Nick Sweeney		Helsingborg, Sweden	04-Sep-98	
Hammer, Men						
98'10"	30.124	WR	Maurice Davin	AAA Championships	Birmingham	16-Jul-1881
108'3"	32.994	WR	William J.M.Barry	Co. Kerry meet	Tralee	17-Jun-1885
116'6"	35.509	WR	William J.M.Barry		Tralee	24-Jun-1885
116'10"	35.610	WR	William J.M.Barry	IAAA C'ships	Ball's Bridge, Pembroke	11-Jul-1885
119'0"	36.271	WR	William J.M.Barry		NewYork, New York	01-Oct-1885
119'0"	36.271	WR	William J.M.Barry	QCCAC Sports	Cork	17-Apr-1886
119'5"	36.398	WR	James S. Mitchell		Limerick	16-Jun-1886
119'9"	36.499	WR	James S. Mitchell		Limerick	09-Jun-1887
121'7"	37.058	WR	William J.M.Barry	NYAC Fall Games	NewYork, New York	01-Oct-1887
122'6 ¹ / ₂ "	37.350	WR	William J.M.Barry		NewYork, New York	29-Jul-1888
129'3 ¹ / ₂ "	39.408	WR	William J.M.Barry		NewYork, New York	12-Aug-1888
132'9"	40.462	WR	James S. Mitchell	Metropolitan AAU C'ships	Bayonne, New Jersey	12-Jun-1889
133'8"	40.741	WR	James S. Mitchell	Cecil County Fair	Elkton, Maryland	10-Oct-1889
133'10 ¹ / ₂ "	40.805	WR	James S. Mitchell	NYAC Games	NewYork, New York	13-Jun-1891
139'2"	42.418	WR	James S. Mitchell	Metropolitan AAU C'ships	NewYork, New York	12-Sep-1891
139'10 ¹ / ₂ "	42.633	WR	James S. Mitchell	Detroit A.C.	Detroit, Michigan	29-Sep-1891
141'9"	43.205	WR	James S. Mitchell	Bank Clerks AA	Philadelphia, Pennsylvania	18-Jun-1892
145'0 ¹ / ₄ "	44.215	WR	James S. Mitchell	NYAC Fall Games	NewYork, New York	08-Oct-1892
145'10 ¹ / ₂ "	44.462	WR	John Flanagan		Clonmel	9-Sep-1895
147'0"	44.805	WR	John Flanagan		London, England	4-Jun-1896
150'8"	45.935	WR	John Flanagan	New Jersey AC Games	Bayonne, New Jersey	30-May-1897
153'6"	46.786	WR	John Flanagan		New Orleans, Louisiana	15-May-1898
154'9 ¹ / ₂ "	47.180	WR	John Flanagan	NYAC Spring Games	NewYork, New York	11-Jun-1898
158'4"	48.260	WR	John Flanagan	NYAC Spring Games	NewYork, New York	11-Jun-1898
158'4 ¹ / ₂ "	48.272	WR	John Flanagan		Boston, Massachusetts	23-Jul-1898
164'1"	50.012	WR	John Flanagan		Boston, Massachusetts	22-Jul-1899
164'10"	50.241	WR	John Flanagan		NewYork, New York	30-Jul-1899
166'9"	50.825	WR	John Flanagan	NYAC Fall Games	NewYork, New York	23-Sep-1899
167'8"	51.104	WR	John Flanagan	NYAC Fall Games	NewYork, New York	23-Sep-1899
168'0"	51.206	WR	John Flanagan	NYAC Fall Games	NewYork, New York	29-Sep-00
169'4"	51.612	WR	John Flanagan	NYAC Fall Games	NewYork, New York	29-Sep-00
171'2"	52.171		Con Walsh		Newark, New Jersey	20-Aug-10
177'6 ¹ / ₂ "	54.114		Con Walsh		Pittsburgh, Pennsylvania	01-Jul-11
179'1"	54.584		Pat Ryan		NewYork, New York	20-Aug-11
182'11 ¹ / ₄ "	55.772		Pat Ryan		NewYork, New York	07-Sep-11
189'6 ¹ / ₂ "	57.772	WR	Pat Ryan	Inaugural IAAF WR	NewYork, New York	17-Aug-13
195'4 ¹ / ₂ "	59.560	WR	Pat O'Callaghan	Cork Co. Championships	Fermoy	22-Aug-37
199'11"	60.934		John Lawlor	US Championships	Dayton, Ohio	21-Jun-57
203'5 ¹ / ₂ "	62.014		John Lawlor	Clonliffe H. Meet	Santry, Dublin	09-Jul-58
211'11"	64.592		John Lawlor	Clonliffe H. Meet	Santry, Dublin	07-Aug-58
213'10"	65.176		John Lawlor	US Championships	Bakersfield, California	24-Jun-60
215'1"	65.557		Sean Egan	National Championships	Belfield, Dublin	23-Jul-78
68.10			Sean Egan		Darmstadt, Germany	05-May-79
68.76			Sean Egan		Darmstadt, Germany	17-May-79
70.24			Sean Egan		Darmstadt, Germany	12-Apr-80
71.10			Sean Egan		Frankfurt, Germany	01-May-80
71.16			Declan Hegarty		Boston, Massachusetts	15-Apr-83
71.24			Declan Hegarty		Boston, Massachusetts	16-Apr-83
71.97			Declan Hegarty	Mt. SAC Relays	Walnut, California	23-Apr-83
73.50			Declan Hegarty	Penn Relays	Philadelphia, Pennsylvania	30-Apr-83
76.32			Declan Hegarty	Pre-Olympic	Walnut, California	15-Jul-84
77.51			Declan Hegarty	Bruce Jenner Invitational	San Jose, California	20-Apr-85
77.80			Declan Hegarty	Mt. SAC Relays	Walnut, California	28-Apr-85

Event	Note	Athlete	Competition	Venue	Date
Javelin, Men					
133'2"	40.601	Sean Keavy	NACA promotion	Croke Park, Dublin	05-Aug-23
135'0"	41.148	Sean Keavy	Clonliffe promotion	Croke Park, Dublin	15-Sep-23
137'6"	41.910	Sean Keavy	National Championships	Croke Park, Dublin	08-Jun-24
139'2"	42.430	Sean Keavy	National Championships	Croke Park, Dublin	08-Jun-24
140'9"	42.913	Sean Keavy	National Championships	Croke Park, Dublin	08-Jun-24
151'7"	46.202	Sean Keavy	National Championships	Croke Park, Dublin	28-Jun-25
151'9"	46.253	Sean Keavy	D.M.G.Sports	Croke Park, Dublin	19-Jun-26
155'1"	47.282	Sean Keavy	National Championships	Croke Park, Dublin	26-Jun-26
157'3"	47.942	Sean Keavy	Inter-Services C'ships	Croke Park, Dublin	14-Jul-26
158'5"	48.298	Sean Keavy	Inter-Services C'ships	Lansdowne Rd., Dublin	23-Jun-27
161'4"	49.187	Sean Keavy	National Championships	Croke Park, Dublin	10-Jul-27
161'11"	49.352	J.C.Conroy	College Races	College Park, Dublin	08-Jun-32
168'9"	51.409	Mick Waters	National Championships	Fermoy	01-Jul-34
169'5"	51.650	Charlie Ryan	Clonliffe promotion	College Park, Dublin	21-Sep-46
173'5"	52.870	Brendan O'Reilly	NACA Championships	Dundalk	06-Aug-50
180'5"	55.003	Brendan O'Reilly	NACA Co. Dublin C'ships	Shelbourne Stadium, Dublin	25-May-52
182'1"	55.499	John Lawson	Clonliffe H. promotion	College Park, Dublin	14-Jun-54
183'4"	55.880	John Lawson	Donore H. promotion	College Park, Dublin	03-Jul-54
194'10"	59.385	John Lawson	Donore Open	College Park, Dublin	26-Apr-55
202'11"	61.849	John Lawson	Clonliffe promotion	Santry, Dublin	18-Jun-58
209'9"	63.931	Denis Toomey		Belfield, Dublin	26-Jun-60
214'4"	65.341	John Lawson		Belfast	01-Jul-61
215'8"	65.735	Denis Toomey	NACA Decathlon	Clogher Road, Dublin	23-Aug-64
67.40		Pat Moore	Ireland v Portugal	Dublin	24-Jul-74
71.30		Terry McHugh		Belfield, Dublin	24-Apr-82
72.20		Terry McHugh	National Trials	Tullamore	02-Jun-85
73.84		Terry McHugh	European Clubs C'ship	London, England	09-Jun-85
75.04		Terry McHugh	Westathletic	Zug, Switzerland	16-Jun-85
New Specification, operative 1st April 1986					
70.66		Terry McHugh	Dublin Championships	Belfield, Dublin	18-May-86
70.80		Terry McHugh	Louis Vandendries	Belfield, Dublin	25-May-86
72.24		Terry McHugh	v.Scotland, Wales	Edinburgh, Scotland	18-Jun-87
74.28		Terry McHugh	Westathletic	Bruxelles, Belgium	19-Jun-88
75.26		Terry McHugh	AIB InterClub	Tullamore	21-Aug-88
76.46		Terry McHugh	Olympic Games Q	Seoul, South Korea	24-Sep-88
78.08		Terry McHugh	Arena	Bern, Switzerland	29-Aug-89
78.74		Terry McHugh	Westathletic	Dainze	09-Jun-91
84.54		Terry McHugh	Irl v Eng v Russia	Limerick	14-Jun-91
Revised Specification from 18th November 1991					
76.12		Terry McHugh			31-May-92
80.98		Terry McHugh	Ryan/Vandendries	Belfield, Dublin	30-May-93
82.14		Terry McHugh	European C'ships Q	Helsinki, Finland	07-Aug-94
82.75		Terry McHugh	Norwich Union G.P.	London, England	05-Aug-00
Decathlon					
1920 Points Table					
5,427		William F. "Bill" Shanahan		Paris, France	11/12-Jul-24
6,012		Con O'Callaghan		Phoenix Park, Dublin	02/03-Jun-28
7,328		Robert M.N. "Bob" Tisdall	Olympic Games	Los Angeles, California	05/06-Aug-32
1934 Points Table					
4,875		Pte. Larry Moran		The Cuggagh	
5,451		Pte. Larry Moran		Army Grounds, Phoenix Park	12/13-Sep-35
5,536		Ted J Guiney		Cashel	18-Sep-38
5,910		Ted J Guiney		Mitchelstown	18-Sep-39
1950 Points Table					
5,403		Val McGann		Iveagh Grds., Dublin	26/27-Aug-50
5,559		Val McGann		Shelbourne Stadium, Dublin	17/18-Aug-52
1964 Points Table					
5,794		Denis Toomey		Eamonn Ceannt Stadium, Dublin	21/22-Aug-65
5,871		Louis Jordan		Santry, Dublin	17/18-Aug-68
6,299		Louis Jordan		Kassel, West Germany	20/21-Jun-69
6,671		Louis Jordan		Eamonn Ceannt Stadium, Dublin	22/23-Aug-70
7,059		Kevin Atkinson			
7,097		Kevin Atkinson		Tullamore	30/31-May-81
7,226		Sean Carlin		Tullamore	29/30-Aug-81
7,261		Kevin Atkinson		Tullamore	05/06-May-82
7,353		Kevin Atkinson		Birmingham, England	09/10-Jul-83
7,384		Kevin Atkinson		Götzis, Austria	19/20-May-84
7,451		Kevin Atkinson		Hendon, London	14/15-Jul-84
1985 Points Table					
7,882		Carlos O'Connell		Emmitsburg, Maryland	04/05-Jun-88

Event	Note	Athlete	Competition	Venue	Date
10,000m Walk					
49.35.1		John Mackey			
48.58.6		Jim Sheehan			
47.36.0		Jim Sheehan			30-Jun-76
46.58.0		Bernie O'Callaghan	National Championships	Dublin	03-Jun-80
46.24.2		Bernie O'Callaghan	National Championships	Dublin	05-May-81
46.23.04		Bernie O'Callaghan	National Championships	Dublin	00-May-81
45.29.7		Bernie O'Callaghan	National Championships	Dublin	28-May-81
42.07.37		Jimmy McDonald	National Championships	Tullamore	00-Jun-88
41.28.7		Jimmy McDonald	National Championships	Dublin	00-Jul-91
41.02.52		Jimmy McDonald	National Championships	Dublin	16-Jun-96
40.16.68		Robert Heffernan	National U23 Championships	Tullamore	23-Aug-00
38.58.83		Robert Heffernan	National Championships	Dublin	21-Aug-01
38.47.66		Robert Heffernan	National Championships	Dublin	14-Aug-02
38.27.57		Robert Heffernan	National Championships	Dublin	21-Jul-08
20km Walk					
1.40.30		John Mackey			
1.40.14		Con Hearty		Douglas	30-Jul-72
1.37.06		Johnny O'Leary			
1.36.17		Johnny O'Leary			
1.33.00		Jimmy McDonald	National Championships	Tullamore	25-Jul-87
1.27.29		Jimmy McDonald	National Championships	Santry, Dublin	23-Jul-88
1.22.45		Jimmy McDonald	Olympic Games	Seoul, South Korea	16-Sep-88
1.21.54		Bobby O'Leary		Oedonrode, Netherlands	21-Mar-92
1.21.11		Robert Heffernan	EAA Permit	Leamington, England	21-Apr-01
1.20.25		Robert Heffernan	EAA Permit	Naumburg, Germany	05-May-02
1.20.15		Robert Heffernan	European Cup	Leamington, England	20-May-07
1.19.22		Robert Heffernan	World Cup	Cheboksary, Russia	10-May-08
50km Walk					
4.25.24		John Kelly	US Olympic Trials	Santa Monica, California	14-Jul-68
4.23.50		Pat Murphy	8 Nations Match	Bekescaba, Hungary	05-Apr-92
4.14.30		Jeff Cassin	US National Championships	Sacramento, California	14-Feb-99
4.06.33		Jeff Cassin	Mexico Walk Week	Naucalpan, Mexico	17-Mar-99
3.59.02		Jamie Costin	European Cup	Eisenhuettenstadt, Germany	18-Jun-00
3.53.58		Jamie Costin	EAA Permit	Naumburg, Germany	13-Apr-03
3.51.32		Colin Griffin	IAAF Challenge	Dudince, Slovakia	24-Mar-07
3.50.51		Jamie Costin	IAAF Challenge	Dudince, Slovakia	28-Mar-09
3.50.08		Robert Heffernan	IAAF Challenge	Dudince, Slovakia	27-Mar-10
3.45.30		Robert Heffernan	European Championships	Barcelona, Spain	30-Jul-10
3.37.54		Robert Heffernan	Olympic Games	London, England	11-Aug-12
4x100m Relay					
43.9	Donore Harriers		AAU Championship	College Park, Dublin	04-Jul-56
		Joe Parker, Pat Sheehan, Paddy Harmon, Eamonn Kinsella			
43.8	Crusaders A.C.		Clonliffe meet	Santry, Dublin	17-Jun-59
		Willy Lemon, Owen Dalton, Ronnie Kirkham, Larry Ryder			
43.6	Clonliffe Harriers		Clonliffe/Crusaders	Santry, Dublin	06-Aug-59
		Albert Harding, F.Devine, Garry Dempsey, Pat McMurrough			
43.5	UCD		Graded Meeting	Santry, Dublin	21-Jun-67
		M.Kennedy, S.O'Muircheartaigh, J.Cummiskey, I.O'Muircheartaigh			
42.8	National Team		Graded Meeting	Santry, Dublin	21-Jun-67
		Ciaran Coakley, Joe Cummiskey, Iggy O'Muircheartaigh, Mick Keane			
42.4	National Team		Europa Cup	Santry, Dublin	24-Jun-67
		Iggy O' Muircheartaigh, Joe Cummiskey, Ciaran Coakley, Cashel Riordan			
41.8	National Team		Europa Cup	Reykjavik, Iceland	05-Jun-70
		Cyril O'Regan, Vinny Becker, Fanahan McSweeney, Iggy O'Muircheartaigh			
41.2	National Team		Ireland vs Spain	Gijon, Spain	17-Jul-71
		Joe Barry, Joe Kirwan, Iggy O'Muircheartaigh, Vinny Becker			
41.16	National Team			Santry, Dublin	20-Aug-83
		Aidan Gough, Pat Woods, Joe Barry, Derek O'Connor			
41.10	National Team			Brussels, Belgium	18-Jun-88
		Pat Flanagan, Philip Snoddy, Kieran Finn, Gerry Delaney			
40.47	National Team			Lisbon, Portugal	29-Jun-96
		John McAdorey, Paul Brizzel, Gary Ryan, Neil Ryan,			
40.36	National Team			Santry, Dublin	07-Jun-97
		Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
40.00	National Team			Santry, Dublin	13-Jul-97
		Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
39.46	National Team		World Championships	Athens, Greece	09-Aug-97
		Kevin Cogley, Gary Ryan, Tom Comyns, Neil Ryan			
39.26	National Team		Olympic Games	Sydney, Australia	29-Sep-00
		John McAdorey, Gary Ryan, Tom Comyns, Paul Brizzel			

Event	Note	Athlete	Competition	Venue	Date
4x400m Relay					
3.32.4		Clonliffe Harriers	Vice President's Cup	College Park, Dublin	20-Jun-25
		J.R.Cowie, R.J.Hamilton, A.Love, N.J.McEachern			
3.31.0		Clonliffe Harriers	Inter Club	College Park, Dublin	09-Jun-28
		J.V.Connell, Larry Cullen, A.Love, N.J. McEachern			
3.27.9		Donore Harriers	TBC	TBC	1952
		TBC			
3.24.6		Crusaders A.C.	Donore Harriers / IRC	College Park, Dublin	21-Jul-54
		Cormac O'Cleirigh, Philip Godden, Ron Delany, David Godden			
3.19.1		Crusaders A.C.	Clonliffe Meet	Santry, Dublin	18-Jun-60
		Philip Godden, Larry Ryder, Derek McClean, Jimmy Linnane			
3.18.2		Crusaders A.C.	Clonliffe Meet	Santry, Dublin	18-Jul-61
		Jimmy Linnane, Larry Ryder, Derek McClean, Ron Delany			
3.17.6		Crusaders A.C.	AAU Relay C'ships	Santry, Dublin	08-Sep-62
		Tom Dunphy, David White, Larry Ryder, Derek McClean			
3.17.2		Crusaders A.C.	Clonliffe Meet	Santry, Dublin	25-Jun-63
		Jimmy Linnane, David White, Larry Ryder, Derek McClean			
3.13.3		National Team	Europa Cup	Reykjavik, Iceland	06-Jul-70
		Mick Dooley, Cashel Riordan, Iggy O'Muircheartaigh, Fanahan McSweeney			
3.13.2		National Team	Ireland vs Switzerland	Basle, Switzerland	18-Jul-71
		Iggy Moriarty, John Dillon, Noel Carroll, Fanahan McSweeney			
3.09.2		National Team	Ireland vs Switzerland	Basle, Switzerland	08-Jul-72
		John Dillon, O'Connell 47.8, Eamonn O'Keefe, Fanahan McSweeney			
3.07.18		National Team	World Championships	Rome, Italy	05-Sep-87
		Kieran Finn, Gerry Delaney, J.J.Barry, Peter Sinclair			
3.05.45		National Team	Europa Cup	Lahti, Finland	06-Jun-99
		Brian Forbes, Tomas Coman, Paul McKee, Tom McGuirk			
3.04.26		National Team	World Championships	Edmonton, Canada	11-Aug-01
		Robert Daly, Tom Comyns, Paul McKee, Tomas Coman			
3.03.73		National Team	European Championships	Munich, Germany	10-Aug-02
		Robert Daly, Paul McKee, Antoine Burke, David McCarthy			
3.03.57		National Team	European Championships	Zurich, Switzerland	16-Aug-14
		Brian Gregan, Brian Murphy, Richard Morrissey, Thomas Barr			
3.01.67		National Team	European Championships	Zurich, Switzerland	17-Aug-14
		Brian Gregan, Mark English, Richard Morrissey, Thomas Barr			
3.01.26		National Team	World Championships	Beijing, China	29-Aug-15
		Brian Gregan, Brian Murphy, Thomas Barr, Mark English			

Women

100m, Women

100 Yards, Women

11.0		Maeve Kyle		Belfast	19-Jun-59
11.0		Maeve Kyle		Belfast	16-Jun-62
10.8		Maeve Kyle		Dublin	26-Sep-64

100m, Women

12.0		Maeve Kyle		Trondheim, Norway	12-Jul-63
12.0		Margaret Murphy		Cork	30-Jun-70
12.0		Margaret Murphy		Waterford	13-Jun-71
12.0		Margaret Murphy		Waterford	13-Jun-71
12.0		Claire Walsh	George V. Ryan	Santry, Dublin	27-May-72
11.9		Mary Doyle	Nations Schools	Cwmbran, Wales	15-Jul-72
11.9		Claire Walsh	Olympic Games	München, Germany	24-Aug-72
11.54	nwi	Michelle Walsh	Bavarian Youth Athletics	Trostberg, Germany	24-Sep-77
11.43	1.4	Michelle Walsh		Sittard, Netherlands	17-Jun-78
11.40	0.8	Ailis McSweeney	Prov Liège	Liège, Belgium	13-Jul-10
11.28	2.0	Phil Healy	Dublin Graded Meeting 4	Santry, Dublin	06-Jun-18

200m, Women

220 Yards, Women

25.4		Maeve Kyle		Motspur Park, England	07-Jun-58
24.5		Maeve Kyle	Clonliffe Floodlit Promotion	Santry, Dublin	23-Sep-60

200m, Women

24.7		Maeve Kyle	Pentathlon	Wolverhampton, England	08-Aug-59
24.6	nwi	Claire Walsh	National Championships	Santry, Dublin	11-Jul-71
24.5	nwi	Claire Walsh	National Championships	Banteer	23-Jul-72
24.1	nwi	Claire Walsh	Vandendries	Santry, Dublin	27-May-73
23.98		Michelle Walsh		Trostberg, Germany	25-Sep-77
23.51	1.5	Michelle Walsh		Sittard, Netherlands	18-Jun-78
23.23	1.4	Sarah Reilly		Tampere, Finland	19-Jul-00
23.12	-0.5	Sarah Reilly		Budapest, Romania	22-Jul-00
23.02	0.3	Sarah Reilly	World Championships	Edmonton, Canada	08-Aug-01
22.99	0.3	Phil Healy	Cork City Sports	Cork IT, Cork	16-Jul-18

400m, Women

440 Yards, Women

56.3		Maeve Kyle	WAAA Championships	London, England	08-Jul-61
56.2		Maeve Kyle		Edinburgh, Scotland	19-Aug-61
54.9		Maeve Kyle	WAAA Championships	London, England	07-Jul-62
54.9		Maeve Kyle		Belfast	21-Jul-64

400 Metres, Women

56.4		Maeve Kyle		London, England	13-Aug-60
56.3	***	Maeve Kyle	WAAA Championships	London, England	08-Jul-61
56.2	***	Maeve Kyle		Edinburgh, Scotland	19-Aug-61
54.9	***	Maeve Kyle	WAAA Championships	London, England	07-Jul-62
54.9	***	Maeve Kyle		Belfast	21-Jul-64
53.7		Claire Walsh	Invitational	Barcelona, Spain	10-Jun-71
53.24		Caroline O'Shea	Westlands Cup	Sittard, Netherlands	17-Jun-78
53.06		Patricia Walsh	Invitational	Dublin	03-Aug-87
52.81		Karen Shinkins	2nd League	Kaunas, Lithuania	06-Jun-98
52.13		Karen Shinkins	European Championships	Budapest, Romania	19-Aug-98
51.80		Karen Shinkins	Universiade	Palma de Mallorca, Spain	10-Jul-99
51.07		Karen Shinkins	Universiade	Palma de Mallorca, Spain	12-Jul-99
50.73		Joanne Cuddihy	World Championships	Osaka, Japan	27-Aug-07

*** Indicates mark made at the longer distance, 440y.

800m/880y, Women

Event	Note	Athlete	Competition	Venue	Date
880 Yards, Women (804.67m)					
2:11.5		Maeve Kyle		Glasgow, Scotland	03-Oct-62
2:11.1		Hazel Tennison	Clonliffe Invitational	Santry, Dublin	26-Jun-66
2:10.8		Anne O'Brien	Clonliffe Promotion	Santry, Dublin	09-Jul-68
2:10.2		Anne O'Brien	Clonliffe promotion	Santry, Dublin	23-Jul-68
800 Metres, Women					
2:13.0		Maeve Kyle	European Championships	Beograd, Yugoslavia	15-Sep-62
2:11.5	***	Maeve Kyle		Glasgow, Scotland	03-Oct-62
2:11.3		Maeve Kyle	Olympic Games	Tokyo, Japan	18-Oct-64
2:10.8	***	Anne O'Brien	Clonliffe Promotion	Santry, Dublin	09-Jul-68
2:10.1		Anne O'Brien	WAAA Championships	London, England	19-Jul-68
2:07.0		Claire Walsh	WAAA Championships	London, England	19-Jun-70
2:04.9		Claire Walsh	WAAA Championships	London, England	20-Jun-70
2:03.4		Claire Walsh	European Championships	Helsinki, Finland	11-Aug-71
2:02.98		Mary Tracey	WAAA Championships	London, England	08-Jul-72
2:02.9		Mary Tracey	Europa Cup	Lyngby, Denmark	30-Jun-73
2:02.8		Mary Tracey	European Championships	Roma, Italy	02-Sep-74
2:00.70		Caroline O'Shea	Cork City Sports	Mardyke, Cork	03-Jul-84
2:00.69		Sonia O'Sullivan	Goodwill Games	St.Petersburg, Russia	26-Jul-94
2:00.58		Rose-Anne Galligan	Sainsbury's	London, England	26-Jul-13
***	Indicates mark made at the longer distance, 880y.				
1500m, Women					
4:29.7		Anne O'Brien	WAAA Championships	London, England	20-Jul-68
4:25.6		Anne O'Brien	Clonliffe Promotion	Santry, Dublin	09-Aug-69
4:25.4		Deirdre Foreman	Dublin Championships	Santry, Dublin	03-Jun-72
4:18.4		Mary Tracey	Inter-Club Meeting	Santry, Dublin	28-Jun-72
4:16.43		Mary Tracey	Olympic Games	München, Germany	04-Sep-72
4:15.1		Mary Tracey-Purcell	European Championships	Roma, Italy	06-Sep-74
4:11.4		Mary Tracey-Purcell	Invitation Meeting	Gateshead, England	26-Jul-75
4:09.8		Mary Tracey-Purcell	Invitation Meeting	Dusseldorf, Germany	08-Jun-76
4:08.63		Mary Tracey-Purcell	Olympic Games	Montreal, Canada	28-Jul-76
4:06.69		Monica Joyce	Weltklasse	Zürich, Switzerland	18-Aug-82
4:05.81		Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	03-Aug-91
4:01.93		Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	11-Aug-92
4:01.23		Sonia O'Sullivan	Weltklasse	Zürich, Switzerland	19-Aug-92
3:59.60		Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	07-Aug-93
3:59.10		Sonia O'Sullivan	Nikaia	Nice, France	18-Jul-94
3:58.85		Sonia O'Sullivan	Herculis	Monte Carlo, Monaco	25-Jul-95
3000m, Women					
9:47.6		Anne O'Brien	WAAA Championships	Stretford, England	05-Jul-69
9:34.4		Anne O'Brien	WAAA Championships	London, England	20-Jun-70
9:33.6		Deirdre Nagle	WAAA Championships	London, England	19-Jul-74
9:24.4		Deirdre Nagle	Omega/Tissot	Santry, Dublin	28-May-75
9:08.00		Mary Tracey	WAAA Championships	London, England	18-Jul-75
9:07.98		Mary Tracey	WAAA Championships	London, England	21-Aug-76
8:58.4		Mary Tracey Purcell	Bislett Games	Oslo, Norway	03-Aug-78
8:56.82		Monica Joyce	Bislett Games	Oslo, Norway	07-Jul-82
8:53.24		Monica Joyce	Cork City Sports	Cork	13-Jul-82
8:49.51		Monica Joyce	San Diego TAC	San Diego, California	25-May-84
8:39.76		Sonia O'Sullivan	APM	Hengelo, Netherlands	28-Jun-92
8:37.92		Sonia O'Sullivan	ASV	Köln, Germany	16-Aug-92
8:33.40		Sonia O'Sullivan	APM	Hengelo, Netherlands	20-Jun-93
8:28.74		Sonia O'Sullivan	Bislett Games	Oslo, Norway	10-Jul-93
8:21.64		Sonia O'Sullivan	TSB Games	London, England	15-Jul-94
5000m, Women					
15:35.60		Regina Joyce	Bislett Games	Oslo, Norway	26-Jun-82
15:27.5		Monica Joyce		San Diego, California	22-May-83
15:26.9		Sonia O'Sullivan	Cork City Sports	Mardyke, Cork	07-Jul-90
14:59.11		Sonia O'Sullivan	ISTAF	Berlin, Germany	21-Aug-92
14:45.92		Sonia O'Sullivan	ISTAF	Berlin, Germany	27-Aug-93
14:41.40		Sonia O'Sullivan	ISTAF	Berlin, Germany	01-Sep-95
14:41.02		Sonia O'Sullivan	Olympic Games	Sydney, Australia	25-Sep-00
10000m, Women					
38:06.4		Ann O'Brien		Gormanston College	26-Mar-67
33:51.7		Fionnuala Morrish	WC-invitational	Sittard, Netherlands	15-Aug-80
33:04.23		Carey May	NCAA	Houston, Texas	01-Jun-83
32:35.7		Regina Joyce	Mt. SAC	Walnut, California	28-Apr-84
32:21.16		Monica Joyce	Mt. SAC	Walnut, California	22-Apr-89
32:14.74		Catherina McKiernan	APM	Hengelo, Netherlands	20-Jun-93
31:19.11		Catherina McKiernan	Europa Cup	Santry, Dublin	12-Jun-94
31:08.41		Catherina McKiernan	Meeting Vittel	Villeneuve d'Ascq, France	17-Jun-95
30:53.37		Sonia O'Sullivan	Olympic Games	Sydney, Australia	30-Sep-00
30:47.59		Sonia O'Sullivan	European Championships	München, Germany	06-Aug-02
Marathon, Women					
2:42.11		Carey May	Dublin Marathon	Dublin	30-Oct-80
2:36.59		Carey May	Fiesta Bowl	Scottsdale, Arizona	05-Dec-81
2:32.56		Regina Joyce	Fiesta Bowl	Scottsdale, Arizona	04-Dec-82
2:29.23		Carey May	Osaka Marathon	Osaka, Japan	30-Jan-83
2:28.07		Carey May	Osaka Marathon	Osaka, Japan	27-Jan-85
2:23.44		Catherina McKiernan	Berlin Marathon	Berlin, Germany	28-Sep-97
2:22.23		Catherina McKiernan	Amsterdam Marathon	Amsterdam, Netherlands	01-Nov-98
3000m S'Chase, Women					

Event	Note	Athlete	Competition	Venue	Date
10:42.36		Roisin McGettigan	Raleigh Relays	Raleigh, North Carolina	31-Mar-01
10:24.35		Roisin McGettigan	Big East	New Brunswick, New Jersey	05-May-01
10:20.99		Roisin McGettigan	Albany Invitational	Albany, New York	11-May-01
10:08.73		Roisin McGettigan	ECAC	Princeton, New Jersey	18-May-02
10:08.24		Roisin McGettigan	NCAA	Baton Rouge, Louisiana	01-Jun-02
9:58.26		Roisin McGettigan	Big East	Storrs, Connecticut	04-May-03
9:50.12		Roisin McGettigan	NCAA	Sacramento, California	13-Jun-03
9:45.60		Roisin McGettigan	KBC	Heusden, Belgium	31-Jul-04
9:32.04		Roisin McGettigan	KBC	Heusden, Belgium	22-Jul-06
9:28.29		Roisin McGettigan	KBC-Nacht	Heusden, Belgium	28-Jul-07
100m Hurdles, Women					
15.1	nwi	Maeve Kyle	National Championships	Santry, Dublin	20-Jul-69
15.1	0.0	Margaret Murphy	European Championships	Helsinki, Finland	12-Aug-71
14.22	nwi	Bridget Rutledge	WAAA Championships	London, England	20-Jul-74
14.22	nwi	Mary Appleby-Barnwell	Omega League	Belfield, Dublin	31-Aug-80
14.03	nwi	Maria Hetherington	Tissot Trophy	Santry, Dublin	22-Aug-82
13.90	nwi	Maria Hetherington		Edinburgh, Scotland	28-Aug-82
13.90	nwi	Olive Burke	Cork City Sports	Cork	03-Jul-84
13.74	nwi	Olive Burke	National League Finals	Santry, Dublin	16-Aug-87
13.58	-1.3	Susan Smith	Second League, Group A	Kaunas, Lithuania	07-Jun-98
13.31	-1.7	Susan Smith	National Championships	Santry, Dublin	26-Jun-98
13.12	1.2	Susan Smith	National League Finals	Tullamore	09-Aug-98
12.96	1.0	Derval O'Rourke	Euro U23 Championships	Bydgoszcz, Hungary	20-Jul-03
12.92	0.7	Derval O'Rourke	Athletissima	Lausanne, Switzerland	11-Jul-06
12.85	0.6	Derval O'Rourke	GE Money	Helsinki, Finland	26-Jul-06
12.72	0.5	Derval O'Rourke	European Championships	Gothenburg, Sweden	11-Aug-06
12.67	0.2	Derval O'Rourke	World Championships	Berlin, Germany	19-Aug-09
12.65	-0.5	Derval O'Rourke	European Championships	Barcelona, Spain	31-Jul-10
400 Hurdles, Women					
60.24		Mary Appleby	Europa Cup	Belfield, Dublin	17-Jul-77
59.5		Mary Appleby	Ryan/Vandendries	Belfield, Dublin	27-May-78
57.46		Mary Appleby	WAAA Championships	Crystal Palace	19-Aug-78
57.36		Mary Appleby	European Championships	Praha, Czech Republic	02-Sep-78
57.06		Mary Appleby	World Championship	Sittard, Netherlands	15-Aug-80
56.51		Mary Appleby	World Championship	Sittard, Netherlands	16-Aug-80
56.49		Susan Smith	Weetabix International	Stellenbosch, South Africa	16-Feb-96
56.14		Susan Smith	Westathletic	Santry, Dublin	09-Jun-96
56.01		Susan Smith	National Championships	Santry, Dublin	16-Jun-96
55.46		Susan Smith	EAA Permit Meet	Padova, Italy	07-Jul-96
55.08		Susan Smith	Pre-Olympic	Durham, North Carolina	13-Jul-96
54.93		Susan Smith	Olympic Games	Atlanta, Georgia	29-Jul-96
54.61		Susan Smith	World Championships	Athina, Greece	09-Aug-97
54.31		Susan Smith	Weltklasse	Zurich, Switzerland	12-Aug-98
High Jump, Women					
5'0"¾	1.533	Maeve Kyle		London, England	24-Jul-60
5'2"¾	1.581	Marjorie Adams	Invitation Meet	Santry, Dublin	28-Jul-70
5'2"¾	1.581	Marjorie Adams	BLE v Combined Univ.	College Park, Dublin	19-May-71
5'2"¾	1.587	Marjorie Adams	National Championships	Santry, Dublin	11-Jul-71
5'2"¾	1.597	Yvonne O'Brien		Mardyke, Cork	12-May-73
1.61		Yvonne O'Brien	Europa Cup	Lyngby, Denmark	30-Jun-73
1.64		Yvonne O'Brien	Europa Cup	Lyngby, Denmark	30-Jun-73
1.65		Marjorie Adams	Portugal v Ireland	Lisboa, Portugal	10-Aug-74
1.67		Carmel Scallon	National Championships	Belfield, Dublin	27-Jul-75
1.74		Audrey Long	WAAA Intermediate C'ships	London, England	21-Aug-76
1.74		Anne Nevin	National Junior C'ships	Limerick	16-Jul-78
1.75		Audrey Long	Tissot Trophy	Belfield, Dublin	10-Jun-79
1.79		Bridget Corrigan	Schools International	Grangemouth, Scotland	16-Jul-79
1.80		Bridget Corrigan	AAA Championships	London, England	27-Jul-79
1.84		Bridget Corrigan	Inv. British Inter-Co's	Birmingham, England	26-May-80
1.85		Sharon Foley	BLE Games	Tullamore	16-May-93
1.85		Sharon Foley	WestAthletic	Sittard, Netherlands	06-Jun-93
1.85		Sharon Foley	Europa Cup, Group 3	Rotterdam, Netherlands	13-Jun-93
1.88		Sharon Foley	Europa Cup, Group 3	Rotterdam, Netherlands	13-Jun-93
1.89		Laura Sharpe	NACAI Championships	Santry, Dublin	03-Jul-94
1.89		Deirdre Ryan	Europa Cup-1	Praha, Czech Republic	18-Jun-06
1.92		Deirdre Ryan	WAAA Championships	Manchester, England	15-Jul-06
1.92		Deirdre Ryan	European Championships	Göteborg, Sweden	06-Aug-06
1.93		Deirdre Ryan	15th Int. Hochsprungmeeting	Bühl, Germany	29-Jul-11
1.95		Deirdre Ryan	World Championships	Daegu, South Korea	01-Sep-11
Pole Vault, Women					
2.80		Margaret O'Halloran		Belfast	27-Jun-98
2.80		Danielle McCarthy		Sheffield, England	16-Aug-98
3.72		Bridget Pearson		Long Beach, California	15-May-99
3.77		Erin Kinnear		Antrim	24-May-03
3.93		Erin Kinnear	USA Invitation	Mobile, Alabama	24-Apr-04
3.95		Zoe Brown		Loughborough, England	18-May-08
4.00		Zoe Brown	NI Championships	Antrim	13-Jun-09
4.15		Tori Pena	US Championships	Des Moines, Iowa	27-Jun-10
4.15		Tori Pena	National Championships	Santry, Dublin	10-Jul-10
4.15		Tori Pena	European Championships	Barcelona, Spain	28-Jul-10
4.15		Tori Pena	Triton Inv.	La Jolla, California	23-Apr-11
4.30		Tori Pena		Chula Vista, California	12-May-11
4.34		Tori Pena		Chula Vista, California	09-Jun-11
4.40		Tori Pena		Frauenkappelen, Switzerland	01-Aug-11
4.50		Tori Pena	Classic	Norwalk, California	03-Mar-12
4.52		Tori Pena	Triton Inv.	La Jolla, California	28-Apr-12
4.60		Tori Pena		Chula Vista, California	06-Jun-13
Long Jump, Women					

Event	Note	Athlete	Competition	Venue	Date
17'6"¼	5.340	Maeve Kyle		Den Haag, Netherlands	26-Jul-61
18'3"	5.562	Maeve Kyle		Twickenham, England	03-Jun-66
19'10"½	6.057	Margaret Murphy	Open Sports	Banteer	27-Jun-71
6.06		Mary Coogan	East. Region C'ships	Tullamore	12-Jun-83
6.17	1.0	Mary Coogan	East. Region C'ships	Tullamore	12-Jun-83
6.27		Terri Horgan	National Championships	Santry, Dublin	23-Jul-88
6.39		Terri Horgan		Dublin	06-Aug-89
6.48		Terri Horgan	WestAthletic	Bruxelles, Belgium	14-Jun-92
6.51	1.8	Kelly Proper		Amsterdam, Netherlands	02-Aug-08
6.51	0.7	Kelly Proper	National League	Tullamore	08-Aug-09
6.60	1.0	Kelly Proper		Bruxelles, Belgium	08-Aug-10
Triple Jump, Women					
11.09	NBP	Marie O'Meara			00-00-89
11.54	NBP	Marie O'Meara			00-00-91
12.21		Siobhan Hoey		Limerick	18-Jul-94
12.38		Siobhan Hoey		Banteer	19-Jun-98
12.60	0.8	Taneisha Robinson-Scanlon	Europa Cup	Riga, Latvia	22-Jun-01
12.80	-0.6	Taneisha Robinson-Scanlon	Europa Cup	Tallinn, Estonia	22-Jun-02
12.81	1.8	Taneisha Robinson-Scanlon	Bedford Games	Bedford, England	17-Aug-02
13.23	1.6	Taneisha Robinson-Scanlon	Loughborough	Loughborough, England	08-Jun-03
13.39	1.7	Taneisha Robinson-Scanlon	Bedford Games	Bedford	29-May-05
13.62	0.9	Taneisha Robinson-Scanlon	Cena Slov	Bratislava, Slovakia	07-Jun-05
Shot, Women					
32'2"	9.804	Margaret Corry	Crusaders v Short & Harland	Santry, Dublin	07-Sep-63
37'7"¼	11.460	Rosemary Murphy			30-Jun-65
39'6"¼	12.052	Freddie Cooney	National Championships	Mardyke, Cork	29-Jul-73
40'5"	12.319	Gay Porter-Hogan	National League	Iveagh Grds., Dublin	14-May-74
41'8"¼	12.712	Gay Porter-Hogan		Dublin	26-May-74
42'5"½	12.940	Gay Porter-Hogan	National League semi-final	Santry, Dublin	02-Jun-74
42'6"¼	12.970	Gay Porter-Hogan	Dublin Championships	Belfield, Dublin	30-Jun-74
42'7"	12.980	Freddie Cooney	Pentathlon Championship	Belfield, Dublin	13-Jul-74
44'0"½	13.423	Gay Porter-Hogan	Open Meet	Claremorris	11-May-75
45'3"	13.792	Gay Porter-Hogan	Ryan/Vandendries	Santry, Dublin	25-May-75
46'4"¼	14.135	Marita Walton	Schools Championships	Limerick	11-Jun-77
14.52		Marita Walton	Europa Cup	Belfield, Dublin	18-Jul-77
14.70		Marita Walton	Eastern Regional C'ships	Belfield, Dublin	20-Aug-78
15.71		Marita Walton	Maryland Open	College Park, MD	20-Apr-80
15.96		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	26-Apr-80
15.98		Marita Walton	AIAW	Eugene, Oregon	24-May-80
52'6"¼	16.021	Marita Walton	Invitational	College Park, Maryland	19-Apr-81
16.46		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	25-Apr-81
16.56		Marita Walton	Penn Relays	Philadelphia, Pennsylvania	24-Apr-82
16.99		Marita Walton	King Games	Stanford, California	02-Apr-83
Discus, Women					
85'2"	25.960	Maeve Kyle	Pentathlon	Stoke, England	13-Sep-58
109'1"¼	33.260	Rosemary Reilly	AAU Championships	Santry, Dublin	23-Jun-65
122'7"¼	37.382	Rosemary Murphy	National Championships	Tipperary	17-Sep-67
124'8"¼	38.010	Rosemary Murphy		Dublin	27-Sep-67
125'0"½	38.112	María Dunne	National Championships	Mardyke, Cork	29-Jul-73
129'8"	39.522	Gay Porter-Hogan	National League	Iveagh Grds., Dublin	14-May-74
131'4"	40.030	Gay Porter-Hogan	Guinness Sports	Iveagh Grds., Dublin	22-Jun-74
135'10"	41.402	Gay Porter-Hogan	Civil Service Sports	College Park, Dublin	23-Jun-74
141'11"	43.256	Gay Porter-Hogan	Graded meeting	Belfield, Dublin	26-Jun-74
142'1"¼	43.319	Gay Porter-Hogan	WAAA Championships, 7th	London, England	19-Jul-75
143'10"	43.840	Marita Walton			00 Abc 00
147'10"¼	45.080	Marita Walton	Europa Cup	Santry, Dublin	17-Jul-77
152'0"	46.329	Patricia Walsh	National Championships	Santry, Dublin	30-Jul-77
157'2"½	47.920	Patricia Walsh	Westlands Cup	Sittard, Netherlands	17-Jun-78
157'7"	48.031	Patricia Walsh	Schools Championships	Belfield, Dublin	10-Jun-78
158'4"	48.260	Patricia Walsh	National Championships	Belfield, Dublin	22-Jul-78
170'4"	51.920	Patricia Walsh	Donore H. - Calor K	Belfield, Dublin	10-Jul-79
53.76		Patricia Walsh	Invitational	Belfield, Dublin	25-Apr-80
54.36		Patricia Walsh	Leevale-Brooks	Mardyke, Cork	16-May-80
54.36		Patricia Walsh	Vandendries Trophy	Belfield, Dublin	01-Jun-80
54.65		Patricia Walsh	Dual Meet	Stanford, California	24-Mar-82
55.72		Patricia Walsh	Penn Relays	Philadelphia, Pennsylvania	24-Apr-82
56.30		Patricia Walsh	Triangular	Knoxville, Tennessee	01-May-82
57.06		Patricia Walsh	Tom Black Classic	Knoxville, Tennessee	21-May-82
57.60		Patricia Walsh	National Championships	Santry, Dublin	07-Jul-84
Hammer, Women					
34.86		Una Cosgrave	National Championships	Tullamore	25-Jul-87
39.78		Breda Wall	National Championships	Santry, Dublin	23-Jul-88
42.40		Elaine Hayes	National Championships	Tullamore	14-Jul-90
44.90		Lorraine Shaw	National Championships	Santry, Dublin	11-Jul-92
45.32		Olivia Kelleher	Inter-Varsity	Belfast	20-Apr-96
47.10		Olivia Kelleher	Ryan/Vandendries	Santry, Dublin	11-May-96
52.16		Olivia Kelleher	Westathletic	Santry, Dublin	09-Jun-96
56.22		Olivia Kelleher	Graded Meeting	Santry, Dublin	30-Jul-97
56.34		Olivia Kelleher		Manchester, England	18-Apr-99
57.53		Olivia Kelleher		Belfast	24-Apr-99
58.48		Nicola Coffey	Big East	New Brunswick, New Jersey	06-May-01
60.28		Eileen O'Keefe	E Cup 2	Tallinn, Estonia	22-Jun-02
61.10		Eileen O'Keefe	Dublin International	Santry, Dublin	19-Jul-02
61.46		Eileen O'Keefe	E Cup 1	Lappeenranta, Finland	22-Jun-03
63.25		Eileen O'Keefe		Santry, Dublin	03-Aug-03
64.66		Eileen O'Keefe	Mazda League Finals	Tullamore	15-Aug-04
67.03		Eileen O'Keefe		Santry, Dublin	05-Jun-05
68.14		Eileen O'Keefe	National Championships	Santry, Dublin	23-Jul-05
69.36		Eileen O'Keefe	Dublin International	Santry, Dublin	30-Jul-05
69.36		Eileen O'Keefe	Dublin International	Santry, Dublin	30-Jul-05
69.44		Eileen O'Keefe	E Cup 1	Vaasa, Finland	24-Jun-07
73.21		Eileen O'Keefe	National Championships	Santry, Dublin	21-Jul-07
Javelin, Women					

Event	Note	Athlete	Competition	Venue	Date
83'0"	25.298	Maeve Kyle	Pentathlon	Santry, Dublin	07-Aug-65
85'4"	26.010	Rosemary Murphy	National Championships	Tipperary	17-Sep-67
97'2"¾	29.640	Rosemary Murphy		Belfast	00-00-64
107'2"½	32.677	Margaret Pasquetti	National Championships	Banteer	23-Jul-72
116'10"		Gay Hogan	League Final	Belfield, Dublin	09-Jul-74
125'11"¾		Sandra O'Toole		Lisboa, Portugal	18-Apr-73
41.32		Sandra O'Toole		Shrewsbury, England	13-Jul-74
41.76		Linda Kennedy	National Championships	Belfield, Dublin	23-Jul-78
43.36		Margaret Crosse	Vandendries	Belfield, Dublin	27-May-79
43.92		Margaret Crosse	Vandendries	Belfield, Dublin	09-May-82
44.00		Dara Shakespeare	Vandendries	Belfield, Dublin	09-May-82
45.04		Brenda Walsh	Vandendries	Belfield, Dublin	09-May-82
47.52		Brenda Walsh	Yoplaix International	Antrim	12-Jun-82
49.96		Dara Shakespeare		Belfast	20-Apr-85
48.10		Dara Shakespeare	Universities Championships	Mardyke, Cork	04-May-85
50.42		Mary T.Real		Waterford	20-Jun-92
50.64		Dara Shakespeare		Dublin	24-Jul-94
New Specification from 1st April 1999					
47.72		Alison Moffit		Belfast	21-Aug-99
50.10		Jennifer O'Sullivan	Mazda, Div.1., Pool 2	Navan	18-Jul-04
54.92		Anita Fitzgibbon	National Championships	Santry, Dublin	27-Jul-13
5,000m Walk, Women					
24.08.0		Marie Walsh		Tullamore	00-May-89
23.05.1		Lisa Sheridan	National Championships	Belfield, Dublin	24-Jul-93
22.27.61		Lisa Sheridan	NSW Championships	Sydney, Australia	14-Feb-95
22.00.05		Deirdre Gallagher	National Championships	Santry, Dublin	16-Jun-96
21.35.62		Deirdre Gallagher	National U23 Championships	Tullamore	23-Jun-96
21.18.96		Gillian O'Sullivan	Castleisland Open	Castleisland, Kerry	11-Jun-00
20.50.13		Gillian O'Sullivan	National Championships	Santry, Dublin	11-Jul-01
20.02.60	WR	Gillian O'Sullivan	National Championships	Santry, Dublin	14-Jul-02
10km Walk, Women					
47.44		Marie Walshe	Softeland GP	Bergen, Norway	00-May-90
47.22		Perri Williams		Kilkenny	00-00-92
46.31		Lisa Sheridan	World Championships	Stuttgart, Germany	14-Aug-93
46.24		Lisa Sheridan	AUS National Championships	Melbourne, Australia	22-Feb-95
45.12		Deirdre Gallagher	European Grand Prix	Douglas, Isle of Man	24-Feb-96
43.29		Gillian O'Sullivan	European Grand Prix	Phoenix Park	15-Jul-00
43.22		Olive Loughnane	IAAF Challenge Final	Saransk, Russia	19-Sep-09
20km Walk, Women					
1.40.13		Lisa Sheridan	AUS National Championships	Melbourne, Australia	13-Dec-98
1.36.44		Gillian O'Sullivan	UK Championships	Leamington, England	21-Mar-99
1.33.08		Gillian O'Sullivan	European Grand Prix	Douglas, Isle of Man	19-Feb-00
1.31.31		Gillian O'Sullivan	European Cup	Eisenhuettenstadt, Germany	17-Jun-00
1.31.13		Gillian O'Sullivan	European Cup	Dudince, Slovakia	19-May-01
1.29.57		Gillian O'Sullivan	EAA Permit	Douglas, Isle of Man	17-Feb-02
1.29.53		Gillian O'Sullivan	Commonwealth Trials	Manchester, England	21-Apr-02
1.29.12		Gillian O'Sullivan	European Grand Prix	Dublin	15-Jun-02
1.28.46		Gillian O'Sullivan	European Championships	Munich, Germany	07-Aug-02
1.27.22		Gillian O'Sullivan	IAAF Challenge	Sesto San Giovanni, Italy	01-May-03
Heptathlon, Women					
4,788		Joy Murphy		Tullamore	29/30-Aug-81
4,962		Brid Hallissey		Dublin	04/05-Jul-86
5,033		Brid Hallissey		Tullamore	00.00.90
5,110		Brid Hallissey		Sittard, Netherlands	21/22-Jul-90
5,139		Brid Hallissey		Waterford	15/16-Sep-90
5,217		Brid Hallissey		Waterford	15/16-Jun-91
5,236		Brid Hallissey		Belgium	10/11-Jul-93
5,394		Sharon Foley		London, England	23/24-Aug-97
5,399		Mairead Murphy	Big 12	Manhattan, Kansas	11/12-May-12
5,442	13.88/1.1 1.63 11.31 24.61/0.4 5.66w/2.5 31.59 2:18.80	Kelly Proper	Multistars	Firenze, Italy	2/3-May-13
5,545	14.80/0.0 1.66 10.40 24.10/-1.0 6.31/1.2 34.11 2:26.28	Elizabeth Morland	National Championships	Santry, Dublin	28/29-May-16
5,669	13.92/0.6 1.70 10.53 24.95/0.6 5.75w/2.3 39.84 2:21.22	Elizabeth Morland	Meeting Internacional de Prue	Arona, Spain	3/4-Jun-17
5,801	14.01/-0.3 1.76 10.78 25.13/0.4 5.87/0.6 41.98 2:22.30	Elizabeth Morland	European Juniors	Grosseto, Italy	20/21-Jul-17
5,815	13.94/-1.5 1.78 11.47 24.76/-1.2 6.01/-0.1 43.74 2:23.93	Elizabeth Morland	Meeting Internacional de Prue	Arona, Spain	2/3-Jun-18
13.63w/2.1 1.70 11.49 24.99/0.0 6.12/0.0 43.49 2:22.23					
4x100m Relay, Women					
47.4	National Team	Ann Jeffords, Mary Doyle, Ruth Algar, Mary Appleby		Osijek, Croatia	14-Jun-75
47.43	National Team	tbc		Belfield, Dublin	17-Jul-77
46.71	National Team	tbc		Sittard, Netherlands	07-Jul-79
46.12	National Team	Aideen Morrisson, Mary Parr, Patricia Mullins, Olive Burke		Santry, Dublin	20-Aug-83
45.6	National Team	Karen Shinkins, Nicola Moore, Marissa Smith, Terri Horgan		Santry, Dublin	11-Jun-94
44.92	National Team	Emily Maher, Sarah Reilly, Derval O'Rourke, Ciara Sheehy	Europa Cup	Riga, Latvia	23-Jun-01
44.68	National Team	Derval O'Rourke, Anna Boyle, Ailis McSweeney, Ciara Sheehy	Europa Cup	Leiria, Portugal	18-Jun-05
44.4	National Team	Emily Maher, Anna Boyle, Ailis McSweeney, Ciara Sheehy		Prague, Czech Republic	17-Jun-06
43.93	National Team	Amy Foster, Niamh Whelan, Claire Brady, Ailis McSweeney	European Championships	Barcelona, Spain	31-Jul-10
43.84	National Team	Amy Foster, Kelly Proper, Sarah Lavin, Phil Healy	European Championships	Zurich, Switzerland	16-Aug-14
43.8	National Team	Joan Healy, Phil Healy, Ciara Neville, Gina Akpe-Moses	European Championships	Berlin, Germany	11-Aug-18
4x400m Relay, Women					
3.37.4	National Team	Padraigin O'Dwyer, Claire Walsh, Mary Tracey, Aideen Morrison	Europa Cup	Lyngby, Denmark	30-Jun-73

Event	Note	Athlete	Competition	Venue	Date
3.34.90		National Team		Santry, Dublin	21-Aug-83
		Patricia Walsh, Caroline O'Shea, Carmel Carey, Gay Flanagan			
3.32.56		National Team	World Championships	Rome, Italy	05-Sep-87
		Michele Carroll, Barbara Johnson, Patricia Walsh, Patricia Amond			
3.32.24		National Team	Olympic Games	Sydney, Australia	29-Sep-00
		Karen Shinkins, Martina McCarthy, Ciara Sheehy, Emily Maher			
3.31.51		National Team		Prague, Czech Republic	18-Jun-06
		Michelle Carey, Elaine McCaffrey, Ciara Sheehy, Joanne Cuddihy			
3.30.11		National Team	European Championships	Barcelona, Spain	31-Jul-10
		Marian Andrews, Joanne Cuddihy, Brona Furlong, Michelle Carey			
3.27.48		National Team	World Championships	Daegu, South Korea	02-Sep-11
		Marian Heffernan, Joanne Cuddihy, Claire Bergin, Michelle Carey			