

Sex	Category	Where	Event	Time	Wind	Name	Relay Team	Born	Venue	Date	No. of Records	Other
Men	Senior	Indoor	60m	6.61		Paul Hession		27.01.83	Birmingham, ENG	03.03.07	2	
Men	Senior	Indoor	100m	10.36		Paul Hession		27.01.83	Tampere, FIN	27.02.08	2	
Men	Senior	Indoor	200m	20.75		Paul Brizzel		03.10.76	Birmingham, ENG	02.03.03	1	
Men	Senior	Indoor	300m	34.28		Robert Daly		26.01.78	Cardiff, WAL	09.02.03	1	
Men	Senior	Indoor	400m	45.52		David Gillick		09.07.83	Birmingham, ENG	03.03.07	2	
Men	Senior	Indoor	400m	45.52		David Gillick		09.07.83	Birmingham, ENG	20.02.10	2	
Men	Senior	Indoor	440y	46.30		Fanahan McSweeney		21.08.47	Houston, USA	13.02.70	1	
Men	Senior	Indoor	500m	1.00.63		Mark English		18.03.93	Stockholm, SWE	18.02.16	2	New in 2016
Men	Senior	Indoor	600m	1.17.52		Zak Curran		17.12.93	Manchester, ENG	31.01.16	1	New in 2016
Men	Senior	Indoor	800m	1.46.82		Mark English		18.03.93	Athlone	02.02.14	2	
Men	Senior	Indoor	1000m	2.20.2		Marcus O'Sullivan		22.12.61	New York, USA	25.01.85	2	
Men	Senior	Indoor	1500m	3.35.4		Marcus O'Sullivan		22.12.61	East Rutherford, USA	13.02.88	2	
Men	Senior	Indoor	Mile	3.49.78		Eamonn Coghlan		24.11.52	East Rutherford, USA	27.02.83	2	
Men	Senior	Indoor	2000m	4.54.07		Eamonn Coghlan		24.11.52	Inglewood, USA	20.02.87	2	
Men	Senior	Indoor	3000m	7.38.59		Alistair Cragg		13.06.80	Fayetteville, USA	14.02.04	2	
Men	Senior	Indoor	5000m	13.28.93		Alistair Cragg		13.06.80	Fayetteville, USA	14.03.03	2	
Men	Senior	Indoor	50m H	6.56		Peter Coghlan		27.03.75	Sindelfingen, GER	04.03.01	3	
Men	Senior	Indoor	55m H	7.21		Peter Coghlan		27.03.75	Ithaca, USA	08.03.98	3	
Men	Senior	Indoor	60m H	7.57		Peter Coghlan		27.03.75	Blacksburg, USA	26.02.99	3	
Men	Senior	Indoor	High Jump	2.28m		Brendan Reilly		23.12.72	Reykjavik, ISL	05.03.00	1	
Men	Senior	Indoor	High Jump	2.28m		Adrian O'Dwyer		01.12.83	Budapest, HUN	24.02.04	1	
Men	Senior	Indoor	Long Jump	8.00m		Ciaran McDonagh		20.05.76	Blacksburg, USA	14.01.06	1	
Men	Senior	Indoor	Triple Jump	16.27m		Colm Cronin		14.06.57	Detroit, USA	10.03.78	1	
Men	Senior	Indoor	Pole Vault	5.22m		Brian McGovern		12.09.90	New York, USA	23.02.12	1	
Men	Senior	Indoor	Shot	18.27m		Sean Breatenach		13.02.79	Athlone	06.03.16	1	New in 2016
Men	Senior	Indoor	4x200m	1.26.59		Gary Ryan, Mark Howard, David McCarthy, Paul Hession	National Team	n/a	Cardiff, WAL	10.02.02	1	
Men	Senior	Indoor	4x200m (Club)	1.30.6		Brian Liddy, Derek Gilbane, Antoine Burke, Keelan Conlan	U.C.D.	n/a	Nenagh	14.01.96	1	
Men	Senior	Indoor	4x400m	3.08.83		Rob Daly, Gary Ryan, David Gillick, David McCarthy	National Team	n/a	Budapest, HUN	07.03.04	1	
Men	Senior	Indoor	4x400m (Club)	3.24.16		James Nolan, John O'Reilly, Keelan Conlan, Brian Liddy	U.C.D.	n/a	Nenagh	14.01.96	1	
Men	Senior	Indoor	3000m Walk	11.10.02		Robert Heffernan		28.02.78	Cardiff, WAL	02.02.02	2	
Men	Senior	Indoor	5000m Walk	18.51.46		Robert Heffernan		28.02.78	Belfast	26.01.08	2	
Men	Senior	Indoor	Heptathlon	5,560pts		Joseph Naughton		17.10.74	Tallinn, EST	02/03.02.02	1	