

Sex	Category	Where	Event	Time	Wind	Name	Relay Team	Born	Venue	Date	Other
Men	Senior	Outdoor	100m	10.18	1.9	Paul Hession		27.01.83	Vaala, FIN	23.06.07	
Men	Senior	Outdoor	200m	20.3	0.1	Paul Hession		27.01.83	Santry	21.07.07	
Men	Senior	Outdoor	300m	32.47		Paul Hession		27.01.83	Ostrava, CZE	12.06.08	
Men	Senior	Outdoor	400m	44.77		David Gillick		09.07.83	Madrid, ESP	04.07.09	
Men	Senior	Outdoor	600m	1:15.71		Mark English		18.03.93	Amsterdam, NED	05.09.15	
Men	Senior	Outdoor	800m	1:44.82		David Matthews		09.04.74	Rieti, ITA	05.09.95	
Men	Senior	Outdoor	1000m	2:17.58		David Matthews		09.04.74	Sarajevo, BIH	09.09.96	
Men	Senior	Outdoor	1500m	3:33.5		Ray Flynn		22.01.57	Oslo, NOR	07.07.82	
Men	Senior	Outdoor	1 Mile	3:49.77		Ray Flynn		22.01.57	Oslo, NOR	07.07.82	
Men	Senior	Outdoor	2000m	4:55.06		Marcus O'Sullivan		22.12.61	Nice, FRA	10.07.96	
Men	Senior	Outdoor	3000m	7:30.36		Mark Carroll		15.01.72	Monte Carlo, MON	04.08.99	
Men	Senior	Outdoor	5000m	13:03.53		Alistair Cragg		13.06.80	Brussels, BEL	16.09.11	
Men	Senior	Outdoor	10000m	27:39.55		Alistair Cragg		13.06.80	Palo Alto, USA	29.04.07	
Men	Senior	Outdoor	Marathon	2:09.15		John Treacy		04.06.57	Boston, USA	18.04.88	
Men	Senior	Outdoor	110m H	13.3	0.6	Peter Coghlan		27.03.75	Hechtel, BEL	07.08.99	
Men	Senior	Outdoor	400m H	47.97		Thomas Barr		24.07.92	Rio de Janeiro, BRA	18.08.16	
Men	Senior	Outdoor	3000m S/c	8.24.09		Brendan Quinn		26.07.60	Brussels, BEL	30.08.85	
Men	Senior	Outdoor	High Jump	2.30m		Adrian O'Dwyer		01.12.83	Algiers, ALG	24.06.04	
Men	Senior	Outdoor	Long Jump	8.07m	1.4	Ciaran McDonagh		20.05.76	La Chaux-de-Fonds, SUI	21.08.05	
Men	Senior	Outdoor	Triple Jump	15.89m		Colm Cronin		14.06.57	Copenhagen, DEN	26.06.77	
Men	Senior	Outdoor	Pole Vault	5.36m		Brian McGovern		12.09.90	Tempe, USA	23.03.13	
Men	Senior	Outdoor	Shot	20.04m		Paul Quirke		05.06.63	New York, USA	07.07.92	
Men	Senior	Outdoor	Discus	67.89m		Nick Sweeney		26.03.68	Helsingborg, SWE	04.09.98	
Men	Senior	Outdoor	Hammer	77.80m		Declan Hegarty		12.10.60	Walnut, USA	28.04.85	
Men	Senior	Outdoor	Javelin	82.75m		Terry McHugh		22.08.63	London, ENG	05.08.00	
Men	Senior	Outdoor	56lbs Dist.	9.16m		John Menton		07.05.70	Santry	02.07.98	
Men	Senior	Outdoor	56lbs Height	4.93m		Gerry O'Connell		-	Tullamore	19.07.86	
Men	Senior	Outdoor	4x100m	39.26		John McAdorey, Gary Ryan, Tom Comyns, Paul Brizzel	National Team	n/a	Sydney, AUS	29.09.00	
Men	Senior	Outdoor	4x100m (Club)	40.89		Darren Hough, David Finegan, Eugene Farrell, David Power	Dublin City Hrs	n/a	Tullamore	13.08.00	
Men	Senior	Outdoor	4x400m	3:01.26		Brian Gregan, Brian Murphy, Thomas Barr, Mark English	National Team	n/a	Beijing, CHN	29.08.15	
Men	Senior	Outdoor	4x400m (Club)	3:10.59		Jason Harvey, Eoin Mulhall, Steven Colvert, Richard Morrissey	Crusaders AC	n/a	Morton Stadium	08.07.12	
Men	Senior	Outdoor	3000m Walk	11:11.94		Robert Heffernan		28.02.78	Cork	02.07.13	
Men	Senior	Outdoor	5000m Walk	18:59.37		Robert Heffernan		28.02.78	Barcelona, ESP	30.06.07	
Men	Senior	Outdoor	10,000m Walk.	38:27.57		Robert Heffernan		28.02.78	Santry	21.07.08	
Men	Senior	Outdoor	10k Walk Rd.	39.15		Robert Heffernan		28.02.78	La Coruña, ESP	17.09.11	
Men	Senior	Outdoor	20,000m Walk	1:23.51		Bobby O'Leary		19.06.67	Santry	14.07.91	
Men	Senior	Outdoor	20k Walk Rd.	1:19.22		Robert Heffernan		28.02.78	Cheboksary, RUS	10.05.08	
Men	Senior	Outdoor	30k Walk Rd.	2:07.48		Robert Heffernan		28.02.78	Cork	30.01.11	
Men	Senior	Outdoor	50k Walk	3:37.54		Robert Heffernan		28.02.78	London, ENG	11.08.12	
Men	Senior	Outdoor	Decathlon	7,882pts		Carlos O'Connell		21.06.63	Emmitsburg, USA	4/5.06.88	
Men	Senior	Outdoor	1 Hour	19625m		John Treacy		04.06.57	Monte Carlo, MON	19.09.87	