

Athletic Association of Ireland

Junior Women

PLACE	NO.	NAME	Woodie Club	Combined Events	Indoor	60m	Championships	Shot	HJ	800m	Total
1	119	Finnegan, Rachel	Craughwell	23rd January 2010	10.26	4.50	6.18	1.33	2.40.84		
					664	428	283	439	563	2377	
2	117	Corcoran, Catriona	Bree A.C.		10.81	4.58	7.05	1.48	2.55.65		
					568	448	338	599	407	2360	
3	116	Shovlin, Sarah	St. Killian's A.C.		10.77	4.37	7.27	1.45	3.05.95		
					575	396	352	566	312	2201	
4	118	Ralston, Sophie	Craughwell A.C.		11.45	4.42	5.3	1.3	2.53.19		
					465	408	227	409	431	1940	

Athletic Association of Ireland

Junior Men

PLACE	NO.	NAME	Woodie CLUB	Combined Events	Indoor 60m	Championship	Shot	HJ	1000m	Total
1	115	Sabayo , Emmanuel	Dooneen A.C.	23rd January 2010	9.05	5.97	9.89	1.76	3.27.24	
					735	580	479	593	422	2809
2	114	Kennedy , Clarence			9.03	5.84	9.93	1.70	3.32.14	
					739	552	481	544	384	2700
3	101	Kavanagh (Jun), Eoghan	Caim A.C.		10.24	5.09	7.21	1.70	3.22.01	
					497	400	320	544	465	2226
4	145	O'Riordan , Stephen	Templemore A.C.		11.22	4.65	6.9	1.58	3.28.99	
					334	317	301	449	408	1809

Athletic Association of Ireland

Senior Women

Woodie's DIY Combined Events Indoor Championships

23rd January 2010

PLACE	NO.	NAME	CLUB	60 Hur	LJ	Shot	HJ	800m	Total
1	144	Mc Namara, Claire	Athenry A.C.	10.01	4.87	8.64	1.66	2.40.32	
				710	524	441	806	569	3050
2	141	Finnegan, Geraldine	Dunleer A.C.	10.33	4.43	9.85	1.36	2.35.96	
				652	411	520	470	620	2673
3	127	Buckley (Senior), Helen	Raheny Shamrock A.C.	11.24	4.59	9.52	1.6	3.00.51	
				498	451	498	736	360	2543
4	129	Dolan (Senior), Cheryl	Na Fianna A.C.	11.79	4.94	9.18	1.42	2.43.07	
				414	543	476	534	538	2505
5	128	Moloney (Senior), Sinead	St. Killian's A.C.	10.87	4.49	6.9	1.48	2.44.00	
				558	426	329	599	528	2440

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Senior Men

PLACE	NO.	NAME	Woodie Club	Combined Events	Indoor	60m	Championships	Shot	HJ	1000m	Total
1	146	Grant, Kevin	Letterkenny	23.0	January 2010	9.9	5.61	9.43	1.76	3.04.54	
						560	504	451	593	620	2728
2	123	Finnegan, William	Craughwell A.C.			9.58	5.68	8.27	1.7	3.08.74	
						623	519	382	544	581	2649
3	121	Cremin, Ger	An Ríocht			9.76	5.78	7.66	1.64	3.15.81	
						587	540	346	496	518	2487
4	502	Barry, Joe	Templemore A.C.			10.58	5.36	8.33	1.55	3.05.53	
						437	453	386	426	611	2313
5	124	Kelly, Ross	Belgooly A.C.			11.48	5.62	9.86	1.58	3.13.24	
						296	506	477	449	540	2268
6	120	O'Malley, Patrick	Galway City Hrs			10.8	5.35	9.53	1.55	3.38.57	
						400	451	457	426	337	2071
7	125	Dennehy, Breadan	Rising Sun A.C			10.01	ND	8.48	1.61		
						539		395	471		
8	122	Lee, Austin	St. Joseph's			10.5	4.89		1.52		
						450	361		404		

Athletic Association of Ireland

Master Women 35+

Woodie's DIY Combined Events Indoor Championships

PLACE	NO.	NAME	CLUB	23rd January 2010	60 Hur	LJ	Shot	800m	HJ	
1	142	Fenlon, Verena	St. Joseph's A.C.		12.11	3.82	9.2	2.58.11	1.36	
					368	267	477	383	470	1965
2	143	Coomey, Liz	Bandon A.C.		12.26	4.13	9.92	4.54.94	1.36	
					348	338	459	1	470	1616
3	140	Power Jacintha	Waterford A.C.		13.73	3.16	5.28	3.03.41	NH	
					213	135	226	334		908

Athletic Association of Ireland

Master Men 35+

PLACE	NO.	NAME	Woodie Club	Combined Events	Indoor 60m	Championships	Shot	HJ	1000m	Total
1	139	Mc Cabe (M35), Jonathan	Drogheda & District A.C.	29th January 2010	10.15	5.34	9.99	1.55	3.14.57	
					513	449	485	426	529	2402
2	132	O'Brien, Tom	Waterford A.C.		11.27	5.51	7.93	1.64	3.07.15	
					327	483	362	496	596	2264
3	138	Byrne (M35), Kevin	Dundrum South Dublin A.C.		10.28	5.33	8.79	1.55	3.24.36	
					489	447	413	426	445	2220
4	137	O'Grady (M35), Martin	Nenagh Olympic A.C.		10.04			1.58		
					533			449		982

Athletic Association of Ireland

Master Men M50+

PLACE	NO.	NAME	Woodie Club	Combined Events	Indoor Championships	Shot	1000m	Total	
1	133	Cullina Padraig	Mayo A.C.	23rd January 2010	8.98	4.73	8.07	3.29.01	
					309	332	370	408	1419
2	134	Power Richie	West Waterford A.C.		8.95	4.11	7.89	3.30.35	
					315	224	360	398	1297
3	131	Fox Seamus	Fanahan Mc Sweeney		9.24	4.04	7.03	3.54.40	
					253	212	309	232	1006