

Individual Results Round 2 Santry 18th July 2010

Division 1 Men

110m Hurdles

Place	No.	Athlete	Club	Time
1	976	Jamie Quane	Kilkenny City Harriers	18.17
2	973	Liam Houlihan	Ferrybank	18.38
3	974	Patrick Curran	Tallaght	19.45
4	978	Patrick O Donnell	Olympian	19.72
5	977	Pat Breen	Waterford A.C	33.89

3000m Walk

Place	No.	Athlete	Club	Time
1	978	Eoin Mc Dermott	Olympian	20.49.14
2	974	Eddie Healy	Tallaght	22.10.14
3	977	Derek Grant	Waterford A.C	24.11.97

400m Hurdles

Place	No.	Athlete	Club	Time
1	973	Thomas Barr	Ferrybank	57.77
2	974	Patrick Curran	Tallaght	62.31
3	978	Patrick o Donnell	Olympian	63.24
4	975	Cian Ward	Sli Cualann	66.96
5	976	Austin Lee	Kilkenny City Harriers	67.64
6	977	Isaac Lineen	Waterford A.C	77.49

4x100m Relay

Place	No.	Athlete	Club	Mark
1	976		Kilkenny City Harriers	44.36
2	973		Ferrybank	44.62
3	974		Tallaght	44.86
4	975		Sli Cualann	45.02
5	978		Olympian	47.43
6	977		Waterford A.C	49.61

Division 1 Women

100m Hurdles

Place	No.	Athlete	Club	Time
1	988	Sandra Lawler	Kildare County	14.96
2	985	Shauna Furman	Clonliffe Harriers	16.13
3	990	Laura Boylan	Sli Cualann	17.39
4	986	Zoe Brown	Raheny Shamrocks	17.55
5	987	Sinead Moloney	Wexford County	18.45
6	989	Jacinta Power	Waterford A.C	22.01
	1906	Mairead Murphy	Guest UCD	14.05

1500m Walk

Place	No.	Athlete	Club	Time
1	987	Emma Farrell	Wexford County	7.57.33
2	990	Amy Mooney	Sli Cualann	8.52.80
3	988	Aoife Sheehy	Kildare County	9.12.67
4	989	Cait Caulfield	Waterford A.C	9.23.12
5	991	Jenny O Connor	Tallaght	10.10.32
6	986	Kayla Flynn	Raheny Shamrocks	10.38.41
7	985	Kate Purcell	Clonliffe Harriers	10.55.22

400m Hurdles

	No.	Athlete		Distance
1	985	Sarah Woods	Clonliffe Harriers	70.10
2	990	Laura Boylan	Sli Cualann	72.73
3	988	Cera Nolan	Kildare County	75.46
4	987	Catriona Corcoran	Wexford County	78.64
5	989	Jacinta Power	Waterford A.C	88.72

4x100m Relay

Place	No.	Athlete	Club	Time
1	988		Kildare County	49.36
2	985		Clonliffe Harriers	49.59
3	986		Raheny Shamrocks	51.03
4	987		Wexford County	51.27
5	990		Sli Cualann	52.50
6	991		Tallaght	56.35
7	989		Waterford A.C	61.98

1500m

Place	No.	Athlete	Club	Time
1	976	Eoin Everard	Kilkenny City Harriers	4.04.17
2	974	Thomas Fitzpatrick	Tallaght	4.06.46
3	973	Patrick Hogan	Ferrybank	4.13.85
4	975	Jonathon Phillips	Sli Cualann	4.24.32
5	978	Martin Dunlop	Olympian	4.38.96
6	977	Jim Balwin	Waterford A.C	4.40.87

1500m

Place	No.	Athlete	Club	Time
1	985	Louise Reilly	Clonliffe Harriers	4.49.65
2	990	Niamh Kearney	Sli Cualann	4.59.72
3	986	Sheila Coyle	Raheny Shamrocks	5.03.78
4	988	Emily Milner	Kildare County	5.16.00
5	989	Cait Caulfield	Waterford A.C	5.27.73
6	987	Mary Sinnott	Wexford County	5.58.30
7	991	Bronagh O Hanlon	Tallaght	6.14.43

400m

Place	No.	Athlete	Club	Time
1	973	Niall Tuohy	Ferrybank	48.62
2	976	Eoin Everard	Kilkenny City Harriers	No Time
3	974	Eddie Healy	Tallaght	52.49
4	975	Cormac Hanlon	Sli Cualann	54.17
5	978	Ciaran Mc Keever	Olympian	No Time
6	977	Pat Breen	Waterford A.C	58.45
		Shane Gore	Guest Fingallians	51.13

400m

Place	No.	Athlete	Club	Time
1	988	Claire Mooney	Kildare County	56.36
2	986	Siobhan Eviston	Raheny Shamrocks	56.73
3	985	Ciara Mc Callian	Clonliffe Harriers	57.91
4	990	Aisling Mc Gee	Sli Cualann	64.10
5	987	Antoinette Stafford	Wexford County	65.03
6	989	Titilope Oladifi	Waterford A.C	72.60
7	991	Bronagh O Hallon	Tallaght	75.79
		Michelle Rogers	Guest Windsor	58.13

58.13

3000m Steeplechase

Place	No.	Athlete	Club	Time
1	973	Alex Flynn	Ferrybank	10.10.33
2	975	Ryan Montgomery	Sli Cualann	10.45.81
3	974	Luke Coleman	Tallaght	11.30.93
4	977	Malachy Mc Glynn	Waterford A.C	13.24.84

200m

Place	No.	Athlete	Club	Time
1	973	Chris Russell	Ferrybank	21.84
2	975	Darragh Graham	Sli Cualann	22.05
3	976	Eoin Muldowney	Kilkenny City Harriers	23.09
4	977	Brendan Leahy	Waterford A.C	23.70
5	974	Chris Bolger	Tallaght	24.23
6	978	John Coyle	Olympian	24.42
	1911	Kenny Elliott	Guest NDAC	26.17

200m

Place	No.	Athlete	Club	Time
1	985	Leah Moore	Clonliffe Harriers	25.64
2	987	Antoinette Stafford	Wexford County	26.49
3	988	Sophie Ellis	Kildare County	27.35
4	986	Aisling Drumgoole	Raheny Shamrocks	28.14
5	990	Clara Byrne	Sli Cualann	28.77
6	991	Katie Fitzpatrick	Tallaght	29.64

800m

Place	No.	Athlete	Club	Time
1	974	Anthony Leighio	Tallaght	1.54.56
2	973	Patrick Flynn	Ferrybank	2.00.75
3	975	Richard Owens	Sli Cualann	2.06.05
4	976	Ian Boland	Kilkenny City Harriers	2.13.12
5	977	Keith Egan	Waterford A.C	2.22.62
6	978	Eoin Mc Dermot	Olympian	2.24.21
		Ian Conroy	Guest Raheny	2.03.34
			Guest	2.11.52
		James Kelly	Guest Fr Murphys	2.13.34
		Sean Fitzpatrick	GuestTallaght	2.19.47

800m

Place	No.	Athlete	Club	Time
1	986	Iseult O Donnell	Raheny Shamrocks	2.19.83
2	985	Becky Woods	Clonliffe Harriers	2.20.88
3	990	Ellie Hartnett	Sli Cualann	2.22.90
4	988	Aislinn Hurley	Kildare County	2.35.96
5	991	Paula Murray	Tallaght	2.40.35
6	987	Mary Sinnott	Wexford County	2.57.56
7	989	Suzanna Dullaghan	Waterford A.C	3.00.19
		Clare Earls	Guest Sli Cualann	2.23.48

5000m

Place	No.	Athlete	Club	Time
1	976	Brian Maher	Kilkenny City Harriers	15.23.9
2	974	Brian Connolly	Tallaght	16.24.2
3	973	Graham Power	Ferrybank	16.28.2
4	977	Jim Baldwin	Waterford A.C	17.43.2
5	978	Shaun Deery	Olympian	20.34.5

3000m

Place	No.	Athlete	Club	Time
1	986	Lorraine Manning	Raheny Shamrocks	10.14.83
2	985	Emma Cooper	Clonliffe Harriers	10.52.51
3	990	Tara Jameson	Sli Cualann	11.03.98
4	991	Jackie Boyle	Tallaght	11.29.57
5	988	Chloe Abbott	Kildare County	12.29.26
6	989	Suzanna Dullaghan	Waterford A.C	12.50.54
7	987	Jennifer Higgins	Wexford County	12.59.26

100m

Place	No.	Athlete	Club	Time
1	976	Jonathon Holmes	Kilkenny City Harriers	
2	973	Chris Russell	Ferrybank	
3	975	Darragh Graham	Sli Cualann	
4	977	Brendan Leahy	Waterford A.C	
5	974	Sean Morris	Tallaght	

100m

Place	No.	Athlete	Club	Time
1	985	Leah Moore	Clonliffe Harriers	12.0H
2	988	Sophie Ellis	Kildare County	12.8H
3	987	Denise Wickham	Wexford County	13.2H
4	990	Caoimhe Basquille	Sli Cualann	13.6H
5	991	Katie Fitzpatrick	Tallaght	13.9H
6	986	Siobhan Kenny	Raheny Shamrocks	14.8H
7	989	Emma Brent	Waterford A.C	16.2H
		Catherine Mc Manus	Guest Celtic DCH	12.3H

4x400m

Place	No.	Athlete	Club	Time
1			Ferrybank	3.27.1H
2			Tallaght	3.31.9H
3			Sli Cualann	3.34.7H
4			Kilkenny City Harriers	3.45.5H
5			Olympian	3.47.4H
			Waterford A.C	3.54.7H
6			Guest Ferrybank B	3.35.7H

4x400m

Place	No.	Athlete	Club	Time
1	990		Sli Cualann	4.11.1 H
2	988		Kildare County	4.11.9 H
3	986		Raheny Shamrocks	4.14.2 H
4	991		Tallaght	4.48.7 H

Hammer

Place	No.	Athlete	Club	Distance
1	974	Killian O Donoghue	Tallaght	24.38
2	973	Shane Kenney	Ferrybank	21.23
3	978	Brendan Quinn	Olympian	19.50
4	977	Derek Grant	Waterford A.C	12.12
		Tomas O Hara	Guest Donore	33.44
		Alan Casey	Guest Tallaght	19.89

Hammer

Place	No.	Athlete	Club	Distance
1	987	Mary Sutherland	Wexford County	49.62
2	988	Pauline Kenny	Kildare County	21.91
3	986	Anne Buckley	Raheny Shamrocks	14.09
4	989	Deirdre Chapman	Waterford A.C	13.31
5	990	Aimee Mooney	Sli Cualann	11.89
		Becky Wall	Guest Raheny	32.16
		Aisling Barnwell	Guest Raheny	26.43

Pole Vault

Place	No.	Athlete	Club	Height
1	973	Thomas Houlihan	Ferrybank	4.40
2	976	Cormac Everard	Kilkenny City Harriers	2.60
3	975	Michael Niemczak	Sli Cualann	2.40
4	974	Patrick Curran	Tallaght	2.20
		Anthony Mc Greary	Guest Clonliffe	4.20
		Liam Houlihan	Guest West Waterford	3.80
		Mihai Panthea	Guest Raheny Shamrocks	3.60

Pole Vault

Place	No.	Athlete	Club	Height
1	990	Caoimhe Basquille	Sli Cualann	2.30
2	987	Sinead Moloney	Wexford County	1.90
		Giulia Cazzamani	Guest Sisport	3.50

Long Jump

Place	No.	Athlete	Club	Distance
1	974	Eddie Healy	Tallaght	6.12
2	978	John Coyle	Olympian	5.91
3	973	Stephen Murphy	Ferrybank	5.84
4	977	Samuel Simon	Waterford A.C	5.71
5	976	David Mc Geary	Kilkenny City Harriers	5.67
6	975	Eamon Whelan	Sli Cualann	4.68

Long Jump

Place	No.	Athlete	Club	Distance
1	987	Antoinette Stafford	Wexford County	5.67
2	988	Sandra Lawler	Kildare County	5.43
3	985	Snezana Bechtina	Clonliffe Harriers	5.04
4	986	Siobhan Mc Kenny	Raheny Shamrocks	4.12
5	990	Ellie Hartnett	Sli Cualann	3.99
6	991	Emma Moran	Tallaght	3.86
7	989	Emma Brent	Waterford A.C	3.59

Discus

Place	No.	Athlete	Club	Distance
1	975	Ronan Kearney	Sli Cualann	34.23
2	973	Shane Kennedy	Ferrybank	29.16
3	976	Austin Lee	Kilkenny City Harriers	28.79
4	978	Brendan Quinn	Olympian	27.53
5	977	Pat Breen	Waterford A.C	23.99
6	974	Alan Casey	Tallaght	22.83
		Dave Sweeney	Guest	38.54
		Michael Glassowsky	Guest Tallaght	28.36

Discus

Place	No.	Athlete	Club	Distance
1	987	Emma Owens	Wexford County	27.05
2	988	Pauline Kenny	Kildare County	22.31
3	991	Yvonne Healy	Tallaght	21.26
4	985	Denise Byrne	Clonliffe Harriers	17.55
5	989	Titilope Oladifi	Waterford A.C	14.67
6	986	Molly Giblin	Raheny Shamrocks	14.26
7	990	Aisling Mc Gee	Sli Cualann	10.79
		Aisling Barnwell	Guest Raheny Shamrocks	22.54
		Gemma Mc Anirn	Guest North Down	26.97

High Jump

Place	No.	Athlete	Club	Height
1	973	Andrew Heffernan	Ferrybank	1.75
2	974	Alan Casey	Tallaght	1.70
3	977	Laurence Houlihan	Waterford A.C	1.70
4	975	Eamon Whelan	Sli Cualann	1.55
5	976	Michael Lanigan	Kilkenny City Harriers	1.50
6	978	Ciaran Mc Keever	Olympian	1.40

Shot Putt

Place	No.	Athlete	Club	Distance
1	974	Michael Glassowsky	Tallaght	12.39
2	975	Dave Sweeney	Sli Cualann	10.93
3	976	Peter Walsh	Kilkenny City Harriers	10.57
4	978	Lee Barlow	Olympian	9.98
5	973	Chris Russell	Ferrybank	7.73
6	977	Paul Connolly	Waterford A.C	5.72
		Joe Nagle	Guest Leevale	10.50

Javelin

Place	No.	Athlete	Club	Distance
1	978	Lee Barlow	Olympian	40.80
2	973	Sean Whelan	Ferrybank	38.44
3	975	Dave Sweeney	Sli Cualann	37.68
4	974	Sean Morris	Tallaght	34.28
5	976	David Mc Geary	Kilkenny City Harriers	28.37
6	977	Paul Connolly	Waterford A.C	21.39

Triple Jump

Place	No.	Athlete	Club	Distance
1	973	Sean Archer	Ferrybank	12.58
2	976	Cormac Everard	Kilkenny City Harriers	11.79
3	978	John Coyle	Olympian	11.33
4	975	Cormac Hanlon	Sli Cualann	10.75

High Jump

Place	No.	Athlete	Club	Height
1	985	Ange Lidaova	Clonliffe Harriers	1.60
2	986	Helen Buckley	Raheny Shamrocks	1.55
3	990	Caoimhe Basquille	Sli Cualann	1.55
4	987	Catriona Corcoran	Wexford County	1.50
5	989	Jacinta Power	Waterford A.C	1.15

Shot Putt

Place	No.	Athlete	Club	Distance
1	987	Clara Mc Guinness	Wexford County	10.17
2	988	Evelyn Morris	Kildare County	8.46
3	985	Ange Lidaova	Clonliffe Harriers	8.45
4	991	Yvonne Healy	Tallaght	7.19
5	989	Deirdre Chapman	Waterford A.C	7.16
6	990	Laura Boylan	Sli Cualann	5.96
7	986	Adrienne Moore	Raheny Shamrocks	5.93
		Louise Brent	Guest Waterford A.C	9.04

Javelin

Place	No.	Athlete	Club	Distance
1	985	Denise Byrne	Clonliffe Harriers	35.05
2	986	Helen Buckley	Raheny Shamrocks	30.68
3	990	Niamh Kearney	Sli Cualann	25.23
4	987	Clara Mc Guinness	Wexford County	23.93
5	991	Paula Murray	Tallaght	20.17
6	989	Louise Brent	Waterford A.C	17.76
7	988	Evelyn Morris	Kildare County	12.55

Triple Jump

Place	No.	Athlete	Club	Distance
1	988	Fiona Hill	Kildare County	10.67
2	987	Denise Wickham	Wexford County	9.08
3	990	Clara Byrne	Sli Cualann	8.28
4	989	Louise Brent	Waterford A.C	7.68

56lb Weight for Distance

Place	No.	Athlete	Club	Distance
1	975	Darragh Graham	Sli Cualann	5.18
2	974	Michael Glassowsky	Tallaght	5.16
3	976	Peter Walsh	Kilkenny City Harriers	5.13
4	973	Pat Kennedy	Ferrybank	4.21
5	978	Martin O'Donnell	Olympian	4.19
6	977	Derek Grant	Waterford A.C	2.96
		Ger Nagle	Guest Leevale	4.95

Individual Results Round 2 Athlone 18th July 2010

Division 1 Men

110m Hurdles

Place	Athlete	Club	Time
1	Emanuel Sabayo	Limerick County	16.93
2	Ger Cremin	An Ríocht	17.07
3	William Finnegan	Craughwell	18.70
4	Ashley Henry	Sligo County	19.20

3000m Walk

Place	Athlete	Club	Time
1	Martin Conroy	Sligo County	17.59.25

400m Hurdles

Place	Athlete	Club	Time
1	Anthony Hebron	Galway City Harriers	1.00.90
2	Emmett Dunleavy	Sligo County	1.02.47
3	Ger Cremin	An Ríocht	1.03.59
4	William Finnegan	Craughwell	1.07.64
5	Michael Keane	Clare County	1.17.12

Division 1 Women

100m Hurdles

Place	Athlete	Club	Time
1	Lisa Houlahan	West Waterford	15.82
2	Sarah Finnegan	Galway County	17.50
3	Emma Gee	City of Derry	18.37
4	Ciara Barrett	Limerick County	19.10

1500m Walk

Place	Athlete	Club	Time
1	Maeve Curley	Galway County	6.51.43
2	Georgina Toughey	Tullamore	7.46.70
3	Triona Wall	West Waterford	9.13.98
4	Tracey Roche	Limerick County	10.15.22
5	Grainne Kearns	City of Derry	11.36.84

400m Hurdles

Place	Athlete	Club	Distance
1	Rachel Finnegan	Galway County	1.12.31
2	Nicola Hayes	Menapians	1.14.10
3	Ciara Barrett	Limerick County	1.15.21
4	Emma Gee	City of Derry	1.19.02
5	Claire Collins	West Waterford	1.23.08

4x100m Relay

Place	.	Club	Time
1		Limerick County	45.35
2		Sligo County	46.54
3		Clare County	47.01
4		Craughwell	48.32

4x100m Relay

Place	.	Club	Time
1		Menapians	52.66
2		Limerick County	52.75
3		City Of Derry	52.76
4		Galway County	53.91
5		Tullamore	54.16
6		West Waterford	56.75

1500m

Place	.	Athlete	Club	Time
1		Pat McCartan	Limerick County	3.56.81
2		Tommy Carroll	Sligo County	4.09.19
3		Brian McGinley	Clare County	4.11.38
4		Joe O'Donnel	Galway City Harriers	4.17.99
5		Peter O'Sullivan	Craughwell	4.21.02
6		Tim O'Conr	An Riocht	4.29.41

1500m

Place	.	Athlete	Club	Time
1		Orla Drumm	Limerick County	4.51.86
2		Pauline Curley	Tullamore	4.54.61
3		Amy McDaid	City of Derry	5.08.08
4		rma Wall	West Waterford	5.09.71
5		Claire Burke	Galway County	5.52.99

400m

Place	.	Athlete	Club	Time
1		Ciaran Collins	Sligo County	49.76
2		Zulton Gyomber	Limerick County	49.93
3		Michael Keane	Clare County	52.90
4		Cormac McDonnell	Galway City Harriers	54.35
5		Ger Crossan	Craughwell	54.90
6		Thomas Bradley	An Riocht	56.64
		Andy Kidd	DSD Guest	51.89

400m

Place	.	Athlete	Club	Time
1		Tara Hession	Galway County	61.05
2		Niamh McNamara	Tullamore	63.61
3		Cheryl Stanley	Menapians	65.24
4		Rebecca McLaughlin	City of Derry	65.92

3000m Steeplechase

Place	.	Athlete	Club	Time
1		Emmett Dunleavy	Sligo County	9.27.34
2		Brian McGinley	Clare County	9.56.53
3		Joe O'Conr	An Riocht	10.27.83
4		Peter O'Sullivan	Craughwell	10.35.66

200m

Place	.	Athlete	Club	Time
1		Mark Boland	Clare County	23.63
2		Ronan Kelly	Galway City Harriers	23.89
3		Gary Hynes	Sligo County	24.24
4		Shane Fitzgerald	Limerick County	24.81

200m

Place	.	Athlete	Club	Time
1		Anna Barr	City of Derry	26.49
2		Francesa Reville	Menapians	27.15
3		Lauren Dunne	Tullamore	27.82
4		Claire Morrissey	West Waterford	28.76
5		Marie Sheean	Limerick County	29.19
6		Amy Roughan	Galway County	29.44

800m				
Place	.	Athlete	Club	Time
1		Pat McCartan	Limerick County	1.57.12
2		Keith Farrell	Galway City Harriers	1.57.40
3		Tommy Casey	Sligo County	1.57.92
4		Darragh Lynch	Clare County	2.05.62
5		Tim O'Connor	An Riocht	2.10.27
6			Craughwell	2.17.73
		Teviceehize Nemero	Donore Guest	2.07.96

800m				
Place	.	Athlete	Club	Time
1		Orla Drumm	Limerick County	2.17.77
2		Juliann Harrington	Galway County	2.24.91
3		Pauline Curley	Tullamore	2.25.96
4		Hannah McGowan	City of Derry	2.32.95
5		Cheryl Stanley	Menapians	2.53.10
6		Triona Wall	West Waterford	3.01.79

5000m				
Place	.	Athlete	Club	Time
1		Matthew Bidwell	Galway City Harriers	15.27.90
2		Martin Conroy	Sligo County	15.37.02
3		Brian Murphy	Clare County	15.50.26
4		James Doran	An Riocht	16.12.04
5		Jason Broderick	Craughwell	16.22.56

3000m				
Place	.	Athlete	Club	Time
1		Liz Cuskilly	Tullamore	10.41.84
2		rma Wall	West Waterford	11.03.46
3		Jackie McGinley	City of Derry	11.21.69
4		Shannen Ryan	Limerick County	11.27.22

100m				
Place	.	Athlete	Club	Time
1		Niall Counihan	Limerick County	11.78
2		Mark Boland	Clare County	11.85
3		Ben Cooney	Galway City Harriers	12.00
4		Kevin McGlynn	Sligo County	12.08
5		Thomas Keehan	Craughwell	12.47
		John Crowley	Guest - DSD	11.26
		Clive Kennington	Guest - Menapians	11.45

100m				
Place	.	Athlete	Club	Time
1		Jane Dickenson	Limerick County	12.65
2		Anna Barr	City of Derry	12.89
3		Francesa Reville	Menapians	13.03
4		Lauren Dunne	Tullamore	13.26
5		Claire Morrissey	West Waterford	13.74
6		Amy Roughan	Galway County	14.15

4x400m				
Place	.	Athlete	Club	Time
1			Sligo County	3.26.52
2			Limerick County	3.30.73
3			Galway City Harriers	3.34.54
4			Clare County	3.37.75

4x400m				
Place	.	Athlete	Club	Time
1			City of Derry	4.20.39
2			Galway County	4.26.90
3			Limerick County	4.30.51
4			Tullamore	4.34.72
5			West Waterford	5.00.70
6			Menapians	5.04.04

Hammer

Place	.	Athlete	Club	Distance
1		Shane Hand	An Riocht	40.02
2		Stephen Reynolds	Sligo County	32.90
3		Dave Fratterolie	Limerick County	22.54
4		Brian McGee	Craughwell	18.13
		Eamon Watters	Guest Craughwell	22.10
		John Molloy	Guest Sligo	31.94

Hammer

Place	.	Athlete	Club	Distance
1		Maggie Donnelly	City of Derry	43.12
2		Michelle Kenneally	West Waterford	39.48
3		Lisa Dolan	Tullamore	27.96
4		Nicola Monaghan	Galway County	18.72

Pole Vault

Place	.	Athlete	Club	Height
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Pole Vault

Place	.	Athlete	Club	Height
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1		Lisa Houlahan	West Waterford	3.05
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Long Jump

Place	.	Athlete	Club	Distance
1		Lurga Bulman	Clare County	6.00
2		Simon Callaghan	Galway City Harriers	5.91
3		William Finnegan	Craughwell	5.85
4		Nathan Jage	Limerick County	5.79
5		David Burke	Sligo County	5.44
6		Ger Cremin	An Riocht	5.18

Long Jump

Place	.	Athlete	Club	Distance
1		Janelle McGurk	City of Derry	4.86
2		Claire McNamara	Galway County	4.76
3		Francesa Reville	Menapians	4.67
4		Claire Morrissey	West Waterford	4.49
5		Ciara Barrett	Limerick County	4.20
6		Eimear Brennan	Tullamore	3.94
		T Mullaney	Guest	4.45

Discus

Place	.	Athlete	Club	Distance
1		Eanna O'Cathain	Galway City Harriers	37.73
2		Eamonn Waters	Craughwell	25.70
3		Keith King	Clare County	25.06
4		Stephen Reynolds	Sligo County	24.06
5		Shane Hand	An Riocht	20.19
6		Simon Hogan	Limerick County	12.85
		John Molloy	Guest Sligo	27.12

Discus

Place	.	Athlete	Club	Distance
1		Eadaoin Ashe	West Waterford	30.47
2		Kelly Cunningham	Tullamore	27.81
3		Aoife O'Malley	Limerick County	25.55
4		Melissa Barrett	Galway County	22.41
5		Maggie Donnelly	City of Derry	21.80
6		Nicola Hayes	Menapians	20.39
		Nicola Monaghan	Guest	22.19
		Zoe Scanlon	GuestWest Waterford	35.59

High Jump

Place	.	Athlete	Club	Height
1		Igor Muntean	Galway City Harriers	1.95
2		Keith King	Clare County	1.75
3		Thomas Keenan	Craughwell	1.70
4		Emanuel Zabayo	Limerick County	1.60
		Neil Ronan	Guest - Craughwell	1.65

High Jump

Place	.	Athlete	Club	Height
1		Claire Collins	West Waterford	1.60
2		Claire McNamara	Galway County	1.55
3		Janelle McGurk	City of Derry	1.45
4		Maria Sheehan	Limerick County	0.90
		Sorcha Murphy	Guest Galway County	1.45
		Sinead Twohig	Guest Galway County	1.50
		Cheryl Stanley	Guest City of Derry	1.20

Shot Putt

Place	.	Athlete	Club	Distance
1		Sean Breathnach	Galway City Harriers	15.42
2		Eamonn Waters	Craughwell	10.67
3		Dave Fratterolie	Limerick County	10.55
4		Anthony Greaney	An Ríocht	10.38
5		John Molloy	Sligo County	10.24
		Stephen Reynolds	Guest Sligo County	8.82
		Eanna O' Cathain	Galway	10.46

Shot Putt

Place	.	Athlete	Club	Distance
1		Zoe Scanlon	West Waterford	10.61
2		Alanna Fratarollie	Limerick County	9.91
3		Nicola Monaghan	Galway County	7.90
4		Kelly Cunningham	Tullamore	7.65
5		Danea Herron	City of Derry	7.54
6		Cate Wilson	Menapians	6.01

Javelin

Place	.	Athlete	Club	Distance
1		Sean Breathnach	Galway City Harriers	45.96
2		Lurga Bulman	Clare County	42.07
3		Tony Nevin	Craughwell	31.31
4		Zoltan Gyomber	Limerick County	30.30
		Kourosh Foroughi	Guest Meath	45.65
		Dara Ryan	Guest Newport	39.38
		Andrew Doyle	Guest City of Derry	38.00
		Andrew Connick	Guest Menapians	31.76

Javelin

Place	.	Athlete	Club	Distance
1		Zoe Scanlon	West Waterford	29.77
2		Alanna Fratarollie	Limerick County	27.96
3		Danea Herron	City of Derry	24.46
4		Melissa Barrett	Galway County	23.79
5		Lisa Dolan	Tullamore	18.96
6		Cate Wilson	Menapians	11.24

Triple Jump

Place	.	Athlete	Club	Distance
1		Niall Counihan	Limerick County	12.67
2		Niall Rooney	Craughwell	11.77
3		Kevin Dooley	Galway City Harriers	11.62
4		Colm Bourke	Sligo County	9.52

Triple Jump

Place	.	Athlete	Club	Distance
		Jamie Herron	City of Derry	10.99
		Lisa Houlahan	West Waterford	10.53
		Sarah Finnegan	Galway County	10.19
		Nicola Hayes	Menapians	9.23
		Eimear Brennan	Tullamore	8.99
		Aoife O'Malley	Limerick County	8.94
		Rachel Finnegan	Guest Graughwell	9.20

56lb Weight for Distance

Place	Athlete	Club	Distance
1	Anthony Greaney	An Ríocht	6.58
2	Eanna O'Cathain	Galway City Harriers	5.60
3	John Molloy	Sligo County	5.40
4	Brian McGee	Craughwell	3.37
5	Simon Hogan	Limerick County	2.78
6	Michael Keane	Clare County	2.41
	Eamon Watters	Guest	5.45
	Stephen Reynolds	Guest	4.58
	Shane Hand	Guest	4.82
	Kourosh Foroughi	Guest Meath	4.15

Individual Results Round 2 Santry 18th July 2010

Premier Men

110m Hurdles

Place	No.	Athlete	Club	Time
1	965	Daniel Kavanagh	Clonliffe Harriers	15.34
2	968	Peter Shallow	Raheny Shamrocks	16.06
3	969	Brian Flately	Shercock	16.26
4	966	Eoin Kelly	St Abbans	16.36
5	971	Edmund O Halloran	Leevale	17.01
6	970	Darren Hardy	Ballymena & Antrim	17.06
	1902	Conor Mc Crossan	Guest Clonliffe Harriers	16.64

3000m Walk

Place	No.	Athlete	Club	Time
1		James Treanor	Shercock	13.52.01
2		Fintan Kieran	Crusaders	17.27.84
3		James Mahon	Raheny Shamrocks	17.58.53
4		D. Moran	Clonliffe Harriers	19.18.65

400m Hurdles

Place	No.	Athlete	Club	Time
1	965	John Fagan	Clonliffe Harriers	53.95
2	969	James Ruxton	Shercock	54.25
3	966	Paul Byrne	St Abbans	56.00
4	968	Phelim Kelly	Raheny Shamrocks	57.52
5	970	Darren Hardy	Ballymena & Antrim	57.65
6	971	Denis Finnegan	Leevale	58.44
7	967	Kenny Elliott	North Down	63.53
8	972	Tom Mc Gimsey	Crusaders	68.13

4x100m Relay

Place	No.	Athlete	Club	Time
1	971		Leevale	42.83
2	968		Raheny Shamrocks	43.07
3	965		Clonliffe Harriers	43.61
4	967		North Down	43.76
5	970		Ballymena & Antrim	43.96
6	969		Shercock	44.51
7	966		St Abbans	45.74
8	972		Crusaders	51.35

Premier Women

100m Hurdles

Place	No.	Athlete	Club	Time
1	980	Jessie Barr	Ferrybank	14.90
2	982	Sophie Heinsch	Leevale	15.54
3	981	Katie Hewitt	North Down	16.79
4	983	Laura Langton	Kilkenny City Harriers	17.37
5	979	Claire Wilkinson	Ballymena & Antrim	21.00

1500m Walk

Place	No.	Athlete	Club	Time
1	983	Sinead Foley	Kilkenny City Harriers	9.59.74
2	980	Sally Murphy	Ferrybank	10.58.72
3	982	April Philpott	Leevale	11.01.46

400m Hurdles

Place	No.	Athlete	Club	Time
	1	Jessie Barr	Ferrybank	62.02
	2	Catriona Cuddihy	Kilkenny City Harriers	64.74
	3	Niamh Cremin	Leevale	67.66
	4	Katie Hewitt	North Down	68.93
	5	Maeve Keenan	Ballymena & Antrim	76.98
		Nessa Millet	Guest St Abbans	68.85

4x100m Relay

Place	No.	Athlete	Club	Time
1			Leevale	48.23
2			Kilkenny City Harriers	48.41
3			Ballymena & Antrim	49.05
4			Ferrybank	50.70

1500m

Place	No.	Athlete	Club	Time
1	968	Dara Birmingham	Raheny Shamrocks	4.05.19
2	965	D. Fitzmaurice	Clonliffe Harriers	4.06.20
3	967	Jordan Stokes	North Down	4.15.28
4	972	Ronan Kearns	Crusaders	4.15.34
5	971	Graham O Riordan	Leevale	4.15.46
6	970	Jarleth Falls	Ballymena & Antrim	4.20.78
7	966	Brian Kelly	St Abbans	4.37.54
8	969	Michael Muldoon	Shercock	5.19.51
	1920	James Budde	Guest North Down	4.11.59
	1925	Fergal Ellis	Guest Ballinamore	4.16.48
	1921	Thomas Hayes	Guest Kilkenny City Harrie	4.18.80
	1917	Frances March	Guest North Down	4.19.07
	1932	Cormac Fitzpatrick	Guest North Laois	4.30.84

1500m

Place	No.	Athlete	Club	Time
	1	Kitty Walsh	Ferrybank	5.08.65
	2	Caoilte Malone	Kilkenny City Harriers	5.19.29
		Sinead Cronin	Guest Celtic DCH	5.13.47
		Adelle Walsh	Guest St Senans	5.14.70

400m

Place	No.	Athlete	Club	Time
1	968	Ciaran Kelly	Raheny Shamrocks	48.35
2	969	Craig Lynch	Shercock	49.30
3	971	Cathal Owens	Leevale	49.78
4	966	Richard Agheokye	St Abbans	50.94
5	970	Gareth Hill	Ballymena & Antrim	51.65
6	967	Adam Mc Comb	North Down	52.44
7	972	Tom Mc Gimsey	Crusaders	59.04

400m

Place	No.	Athlete	Club	Time
1		Jessica Zebo	Leevale	58.85
2		Megan Kiely	Ferrybank	59.53
3		Mary Kate Lannigan	Kilkenny City Harriers	62.13
4		C. J. Mc Donald	Ballymena & Antrim	66.82
5		Natalie Steele	North Down	78.81
		Marian Heffernan	Guest Togher	54.41
		Ciara Everard	Guest UCD	57.87
		Roisin Anglim	Guest Fingallians	58.42

3000m Steeplechase

Place	No.	Athlete	Club	Time
1	968	Mark Kirwin	Raheny Shamrocks	9.25.46
2	965	D. Flynn	Clonliffe Harriers	9.45.07
3	966	Stephen Lawlor	St Abbans	10.25.03
4	967	Brian Barron	North Down	10.59.64
5	970	Ian Barrett	Ballymena & Antrim	11.10.48
6	972	Gary Park	Crusaders	11.57.01
7	971	Stephen Walter	Leevale	12.13.68

200m

Place	No.	Athlete	Club	Time
1	971	David Quilligan	Leevale	22.63
2	970	Dean Adams	Ballymena & Antrim	22.94
3	965	John Laffey	Clonliffe Harriers	23.21
4	966	Richard Agheokye	St Abbans	23.43
5	967	Kenny Elliot	North Down	23.54
5	968	Mick Hynes	Raheny Shamrocks	23.54
7	969	James Ruxton	Shercock	23.76
8	972	Pat Saunders	Crusaders	25.02

800m

Place	No.	Athlete	Club	Time
1	972	Alan O Brian	Crusaders	1.54.94
2	968	Gavin O Sullivan	Raheny Shamrocks	1.55.70
3	966	Brian Kelly	St Abbans	1.57.26
4	967	Naill Robinson	North Down	1.58.42
5	965	B. Paine	Clonliffe Harriers	2.00.29
6	971	Shane Murray	Leevale	2.04.26
7	970	Patrick Mc Cann	Ballymena & Antrim	2.12.27
8	969	James Treanor	Shercock	2.25.91
		Sean Fitzpatrick	Guest Tallaght	2.03.72
		Glen Willis	Guest North Down	2.07.38

5000m

Place	No.	Athlete	Club	Time
1	968	Richard Corcoran	Raheny Shamrocks	15.17.0
2	970	Jarleth Falls	Ballymena & Antrim	15.24.4
3	971	Thomas Maunsell	Leevale	15.36.6
4	967	Robin Brown	North Down	15.59.1
5	965	E Mc Cann	Clonliffe Harriers	16.49.7
6	969	Paul Fitzpatrick	Shercock	16.55.8

200m

Place	No.	Athlete	Club	Time
1		Jo Patterson	Ballymena & Antrim	25.08
2		Catrina Cuddihy	Kilkenny City Harriers	25.70
3		Louise Mc Ardle	Leevale	27.03
4		April Flynn	Ferrybank	28.12

800m

Place	No.	Athlete	Club	Time
1		Kitty Walsh	Ferrybank	2.27.44
2		Caoilte Malone	Kilkenny City Harriers	2.40.38
3		Christine Murray	Ballymena & Antrim	2.44.22
4		Roisin Howard	Leevale	2.50.91
5		Gemma Mc Anirn	North Down	3.03.14
		Niamh Roe	Guest Eagle	2.26.44

3000m

Place	No.	Athlete	Club	Time
	1	Patricia Barry	Ferrybank	11.03.98
	2	Roberta Dornan	North Down	11.13.70
	3	Christine Murray	Ballymena & Antrim	12.19.55
		Una Britton	Guest Sli Cualann	10.54.02

100m

Place	No.	Athlete	Club	Time
1		Dean Adams	Ballymena & Antrim	10.8H
2		Daniel Kavanagh	Clonliffe Harriers	11.1H
3		David Killeen	Leevale	11.3H
4		Jamie Davis	Raheny Shamrocks	11.6H
5		Craig Lynch	Shercock	12.0H
6		Robin Brown	North Down	12.5H
7		Pat Saunders	Crusaders	
		Conor Coleman	Guest Clonliffe Harriers	12.6H
		Kenny Elliott	Guest NDAC	12.8H

100m

Place	No.	Athlete	Club	Time
1		Jo Patterson	Ballymena & Antrim	12.2H
2		Louise Holmes	Kilkenny City Harriers	12.5H
3		Sophie Heinsch	Leevale	13.2H
4		Nicola Power	Ferrybank	13.6H
5		Sara Semeraro	North Down	14.1H
		Louise Kiernan	Guest Fingallians	12.8H

4x400m

Place	No.	Athlete	Club	Time
1	968		Raheny Shamrocks	3.21.0 H
2	971		Leevale	3.24.8 H
3	965		Clonliffe Harriers	3.26.7 H
4	967		North Down	3.27.5 H
5	966		St Abbans	3.30.9 H
6	970		Ballymena & Antrim	3.31.6 H

4x400m

Place	No.	Athlete	Club	Time
1			Leevale	4.00.4 H
2			Ferrybank	4.02.9 H
3			Kilkenny City Harriers	4.08.1 H
4			Ballymena & Antrim	4.22.9 H
5			North Down	4.36.5 H

Hammer

Place	No.	Athlete	Club	Distance
1	965	Martin Hunt	Clonliffe Harriers	54.83
2	972	Ciaran Dunnyelly	Crusaders	50.58
3	969	Hugh Fitzpatrick	Shercock	39.77
4	971	Paul Hazler	Leevale	39.10
5	966	Aidan Kelly	St Abbans	36.57
6	967	Kenny Elliott	North Down	15.62
7	970	Dougie Thom	Ballymena & Antrim	15.38

Hammer

Place	No.	Athlete	Club	Distance
1		Aoife Hickey	Kilkenny City Harriers	55.07
2		Cara Kennedy	Ferrybank	53.57
3		Melissa Free	North Down	31.69
4		Maeve Keenan	Ballymena & Antrim	12.18

Pole Vault

Place	No.	Athlete	Club	Height
1	965	David Donegan	Clonliffe Harriers	4.75
2	968	Stuart Greene	Raheny Shamrocks	4.00
3	969	Brian Flately	Shercock	3.80
4	966	Paul Byrne	St Abbans	2.60
5	970	David Killeen	Leevale	2.40

Pole Vault

Place	No.	Athlete	Club	Height
1		Claire Wilkinson	Ballymena & Antrim	3.30
2		Sarah Ryan	Leevale	2.70

Long Jump

Place	No.	Athlete	Club	Distance
	971	David Quilligan	Leevale	7.18
	966	Eoin Kelly	St Abbans	6.49
	967	Tom Reynolds	North Down	6.44
	970	Matthew Taggart	Ballymena & Antrim	6.28
	969	Richard Tsang	Shercock	6.08
	968	Jack Connolly	Raheny Shamrocks	6.05
	965	Conor Coleman	Clonliffe Harriers	5.52
	972	Gary Park	Crusaders	3.68
		Ciaran Mc Keever	Guest Olympian	5.61

Long Jump

Place	No.	Athlete	Club	Distance
	1	Kelly Proper	Ferrybank	6.29
	2	Katey Byrd	Leevale	5.02
	3	Rachel Healy	Ballymena & Antrim	4.84
	4	Laura Loughlin	North Down	4.52
	5	Aoife Corcoran	Kilkenny City Harriers	4.29

Discus

Place	No.	Athlete	Club	Distance
1	965	Thomas Rauktys	Clonliffe Harriers	50.35
2	971	Paul Hazler	Leevale	41.22
3	967	Peter Glass	North Down	36.51
4	969	Matthew O Reilly	Shercock	35.72
5	966	Aidan Kelly	St Abbans	32.14
6	972	Phil Conway	Crusaders	30.61
7	970	Darren Hardy	Ballymena & Antrim	23.38
8	968	Jack Connolly	Raheny Shamrocks	19.30

Discus

Place	No.	Athlete	Club	Distance
1		Deirdre Murphy	Leevale	43.22
2		Jade Power	Ferrybank	30.90
3		Teresa Conlon	Kilkenny City Harriers	29.05
4		Melissa Free	North Down	24.65
5		C.J. Mc Donald	Ballymena & Antrim	16.08

High Jump

Place	No.	Athlete	Club	Height
1	966	Barry Pender	St Abbans	2.00
2	967	Ben Reynolds	North Down	2.00
3	965	Marcin Klinkosz	Clonliffe Harriers	1.95
3	969	Brian Flatley	Shercock	1.95
5	968	James Buckley	Raheny Shamrocks	1.65
6	970	John Houston	Ballymena & Antrim	1.60
7	972	Ronan Kerins	Crusaders	1.45

High Jump

Place	No.	Athlete	Club	Height
1		Mary Kate Lanigan	Kilkenny City Harriers	1.65
2		Sorcha Murphy	Ferrybank	1.65
3		Claire Wilkinson	Ballymena & Antrim	1.60
4		Roisin Howard	Leevale	1.50
5		Katie Hewitt	North Down	1.45
		Maeve Keenan	Guest Ballymena & Ant	1.50

Shot Putt

Place	No.	Athlete	Club	Distance
1	965	Luke Mangan	Clonliffe Harriers	14.06
2	972	Shane Lynch	Crusaders	12.62
3	967	Peter Glass	North Down	12.20
4	971	Dave Tierney	Leevale	11.81
5	969	Matthew Reilly	Shercock	11.12
6	966	Willie Kelly	St Abbans	10.35
7	970	John Houston	Ballymena & Antrim	8.92

Shot Putt

Place	No.	Athlete	Club	Distance
1		Deirdre Murphy	Leevale	11.58
2		Laura Kerr	Ballymena & Antrim	11.02
3		Cara Kennedy	Ferrybank	10.87
4		Teresa Conlon	Kilkenny City Harriers	8.93
5		Gemma Mc Anirn	North Down	7.73

Javelin

Place	No.	Athlete	Club	Distance
1	965	Paul Marry	Clonliffe Harriers	50.63
2	967	Tom Reynolds	North Down	46.43
3	969	Albinas Kiltinavicius	Shercock	42.05
4	966	Barry Pender	St Abbans	37.22
5	971	Brian Hayes	Leevale	34.64
6	968	James Buckley	Raheny Shamrocks	34.34
7	970	Dougie Thom	Ballymena & Antrim	33.59
8	972	Gary Park	Crusaders	21.29

Javelin

Place	No.	Athlete	Club	Distance
1		Laura Kerr	Ballymena & Antrim	39.19
2		Sarah Ryan	Leevale	25.53
3		Jade Power	Ferrybank	22.53
4		Louise Holmes	Kilkenny City Harriers	12.01

Triple Jump

Place	No.	Athlete	Club	Distance
1	966	Eoin Kelly	St Abbans	14.71
2	971	Denis Finnegan	Leevale	14.51
3	965	Thomas Dorina	Clonliffe Harriers	13.21
4	970	Matthew Taggart	Ballymena & Antrim	12.83
5	972	Pat Saunders	Crusaders	12.42
6	969	Richard Tsang	Shercock	12.29
7	968	Nick Davis	Raheny Shamrocks	11.72
8	967	Adam Mc Comb	North Down	10.67

Triple Jump

Place	No.	Athlete	Club	Distance
1		Nicola Power	Ferrybank	10.81
2		Hannah Todd	Ballymena & Antrim	10.57
3		Laura Loughlin	North Down	10.52
4		Katey Byrd	Leevale	10.11
5		Aoife Corcoran	Kilkenny City Harriers	8.96

56lb Weight for Distance

Place	No.	Athlete	Club	Distance
1	965	T. Ranktys	Clonliffe Harriers	7.86
2	971	Dave Tierney	Leevale	7.58
3	966	Willie Kelly	St Abbans	6.21
4	969	Hugh Fitzpatrick	Shercock	5.69
5	968	Derek Mc Carthy	Raheny Shamrocks	5.35
6	967	Steven Glass	North Down	5.21
7	972	Austin Kennedy	Crusaders	5.06

Individual Results Round 2 Athlone 18th July 2010

Premier Men

110m Hurdles Wind +0.4

Place	No.	Athlete	Club	Time
1		Adrian Jackman	Menapians	16.90
2		Ben Dennesson	Kerry Athletics	18.12
3		Daniel Reid	City of Derry	21.46

3000m Walk

Place	No.	Athlete	Club	Time
1		Jimmy McDonald	Menapians	13.12.06
2		Niall Prenderville	Kerry Athletics	13.27.81
3		Dara Furey	City of Derry	20.06.69
4		Larry Rigney	Tullamore	20.06.76

400m Hurdles

Place	No.	Athlete	Club	Time
1		Barry Upton	Menapians	53.75
2		Brendan Murphy	City of Lisburn	54.08
3		Jonathan Miller	DSD	54.91
4		Stewart Nolan	Kerry Athletics	60.86
5		Ruairi Heaney	City of Derry	63.57

4x100m Relay

Place	No.	Athlete	Club	Time
1			DSD	42.06
2			Tullamore	42.30
3			Menapians	43.05
4			Kerry Athletics	44.32
5			City of Derry	46.35

Premier Women

100m Hurdles

Place	No.	Athlete	Club	Time
1	1855	Ailbhe Courtney	Kerry Athletics	16.27
2	953	Avril Dillon	DSD	16.75
3	952	Libby Rose	City of Lisburn	18.21
4	955	Geraldine Stewart	Tir Chonaill	19.71

Wind 0.0

1500m Walk

Place	No.	Athlete	Club	Time
1		Emma Prenderville	Kerry Athletics	6.51.52
2		Emma Doherty	City of Lisburn	6.58.88
3		Maria Costello	Borrisokane	8.42.46
4		Marie Rooney	Tir Chonaill	9.03.81
5		Claire McGlynn	DSD	9.24.67
		Rachel Conlon	Guest - Tuam	8.01.78

400m Hurdles

Place	No.	Athlete	Club	Time
1		Ailbhe Courtney	Kerry Athletics	1.07.79
2		Louise Harvey	Tir Chonaill	1.08.11
3		Libby Rose	City of Lisburn	1.09.12
4		Karen Dunne	Meath Athletics	1.11.98
5		Avril Dillon	DSD	1.22.71

4x100m Relay

Place	No.	Athlete	Club	Time
1			DSD	48.83
2			City of Lisburn	50.36
3			Kerry Athletics	50.98
4			Borrisokane	51.68
5			Tir Chonaill	53.79
6			Meath Athletics	54.12

1500m

Place	No.	Athlete	Club	Time
1		Joseph Sweeney	DSD	3.56.57
2		Andrew Connick	Menapians	4.04.32
3		Lee Van Haeften	Donore	4.05.13
4		J. P. Williamson	City of Derry	4.13.38
5		Liam Brady	Tullamore	4.18.81
6		Morgan McDonagh	Meath Athletics	4.22.17
		Mark Dooley	Guest - Donore	4.07.70

1500m

Place	No.	Athlete	Club	Time
1		Michelle Harvey	Tir Chonaill	4.46.62
2		Siobhan O'Doherty	Borrisokane	4.48.11
3		Bryony Treston	DSD	4.50.52
4		Rachel Gibson	City of Lisburn	5.00.74
5		Sharon Monaghan	Meath Athletics	5.02.08
6		Mary Fitzgerald	Kerry Athletics	5.05.06

400m

Place	No.	Athlete	Club	Time
1		Nicholas Hogan	DSD	49.58
2		Alan Whelan	Tullamore	50.03
3		Barry Upton	Menapians	50.69
4		Colm Lynch	Kerry Athletics	50.92
5		Robert Whelan	Meath Athletics	52.93
6		Chris Kelly	Donore	53.31
7		Ruairi Heaney	City of Derry	58.41

400m

Place	No.	Athlete	Club	Time
1		Claire Bergin	DSD	55.95
2		Leigh Whiteside	City of Lisburn	57.64
3		Louise Harvey	Tir Chonaill	61.78
4		Cliona Ryan	Borrisokane	62.44
5		Niamh de Hara	Kerry Athletics	63.87
6		Karen Krean	Meath Athletics	64.46

3000m Steeplechase

Place	No.	Athlete	Club	Time
1		Robert Corbally	DSD	9.34.48
2		Dara Furey	City of Derry	11.18.50
3		Stephen Walsh	Kerry Athletics	11.38.05
4		Richie Faulkner	Tullamore	11.44.94
5		Damian Walsh	Menapians	13.05.10

200m**Wind -1.3**

Place	No.	Athlete	Club	Time
1		Gordon Kennedy	Tullamore	22.15
2		David Hynes	Menapians	22.31
3		Niall Dunne	Meath Athletics	22.77
4		Mark Kavanagh	DSD	22.78
5		Brendan Murphy	City of Lisburn	22.78
6		Cian Foley	Kerry Athletics	23.44
7		Mark McGarvey	City of Derry	23.87
8		Sean O'Broin	Donore	25.50

200m**Wind -1.3**

Place	No.	Athlete	Club	Time
1		Leigh Whiteside	City of Lisburn	25.89
2		Zita Murphy	DSD	26.11
3		Eilish Fitzpatrick	Kerry Athletics	26.74
4		Angela Hogan	Borrisokane	27.51
5		Sophie Kennedy	Meath Athletics	29.01

800m				
Place	No.	Athlete	Club	Time
1		Andrew Connick	Menapians	1.57.93
2		Darragh Rennicks	Meath Athletics	1.58.31
3		Pajo Hamilton	City of Derry	1.58.35
4		Mark Conway	DSD	1.59.57
5		Eoin Durkan	Donore	2.01.52
6		David Hogan	Kerry Athletics	2.10.34
7		Maurice Fitzgerald	Tullamore	2.12.42

800m				
Place	No.	Athlete	Club	Time
1		Laura Crowe	Kerry Athletics	2.13.0 H
2		Sinead Denny	DSD	2.16.7 H
3		Michelle Harvey	Tir Chonaill	2.23.4 H
4		Rachel Gibson	City of Lisburn	2.25.6 H
5		Elaine Plunkett	Meath Athletics	2.34.0 H

5000m				
Place	No.	Athlete	Club	Time
1		Alan McCormick	DSD	15.21.05
2		Noel Kelly	Tullamore	15.30.22
3		Aaron Doherty	City of Derry	15.34.30
4		Cian Murphy	Kerry Athletics	15.36.22
5		Derek Croal	Meath Athletics	16.34.23
6			Donore	17.33.13
7		Fred Bourdin	Menapians	18.01.15
		Seamus Gilhooley	Guest - Athenry	17.02.59

3000m				
Place	No.	Athlete	Club	Time
1		Hazel Murphy	DSD	9.18.97
2		Teresa McGloin	Tir Chonaill	9.55.70
3		Siobhan O'Doherty	Borrisokane	10.08.74
4		Orla Timmons	Meath Athletics	10.53.07
5		Anna Maria Costello	Kerry Athletics	10.59.17
6		Heather McCarnon	City of Lisburn	11.06.49

100m Wind +0.3				
Place	No.	Athlete	Club	Time
1		David Hynes	Menapians	10.88
2		Patrick Phelan	DSD	10.94
3		Eoin Hannon	Tullamore	11.24
4		Adam McMullan	City of Derry	11.37
5		Eamonn Fahey	Donore	11.48
6		Conall O'Callaghan	Kerry Athletics	11.50
7		Joey Monaghan	Meath Athletics	11.57

100m Wind -1.3				
Place	No.	Athlete	Club	Time
1		Aoife MacNeill	DSD	12.47
2		Eilish Fitzpatrick	Kerry Athletics	12.85
3		Eimear Lynch	Borrisokane	13.37
4		Lisa Sheils	Tir Chonaill	13.88

4*400m				
Place	No.	Club	Time	
1		Tullamore	3.17.99	
2		DSD	3.18.98	
3		Kerry Athletics	3.28.78	
4		Menapians	3.33.49	
5		Donore	3.37.21	
6		City of Derry	3.38.31	
7		Meath Athletics	3.44.70	

4*400m				
Place	No.	Club	Time	
	1	DSD	4.00.83	
	2	Kerry Athletics	4.06.55	
	3	Borrisokane	4.22.08	
	4	Tir Chonaill	4.26.59	
	5	Meath Athletics	4.31.45	

Hammer

Place	No.	Athlete	Club	Distance
1		Mark Hanily	Meath Athletics	53.59
2		James Nagle	Kerry Athletics	48.03
3		Andrew Doyle	City of Derry	46.34
4		Darragh Hanlon	Tullamore	39.21
5		Ger Donovan	Menapians	30.32
6		Johnny Mc Whinney	City of Lisburn	25.84

Pole Vault

Place	No.	Athlete	Club	Height
1		David Hogan	Kerry Athletics	3.00
2		Daniel Reid	City of Derry	2.40
		Christopher Doherty	Guest Tir Chonaill	3.2

Long Jump

Place	No.	Athlete	Club	Distance
1		Adam McMullan	City of Derry	6.80
2		Eamonn Fahey	Donore	6.66
3		Eoin Hannon	Tullamore	6.55
4		David Tobin	Meath Athletics	6.49
5		Conall O'Callaghan	Kerry Athletics	6.09
6		Tony Stafford	Menapians	5.71
7		Michael Gorey	DSD	5.13
		Emmet Craven	Guest Craughwell	5.34
		Larry Reilly	Guest Tullamore	5.76

Discus

Place	No.	Athlete	Club	Distance
1		Daniel Clifford	Kerry Athletics	44.66
2		Darragh Hanlon	Tullamore	41.63
3		Nigel Travers	Donore	35.16
4		Larry Murtagh	Meath Athletics	34.79
5		Johnny Mawhinney	City of Lisburn	31.34
6		Conall Doherty	City of Derry	25.24
7		Adrian Jackman	Menapians	17.88
8		Andrew Kidd	DSD	15.20
		Barry Delaney	Guest - Meath	31.91

Hammer

Place	No.	Athlete	Club	Distance
1		Katie O'Shea	Kerry Athletics	41.80
2		Grainne Miggin	Meath Athletics	35.96
3		Kathryn Wallace	City of Lisburn	24.87
4		Claire McGlynn	DSD	16.35
5		Brenda Morris	Tir Chonaill	15.40
		Sheila O Donoghue	Guest	31.24

Pole Vault

Place	No.	Athlete	Club	Height
1		Amy Phelan	Kerry Athletics	2.40
2		Claire McGlynn	DSD	1.80

Long Jump

Place	No.	Athlete	Club	Distance
1		Linzi Herron	City of Lisburn	5.21
2		Darragh McDonnell	Kerry Athletics	4.73
3		Lorraine Healy	Borrisokane	4.70
4		Zita Murphy	DSD	4.59
5		Cheryl Dolan	Meath Athletics	4.46
6		Lisa Sheils	Tir Chonaill	3.34

Discus

Place	No.	Athlete	Club	Distance
1		Amanda O'Farrell	Borrisokane	29.12
2		Katie O'Shea	Kerry Athletics	27.24
3		Karen Monaghan	Meath Athletics	22.44
4		Niamh Reilly	DSD	21.86
5		Michele Harvey	Tir Chonaill	16.40
6		Annie Rose	City of Lisburn	15.25

High Jump

Place	No.	Athlete	Club	Height
1		Kourosh Foroughi	Meath Athletics	2.15
2		Adam McMullan	City of Derry	1.85
3		Eoin Hannon	Tullamore	1.80
4		Michael Gorey	DSD	1.70
5		Padraig Whelan	Kerry Athletics	1.60
6		Aaron Meyler	Menapians	1.55

High Jump

Place	No.	Athlete	Club	Height
1		Linzi Herron	City of Lisburn	1.60
2		Emma Prenderville	Kerry Athletics	1.50
3		Louise Harvey	Tir Chonaill	1.40

Shot Putt

Place	No.	Athlete	Club	Distance
		Daniel Clifford	Kerry Athletics	13.29
		Andrew Doyle	City of Derry	12.05
		Barry Delaney	Meath Athletics	10.94
		Johnny Mc Whinney	City of Lisburn	9.77
		Jim Dolan	Tullamore	7.77
		Larry Murtagh	Guest Meath	10.26

Shot Putt

Place	No.	Athlete	Club	Distance
	1	Geraldine Stewart	Tir Chonaill	11.11
	2	Sheila O'Donoghue	Kerry Athletics	10.08
	3	Cheryl Dolan	Meath Athletics	8.76
	4	Niamh Reilly	DSD	8.58
	5	Kathryn Wallace	City of Lisburn	6.96

Javelin

Place	No.	Athlete	Club	Distance
1		Barry Kirwin	Meath Athletics	45.93
2		Tom Rafferty	Tullamore	42.90
3		Conall Doherty	City of Derry	42.22
4		Philip Barnett	Kerry Athletics	39.19
5		Andrew Connick	Menapians	31.76
5		Mark Conway	DSD	30.54

Javelin

Place	No.	Athlete	Club	Distance
	1	Anita White	DSD	41.31
	2	Geraldine Stewart	Tir Chonaill	27.22
	3	Libby Rose	City of Lisburn	26.86
	4	Amanda O'Farrell	Borrisokane	23.78
	5	Sheila O'Donoghue	Kerry Athletics	19.75
	6	Grainne Migglin	Meath Athletics	8.82
		Niamh Reily	Guest DSD	31.68

Triple Jump

Place	No.	Athlete	Club	Distance
1		Pat Shannon	Menapians	13.68
2		Kourosh Foroughi	Meath Athletics	12.94
3		Ciaran Cronin	DSD	12.68
4		Eamonn Fahey	Donore	12.33
5		Mark McGarvey	City of Derry	11.16
6		Daragh McNamara	Tullamore	10.53
7		Dylan Roche	Kerry Athletics	10.42

Triple Jump

Place	No.	Athlete	Club	Distance
	1	Karyn Dumigan	City of Lisburn	10.63
	2	Ailbhe Courtney	Kerry Athletics	10.37
	3	Lorraine Healy	Borrisokane	10.25
	4	K Dunne	Meath Athletics	8.91

56lb Weight for Distance

Place	No.	Athlete	Club	Distance
1		Barry Delaney	Meath Athletics	6.55
2		James Nagle	Kerry Athletics	6.25
3		Ger Donovan	Menapians	5.61
4		Tom Rafferty	Tullamore	5.37
5		Peter Fryer	City of Derry	3.95
6		Mark Conway	DSD	3.84

200m Men Guest

Wind -1.3

1		Deanna O'Byrne	DSD	22.75
2		Zoltan Gyomber	Limerick	23.00
3		Dylan Roche	Kerry	24.04
4		Emmett Craven	Loughrea	25.88