

# Woodie's AAI Junior & U23 Championships, Tullamore Harriers Stadium

26th June 2011

## 100 m - Junior Men

Wind : +3.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	20	Whelan, Paul	Dublin Striders A.C.	10.71		10.72
2	126	O'Connor, Patrick	Clonliffe Harriers A.C.	10.88		10.84
3	208	Regan, Barry	St. Abbans A.C.	11.10		11.02
4	127	Pike, Keith	Clonliffe Harriers A.C.	11.02		11.06
5	79	Roche, Dylan	St. Brendan's A.C.	11.15		11.07
6	203	Dowling, Adam	St. L. O'Toole A.C.	11.26		11.09
	143	O'Halloran, Edmond	Leevale A.C.	11.16		DQ
	141	Killeen, David	Leevale A.C.	11.05		DQ
	108	Halley, John	Ferrybank A.C.	11.42		
	80	O'Carroll, Edward	St. Brendan's A.C.	11.43		
	207	Lynch, Patrick	Newport A.C.	11.53		
	96	Donohoe, Ferdia	Annalee A.C.	11.74		

## 200 m - Junior Men

Wind : +2.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	4	Kavanagh, Mark	Dundrum South Dublin A.C.	22.13		21.67
2	141	Killeen, David	Leevale A.C.	22.23		22.17
3	79	Roche, Dylan	St. Brendan's A.C.	22.61		22.40
4	203	Dowling, Adam	St. L. O'Toole A.C.	22.70		22.53
5	128	Roche, Stuart	Clonliffe Harriers A.C.	23.14		22.72
6	108	Halley, John	Ferrybank A.C.	22.86		23.23
7	207	Lynch, Patrick	Newport A.C.	23.72		23.53
8	96	Donohoe, Ferdia	Annalee A.C.	23.90		23.81
	98	Campbell, David	Donore Harriers A.C.	24.42		
	20	Whelan, Paul	Dublin Striders A.C.	DNS		

## 400 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	78	Dowling, Joseph	Dundrum South Dublin A.C.	50.61		48.87
2	140	Scanlon, Paul	Leevale A.C.	49.82		48.95
3	33	Greene, James	Ferrybank A.C.	50.42		49.97
4	43	Mc Aogain, David	St. Pauls A.C.	51.03		50.52
5	185	Kelly, Ronan	Galway City Harriers A.C.	51.92		51.03
6	116	Flynn, William	Shannon A.C.	51.34		51.20
7	22	Kelly, Stephen	Tullamore Harriers A.C.	51.54		51.65
8	81	O'Keefe, Luke	St. Brendan's A.C.	51.66		52.57
	142	Aherne, Dan	Leevale A.C.	53.14		
	200	Chesser, Eamonn	Ennis Track A.C.	54.46		
	144	O'Halloran, Robert	Leevale A.C.	54.75		
	213	Buggy, Eoghan	St. Abbans A.C.	55.50		
	65	Lynch, Kevin	Dundrum South Dublin A.C.	56.94		

## 800 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	216	English, Mark	Letterkenny A.C.			1.54.55
2	119	Cronin, Dean	Blarney/Inniscara A.C.			1.55.34
3	74	Yorke, Robert	Mullingar Harriers A.C.			1.55.49
4	193	Markham, Liam	Ennis Track A.C.			1.56.69
5	15	Jenkinson, Andriu	Clonliffe Harriers A.C.			1.57.40
6	26	Ingram, Adam	Lagan Valley			1.58.44
7	59	Crosbie, Billy	Dundrum South Dublin A.C.			2.00.71
8	194	Lynch, Darragh	Ennis Track A.C.			2.02.63
9	228	Cullen, Jamie	Sli Cualann A.C.			2.04.22
10	75	Daly, Adam	Mullingar Harriers A.C.			2.05.61
11	219	Gorman, Stephen	Adamstown A.C.			2.06.91
12	102	Murphy, Conor	Le Cheile A.C.			2.07.69
13	82	Hogan, David	St. Brendan's A.C.			2.15.70

## 1500 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	190	Casey, Tommy	Sligo A.C.			4.20.46
2	215	Finnegan, Ruairi	Letterkenny A.C.			4.20.74
3	122	Monaghan, Andrew	Lagan Valley			4.21.70
4	73	Byrne, Jake	Mullingar Harriers A.C.			4.24.69
5	70	Mc Donnell, Jake	Raheny Shamrock A.C.			4.27.23
6	202	Kearney, Aidan	Ennis Track A.C.			4.34.77

7	72	O'Leary, Colum	Raheny Shamrock A.C.	4.38.47
8	226	Taggart, Eoin	Sli Cualann A.C.	4.39.89
9	201	Chesser, Kevin	Ennis Track A.C.	4.44.67

#### 5000 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Mc Dermott, Ryan	Dromore A.C.			15.44.76
2	56	Kerr, Stephen	Armagh A.C.			15.52.27
3	10	Brady, Liam	Tullamore Harriers A.C.			16.18.04
4	66	Egan, James	Dundrum South Dublin A.C.			16.20.52
5	83	Walsh, Stephen	St. Brendan's A.C.			19.44.19

#### 110 m Hurdles - Junior Men

Wind : +5.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	143	O'Halloran, Edmond	Leevale A.C.			14.31
2	84	Galvin, PJ	St. Brendan's A.C.			16.45
3	182	Gill, Sean	Claremorris A.C.			16.47
4	197	Lai, Alex	West Waterford A.C.			20.05
	121	Bowler, Michael	Caim A.C.			DNF

#### 400 m Hurdles - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	31	Barr, Thomas	Ferrybank A.C.			53.48
2	182	Gill, Sean	Claremorris A.C.			58.48
3	86	Courtney, Eoghan	St. Brendan's A.C.			61.81
4	197	Lai, Alex	West Waterford A.C.			71.73

#### 3000 m Steeplechase - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	225	Fitzpatrick, John	Kilkenny City Harriers A.C.			9.54.34
2	71	Moriarty, Timmy	Raheny Shamrock A.C.			10.05.19
3	25	Speight, James	Finn Valley A.C.			10.11.09
4	224	Griffin, James	St. L. O'Toole A.C.			10.41.95
5	76	Nea, Stephen	Mullingar Harriers A.C.			10.46.20
6	83	Walsh, Stephen	St. Brendan's A.C.			11.26.00

#### High Jump - Junior Men

Place	No	Name	Club	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
1	84	Galvin, PJ	St. Brendan's A.C.	-	-	-	-	-	O	O	O	O	XXX
2	38	O'Dwyer, Shane	Carrick-On-Suir A.C.	-	-	-	-	O	O	O	O	XXX	
3	121	Bowler, Michael	Caim A.C.	-	-	-	O	-	O	XO	O	XXX	
4	97	Quigg, Barry	Sliabh Liag A.C.	-	-	-	-	XO	O	XXX			
5	229	Murphy, Lorcan	Sli Cualann A.C.	-	-	O	O	O	XXO	XXX			
6	183	Kilduff, Michael	Claremorris A.C.	-	-	O	O	XXX					
7	184	Gorey, Neil	Dundrum South Dublin.	-	XO	O	O	XXX					
8	210	Coffey, Craig	St. Abbans A.C.	O	O	O	XXX						

#### Long Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	38	O'Dwyer, Shane	Carrick-On-Suir A.C.	6.21	X	X	X	6.78	6.76	6.78
2	9	Dolan, Ciaran	St. Michael's Enniskillen	X	6.73	X	X	6.77	X	6.77
3	217	Stafford, Tony	Menapians A.C.	X	X	6.00	X	X	6.50	6.50
4	121	Bowler, Michael	Caim A.C.	5.48	6.48	6.17	6.18	6.34	X	6.48
5	196	Godley, Michael	Tralee Harriers A.C.	6.14	6.12	X	X	6.40	X	6.40
6	37	Prout, Shane	Carrick-on-Suir A.C.	X	6.30	X	-	-	-	6.30
7	86	Courtney, Eoghan	St. Brendan's A.C.	X	6.11	6.12	-	-	6.02	6.12
8	211	Brophy, Denis	St. Abbans A.C.	5.58	5.59	5.85	5.60	5.80	5.84	5.85
9	40	Creaven, Emmet	Loughrea A.C.	5.59	5.77	X				5.77
10	197	Lai, Alex	West Waterford A.C.	5.30	5.27	5.36				5.36

#### Triple Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	222	Murtagh, Aaron	Ballina A.C.	14.05	14.03	13.82	13.66	13.61	-	14.05
2	7	Archer, Sean	Ferrybank A.C.	13.43	13.35	13.61	13.53	13.42	X	13.61
3	37	Prout, Shane	Carrick-on-Suir A.C.	13.59	X	X	13.33	13.33	X	13.59
4	212	Daly, Conor	St. Abbans A.C.	13.15	13.20	13.26	13.16	13.14	X	13.26
5	1	Hickey, Diarmuid	Riverstick/Kinsale A.C.	12.84	12.88	12.71	12.88	12.75	12.97	12.97
6	196	Godley, Michael	Tralee Harriers A.C.	X	12.67	12.56	12.45	12.62	12.30	12.67
7	238	Gaffney, Stephen	Rathfamham W.S.A.F. A.C.	12.54	X	12.51	12.39	X	X	12.54
8	89	Grimes, Michael	St. Brendan's A.C.	X	11.90	11.59	11.44	11.59	X	11.90
9	40	Creaven, Emmet	Loughrea A.C.	9.92	11.46	11.58				11.58

### Shot Putt - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	125	Doyle, Andrew	Mid-Ulster A.C.	14.91	15.06	X	15.36	14.82	15.34	15.36
2	1	Hickey, Diarmuid	Riverstick/Kinsale A.C.	14.11	14.26	15.00	14.29	15.22	15.00	15.22
3	189	Mc Auliffe, Shane	Gneeveguilla A.C.	X	12.89	X	12.82	13.02	13.42	13.42
4	206	Mc Sweemey, Patrick	Bandon A.C.	12.96	12.97	12.74	12.56	13.13	13.24	13.24
5	51	Hanlon, Darragh	Tullamore Harriers A.C.	11.77	X	X	11.33	12.26	10.66	12.26
6	87	Dillane, Ultan	St. Brendan's A.C.	9.93	10.70	11.59	11.17	10.78	10.61	11.59

### Discus - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	55	Pons, Marco	D.M.P. A.C.	47.88	48.91	48.38	51.31	50.82	49.67	51.31
2	45	Campion, Conal	St. Andrews A.C.	36.66	39.30	38.82	37.49	38.52	38.13	39.30
3	125	Doyle, Andrew	Mid-Ulster A.C.	X	X	X	35.98	38.85	X	38.85
4	51	Hanlon, Darragh	Tullamore Harriers A.C.	37.42	X	38.41	37.63	37.47	33.44	38.41
5	221	Kenny, Michael	Kildare A.C.	32.55	X	X	36.08	35.07	X	36.08
6	87	Dillane, Ultan	St. Brendan's A.C.	X	30.55	X	30.15	32.07	32.61	32.61

### Javelin - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	45	Campion, Conal	St. Andrews A.C.	47.95	44.38	52.14	43.60	44.64	44.91	52.14
2	23	Kirwan, Barry	Navan A.C.	48.73	50.81	49.25	50.92	49.08	50.32	50.92
3	220	Murray, Kevin	Glenmore A.C.	47.37	47.82	42.83	46.36	X	49.58	49.58
4	205	Reynolds, David	Bandon A.C.	46.83	45.43	45.97	45.18	46.94	44.70	46.94
5	195	Barnett, Phillippe	Tralee Harriers A.C.	44.99	42.78	42.62	43.74	45.51	42.18	45.51
6	204	Aston, Shane	Trim A.C.	40.44	39.35	40.29	39.88	X	38.98	40.44
7	230	Morag, Eoghan	Sli Cualann A.C.	35.97	38.24	34.24	35.15	34.00	34.59	38.24
8	85	Dennesen, Ben	St. Brendan's A.C.	32.72	36.19	35.46	-	33.59	X	36.19

### Hammer - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	218	Barry, Killian	Crusaders A.C.	X	51.83	63.94	66.63	X	68.38	68.38
2	3	Mc Guigan, Dempsey	Finn Valley A.C.	65.45	65.27	X	66.71	X	66.32	66.71
3	223	Hall, James Michael	West Waterford A.C.	57.26	X	X	63.39	X	X	63.39
4	125	Doyle, Andrew	Mid-Ulster A.C.	62.11	62.64	X	58.48	61.52	X	62.64
5	118	Furlong, Thomas	D.M.P. A.C.	61.26	X	56.69	X	X	X	61.26
6	45	Campion, Conal	St. Andrews A.C.	X	55.77	X	X	58.22	60.21	60.21
7	206	Mc Sweemey, Patrick	Bandon A.C.	X	46.77	X	42.22	X	46.67	46.77
8	187	O'Neill, Michael	Gneeveguilla A.C.	X	37.16	X	X	39.84	38.37	39.84
9	88	O'Brien, Peter	St. Brendan's A.C.	X	33.06	36.27				36.27

### 35lb Distance - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	189	Mc Auliffe, Shane	Gneeveguilla A.C.	9.48	9.22	9.12	9.53	9.22	-	9.53
2	91	O'Brien, Peter	St. Brendan's A.C.	7.89	7.71	8.11	7.80	7.43	7.53	8.11
3	206	Mc Sweemey, Patrick	Bandon A.C.	7.57	7.89	7.59	7.72	7.89	8.06	8.06
4	429	Mulligan, James	Tullamore Harriers A.C.	6.81	7.07	7.33	6.92	7.55	6.90	7.55
5	221	Kenny, Michael	Kildare A.C.	7.25	X	X	7.12	7.09	X	7.25

### Pole Vault - Junior Men

Place	No	Name	Club	3.05	3.25	3.45	3.65	3.85	4.25	4.45	4.65
1	258	Houlihan, Thomas	West Waterford A.C.	-	-	-	-	-	O	XO	XXX
2	198	Houlihan, Laurence	West Waterford A.C.	-	O	O	XO	XXX			
3	123	Doherty, Christopher	Tir Chonail A.C.	-	-	O	XXO	XXX			
3	199	Houlihan, Martin	West Waterford A.C.	-	O	O	XXO	XXX			
5	62	Curley, Lee	Youghal A.C.	O	O	XXX					
6	82	Hogan, David	St. Brendan's A.C.	-	-	O	O	O	XO	XXX	
7	90	Sullivan, Eoghan	St. Brendan's A.C.	-	-	O	X				
8	209	Delaney, James	St. Abbans A.C.	O	O	XO	XXX				

### 100 m - Junior Women

Wind : +3.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	154	Mc Manus, Catherine	Celtic DCH A.C.	11.90		11.76
2	162	Healy, Joan	Bandon A.C.	11.90		11.85
3	179	Moynihán, Grainne	West Muskerry A.C.	12.24		11.97
4	130	Holmes, Louise	Kilkenny City Harriers A.C.	12.04		12.08
5	17	Murray, Sarah	Fingallians A.C.	12.20		12.12
6	18	Boomer, Chloe	Lagan Valley	12.10		12.20
7	95	Dunne, Lauren	Tullamore Harriers A.C.	13.12		13.14
	105	Ellis, Sophie	Newbridge A.C.	12.27		DNS
	231	Earls, Linda	Sli Cualann A.C.	13.42		
	232	Lematy, Zoe	Sli Cualann A.C.	14.03		

## 200 m - Junior Women

Wind : +3.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	57	Leahy, Jade	Dundrum South Dublin A.C.			25.10
2	113	Mc Mahon, Christine	Ballymena & Antrim A.C.			25.54
3	63	Dwyer, Victoria	Raheny Shamrock A.C.			25.67
4	173	Lynch, Eimear	Newport A.C.			26.76

## 400 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	50	Mills, Joanna	Ballymena & Antrim A.C.			54.20
2	64	Drumgoole, Aisling	Raheny Shamrock A.C.			58.43
3	149	Neville, Jessica	Leevale A.C.			58.76
4	173	Lynch, Eimear	Newport A.C.			62.25
	148	Neville, Christine	Leevale A.C.			DNF
	169	Markham, Niamh	Ennis Track A.C.			DNS

## 800 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	8	O'Donnell, Isseult	Raheny Shamrock A.C.			2.13.55
2	21	O'Sullivan, Mary Ann	Tinryland A.C.			2.15.56
3	117	Flynn, Harriet	Shannon A.C.			2.16.66
4	13	Doran, Chloe	Raheny Shamrock A.C.			2.22.07
5	421	Nic Aogain, Shauna	St. Pauls A.C.			2.33.08
6	44	Higgins, Jennifer	St. Pauls A.C.			3.04.48

## 1500 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	139	Mitchell, Emma	Banbridge A.C.			4.47.13
2	172	Mulhare, Mary	North Laois A.C.			4.54.02
3	152	Mc Ginley, Siobhan	Celtic DCH A.C.			4.54.97
4	48	Moore, Sara	Omagh Y.C. Harriers A.C.			4.59.58
5	151	Lougheed, Heather	Celtic DCH A.C.			5.10.49
6	156	Kennedy, Olwyn	Celtic DCH A.C.			5.25.11
7	153	Conroy, Catherine	Celtic DCH A.C.			5.35.30

## 5000 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	168	Cotter, Imogen	Ennis Track A.C.			18.39.24
2	19	Mullen, Catherina	Shercock A.C.			19.34.97

## 100 m Hurdles - Junior Women

Wind : +3.8

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	92	Courtney, Ailbhe	St. Brendan's A.C.			14.97
2	60	Houlihan, Elizabeth	West Waterford A.C.			15.45
3	99	Mc Allister, Rebecca	Ballymena & Antrim A.C.			15.51
4	231	Earls, Linda	Sli Cualann A.C.			16.47
5	235	Basquille, Caoimhe	Sli Cualann A.C.			16.71
6	67	Dumigan, Karyn	City of Lisburn			18.16
7	232	Lematy, Zoe	Sli Cualann A.C.			18.25

## 400 m Hurdles - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	27	Kiely, Megan	Ferrybank A.C.			62.72
2	171	Murphy, Claire	St. L. O'Toole A.C.			63.21
3	92	Courtney, Ailbhe	St. Brendan's A.C.			63.67
4	174	Millett, Nessa	St. Abbans A.C.			65.38
5	149	Neville, Christine	Leevale A.C.			66.14
6	115	Begley, Elaine	Clonliffe Harriers A.C.			68.45
7	36	Trehy, Hannah	Carrick-on-Suir A.C.			72.58
8	234	Boylan, Laura	Sli Cualann A.C.			74.99

## 3000 m Steeplechase - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	68	Fennell, Alice	Raheny Shamrock A.C.			12.14.68
2	93	Rogers, Katie	St. Brendan's A.C.			12.47.06
3	69	Manley, Orla	Raheny Shamrock A.C.			13.19.11

High Jump - Junior Women				1.40	1.45	1.50	1.55	1.60	1.65	1.68	1.71
Place	No	Name	Club								
1	106	Farrell, Cathriona	Craughwell A.C.	-	-	-	O	O	XXO	XO	XO
2	32	Murphy, Sorcha	Ferrybank A.C.	-	-	O	O	O	O	XO	XXX
3	180	Rogers, Emily	St. Peter's A.C.	O	O	XO	O	O	XO	XXX	
4	47	Collins, Claire	West Waterford A.C.	-	O	O	O	XXO	XXX		
5	235	Basquille, Caoimhe	Sli Cualann A.C.	-	O	O	XXO	XXX			
6	35	Bartley, Aoife	Carrick-On-Suir A.C.	O	O	O	XXX				

Long Jump - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	35	Bartley, Aoife	Carrick-On-Suir A.C.	X	X	X	5.05 +4.6	5.16 +3.8	5.49 +6.0	5.49 +6.0
2	106	Farrell, Cathriona	Craughwell A.C.	5.24 +3.5	5.22 +3.8	-	5.11 +3.9	5.07 +2.1	5.22 +5.3	5.24 +3.5
3	170	O'Connor, Sinead	Tralee Harriers A.C.	5.01 +4.8	5.16 +4.6	5.20 +3.3	4.94 +2.4	5.21 +5.2	5.13 +3.6	5.21 +5.2
4	146	Murnane, Caroline	Leevale A.C.	X	4.28 +3.0	4.85 +4.4	4.81 +3.2	X	4.80 +4.5	4.85 +4.4
5	112	Kelly, Suzanne	Kilnaboy A.C.	4.73 +3.6	4.63 +4.6	4.78 +3.6	4.71 +3.1	4.69 +4.0	4.75 +6.9	4.78 +3.6
6	58	Healy, Rachel	Ballymena & Antrim A.C.	X	X	X +5.3	X +5.3	X	4.35	4.35

Triple Jump - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	2	King, Caoimhe	Westport A.C.	X	X	X	12.23 +1.4	12.63 +1.7	12.57 +2.6	12.63 +1.7
2	177	Buggy, Saragh	St. Abbans A.C.	11.31 +0.8	12.11 +2.7	X	11.28 +2.3	11.45 +2.2	11.90 +4.1	12.11 +2.7
3	170	O'Connor, Sinead	Tralee Harriers A.C.	10.27 +2.7	10.68 +2.4	11.05 +0.6	10.52 +0.6	10.69 +1.5	10.88 +3.3	11.05 +0.6
4	147	Sheehan, Jessica	Leevale A.C.	10.89 +3.0	10.64 +2.3	10.74 +0.7	10.82 +0.4	10.96 +1.9	10.96 +1.6	10.96 +1.6
5	35	Bartley, Aoife	Carrick-On-Suir A.C.	X	X	10.74 +0.4	X	10.83 +2.7	X	10.83 +2.7
6	58	Healy, Rachel	Ballymena & Antrim A.C.	X	X	10.66 +5.1	X	-	10.45 +2.0	10.66 +5.1
7	233	Kavanagh, Laura	Sli Cualann A.C.	10.01 +3.6	10.03 +3.5	X	9.76 -1.9	X	9.68 +3.2	10.03 +3.5

Shot Putt - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	150	Moloney, Fiona	Dooneen A.C.	12.03	12.32	11.89	X	11.85	11.62	12.32
2	163	Mc Sweeney, Laura	Bandon A.C.	11.05	11.01	11.23	11.16	11.50	11.13	11.50
3	120	Murphy, Niamh	Blarney/Inniscara A.C.	11.10	10.77	11.16	10.85	11.23	11.13	11.23
4	61	Fogarty, Ciara	Mullingar Harriers A.C.	10.34	9.93	X	10.48	10.78	10.07	10.78
5	167	Scanlon, Zoe	West Waterford A.C.	9.38	9.53	10.25	10.07	9.84	-	10.25
6	239	Frattaroli, Alannis	Limerick A.C.	9.73	9.74	X	9.44	9.25	9.21	9.74
7	178	Moynihán, Megan	West Muskerry A.C.	X	8.54	9.42	8.74	9.74	8.83	9.74
8	155	Boyd, Kate	Tralee Harriers A.C.	8.80	8.70	8.66	9.18	9.15	8.89	9.18
9	133	Twomey, Catriona	Kilkenny City Harriers A.C.	8.23	8.02	7.75				8.23
10	53	Jein, Lydia	Dunleer A.C.	6.48	6.04	6.59				6.59

Discus - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	167	Scanlon, Zoe	West Waterford A.C.	37.45	36.11	X	37.96	36.65	38.98	38.98
2	41	Parkinson, Sophie	Gowran A.C.	36.43	X	36.48	38.08	35.04	38.54	38.54
3	158	O'Sullivan, Hannah	Gneeveguilla A.C.	34.69	34.21	35.08	33.77	31.12	X	35.08
4	107	Hetherington, Kathy	North Down A.C.	33.78	34.29	32.31	32.81	34.92	31.37	34.92
5	164	Hickey, Kate	West Waterford A.C.	31.31	26.91	30.39	31.69	33.61	30.81	33.61
6	163	Mc Sweeney, Laura	Bandon A.C.	31.70	33.20	X	29.79	33.07	32.73	33.20
7	181	Owens, Emma	St. Pauls A.C.	32.11	30.07	X	X	30.78	X	32.11
8	120	Murphy, Niamh	Blarney/Inniscara A.C.	27.41	28.92	27.25	29.65	28.11	27.27	29.65
9	155	Boyd, Kate	Tralee Harriers A.C.	27.00	28.64	X				28.64
10	175	Daly, Emma	St. Abbans A.C.	X	X	27.64				27.64

Javelin - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	24	Murphy, Jenny	Abbey Striders A.C.	33.04	34.11	37.44	36.01	35.22	35.22	37.44
2	175	Daly, Emma	St. Abbans A.C.	X	29.72	21.93	29.16	29.00	29.25	29.72
3	239	Frattaroli, Alannis	Limerick A.C.	X	23.99	23.41	22.28	20.60	23.68	23.99

Hammer - Junior Women				1st	2nd	3rd	4th	5th	6th	Best
Place	No	Name	Club							
1	30	Kennedy, Cara	Ferrybank A.C.	57.98	54.37	X	53.86	X	53.36	57.98
2	6	O'Farrell, Charlotte	D.M.P. A.C.	44.39	44.85	45.18	45.92	X	45.88	45.92
3	157	O'Neill, Mairead	Gneeveguilla A.C.	41.31	43.79	45.61	41.02	X	40.97	45.61

4	100	Furlong, Christina		39.96	39.20	39.54	41.15	42.18	43.04	43.04
5	178	Moynihán, Megan	West Muskerry A.C.	30.98	37.35	35.67	41.64	36.99	37.11	41.64
6	129	Conlon, Theresa	Kilkenny City Harriers A.C.	33.42	39.93	41.44	40.52	X	X	41.44
7	163	Mc Sweeney, Laura	Bandon A.C.	38.45	38.12	40.43	39.85	41.26	39.66	41.26
8	165	Kenneally, Michelle	West Waterford A.C.	36.71	35.63	35.95	X	32.94	35.51	36.71
9	166	Scanlon, Ciara	West Waterford A.C.	32.82	30.05	31.07				32.82

#### 100 m - U.23 Men

Wind : +2.8

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	305	Adams, Dean	Ballymena & Antrim A.C.	10.71		10.62
2	280	Muldowney, Eoin	Castlecomer A.C.	10.95		10.82
3	344	Davis, Jamie	Raheny Shamrock A.C.	10.82		10.85
4	360	O'Callaghan, Conall	Spa Muckcross A.C.	11.07		11.22
5	283	Coleman, Conor	Clonliffe Harriers A.C.	11.14		11.26
6	363	O'Donohue, Barry	Raheny Shamrock A.C.	11.32		11.35
7	247	Stack, Paul	Leevale A.C.	11.43		11.58
8	301	Foroughi, Kourosh	Star of the Sea A.C.	11.27		14.37
	288	Holmes, Jonathan	Kilkenny City Harriers A.C.	11.68		
	312	Munro, Simon	Celbridge A.C.	12.84		
	251	Quilligan, David	Leevale A.C.	DNS		

#### 200 m - U.23 Men

Wind : +3.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	302	Colvert, Steven	Crusaders A.C.	20.73		20.77
2	328	Russell, Christopher	Ferrybank A.C.	21.73		20.98
3	277	Gregan, Brian	Clonliffe Harriers A.C.	21.80		21.15
4	271	Crowe, Timothy	Dooneen A.C.	21.88		21.48
5	280	Muldowney, Eoin	Castlecomer A.C.	22.66		21.72
6	347	Harvey, Jason	Lagan Valley	22.10		22.20
7	339	Ryan, Paul	Mullingar Harriers A.C.	24.66		25.07
	344	Davis, Jamie	Raheny Shamrock A.C.	22.17		DNS
	312	Munro, Simon	Celbridge A.C.	25.72		
	360	O'Callaghan, Conall	Spa Muckcross A.C.	DNS		
	247	Stack, Paul	Leevale A.C.	DQ		

#### 400 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	386	Tuohy, Niall	Ferrybank A.C.	49.05		48.08
2	278	Kervick, Dara	Carrick-On-Suir A.C.	49.96		48.91
3	279	Mackey, Ciaran	Clonliffe Harriers A.C.	48.82		49.25
4	248	O'Sullivan, Thomas	Leevale A.C.	50.35		49.46
5	306	Mc Laughlin, Conor	Strabane A. C.	50.69		49.54
6	311	Houston, John	Ballymena & Antrim A.C.	50.53		50.22
7	336	Maze, Ben	Lagan Valley	50.38		51.52
	316	Whelan, Alan	Tullamore Harriers A.C.	51.19		DNS
	322	O'Connor, Cathal	Finn Valley A.C.	53.16		
	323	Hoy, Mark	Finn Valley A.C.	53.67		

#### 800 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	265	Mc Brearty, Darren	Letterkenny A.C.			1.51.57
2	418	Lieghio, Anthony	Tallaght A.C.			1.51.76
3	264	Kelly, Brian	St. Abbans A.C.			1.52.39
4	259	Ellis, Fergal	Ballinamore A.C.			1.55.84
5	257	Duggan, Ronan	Bandon A.C.			1.56.07
6	384	Owens, Richard	Sli Cualann A.C.			1.58.08
7	349	Woods, Allister	City of Lisburn			1.59.77
8	308	Horgan, Finbar	Clonmel A.C.			2.00.33
9	346	Healy, Colm	Dundrum South Dublin A.C.			2.02.25
10	357	Claffey, Gerard	Rathfarnham W.S.A.F. A.C.			2.02.90
11	341	Moore, Conor	Omagh Y.C. Harriers A.C.			2.03.48

#### 1500 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	334	Robinson, Paul	St. Coca'S A.C.			3.54.37
2	265	Mc Brearty, Darren	Letterkenny A.C.			3.55.55
3	270	Carroll, Tommy	North Sligo A.C.			3.56.35
4	260	Mulhare, Michael	North Laois A.C.			3.56.79
5	276	O'Hare, James	Annadale Striders A.C.			3.57.29
6	309	Cotter, Tomas	Dunleer A.C.			3.57.77
7	420	Kelly, Sam	Fingallians A.C.			3.58.57
8	366	Robinson, Niall	North Down A.C.			3.59.10
9	417	Lee, Kieran	Crusaders A.C.			3.59.88

10	352	Dooney, Conor	Raheny Shamrock A.C.	3.59.88
11	355	Tremble, Liam	Metro/St. Brigid's A.C.	4.00.86
12	371	Fitzmaurice, Dave	Clonliffe Harriers A.C.	4.01.22
13	372	Mc Donald, Mark	Clonliffe Harriers A.C.	4.06.48
14	370	Linden, Patrick	Willowfield Harriers	4.08.99
15	274	Gleeson, Paul	Clones A.C.	4.09.22
16	353	O'Sullivan, Carl	Raheny Shamrock A.C.	4.10.92
17	254	Rennicks, Darragh	Bohermeen A.C.	4.14.68

#### 5000 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	329	Flynn, Alex	Ferrybank A.C.			15.42.58
2	350	Foley, Donal	Raheny Shamrock A.C.			15.59.02
3	318	Feely, Liam	North Leitrim A.C.			16.00.83
4	249	Lane, Ciaran	Leevale A.C.			17.15.55

#### 110 m Hurdles - U.23 Men

Wind : +5.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	272	O'Cathain, Ciaran	Raheny Shamrock A.C.			15.10

#### 400 m Hurdles - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	271	Crowe, Timothy	Dooneen A.C.			53.14
2	262	Byrne, Paul	St. Abbans A.C.			53.37
3	362	Fagan, John	Clonliffe Harriers A.C.			53.94

#### 3000 m Steeplechase - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	286	Flynn, David	Clonliffe Harriers A.C.			9.10.16
2	321	Collins, Noel	Finn Valley A.C.			9.25.71
3	337	Jennings, Emmet	Dundrum South Dublin A.C.			9.28.48
4	329	Flynn, Alex	Ferrybank A.C.			9.31.06
5	375	Rossiter, Jayme	Clonliffe Harriers A.C.			9.45.15
6	364	Mc Guinness, Conor	Clonliffe Harriers A.C.			10.01.01
	252	Walter, Stephen	Leevale A.C.			DNF

#### High Jump - U.23 Men

Place	No	Name	Club	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.20
1	301	Foroughi, Kourosh	Star of the Sea A.C.	-	O	O	O	O	XO	O	O	XXX
2	263	Pender, Barry	St. Abbans A.C.	-	O	O	O	O	XO	O	XXX	

#### Long Jump - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	313	Mc Mullen, Adam	UUJ	6.88 +3.4	X	7.42 +5.8	7.26 +3.0	X	7.73 +3.9	7.73 +3.9
2	251	Quilligan, David	Leevale A.C.	7.03 +2.9	6.71 +2.3	7.40 +5.8	7.18 +3.1	7.37 +3.7	7.48 +3.6	7.48 +3.6
3	365	Hannon, Eoin	Tullamore Harriers A.C.	7.14 +5.4	6.83 +3.3	6.93 +4.3	7.29 +3.3	X	-	7.29 +3.3
4	285	Fahy, Eamonn	Donore Harriers A.C.	7.24 +4.6	X	X	X	X	X	7.24 +4.6
5	332	Smith, Keith Michael	Carrick-on-Suir A.C.	6.25 +3.5	6.40 +3.5	6.59 +3.9	6.54 +4.8	6.40 +3.5	X	6.59 +3.9
6	253	Smith, Paul	Shercock A.C.	6.04 +3.8	5.97 +3.3	6.42 +4.0	5.97 +2.6	-	-	6.42 +4.0

#### Pole Vault - U.23 Men

Place	No	Name	Club	4.05	4.25	4.45	4.65
1	268	Rogers, Ian	Clonliffe Harriers A.C.	O	O	O	XXX

#### Shot Putt - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	275	Doyle, Matthew	Mid-Ulster A.C.	11.22	X	10.79	10.95	X	11.12	11.22
2	269	Hickey, Thomas	Crookstown Millview A.C.	X	9.14	9.40	8.91	9.24	8.38	9.40

#### Discus - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	266	Reynolds, Chris	City of Lisburn	40.27	43.04	39.22	X	X	43.45	43.45
2	275	Doyle, Matthew	Mid-Ulster A.C.	32.65	X	X	X	32.90	X	32.90

#### Javelin - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	340	Mc Bride, Sean	Strabane Track Club	50.26	52.57	50.90	50.02	50.42	X	52.57
2	343	Kirwan, Rory	Dunleer A.C.	X	46.42	43.87	43.01	41.80	41.35	46.42

#### Hammer - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	273	Donnelly, Ciaran	Crusaders A.C.	44.25	X	X	43.16	43.00	X	44.25

#### 35lb Distance - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	273	Donnelly, Ciaran	Crusaders A.C.	7.53	7.39	7.35	7.35	7.87	X	7.87
2	255	Mulligan, Joseph	Tullamore Harriers A.C.	7.53	X	7.36	6.98	7.51	7.51	7.53

#### 100 m - U.23 Women

Wind : +4.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	303	Cannon, Shauna	Brothers Pearse A.C.			12.07
2	282	Kilduff, Sharon	Clonliffe Harriers A.C.			12.27
3	348	Wickham, Denise	St. Pauls A.C.			12.97

#### 200 m - U.23 Women

Wind : +4.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	373	Creaner, Steffi	Celtic DCH A.C.			24.33
2	315	Lewis, Hannah	North Down A.C.			24.44
3	342	Giblin, Susan	Raheny Shamrock A.C.			27.45

#### 400 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	245	Mc Ardle, Louise	Leevale A.C.			57.97
2	374	Denny, Sinead	Dundrum South Dublin A.C.			58.68
3	367	Anglim, Roisin	Fingallians A.C.			58.80
4	342	Giblin, Susan	Raheny Shamrock A.C.			62.19

#### 800 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	310	Treacy, Sara Louise	Moynalvey A.C.			2.11.52
2	374	Denny, Sinead	Dundrum South Dublin A.C.			2.14.78
3	331	Mc Ginley, Orna	Clonliffe Harriers A.C.			2.22.89
4	377	Kilgallon, Rachel	Sligo A.C.			2.30.34
5	320	Gibson, Rcahel	North Down A.C.			2.30.39
6	382	Hogan, Aoife	Mullingar Harriers A.C.			2.47.20

#### 1500 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	310	Treacy, Sara Louise	Moynalvey A.C.			4.30.63
2	244	Kinney, Jordan	Loughborough University			4.30.68
3	361	Everard, Ciara	Kilkenny City Harriers A.C.			4.38.63
4	422	Scott, Laluren	North Down A.C.			4.38.95
5	319	Doyle, Deirdre	Tinryland A.C.			4.45.01
6	338	Behan, Laura	K.C.K. A.C.			4.46.55
7	379	Britton, Una	Kilcoole A.C.			4.54.02

#### 5000 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	424	Wilson, Ciara	D.M.P. A.C.			18.55.28

#### 100 m Hurdles - U.23 Women

Wind : +3.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	326	Murphy, Mairead	Ferrybank A.C.			13.50
2	369	Lawler, Sandra	Celbridge A.C.			13.93
3	325	Sheehan, Kalyn	Ferrybank A.C.			14.28
4	378	Howard, Roisin	Bandon A.C.			15.91



## 400 m Hurdles - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	330	Barr, Jessie	Ferrybank A.C.			59.79
2	383	Coveney, Gabrielle	E.S.M. A.C.			61.01

## High Jump - U.23 Women

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.68	1.71	1.77
1	241	Hughes, Pamela	Westport A.C.	-	-	-	O	-	O	XXX
2	354	Moggan, Grainne	Dundrum South Dublin A.C.	O	O	XXX				
3	378	Howard, Roisin	Bandon A.C.	XXO	XO	XXX				

## Long Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	315	Lewis, Hannah	North Down A.C.	5.76 +3.9	6.00 +6.6	X	X	X	5.86 +4.5	6.00 +6.6

## Triple Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	348	Wickham, Denise	St. Pauls A.C.	8.82 +1.7	7.99 +3.4	8.87 +2.8	-	-	-	8.87 +2.8

## Shot Putt - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	381	Fitzgerald, Claire	Tralee Harriers A.C.	12.78	14.10	13.53	13.06	13.66	X	14.10
2	176	Daly, Shauna	St. Abbans A.C.	10.60	10.07	9.98	10.89	9.60	9.83	10.89
3	242	Rogers, Frances	St. Peter's A.C.	9.65	9.27	9.98	9.75	X	X	9.98

## Discus - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	381	Fitzgerald, Claire	Tralee Harriers A.C.	44.22	46.49	43.50	X	47.80	X	47.80
2	176	Daly, Shauna	St. Abbans A.C.	26.55	27.68	28.15	25.60	X	24.59	28.15
3	380	O'Connor, Karen	Tralee Harriers A.C.	X	25.64	27.11	27.14	25.75	26.84	27.14

## Javelin - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	243	Mc Donald, Olivia	St. Peter'S A.C.	35.34	37.01	33.55	33.46	34.22	34.72	37.01

## Hammer - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	385	Mc Carthy, Maire	Blarney/Inniscara A.C.	32.50	37.25	37.51	36.83	X	35.48	37.51