

**Woodie's DIY 10k Road
Championships of Ireland
18th April 2010
Phoenix Park, Dublin**

Master M35 Result

Place	Overall Place	Bib No.	Surname	First Name	Club	Time
1	14	319	Byrne	Patrick	Tinryland A.C.	31.47
2	17	390	Byrne	John	Mayo A.C.M35+	32.19
3	23	201	O'Donnell	Ruairi	Limerick A.C.	32.49
4	30	235	Staunton	Robert	Galway City Harriers A.C. M35+ 'A'	33.22
5	38	307	Fahey	Declan	Tullamore Harriers A.C. M35+ 'A'	33.46
6	45	306	Grennan	Catch	Tullamore Harriers A.C. M35+ 'A'	34.13
7	47	211	Davis	Mark	Craughwell A.C. M35+	34.16
8	48	268	O'Sullivan	Peter	Craughwell A.C. M35+	34.19
9	51	391	Mc Hugh	T.J.	Mayo A.C.M35+	34.31
10	52	237	Brown	James	Inishowen A.C.	34.32
11	55	389	Devaney	Anthony	Mayo A.C.M35+	34.41
12	58	305	Murphy	Michael	Tullamore Harriers A.C. M35+ 'A'	34.45
13	83	394	Malseed	Robert	Mayo A.C.M35+	35.53
14	89	6742	Looby	Maurice	Mullingar Harriers A.C.	36.03
15	94	356	O'Dwyer	Simon	Gowran A.C. M35+	36.10
16	106	324	Gargan	David	RahenyShamrock A.C. M35+	37.00
17	107	265	Carpenter	Sean	Dunleer A.C. M35+	37.01
18	115	9879	Birmingham	Mark	Clonliffe Harriers A.C.	37.13
19	120	251	O'Connor	John	Athenry A.C.	37.34
20	121	7312	Poole	John	Donore Harriers A.C.	37.34
21	130	7619	Leach	David	Raheny Shamrock A.C.	37.54
22	150	239	Mc Kenna	Aidan	Letterkenny A.C. M35+	38.40
23	158	392	Huane	David	Mayo A.C.M35+	38.55
24	162	8918	Mc Carthy	Shane	Lucan Harriers A.C.	39.13
25	163	393	Galvin	Gerry	Mayo A.C.M35+	39.24
26	175	11575	Sherlock	Keith	Tallaght A.C.M35+	40.00
27	179	291	Wrafter	Joe	Tullamore Harriers A.C. M35+ 'B'	40.07
28	184	321	Nevin	Tony	Craughwell A.C.	40.17
29	188	326	Burke	Frank	Athenry A.C. M35+	40.36
30	202	413	Carolan	Paul	Civil Service A.C.M35+	41.38
31	214	6116	Kearney	Oliver	Donadea Running Club	42.47
32	215	224	Spillane	Michael	Galway City Harriers A.C. M35+ 'B'	42.47
33	236	6500	Nc Donnell	Paul	Boards AC	44.29
34	240	325	Compelli	Alan	Boards A.C.	44.33
35	253	359	Kavanagh	Brendan	Gowran A.C. M35+	46.57
36	260	405	Benoit	Nicholas	Star of the Sea A.C.M35+	47.55
37	267	32	Doherty	Ciaran	Letterkenny A.C. M35+	49.47
38	270	5588	Murray	Garrett	Dunleer AC	49.55
39	276	7864	Marshall	Bryan	Waterford AC	51.15
40	291	8023	Lynch	Dave	Donadea Running Club	56.48
41	296	5172	Kearney	Colm	Donadea Running Club	59.23

Master M40 Result

1	15	27	Mc Kinney	Pauric	Letterkenny A.C. M35+	31.57
2	28	242	Barron	David	Slaney Olympic A.C.	33.07
3	33	331	Carrie	David	Dunleer A.C. M35+	33.29
4	40	241	O'Leary	Ian	Dundrum South Dublin A.C. M35+	33.56
5	79	333	Mc Loughlin	Owen	Rathfarnham W.S.A.F. A.C.M35+	35.47
6	93	227	Carty	Gerry	Galway City Harriers A.C. M35+ 'B'	36.09
7	97	8603	Gormley	Martin	Letterkenny A.C. M35+	36.29
8	101	256	Gallagher	Sean	Ballina A.C.	36.35

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9	104	499	James	Kelly	RahenyShamrock A.C. M35+	36.53
10	122	228	Fallon	Paul	Galway City Harriers A.C. M35+ 'B'	37.42
11	127	378	Mc Grath	Aidan	Donore Harriers A.C.M35+	37.49
12	128	280	Glennon	Matthew	Mullingar Harriers A.C.	37.50
13	132	497	Mc Cormack	James	North Laois A.C.M35+	37.57
14	133	371	Walsh	Sean	Tallaght A.C.M35+	37.59
15	139	353	Hilliard	Mel	Metro/St. Brigid's A.C. 'A' - Men	38.14
16	142	377	Mc Donald	Gerry	Donore Harriers A.C.M35+	38.27
17	146	349	Bain	Derek	Rathfarnham W.S.A.F. A.C.M35+	38.32
18	155	382	O'Neill	Derek	Donore Harriers A.C.M35+	38.47
19	157	8822	Gallagher	Finbarr	Inisowen A.C.	38.52
20	166	290	Gorry	David Thomas	Tullamore Harriers A.C.	39.32
21	187	9463	Robinson	Ken	Lucan Harriers A.C.	40.33
22	194	2492	Fitzpatrick	Geoff	Dromore AC	41.00
23	198	276	Worall	Alan	Clonliffe Harriers A.C.	41.07
24	210	7890	Breen	Colm	Clonliffe Harriers A.C.	42.03
25	211	4936	Mullins	Gerard	Drogheda & Dist. M35+	42.16
26	218	6873	Flaherty	Gerry	Blackrock AC (Dublin)	42.54
27	222	10959	Stephen	Nolan	RahenyShamrock A.C.	43.16
28	229	407	O'Neill	Eamonn	Star of the Sea A.C.M35+	44.02
29	235	6187	Cooney	Kieran	Dublin Front Runners AC	44.24
30	237	417	O'Malley	Christy	Mayo A.C. 'A' - Men	44.31
31	242	267	Clarke	Shay	Drogheda & District A.C. M35 +	44.43
32	243	293	Mc Cormack	Anthony	Tullamore Harriers A.C. M35+ 'B'	44.45
33	249	269	Fitzpatrick	Anthony	Craughwell A.C. M35+	46.15
34	252	406	Rowe	Mick	Star of the Sea A.C.M35+	46.55
35	259	11870	Clarke	Joe	Navan A.C.	47.47
36	265	7010	Butler	Willie	Templemore AC	49.21
37	268	335	Crone	Ciaran	Star of the Sea A.C.M35+	49.49
38	272	5351	Corcoran	Paschal	Donadea Running Club	50.06
39	273	5289	Mc Nally	Colm	Lusk AC	50.28
40	275	9303	Wiley	Darragh	Mallow A.C.	50.41
41	280	9921	Bates	Douglas	Mullingar Harriers A.C.	52.21
42	290	322	Marren	Mark	Drogheda & District A.C. M35 +	56.43
43	294	5291	Gordan	George	Lusk AC	57.26
44	295	482	O'Donnell	Ciaran	Letterkenny A.C. M35+	59.22
45	301	207	Castles	John	Fr. Murphys A.C. M35+	67.37

Master M45 Result

1	10	334	Ryan	Gerry	Craughwell A.C. M35+	31.08
2	20	279	Traynor	Mick	Raheny Shamrock A.C.	32.29
3	35	9858	Burke	Aengus	North Laois A.C.M35+	33.37
4	37	408	Cowhie	Paul	Civil Service A.C.M35+	33.42
5	42	11666	Duffy	Gerry	Metro/St. Brigid's A.C. 'A' - Men	34.07
6	54	208	Corcoran	Martin	Craughwell A.C. M35+	34.37
7	59	368	Coppinger	Niall	Tallaght A.C.M35+	34.47
8	61	303	Donegan	John	Tullamore Harriers A.C. M35+ 'A'	34.49
9	70	345	Doyle	Gerry	Rathfarnham W.S.A.F. A.C.M35+	35.19
10	98	410	Kearns	Declan	Civil Service A.C.M35+	36.34
11	110	347	Farrelly	John	Rathfarnham W.S.A.F. A.C.M35+	37.06
12	114	11629	Carroll	PJ	North Laois A.C.M35+	37.12
13	117	488	Martin	Damian	RahenyShamrock A.C. M35+	37.24
14	125	348	Casey	Joe	Rathfarnham W.S.A.F. A.C.M35+	37.46
15	126	346	Bishop	Thomas	Rathfarnham W.S.A.F. A.C.M35+	37.47

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16	140	409	Fennell	Mick	Civil Service A.C.M35+	38.23
17	148	5178	Kenny	Gerard	Newry City Runners AC	38.38
18	156	381	Tyrell	Andy	Donore Harriers A.C.M35+	38.47
19	159	369	Murphy	Bill	Tallaght A.C.M35+	38.56
20	172	11678	Finnegan	Stephen	Sligo A.C.	39.48
21	183	4777	O'Neill	Aidan	Rathfarnham W.S.A.F. A.C.	40.14
22	185	244	Fitzmaurice	Adrian	Athenry A.C. M35+	40.25
23	195	5898	Newman	Eddie	Mullingar Harriers A.C.	41.02
24	197	7467	Treanor	Declan	Dublin Front Runners AC	41.05
25	200	273	Gardiner	Gabriel	Craughwell A.C.	41.29
26	204	318	Mc Goldrick	Sean	RahenyShamrock A.C. M35+	41.43
27	208	292	Mollen	Francis	Tullamore Harriers A.C. M35+ 'B'	41.47
28	217	10211	Brennan	Tommy	Waterford AC	42.54
29	225	5831	Mc Glynn	Kevin	North Sligo AC	43.23
30	228	323	Quill	Diarmuid	Craughwell A.C.	43.54
31	230	218	Freir	John	RahenyShamrock A.C. M35+	44.04
32	239	283	Willoughby	Stephen	Sportsworld A.C.M35+	44.32
33	248	8277	Mac Muiris	Ronan	Dublin Front Runners AC	46.01
34	251	203	Anderson	Brendan Anthor	Fr. Murphys A.C. M35+	46.26
35	258	7193	Cassidy	Paul	Sportsworld A.C.M35+	47.44
36	261	6405	Croke	Brian	Dooneen AC	48.00
37	263	7190	Bruce	Ian	Dunshaughlin AC	49.07
38	278	7441	Mullen	Rory	Sportsworld A.C.M35+	52.01
39	287	9994	Kelly	Martin	RahenyShamrock A.C.	54.50
40	288	10838	Woods	David	RahenyShamrock A.C.	55.17

Master M50 Result

1	49	284	Stafford	Jim	Slaney Olympic A.C.	34.23
2	56	221	Payne	Thomas	Tinryland A.C. M50+	34.43
3	62	309	Maloney	Gerard	St. Pauls A.C.	34.49
4	68	294	Feery	John	Tullamore Harriers A.C. M50+	35.17
5	74	11645	Mc Donald	Martin	North Laois A.C.M35+	35.28
6	81	320	Hogan	Brendan	Rathfarnham W.S.A.F. A.C.M50+	35.50
7	82	9160	Healy	John	Dundrum South Dublin A.C. M35+	35.53
8	85	11574	Ryan	Brendan	Tallaght A.C.M50+	35.55
9	95	219	Mc Ananey	Sammy	City of DerryM50+	36.16
10	96	296	Carroll	Martin	Tullamore Harriers A.C. M50+	36.17
11	102	337	Tucker	Adrian	Rathfarnham W.S.A.F. A.C.M50+	36.40
12	119	339	Doyle	Sean	Rathfarnham W.S.A.F. A.C.M50+	37.26
13	124	6943	Shorten	Dessie	Tallaght A.C.M50+	37.42
14	153	295	Conlon	Patrick	Tullamore Harriers A.C. M50+	38.43
15	154	264	Mulligan	Michael	Dunleer A.C. M35+	38.44
16	165	355	Quinn	Gerry	Metro/St. Brigid's A.C. 'A' - Men	39.28
17	170	336	Clarke	Terrence	Rathfarnham W.S.A.F. A.C.M50+	39.37
18	177	360	Woods	Gerry	Tallaght A.C.M50+	40.02
19	186	361	Fitzsimons	Ray	Tallaght A.C.M50+	40.31
20	205	396	Hall	P.J.	Mayo A.C.M50+	41.45
21	221	6000	Patton	Conor	DSD AC	43.16
22	231	362	Quinn	Derek	Tallaght A.C.M50+	44.09
23	279	6111	Murphy	Denis	Ratoath AC	52.09
24	293	5690	O'Sullivan	Mchael	Mullingar Harriers A.C.	57.23

Master M55 Result

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1	109	416	Gough	Joe	West Waterford A.C.	37.02
2	113	285	Mc Evoy	Eamonn	St. Finbarrs A.C.	37.10
3	147	302	Todd	John	Tullamore Harriers A.C. M50+	38.36
4	149	372	Lilburn	Peter	City of DerryM50+	38.38
5	169	411	Ward	Ronan	Civil Service A.C.M35+	39.35
6	176	271	Gallagher	Hugh	Letterkenny A.C. M35+	40.02
7	181	480	O'Neill	Charlie	Donore Harriers A.C.	40.13
8	191	217	Talbot	Andy	Clare River Harriers A.C.	40.53
9	193	9150	O'Leary	John	Lucan Harriers A.C.	40.59
10	201	412	Campion	Loughlin	Civil Service A.C.M35+	41.31
11	219	373	Mc Cullagh	Oliver	City of DerryM50+	43.03
12	220	399	Mongan	Owen	Mayo A.C.M50+	43.10
13	227	214	Darcy	John	Sli Cualann A.C.	43.51
14	234	6924	Cooney	Conor	Drogheda & District A.C. M35 +	44.19
15	254	400	Gaughan	Seamus	Mayo A.C.M50+	46.58
16	281	5422	Timothy	John	Claremorris AC	52.44
17	299	6390	Ballesty	P.J.	Mullingar Harriers A.C.	61.47
18	302	272	Connolly	Seamus	Tinryland A.C. M50+	73.34

Master M60 Result

1	152	11725	Collins	Pat	Liffey Valley A.C.	38.43
2	173	316	Shannon	Denis	Tinryland A.C. M50+	39.55
3	271	4670	O'Shea	Patrick	Iveragh A.C.	50.04

Master M65 Result

1	264	281	Lloyd	Trevor	Sportsworld A.C.M35+	49.18
2	282	243	Keane	Martin	Athenry A.C. M35+	52.53
3	297	286	Langan	Jim	Tullamore Harriers A.C.	61.00

Master M70 Result

1	298	240	Leonard	Jim	Drogheda & District A.C. M35 +	61.35
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Master M75 Result

1	303	4665	Collins	John	Limerick Country A.C.	82.17
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