

Athletic Association of Ireland

10k Road Race Championships of Ireland 26th April 2009 Navan Co. Meath

Place Club Teams – Master Women (Group 1 - M35+)

Place	Club	Time
1	Tullamore Harriers A.C. W35	114.54
2	Rathfarnham WSAF	118.02
3	Donore Harriers A.C. W35	125.43
4	Na Fianna A.C. W35	128.08
5	Mayo A.C. W35	129.51
6	Navan A.C. W35	133.23
7	Tallaght A.C. W35	141.24

Senior Men Team Result

Place	Club	Time
1	Raheny Shamrock	125.48
2	Tallaght A.C.	126.58
3	Letterkenny A.C.	129.20
4	Rathfarnham WSAF "A"	130.20
5	Sportsworld A.C.	136.23
6	Donore Harriers A.C.	140.58
7	Athenry A.C.	146.51
8	Rathfarnham WSAF "B"	149.38
9	Mayo A.C.	154.21
10	Tullamore Harriers	168.02

Place Club Teams – Master Men (Group 1 - M35+)

Place	Club	Time
1	Tallaght A.C. (M35)	102.36
2	North Laois A.C.	103.36
3	Rathfarnham WSAF	103.44
4	Raheny Shamrock A.C. 'A'(M35)	104.07
5	Tullamore Harriers A.C. (M35)	105.42
6	Mayo A.C. (M35)	107.01
7	Letterkenny	107.03
8	Finn Valley	109.38
9	Donore Harriers	111.08
10	Raheny Shamrock A.C. 'B'(M35)	112.50
11	Metro/St. Brigid's A.C. (M35)	114.20
12	Inishowen	116.20

Senior Women Team Result

Place	Club	Time
1	Donore Harriers	110.48
2	Sportsworld A.C.	113.28
3	North Belfast Harriers	114.36
4	Mayo A.C.	114.56
5	Tullamore Harriers	117.41
6	Raheny Shamrock "A"	117.43
7	Finn Valley	118.33
8	Clonliffe Harriers	118.38
9	Rathfarnham WSAF	120.04
10	Ennis Track A.C.	122.29
11	Crusaders A.C.	135.04
12	Raheny Shamrock "B"	137.20

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Place CLUB TEAMS – Master Men (Group 2 M50+)

Place	Club	Time
1	Tullamore Harriers A.C. (M50)	109.57
2	Rathfarnham WSAF	111.59
3	Mayo A.C. (M50)	118.11
4	Metro/St. Brigid's A.C. (M50)	120.12
5	Tallaght A.C. (M50)	120.52
6	Raheny Shamrock A.C.	121.04

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