

**Woodie's DIY /AAI
Inter Club Cross Country Championships
12,000m
Phoenix Park, Dublin
7th March, 2010**

Senior Men

Place	No	Name	Club	Time
1	813	Kenneally, Mark	Clonliffe Harriers A.C.	34.37
2	760	Thornton, Gary	Galway City Harriers A.C.	34.51
3	697	Murray, Gary	St. Malachy'S A.C.	35.06
4	852	O'Neill, Brendan	Dundrum South Dublin A.C.	35.25
5	828	Chamney, Thomas	Crusaders A.C.	35.32
6	829	O'Brien, Alan	Crusaders A.C.	35.44
7	839	Clohisey, Michael	Raheny Shamrock A.C.	35.48
8	816	Cariss, Chris	Clonliffe Harriers A.C.	35.51
9	815	Cibanu, Sergiu	Clonliffe Harriers A.C.	35.54
10	883	Hamilton, Patrick	Annadale Striders A.C.	35.59
11	882	Mc Ginley, Eddie	Annadale Striders A.C.	36.06
12	937	Quinn, Martin	Dunleer A.C.	36.08
13	842	O'Leary, Cillian	Raheny Shamrock A.C.	36.11
14	840	Kirwan, Mark	Raheny Shamrock A.C.	36.20
15	818	Heneghan, John	Clonliffe Harriers A.C.	36.29
16	814	Mc Mahon, Brian	Clonliffe Harriers A.C.	36.47
17	762	Mc Grath, Sean	East Cork A.C.	36.51
18	841	Ryan, Simon	Raheny Shamrock A.C.	37.10
19	849	Matthews, Peter	Dundrum South Dublin A.C.	37.18
20	863	Van Haeften, Lee	Donore Harriers A.C.	37.19
21	819	O'Hanlon, Gary	Clonliffe Harriers A.C.	37.22
22	896	Mc Kinney, Pauric	Letterkenny A.C.	37.30
23	873	Mc Gowan, Aidan	St. Malachy's A.C.	37.32
24	801	Sheehan, Niall	Gowran A.C.	37.34
25	843	Roe, Bernard	Raheny Shamrock A.C.	37.39
26	927	Fleming, Paul	Rathfarnham W.S.A.F. A.C.	37.40
27	861	Murphy, Stephen	Donore Harriers A.C.	37.41
28	860	Downes, John	Donore Harriers A.C.	37.41
29	770	O'Sullivan, Eoin	Togher A.C.	37.48
30	822	Cronin, Lorcan	Clonliffe Harriers A.C. 'B'	37.54
31	851	Corbally, Robert	Dundrum South Dublin A.C.	37.55
32	798	Scanlon, Thomas	Ennis Track A.C.	37.56
33	856	O'Connor, Kevin	Dundrum South Dublin A.C.	37.58
34	935	Maunsell, Thomas	Leevale A.C.	38.06
35	862	Dooley, Mark	Donore Harriers A.C.	38.10
36	844	Traynor, Mick	Raheny Shamrock A.C.	38.24
37	898	Brennan, Patrick	Letterkenny A.C.	38.26
38	605	Casey, Desmond	Millstreet A.C.	38.27
39	823	Mac Diarmada, Michael	Clonliffe Harriers A.C. 'B'	38.29
40	853	Eves, John	Dundrum South Dublin A.C.	38.34
41	763	Meade, Fergus	East Cork A.C.	38.35
42	761	Mc Carthy, James	East Cork A.C.	39.02

43	789	Kilgannon, Phil	Sportsworld A.C.	39.05
44	875	Marsh, Francis	North Down	39.12
45	833	Kearns, Ronan	Crusaders A.C.	39.15
46	780	Fahey, Declan	Tullamore Harriers A.C.	39.26
47	698	McDonagh, Morgan	Dunboyne A.C.	39.42
48	830	Coughlan, Garrett	Crusaders A.C.	39.49
49	764	Collins, Diarmaid	East Cork A.C.	39.52
50	872	Mc Cormack, Aida	St. Malachy's A.C.	39.53
51	868	Nugent, Ken	Donore Harriers A.C.	39.54
52	781	Grennan, Catch	Tullamore Harriers A.C.	40.04
53	834	Hynes, Ray	Crusaders A.C.	40.15
54	876	Robinson, Niall	North Down	40.17
55	771	Coakley, Donal	Togher A.C.	40.24
56	832	Kinahan, Ivan	Crusaders A.C.	40.26
57	936	Barrett, Roger	Ballina A.C.	40.30
58	788	O'Connell, Paul	Sportsworld A.C.	40.35
59	890	Mc Grath, Edward	Liffey Valley A.C.	40.36
60	938	O'Donnell, Ruairi	Limerick A.C.	40.42
61	773	Murphy, Patrick	Togher A.C.	40.43
62	916	Mc Guinness, Nicholas	North East Runners A.C.	40.44
63	793	Sweeney, Trevor	Sportsworld A.C.	40.48
64	885	Spring, Darren	Liffey Valley A.C.	40.49
65	911	Kelly, Alan	St. Ronans A.C.	40.54
66	918	Mc Closkey, Brian	North East Runners A.C.	40.58
67	831	O'Neill, Eugene	Crusaders A.C.	41.05
68	906	Sherlock, Keith	Tallaght A.C.	41.16
69	836	Cross, Robert	Crusaders A.C.	41.23
70	826	Ramsey, Ernie	Clonliffe Harriers A.C. 'B'	41.33
71	782	Garry, Eddie	Tullamore Harriers A.C.	41.37
72	791	Cunningham, Michael	Sportsworld A.C.	41.38
73	929	Bruton, Brian	Athenry A.C.	41.45
74	869	Grean, Danny	Donore Harriers A.C.	41.52
75	874	Budde, James	North Down	41.55
76	835	Healy, Richard	Crusaders A.C.	41.57
77	917	Keenan, Steve	North East Runners A.C.	42.00
78	893	Balfe, Paul	Liffey Valley A.C.	42.01
79	790	Duffy, Paul	Sportsworld A.C.	42.02
80	888	Geoghan, Pierce	Liffey Valley A.C.	42.08
81	930	Burke, Alan	Athenry A.C.	42.09
82	892	Silvan, Javier	Liffey Valley A.C.	42.19
83	794	Enright, Packie	Sportsworld A.C.	42.31
84	928	O'Connor, Gearoid	Rathfarnham W.S.A.F. A.C.	42.47
85	889	Daly, Gerry	Liffey Valley A.C.	42.47
86	778	Weaver, Dan	Togher A.C.	42.54
87	932	O'Connor, Brian	Athenry A.C.	42.58
88	825	Brunton, Nigel	Clonliffe Harriers A.C. 'B'	43.00
89	792	Merrick, Ronan	Sportsworld A.C.	43.02
90	784	Feery, John	Tullamore Harriers A.C.	43.19
91	895	O'Sullivan, Diarmuid	Liffey Valley A.C.	43.22
92	877	Arkensparr, Nick	North Down	43.30
93	902	Coppinger, Niall	Tallaght A.C.	43.37

94	905	Crowley, James	Tallaght A.C.	44.18
95	920	Karaseus, Ugis	North East Runners A.C.	44.25
96	931	Curran, Owen	Athenry A.C.	44.47
97	783	Service, Mark	Tullamore Harriers A.C.	45.04
98	904	Shorten, Dessie	Tallaght A.C.	45.06
99	880	Simpson, Thomas	North Down	45.25
100	881	Mc Kee, Darren	North Down	46.22
101	903	Murphy, William J.	Tallaght A.C.	46.38
102	922	Carroll, Chris	North East Runners A.C.	47.41
103	809	Cormack, Denis	Gowran A.C.	49.53
104	785	O'Carroll, John	Tullamore Harriers A.C.	50.33
105	912	Donelan, Sean	St. Ronans A.C.	51.10
106	913	Donnelly, David	St. Ronans A.C.	51.47
107	787	Conlon, Vinny	Tullamore Harriers A.C.	53.46
108	915	Mc Mullin, Dan	St. Ronans A.C.	56.01
109	933	Lowney, Peter	Athenry A.C.	57.45

Senior Men Team Result

Place	Team	Total				
Grade A						
1	Clonliffe Harriers A.C. (A)	33	1	8	9	15
2	Raheny Shamrock A.C. (A)	52	7	13	14	18
3	Dundrum South Dublin A.C. (A)	87	4	19	31	33
4	Crusaders A.C. (A)	104	5	6	45	48
5	Donore Harriers A.C. (A)	110	20	27	28	35
6	East Cork A.C. (A)	149	17	41	42	49
7	Clonliffe Harriers A.C. 'B' (A)	227	30	39	70	88
8	Togher A.C. (A)	231	29	55	61	86
9	North Down (A)	265	44	54	75	92
Grade B						
1	Sportsworld A.C. (B)	236	43	58	63	72
2	Tullamore Harriers A.C. (B)	259	46	52	71	90
3	Liffey Valley A.C. (B)	281	59	64	78	80
Grade C						
1	North East Runners A.C. (C)	300	62	66	77	95
2	Athenry A.C. (C)	337	73	81	87	96
3	Tallaght A.C. (C)	353	68	93	94	98
4	St. Ronans A.C. (C)	384	65	105	106	108