			Al Road Relays			
Place	No.	Club	Raheny Shamrock B	00:19:53		
1	486		Name	Leg 1	Leg 2	Leg 3
		Athlete 1	James Kelly	00:04:52	00:14:56	00:19:53
		Athlete 2	Mick Traynor	00:10:04		
		Athlete 3	Damien Martin	00:04:57		
2	No.	Club	Donore Harriers A.C.	00:20:08		
	478		Name	Leg 1	Leg 2	Leg 3
		Athlete 1	Donal Iremonger	00:04:57	00:15:09	00:20:08
		Athlete 2	John Downes	00:10:12		
		Athlete 3	Simon Meyler	00:04:59		
3	No.	Club	City of Derry	00:20:38		
	485		Name	Leg 1	Leg 2	Leg 3
		Athlete 1	Colin Roberts	00:04:59	00:15:11	00:20:38
		Athlete 2	Philip Donaughy	00:10:12		
		Athlete 3	Oran Mc Bride	00:05:27		
4	No.	Club	Tir Chonaill A.C.	00:20:54		
	490		Name	Leg 1	Leg 2	Leg 3
		Athlete 1	Martin O'Halloran	00:05:02	00:15:49	00:20:54
		Athlete 2	Paul Ward	00:10:47		!
		Athlete 3	Leo Mc Ilfrane	00:05:05		
5	No.	Club	Rathfarnham W.S.A.F. A	00:21:04		
	481		Name	Leg 1	Leg 2	Leg 3
	_	Athlete 1	Padraic Mc Chroistel	00:05:15	00:15:57	00:21:04
		Athlete 2	Edwin Keville	00:10:42		
		Athlete 3	Owen Mc Loughlin	00:05:07		
6	No.	Club	Raheny Shamrock B	00:21:09		
	487	0.000	Name	Leg 1	Leg 2	Leg 3
		Athlete 1	Davin Grange	00:04:56	00:15:59	00:21:09
		Athlete 2	Stephen Nolan	00:11:03		
		Athlete 3	Dave Woods	00:05:10		
7	No.	Club		00:21:32		
,	488	Tullamore Harriers	Name	Leg 1	Leg 2	Leg 3
	100	Athlete 1	Glen Finlay	00:05:28	00:16:04	00:21:32
		Athlete 2	John Harkin	00:10:36	00.10.01	00.21.02
		Athlete 3	Brendan Abbott	00:05:28		
8	No.	Club	Liffey Valley A.C.	00:21:57		
9	480	Olab	Name	Leg 1	Leg 2	Leg 3
	+00	Athlete 1	Martin Dignam	00:05:00	00:16:20	00:21:57
		Athlete 2	Eddie Mc Grath	00:03:00	00.10.20	00.21.37
		Athlete 3	Peter Brady	00:05:37		
	No.	Club	•	00:23:57		
-	483	Club	Tallaght A.C. Name		Log 2	1002
	403	Athlete 1		Leg 1 00:05:45	Leg 2 00:17:35	Leg 3 00:23:57
			Bill Murphy		00.17.35	00.23:57
		Athlete 2	Sean Walsh	00:11:50		