

Woodie's DIY Track & Field Championships of Ireland

Morton Stadium, Santry

6 - 7 August 2011

Men's 100 m

Wind : -2.1		H/i -1.6	H/ii -1.9	H/iii -1.9	H/iv -2.8			
Final	No	Name	Club	Heat Time	Semi Time	Final Time		
1	139	Smyth, Jason	City of Derry	10.62 1/i		10.52		
2	245	Colvert, Steven	Crusaders A.C.	10.96 1/iv		10.75		
3	213	Adams, Dean	Ballymena & Antrim A.C.	11.00 1/iii		10.89		
4	110	Russell, Christopher	Ferrybank A.C.	11.07 1/ii		10.97		
5	311	Aherne, Cian	Dooneen A.C.	11.27 2/ii		11.21		
6	269	Whelan, Paul	Dublin Striders A.C.	11.32 2/iv		11.22		
7	233	Kavanagh, Daniel	Clonliffe Harriers A.C.	11.15 2/i		11.27		
8	80	O'Shea, David	Dooneen A.C.	11.17 3/i		11.28		
9	271	Davis, Jamie	Raheny Shamrock A.C.	11.28 2/iii		11.30		
10	272	Rath, Robert	Raheny Shamrock A.C.	11.36 3/iii		11.33		
1	232	Muldowney, Eoin	Castlecomer A.C.	11.47 4/i		11.42	-0.7	
2	252	O'Byrne, Deanna	Dundrum South Dublin A.C.	11.62 4/iii		11.44		
3	408	Pike, Keith	Clonliffe Harriers A.C.	11.60 4/iv		11.46		
4	97	Egbeyemi, Ola	St. L. O'Toole A.C.	11.87 5/iv		11.57		
5	520	O'Callaghan, Conall	Spa Muckcross A.C.	11.533/i		11.61		
6	297	O'Donohue, Barry	Raheny Shamrock A.C.	11.84 4/ii		11.62		
	222	Keogh, Colm	Ratoath A.C.	11.96 6/iii		DNS		
	137	O'Connor, Patrick	Clonliffe Harriers A.C.	11.36 3/iv		DNS		
	503	Roche, Dylan	St. Brendan's A.C.	11.59 5/i		DNS		
	182	O'Donovan, Darren	Leevale A.C.	11.84 5/iii		DNS		
	106	Brennan, Donal	Ferrybank A.C.	11.97 5/ii				
	428	O'Cathain, Lorcan	Roscommon A.C.	11.98 6/ii				
	135	Wilson, Conor	Menapians A.C.	11.99 7/iii				
	349	O'Brien, Liam	Togher A.C.	12.00 6/iv				
	298	Donohue, Ferdia	Annalee A.C.	12.01 7/ii				
	79	O'Shea, Ger	Dooneen A.C.	12.02 8/ii				
	204	Minn, Chris	Clonliffe Harriers A.C.	12.06 9/ii				
	228	Doherty, Peter	Ratoath A.C.	12.41 7/iv				
	144	Walkin, John	Mayo A.C.	12.42 8/iv				
	227	Campbell, Malachy	Dunleer A.C.	12.71 6/i				
	348	Odelade, Tope	Crusaders A.C.	12.87 7/i				
	301	Munro, Simon	Celbridge A.C.	13.14 8/i				
	163	Dolan, Keith	Paralympics Ireland	13.95 8/iii				
	184	Quilligan, David	Leevale A.C.	DNS				

Men's 200 m

Wind : +0.6		H/I -0.3	Hii/+0.2	Hiii -0.9	H/iv -0.1			
Final	No	Name	Club	Heat Time	Semi Time	Final Time		
1	497	Hession, Paul	Athenry A.C.	20.80 1/i		20.51		
2	245	Colvert, Steven	Crusaders A.C.	21.34 1/ii		20.84		
3	78	Gregan, Brian	Clonliffe Harriers A.C.	21.36 1/iii		21.09		
4	269	Whelan, Paul	Dublin Striders A.C.	22.12 1/iv		21.72		
5	137	O'Connor, Patrick	Clonliffe Harriers A.C.	21.86 2/ii		21.78		
6	271	Davis, Jamie	Raheny Shamrock A.C.	22.21 2/i		22.14		
7	80	O'Shea, David	Dooneen A.C.	22.27 2/iv		22.25		
8	232	Muldowney, Eoin	Castlecomer A.C.	22.37 3/iv		22.36		
	252	O'Byrne, Deanna	Dundrum South Dublin A.C.	22.63 3/i				
	503	Roche, Dylan	St. Brendan's A.C.	22.89 3/ii				
	428	O'Cathain, Lorcan	Roscommon A.C.	23.06 2/iii				
	288	Browning, Jonathon	Ballymena & Antrim A.C.	23.08 4/ii				
	141	Maze, Ben	Lagan Valley A.C.	23.10 5/ii				
	348	Odelade, Tope	Crusaders A.C.	23.33 3/iii				
	427	Gore, Shane	Fingallians A.C.	23.40 4/iii				
	183	Stack, Paul	Leevale A.C.	23.41 4/i				
	106	Brennan, Donal	Ferrybank A.C.	23.41 6/ii				
	135	Wilson, Conor	Menapians A.C.	23.46 5/iii				
	356	Lynch, Patrick	Newport A.C.	23.51 5/i				
	122	Lynch, Colm	Iveragh A.C.	23.53 4/iv				
	204	Minn, Chris	Clonliffe Harriers A.C.	23.60 5/iv				
	79	O'Shea, Ger	Dooneen A.C.	23.74 6/iii				
	182	O'Donovan, Darren	Leevale A.C.	23.76 7/iii				
	298	Donohue, Ferdia	Annalee A.C.	23.82 6/iv				
	346	Keegan, John	Crusaders A.C.	24.26 8/iii				
	487	Boyce, Brian	Letterkenny A.C.	24.38 6/i				
	219	Hartnett, John	Clonliffe Harriers A.C.	24.51 7/iv				
	284	Campbell, David	Donore Harriers A.C.	24.75 7/i				
	227	Campbell, Malachy	Dunleer A.C.	25.44 8/iv				
	163	Dolan, Keith	Paralympics Ireland	27.95 7/ii				

Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	489	Murphy, Brian	Crusaders A.C.	48.25	1/iii	46.68
2	66	Kervick, Dara	Carrick-On-Suir A.C.	48.83	2/iv	48.16
3	205	Lynch, Craig	Shercock A.C.	48.61	1/iv	48.18
4	300	Hogan, Nick	Dundrum South Dublin A.C.	48.77	1/i	48.39
5	246	Kelly, Kieran	Raheny Shamrock A.C.	48.55	2/ii	48.52
6	104	Ryan, Billy	Ferrybank A.C.	49.11	1/ii	49.01
7	170	Mackey, Ciaran	Clonliffe Harriers A.C.	49.37	2/ii	49.24
8	194	Scanlon, Paul	Leevale A.C.	49.19	2/i	49.82
	107	Greene, James	Ferrybank A.C.	49.84	3/i	
	116	Walsh, Kevin	Togher A.C.	50.21	3/iv	
	141	Maze, Ben	Lagan Valley A.C.	50.23	4/iv	
	341	Opperaman, Paul	Dundrum South Dublin A.C.	50.96	4/i	
	406	Kedney, Ruaidhri	Menapians A.C.	51.00	3/iii	
	427	Gore, Shane	Fingallians A.C.	51.14	4/iii	
	192	Owens, Cathal	Leevale A.C.	51.16	5/iii	
	122	Lynch, Colm	Iveragh A.C.	51.55	3/ii	
	251	Kidd, Andrew	Dundrum South Dublin A.C.	51.59	5/i	
	514	Dunne, Gareth	Crusaders A.C.	52.40	6/i	
	266	Breslin, Paul	Crusaders A.C.	52.69	4/ii	
	79	O'Shea, Ger	Dooneen A.C.	53.00	6/iii	
	389	Ward, Cian	Sli Cualann A.C.	53.04	5/ii	
	368	Hand, Stephen	Donore Harriers A.C.	53.76	7/i	
	346	Keegan, John	Crusaders A.C.	54.26	5/iv	
	187	Ahern, Daniel	Leevale A.C.	54.30	6/ii	
	186	O'Halloran, Robert	Leevale A.C.	54.91	6/iv	
	344	Millar, Samuel	Ballymena & Antrim A.C.	56.13	7/iv	

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	435	English, Mark	Letterkenny A.C.	1.51.70	1/iv	1.50.22
2	71	Kelly, Brian	St. Abbans A.C.	1.50.46	1/ii	1.50.83
3	69	Lieghio, Anthony	Tallaght A.C.	1.51.79	1/i	1.50.88
4	393	Mc Carthy, David	Le Cheile A.C.	1.53.38	1/iii	1.51.00
5	292	Cronin, Dean	Blarney/Inniscara A.C.	1.53.71	2/iii	1.52.12
6	426	Carroll, Tommy	North Sligo A.C.	1.52.62	2/i	1.52.20
7	437	Mooney, Daniel	Letterkenny A.C.	1.52.93	4/iv	1.52.28
8	373	Healy, Conor	Clonliffe Harriers A.C.	1.51.21	2/ii	1.53.04
9	224	Reilly, Fintan	Dunleer A.C.	1.52.55	3/iv	1.55.51
10	225	Greene, Darragh	Dunleer A.C.	1.52.05	2/iv	2.00.50
	191	O'Lionaird, Ciaran	Leevale A.C.	1.52.68	3/ii	
	493	Mc Dermott, Dermot	Sligo A.C.	1.53.09	3/i	
	240	Hamilton, Patrick	City of Derry	1.53.25	4/ii	
	59	Ellis, Fergal	Ballinamore A.C.	1.53.33	4/i	
	125	Ledingham, James	West Waterford A.C.	1.53.42	5/iv	
	420	Fallon, Keith	Galway City Harriers A.C.	1.54.65	6/iv	
	61	Hoy, Mark	Finn Valley A.C.	1.55.50	5/ii	
	248	Hill, Gareth	Ballymena & Antrim A.C.	1.55.84	3/iii	
	268	Yorke, Robert	Mullingar Harriers A.C.	1.55.87	5/i	
	329	Kiernan, Lee	Crusaders A.C.	1.55.99	4/iii	
	484	Conway, Mark	Dundrum South Dublin A.C.	1.56.04	6/i	
	369	Jenkinson, Andriu	Clonliffe Harriers A.C.	1.56.07	6/ii	
	258	Tobin, Brian	Clonliffe Harriers A.C.	1.56.51	7/iv	
	386	Owens, Richard	Sli Cualann A.C.	1.56.58	8/iv	
	220	Durkan, Eoin	Donore Harriers A.C.	1.56.78	5/iii	
	398	Kutjavin, Artjom	Tallaght A.C.	1.56.78	6/iii	
	146	Mullins, Aidan	Bantry A.C.	1.56.93	7/ii	
	274	Crosbie, Billy	Dundrum South Dublin A.C.	1.58.28	7/i	
	432	Harkness, Stephen	Clonliffe Harriers A.C.	1.58.75	9/iv	
	94	Keane, Michael	Ennis Track A.C.	1.58.85	7/iii	
	506	Coughlan, J	St. Finbarrs A.C.	1.59.03	8/ii	
	371	Horgan, Finbar	Clonmel A.C.	1.59.09	8/iii	
	319	Kelly, Feidhlim	Raheny Shamrock A.C.	1.59.26	9/ii	
	344	Millar, Samuel	Ballymena & Antrim A.C.	1.59.36	10/iv	
	364	Walsh, Shane	Dunleer A.C.	2.00.04	8/i	
	100	Kirwan, Brian	St. L. O'Toole A.C.	2.00.37	11/iv	
	425	Costello, Edward	Galway City Harriers A.C.	2.01.03	9/i	
	390	Grummel, Tim	Sli Cualann A.C.	2.01.32	10/i	
	239	Healy, Colm	Dundrum South Dublin A.C.	2.01.58	11/i	
	436	Walker, Garvin	Letterkenny A.C.	2.06.32	9/iii	
	392	Mc Grath, Pius	Limerick A.C.	2.08.78	10/ii	
	128	Grange, David	Raheny Shamrock A.C.	2.08.93	12/i	
	424	Glynn, Brendan	Galway City Harriers A.C.	2.14.62	11/ii	
	510	Kelly, James	Fr. Murphy A.C.	2.15.76	10/iii	

Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	275	Robinson, Paul	St. Coca'S A.C.	3.56.90	1/ii	3.50.41
2	114	Coghlan, John	Metro/St. Brigid's A.C.	3.51.51	2/i	3.51.44
3	95	Chesser, Rory	Ennis Track A.C.	3.51.42	1/i	3.52.62
4	221	Warne, Joe	Doheny A.C.	3.57.08	4/ii	3.52.69
5	189	Hanrahan, Mark	Leevale A.C.	3.51.69	4/i	3.52.69
6	273	Bradley, Conor	City of Derry	3.51.56	3/i	3.53.94
7	285	Pierce, Eoin	Clonliffe Harriers A.C.	3.57.04	2/ii	3.55.13
8	426	Carroll, Tommy	North Sligo A.C.	3.57.11	5/ii	3.55.54
9	68	Fitzpatrick, Thomas	Tallaght A.C.	3.57.07	3/ii	3.56.34
10	370	Kelly, Sam	Fingallians A.C.	3.54.12	5/i	3.57.02
11	505	O'Hanlon, Gary	Clonliffe Harriers A.C.	3.54.44	6/i	3.57.73
12	290	Mc Donald, Mark	Clonliffe Harriers A.C.	3.55.14	7/i	4.00.59
	234	Carleton, Owen	Annadale Striders A.C.	3.57.29	8/i	
	353	Hynes, Ray	Crusaders A.C.	4.01.01	6/ii	
	337	Fahy, Jason	Olympic Harriers A.C.	4.02.35	7/ii	
	431	Speight, James	Finn Valley A.C.	4.03.89	8/ii	
	313	O'Sullivan, Carl	Raheny Shamrock A.C.	4.04.49	9/ii	
	394	Rennicks, Darragh	Bohermeen A.C.	4.04.86	10/ii	
	459	Mc Carthy, Louis	Rathfarnham W.S.A.F. A.C.	4.05.47	11/ii	
	355	Kelleher, Tony	Togher A.C.	4.11.28	9/i	
	263	Logue, Cathal	City of Derry A.C.	4.13.01	12/ii	
	440	Gibbons, Neil	Letterkenny A.C.	4.19.46	13/ii	
	390	Grummel, Tim	Sli Cualann A.C.	4.19.82	10/i	
	437	Mooney, Daniel	Letterkenny A.C.	DNS		
	328	Dineen, Steven	University of Ulster A.C.	DNS		
	230	Mc Killop, Michael	St. Malachy's A.C.	DNS		
	373	Healy, Conor	Clonliffe Harriers A.C.	DNS		
	425	Costello, Edward	Galway City Harriers A.C.	DNS		

Men's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	409	Cragg, Alistair	Clonliffe Harriers A.C.			13.48.03
2	401	Kenneally, Mark	Clonliffe Harriers A.C.			13.59.29
3	321	Rooney, David	Raheny Shamrock A.C.			14.04.74
4	85	Mulhare, Michael	North Laois A.C.			14.13.16
5	67	Connolly, Sean	Tallaght A.C.			14.21.63
6	210	Pollock, Paul	Annadale Striders A.C.			14.40.09
7	391	O'Neill, Breandan	Dundrum South Dublin A.C.			14.40.09
8	155	Mc Ginley, Eddie	Annadale Striders A.C.			14.40.60
9	439	Brennan, Paddy	Letterkenny A.C.			14.45.21
10	216	Agnew, Andrew	Annadale Striders A.C.			14.50.19
11	82	Sheehan, Niall	Gowran A.C.			15.00.28
12	241	Corbally, Robert	Dundrum South Dublin A.C.			15.05.47
13	261	Hoey, Mark	Star of the Sea A.C.			15.08.53
14	277	Morwood, David	Annadale Striders A.C.			15.09.29
15	395	Conroy, Ian	Raheny Shamrock A.C.			15.12.60
16	190	Maunsell, Thomas	Leevale A.C.			15.13.31
17	203	Doherty, Aaron	Inishowen A.C.			15.27.00
18	441	Mc Kinney, Pauric	Letterkenny A.C.			15.28.59
19	411	Mc Guinness, Conor	Clonliffe Harriers A.C.			15.33.64
20	388	O'Sullivan, Vincent	Sli Cualann A.C.			15.36.01
21	315	Foley, Donal	Raheny Shamrock A.C.			15.38.52
22	102	Connick, Andrew	Ferrybank A.C.			15.46.06
23	256	Kelly, Alan	Galway City Harriers A.C.			16.19.37
24	96	Murphy, Brian	Ennis Track A.C.			16.21.86
25	5	Duffy, Paul	Sportsworld A.C.			16.25.91
	132	Mc Donnell, Rory	Dunboyne A.C.			DNF
	145	Mc Dermott, Ryan	Dromore A.C.			DNF
	387	Farrell, Brian	Sli Cualann A.C.			DNF
	329	Kieman, Lee	Crusaders A.C.			DNF

Men's 10,000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	401	Kenneally, Mark	Clonliffe Harriers A.C.			28.58.39
2	357	Thornton, Gary	Galway City Harriers A.C.			29.39.53
3	453	Hehir, Sean	Rathfarnham W.S.A.F. A.C.			30.16.02
4	452	Minnock, Barry	Rathfarnham W.S.A.F. A.C.			30.35.65
5	433	O'Shea, Alan	Bantry A.C.			30.55.23
6	444	Roberts, Greg	City of Derry			30.55.75
7	450	Ryan, Mark	Rathfarnham W.S.A.F. A.C.			31.31.24
8	445	Reed, Declan	City of Derry			31.32.25
9	148	Brady, Liam	Tullamore Harriers A.C.			31.36.10
10	81	Evans, Thomas	Gowran A.C.			31.50.17
11	446	Murphy, Brendan	City of Derry			31.55.10
12	218	MacDiarmada, Michael	Clonliffe Harriers A.C.			32.06.27
13	317	Clohissey, Mick	Raheny Shamrock A.C.			32.35.66

14	512	Kilgannon, Phil	Sportsworld A.C.	32.53.13
15	136	Cassidy, Patrick	Glaslough Harriers A.C.	33.02.21
16	103	Power, Graham	Ferrybank A.C.	33.10.27
17	64	Power, Declan	Clonliffe Harriers A.C.	33.28.33
18	451	Flemming, Paul	Rathfarnham W.S.A.F. A.C.	33.28.33
19	200	Twomey, Tim	Leevale A.C.	33.34.26
20	197	Harrington, Chris	Leevale A.C.	34.02.44
21	456	Donagher, Kevin	Rathfarnham W.S.A.F. A.C.	35.28.30
22	198	Boyle, George	Leevale A.C.	37.33.11
23	403	Comber, Dave	Leevale A.C.	38.24.25
	501	Fagan, Martin	Mullingar Harriers A.C.	DNF

Men's 110 m Hurdles

Wind : -1.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	486	Reynolds, Ben	North Down A.C.			14.05
2	372	Mc Donald, Ian	Crusaders A.C.			14.28
3	254	Taggart, Simon	Donore Harriers A.C.			14.44
4	410	Field, Matt	Clonliffe Harriers A.C.			14.83
5	324	O'Cathain, Ciaran	Raheny Shamrock A.C.			14.95
6	485	Reynolds, Luke	North Down A.C.			15.28
7	185	O'Halloran, Edmond	Leevale A.C.			15.60
8	293	Jackman, Adrian	Menapians A.C.			17.72

Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	105	Barr, Thomas	Ferrybank A.C.			50.06
2	242	Harvey, Jason	University of Ulster A.C.			50.65
3	351	Crowe, Timothy	Dooneen A.C.			51.38
4	76	Byrne, Paul	St. Abbans A.C.			51.41
5	229	Murphy, Brendan	City of Lisburn			53.05
6	306	Ruxton, James	Shercock A.C.			53.12
7	88	O'Donnell, Gerard	Carrick-On-Shannon A.C.			53.39
8	423	Liddy, Brian	Galway City Harriers A.C.			56.96

Men's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	226	Cotter, Tomas	Dunleer A.C.			9.00.90
2	316	Kirwan, Mark	Raheny Shamrock A.C.			9.07.89
3	443	Doherty, Ciaran	Letterkenny A.C.			9.12.57
4	152	Jennings, Emmet	Dundrum South Dublin A.C.			9.29.80
5	278	Rossiter, Jayme	Clonliffe Harriers A.C.			9.37.75
6	93	Mc Ginley, Brian	Ennis Track A.C.			9.43.28
	87	Ruprecht, Paul	Leevale A.C.			DNF
	77	Flynn, David	Clonliffe Harriers A.C.			DNF

Men's 10,000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	118	Heffernan, Robert	Togher A.C.			40.12.64
2	60	Griffin, Colin	Ballinamore A.C.			41.22.28
3	84	Bosworth, Tom	West Waterford A.C.			42.07.11
4	442	Boyce, Brendan	Letterkenny A.C.			43.49.11
5	302	Mc Manamon, Cian	Westport A.C.			43.57.14
6	112	Treanor, James	Shercock A.C.			46.48.14
7	98	Kidd, David	St. L. O'Toole A.C.			47.44.02
8	119	Healy, Timothy	Togher A.C.			49.33.77
9	255	Moran, Michael	Claremorris A.C.			50.20.31
10	270	O'Neill, Robert	Togher A.C.			54.57.88
	86	Hickey, Luke	Leevale A.C.			DNF
	366	Doyle, Micheal	Tara A.C.			DQ

Men's High Jump

Place	No	Name	Club	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10
1	412	Phelan, Simon	Newenham & Essex	-	-	-	-	-	XO	XO	XXX
2	73	Pender, Barry	St. Abbans A.C.	-	-	-	-	-	XO	XXX	
3	223	Klinkosz, Marcin	Clonliffe Harriers A.C.	-	O	O	O	XXX			
4	374	Bowler, Michael	Caim A.C.	-	O	O	XO	XXX			
5	404	Heney, Andrew	Clonliffe Harriers A.C.	-	O	XO	XXX				
6	142	Quigg, Barry	Sliabh Liag A.C.	O	O	XXX					
	65	O'Dwyer, Shane	Carrick-On-Suir A.C.	-	XXX						
	502	Galvin, PJ	St. Brendan's A.C.	-	XXX						

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	281	Mc Mullen, Adam	University of Ulster A.C.	7.19 +2.2	7.26 +4.2	5.84 +1.6	5.24 +3.5	5.69 +2.3	X	7.26 +4.2
2	184	Quilligan, David	Leevale A.C.	6.80 +0.9	6.90 -0.3	6.85 +1.2	6.70 +4.8	6.92 +2.1	7.07 +3.0	7.07 +3.0
3	407	Fahey, Eamonn	Donore Harriers A.C.	6.86 +2.1	X	X	7.02 +2.5	X	X	7.02 +2.5
4	196	Finnegan, Denis	Leevale A.C.	6.49 +3.5	6.48 +2.5	6.69 +3.9	6.62 +2.3	6.68 +1.9	6.79 +3.0	6.79 +3.0
5	352	Dolan, Ciaran	St. Michael's Enniskillen	6.68 +4.4	6.64 +1.4	X	6.17 +2.0	X	5.93 +0.4	6.68 +4.4
6	83	Stafford, Tony	Menapians A.C.	X	X	6.63 +3.2	6.47 +2.8	6.47 +2.2	X	6.63 +3.2
7	305	Tsang, Richard	Shercock A.C.	6.46 +0.8	6.27 +1.3	X	6.24 +2.5	X	X	6.46 +0.8
8	495	Bourke, Colm	Sligo A.C.	5.91 +2.3	6.07 +3.1	X	X	X	X	6.07 +3.1

Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	72	Kelly, Eoin	St. Abbans A.C.	14.58 +0.9	14.46 -0.3	14.39 -0.3	14.45 +0.7	14.58 -0.6	X	14.58 -0.6
2	196	Finnegan, Denis	Leevale A.C.	14.49 +0.0	13.96 +0.4	14.44 +0.9	14.48 -0.1	14.39 +0.0	X	14.49 +0.0
3	209	Kennedy, Alan	North Down A.C.	14.11 +0.1	13.65 -0.7	14.16 -0.3	X	13.97 +1.0	X	14.16 -0.3
4	74	Daly, Conor	St. Abbans A.C.	12.76 +0.0	13.03 +0.2	X	12.56 -1.7	12.98 +0.0	12.86 -0.1	13.03 +0.2

Men's Pole Vault

Place	No	Name	Club	3.60	3.80	4.00	4.20	4.40	4.55	4.70	4.80
1	405	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	O	XXX
2	336	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	X-	O	XXO	XXX
3	262	Rogers, Ian	Clonliffe Harriers A.C.	-	-	-	O	O	O	XX-	X
4	123	Houlihan, Thomas	West Waterford A.C.	-	-	-	O	XO	XXX		
5	238	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	XXO	-	XXX		
6	400	Panpea, Mihai	Raheny Shamrock A.C.	O	XXO	XXX					

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	422	Breathnach, Sean	Galway City Harriers A.C.	15.22	15.96	X	15.72	16.00	16.24	16.24
2	149	Rauktys, Tomas	Clonliffe Harriers A.C.	15.59	X	15.44	16.11	15.86	X	16.11
3	143	Abbey, Francis	Myshallag	14.38	13.95	14.66	13.88	X	13.89	14.66
4	150	Doyle, Andrew	Mid-Ulster A.C.	13.36	14.00	X	14.08	14.36	13.58	14.36
5	90	Gassowski, Michal	Tallaght A.C.	X	13.80	13.64	13.02	13.37	13.66	13.80
6	414	Clifford, Daniel	Farranfore Maine Valley A.C.	X	12.93	13.53	13.06	X	X	13.53
7	124	Stout, Kieron	Celbridge A.C.	13.39	13.40	13.50	12.95	12.24	13.39	13.50
8	193	Tierney, David	Leevale A.C.	12.77	12.29	12.24	12.40	12.18	12.23	12.77
9	434	O'Connor, Alan	Tralee Harriers A.C.	12.68	11.68	X				12.68
10	295	Moylan, Eoin	Crusaders A.C.	X	11.66	11.81				11.81
11	151	Doyle, Matthew	Mid-Ulster A.C.	X	11.16	X				11.16
12	165	Ryan, Cormac	Paralympics Ireland	9.83	9.44	X	X	9.86	9.97	9.97

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	149	Rauktys, Tomas	Clonliffe Harriers A.C.	X	52.06	X	50.51	X	X	52.06
2	211	Mc Cullough, Conor	Crusaders A.C.	44.63	47.17	X	48.68	40.37	48.67	48.68
3	147	Menton, John	Donore Harriers A.C.	39.19	X	44.83	47.30	44.98	48.42	48.42
4	422	Breathnach, Sean	Galway City Harriers A.C.	43.65	46.46	44.02	43.76	X	40.10	46.46
5	414	Clifford, Daniel	Farranfore Maine Valley A.C.	46.19	X	45.22	X	X	X	46.19
6	295	Moylan, Eoin	Crusaders A.C.	31.63	X	30.95	35.12	36.90	37.10	37.10
7	153	Gaine, Sam	Crusaders A.C.	29.68	35.05	32.84	31.88	X	X	35.05
8	522	Ryan, Cormac	Paralympics	30.03	X	31.10	X	33.16	33.33	33.33

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	417	Crawford, Aaron	Strabane Track Club	61.40	X	X	X	X	63.27	63.27
2	377	Marry, Paul	Clonliffe Harriers A.C.	51.18	54.49	55.06	56.43	53.86	X	56.43
3	499	Gunning, Rory	Fr. Murphys A.C.	49.95	53.01	55.99	54.40	52.61	54.73	55.99
4	223	Klinkosz, Marcin	Clonliffe Harriers A.C.	52.35	54.10	49.77	X	48.64	X	54.10
5	375	Mathews, Martin	North Down A.C.	52.31	X	X				52.31
6	138	Kelly, David	Kilcoole A.C.	52.24	50.23	48.97	49.60	50.36	51.04	52.24
7	416	Mc Bride, Sean	Strabane Track Club	47.13	50.51	49.00	X	48.14	42.52	50.51
8	415	Crawford, Damian	Strabane Track Club	49.42	47.19	X	X	X	X	49.42
9	327	Aston, Shane	Trim A.C.	46.54	44.01	X				46.54
10	500	Smith, Keith	Carrick-on-Suir A.C.	41.81	38.58	39.96				41.81
11	396	Barnett, Tony	Tralee Harriers A.C.	41.19	X	X				41.19
12	397	Barnett, Philippe	Tralee Harriers A.C.	35.61	36.98	36.14				36.98

Men's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	211	Mc Cullough, Conor	Crusaders A.C.	69.87	72.67	X	70.09	70.95	70.71	72.67
2	129	White, Pdraig	Dunboyne A.C.	X	61.57	X	59.72	61.73	X	61.73
3	131	Mc Cabe, James	Dunboyne A.C.	55.45	56.14	53.18	53.39	54.65	59.05	59.05
4	58	Barry, Killian	Crusaders A.C.	48.89	X	52.92	55.08	X	55.77	55.77
5	309	Furlong, Thomas	D.M.P. A.C.	51.26	55.08	X	48.17	X	52.99	55.08
6	150	Doyle, Andrew	Mid-Ulster A.C.	X	X	50.99	X	X	53.99	53.99
7	332	Hunt, Martin	Clonliffe Harriers A.C.	X	49.97	X	51.03	50.55	50.66	51.03
8	130	Dunne, Caimin	Dunboyne A.C.	42.50	43.03	X	44.21	X	X	44.21
9	251	Kidd, Andrew	Dundrum South Dublin A.C.	X	24.30	21.40				24.30

Men's 56lb Distance

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	149	Rauktys, Tomas	Clonliffe Harriers A.C.	8.12	X	8.40	X	X	X	8.40
2	147	Menton, John	Donore Harriers A.C.	7.38	7.63	X	7.66	7.78	7.92	7.92
3	193	Tierney, David	Leevale A.C.	7.86	7.68	7.77	7.65	7.91	X	7.91
4	422	Breathnach, Sean	Galway City Harriers A.C.	7.26	7.72	7.63	X	7.78	X	7.78
5	63	Fitzpatrick, Seamus	North Laois A.C.	7.62	7.30	X	7.19	7.35	X	7.62
6	154	Hoey, Oisin	St. Michael's AC	6.37	6.39	6.55	6.69	6.38	6.64	6.69
7	282	Mc Tighe, Eugene	Castlebar A.C.	6.33	6.29	6.36	6.51	6.39	6.56	6.56

Men's 56lb Height

Place	No	Name	Club	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.50
1	63	Fitzpatrick, Seamus	North Laois A.C.	-	-	O	O	O	O	XO	XXX
2	147	Menton, John	Donore Harriers A.C.	-	-	O	-	X-	O	XXO	XXX
3	422	Breathnach, Sean	Galway City Harriers A.C.	-	-	-	-	O	XO	XXX	
4	193	Tierney, David	Leevale A.C.	XO	-	O	O	O	XO	XXX	
5	154	Hoey, Oisin	St. Michael's AC	XO	-	-	XXO	XXX			
6	282	Mc Tighe, Eugene	Castlebar A.C.	XO	XXX						

Junior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	314	Dooney, Kevin	Raheny Shamrock A.C.			8.42.21
2	360	Kerr, Stephen	Armagh A.C.			8.46.79
3	365	Harper, David	Westport A.C.			8.53.30
4	212	Williamson, J.P.	City of Derry			8.54.87
5	133	Forde, Luke	Dunboyne A.C.			9.08.38
6	330	Egan, James	Dundrum South Dublin A.C.			9.13.93
7	111	Burke, Conor	Celbridge A.C.			9.22.99
8	507	Moriarty, Timmy	Raheny Shamrock A.C.			9.43.91

35lb Height - Junior Men

Place	No	Name	Club	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.50	4.60
1	429	Mc Sweeney, Patrick	Bandon A.C.	O	O	O	O	O	XO	XO	XO	XXX
2	153	Gaine, Sam	Crusaders A.C.	O	O	O	XXX					
3	101	Kenny, Michael	Kildare A.C.	XXO	O	O	XXX					

Women's 100 m

Wind : +1.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	214	Foster, Amy	City of Lisburn			11.69
2	30	Whelan, Niamh	Ferrybank A.C.			11.76
3	472	Healy, Joan	Bandon A.C.			11.92
4	19	Mc Manus, Catherine	Celtic DCH A.C.			12.01
5	289	Mac Neill, Aoife	Dundrum South Dublin A.C.			12.04
6	471	Healy, Phil	Bandon A.C.			12.28
7	469	Murray, Sarah	Fingallians A.C.			12.36
8	244	Cannon, Shauna	Brothers Pearse A.C.			12.38
9	333	Boomer, Chloe	Lagan Valley A.C.			12.56

Women's 200 m

Wind : +0.6		H/1 0.0	H/ii+0.5			
Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	214	Foster, Amy	City of Lisburn	24.13 1/i		23.74
2	30	Whelan, Niamh	Ferrybank A.C.	24.50 1/ii		24.02
3	20	Creaner, Steffi	Celtic DCH A.C.	24.32 2/i		24.40
4	289	Mac Neill, Aoife	Dundrum South Dublin A.C.	24.70 3/i		24.68
5	217	Lewis, Hannah	North Down A.C.	24.83 4/ii		24.89
6	264	Mills, Joanna	Ballymena & Antrim A.C.	24.78 3/ii		24.96
7	48	Moynihan, Grainne	West Muskerry A.C.	25.02 4/i		25.02
8	244	Cannon, Shauna	Brothers Pearse A.C.	24.75 2/ii		25.18
	471	Healy, Phil	Bandon A.C.	25.21 5/ii		

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Cuddihy, Joanne	Kilkenny City Harriers A.C.	53.55	1/i	52.15
2	33	Andrews-Heffernan, Marian	Togher A.C.	54.24	1/ii	53.10
3	308	Carey, Michelle	Dublin Striders A.C.	54.67	2/ii	53.92
4	206	Bergin, Claire	Dundrum South Dublin A.C.	54.85	2/i	53.93
5	247	Mc Callion, Ciara	Clonliffe Harriers A.C.	55.98	3/i	55.41
6	176	Mc Ardle, Louise	Leevale A.C.	57.33	4/1	56.95
7	339	Patterson, Jo	Ballymena & Antrim A.C.	57.30	3/ii	57.42
8	479	O'Halloran, Kate	Templeogue A.C.	57.59	5/i	57.63
	476	Anglim, Roisin	Fingallians A.C.	58.24	6/i	
	299	Carroll, Stephanie	Dooneen A.C.	58.33	4/ii	
	362	Rodgers, Michelle	City of Lisburn	58.52	5/ii	
	236	Bechtina, Snezana	Clonliffe Harriers A.C.	58.75	6/ii	
	174	Neville, Christine	Leevale A.C.	59.23	7/i	
	175	Neville, Jessica	Leevale A.C.	59.46	7/ii	
	249	Giblin, Susan	Raheny Shamrock A.C.	61.68	8/ii	

Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	13	Eviston, Siobhan	Raheny Shamrock A.C.	2.13.89	3/i	2.06.69
2	1	Mageean, Ciara	City of Lisburn	2.13.58	1/i	2.06.85
3	34	Crowe, Laura	Riocht A.C.	2.15.85	1/ii	2.07.93
4	361	Everard, Ciara	U.C.D. A.C.	2.16.13	2/ii	2.10.82
5	6	Mc Sweeney, Clare	Leevale A.C.	2.14.49	4/i	2.11.50
6	235	Denny, Sinead	Dundrum South Dublin A.C.	2.16.43	3/ii	2.11.81
7	49	Kehoe, Fiona	Kilmore A.C.	2.13.66	2/i	2.12.08
8	384	Kearney, Niamh	Sli Cualann A.C.	2.15.49	5/i	2.14.00
9	253	Crossey, Aislinn	Newry A.C.	2.16.18	6/i	2.16.76
	367	Quaid, Annette	Leevale A.C.	2.16.78	7/i	DQ
	335	O'Sullivan, Mary Ann	Tinryland A.C.	2.17.43	8/i	
	334	Mc Glynn, Claire	Dundrum South Dublin A.C.	2.17.68	4/ii	
	276	O'Hagan, Patricia	St. Peter's A.C.	2.18.43	5/ii	
	283	Mc Ginley, Orna	Clonliffe Harriers A.C.	2.20.97	9/i	
	173	Finn, Carol	Leevale A.C.	2.21.26	6/ii	
	467	Hogan, Deirdre	Crusaders A.C.	2.21.62	7/ii	
	449	Kilgallen, Rachel	Sligo A.C.	2.22.07	8/ii	
	350	Bernard, Lousie	Raheny Shamrock A.C.	2.23.86	9/ii	
	4	Doyle, Ann	Gowran A.C.	2.25.47	10/i	

Women's 1500m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	1	Mageean, Ciara	City of Lisburn			4.16.36
2	382	Reilly, Stephanie	Sli Cualann A.C.			4.16.43
3	45	Britton, Fionnualla	Kilcoole A.C.			4.18.03
4	53	Drumm, Orla	U.C.C. A.C.			4.18.37
5	343	Treacy, Sara Louise	Moynalvey A.C.			4.23.43
6	57	Tarplee, Claire	Solihull & Smallheath			4.33.01
7	2	Mitchell, Emma	Banbridge A.C.			4.34.64
8	56	Scott, Lauren	North Down A.C.			4.36.72
9	31	O'Neill, Kate	Metro/St. Brigid's A.C.			4.38.20
10	46	Britton, Una	Kilcoole A.C.			4.41.69
11	42	Roe, Niamh	Eagle A.C.			4.46.21
12	381	Hartnett, Ellie	Sli Cualann A.C.			4.46.87
13	508	Crotty, Amanda	Paralympics			5.17.45
	463	Woods, Becky	Clonliffe Harriers A.C.			DNF
	307	Alexander, Eleanor	Clonliffe Harriers A.C.			DNF

Women's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	172	Lee, Lizzie	Leevale A.C.			17.25.10
2	338	Brady, Aoife	Sportsworld A.C.			17.31.76
3	354	Mc Gloin, Teresa	Finn Valley A.C.			17.46.03
4	10	Malone, Ailish	Clonliffe Harriers A.C.			17.57.82
5	378	Reilly, Loisse	Clonliffe Harriers A.C.			18.14.78

Women's 100 m Hurdles

Wind : -0.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	171	O'Rourke, Derval	Leevale A.C.			13.24
2	231	O'Hora, Lily Ann	Dooneen A.C.			15.06
3	40	Houlihan, LIsa	West Waterford A.C.			15.89
4	267	Mc Allister, Rebecca	Ballymena & Antrim A.C.			17.01
	181	Byrd, Katey	Leevale A.C.			DNS

Women's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	Barr, Jessie	Ferrybank A.C.			57.38
2	379	Kinney, Justine	Loughborough University			58.11
3	215	Peters, Emma	Dundrum South Dublin A.C.			59.67
4	18	Murphy, Clare	St. L. O'Toole A.C.			61.81
5	14	Millet, Nessa	St. Abbans A.C.			63.76
6	32	Furney, Orla	Gorey A.C.			64.82
7	466	Woods, Sarah	Clonliffe Harriers A.C.			64.99

Women's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	50	Harty, Kerry	Newcastle A.C.			10.23.29
2	201	Egan, Elizabeth	Bree A.C.			11.02.39
3	179	Finn, Michelle	Leevale A.C.			11.09.01
4	51	Clinton, Fiona	Dundrum South Dublin A.C.			11.34.93

Women's 5000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	41	Veale, Kate	West Waterford A.C.			21.30.18
2	294	Reynolds, Laura	Mohill A.C.			23.22.53

Women's High Jump

Place	No	Name	Club	1.55	1.60	1.65	1.70	1.75	1.80	1.86	1.90	1.95
1	35	Ryan, Deirdre	Dundrum South Dublin A.C.	-	-	-	-	O	O	O	XO	XXX
2	331	Hughes, Pamela	Westport A.C.	-	O	O	O	XXO	XXX			
3	279	Daniels, Rosemary	Na Fianna A.C.	-	O	XXO	XXO	XXX				
Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70	1.75		
4	17	Byrne, Leona	St. L. O'Toole A.C.	-	O	O	O	XXO	XXX			
5	9	Rogers, Emily	St. Peter's A.C.	-	O	O	O	XXX				
6	37	Collins, Claire	West Waterford A.C.	-	O	XO	XO	XXX				
7	29	Murphy, Sorcha	Ferrybank A.C.	-	-	O	XXO	XXX				
7	322	Buckley, Helen	Raheny Shamrock A.C.	-	O	O	XXO	XXX				
9	55	Mc Ilmoyle, Anna	City of Lisburn	O	O	XO	XXX					

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	167	Mc Loone, Mary	Tír Chonaill A.C.	X	5.81 +3.0	X	5.82 +0.8	5.68 -0.7	X	5.82 +0.8
2	177	Morrison, Imelda	Leevale A.C.	5.60 +1.5	5.66 +1.0	5.68 +1.8	5.59 +0.0	5.66 +0.5	5.76 +0.9	5.76 +0.9
3	17	Byrne, Leona	St. L. O'Toole A.C.	5.66 +0.5	X	X	5.61 +2.7	5.45 -0.5	5.25 -1.1	5.66 +0.5
4	207	Devlin, Mary	City of Derry A.C.	5.61 +0.1	5.63 -0.3	5.57 +0.0	5.58 -1.8	X	5.64 +0.4	5.64 +0.4
5	250	Dumigan, Karyn	City of Lisburn	X	5.01 +1.7	5.03 +0.8	4.87 -0.8	4.82 -0.5	4.91 +1.7	5.03 +0.8
6	322	Buckley, Helen	Raheny Shamrock A.C.	4.53 +1.2	4.67 -0.4	4.38 -0.9	4.53 +1.3	4.25 -1.4	4.39 +0.4	4.67 -0.4

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	167	Mc Loone, Mary	Tír Chonaill A.C.	12.09 -1.1	X	X	-	X	12.14 -0.4	12.14 -0.4
2	16	Buggy, Saragh	St. Abbans A.C.	X +1.5	11.30 +2.3	X	11.70 +0.0	X	11.50 -1.2	11.70 +0.0
3	207	Devlin, Mary	City of Derry A.C.	11.35 +1.4	11.18 +0.9	11.13 -1.0	11.50 +0.6	X	-	11.50 +0.6
4	326	Herron, Jamie	City of Derry	10.13 +1.5	10.19 +1.6	10.38 -0.2	10.33 -0.5	10.39 -1.5	10.08 +0.8	10.39 -1.5
5	345	Finnegan, Sarah	Craughwell A.C.	9.93 +1.7	9.77 +0.9	9.64 -1.7	X	X	X	9.93 +1.7

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	478	Fitzgerald, Claire	Tralee Harriers A.C.	13.35	13.17	13.51	13.84	14.27	13.98	14.27
2	380	Moloney, Fiona	Dooneen A.C.	11.86	11.66	12.08	11.70	11.50	11.25	12.08
3	178	Murphy, Deirdre	Leevale A.C.	11.12	11.57	11.27	11.53	11.78	12.02	12.02
4	470	Mc Sweeney, Laura	Bandon A.C.	11.37	11.33	11.15	11.44	11.36	11.72	11.72
5	291	Murphy, Niamh	Blarney/Inniscara A.C.	11.40	11.12	11.13	11.58	11.47	11.34	11.58

6	156	Daly, Shauna	St. Abbans A.C.	11.16	9.94	9.80	10.03	9.93	9.97	11.16	
7	363	Ryan, Caitriona	Templemore A.C.	10.22	9.87	10.13	9.66	9.55	10.17	10.22	
8	473	Bradfield, Lynn	Bandon A.C.	9.00	8.20	9.14	8.33	8.90	8.80	9.14	
9	611	Lattimore, Nadine	Paralympics	7.12	7.68	5.99	7.34	6.80	7.68	7.68	
10	43	Pilkington, Michelle	Dunboyne A.C.	7.24	7.25	7.27				7.27	
Women's Discus											
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	478	Fitzgerald, Claire	Tralee Harriers A.C.	43.28	41.81	X	45.19	47.29	50.07	50.07	
2	178	Murphy, Deirdre	Leevale A.C.	33.75	39.85	37.72	39.75	39.67	42.49	42.49	
3	38	Scanlon, Zoe	West Waterford A.C.	36.54	36.56	35.76	X	X	X	36.56	
4	44	Conway, Philippa	Crusaders A.C.	32.29	33.67	33.59	35.48	X	X	35.48	
5	385	Ostrowska, Iwona	Sli Cualann A.C.	32.80	X	33.80	X	33.47	X	33.80	
6	39	Hickey, Kate	West Waterford A.C.	32.57	33.17	32.16	30.96	X	32.79	33.17	
7	475	Morris, Caoimhe	Fingallians A.C.	28.91	29.87	X	24.53	30.01	27.07	30.01	
8	468	Mooney, Niamh	Ferrybank A.C.	26.55	29.46	27.90	29.12	28.83	X	29.46	
9	36	O'Sullivan, Priscilla	Bandon A.C.	26.09	X	26.75				26.75	
10	43	Pilkington, Michelle	Dunboyne A.C.	21.28	X	20.31				21.28	
11	202	Ketelaar, Caitlin	City of Derry	X	X	19.71				19.71	
12	511	Lattimore, Nadine	Paralympics	17.38	18.48	18.67	18.40	18.49	14.15	18.67	
Women's Javelin											
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	513	Fitzgibbon, Anita	Dundrum South Dublin A.C.	42.23	44.68	47.09	46.16	45.78	44.65	47.09	
2	478	Fitzgerald, Claire	Tralee Harriers A.C.	X	X	36.58	39.19	39.66	40.96	40.96	
3	8	Mc Donald, Olivia	St. Peter'S A.C.	38.47	36.99	36.40	-	36.88	36.90	38.47	
4	257	Murphy, Jenny	Abbey Striders A.C.	X	34.73	35.01	34.43	34.87	38.08	38.08	
5	477	Byrne, Denise	Clonliffe Harriers A.C.	34.19	35.39	37.04	X	34.32	34.93	37.04	
6	418	Stead, Lauren	Strabane Track Club	36.62	32.83	36.77	36.30	35.66	34.42	36.77	
7	15	Daly, Emma	St. Abbans A.C.	28.07	28.92	30.84	27.62	28.24	30.24	30.84	
8	202	Ketelaar, Caitlin	City of Derry	26.45	26.38	27.60	X	26.89	26.78	27.60	
Women's Hammer											
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	27	Kennedy, Cara	Ferrybank A.C.	X	X	41.07	56.80	X	57.62	57.62	
2	12	O'Farrell, Charlotte	D.M.P. A.C.	43.02	43.34	46.07	45.48	45.84	45.17	46.07	
3	310	Furlong, Christina	D.M.P. A.C.	40.46	33.83	42.34	44.24	43.71	44.48	44.48	
4	11	Cronin, Linda	Old Abbey A.C.	35.35	41.56	42.63	X	X	41.38	42.63	
5	47	Moynihan, Megan	West Muskerry A.C.	32.86	38.73	X	42.29	40.52	38.33	42.29	
6	376	Miggan, Grainne	Fr. Murphy A.C.	40.46	38.43	36.68	41.00	X	X	41.00	
7	36	O'Sullivan, Priscilla	Bandon A.C.	33.28	34.74	35.11	36.60	X	38.84	38.84	
8	475	Morris, Caoimhe	Fingallians A.C.	33.16	29.43	32.55	29.95	33.26	X	33.26	
9	323	Wall, Becky	Raheny Shamrock A.C.	30.60	31.56	X				31.56	
10	43	Pilkington, Michelle	Dunboyne A.C.	22.86	31.51	31.39				31.51	
11	54	O'hGogartaigh, Margaret	Crusaders A.C.	14.13	13.26	13.36				14.13	
Women's Pole Vault											
Place	No	Name	Club	3.40	3.60	3.70	3.80	3.90	4.00	4.20	4.41
1	474	Pena, Tori	Finn Valley A.C.	-	-	-	-	-	O	O	XXX
2	237	Wilkinson, Claire	Ballymena & Antrim A.C.	XO	O	O	O	XXX			
3	303	Brown, Zoe	Raheny Shamrock A.C.	-	O	-	XXX				
Place	No	Name	Club	2.60	2.80	3.00	3.20	3.40	3.60	3.70	3.80
4	40	Houlihan, LIsa	West Waterford A.C.	O	O	O	XXX				
4	342	Savage, Nikita	Youghal A.C.	O	O	O	XXX				
6	180	Ryan, Sarah	Leevale A.C.	-	XXO	XXO	XXX				
7	490	Dugan, Lucy	Ballymena & Antrim A.C.	O	O	XXX					