

**Woodie's DIY 10k Road Championships of Ireland**  
**18th April 2010**  
**Phoenix Park, Dublin**

**Result - Senior Women Team**

| <b>Place</b> | <b>Club</b>                  | <b>Total Time</b> |
|--------------|------------------------------|-------------------|
| 1            | Raheny Shamrock A.C.         | 109:13:00         |
| 2            | Sportsworld A.C.             | 114:48:00         |
| 3            | St. Finbarrs A.C.            | 114:49:00         |
| 4            | Mayo A.C.                    | 115:37:00         |
| 5            | Athenry A.C.                 | 122:36:00         |
| 6            | Clonliffe Harriers A.C.      | 122:36:00         |
| 7            | Inishowen A.C.               | 124:57:00         |
| 8            | Dundrum South Dublin         | 128:20:00         |
| 9            | Rathfarnham W.S.A.F. A.C.    | 131:24:00         |
| 10           | Mullingar Harriers A.C.      | 131:35:00         |
| 11           | Donore Harriers A.C.         | 132:36:00         |
| 12           | Crusaders A.C.               | 133:59:00         |
| 13           | Tullamore Harriers A.C.      | 134:34:00         |
| 14           | Galway City Harriers A.C.    | 139:35:00         |
| 15           | Fingallians AC               | 145:16:00         |
| 16           | Sli Cualann A.C.             | 152:04:00         |
| 17           | St. L O'Toole AC             | 158:35:00         |
| 18           | Lucan Harriers Athletic Club | 163:27:00         |
| 19           | Portlaoise A.C.              | 201:49:00         |

**Result - Master Women 35+ Team**

| <b>Place</b> | <b>Club</b>                  | <b>Total Time</b> |
|--------------|------------------------------|-------------------|
| 1            | Tullamore Harriers A.C.W35+  | 118:29:00         |
| 2            | Mayo A.C.W35+                | 124:30:00         |
| 3            | Tallaght A.C.W35+            | 127:18:00         |
| 4            | Donore Harriers A.C.W35+     | 131:25:00         |
| 5            | Inishowen A.C. W35+          | 134:19:00         |
| 6            | Sportsworld A.C. W35+        | 135:49:00         |
| 7            | Athenry A.C. W35+            | 139:04:00         |
| 8            | Waterford A.C. W35+          | 144:21:00         |
| 9            | Fingallians AC W35+          | 148:14:00         |
| 10           | Donadea Running Club W35+    | 199:24:00         |
| 11           | Mullingar Harriers A.C. W35+ | 221:25:00         |
| 12           | Athlone I.T. A.C.W35+        | 271:21:00         |

**Result - Master Women 50+ Team**

| <b>Place</b> | <b>Club</b>                    | <b>Total Time</b> |
|--------------|--------------------------------|-------------------|
| 1            | Drogheda & District A.C. W50+  | 152:29:00         |
| 2            | Galway City Harriers A.C. W50+ | 153:33:00         |

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