

Woodie's DIY / Athletics Association of Ireland

Senior Indoor Championships of Ireland

17/18 February 2013

Athlone IT International Arena

60m SEN Men Heats

Heat:1

1	199	HYNES David	85	MENAPIANS A.C.	6.80 Q
2	299	FAHEY Eamon	91	DONORE HARRIERS A.C.	6.96 Q
3	350	IBEANU Isreal	92	CLONLIFFE HARRIERS A.C.	7.11 Q
4	138	O'CATHAIN Lorcan	92	ROSCOMMON A.C.	7.26 q
5	285	VARLEY Mark	96	DOONEEN A.C.	7.31 q
6	135	WILSON Conor	94	MENAPIANS A.C.	7.34 q
7	226	KELLY Feidhlim	83	RAHENY SHAMROCK A.C.	7.71

60m SEN Men

Heat:2

1	174	POWER Dean	96	TULLAMORE HARRIERS A.C.	7.01 Q
2	58	KAVANAGH Mark	92	DUNDRUM SOUTH DUBLIN A.C.	7.22 Q
3	185	MCKENNA Garbhan	96	SHERCOCK A.C.	7.44 Q
4	245	GRAHAM Bradley	94	SPRINGWELL RUNNERS A.C.	7.50
5	316	ZAIDAN Abraham	94	RATOATH A.C.	7.51
6	89	HEFFERNAN Patrick	94	TULLAMORE HARRIERS A.C.	7.52
7	315	DOHERTY Peter	73	RATOATH A.C.	7.52
8	188	O'TOOLE Aidan	68	ST. L.O'TOOLE A.C.	7.81

60m SEN Men

Heat:3

1	190	O'REILLY Laurence	90	TULLAMORE HARRIERS A.C.	6.96 Q
2	349	PIKE Keith	94	CLONLIFFE HARRIERS A.C.	6.96 Q
3	340	REGAN Barry	92	ST. ABBAN'S A.C.	7.19 Q
4	238	FOROUGH Kourosh	90	STAR OF THE SEA A.C.	7.37 q
5	170	ESSUMAN Joshua	93	DUBLIN STRIDERS A.C.	7.45 q
6	277	BYRNE Peter	83	DUNDRUM SOUTH DUBLIN A.C.	7.59
7	363	GETHINS Alan		LIFFORD A.C.	7.61

60m SEN Men

Heat:4

1	25	ADAMS Dean	90	BALLYMENA & ANTRIM A.C.	7.05 Q
2	94	REYNOLDS Ben	90	NORTH DOWN A.C.	7.08 Q
3	243	MAGEE Jack	95	SPRINGWELL RUNNERS A.C.	7.12 Q
4	309	DOBEY Ronan	94	GALWAY CITY HARRIERS A.C.	7.35 q
5	246	LYNCH Patrick	94	NEWPORT A.C.	7.46 q
6	189	CAMPBELL David	92	DONORE HARRIERS A.C.	7.47 q
7	332	O'CONNOR William	94	AN RIOCHT A.C.	7.53
8	244	DUNSEITH Jack	94	SPRINGWELL RUNNERS A.C.	7.66

60m SEN Men

Heat:5

1	125	DAVIS Jamie	89	RAHENY SHAMROCK A.C.	7.04 Q
2	198	O'SHEA David	88	DOONEEN A.C.	7.15 Q
3	306	COYLE Ronan	92	GALWAY CITY HARRIERS A.C.	7.38 Q
4	227	ISONG Kingsley	91	CLONLIFFE HARRIERS A.C.	7.48 q
5	279	WALKIN John	80	MAYO A.C.	7.62
6	205	SHERIDAN Shane	58	DUNDRUM SOUTH DUBLIN A.C.	8.07
7	152	FOLEY Ronan	79	LEEVALE A.C.	8.14

60m SEN Men Semi final

Heat:1

1	350	IBEANU Isreal	92	CLONLIFFE HARRIERS A.C.	7.19 Q
2	306	COYLE Ronan	92	GALWAY CITY HARRIERS A.C.	7.46 Q
3	189	CAMPBELL David	92	DONORE HARRIERS A.C.	7.50
	25	ADAMS Dean	90	BALLYMENA & ANTRIM A.C.	DNS
	94	REYNOLDS Ben	90	NORTH DOWN A.C.	DNS
	238	FOROUGH Kourosh	90	STAR OF THE SEA A.C.	DNS
	285	VARLEY Mark	96	DOONEEN A.C.	DNS
	396	O'REILLY Laurence		TULLAMORE HARRIERS A.C.	DNS

60m SEN Men

Heat:2

1	125	DAVIS Jamie	89	RAHENY SHAMROCK A.C.	6.93 Q
2	174	POWER Dean	96	TULLAMORE HARRIERS A.C.	6.97 Q
3	198	O'SHEA David	88	DOONEEN A.C.	7.18 q

4	138	O'CATHAIN Lorcan	92	ROSCOMMON A.C.	7.28 q
5	185	MCKENNA Garbhan	96	SHERCOCK A.C.	7.34
6	246	LYNCH Patrick	94	NEWPORT A.C.	7.38
7	170	ESSUMAN Joshua	93	DUBLIN STRIDERS A.C.	7.53
	58	KAVANAGH Mark	92	DUNDRUM SOUTH DUBLIN A.C.	DQ

60m SEN Men

Heat:3

1	349	PIKE Keith	94	CLONLIFFE HARRIERS A.C.	6.93 Q
2	340	REGAN Barry	92	ST. ABBAN'S A.C.	7.14 Q
3	227	ISONG Kingsley	91	CLONLIFFE HARRIERS A.C.	7.36
4	309	DOBEY Ronan	94	GALWAY CITY HARRIERS A.C.	7.44
	243	MAGEE Jack	95	SPRINGWELL RUNNERS A.C.	DQ
	135	WILSON Conor	94	MENAPIANS A.C.	DQ
	199	HYNES David	85	MENAPIANS A.C.	DQ
	299	FAHEY Eamon	91	DONORE HARRIERS A.C.	DQ

60m SEN Men Final

Heat:1

1	349	PIKE Keith	94	CLONLIFFE HARRIERS A.C.	6.92
2	125	DAVIS Jamie	89	RAHENY SHAMROCK A.C.	6.94
3	198	O'SHEA David	88	DOONEEN A.C.	7.09
4	340	REGAN Barry	92	ST. ABBAN'S A.C.	7.12
5	350	IBEANU Isreal	92	CLONLIFFE HARRIERS A.C.	7.14
6	138	O'CATHAIN Lorcan	92	ROSCOMMON A.C.	7.28
7	306	COYLE Ronan	92	GALWAY CITY HARRIERS A.C.	7.42
	174	POWER Dean	96	TULLAMORE HARRIERS A.C.	DQ

200m SEN Men

Heat:1

1	125	DAVIS Jamie	89	RAHENY SHAMROCK A.C.	22.06 q
2	263	HANNON Fearghus	91	TULLAMORE HARRIERS A.C.	22.79
3	135	WILSON Conor	94	MENAPIANS A.C.	23.36
4	399	HYLAND Neil		GALWAY CITY HARRIERS A.C.	23.51
5	244	DUNSEITH Jack	94	SPRINGWELL RUNNERS A.C.	24.67

200m SEN Men

Heat:2

1	77	WOODS Curtis	92	UNATTACHED	22.03 q
2	254	ELLIOT Kieran	95	NORTH SLIGO A.C.	22.17 q
3	196	WHELAN Paul	92	DUBLIN STRIDERS A.C.	22.46
4	139	ALLEN Danny	90	LEEVALE A.C.	23.43
5	309	DOBEY Ronan	94	GALWAY CITY HARRIERS A.C.	24.04

200m SEN Men

Heat:3

1	138	O'CATHAIN Lorcan	92	ROSCOMMON A.C.	22.55
2	245	GRAHAM Bradley	94	SPRINGWELL RUNNERS A.C.	24.14
3	306	COYLE Ronan	92	GALWAY CITY HARRIERS A.C.	24.16
4	205	SHERIDAN Shane	58	DUNDRUM SOUTH DUBLIN A.C.	26.54

200m SEN Men

Heat:4

1	190	O'REILLY Laurence	90	TULLAMORE HARRIERS A.C.	22.32 q
2	58	KAVANAGH Mark	92	DUNDRUM SOUTH DUBLIN A.C.	22.37 q
3	308	COONEY Ben	94	GALWAY CITY HARRIERS A.C.	23.58
4	258	FARRELL Shane	93	MENAPIANS A.C.	24.01
	136	FIELD Mathew	88	CLONLIFFE HARRIERS A.C.	DNS

200m SEN Men

Heat:5

1	290	GREGAN Brian	89	CLONLIFFE HARRIERS A.C.	21.56 q
2	148	QUILLIGAN David	90	LEEVALE A.C.	22.39
3	243	MAGEE Jack	95	SPRINGWELL RUNNERS A.C.	23.01
4	57	MURPHY Adam	96	ST. L.O'TOOLE A.C.	23.46
5	189	CAMPBELL David	92	DONORE HARRIERS A.C.	23.89

200m SEN Men

Heat:6

1	16	LAWLER Marcus	95	ST. L.O'TOOLE A.C.	22.64
2	274	O'DELADE Tope	90	CRUSADERS A.C.	23.16
3	185	MCKENNA Garbhan	96	SHERCOCK A.C.	23.61
4	285	VARLEY Mark	96	DOONEEN A.C.	23.76
5	152	FOLEY Ronan	79	LEEVALE A.C.	26.89

200m SEN Men

Heat:7

1	183	MAZE Ben	91	LAGAN VALLEY A.C.	22.38
2	182	ROCHE Stuart	93	CLONLIFFE HARRIERS A.C.	23.21
3	364	Nick Ennis		GALWAY CITY HARRIERS A.C.	23.99
4	277	BYRNE Peter	83	DUNDRUM SOUTH DUBLIN A.C.	24.84
	279	WALKIN John	80	MAYO A.C.	DNS

200m SEN Men A Final

1	290	GREGAN Brian	89	CLONLIFFE HARRIERS A.C.	21.33
2	125	DAVIS Jamie	89	RAHENY SHAMROCK A.C.	21.91
3	254	ELLIOT Kieran	95	NORTH SLIGO A.C.	22.00
4	77	WOODS Curtis	92	UNATTACHED	22.24
5	396	O'REILLY Laurence		TULLAMORE HARRIERS A.C.	22.41
6	58	KAVANAGH Mark	92	DUNDRUM SOUTH DUBLIN A.C.	22.41

200m SEN Men B Final

1	148	QUILLIGAN David	90	LEEVALE A.C.	22.36
2	138	O'CATHAIN Lorcan	92	ROSCOMMON A.C.	22.42
3	183	MAZE Ben	91	LAGAN VALLEY A.C.	22.49
	196	WHELAN Paul	92	DUBLIN STRIDERS A.C.	DNS
	263	HANNON Fearghus	91	TULLAMORE HARRIERS A.C.	DNS
	243	MAGEE Jack	95	SPRINGWELL RUNNERS A.C.	DNS

400m SEN Men

Heat:1

1	90	DOWLING Joe	93	DUNDRUM SOUTH DUBLIN A.C.	48.88 Q
2	54	HOUSTON John	90	BALLYMENA & ANTRIM A.C.	49.70 q
3	348	MACKEY Ciaran	91	CLONLIFFE HARRIERS A.C.	49.79 WD
4	21	COLLINS Ciaran	88	U.C.C. A.C.	50.57
	217	DONEGAN Sean	94	TULLAMORE HARRIERS A.C.	DQ

400m SEN Men

Heat:2

1	221	CROWE Timmy	91	DOONEEN A.C.	48.71 Q
2	112	MCKEE Paul	77	BEECHMOUNT HARRIERS A.C.	48.87 q
3	101	CROTTY Evan	95	EMERALD A.C.	51.36
4	175	COSGRAVE Billy	95	EMERALD A.C.	51.87
5	57	MURPHY Adam	96	ST. L.O'TOOLE A.C.	53.15
6	6	WATTERS Darren	94	ANNALEE A.C.	53.97

400m SEN Men

Heat:3

1	261	HARVEY Jason	91	CRUSADERS A.C.	49.19 Q
2	38	UPTON Barry	86	MENAPIANS A.C.	50.43 q
2	53	BRESLIN Paul	90	CRUSADERS A.C.	50.43
4	139	ALLEN Danny	90	LEEVALE A.C.	52.37
5	332	O'CONNOR William	94	AN RIOCHT A.C.	53.57

400m SEN Men Final

1	261	HARVEY Jason	91	CRUSADERS A.C.	47.94
2	221	CROWE Timmy	91	DOONEEN A.C.	48.57
3	90	DOWLING Joe	93	DUNDRUM SOUTH DUBLIN A.C.	48.61
4	38	UPTON Barry	86	MENAPIANS A.C.	51.21
	54	HOUSTON John	90	BALLYMENA & ANTRIM A.C.	DNF
	112	MCKEE Paul	77	BEECHMOUNT HARRIERS A.C.	DNF

800m SEN Men

Heat:1

1	20	LEDINGHAM James	84	WEST WATERFORD A.C.	1:53.11 Q
2	163	HAMILTON Patrick	84	CITY OF LISBURN A.C.	1:53.57 q
3	354	HERPER David		SLIGO A.C.	1:54.22
4	275	MAHER James	90	TEMPLEMORE A.C.	2:02.01
5	11	KEARNS Ronan	78	RATHFARNHAM A.C.	2:04.64
6	177	KINSELLA Colm	93	MENAPIANS A.C.	2:04.99
7	51	WHITE John	69	AT. MICHAEL'S A.C.	2:17.43

800m SEN Men

Heat:2

1	129	MCBREARTY Darren	91	LETTERKENNY A.C.	1:52.97 Q
2	15	PATTERSON Mark	91	NORTH DOWN A.C.	1:53.68 q
3	260	JENKINSON Aindri�e	92	CLONLIFFE HARRIERS A.C.	1:54.88
4	353	MCDERMOTT Dermot		SLIGO A.C.	1:55.61
5	284	COUGHLAN Dennis	81	ST. FINBARR'S A.C.	1:58.49
6	69	ROGERS Mark	96	SPRINGWELL RUNNERS A.C.	2:03.84
7	193	MCDONAGH Morgan	80	DUNBOYNE A.C.	2:05.92

800m SEN Men

Heat:3

1	268	FITZSIMONS Shane	95	MULLINGAR HARRIERS A.C.	1:53.37 Q
2	317	GREENE Darragh	85	DUNLEER A.C.	1:53.98 q
3	121	RYAN Billy	90	FERRYBANK A.C.	1:53.99 q
4	236	TULLY Robert	95	STAR OF THE SEA A.C.	1:55.17
5	197	DALY Cathal	92	SLI CUALANN A.C.	1:56.40
6	339	MORRISON Conor	96	LETTERKENNY A.C.	2:03.26
7	80	O SULLIVAN Garry	97	WEST MUSKERRY A.C.	2:04.46

800m SEN Men

Heat:4

1	334	ENGLISH Mark	93	LETTERKENNY A.C.	1:54.65 Q
2	109	MAUNSELL William	85	CLONMEL A.C.	1:56.46
3	324	HENNESSY Liam	96	TOGHER A.C.	1:56.97
4	226	KELLY Feidhlim	83	RAHENY SHAMROCK A.C.	1:58.32
5	91	TOBIN Brian	79	CLONLIFFE HARRIERS A.C.	2:01.93
6	214	CLAFFEY Gerard	91	RATHFARNHAM A.C.	2:06.73
7	4	FEENEY Des	73	WEST WATERFORD A.C.	2:06.88

800m SEN Men Final

1	334	ENGLISH Mark	93	LETTERKENNY A.C.	1:48.44
2	129	MCBREARTY Darren	91	LETTERKENNY A.C.	1:50.23
3	268	FITZSIMONS Shane	95	MULLINGAR HARRIERS A.C.	1:51.10
4	20	LEDINGHAM James	84	WEST WATERFORD A.C.	1:51.16
5	121	RYAN Billy	90	FERRYBANK A.C.	1:51.69
6	15	PATTERSON Mark	91	NORTH DOWN A.C.	1:54.17
7	317	GREENE Darragh	85	DUNLEER A.C.	1:55.06
8	163	HAMILTON Patrick	84	CITY OF LISBURN A.C.	1:55.50

1500m SEN Men

Heat:1

1	219	MCDONALD Mark	90	CLONLIFFE HARRIERS A.C.	3:59.75 Q
2	10	WARNE Joe	87	DOHENY'S A.C.	4:00.25 Q
3	224	OWENS Richard	90	SLI CUALANN A.C.	4:00.31 Q
4	206	FRANCONY Timothee	89	U.C.D. A.C.	4:00.69 q
5	17	HOY Mark	91	FINN VALLEY A.C.	4:01.71 q
6	322	LYNCH Cullen	93	TOGHER A.C.	4:04.61 q
7	192	HUGHES William	86	THURLES CROKES A.C.	4:06.51 q
8	325	HANRAHAN Peter	92	TOGHER A.C.	4:15.09
9	292	LYNCH Darren	92	ENNIS TRACK A.C.	4:23.66
	358	DANNY SKEFFINEGTON		DROGHEDA A.C.	DNF

1500m SEN Men

Heat:2

1	61	EVERARD Eoin	86	KILKENNY CITY HARRIERS A.C.	3:58.46 Q
2	215	COGHLAN John	88	METRO/ST. BRIGID A.C.	3:58.56 Q
3	335	KING Dan	90	LETTERKENNY A.C.	3:58.61 Q
4	108	MAUNSELL Kevin	81	CLONMEL A.C.	3:59.00 q
5	269	MORAN Pdraig	96	MULLINGAR HARRIERS A.C.	4:02.14 q
6	209	DUGGAN Ronan	89	BANDON A.C.	4:07.79
7	280	KELLY Patrick	81	MULLINGAR HARRIERS A.C.	4:11.09
8	338	GIBBONS Peter	97	LETTERKENNY A.C.	4:12.93
	359	MAHER Robert		DROGHEDA A.C.	DNS

1500m SEN Men Final

1	215	COGHLAN John	88	METRO/ST. BRIGID A.C.	3:47.43
2	61	EVERARD Eoin	86	KILKENNY CITY HARRIERS A.C.	3:48.96
3	10	WARNE Joe	87	DOHENY'S A.C.	3:54.08
4	108	MAUNSELL Kevin	81	CLONMEL A.C.	3:55.64
5	224	OWENS Richard	90	SLI CUALANN A.C.	3:59.67
6	322	LYNCH Cullen	93	TOGHER A.C.	4:00.31
7	335	KING Dan	90	LETTERKENNY A.C.	4:01.42
8	206	FRANCONY Timothee	89	U.C.D. A.C.	4:01.87
9	269	MORAN Pdraig	96	MULLINGAR HARRIERS A.C.	4:02.19
10	17	HOY Mark	91	FINN VALLEY A.C.	4:04.41
11	219	MCDONALD Mark	90	CLONLIFFE HARRIERS A.C.	4:04.60
12	192	HUGHES William	86	THURLES CROKES A.C.	4:06.25

3000m SEN Men

Heat:1

1	352	TRAVERS John		DONORE HARRIERS A.C.	7:58.54
2	187	BRADLEY Conor	87	CITY OF LISBURN A.C.	8:05.29
3	141	HANRAHAN Mark	85	LEEVALE A.C.	8:12.45
4	394	HYNES Ray		CRUSADERS A.C.	8:28.88
5	278	MCKILLOP Michael	90	ST MALACHY'S A.C.	8:32.57
6	110	MC CORMACK Niall	89	CLONMEL A.C.	8:41.40
7	293	MAHER Michael	88	ENNIS TRACK A.C.	8:46.48
8	304	BYRNE Mitchell	94	W.S.A.F A.C.	8:46.75
9	96	TOTTEN Eoghan	93	NEWCASTLE & DQTRICT A.C.	8:47.95

10	323	HARTNETT Ian	94	TOGHER A.C.	8:48.56
11	220	KEOGH Eric	91	DONORE HARRIERS A.C.	8:54.68
12	237	CALLAGHAN Eoin	87	STAR OF THE SEA A.C.	8:55.22
13	72	FLEMING Paul	75	RATHFARNHAM A.C.	8:55.69
14	302	TRAYNOR Mick	65	RAHENY SHAMROCK A.C.	8:57.22
15	210	O'SULLIVAN Mark	93	BANDON A.C.	8:59.39
16	397	LAWLOR Stephen		ST. ABBAN'S A.C.	9:01.63
17	29	PHILLIPS Jonathan	92	SLI CUALANN A.C.	9:02.32
18	48	MC GUINNESS Mark	95	TIR CHONAILL A.C.	9:03.15
	161	MALSEED Robert	71	WESTPORT A.C.	DNF

60mH (1.067m/3'6") SEN Men

Heat:1

1	146	O'HALLORAN Edmund	92	LEEVALE A.C.	8.35 Q
2	238	FOROUGH I Kourosh	90	STAR OF THE SEA A.C.	8.66 Q
3	2	WILSON Ashley	90	UNATTACHED	8.95 Q
4	166	HILL Adam	94	CITY OF LISBURN A.C.	9.04 q
5	298	CORRIGAN Brendan	95	BLARNEY INNISCARRA A.C.	9.05 q

60mH (1.067m/3'6") SEN Men

Heat:2

1	233	TAGGART Simon	86	DONORE HARRIERS A.C.	8.22 Q
2	136	FIELD Mathew	88	CLONLIFFE HARRIERS A.C.	8.29 Q
3	82	POWER Eoin	94	ST. JOSEPH'S A.C.	8.83 Q
4	170	ESSUMAN Joshua	93	DUBLIN STRIDERS A.C.	9.22
5	313	CALLAGHAN Simon	93	GALWAY CITY HARRIERS A.C.	9.41

60mH (1.067m/3'6") SEN Men Final

1	136	FIELD Mathew	88	CLONLIFFE HARRIERS A.C.	8.20
2	238	FOROUGH I Kourosh	90	STAR OF THE SEA A.C.	8.41
3	146	O'HALLORAN Edmund	92	LEEVALE A.C.	8.48
4	233	TAGGART Simon	86	DONORE HARRIERS A.C.	8.55
5	2	WILSON Ashley	90	UNATTACHED	8.74
6	82	POWER Eoin	94	ST. JOSEPH'S A.C.	8.83
7	298	CORRIGAN Brendan	95	BLARNEY INNISCARRA A.C.	9.12
8	166	HILL Adam	94	CITY OF LISBURN A.C.	9.17

5000 m Walk SEN Men

1	326	HEFFERNAN Robert	78	TOGHER A.C.	19:13.03
2	55	REW Quentin (GUEST)	84	UNATTACHED	19:52.43
3	201	MC MANAMON Cian	91	WESTPORT A.C.	20:31.19
4	305	DOYLE Michael	87	TARA A.C.	20:51.18
5	97	CONNOLLY Creighton (GUEST)	88	BRITISH COLUMBIA	20:54.98
6	295	HICKEY Luke	97	TOGHER A.C.	20:56.55 NJR
7	19	TREANOR James	93	SHERCOCK A.C.	21:05.63
8	73	LYNCH Evan	95	CLONMEL A.C.	22:27.63
9	286	PRENDIVILLE Niall	90	FARRANFORE MAINE VALLEY A.C.	22:48.17
10	75	EGAN Aaron	97	CLONMEL A.C.	23:57.66
11	74	TOBIN Anthony	97	CLONMEL A.C.	25:20.85

Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	47	McMullen, Adam	Crusaders A.C.	7.17	7.04	6.70	6.81	6.72	-	7.17
2	148	Quilligan, David	Leevale A.C.	6.69	6.74	6.93	6.73	6.77	X	6.93
3	172	Stafford, Tony	Menapians A.C.	6.53	6.91	6.70	6.69	X	X	6.91
4	299	Fahey, Eamon	Donore Harriers A.C.	6.82	6.80	6.70	6.55	6.44	6.68	6.82
5	257	Dolan, Ciaran	Finn Valley A.C.	6.40	6.52	6.61	6.77	6.68	6.79	6.79
6	208	Howard, Shane	Bandon A.C.	6.27	6.20	6.50	6.43	6.69	X	6.69
7	398	Tobin, David		6.51	6.66	6.58	6.31	X	-	6.66
8	194	Godley, Michael	Tralee Harriers A.C.	6.08	6.11	6.29	X	6.04	6.19	6.29
9	130	Tsang, Richard	Shercock A.C.	6.29	6.02	X				6.29
10	355	Burke, Colin	Sligo A.C.	6.22	6.27	6.06				6.27
11	240	Mahon, Conall	Tir Chonaill A.C.	X	4.28	5.30				5.30
12	364	Ennis, Nick	Galway City Harriers A.C.	5.04	5.28	4.89				5.28
	225	Smith, Keith	Ferrybank A.C.							NM

Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	341	Kelly, Eoin	St. Abban's A.C.	14.39	14.44	12.54	14.36	X	14.26	14.44
2	68	Durnin, Conor	St. Peter's A.C.	13.01	12.88	13.22	12.74	13.73	13.97	13.97
3	117	Archer, Sean	Ferrybank A.C.	13.36	12.82	13.10	13.05	13.73	13.82	13.82
4	342	Daly, Conor	St. Abban's A.C.	11.92	12.57	13.20	13.16	13.47	13.70	13.70
5	266	Godley, Michael	Tralee Harriers A.C.	12.79	12.93	13.01	13.12	13.16	13.09	13.16
6	240	Taylor, Oisín	Crusaders A.C.	12.43	12.38	12.50	12.67	12.21	12.55	12.67
7	264	Mahon, Conall	Tir Chonaill A.C.	X	12.31	12.52	X	-	12.19	12.52
8	111	Quigg, Barry	Sliabh Liag A.C.	11.79	X	11.30	11.26	11.42	-	11.79
9	231	Gillespie, Aidan	Menapians A.C.	11.28	11.41	X				11.41

Men's High Jump

Place	No	Name	Club	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.03	2.10
1	343	Pender, Barry	St. Abban's A.C.	-	-	-	-	-	-	O	O	XXX
2	70	Murtagh, Jaime	St. Andrew's A.C.	-	-	O	O	O	O	O	O	XXX
3	98	Henev, Andrew	Clonliffe Harriers A.C.	-	-	-	O	O	XXO	O	XXX	
4	120	O'Dwyer, Shane	Ferrybank A.C.	-	-	O	O	O	O	O	XO	XXX
5	360	Cussen, David	Old Abbey A.C.	-	-	-	O	-	XO	XXO	XXX	
6	166	Hill, Adam	City of Lisburn A.C.	-	O	O	O	O	XXX			
6	162	Galvin, P.J.	St. Brendan's A.C.	-	-	O	O	O	XXX			
8	264	Quigg, Barry	Sliabh Liag A.C.	-	O	O	XO	XXX				
9	69	Rogers, Mark	Springwell Runners A.C.	-	XO	O	XXO	XXX				
10	303	Aston, Shane	Trim A.C.	XXO	-	XXX						

Pole Vault - U.23 Men

Place	No	Name	Club	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.60	4.75
1	131	Donegan, David	Clonliffe harriers A.C.	-	-	-	-	-	-	-	-	XO	XXX
2	178	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	-	O	XXX	
2	93	Houlihan, Thomas	West Waterford A.C.	-	-	-	-	-	-	O	O	XXX	
4	34	Rogers, Ian	Clonliffe Harriers A.C.	-	-	-	-	-	-	O	XO	XXX	
5	169	Charignon, Quentin	Raheny Shamrock A.C.	-	-	-	-	O	O	XO	XXX		
6	200	O'Brian, Peter	Raheny Shamrock A.C.	-	-	-	-	O	XXX				
7	104	Doherty, Keith	Dunboyne A.C.	-	-	-	-	XO	XXX				
8	36	Buckley, James	Raheny Shamrock A.C.	-	O	O	XXX						
8	99	Birmingham, Conor	Raheny Shamrock A.C.	O	O	O	XXX						
13		Greene, Stuart	Raheny Shamrock A.C.	-	-	-	-	-	XXX				

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	400	Breathnach, Sean	Galway City Harriers A.C.	X	X	16.75	16.59	X	X	16.75
2	150	Tierney, David	Leevale A.C.	14.65	14.06	14.95	13.61	14.26	14.60	14.95
3	329	Collins, Paul	North Westmeath A.C.	X	X	13.39	12.94	X	13.83	13.83
4	23	Stout, Kieron	Celbridge A.C.	13.47	12.72	13.52	13.04	13.01	12.81	13.52
5	318	O'Reilly, Matthew	Shercock A.C.	11.43	X	12.04	11.75	12.27	12.01	12.27
6	250	O'Connor, Patsy	Tralee Harriers A.C.	11.80	12.04	X	11.93	11.79	11.78	12.04

60m SEN Women

Heat:1

1	119	PROPER Kelly	88	FERRYBANK A.C.	7.5 Q
2	232	MOORE Leah	90	CLONLIFFE HARRIERS A.C.	7.5 Q
3	203	HEELAN Marie	95	EMERALD A.C.	7.7 Q
4	60	HOLMES Louise	92	KILKENNY CITY HARRIERS A.C.	7.7 q
5	186	NGANKAM Lynda	93	DONORE HARRIERS A.C.	7.8
	287	MCMANUS Catherine	93	DUBLIN HARRIERS A.C.	DQ

60m SEN Women

Heat:2

1	56	FOSTER Amy	88	CITY OF LISBURN A.C.	7.33 Q
2	156	MCSWEENEY Ailis	83	LEEVALE A.C.	7.54 Q
3	134	KIERNAN Louise	87	FINGALLIANS A.C.	7.59 Q
4	230	MURRAY Sarah	93	FINGALLIANS A.C.	7.64 q
5	242	CLARKE Holly	94	SPRINGWELL RUNNERS A.C.	8.06
6	204	WATTERS Aisling	92	NAVAN A.C.	8.41

60m SEN Women Final

1	119	PROPER Kelly	88	FERRYBANK A.C.	7.45
2	134	KIERNAN Louise	87	FINGALLIANS A.C.	7.54
3	232	MOORE Leah	90	CLONLIFFE HARRIERS A.C.	7.61
4	230	MURRAY Sarah	93	FINGALLIANS A.C.	7.66
5	60	HOLMES Louise	92	KILKENNY CITY HARRIERS A.C.	7.76
6	203	HEELAN Marie	95	EMERALD A.C.	7.77
	56	FOSTER Amy	88	CITY OF LISBURN A.C.	DQ
	156	MCSWEENEY Ailis	83	LEEVALE A.C.	DQ

200m SEN Women

Heat:1

1	119	PROPER Kelly	88	FERRYBANK A.C.	24.31 Q
2	60	HOLMES Louise	92	KILKENNY CITY HARRIERS A.C.	24.56 q
3	242	CLARKE Holly	94	SPRINGWELL RUNNERS A.C.	26.08 q
4	157	MAUNSELL Aisling	84	LEEVALE A.C.	27.63

200m SEN Women

Heat:2

1	357	HEFFERNAN Marian		TOGHER A.C.	24.76 Q
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2	134	KIERNAN Louise	87	FINGALLIANS A.C.	24.86 q
3	143	NEVILLE Christine	93	LEEVALE A.C.	26.86
4	229	BRIEN Niamh	93	BROTHERS PEARSE A.C.	28.02

200m SEN Women

Heat:3

1	288	CREANER Steffi	92	DUBLIN HARRIERS A.C.	24.38 Q
2	35	BECHTINA Snezana	81	CLONLIFFE HARRIERS A.C.	26.18
3	144	NEVILLE Jessica	93	LEEVALE A.C.	26.58
4	8	CARR Lorraine	81	EAST CORK A.C.	27.71
	207	HOWARD Roisin	90	BANDON A.C.	DQ

200m SEN Women Final

1	119	PROPER Kelly	88	FERRYBANK A.C.	23.84
2	288	CREANER Steffi	92	DUBLIN HARRIERS A.C.	24.24
3	357	HEFFERNAN Marian		TOGHER A.C.	24.64
4	134	KIERNAN Louise	87	FINGALLIANS A.C.	24.76
5	60	HOLMES Louise	92	KILKENNY CITY HARRIERS A.C.	24.81
6	242	CLARKE Holly	94	SPRINGWELL RUNNERS A.C.	26.24

400m SEN Women

Heat:1

1	24	BROMELL Jenna	97	EMERALD A.C.	56.44 Q
2	107	MC MAHON Christine	92	BALLYMENA & ANTRIM A.C.	57.42 WD
3	133	FURNEY Orla	95	MENAPIANS A.C.	59.77
4	265	FIELD Niamh	92	ST. COCA'S A.C.	60.29

400m SEN Women

Heat:2

1	45	MOYNIHAN Grainne	94	WEST MUSKERRY A.C.	57.52 Q
2	347	MILLET Nessa	94	ST. ABBAN'S A.C.	58.33
3	144	NEVILLE Jessica	93	LEEVALE A.C.	59.21
4	212	LYNCH Eimear	92	NEWPORT A.C.	60.12
	357	HEFFERNAN Marian		TOGHER A.C.	DQ

400m SEN Women

Heat:3

1	184	CANNON Shauna	90	BROTHERS PEARSE A.C.	55.73 Q
2	137	DENNY Sinead	91	DUNDRUM SOUTH DUBLIN A.C.	56.27 q
3	79	GAULT Mandy	84	LAGAN VALLEY A.C.	56.49 q
4	143	NEVILLE Christine	93	LEEVALE A.C.	58.18 q

400m SEN Women Final

1	184	CANNON Shauna	90	BROTHERS PEARSE A.C.	55.13
2	24	BROMELL Jenna	97	EMERALD A.C.	56.29
3	79	GAULT Mandy	84	LAGAN VALLEY A.C.	56.46
4	45	MOYNIHAN Grainne	94	WEST MUSKERRY A.C.	56.51
5	137	DENNY Sinead	91	DUNDRUM SOUTH DUBLIN A.C.	56.93
6	143	NEVILLE Christine	93	LEEVALE A.C.	58.08

800m SEN Women

Heat:1

1	283	EVERARD Ciara	90	U.C.D. A.C.	2:07.77
2	12	EVISTON Siobhan	83	RAHENY SHAMROCK A.C.	2:08.37
3	132	GALLIGAN Roseanne	87	NEWBRIDGE A.C.	2:09.44
4	351	CLERIGH BUTTNER Siofra	95	DUNDRUM SOUTH DUBLIN A.C.	2:09.49
5	179	KEHOE Fiona	82	KILMORE A.C.	2:11.12
6	86	CROSSEY Aislinn	95	NEWCASTLE & DQTRICT A.C.	2:11.82
7	365	LALLY Alanna		GALWAY CITY HARRIERS A.C.	2:12.35
8	218	EARLS Claire	92	SLI CUALANN A.C.	2:18.11
	128	DOYLE Ann	87	GOWRAN A.C.	DNF

1500m SEN Women Final

1	239	BRITTON Fionnuala	84	KILCOOLE A.C.	4:13.96
2	95	HARTY Kerry	81	NEWCASTLE & DQTRICT A.C.	4:16.36
3	331	CROWE Laura	87	AN RIOCHT A.C.	4:16.48
4	132	GALLIGAN Roseanne	87	NEWBRIDGE A.C.	4:17.91
5	267	WOODS Becky	88	CLONLIFFE HARRIERS A.C.	4:36.04
6	270	CONROY Linda	96	MULLINGAR HARRIERS A.C.	4:44.10
7	191	BRITTON Una	90	KILCOOLE A.C.	4:44.22
8	65	GIBSON Rachel	91	NORTH DOWN A.C.	4:51.72
9	289	DONNELLY Niamh	90	DUBLIN CITY HARRIERS A.C.	4:57.02

3000m SEN Women Final

1	154	LEE Lizzie	80	LEEVALE A.C.	9:45.63
2	28	MCGLYNN Ann-Marie	80	LIFFORD A.C.	9:48.35
3	42	O'BRIEN Eimear	86	SLIGO A.C.	9:48.69
4	114	NEWCOSME Norah	80	BALLINA A.C.	9:57.08
5	273	O'REILLY Clodagh	97	ANNALEE A.C.	10:17.17
6	276	REILLY Louise	84	CLONLIFFE HARRIERS A.C.	10:24.64
	155	O'CONNOR Sinead	86	LEEVALE A.C.	DNF

3000 m Walk SEN Women Final

1	165	REYNOLDS Laura	89	MOHILL A.C.	13:05.84
2	180	BOYLAN Alicia	95	ORIELL A.C.	15:30.07
3	49	COLLINS Rebecca	91	UNATTACHED	15:56.86
4	87	BARBER Alana	87	UNATTACHED	16:12.04

60mH (0.84m/2'9") SEN Women

Heat:1

1	44	LAVIN Sarah	94	EMERALD A.C.	8.36 NJR
2	282	LAWLER Sandra	90	CELBRIDGE A.C.	8.59
3	81	DAWKINS Shannen	96	ST. JOSEPH'S A.C.	8.96
4	67	FUSSEY Niamh	95	SPRINGWELL RUNNERS A.C.	9.56
5	204	WATTERS Aisling	92	NAVAN A.C.	9.68
6	207	HOWARD Roisin	90	BANDON A.C.	9.70
7	241	SEXTON Lauren	95	ANNALEE A.C.	10.06
8	202	FINNEGAN Sarah	88	CRAUGHWELL A.C.	10.27

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	119	Proper, Kelly	Ferrybank A.C.	5.91	5.86	5.64	5.91	5.81	X	5.91
2	31	McLoone, Mary	Tir Chonaill A.C.	5.76	5.80	5.86	X	X	X	5.86
3	216	Herron, Linzi	City of Lisburn A.C.	5.78	X	X	X	X	5.64	5.78
4	59	O'Shea, Lorraine	Kilkenny City Harriers A.C.	3.10	5.19	X	5.60	5.27	X	5.60
5	203	Heelan, Marie	Emerald A.C.	X	4.40	5.22	4.89	4.88	4.96	5.22
6	207	Howard, Roisin	Bandon A.C.	4.75	4.98	4.90	4.83	4.95	4.98	4.98

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	31	McLoone, Mary	Tir Chonaill A.C.	12.16	12.41	12.31	12.48	12.34	12.22	12.48
2	33	King, Caoimhe	Aughagower A.C.	12.34	12.21	12.34	12.34	X	12.39	12.39
3	32	Devlin, Mary	City of Lisburn A.C.	11.40	11.71	11.54	11.46	11.40	11.77	11.77
4	64	Hill, Fiona	Newbridge A.C.	X	X	10.91	11.21	11.06	11.23	11.23
5	181	Boyle, Patricia	Cranford A.C.	10.61	10.79	10.54	X	10.57	X	10.79
6	195	O'Connor, Sinead	Tralee Harriers A.C.	10.45	10.36	X	9.89	10.25	10.07	10.45
7	202	Finnegan, Sarah	Craughwell A.C.	9.57	9.66	9.66	9.87	X	9.62	9.87

Women's High Jump

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70
1	66	Rogers, Emily	St. Peter's A.C.	-	O	XO	O	O	XXX
2	248	Daniel, Rosemary	Na Fianna A.C.	-	-	O	O	XXX	
2	118	Murphy, Sorcha	Ferrybank A.C.	-	-	O	O	XXX	
4	37	Buckley, Helen	Raheny Shamrock A.C.	-	O	O	XO	XXX	
5	88	McIlmoyle	City of Lisburn A.C.	XO	O	XO	XXX		

Women's Pole Vault

Place	No	Name	Club	2.42	2.82	3.22	3.62	4.07	4.22	4.37
1	30	Brown, Zoe	St. Peter's A.C.	-	-	-	-	XO	XXX	
2	259	Savage, Nikita	Na Fianna A.C.	O	O	XXX				
	18	Wilkinson, Claire	Ferrybank A.C.	-	-	-	XXX			

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	84	Fitzgerald, Claire	Tralee Harriers A.C.	13.72	12.98	13.71	13.17	14.43	14.75	14.75
2	297	Murphy, Niamh	Blarney/Inniscara A.C.	12.61	X	X	11.71	12.16	11.79	12.61
3	361	Fratorelli, Alana	Limerick A.C.	10.57	10.84	11.17	11.31	11.30	11.07	11.31
4	127	Parkinson, Sophie	Gowran A.C.	-	9.76	9.74	10.11	11.03	11.20	11.20
5	247	McCarthy, Sarah	Mid Sutton A.C.	9.76	9.81	9.86	9.90	X	X	9.90
6	362	Lattimore, Nadine	Paraolympics Ireland	6.80	X	X	X	6.07	6.50	6.80
7	1	Dunne, Eilish	Tullamore Harriers A.C.	6.26	6.02	6.10	6.15	X	X	6.26