

**Athletics Ireland - Spring Throws Competition - 21st April 2013**

Place	Numbe	Name	Club	Gen.	D.O.B	Discus					
							<b>Best</b>	1st	2nd	3rd	4th
1	803	Sophie Parkinson Brown	Gowran AC	F	23/09/1994	1kg	<b>45.61</b>	45.61	43.25	43.43	x
2	804	Emma Owens	St Pauls AC	F	21/05/1993	1kg	<b>36.68</b>	36.68	33.68	x	33.85
3	586	Caoimhe Morris	Clonliffe Harriers	F	08/10/1994	1kg	<b>35.59</b>	33.12	35.59	32.96	x
4		Anne Marie Torsney	Fingallians	F		1kg	<b>32.94</b>	30.40	27.29	x	32.94
5		Shauna Hoey	Portlaoise A.C.	F		1kg	<b>27.33</b>	24.19	22.72	27.31	x
6	805	Mieke Kiernan	Raheny Shamrocks	F	19/05/1995	1kg	<b>27.28</b>	27.28	19.40	20.91	25.00
7		Aisling Stack	Portlaoise A.C.	F		1kg	<b>21.63</b>	21.63	20.412	x	20.24
1	808	Eoin Hanrahan	Ennis Track AC	M	18/09/1996	1.50kg	<b>38.38</b>	38.38	x	31.94	37.64
2	806	Seamus Mc Mahon	Shannon A.C.	M	09/04/1996	1.50kg	<b>34.85</b>	x	33.04	x	34.85
3	807	Eoin Sheridan	North Westmeath	M	17/09/1997	1.50kg	<b>33.05</b>	33.05	x	x	31.04
1	809	Paul Collins	North Westmeath	M	12/07/1994	1.75kg	<b>45.45</b>	45.45	44.34	43.57	42.63
2	810	Shane Aston	Trim AC	M	21/06/1994	1.75kg	<b>34.03</b>	x	x	x	34.03
1		Sean Breachnach	Galway City Harriers	M		2.00kg	<b>46.06</b>	46.06	x	x	x
2	811	Michael Conerney	Galway City Harriers	M	30/10/1972	2.00kg	<b>39.53</b>	34.99	39.41	38.17	39.53
3	825	Sam Graine	Crusaders A.C.	M	03/11/1993	2.00kg	<b>38.34</b>	38.34	31.82	34.25	x
<b>Hammer</b>											
							<b>Best</b>	1st	2nd	3rd	4th

1	813	Aoife Vaughan Witts	Borrisokane AC	F	10/06/1997	3kg	<b>47.09</b>	47.09	46.33	x	39.90
2		Michaela Walsh	Swinford	F		3kg	<b>42.87</b>	42.87	42.52	42.25	40.66
3		Shauna Hoey	Porlaoise A.C	f		3kg	<b>36.53</b>	32.22	35.05	33.58	36.53
1	805	Mieke Kiernan	Raheny Shamrocks	F	19/05/1995	4kg	<b>38.41</b>	38.41	33.37	35.71	X
2	586	Caoimhe Morris	Clonliffe Harriers	F	08/10/1994	4kg	<b>38.12</b>	x	38.12	37.62	35.95
3	814	Laura Dolan	Ferbane AC	F	16/06/1995	4kg	<b>33.60</b>	33.60	31.25	32.01	X
4		Aisling Stack	Porlaoise A.C	F		4kg	<b>30.94</b>	30.55	x	x	30.94
1	806	Seamus McMahon	Shannon A.C.	M	09/04/1996	5kg	<b>43.91</b>	38.19	40.44	43.91	x
2	817	James Griffin	Crusaders AC	M	09/01/1996	5kg	<b>43.10</b>	43.10			
3	819	Ronan Birch	Crusaders AC	M	06/04/1997	5kg	<b>41.57</b>	39.62	x	x	41.57
4	818	Conor Walsh	Raheny Shamrocks	M	24/06/1997	5kg	<b>28.15</b>	22.84	28.15	x	x
1		Ciaran Donnelly	Crusaders AC			7.26	<b>41.63</b>	41.63	X	41.24	X

<b>Javelin</b>											
							<b>Best</b>	1st	2nd	3rd	4th
1	812	Michaela Walsh	Swinford AC	F	17/12/1998	500gr	<b>29.70</b>	29.70	29.11	28.44	
2	558	Anne Marie Torsney	Fingallians	F		500gr	<b>20.93</b>	x	15.27	20.93	18.70
1	814	Laura Dolan	Ferbane AC	F	16/06/1995	600gr	<b>28.77</b>	28.74	28.77	28.54	
2	820	Mairead Drewitt	Naas AC	F	15/06/1995	600gr	<b>27.14</b>	27.06	25.30		
3	821	Elaine Corrigan	Naas AC	F	17/02/1994	600gr	<b>26.80</b>	26.48	26.80	x	

1	810	Shane Aston	Trim AC	M	21/06/1994	800gr	<b>44.32</b>	42.60	44.32	43.26	
2	824	Sean Lorinyeko	Tir Chonaill	M	19/07/1997	800gr	<b>29.13</b>	26.09	27.57	29.13	27.88
1	823	Michael Jordan	Naas AC	M	08/05/1997	700gr	<b>31.97</b>	30.27	31.48	31.97	