

Woodie's DIY Irish Indoor Championships
Odyssey Arena, 17/18th February, 2007

Senior Men's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	272	Stanislav, Sajdok	Czech Republic	7.95		7.84
2	303	Janecek, Matus	Slovakia	8.07		8.03
3	18	Mc Donald, Ian	Crusaders A.C.	8.11		8.08
4	271	Sebrle, Roman	Czech Republic	8.11		8.13
5	292	Reynolds, Tom	North Down	8.40		8.41
	74	Sturrock, Andrew	Gateshead Harriers	8.34		DNF
	135	Mc Dermott, Christopher	Roscommon A.C.	8.49		
	313	Mc Glynn, Trevor	Strabane Track Club	8.51		
	408	Hannon, Eoin	Tullamore Harriers A.C.	8.71		
	80	Kirkpatrick, Colin	Keele University	9.68		
	107	Grant, Kevin	Letterkenny A.C.	9.68		
	31	Reynolds, Luke	North Down	DNS		

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	96	Hession, Paul	Athenry A.C.	6.70	6.76	6.63
2	369	Rice, Lloyd	England	6.92	6.82	6.75
3	368	Doyley, Danny	England	6.88	6.83	6.77
4	385	Balogun, Jeffrey	England	6.88	6.95	6.79
5	259	Childs, Seriashe	Cardiff	6.96	6.91	6.92
6	161	O'Donoghue, Jer	Riocht A.C.	6.90	6.91	6.92
1	261	Smyth, Jason	City of Derry	7.03	6.91	6.91
2	297	Kennedy, Ian	Scotland	7.01	7.02	7.02
3	278	Fleming, Craig	Harrow AC	7.03	7.07	7.03
4	4	Duff, Derek	Leevale A.C.	7.10	7.08	7.10
	83	Fleming, Stephen	Crusaders A.C.	7.05	7.05	DNS
	423	Mc Namara, Carl	Leevale A.C.	7.11	7.03	DISQ
	160	Hynes, David	Menapians A.C.	7.12	7.13	

46	Kavanagh, Daniel	Clonliffe Harriers A.C.	7.11	7.14
265	Charters, Steven	City of Edinburgh	7.12	7.14
140	Hogan, Nick	Dundrum South Dublin A.C.	7.15	7.16
422	Laffey, John	Clonliffe Harriers A.C.	7.16	7.19
57	Barnett, Tony	Tralee Harriers A.C.	7.08	DNS
68	Upton, Barry	Menapians A.C.	7.16	
72	Moor, Thomas	Scotland	7.17	
1407	Cogley,	Kevin Menapians A.C.	7.17	
138	Miller, Jonathan	Dundrum South Dublin A.C.	7.20	
3	O'Donovan, Darren	Leevale A.C.	7.20	
92	O'Shea, David	Dooneen	7.22	
98	Mahoney, Alan	Menapians A.C.	7.22	
201	Mc Carron, Patrick	Glaslough Harriers A.C.	7.22	
85	Graham, Andrew	Lagan Valley	7.22	
299	Daly, Philip	Shercock A.C.	7.25	
13	Smith, Dermot	Navan A.C.	7.26	
100	Monaghan, Joseph	Navan A.C.	7.31	
117	Hynes, Michael	Raheny Shamrock A.C.	7.32	
136	O'Caithan, Ciaran	Roscommon A.C.	7.36	
81	Adams, Dean	Ballymena & Antrim A.C.	7.36	
313	Mc Glynn, Trevor	Strabane Track Club	7.41	
103	Matthews, Niall	Navan A.C.	7.42	
255	Rush, Aidan	Canon Burke AC	7.43	
99	Stapleton, Derek	Navan A.C.	7.43	
115	O'Donohue, Barry	Raheny Shamrock A.C.	7.50	
158	Graham, Ian	Clonliffe Harriers A.C.	7.50	
6	Quilligan, David	Leevale A.C.	7.51	
113	Hensey, Ger	Tullamore Harriers A.C.	7.52	
250	Houston, John	Ballymena & Antrim A.C.	7.53	
121	Jackman, Adrian	Menapians A.C.	7.56	
101	Tango, Jason	Navan A.C.	7.57	
141	Purcell, Gerard	Tallaght A.C.	7.59	
416	O'Loughlin, Cian	Navan A.C.	7.59	
34	Blanc, Jason	North Down	7.62	
159	Kinsella, Lorcan	Dundrum South Dublin A.C.	7.63	
39	Walkin, John	Mayo A.C.	7.64	
9	Costello, David	U.C.D. A.C.	7.66	
84	Peoples, Malcolm	City of Derry	7.72	

118	Connolly, Jack	Raheny Shamrock A.C.	7.72
14	Whelan, David	Navan A.C.	7.73
63	Collins, John		7.76
256	Mc Namee, Adrian	Canon Burke AC	7.91
274	Mc Grady, Aaron	East Down	8.03
97	Gillen, Daniel	Athenry A.C.	8.10
79	Leckie, Rod	Lagan Valley	8.23
409	Clinton, Tom	Navan A.C.	8.45
315	Mc Bride, Donald	Unattached	8.87
281	Hughes, Adam	Menapians A.C.	DNS
251	Carleton, Jonathon	Ballymena & Antrim A.C.	DNS

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	368	Doyley, Danny	England	21.98		21.57
2	385	Balogun, Jeffrey	England	22.01		21.62
3	160	Hynes, Daniel	Menapians A.C.	22.42		22.3H
4	4	Duff, Derek	Leevale A.C.	22.50		22.48
1	423	Mc Namara, Carl	Leevale A.C.	22.53		22.34
2	278	Fleming, Craig	Harrow AC	22.75		22.44
3	140	Hogan, Nick	Dundrum South Dublin A.C.	22.57		22.63
4	271	Sebrle, Roman	Czech Republic	22.78		
	265	Charters, Steven	City of Edinburgh	22.79		
	68	Upton, Barry	Menapians A.C.	22.96		
1407		Cogley, Kevin	Menapians A.C.	22.97		
	98	Mahoney, Alan	Menapians A.C.	23.09		
	65	O'Brien, Nathan	Kilkenny City Harriers A.C.	23.10		
	117	Hynes, Michael	Raheny Shamrock A.C.	23.28		
	116	Davis, Jamie	Raheny Shamrock A.C.	23.40		
	13	Smith, Dermot	Navan A.C.	23.45		
	159	Kinsella, Lorcan	Dundrum South Dublin A.C.	23.59		
	114	Kelly, Kieran	Raheny Shamrock A.C.	23.72		
	403	Lynch, Colm	Iveragh A.C.	23.72		
	85	Graham, Andrew	Lagan Valley	23.83		
	121	Jackman, Adrian	Menapians A.C.	23.87		
	250	Houston, John	Ballymena & Antrim A.C.	23.90		

255	Rush, Aidan	Canon Burke AC	24.01
44	O'Shea, Gerard	Dooneen A.C.	24.08
395	Kedney, Rory	Menapians A.C.	24.17
95	Mc Cormack, Shane	Menapians A.C.	24.21
100	Monaghan, Joseph	Navan A.C.	24.24
99	Stapleton, Derek	Navan A.C.	24.30
81	Adams, Dean	Ballymena & Antrim A.C.	24.37
296	Woods, Allister	Orchard County	24.41
299	Daly, Philip	Shercock A.C.	24.42
113	Hensey, Ger	Tullamore Harriers A.C.	24.66
141	Purcell, Gerard	Tallaght A.C.	25.24
14	Whelan, David	Navan A.C.	25.25
115	O'Donohue, Barry	Raheny Shamrock A.C.	25.34
312	Mc Ateer, Seamus	Strabane Track Club	25.55
256	Mc Namee, Adrian	Canon Burke AC	25.73
143	Kelly, John	Tallaght A.C.	26.95
409	Clinton, Tom	Navan A.C.	28.75
315	Mc Bride, Donald	Unattached	30.06
63	Collins, John		DNS
305	Heaney, Gareth	St.Patrick's	DNS
369	Rice, Lloyd	England	DNS

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	375	Mc Kee, Paul	Beechmount Harriers A.C	48.41		47.56
2	156	Doyle, Brian	Finn Valley A.C.	48.37		48.09
3	370	Ademuyewo, Adeb Owale	Wales	49.17		48.44
4	386	Fernandez, Andre	England	48.10		49.89
1	138	Miller, Jonathan	Dundrum South Dublin A.C.	49.98		49.76
2	71	Taggart, Simon	Donore Harriers A.C.	50.67		50.10
3	22	Ware, Kieran	Togher A.C.	51.02		50.26
4	417	Opperman, Paul	Dublin City Harriers A.C.	51.20		51.27
	91	Glynn, Brian	Dooneen A.C.	51.22		
	73	Strange, Alasdair	Scotland	51.23		
	7	Owens, Cathal	Leevale A.C.	51.66		
	116	Davis, Jamie	Raheny Shamrock A.C.	51.68		

55	Phelan, Patrick	Tralee Harriers A.C.	51.88
201	Mc Carron, Patrick	Glaslough Harriers A.C.	52.24
267	Williamson, Josh	City of Lisburn	52.51
95	Mc Cormack, Shane	Menapians A.C.	52.55
114	Kelly, Kieran	Raheny Shamrock A.C.	52.82
86	O'Neill, Gary	Leeds City	53.03
252	Newburn, Matt	Ballymena & Antrim A.C.	53.28
395	Kedney, Rory	Menapians A.C.	53.39
44	O'Shea, Gerard	Dooneen A.C.	53.55
147	Ruxton, Kevin	Shercock A.C.	53.57
311	O'Doherty, Kevin	Strabane Track Club	53.85
296	Woods, Allister	Orchard County	54.00
401	Kidd, Andrew	Dundrum South Dublin A.C.	54.08
102	Reilly, Emmet Peter	Navan A.C.	54.25
305	Heaney, Gareth	St.Patrick's	65.39
392	Hort, Peter	Slovakia	DNS
14	Whelan, David	Navan A.C.	DNS
266	Murphy, Brendan	City of Lisburn	DNS

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	371	Koech, Justus	Kenya	1.50.53		1.51.02
2	378	Reale, Liam	Limerick A.C.	1.53.50		1.51.19
3	26	Turnbull, Gareth	St. Malachy'S A.C.	1.52.26		1.51.47
4	49	Mc Carthy, David	Le Cheile A.C.	1.54.94		1.51.70
5	280	Pelikan, Josh	Slovakia	1.52.71		1.51.77
6	300	O'Shea, Brendan	Slaney Olympic A.C.	1.54.69		1.55.39
	10	Nolan, James	U.C.D. A.C.	1.50.76		
	70	Warne, Joe	Doheny A.C.	1.54.72		
	298	Mc Cloy, Kevin	Shercock A.C.	1.55.75		
	82	Morrow, Steven	Ballymena & Antrim A.C.	1.55.98		
	48	Healy, Conor	Clonliffe Harriers A.C.	1.57.75		
	59	Fahy, Karl	Rathfarnham W.S.A.F. A.C.	1.57.99		
	148	Mc Dermott, Dermot	Sligo A.C.	1.59.53		
	109	Mooney, Daniel	Letterkenny A.C.	1.59.60		
	27	Pascal, Jorge	Soria AC	2.01.20		

310	Stewart, Darren	Strabane Track Club	2.01.97
124	Mc Daid, Ryan	Finn Valley A.C.	2.03.37
123	Connolly, Aiden	Finn Valley A.C.	2.03.44
106	Sheil, Niall	St.Killian's	2.03.82
268	Stuart, Brown	City of Lisburn	2.07.51
306	Collins, John	St.Patrick's	2.08.59
282	O'Flaherty, David	Newcastle AC	2.09.92
78	Robinson, Niall	North Down	2.10.74
137	Kiernan, Kenneth	Brothers Pearse A.C.	2.11.56
89	Wilson, Adrian	Lifford A.C.	2.15.61
307	Donnelly, Niall	St.Patrick's	2.18.19

Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	Turnbull, Gareth	St. Malachy'S A.C.	4.04.02		3.44.28
2	293	Brondbo, Joachim	Norway	3.59.08		3.46.21
3	20	Mc Cartan, Pat	West Limerick A.C.	4.01.26		3.52.47
4	41	Dunleavy, Emmet	Sligo A.C.	3.59.87		3.52.97
5	40	Conroy, Martin	Sligo A.C.	4.00.21		3.53.98
6	76	Hill, Gareth	Ballymena & Antrim A.C.	4.05.08		3.55.31
7	153	Markham, Brian	Ennis Track A.C.	4.02.00		3.55.88
8	131	King, James	Milford A.C.	4.00.64		3.56.99
9	149	Cummins, Eoin	Crusaders A.C.	4.00.28		4.03.19
	151	Moriarty, Kevin	Raheny Shamrock A.C.	4.00.74		
	53	Coughlan, Garrett	Crusaders A.C.	4.03.05		
	30	Budde, James	North Down	4.06.30		
	28	Dyre, Michael	North Down	4.07.33		
	146	Leddingham, James	West Waterford A.C.	4.08.56		
	276	James, O'Hare	East Down	4.11.97		
	60	Kearns, Ronan	Rathfarnham W.S.A.F. A.C.	4.12.38		
	291	Jordan, Neil	North Down	4.12.42		
	289	Carlisle, John	North Down	4.17.1H		
	245	Mc Daid, Erin	Armagh AC	4.20.75		
	247	Fox, Michael	Armagh AC	4.23.39		
	415	Mc Donagh, Morgan	Dunboyne A.C.	4.23.76		
	152	Kenny, Simon	Crusaders A.C.	4.27.84		

308	Heaney, Patrick	St.Patrick's AC	4.36.43
111	Mc Fadden, Sean	Letterkenny A.C.	4.44.0H
243	Carleton, Owen	Abbey AC	DNS
378	Reale, Liam	Limerick A.C.	DNS
142	Fitzsimons, Robert	Tallaght A.C.	DNS
29	Marsh, Francis	North Down	DNS

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	Christie, Mark	Mullingar Harriers A.C.			7.58.12
2	388	Anishcenko, Stanislav	Russia			8.04.16
3	66	Maher, Brian	Kilkenny City Harriers A.C.			8.13.30
4	61	Ryan, Mark	Rathfarnham W.S.A.F. A.C.			8.38.17
5	25	Murphy, Craig	Togher A.C.			8.39.22
6	161	Meade, Fergus	East Cork A.C.			8.39.27
7	244	Taylor, Simon	Abbey AC			8.41.30
8	2	Turner, Colm	Limerick A.C.			8.41.47
9	120	Dennehy, Cathal	Emerald A.C.			8.41.92
10	8	Mc Gee, Conor	Lucan Harriers A.C.			8.44.18
11	383	Connolly, Robert	Dundrum South Dublin A.C.			8.46.71
12	410	Mc Donnell, Rory	Dunboyne A.C.			8.50.98
13	155	Malseed, Robert	Clonliffe Harriers A.C.			8.56.97
14	285	Flanagan, Conor	North Belfast Harriers			8.59.73
15	277	Cassidy, Patrick	Glaslough Harriers A.C.			8.59.88
16	284	Doherty, Andrew	North Belfast Harriers			9.11.43
17	287	Mc Afferty, Sean	North Belfast Harriers			9.15.48
18	275	Teer, Brendan	East Down			9.36.96
20	283	Rodgers, Richard	Newcastle AC			10.06.95
	130	Mullaney, Shane	Moycarkey Coolcree A.C.			NT

Senior Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	379	Fernandez, Francisco	Spain			18.24.13
2	21	Heffernan, Robert	Togher A.C.			19.11.58

3	93	Griffin, Colin	Ballinamore A.C.	19.36.42
4	380	Silva, Jorge	Spain	20.25.80
5	304	Blazek, Michal	Slovakia	21.19.72
6	132	Boyce, Brendan	Milford A.C.	22.27.93
7	104	Kidd, David	St. L. O'Toole A.C.	22.31.64
8	50	Egan, John	Bree A.C.	22.44.12
9	42	O'Domhnaill, Brian	Finn Valley A.C.	22.48.61
10	384	Doyle, Michael	Cushinstown A.C.	23.11.13
11	128	Fitzpatrick, Paul	Shercock A.C.	23.12.94
12	19	Prendiville, Niall	Farranfore Maine Valley A.C.	26.10.93

Senior Men's High Jump

Place	No	Name	Club	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.18
1	17	Crowley, Mark	Dublin City Harriers A.C.	-	-	-	-	-	-	-	O	O	O	XO	XXX
2	420	Flanagan, Caolan	Ballymena & Antrim A.C.	-	-	-	-	-	-	-	O	O	XXO	XXX	
2	391	Benko, Lubus	Slovakia	-	-	-	-	-	-	O	O	O	XXO	XXX	
4	47	Crowley, Christopher	Belgooly A.C.	-	-	-	-	-	-	-	O	O	XXX		
5	302	Kalafus, Martin	Slovakia	-	-	-	-	-	-	O	XO	XO	XXX		
6	52	Foroughi, Kouros	Star of the Sea A.C.	-	-	-	O	-	XO	O	XXO	XXO	XXX		
7	75	Harvey, Jason	Lagan Valley	-	-	-	O	O	O	O	XXX				
8	88	Coulter, Gary	Ballymena & Antrim A.C.	-	-	-	O	-	XXO	O	XXX				
9	264	Herron, Simon	City of Derry	-	-	-	O	O	XXO	XXX					
10	107	Grant, Kevin	Letterkenny A.C.	O	O	XO	O	XXX							
11	288	Reynolds, Benjamin	North Down	O	O	XXX									

Senior Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	390	Dobrovodsky, A	Slovakia	6.99	6.93	6.87	7.32	6.81	6.89	7.32
2	38	O'Farrell, Darragh	Borrisokane A.C.	6.97	7.03	6.66	7.02	X	7.16	7.16
3	83	Fleming, Stephen	Crusaders A.C.	7.16	X	X	X	X	X	7.16
4	421	Bourke, Brendan	Limerick A.C.	6.02	6.68	X	X	7.09	7.02	7.09
5	47	Crowley, Christopher	Belgooly A.C.	6.77	6.79	6.90	6.91	X	X	6.91
6	408	Hannon, Eoin	Tullamore Harriers A.C.	6.69	6.74	6.86	6.83	6.81	X	6.86
7	77	Ritchie, Jonathan	Ballymena & Antrim A.C.	6.64	6.70	6.82	6.82	X	6.77	6.82
8	112	Marshall, Brendan	Mullingar Harriers A.C.	6.32	6.52	6.40	6.60	6.50	4.00	6.60
9	314	Fisher, Brendan	Team Southampton	6.44	X	6.15				6.44

10	242	Kennedy, Alan	Abbey Striders A.C.	4.66	6.30	5.95	X	X	X	6.30
11	158	Graham, Ian	Clonliffe Harriers A.C.	6.19	X	X	X	X	X	6.19
12	6	Quilligan, David	Leevale A.C.	6.15	X	X				6.15
13	34	Blanc, Jason	North Down	5.54	5.84	5.80				5.84
14	118	Connolly, Jack	Raheny Shamrock A.C.	3.70	5.69	5.61				5.69
15	274	Mc Grady, Aaron	East Down	3.74	5.49	5.57				5.57
16	63	Collins, John		5.19	X	X				5.19
17	419	Gomm, David	Raheny Shamrock A.C.	3.30	X	3.26				3.30

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	301	Hruska, Marian	Slovakia	X	15.18	X	X	15.04	15.01	15.18
2	36	Finnegan, Denis	U.C.C. A.C.	13.87	13.57	14.08	13.97	13.56	14.04	14.08
3	77	Ritchie, Jonathan	Ballymena & Antrim A.C.	X	13.58	13.53	14.08	13.98	13.82	14.08
4	45	Mattiuzzo, Marco	Clonliffe Harriers A.C.	12.94	12.96	13.82	12.75	13.45	12.86	13.82
5	15	Counihan, Niall	Dooneen A.C.	13.79	13.25	13.27	X	13.16	13.60	13.79
6	51	Finnegan, William	Craughwell A.C.	12.46	12.56	12.52	12.68	12.62	12.41	12.68
7	262	Ferguson, Johnny	City of Derry	X	12.09	12.07	X	11.88	12.33	12.33
8	84	Peoples, Malcolm	City of Derry	11.86	11.84	11.66	X	11.48	X	11.86

Senior Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	56	Kelly, Kieran	Fr. Murphy A.C.	17.03	15.54	16.46	15.32	X	16.55	17.03
2	271	Sebrle, Roman	Czech Republic	14.93	15.21	15.73	-	X	15.26	15.73
3	32	Harper, Jeremy	North Down	14.01	14.19	13.83	X	X	14.67	14.67
4	94	O'Reilly, Mathew	Shercock A.C.	11.04	11.51	X	11.07	11.41	11.54	11.54
5	129	Fitzpatrick, Hugh	Shercock A.C.	10.59	10.82	11.00	11.18	10.72	11.18	11.18
6	90	Mc Hugh, Mark	Lifford A.C.	9.38	9.49	9.09	9.71	9.04	X	9.71

Senior Men's Pole Vault

Place	Name	Club	2.75	2.90	3.05	3.20	3.35	3.50	3.65	3.75	3.85	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65
1	Mc Conville, Brendan	North Down	-	-	-	-	-	-	-	-	-	-	-	-	-	-	O	XO	XXX
1	Mc Creery, Anthony	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	O	XO	XXX
3	Walker, Leigh	Dublin City Harriers A.C.	-	-	-	-	-	-	-	-	-	-	O	O	-	XXO	-	XO	XXX
4	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	-	-	-	-	-	-	-	XO	O	XXO	XXX
5	Reynolds, Tom	North Down	-	-	-	-	-	-	-	-	O	-	O	O	O	O	XXX	-	-
6	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	-	-	-	-	XO	-	-	XXX
7	Houlihan, Liam	West Waterford A.C.	-	-	-	-	-	-	-	-	O	-	O	-	O	XXO	XXX	-	-
8	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	-	-	-	-	-	O	-	XO	-	XXX	-	-	-	-

9 Whyte, Richard	Brothers Pearse A.C.	-	-	-	-	-	-	XO	-	XXX
10 Flanagan, James	Youghal A.C.	O	O	-	XXO	O	O	XXX		
11 Reynolds, Benjamin	North Down	O	-	O	O	O	XXX			
12 Grant, Kevin	Letterkenny A.C.	-	O	O	XXX					

Senior Women's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	195	Byrne, Leona	St. L. O'Toole A.C.			9.12
2	394	Slanickova, Lucia	Slovakia			9.21
3	238	Dillon, Avril	Dundrum South Dublin A.C.			9.45
4	169	Byrd, Katey	Leevale A.C.			9.52
	329	Mc Mahon, Colleen	Belfast Royal Academy			DNF

Senior Women's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	325	Boyle, Anna	Ballymena & Antrim A.C.	7.43		7.38
2	163	Mc Sweeney, Ailis	Leevale A.C.	7.62		7.64
3	194	Brady, Claire	Celbridge A.C.	7.62		7.64
4	212	Foster, Amy	North Down	7.71		7.69
5	377	Eritsland, Siri	Norway	7.69		7.73
6	376	Sand, Heidi Berg	Norway	7.75		7.89
	164	Mc Ardle, Louise	Leevale A.C.	7.93		
	389	Sjaastad, Trine	Norway	7.94		
	238	Dillon, Avril	Dundrum South Dublin A.C.	7.96		
	226	Hynes, Gemma	Galway City Harriers A.C.	7.98		
	165	O'Shea, Cliona	Leevale A.C.	DNS		
	200	Anglim, Roisin	Fingallians A.C.	DNS		
	350	Quinn, Jennifer	Lagan Valley			
	218	Smith, Michelle	Dunboyne A.C.			
	205	Miskelly, samantha	City of Derry			
	169	Byrd, Katey	Leevale A.C.			
	349	Witten, Heather-Joy	Lagan Valley			
	318	Lennon, Donna	Abbey AC			
	168	Gould, Aisling	Leevale A.C.			
	351	Mc Devitt, Judith	Lagan Valley			
	328	Lyttle, Rosanne	Beechmount Harriers A.C			

Senior Women's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	226	Hynes, Gemma	Galway City Harriers A.C.	25.71		25.36
2	389	Sjaastad, Trine	Norway	25.78		25.64
3	376	Sand, Heidi Berg	Norway	25.80		25.72
	206	Peters, Emma	Cardiff A.C.	25.77		DNF
1	346	Quinn, Sarah	City of Lisburn	26.05		25.59
2	207	Lewis, Hannah	North Down	25.84		25.78
3	377	Eritsland, Siri	Norway	26.23		26.00
4	322	Rodgers, Michelle	Abbey AC	26.43		26.29
	164	Mc Ardle, Louise	Leevale A.C.	26.69		
	321	Whiteside, Leigh	Abbey AC	27.01		
	214	Chambers, Laura	UWIC	27.02		
	233	Moggan, Rioghna	Brothers Pearse A.C.	27.25		
	165	O'Shea, Cliona	Leevale A.C.	27.43		
	218	Smith, Michelle	Dunboyne A.C.	27.69		
	326	Bell, Lauren	Ballymena & Antrim A.C.	27.74		
	221	Cardiff, Elaine	Kilmore A.C.	27.81		
	168	Gould, Aisling	Leevale A.C.	28.74		
	219	O'Kane, Sinead	Dunboyne A.C.	30.22		
	227	Giblin, Susan	Raheny Shamrock A.C.	DNS		

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	319	Mc Caffrey, Elaine	Abbey AC	56.85		56.54
2	206	Peters, Emma	Cardiff A.C.	57.77		56.75
3	394	Slanickova, Lucia	Slovakia	56.76		56.89
	177	Andrews, Marian	Togher A.C.	57.05		DNS
1	346	Quinn, Sarah	City of Lisburn	57.92		56.91
2	167	Zebo, Jessika	Leevale A.C.	58.14		57.29
3	322	Rodgers, Michelle	Abbey AC	58.60		57.39

4	221	Cardiff, Elaine	Kilmore A.C.	61.32	61.05
	224	Mc Glynn, Clare	Templeogue A.C.	61.70	
	418	Neary, Katie	Abbey AC	61.80	
	191	Kelly, Dawn	Belgooly A.C.	62.12	
	178	O'Driscoll-Collins, Ailbhe	Dooneen A.C.	63.42	
	227	Giblin, Susan	Raheny Shamrock A.C.	69.16	
	219	O'Kane, Sinead	Dunboyne A.C.	72.33	

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	338	Reid, Kelly	City of Lisburn	2.15.5H		2.08.73
2	355	Harty, Kerry	Newcastle AC	2.16.8H		2.13.57
3	393	Janickova, Stanislava	Slovakia	2.20.0H		2.14.46
4	196	Scriven, Laura	St. L. O'Toole A.C.	2.20.8H		2.14.49
5	397	Russell, Cora	Dunleer A.C.	2.16.2H		2.16.70
6	343	Monteith, Lynsey	City of Lisburn	2.20.5H		2.18.69
	176	Treacy, Fodhla	Dublin City Harriers A.C.			2.21.5H
	348	Rainey, Ann	Lagan Valley			2.21.8H
	317	Mc Court, Caitriona	Abbey AC			2.22.6H
	316	Mc Auley, Caitlin	Abbey AC			2.27.6H
	327	Mc Grath, Katie	Beechmount Harriers A.C			2.35.4H
	332	Mc Parland, Sinead	Canon Burke			2.36.1H
	356	Craig, Jessica	North Down			2.41.0H
	225	Doyle, Ann	Gowran A.C.			2.41.7H

Senior Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	338	Reid, Kelly	City of Lisburn			4.21.01
2	190	Drumm, Orla	U.C.C. A.C.			4.25.32
3	230	Brady, Aoife	Navan A.C.			4.31.42
4	213	Davis, Wendy	Lagan Valley			4.35.09
5	220	Kehoe, Fiona	Kilmore A.C.			4.55.57
6	324	Neary, Sarah	Abbey AC			5.00.77
7	323	Mc Gowan, Sarah	Abbey AC			5.16.48

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	190	Drumm, Orla	U.C.C. A.C.			9.46.52
2	188	Curley, Pauline	Tullamore Harriers A.C.			9.51.37
3	347	Mc Cool, Clodagh	Finn Valley A.C.			10.18.08
4	402	Reilly, Louise	Annalee A.C.			10.23.39
5	198	Leonard, Helen	Rathfarnham W.S.A.F. A.C.			11.26.58

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	183	O'Sullivan, Gillian	Farranfore Maine Valley.			12.40.81
2	366	Czakova, Maria	Slovakia			14.50.15
3	236	Reynolds, Laura	Mohill A.C.			14.57.35
4	174	Carolan, Donna	Inbhear Dee A.C.			15.16.04
5	404	Flynn, Rachel	Sligo A.C.			16.08.81
6	179	Fenlon, Verena	St. Joseph'S A.C.			16.53.66

Senior Women's High Jump

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90
1	381	Ryan, Deirdre	DSE A.C.	-	-	-	-	-	O	O	XO	XXX
2	173	Heveran, Sharon	Westport A.C.	-	-	-	-	O	O	O	XXX	
2	361	Kufaas, Stine	Norway	-	-	-	-	O	O	O	XXX	
4	373	Srnkova, Iveta	Slovakia	-	-	-	O	O	XO	XXX		
5	197	Hughes, Pamela	Westport A.C.	-	-	O	O	O	XXO	XXX		
6	365	Abelova, Klara	Slovakia	-	-	O	XO	XXO	XXX			
7	342	Herron, Lynsey	City of Lisburn	-	O	XO	XO	XXX				
8	382	Buckley, Helen	Raheny Shamrock A.C.	-	O	O	XXO	XXX				
9	192	O'Rourke, Grace	Dundrum South Dublin.	-	-	O	XXX					
9	215	Wilkinson, Claire	Ballymena & Antrim A.C.	-	O	O	XXX					
11	234	Moggan, Grainne	Brothers Pearse A.C.	-	XO	O	XXX					
12	320	Neary, Katie	Abbey AC	O	O	XXO	XXX					
13	217	Mc Namara, Claire	Athenry A.C.	-	O							

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	387	Radevica, Ineta	Latvia	6.08	6.21	X	5.95	6.02	X	6.21
2	187	Proper, Kelly	Ferrybank A.C.	6.05	6.14	X	6.19	6.16	X	6.19
3	195	Byrne, Leona	St. L. O'Toole A.C.	5.37	X	5.68	X	5.68	X	5.68
4	414	Gault, Mandy	Lagan Valley A.C.	X	5.50	5.46	5.53	X	X	5.53
5	342	Herron, Lydsney	City of Lisburn	5.51	5.38	5.36	5.40	5.22	5.39	5.51
6	207	Lewis, Hannah	North Down	5.45	5.42	5.39	5.33	5.29	5.46	5.46
7	357	Hewitt, Katie	North Down	4.92	4.86	5.12	X	4.93	4.87	5.12
8	334	Heaney, Shannon	City of Derry	4.80	4.84	4.78	4.84	4.74	4.72	4.84
9	350	Quinn, Jennifer	Lagan Valley	X	4.75	4.79				4.79
10	349	Witten, Heather-Joy	Lagan Valley	4.18	X	X				4.18

Senior Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	364	Beskrovnaja, Irina	Slovakia	13.27	13.40	13.38	13.37	13.30	13.29	13.40
2	239	Kerr, Gillian	Finn Valley A.C.	X	12.70	12.73	12.71	X	12.72	12.73
3	208	Barry, Sara	Dundrum South Dublin A.C.	11.99	12.29	12.42	12.38	12.41	X	12.42
4	333	Ferguson, Kiara	City of Derry	10.50	10.39	10.14	10.15	X	9.85	10.50
5	352	Frey, Laura	Lagan Valley	10.47	X	X	X	10.29	10.40	10.47
6	336	Porteous, Debbie	City of Lisburn	10.29	10.27	10.47	10.28	10.36	10.35	10.47
7	339	Loughlin, Laura	City of Lisburn	10.11	10.16	10.21	10.03	X	X	10.21

Senior Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	358	Massey, Eva	North Down	14.68	14.92	14.71	14.07	14.03	14.19	14.92
2	199	Stewart, Geraldine	Tír Chonaill A.C.	11.99	12.06	12.06	11.64	11.86	12.84	12.84
3	180	Cogan, Laura	Newbridge A.C.	12.66	12.12	12.35	12.10	12.11	12.33	12.66
4	354	Brown, Jenny	Mid-Ulster	10.31	10.75	11.29	11.80	11.00	11.35	11.80
5	210	Mc Aleese, Clare	Ballymena & Antrim A.C.	10.05	9.99	X	10.09	X	10.86	10.86
6	237	Ryan, Catriona	Unattached	9.94	9.86	9.73	10.17	9.66	9.67	10.17
7	353	Glover, Lynsey	Lagan Valley	8.27	8.04	8.16	8.77	7.69	8.42	8.77

Senior Women's Pole Vault

Place	No	Name	Club	2.30	2.45	2.60	2.75	2.90	3.05	3.20	3.65	3.75
1	363	Brown, Zoe	Shaftsbury Barnet	-	-	-	-	-	-	-	XXO	XXX
2	215	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	XO	O	XO	XXX		
3	181	O'Meara, Edel	Borrisokane A.C.	-	-	O	O	O	XXX			
4	231	Ryan, Sarah	Youghal A.C.	O	XXO	XO	XXX					