

**Women's 100 m****Wind : +4**

<b>Place Name</b>	<b>Club</b>	<b>Time</b>
1 Ciara Sheehy	Dublin City Harriers A.C.	11.66
2 Lucy Sargeant	England	11.80
3 Johnelle Gibbons	England	11.97
4 Ailis Mc Sweeney	Leevale A.C.	11.98
5 Louise Kiernan	Fingallians A.C.	12.02
7 Hannah Todd	Ballymena & Antrim A.C.	12.46
8 Zita Murphy	Dundrum South Dublin A.C.	12.48

**Women's 200 m****Wind : +3.7**

<b>Place Name</b>	<b>Club</b>	<b>Time</b>
1 Ciara Sheehy	Dublin City Harriers A.C.	23.76
2 Lucy Sargeant	England	24.30
3 Johnelle Gibbons	England	25.12
4 Hannah Todd	Ballymena & Antrim A.C.	25.95
Zita Murphy	Dundrum South Dublin A.C.	DNF

**Women's 1500 m**

<b>Place Name</b>	<b>Club</b>	<b>Time</b>
1 Aoife Brady	Sportsworld A.C.	4.44.07
2 Jean Wilson	Sportsworld A.C.	4.46.83
3 Catriona Mc Granagha	Finn Valley A.C.	4.47.77
4 Eimear O'Brien	Sligo A.C.	4.49.56
5 Clair Phelan	St. Abbans A.C.	4.55.4H
6 Mary O'Connor	Ferrybank A.C.	5.05.2H
7 Helen Murphy	Metro/St. Brigid's A.C.	5.07.2H
8 Laura Shaughnessy	Loughrea A.C.	5.18.0H
9 Rachel Kilgannon	North Sligo A.C.	5.22.9H
10 Emma Neary	North Sligo A.C.	5.30.1H
Eimear Cullen	North Sligo A.C.	DNF

**Women's 3km Walk**

<b>Place Name</b>	<b>Club</b>	<b>Time</b>
1 Georgina Touhy	Tullamore Harriers A.C.	15.42.6
2 Rachel Flynn	Sligo A.C.	16.36.8
3 Nicola Alcorn	Finn Valley A.C.	18.13.0
4 Celia Butler		18.13.8

**Men's 100 m**

Wind : +5

**Place Name**

- 1 Ryan Mosley
- 2 Gavin Eastman
- 3 Gordon Kennedy
- 4 Jonathon Carleton
- 5 Carl Mc Namara

**Race 1****Club**

- Barbados
- England
- Tullamore Harriers A.C.
- Ballymena & Antrim A.C.
- Leevale A.C.

**Time**

- 10.31
- 10.33
- 10.59
- 10.67
- 10.71

**Men's 100 m****Place Name**

- 1 John Laffey
- 2 Darren O'Donovan
- 3 Ciaran O'Cathain
- 4 Nick Hogan
- 5 Trevor Mc Glynn

**Race 2****Club**

- Clonliffe Harriers A.C.
- Leevale A.C.
- Roscommon A.C.
- Dundrum South Dublin A.C.
- Strabane Track Club

**Time**

- 11.15
- 11.17
- 11.29
- 11.36
- 11.48

**Men's 200 m**

Wind : +3.4

**Place Name**

- 1 Ryan Mosley
- 2 Gavin Eastman
- 3 Gordon Kennedy
- 4 Carl Mc Namara
- 5 Jonathon Carleton
- 6 Paul Opperman

**Race 1****Club**

- Barbados
- England
- Tullamore Harriers A.C.
- Leevale A.C.
- Ballymena & Antrim A.C.
- Dublin City Harriers A.C.

**Time**

- 21.23
- 21.30
- 21.49
- 21.94
- 22.49
- 22.68

**Men's 200 m****Place Name**

- 1 Nick Hogan
- 2 John Laffey
- 3 Darren O'Donovan
- 4 Alan Baird
- 5 Rory Kedney

**Race 2****Club**

- Dundrum South Dublin A.C.
- Clonliffe Harriers A.C.
- Leevale A.C.
- Annadale Striders A.C.
- Menapians A.C.

**Time**

- 22.31
- 22.38
- 22.57
- 22.79
- 23.35

**Men's 400 m****Place Name**

- 1 Gareth Warburton
- 2 Liam O'Brien
- 3 Kevin Mc Cloy
- 4 Jamie Davis
- 5 Billy Ryan
- 6 Michael Kennedy

**Club**

- Wales
- Togher A.C.
- Shercock A.C.
- Raheny Shamrock A.C.
- Ferrybank A.C.
- U.C.D. A.C.

**Time**

- 50.14
- 50.92
- 51.05
- 51.80
- 52.33
- 53.76

**Men's 800 m**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Eoin Everard	Kilkenny City Harriers A.C.	1.55.09
2	Eoin Flynn	Rathfarnham W.S.A.F. A.C.	1.59.09
3	Brendan O'Shea	Menapians A.C.	2.01.47
4	Tommy Carroll	North Sligo A.C.	2.02.5H
5	Niall Sheil	St. Killian's A.C.	2.07.21
6	Dara Furey	City of Derry	2.13.55

**Men's 1500 m Junior**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Noel Collins	Omagh A.C.	4.08.64
2	Ryan Monaghan	North Sligo A.C.	4.09.72
3	Adrian Gilbane	Dundrum South Dublin A.C.	4.13.56
4	Owen Rowan	North Sligo A.C.	4.14.24
5	Darren Stewart	Strabane Track Club	4.19.49
6	Thomas Kelly	North Sligo A.C.	4.20.53
7	Michael Gilligan	North Sligo A.C.	4.26.98
8	Jamie Crawford	Strabane Track Club	4.32.81
9	Fionn Mc Caffrey	North Sligo A.C.	4.42.46
10	Bruno Clibber	Sligo A.C.	5.03.3H

**Men's 3000 m**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Brian Maher	Kilkenny City Harriers A.C.	8.26.90
2	Seamus Power	Kilmurray/Ibrickane A.C.	8.28.41
3	Gary O'Hanlon	Clonliffe Harriers A.C.	8.31.02
4	Emmet Dunleavy	Sligo A.C.	8.38.63
5	Fintan Mc Gee	Lucan Harriers A.C.	8.42.57
6	Michael Clohisey	Raheny Shamrock A.C.	8.43.67
7	Tomas Sen Fitzpatrick	Tallaght A.C.	8.56.67
8	Paddy Brennan	North Sligo A.C.	9.00.19
9	Patrick Cassidy	Glaslough Harriers A.C.	9.03.19
10	Bernard Row	Raheny Shamrock A.C.	9.05.42
11	David Quinn	Ennis Track A.C.	9.32.30
12	Seamus Gilhooley	Athenry A.C.	9.53.47
	Eamonn Neeson	Strabane Track Club	DNF
	David Byrne	Tallaght A.C.	DNS
	Tristan Druet	Sligo A.C.	DNF

**Men's 110m Hurdles**

Wind : +2.1

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Ian Mc Donald	Crusaders A.C.	14.52
2	Christopher Mc Dermo	Roscommon A.C.	15.27
3	Trevor Mc Glynn	Strabane Track Club	15.48
4	Paul Doherty	Finn Valley A.C.	15.80
	Ciaran O'Cathain	Roscommon A.C.	DQ

**Men's 400 m Hurdles**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Jonathan Miller	Dublin City Harriers A.C.	54.98
2	Barry Upton	Menapians A.C.	56.19
3	Ronan Foolkes	Togher A.C.	57.62
4	Shane Mc Cormack	Menapians A.C.	61.45

**Men's 3km Walk**

<b>Place</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	Colin Griffin	Ballinamore A.C.	21.52.45
2	David Kidd	St. L. O'Toole A.C.	22.09.14
3	Paul Fitzpatrick	Shercock A.C.	22.54.87
4	John Egan	Bree A.C.	23.08.9H
5	Michael Doyle	Cushinstown A.C.	23.31.7H
6	Peter Muldoon	Shercock A.C.	23.38.2H
7	Brendan Boyce	Milford A.C.	25.01.1H
8	Bobby King	Dunboyne A.C.	25.30.1H
9	Sean Mc Mullin	Mullingar Harriers A.C.	27.24.5H