

Athletics Ireland : COMPOSITE RESULT
Woodie's DIY Track & Field
Championships of Ireland
21st & 22nd July 2007

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Athletics Ireland : COMPOSITE RESULT

Men's 100 m

Wind : -1.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	184	Hession, Paul	Athenry A.C.	10.74		10.45
2	313	O'Donoghue, Jer	Riocht A.C.	10.94		10.86
3	168	Hynes, David	Menapians A.C.	11.06		11.03
4	221	Duff, Derek	Leevale A.C.	11.03		11.09
5	309	Hough, Darren	Sligo A.C.	11.12		11.16
6	203	Kavanagh, Daniel	Clonliffe Harriers A.C.	11.15		11.21
7	288	Duggan, Kevin	Mullingar Harriers A.C.	11.26		11.29
8	344	Davis, Jamie	Raheny Shamrock A.C.	11.30		11.50
	904	Baird, Alan	Annadale Striders A.C.	11.31		
	281	O'Cathain, Ciaran	Roscommon A.C.	11.31		
	234	O'Shea, David	Dooneen A.C.	11.31		
	284	O'Reilly, Gerard	Shercock A.C.	11.45		
	223	O'Donovan, Darren	Leevale A.C.	11.51		
	482	Daly, Philip	Shercock A.C.	11.52		
	312	Mc Cabe, Ciaran	Riocht A.C.	11.53		
	345	Kelly, Kieran	Raheny Shamrock A.C.	11.58		
	169	Smith, Dermot	Navan A.C.	11.71		
	235	O'Shea, Ger	Dooneen A.C.	11.71		
	311	Griffin, Tomas	Riocht A.C.	11.85		
	922	Kennedy, Michael	Dundrum South Dublin A.C.	11.87		
	253	Kinsella, Lorcan	Dundrum South Dublin A.C.	11.93		
	264	Mc Gahey, Gerard	Menapians A.C.	DNS		
	475	Faye, Alagie	Clonliffe Harriers A.C.	DNS		
	945	Toohey, Gregor	Galway City Harriers A.C.	DNS		

Men's 200 m

Wind : +0.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	184	Hession, Paul	Athenry A.C.	20.86		20.30
2	168	Hynes, David	Menapians A.C.	21.64		21.60
3	420	Graham, Darragh	Sli Cualann A.C.	21.96		21.62
4	346	Hynes, Michael	Raheny Shamrock A.C.	21.72		21.70
5	907	Hogan, Nick	Dundrum South Dublin A.C.	22.12		22.16
6	221	Duff, Derek	Leevale A.C.	22.17		22.16
7	223	O'Donovan, Darren	Leevale A.C.	22.26		22.46
8	904	Baird, Alan	Annadale Striders A.C.	22.34		22.49
	288	Duggan, Kevin	Mullingar Harriers A.C.	22.65		
	482	Daly, Philip	Shercock A.C.	22.78		
	908	Thommerel, Maxime	Crusaders A.C.	22.82		
	284	O'Reilly, Gerard	Shercock A.C.	23.02		
	235	O'Shea, Ger	Dooneen A.C.	23.34		
	169	Smith, Dermot	Navan A.C.	23.42		
	253	Kinsella, Lorcan	Dundrum South Dublin A.C.	23.55		
	236	Malone, Derek	Dooneen A.C.	25.39		
	179	O'Brien, Nathan	Kilkenny City Harriers A.C.	NR		
	327	Collins, John	Unattached	NR		

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Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	430	Gillick, David	Dundrum South Dublin A.C.	47.25		46.34
2	428	Mc Kee, Paul	Beechmount Harriers A.C	47.17		46.84
3	429	Murphy, Brian	U.C.C. A.C.	47.34		47.63
4	202	Laffey, John	Clonliffe Harriers A.C.	48.82		47.84
5	380	Doyle, Brian	Finn Valley A.C.	47.95		47.91
6	303	Taggart, Simon	Donore Harriers A.C.	49.27		49.00
7	247	Ware, Kieran	Togher A.C.	49.40		49.34
	427	Kennedy, Gordon	Tullamore Harriers A.C.	47.88		DQ
	933	Toolan, Adrian	Dunshaughlin A.C.	49.92		
	312	Mc Cabe, Ciaran	Riocht A.C.	50.17		
	244	Walsh, Kevin	Togher A.C.	50.17		
	252	O'Brien, Liam	Togher A.C.	50.33		
	934	O'Driscoll-Collins, Ciaran	Emerald A.C.	50.38		
	345	Kelly, Kieran	Raheny Shamrock A.C.	50.75		
	924	Murphy, Brendan	Lisburn A.C.	50.81		
	344	Davis, Jamie	Raheny Shamrock A.C.	50.93		
	922	Kennedy, Michael	Dundrum South Dublin A.C.	51.28		
	937	Ffrench-O'Carroll, Markus	Dundrum South Dublin A.C.	52.86		
	220	O'Leary, Greg	Leevale A.C.	53.68		
	469	Lennon, Ray	Dooneen A.C.	54.53		
	236	Malone, Derek	Dooneen A.C.	55.81		
	235	O'Shea, Ger	Dooneen A.C.	DNS		

Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	266	Campbell, David	St. Coca'S A.C.	1.54.70		1.49.45
2	431	Chamney, Thomas	Crusaders A.C.	1.52.81		1.49.81
3	432	McCarthy, David	Le Cheile A.C.	1.55.71		1.50.85
4	177	Everard, Eoin	Kilkenny City Harriers A.C.	1.55.03		1.51.31
5	286	McCloy, Kevin	Shercock A.C.	1.55.29		1.51.32
6	283	Healy, Conor	Clonliffe Harriers A.C.	1.53.41		1.52.18
7	261	Warne, Joe	Doheny A.C.	1.55.98		1.53.24
8	371	Cummins, Eoin	Crusaders A.C.	1.54.05		1.54.50
9	183	Kinahan, Ivan	Rathfarnham W.S.A.F. A.C.	1.56.01		1.55.68
	201	O'Brien, Alan	West Waterford A.C.	1.56.36		DNS
	98	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.	1.56.48		
	463	Varley, Adrian	Dundrum South Dublin A.C.	1.56.83		
	257	Tivy, Ian	Togher A.C.	1.56.99		
	471	Quinn, Michael	Abbey AC	1.57.30		
	200	Leddingham, James	West Waterford A.C.	1.57.56		
	386	Duggan, Ronan	Bandon A.C.	1.57.81		
	195	Mooney, Daniel	Letterkenny A.C.	1.58.15		
	359	Lombard, Richard	Celtic DCH A.C.	1.58.36		
	232	Horgan, Finbar	Clonmel A.C.	1.59.02		
	343	King, Eoin	Raheny Shamrock A.C.	1.59.35		
	390	Keogh, David	Lucan Harriers A.C.	1.59.48		
	919	O'Sullivan, Michael	Metro/St. Brigid's A.C.	1.59.77		
	306	Hamilton, Patrick	City of Derry	1.59.78		
	285	Reilly, Ciaran	Liffey Valley A.C.	2.00.34		
	272	Harkness, Stephen	Clonliffe Harriers A.C.	2.01.06		
	351	Kenny, Simon	Crusaders A.C.	2.01.23		
	486	Watson, Adrian	Menapians A.C.	2.01.55		
	357	Humphreys, Donagh	Star of the Sea A.C.	2.03.20		
	468	Carrigan, Brendan	Crusaders A.C.	2.03.33		
	99	Hughes, Jonathan	Rathfarnham W.S.A.F. A.C.	2.05.90		
	920	Sherlock, Keith	Tallaght A.C.	2.09.32		

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Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	266	Campbell, David	St. Coca'S A.C.	3.54.27		3.45.21
2	433	Rooney, Colm	Clonliffe Harriers A.C.	3.54.54		3.45.55
3	434	Reale, Liam	Limerick A.C.	3.52.85		3.45.74
4	438	Christie, Mark	Mullingar Harriers A.C.	3.53.34		3.51.15
5	388	Mc Gee, Fintan	Lucan Harriers A.C.	3.54.38		3.51.84
6	176	Maher, Brian	Kilkenny City Harriers A.C.	3.54.96		3.52.33
7	474	Alkin, Wesley	Clonliffe Harriers A.C.	3.54.20		3.53.26
8	957	O'Hanlon, Gary	Clonliffe Harriers A.C.	3.55.14		3.54.07
9	296	Dennehy, Cathal	Emerald A.C.	3.55.21		3.54.17
10	218	Hanrahan, Mark	Leevale A.C.	3.53.49		3.54.65
11	341	Moriarty, Kevin	Raheny Shamrock A.C.	3.55.24		3.55.00
12	305	Mc Cartan, Pat	West Limerick A.C.	3.54.52		3.56.83
13	206	Fahy, Jason	Olympic Harriers A.C.	3.54.55		3.57.11
14	478	Bailey, Aidan	Clonliffe Harriers A.C.	3.53.98		3.58.64
15	275	Dunleavy, Emmet	Sligo A.C.	3.54.69		4.00.57
	396	Hill, Gareth	Ballymena & Antrim A.C.	3.55.65		
	460	Kelly, Feidhlim	Raheny Shamrock A.C.	3.55.80		
	387	Fitzpatrick, Tomas Sen	Tallaght A.C.	3.57.01		
	97	O'Connor, Gearoid	Rathfarnham W.S.A.F. A.C.	3.57.98		
	385	Brennan, Patrick	North Sligo A.C.	3.58.10		
	276	Conroy, Martin	Sligo A.C.	3.58.26		
	930	Kerr, Shane	Armagh A.C.	3.58.51		
	354	Kelly, Sam	Fingallians A.C.	3.58.56		
	259	Markham, Brian	Ennis Track A.C.	3.59.36		
	493	Coghlan, Garrett	Crusaders A.C.	4.00.18		
	383	Carroll, Tommy	North Sligo A.C.	4.00.64		
	378	Budde, James	North Down	4.00.81		
	918	Hughes, William	Thurles Crokes A.C.	4.01.82		
	270	Treacy, Daniel William	Moynalvey A.C.	4.01.83		
	95	Hehir, Sean	Rathfarnham W.S.A.F. A.C.	4.02.01		
	329	Murphy, Andrew	St. L. O'Toole A.C.	4.02.46		
	480	Conroy, Ian	Raheny Shamrock A.C.	4.02.71		
	199	Klava, Dzintars	West Waterford A.C.	4.03.05		
	93	Carleton, Owen	Abbey A.C.	4.03.36		
	927	Mc Cormack, Niall	Ballynonty A.C.	4.04.88		
	173	Murphy, Cian	Iveragh A.C.	4.04.93		
	96	Freeley, Michael	Rathfarnham W.S.A.F. A.C.	4.07.52		
	397	Balfe, Paul	Liffey Valley A.C.	4.07.76		
	487	Sherlock, Niall	Metro/St. Brigid's A.C.	4.14.06		
	213	Maunsell, Thomas	Leevale A.C.	4.14.84		
	929	Connick, Andrew	Slaney Olympic A.C.	4.15.62		
	304	Brett, Eoin	Newbridge A.C.	4.15.99		
	931	Mc Donagh, Morgan	Dunboyne A.C.	4.18.26		
	485	Higgins, Gary	Sligo A.C.	4.20.01		
	163	O'Donoghue, Brian	Rathfarnham W.S.A.F. A.C.	4.23.27		

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Men's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	394	Fagan, Martin	Mullingar Harriers A.C.			13.56.13
2	372	Murray, Gary	St. Malachy'S A.C.			13.58.10
3	437	Sweeney, Joseph	Dundrum South Dublin A.C.			14.11.97
4	935	Connolly, Robert	Dundrum South Dublin A.C.			14.19.37
5	946	Bateman, Damien	Mullingar Harriers A.C.			14.36.42
6	94	Fleming, Paul	Rathfarnham W.S.A.F. A.C.			14.37.10
7	421	Farrell, Brian	Sli Cualann A.C.			14.37.73
8	949	Mc Cormack, Alan	Dundrum South Dublin A.C.			14.42.95
9	230	Evans, Thomas	Gowran A.C.			14.42.99
10	198	Bralitis, Sandis	West Waterford A.C.			14.52.00
11	231	Sheehan, Niall	Gowran A.C.			14.52.48
12	293	Meade, Fergus	East Cork A.C.			14.56.42
13	260	Chesser, Rory	Ennis Track A.C.			14.58.45
14	339	O'Leary, Cillian	Raheny Shamrock A.C.			15.07.60
15	955	Mc Donnell, Rory	Dunboyne A.C.			15.13.47
16	241	Holian, Kevin	Finn Valley A.C.			15.13.86
17	389	Mc Gee, Conor	Lucan Harriers A.C.			15.14.71
18	254	Traynor, Mick	Raheny Shamrock A.C.			15.17.12
19	953	Fitzpatrick, Tomas Sen	Tallaght A.C.			15.18.21
20	459	Cassidy, Patrick	Glaslough Harriers A.C.			15.30.97
21	199	Klava, Dzintars	West Waterford A.C.			15.36.49
22	96	Freeley, Michael	Rathfarnham W.S.A.F. A.C.			15.41.62
23	952	Farrell, Dwyane	Tinryland A.C.			15.44.04
24	242	Carlin, Kieran	Finn Valley A.C.			15.50.97
25	326	Roberts, Gregory	City of Derry			15.53.52
	330	Kirwan, Brian	St. L. O'Toole A.C.			
	470	Hamilton, Paddy	Annadale Striders A.C.			
	943	O'Rourke, Neil	St. L. O'Toole A.C.			
	267	Eves, John	Dundrum South Dublin A.C.			
	197	Zakis, Ravis	West Waterford A.C.			

Men's 10,000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	188	Thornton, Gary	Galway City Harriers A.C.			29.57.06
2	373	Mc Allister, Joseph	St. Malachy'S A.C.			30.25.32
3	319	O'Connor, Michael	Galway City Harriers A.C.			30.35.23
4	338	Clohisey, Michael	Raheny Shamrock A.C.			30.56.19
5	267	Eves, John	Dundrum South Dublin A.C.			31.30.92
6	192	Mc Kinney, Pauric	Letterkenny A.C.			31.35.82
7	925	Crossan, Gary	Letterkenny A.C.			31.39.71
8	928	Turea, Sergiu	Clonliffe Harriers A.C.			31.57.48
9	254	Traynor, Mick	Raheny Shamrock A.C.			32.15.98
10	337	Roe, Bernard	Raheny Shamrock A.C.			32.45.91
11	191	Doherty, Ciaran	Letterkenny A.C.			33.30.07

Men's 110 m Hurdles

Wind : -1.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	370	Mc Donald, Ian	Crusaders A.C.			14.62
2	273	Mc Dermott, Christopher	Roscommon A.C.			15.37
3	445	Burke, Brendan	Limerick A.C.			15.64
4	310	Flatley, Brian	Shercock A.C.			16.12
5	281	O'Cathain, Ciaran	Roscommon A.C.			16.98
	909	Boardman, Bryan	City of Lisburn			DNF

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Men's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	464	Miller, Jonathan	Dundrum South Dublin A.C.	53.53		52.39
2	182	Burke, Antoine	Crusaders A.C.	57.49		53.01
3	181	Upton, Barry	Menapians A.C.	55.40		54.41
4	175	Fagan, John	Kilkenny City Harriers A.C.	58.62		54.90
5	205	McAvoy, Robert	City of Lisburn A.C.	55.18		55.48
6	302	Mc Cormack, Shane	Menapians A.C.	57.35		57.73
7	297	Walsh, Damien	St. Senans A.C.	60.98		62.60
	258	Foolkes, Ronan	Togher A.C.	56.96		DNS
	469	Lennon, Ray	Dooneen A.C.	62.05		

Men's 3000 m Steeplechase

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	340	Kirwan, Mark	Raheny Shamrock A.C.			9.06.84
2	198	Bralitis, Sandis	West Waterford A.C.			9.12.79
3	352	O'Neill, Eugene	Crusaders A.C.			9.28.35
4	197	Zakis, Ravis	West Waterford A.C.			9.34.93
5	209	Murray, Simon	Abbey A.C.			9.54.05
6	314	O'Connor, Joseph	Riocht A.C.			10.11.06
7	262	Malseed, Robert	Clonliffe Harriers A.C.			10.25.53

Men's 10 000 m Walk

Wind : -0.8

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	249	Heffernan, Robert	Togher A.C.			39.11.78
2	271	Griffin, Colin	Ballinamore A.C.			39.51.85
3	393	Costin, Jamie	West Waterford A.C.			40.28.02
4	238	Kidd, David	St. L. O'Toole A.C.			44.33.27
5	237	Egan, John	Bree A.C.			45.42.39
6	465	Fitzpatrick, Paul	Shercock A.C.			46.17.10
	923	Dineen, Mark	Togher A.C.			DNF

Men's High Jump

Place	No	Name	Club	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.08	2.11
1	363	Crowley, Mark	Dublin City Harriers A.C.	-	-	-	-	-	O	O	O	X-
2	186	Pender, Barry	St. Abbans A.C.	-	-	O	-	O	O	XO	XXX	
3	229	Crowley, Christopher	Belgooly A.C.	-	-	-	-	O	XXX			
4	310	Flatley, Brian	Shercock A.C.	-	O	O	XXX					
4	947	Herron, Simon	City of Derry A.C.	-	O	O	XXX					
6	315	Muntean, Igor	Galway City Harriers A.C.	O	O	XXX						
7	87	Dennehy, Brendan A.	Rising Sun A.C.	XO	O	XXX						
8	196	Grant, Kevin	Letterkenny A.C.	O	XO	XXX						
9	948	Moore, Rudi	City of Derry A.C.	XO	XXX							

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Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	414	Fleming, Stephen	Crusaders A.C.	7.24 +1.5	6.99 +2.0	7.01 +1.0	7.03 +1.8	6.99 +0.2	X	7.24 +1.5
2	210	Kennedy, Alan	Abbey A.C.	6.79 +1.2	X	7.00 +1.8	-	X	6.56 -1.8	7.00 +1.8
3	229	Crowley, Christopher	Belgooly A.C.	X	X	6.71 +0.7	X	6.80 +0.4	6.97 -1.7	6.97 -1.7
4	913	Marshall, Brendan	Mullingar Harriers A.C.	6.32 +1.2	X	6.63 +1.1	X	6.35 +1.1	X	6.63 +1.1
5	269	Browne, Philip	North Down A.C.	X	X	5.74 +0.5	6.48 +2.5	6.36 +1.6	X	6.48 +2.5
6	87	Dennehy, Brendan A.	Rising Sun A.C.	X	6.04 +1.3	5.73 +0.9	X	X	X	6.04 +1.3
7	921	Burke, Tomas	Crusaders A.C.	5.87 +1.2	5.77 +1.0	X	5.68 +0.6	5.70 +0.9	5.86 -1.4	5.87 +1.2
8	908	Thommerel, Maxime	Crusaders A.C.	X	X	5.74 +1.4				5.74 +1.4
9	327	Collins, John	Unattached	X	5.46 +1.1	X	5.10 +0.5	X	4.89 +0.5	5.46 +1.1
10	903	Gomm, David	Raheny Shamrock A.C.	3.49 +1.2	3.44 +0.8	3.30 +1.2				3.49 +1.2

Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	290	Finnegan, Denis	U.C.C. A.C.	14.11	14.18	13.93	14.12	13.47	-	14.18
2	185	Kelly, Eoin	St. Abbans A.C.	14.15	12.35	13.75	13.81	13.75	14.09	14.15
3	233	Coughlan, Niall	Dooneen A.C.	13.79	14.00	X	13.57	13.18	13.47	14.00
4	353	Mattiuzzo, Marco	Clonliffe Harriers A.C.	13.18	13.31	13.49	13.49	12.43	12.61	13.49
5	226	Finnegan, William	Craughwell A.C.	11.98	12.33	12.39	12.52	12.59	12.74	12.74
6	484	Ferguson, Johnny	City of Derry	11.97	12.26	12.25	12.28	X	X	12.28
7	87	Dennehy, Brendan A.	Rising Sun A.C.	X	X	X	12.10	X	X	12.10

Men's Pole Vault

Place	No	Name	Club	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.30	4.40	4.50	4.60	4.70	4.80	4.90	5.00
1	268	Mc Creery, Anthony	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	O	O	X-	O	O	XXX
2	204	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	-	XX	O	O	X-	XX
3	942	Walker, Leigh	Dublin City Harriers A.C.	-	-	-	-	-	-	XO	-	X-	O	XXX				
4	180	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	-	XO	-	XO	XXX				
5	348	Rogers, Ian	Clonliffe Harriers A.C.	-	-	-	-	O	XO	O	XXX							
6	321	Whyte, Richard	Brothers Pearse A.C.	-	-	-	-	O	O	XO	XXX							
7	392	Houlihan, Liam	West Waterford A.C.	-	-	-	-	XO	XXX									
8	196	Grant, Kevin	Letterkenny A.C.	-	O	O	XO	XXX										
9	331	Flanagan, James	Youghal A.C.	XO	XXX													

Athletics Ireland : COMPOSITE RESULT

Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	171	Leen, Eoin	Tralee Harriers A.C.	14.37	15.18	14.07	15.36	X	15.35	15.36
2	317	Breathnach, Sean	Galway City Harriers A.C.	X	15.07	X	15.08	X	14.91	15.08
3	358	Nagle, Gerard	Star of the Sea A.C.	13.51	12.91	X	12.51	12.93	12.88	13.51
4	278	Burke, Kevin	Crusaders A.C.	12.53	12.94	12.07	X	X	X	12.94
5	356	Delaney, Barry	Star of the Sea A.C.	11.20	11.36	11.55	11.63	11.27	11.25	11.63
6	170	O'Connor, Alan	Tralee Harriers A.C.	11.31	10.89	11.58	X	11.45	X	11.58
7	172	Sharkey, Leo	Tralee Harriers A.C.	11.25	10.87	X	11.20	10.87	11.28	11.28
8	215	Nagle, Joseph	Leevale A.C.	9.76	X	10.15	9.42	9.75	9.89	10.15
9	187	Gilligan, Keith	St. Abbans A.C.	X	X	9.77				9.77
10	914	Kelly, Aidan	St. Abbans A.C.	8.90	X	9.33				9.33
11	903	Gomm, David	Raheny Shamrock A.C.	4.25	3.98	4.22				4.25

Men's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	171	Leen, Eoin	Tralee Harriers A.C.	45.64	49.03	50.54	47.44	49.07	50.41	50.54
2	282	Menton, John	Donore Harriers A.C.	45.00	47.09	X	X	X	48.95	48.95
3	219	Hazler, Pawel	Leevale A.C.	42.62	43.01	44.47	44.51	44.24	X	44.51
4	295	Harper, Jeremy	North Down AC	39.50	42.40	X	42.81	39.26	44.49	44.49
5	358	Nagle, Gerard	Star of the Sea A.C.	-	40.60	X	35.90	41.09	41.83	41.83
6	279	Collins, Justin	North Westmeath A.C.	36.76	35.89	X	X	36.35	38.16	38.16
7	492	Travers, Mervyn	Donore Harriers A.C.	34.73	33.86	36.83	X	33.54	34.76	36.83
8	170	O'Connor, Alan	Tralee Harriers A.C.	34.68	36.41	X	35.29	34.08	33.89	36.41
9	491	Byrne, Eammon	Clonliffe Harriers A.C.	30.62	33.12	35.93	34.87	34.54	34.90	35.93
10	317	Breathnach, Sean	Galway City Harriers A.C.	X	35.12	X				35.12
11	932	Mangan, Luke	Clonliffe Harriers A.C.	29.78	28.54	34.75				34.75
12	356	Delaney, Barry	Star of the Sea A.C.	31.31	32.68	32.12				32.68
13	216	Wysolki, Roman	Leevale A.C.	31.62	32.35	31.61				32.35
14	172	Sharkey, Leo	Tralee Harriers A.C.	28.41	31.09	31.07				31.09
15	187	Gilligan, Keith	St. Abbans A.C.	28.06	X	27.54				28.06
16	999	Dwyer, Tadhg	Templemore A.C.	25.00	26.36	-				26.36
17	914	Kelly, Aidan	St. Abbans A.C.	X	21.93	22.88				22.88
18	951	Dwyer, Tom	Templemore A.C.	X	21.48	18.01				21.48

Men's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	316	Kurcenkovas, Mindaugas	Galway City Harriers A.C.	54.53	58.56	54.79	58.56	57.44	X	55.90
2	178	Kubis, Jurai	Kilkenny City Harriers A.C.	57.22	X	X	X	X	X	57.22
3	299	Crawford, Damian	Strabane Track Club	55.77	51.70	53.45	49.94	X	-	55.77
4	422	Diskin, Joseph	Sli Cualann A.C.	X	54.20	X	54.91	51.10	X	54.91
5	300	Mullen, Daniel	Strabane Track Club	X	52.21	X	X	49.71	X	52.21
6	349	Mc Dermott, Brian	Dundrum South Dublin A.C.	X	51.90	50.65	48.20	48.25	47.64	51.90
7	298	Delaney, Denis	Clonliffe Harriers A.C.	50.52	50.26	X	51.21	X	45.98	51.21
8	350	Marry, Paul	Clonliffe Harriers A.C.	X	50.97	49.22	40.84	X	49.39	50.97
9	317	Breathnach, Sean	Galway City Harriers A.C.	48.57	46.24	-				48.57
10	301	Crawford, Aaron	Strabane Track Club	46.36	47.84	X				47.84
11	956	Kelly, David	Sli Cualann A.C.	X	45.30	44.86				45.30
12	187	Gilligan, Keith	St. Abbans A.C.	35.92	36.79	34.92				36.79

Athletics Ireland : COMPOSITE RESULT

Men's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	280	Mc Grath, Patrick	Raheny Shamrock A.C.	66.58	64.85	65.04	65.53	62.89	66.96	66.96
2	448	White, Pdraig	U.C.D. A.C.	X	51.53	X	57.91	56.67	58.58	58.58
3	324	Hanily, Mark	Fr. Murphys A.C.	54.45	55.20	55.81	54.41	55.00	54.90	55.81
4	216	Wysolki, Roman	Leevale A.C.	46.77	49.28	X	49.04	X	50.22	50.22
5	219	Hazler, Pawel	Leevale A.C.	X	46.00	X	48.42	X	48.42	48.42
6	323	Hanily, Francis	Fr. Murphys A.C.	X	X	39.12	44.05	X	45.88	45.88
7	941	Mc Cabe, Patrick	Dunboyne A.C.	39.72	43.01	43.37	X	X	X	43.37
8	936	Byrne, Eamonn	Clonliffe Harriers A.C.	41.67	X	41.82	38.72	42.94	X	42.94
9	347	Fitzpatrick, Hugh	Shercock A.C.	X	35.39	36.49				36.49

Men's 56lb Distance

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	282	Menton, John	Donore Harriers A.C.	7.91	8.20	7.86	7.94	7.56	X	8.20
2	320	Fitzpatrick, Seamus	North Laois A.C.	7.22	7.25	7.74	7.60	8.02	7.69	8.02
3	317	Breathnach, Sean	Galway City Harriers A.C.	X	7.39	7.70	7.65	X	X	7.70
4	356	Delaney, Barry	Star of the Sea A.C.	6.85	7.24	7.13	7.20	6.94	7.31	7.31
5	171	Leen, Eoin	Tralee Harriers A.C.	6.56	X	7.14				7.14
6	997	Hanley, Mark	Fr. Murphy A.C.	7.04	7.06	6.83	6.87	6.82	6.67	7.06
7	243	Byrne, Eddie	Brow Rangers A.C.	6.57	6.82	6.72	6.28	6.10	6.38	6.82
8	950	Dwyer, Tom	Templemore A.C.	6.09	6.39	6.55				6.55
9	998	Hanley, Pat	Fr. Murphy's A.C.	6.12	6.42	6.34				6.42
10	951	Dwyer, Tadhg	Templemore A.C.	6.34	6.38	6.18				6.38
11	358	Nagle, Gerard	Star of the Sea A.C.	5.36	X	5.21				5.36
12	492	Travers, Mervyn	Donore Harriers A.C.	5.26	X	5.21				5.26
13	215	Nagle, Joseph	Leevale A.C.	5.22	X	4.49	4.74	4.79	4.93	5.22
14	172	Sharkey, Leo	Tralee Harriers A.C.	X	5.07	5.00				5.07

Men's 56lb Height

Place	No	Name	Club	3.50	3.70	3.80	3.90	4.00	4.10	4.20	4.35	4.40	4.50
1	320	Fitzpatrick, Seamus	North Laois A.C.	O	O	O	O	O	O	O	XO	O	X
2	243	Byrne, Eddie	Brow Rangers A.C.	O	O	O	O	XXO	O	XXX			
3	307	Lazzlo, Andre	Old Abbey A.C.	-	O	XO	O	O	XO	XXX			
4	356	Delaney, Barry	Star of the Sea A.C.	O	O	O	XO	O	XXX				
5	317	Breathnach, Sean	Galway City Harriers A.C.	O	XO	XO	O	XXX					

Junior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	479	Dooney, Conor	Ferrybank A.C.			8.36.38
2	377	Jordan, Neil	North Down			8.37.50
3	333	Tuohy, Niall	Ferrybank A.C.			8.42.94
4	89	Pearce, Eoin	Clonliffe Harriers A.C.			8.49.15
5	91	Flynn, David	Clonliffe Harriers A.C.			8.50.57
6	383	Carroll, Tommy	North Sligo A.C.			8.50.63
7	454	Ryan, Simon	Drogheda & District A.C.			8.53.04
8	336	Flynn, Darragh	Raheny Shamrock A.C.			8.56.75
9	166	Downey, Gavin	Ferrybank A.C.			9.00.15
10	927	Mc Cormack, Niall	Ballynonty A.C.			9.00.34
11	375	Hamilton, Eoin	St. Malachy's A.C.			9.17.17
12	335	O'Sullivan, Carl	Raheny Shamrock A.C.			9.19.29
13	165	Flynn, Patrick	Ferrybank A.C.			9.22.83
14	954	Breen, Joseph	Sliabh Bhuide Rovers A.C.			9.28.97
15	328	Butler, Colin	St. Senans A.C.			9.52.95

Athletics Ireland : COMPOSITE RESULT

35lb Height - Junior Men

Place	No	Name	Club	3.50	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70
1	939	Cullinane, Jack	Crusaders A.C.	O	O	-	O	O	O	O	O	O	O	O	XXX
2	932	Mangan, Luke	Clonliffe Harriers A.C.	O	O	-	XO	XXO	O	O	XXO	O	XXO	XXX	
3	902	Keeling, Francis	Crusaders A.C.	O	O	-	O	O	XXO	XXO	XXX				

35lb Height - U.23 Men

Place	No	Name	Club	3.50	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	4.80	5.00
1	347 XXX	Fitzpatrick, Hugh	Shercock A.C.	-	-	-	-	O	-	XXO	-	-	XO	-	-	XO	XO
2	936	Byrne, Eamonn	Clonliffe Harriers A.C.	O	-	-	-	-	-	-	-						

Women's 100 m

Wind : -0.3

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	Maher, Emily	Kilkenny City Harriers A.C.	11.79		11.83
2	49	O'Rourke, Derval	Leevale A.C.	11.86		11.84
3	63	Kiernan, Louise	Fingallians A.C.	12.14		12.08
4	48	Mc Sweeney, Ailis	Leevale A.C.	12.13		12.11
5	449	Boyle, Anna	Ballymena & Antrim A.C.	11.99		12.12
6	403	Brady, Claire	Celbridge A.C.	12.35		12.35
7	362	Crowe, Mandy	Dublin City Harriers A.C.	12.39		12.40
8	938	Mac Neill, Aoife	Dundrum South Dublin A.C.	12.47		28.08
	40	Byrd, Katey	Leevale A.C.	13.26		
	8	Sheehan, Marie	Dooneen A.C.	13.63		

Women's 200 m

Wind : -0.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	450	Cuddihy, Joanne	U.C.D. A.C.			23.63
2	57	Sheehy, Ciara	Dublin City Harriers A.C.			23.69
3	362	Crowe, Mandy	Dublin City Harriers A.C.			24.53
4	368	Hynes, Gemma	Galway City Harriers A.C.			24.82
5	11	Murphy, Zita	Dundrum South Dublin A.C.			26.13
6	912	Kelly, Dawn	Belgooly A.C.			26.63
7	8	Sheehan, Marie	Dooneen A.C.			26.84

Athletics Ireland : COMPOSITE RESULT

Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	450	Cuddihy, Joanne	U.C.D. A.C.	55.29		51.86
2	38	McCaffrey, Elaine	Abbey A.C.	56.81		56.45
3	227	Broderick, Christina	Belgooly A.C.	57.90		56.98
4	911	Rodgers, Michelle	Abbey A.C.	57.13		57.10
5	14	Deevy, Mairead	Ferrybank A.C.	57.35		57.76
6	47	Zebo, Jessica	Leevale A.C.	58.27		57.76
7	80	Mc Glynn, Claire	Templeogue A.C.	57.98		58.30
8	31	McIlveen, Erin	City of Lisburn A.C.	58.13		58.89
	24	Cardiff, Elaine	Kilmore A.C.	58.49		
	37	Whiteside, Leigh	Abbey A.C.	58.71		
	423	O'Connell, Emer	Blarney/Inniscara A.C.	59.16		
	912	Kelly, Dawn	Belgooly A.C.	60.25		
	61	Monteith, Lyndsey	City of Lisburn A.C.	60.38		
	477	Mc Callion, Ciara	Clonliffe Harriers A.C.	61.12		

Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Drumm, Orla	U.C.C. A.C.	2.14.18		2.06.15
2	35	Reid, Kelly	City of Lisburn A.C.	2.12.22		2.06.32
3	6	Durkan, Ciara	Skerries A.C.	2.12.79		2.09.34
4	82	Galligan, Roseanne	Newbridge A.C.	2.14.08		2.09.48
5	411	Prendiville, Maura	Riocht A.C.	2.12.78		2.10.95
6	16	Everard, Ciara	Kilkenny City Harriers A.C.	2.14.76		2.12.92
7	84	Harty, Kerry	Newcastle A.C.	2.12.83		2.14.48
8	56	Treacy, Fodhla	Dublin City Harriers A.C.	2.18.24		2.16.35
9	916	Mc Manus, Susan	Celtic DCH A.C.	2.18.64		2.24.06
	406	Long, Christine	City of Lisburn	2.15.09		DNF
	915	Gibson, Rachel	City of Lisburn A.C.	2.19.46		
	68	Russell, Cora	Dunleer A.C.	2.19.95		
	61	Monteith, Lyndsey	City of Lisburn A.C.	2.20.26		
	52	Doyle, Ann	Gowran A.C.	2.42.88		

Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	384	Cullen, Mary	North Sligo A.C.			4.17.20
2	83	Murphy, Hazel	Dundrum South Dublin A.C.			4.26.14
3	418	Britton, Fionnualla	Sli Cualann A.C.			4.32.27
4	364	Harvey, Michelle	Tír Chonaill A.C.			4.40.22
5	361	Gebrezgi, Azmera	Dublin City Harriers A.C.			4.41.89
6	416	Jordan, Adrienne	Donore Harriers A.C.			4.45.43
7	53	Treston, Bryony	Dundrum South Dublin A.C.			4.46.21
8	405	Byrne, Susan	Raheny Shamrock A.C.			4.47.26
9	360	Gebrezgi, Tekea	Celtic DCH A.C.			4.51.13
10	476	Cooper, Emma	Clonliffe Harriers A.C.			5.00.66
	366	Collins, Catherine	Star Of The Sea A.C.			DNS

Athletics Ireland : COMPOSITE RESULT

Women's 5000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	452	Mc Cambridge, Maria	Dundrum South Dublin A.C.			16.01.84
2	367	O'Sullivan, Sonia	Ballymore Cobh A.C.			16.34.17
3	72	O'Doherty, Siobhan	Borrisokane A.C.			16.49.78
4	21	Mc Granaghan, Catriona	Finn Valley A.C.			17.28.96
5	20	McGloin, Teresa	Finn Valley A.C.			17.34.21
6	25	Kehoe, Fiona	Kilmore A.C.			18.12.05
7	472	Ni Mhuirheartaigh, Orla	Galway City Harriers A.C.			18.21.88
8	10	Griffiths, Eileen	E&H			18.41.01

Women's 100 m Hurdles

Wind : -0.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	49	O'Rourke, Derval	Leevale A.C.			13.45
2	399	Byrne, Leona	St. L. O'Toole A.C.			15.26
3	40	Byrd, Katey	Leevale A.C.			16.14

Women's 400 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	382	Carey, Michelle	Dublin Striders A.C.			57.23
2	369	Furlong, Brona	Slaney Olympic A.C.			61.57
3	46	Cremin, Niamh	Leevale A.C.			62.79
4	7	Neary, Roisin	City of Derry			69.98

Women's 5000 m Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	467	Loughnane, Ann	Craughwell A.C.			24.36.30
2	419	Carolan, Donna	Inbhear Dee A.C.			25.34.09
3	60	Reynolds, Laura	Mohill A.C.			26.00.74
4	70	McMahon, Catriona	St. Marys (Limerick) A.C.			26.29.87
5	906	Tuohy, Georgina	Tullamore Harriers A.C.			26.40.57

Women's High Jump

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85
1	455	Ryan, Deirdre	Dundrum South Dublin A.C.	-	-	-	-	-	O	O	XXX
2	62	Heveran, Sharon	Westport A.C.	-	-	-	-	O	O	XXX	
2	910	Hughes, Pamela	Westport A.C.	-	-	-	O	O	O	XXX	
4	412	Farrell, Maureen	Fr. Murphys A.C.	-	O	XO	XO	XXX			
5	404	Buckley, Helen	Raheny Shamrock A.C.	-	O	O	XXO	XXX			
6	483	Mc Namara, Claire	Athenry A.C.	O	XO	O	XXO	XXX			
7	926	O'Rourke, Grace	Dundrum South Dublin A.C.	-	O	XO	XXX				
8	66	Wilkinson, Claire	Ballymena & Antrim A.C.	O	O	XXO	XXX				

Athletics Ireland : COMPOSITE RESULT

Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	15	Proper, Kelly	Ferrybank A.C.	X	X	6.09	6.17	5.91	6.05	6.17
						+0.0	-0.1	+0.3	-1.4	-0.1
2	399	Byrne, Leona	St. L. O'Toole A.C.	5.67	5.58	5.65	X	5.58	X	5.67
				+0.3	+1.2	-0.6		-0.9		+0.3
3	59	Devlin, Mary	Abbey A.C.	5.39	5.64	5.43	5.45	5.39	X	5.64
				-0.9	+1.1	-0.1	-0.6	+0.4		+1.1
4	50	Finnegan, Sarah	Craughwell A.C.	4.11	4.08	4.10	4.01	3.91	4.05	4.11
				+0.4	-0.1	+0.7	-0.5	+0.2	-0.6	+0.4

Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	905	Mc Loone, Mary	Tír Chonaill A.C.	11.26	11.53	11.55	-	10.99	11.57	11.57
				-1.0	-0.5	-0.4		-0.9	-0.4	-0.4
2	69	Hoey, Aoife	Crusaders A.C.	11.22	11.00	X	X	11.21	10.07	11.22
				-1.8	-0.1			-0.6	-0.9	-1.8
3	75	O'Farrell, Amanda	Borrisokane A.C.	X	10.09	9.90	10.28	10.41	10.26	10.41
					-0.3	-1.1	-0.6	-0.2	-0.4	-0.2
4	76	Kelly, Lisa	Borrisokane A.C.	9.32	9.21	8.97	9.08	8.97	-	9.32
				-1.1	-1.0	-0.7	+0.0	-0.8		-1.1
5	71	Carroll, Jennifer	Borrisokane A.C.	8.75	8.90	9.06	-	-	-	9.06
				-0.6	-0.1	-1.3				-1.3

Women's 3000 m Steeplechase

Wind : +0.9

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	417	Mc Gettigan, Roisin	Sli Cualann A.C.			9.56.17

Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	32	Massey, Eva	North Down A.C.	X	15.99	15.73	15.79	15.85	16.32	16.32
2	462	Stewart, Geraldine	Tír Chonaill A.C.	12.10	12.59	13.19	12.55	12.86	13.03	13.19
3	81	Cogan, Laura	Newbridge A.C.	12.41	X	12.87	12.26	13.12	12.92	13.12
4	34	Mc Aleese, Clare	Ballymena & Antrim A.C.	11.02	10.78	X	10.15	10.32	10.33	11.02
5	41	Murphy, Deirdre	Leevale A.C.	10.20	10.86	10.99	10.75	10.39	10.22	10.99
6	85	Ryan, Catriona	Templemore A.C.	9.56	10.08	10.04	9.94	10.38	10.41	10.41
7	43	Bradfield, Sarah	Leevale A.C.	8.73	9.04	8.84	X	X	8.61	9.04

Women's Discus

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	18	O'Keefe, Eileen	Kilkenny City Harriers A.C.	44.75	X	42.30	42.20	43.52	44.33	44.75
2	41	Murphy, Deirdre	Leevale A.C.	39.83	37.70	39.05	X	37.15	37.81	39.83
3	164	Akers, Rachel	Marian A.C.	37.23	36.00	35.16	X	35.70	X	37.23
4	43	Bradfield, Sarah	Leevale A.C.	34.32	30.47	33.14	31.54	33.31	33.32	34.32
5	55	Conway, Philippa	Crusaders A.C.	33.96	X	26.98	29.62	33.03	29.00	33.96
6	901	Mc Guire, Rachel	Dundrum South Dublin A.C.	33.93	33.11	30.29	32.12	33.14	30.14	33.93

Athletics Ireland : COMPOSITE RESULT

Women's Javelin

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	58	White, Anita	Dublin Striders A.C.	44.97	44.00	42.05	43.46	42.09	X	44.97
2	408	Byrne, Denise	Clonliffe Harriers A.C.	23.89	37.56	32.03	35.88	33.26	35.00	37.56
3	12	McDonald, Olivia	St. Peter's A.C.	35.23	29.70	34.00	34.72	34.90	32.14	35.23
4	917	Ryder, Kellie	Sli Cualann A.C.	33.83	32.76	30.56	31.44	30.22	X	33.83
5	409	Farrelly, Ruth	Clonliffe Harriers A.C.	30.16	30.93	33.76	25.55	33.07	29.18	33.76
6	407	Callaghan, Lisa	Cushinstown A.C.	24.12	21.85	21.26	X	22.93	23.59	24.12

Women's Hammer

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	18	O'Keefe, Eileen	Kilkenny City Harriers A.C.	70.68	72.63	72.57	73.21	68.50	73.08	73.21
2	164	Akers, Rachel	Marian A.C.	X	54.47	51.88	53.43	X	52.71	54.47
3	33	O'Shea, Katie	Farranfore Maine Valley A.C.	44.72	48.44	X	X	48.58	X	48.58
4	65	Donnelly, Maggi Sabina	Mid Ulster A.C.	X	40.30	X	X	38.13	X	40.30

Women's Pole Vault

Place	No	Name	Club	1.80	2.00	2.20	2.40	2.60	2.80	3.00	3.20	3.30	3.75	3.95	4.05	4.15
1	481	Brown, Zoe	Shaftsbury Barnet (Guest)	-	-	-	-	-	-	-	-	-	O	O	XX	X
1	66	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	-	O	O	XXO	XXX				
2	74	O'Meara, Edell	Borrisokane A.C.	-	-	-	-	O	O	XXX						
3	458	Coghlan, Mary	Crusaders A.C.	O	O	XXX										