

Masters Indoor Championships of Ireland
Nenagh Complex - 11th January 2009

Results - Men

Men's 60m					
Place	Category	No.	Name	Club	Time
1	(M35)	396	Griffin, Thomas (M35)	Riocht A.C.	7.57
2	(M35)	140	Walsh, Anthony (M35)	Kilmallock	8.28
1	(M40)	133	Mac Arthur, Richard (M40)	St. Cronans A.C.	7.82
2	(M40)	127	Stout, Kieron (M40)	Celbridge A.C.	8.25
3	(M40)	130	Greene, Tommy (M40)	St. John's (Clare) A.C.	8.25
4	(M40)	49	Mulcahy, Patrick (M40)	Bandon A.C.	8.82
1	(M45)	82	O'Neill, Jimmy (M45)	Menapians A.C.	7.99
2	(M45)	111	Bric, Muiris (M45)	Gowran A.C.	8.24
3	(M45)	40	Daly, Neilus (M45)	Tralee Harriers A.C.	8.48
4	(M45)	124	Cullen, Paul (M45)	Civil Service A.C.	8.48
5	(M45)	10	Murphy, John (M45)	Liscarroll A.C.	8.63
6	(M45)	39	Foley, John (M45)	Tralee Harriers A.C.	8.77
7	(M45)	128	Galvin, Noel (M45)	West Muskerry A.C.	8.90
8	(M45)	33	Ormond, Martin (M45)	Clonmel A.C.	9.16
9	(M45)	19	Cullina, Pdraig (M45)	Mayo A.C.	9.22
1	(M50)	388	Moran, Patrick (M50)	Border Ramblers A.C.	9.20
2	(M50)	148	Fox, Seamus (M50)	Fanahan Mc Sweeney A.C.	9.27
3	(M50)	9	O'Keeffe, James (M50)	Liscarroll A.C.	10.22
1	(M55)	77	Leech, David (M55)	Blackrock A.C.	8.23
2	(M55)	63	O'Hare, James (M55)	Limerick A.C.	8.44
3	(M55)	129	Gijbels, Harry (M55)	West Muskerry A.C.	9.08
4	(M55)	79	Flynn, Michael (M55)	Tullamore Harriers A.C.	9.58
5	(M55)	23	Boland, Jim (M55)	Sli Cualann A.C.	10.72
1	(M60)	47	Dennehy, Brendan (M60)	Rising Sun A.C.	8.40
2	(M60)	31	O'Neill, Bernard (M60)	Dundrum A.C.	8.68
3	(M60)	43	Crawley, Donal (M60)	Tralee Harriers A.C.	9.99
4	(M60)	153	Henry, Jim (M60)	Dunboyne A.C.	10.79
1	(M65)	398	Forbes, Patsy (M65)	MUAC	8.73
2	(M65)	28	O'Donovan, Con (M65)	Rising Sun A.C.	8.84
3	(M65)	16	O'Shea, Jim (M65)	Farranfore Maine Valley A.C.	9.46
4	(M65)	89	Maye, Pdraig (M65)	South Sligo A.C.	9.78
5	(M65)	53	Nugent, Peadar (M65)	Athenry A.C.	9.98
1	(M70)	34	Caffrey, Ernie (M70)	Ballina A.C.	9.80
2	(M70)	58	Gorman, John (M70)	Gowran A.C.	10.15
1	(M75)	391	Naughton, Patrick (M75)	Nenagh Olympic A.C.	10.55
2	(M75)	59	O'Beirne, Michael (M75)	Dundrum A.C.	17.24

Men's 200m					
Place	Category	No.	Name	Club	Time
1	(M35)	396	Griffin, Thomas (M35)	Riocht A.C.	24.98
2	(M35)	67	Fitzgerald, Gregory (M35)	Menapians A.C.	25.44
3	(M35)	140	Walsh, Anthony (M35)	Kilmallock	27.51
1	(M40)	133	Mac Arthur, Richard (M40)	St. Cronans A.C.	25.14
2	(M40)	386	Finn, Kevin (M40)	Nenagh Olympic A.C.	25.81
3	(M40)	49	Mulcahy, Patrick (M40)	Bandon A.C.	27.36
4	(M40)	130	Greene, Tommy (M40)	St. John's (Clare) A.C.	28.04
1	(M45)	82	O'Neill, Jimmy (M45)	Menapians A.C.	26.16
2	(M45)	21	Kinsella, Gerry (M45)	Sli Cualann A.C.	26.76
3	(M45)	40	Daly, Neilus (M45)	Tralee Harriers A.C.	26.84
4	(M45)	111	Bric, Muiris (M45)	Gowran A.C.	27.00
5	(M45)	154	Corryn, M (M45)	Dunboyne A.C.	27.91
6	(M45)	10	Murphy, John (M45)	Liscarroll A.C.	28.04
7	(M45)	124	Cullen, Paul (M45)	Civil Service A.C.	29.18
8	(M45)	72	Keaney, Joe (M45)	Coolquill A.C.	29.27
9	(M45)	39	Foley, John (M45)	Tralee Harriers A.C.	29.67
1	(M50)	388	Moran, Patrick (M50)	Border Ramblers A.C.	43.06

1	(M55)	77	Leech, David (M55)	Blackrock A.C.	28.63
2	(M55)	138	Egan, Neil (M55)	South Sligo A.C.	28.65
3	(M55)	129	Gijbels, Harry (M55)	West Muskerry A.C.	32.60
1	(M60)	47	Dennehy, Brendan (M60)	Rising Sun A.C.	28.16
2	(M60)	31	O'Neill, Bernard (M60)	Dundrum A.C.	30.43
3	(M60)	11	Dolan, Patrick (M60)	Tullamore Harriers A.C.	32.48
4	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	33.57
5	(M60)	18	Hunt, Tom (M60)	Mayo A.C.	33.72
6	(M60)	153	Henry, Jim (M60)	Dunboyne A.C.	41.62
1	(M65)	398	Forbes, Patsy (M65)	MUAC	29.34
2	(M65)	28	O'Donovan, Con (M65)	Rising Sun A.C.	30.63
3	(M65)	53	Nugent, Peadar (M65)	Athenry A.C.	37.20
1	(M70)	58	Gorman, John (M70)	Gowran A.C.	34.0H
2	(M70)	34	Caffrey, Ernie (M70)	Ballina A.C.	34.26
1	(M75)	391	Naughton, Patrick (M75)	Nenagh Olympic A.C.	36.25

Men's 400m

Place	Category	No.	Name	Club	Time
1	(M35)	67	Fitzgerald, Gregory (M35)	Menapians A.C.	56.42
1	(M40)	386	Finn, Kevin (M40)	Nenagh Olympic A.C.	56.65
1	(M45)	21	Kinsella, Gerry (M45)	Sli Cualann A.C.	58.05
1	(M55)	146	Reville, Joe (M55)	Rathfarnham W.S.A.F. A.C.	64.51
1	(M50)	125	Campion, Loughlin (M50)	Civil Service A.C.	64.97
1	(M60)	384	Mc Evilly, Martin (M60)	Galway City Harriers A.C.	69.98
2	(M60)	11	Dolan, Patrick (M60)	Tullamore Harriers A.C.	70.52
1	(M65)	28	O'Donovan, Con (M65)	Rising Sun A.C.	87.21
1	(M70)	58	Gorman, John (M70)	Gowran A.C.	87.36
2	(M40)	143	Coyle, Pearse (M40)	Rathfarnham W.S.A.F. A.C.	59.27
2	(M45)	72	Keaney, Joe (M45)	Coolquill A.C.	59.46
2	(M35)	140	Walsh, Anthony (M35)	Kilmallock	61.45
2	(M50)	88	Maybury, George (M50)	Clonliffe Harriers A.C.	67.12
2	(M55)	50	Kennedy, Dan (M55)	St. Finbarrs A.C.	69.36
3	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	74.98
4	(M60)	43	Crawley, Donal (M60)	Tralee Harriers A.C.	76.31
2	(M65)	161	Browne, Mike (M65)	Gneeveguilla A.C.	89.79
2	(M70)	152	Conroy, Sean (M70)	Dunboyne A.C.	93.27
3	(M45)	154	Corryn, M (M45)	Dunboyne A.C.	60.15
3	(M50)	142	Mc Hugh, John (M50)	Rathfarnham W.S.A.F. A.C.	68.50
3	(M55)	57	Kelly, Martin (M55)	Gowran A.C.	70.69
5	(M60)	12	Mc Mullin, Sean (M60)	Mullingar Harriers A.C.	84.99
4	(M45)	40	Daly, Neilus (M45)	Tralee Harriers A.C.	62.68
4	(M50)	394	Mc Quigan, Sean (M50)	Dunleer A.C.	93.44

Men's 800m

Place	Category	No.	Name	Club	Time
1	(M35)	162	Kelleher, Tony (M35)	Togher A.C.	2.05.29
1	(M50)	126	Moynihan, Eugene (M50)	Marian A.C.	2.20.2H
1	(M45)	201	Daly, Colin (M45)	Sli Cualann A.C.	2.22.15
1	(M55)	75	Timmons, Patrick (M55)	Raheny Shamrock A.C.	2.24.73
1	(M60)	384	Mc Evilly, Martin (M60)	Galway City Harriers A.C.	2.34.69
2	(M35)	78	Cross, Rob (M35)	Crusaders A.C.	2.07.77
2	(M50)	51	Murphy, Michael (M50)	St. Finbarrs A.C.	2.20.8H
2	(M45)	72	Keaney, Joe (M45)	Coolquill A.C.	2.22.26
2	(M55)	146	Reville, Joe (M55)	Rathfarnham W.S.A.F. A.C.	2.33.96
2	(M60)	46	Dundon, Michael (M60)	Thurles Crokes A.C.	2.42.53
3	(M35)	397	Grennan, Catch (M35)	Tullamore Harriers A.C.	2.10.79
3	(M50)	20	Naylor, Ronnie (M50)	Mayo A.C.	2.22.7H
3	(M45)	154	Corryn, M (M45)	Dunboyne A.C.	2.25.55
3	(M55)	74	Cooney, Conor (M55)	Drogheda & District A.C.	2.37.33
3	(M60)	18	Hunt, Tom (M60)	Mayo A.C.	2.43.09
1	(M40)	60	Ryan, Pat (M40)	Dundrum A.C.	2.11.64
4	(M50)	125	Campion, Loughlin (M50)	Civil Service A.C.	2.24.9H
4	(M45)	382	Power, Richard (M45)	West Waterford A.C.	2.35.33
4	(M55)	57	Kelly, Martin (M55)	Gowran A.C.	2.39.97

4	(M60)	11	Dolan, Patrick (M60)	Tullamore Harriers A.C.	2.45.40
2	(M40)	143	Coyle, Pearse (M40)	Rathfarnham W.S.A.F. A.C.	2.11.79
5	(M50)	88	Maybury, George (M50)	Clonliffe Harriers A.C.	2.26.2H
5	(M55)	50	Kennedy, Dan (M55)	St. Finbarrs A.C.	2.45.07
1	(M65)	81	Langan, Jim (M65)	Tullamore Harriers A.C.	2.53.03
3	(M40)	145	Mc Loughlin, Owen (M40)	Rathfarnham W.S.A.F. A.C.	2.18.54
6	(M50)	142	Mc Hugh, John (M50)	Rathfarnham W.S.A.F. A.C.	2.30.1H
5	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	3.07.17
4	(M40)	400	Conway, Joe (M40)	Guest	2.20.78
7	(M50)	83	Quinlivan, Michael (M50)	Tulla A.C.	2.45.3H
2	(M65)	161	Browne, Mike (M65)	Gneeveguilla A.C.	3.14.03
4	(M35)	140	Walsh, Anthony (M35)	Kilmallock	2.27.08

Men's 1500m

Place	Category	No.	Name	Club	Time
1	(M35)	78	Cross, Rob (M35)	Crusaders A.C.	4.25.48
1	(M50)	376	Mc Donald, Martin (M50)	North Laois A.C.	4.29.55
1	(M60)	384	Mc Evilly, Martin (M60)	Galway City Harriers A.C.	5.23.22
2	(M35)	85	Ward, Paul (M35)	Tir Chonaill A.C.	4.29.24
2	(M50)	51	Murphy, Michael (M50)	St. Finbarrs A.C.	4.42.57
2	(M60)	18	Hunt, Tom (M60)	Mayo A.C.	5.40.96
1	(M45)	379	O'Brien, Harry (M45)	West Waterford A.C.	4.36.86
3	(M50)	20	Naylor, Ronnie (M50)	Mayo A.C.	4.50.59
3	(M35)	22	Doyle, PJ (M35)	Sli Cualann A.C.	5.28.39
1	(M65)	81	Langan, Jim (M65)	Tullamore Harriers A.C.	6.04.06
1	(M40)	377	Maher, Robert (M40)	Drogheda & District A.C.	4.38.97
1	(M55)	75	Timmons, Patrick (M55)	Raheny Shamrock A.C.	4.58.27
3	(M60)	12	Mc Mullin, Sean (M60)	Mullingar Harriers A.C.	6.29.72
2	(M45)	73	Skeffington, Danny (M45)	Drogheda & District A.C.	4.39.92
4	(M50)	125	Campion, Loughlin (M50)	Civil Service A.C.	5.03.74
4	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	6.34.31
2	(M40)	145	Mc Loughlin, Owen (M40)	Rathfarnham W.S.A.F. A.C.	4.47.57
5	(M50)	83	Quinlivan, Michael (M50)	Tulla A.C.	5.10.63
2	(M65)	161	Browne, Mike (M65)	Gneeveguilla A.C.	6.41.48
2	(M55)	146	Reville, Joe (M55)	Rathfarnham W.S.A.F. A.C.	5.17.33
3	(M45)	154	Corryn, M (M45)	Dunboyne A.C.	5.24.64
4	(M65)	383	O'Connell, Gerry (M65)	Limerick County A.C.	6.56.37
6	(M50)	88	Maybury, George (M50)	Clonliffe Harriers A.C.	5.19.33
3	(M55)	74	Cooney, Conor (M55)	Drogheda & District A.C.	5.21.94
4	(M55)	50	Kennedy, Dan (M55)	St. Finbarrs A.C.	5.24.83

Men's 3000m

Place	Category	No.	Name	Club	Time
1	(M40)	123	Cowhie, Paul (M40)	Civil Service A.C.	9.27.11
1	(M55)	156	O'Shea, Patrick (M55)	Iveragh A.C.	10.23.98
2	(M40)	60	Ryan, Pat (M40)	Dundrum A.C.	9.53.15
1	(M60)	384	Mc Evilly, Martin (M60)	Galway City Harriers A.C.	10.32.39
1	(M50)	376	Mc Donald, Martibn (M50)	North Laois A.C.	10.00.00
2	(M55)	163	Hanratty, Noel (M55)	Trim A.C.	10.59.50
2	(M50)	375	Feery, John (M50)	Tullamore Harriers A.C.	10.22.03
3	(M55)	122	Rankin, Joe (M55)	Donore Harriers A.C.	11.19.89
1	(M45)	29	Fennell, Michael (M45)	Civil Service A.C.	10.25.55
4	(M55)	50	Kennedy, Dan (M55)	St. Finbarrs A.C.	11.40.10
2	(M45)	155	O'Shea, Mike (M45)	Iveragh A.C.	10.34.02
2	(M60)	18	Hunt, Tom (M60)	Mayo A.C.	11.41.44
3	(M50)	66	Murphy, Pat (M50)	Eagle A.C.	10.35.07
3	(M60)	12	Mc Mullin, Sean (M60)	Mullingar Harriers A.C.	12.35.87
3	(M45)	56	Cormack, Denis (M45)	Gowran A.C.	11.23.53
1	(M65)	81	Langan, Jim (M65)	Tullamore Harriers A.C.	12.43.79
4	(M45)	52	O'Brien, Tony (M45)	St. Finbarrs A.C.	12.10.46
5	(M55)	23	Boland, Jim (M55)	Sli Cualann A.C.	12.55.18
1	(M35)	22	Doyle, PJ (M35)	Sli Cualann A.C.	12.18.75
2	(M65)	161	Browne, Mike (M65)	Gneeveguilla A.C.	13.24.25

5	(M45)	45	Percival, David (M45)	Menapians A.C.	12.31.55
3	(M65)	383	O'Connell, Gerry (M65)	Limerick County A.C.	13.49.31

Men's 800m

Place	Category	No.	Name	Club	Time
1	(M45)	54	Murphy, Patrick (M45)	Castleisland A.C.	13.54.69
2	(M60)	150	King, Bobby (M60)	Dunboyne A.C.	15.44.84
3	(M45)	147	Mc Connon, Derek (M45)	Rathfarnham W.S.A.F. A.C.	16.41.75
4	(M60)	12	Mc Mullin, Sean (M60)	Mullingar Harriers A.C.	16.56.73
5	(M40)	399	O'Keeffe, Michael (M40)	Thomastown A.C.	17.34.20
6	(M65)	395	Norbett, Will (M65)	VACNI	17.59.30
7	(M55)	17	O'Connor, Michael (M55)	Farranfore Maine Valley A.C.	18.03H
8	(M50)	6	O'Brien, Martin (M50)	Templemore A.C.	19.23.78
9	(M50)	62	Kenny, Mick (M50)	Kildare A.C.	21.31.06
11	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	23.11.19
	(M55)	26	Connolly, Seamus (M55)	Tinryland A.C.	DQ

High Jump - Men

Place	Category	No.	Name	Club	Hgt
1	(M35)	84	Byrne, Kevin (V1)	Dundrum South Dublin A.C.	1.65
1	(M40)	392	Meagher, Brendan (V2)	Nenagh Olympic A.C.	1.70
2	(M40)	393	O'Grady, Martin (V2)	Nenagh Olympic A.C.	1.55
3	(M40)	130	Greene, Tommy (V2)	St. John's (Clare) A.C.	1.50
1	(M45)	10	Murphy, John (V3)	Liscarroll A.C.	1.55
2	(M45)	44	O'Grady, Larry (V3)	Bilboa A.C.	1.40
3	(M45)	131	Territt, John (V3)	St. Abbans A.C.	1.40
4	(M45)	15	Mangan, Frank (V3)	Farranfore Maine Valley A.C.	1.35
5	(M45)	40	Daly, Neilus (V3)	Tralee Harriers A.C.	1.35
6	(M45)	19	Cullina, Pdraig (V3)	Mayo A.C.	1.35
1	(M50)	42	O'Connor, Patsy (V4)	Tralee Harriers A.C.	1.45
2	(M50)	30	Davies, Joe (V4)	Individual	1.40
3	(M50)	148	Fox, Seamus (V4)	Fanahan Mc Sweeney A.C.	1.30
1	(M55)	138	Egan, Neil (V5)	South Sligo A.C.	1.35
2	(M55)	79	Flynn, Michael (V5)	Tullamore Harriers A.C.	1.35
3	(M55)	129	Gijbels, Harry (V5)	West Muskerry A.C.	1.30
4	(M55)	165	Rowan, Henry (V5)	Sligo A.C.	1.25
1	(M60)	47	Dennehy, Brendan (V6)	Rising Sun A.C.	1.40
2	(M60)	43	Crawley, Donal (V6)	Tralee Harriers A.C.	1.15
1	(M65)	16	O'Shea, Jim (V7)	Farranfore Maine Valley A.C.	1.30
2	(M65)	89	Maye, Pdraig (V7)	South Sligo A.C.	1.10
1	(M75)	391	Naughton, Patrick (V9)	Nenagh Olympic A.C.	1.20
2	(M75)	59	O'Beirne, Michael (V9)	Dundrum A.C.	0.90

Long Jump - Men

Place	Category	No.	Name	Club	Dist.
1	(M35)	396	Griffin, Thomas (M35)	Riocht A.C.	5.68
2	(M35)	27	Mc Whinney, Jonathan (M35)	City of Lisburn	4.69
1	(M40)	133	Mac Arthur, Richard (M40)	St. Cronans A.C.	5.65
2	(M40)	130	Greene, Tommy (M40)	St. John's (Clare) A.C.	5.41
1	(M45)	55	Mahon, Patrick (M45)	Gowran A.C.	5.17
2	(M45)	19	Cullina, Pdraig (M45)	Mayo A.C.	4.66
3	(M45)	10	Murphy, John (M45)	Liscarroll A.C.	4.53
4	(M45)	15	Mangan, Frank (M45)	Farranfore Maine Valley A.C.	4.16
5	(M45)	128	Galvin, Noel (M45)	West Muskerry A.C.	4.12
1	(M50)	148	Fox, Seamus (M50)	Fanahan Mc Sweeney A.C.	4.41
2	(M50)	388	Moran, Patrick (M50)	Border Ramblers A.C.	4.20
3	(M50)	394	Mc Quigan, Sean (M50)	Dunleer A.C.	3.02
1	(M55)	138	Egan, Neil (M55)	South Sligo A.C.	4.71
2	(M55)	79	Flynn, Michael (M55)	Tullamore Harriers A.C.	4.43
3	(M55)	61	Peyton, Martin (M55)	CSKA Killasser	3.47
4	(M55)	23	Boland, Jim (M55)	Sli Cualann A.C.	2.95
1	(M60)	47	Dennehy, Brendan (M60)	Rising Sun A.C.	4.67
2	(M60)	31	O'Neill, Bernard (M60)	Dundrum A.C.	3.73
3	(M60)	70	O'Mahony, William (M60)	Youghal A.C.	3.62

4	(M60)	43	Crawley, Donal (M60)	Tralee Harriers A.C.	3.54
1	(M65)	28	O'Donovan, Con (M65)	Rising Sun A.C.	4.33
2	(M65)	89	Maye, Pdraig (M65)	South Sligo A.C.	4.06
3	(M65)	16	O'Shea, Jim (M65)	Farranfore Maine Valley A.C.	3.71
4	(M65)	53	Nugent, Peadar (M65)	Athenry A.C.	3.65
1	(M75)	391	Naughton, Patrick (M75)	Nenagh Olympic A.C.	3.02
2	(M75)	59	O'Beirne, Michael (M75)	Dundrum A.C.	1.92

Shot Putt - Men

Place	Category	No.	Name	Club	Dist.
1	(M35)	37	Nagle, Joseph (M35)	Leevale A.C.	10.75
2	(M35)	8	Keating, Peter (M35)	Liscarroll A.C.	8.64
3	(M35)	27	Mc Whinney, Jonathan (M35)	City of Lisburn	8.55
1	(M40)	127	Stout, Kieron (M40)	Celbridge A.C.	11.95
2	(M40)	389	Fitzpatrick, Seamus (M40)	North Laois A.C.	11.70
3	(M40)	130	Greene, Tommy (M40)	St. John's (Clare) A.C.	10.90
4	(M40)	5	Dwyer, Tadhg (M40)	Templemore A.C.	10.39
1	(M45)	131	Territt, John (M45)	St. Abbans A.C.	9.88
2	(M45)	44	O'Grady, Larry (M45)	Bilboa A.C.	8.72
3	(M45)	124	Cullen, Paul (M45)	Civil Service A.C.	7.67
4	(M45)	52	O'Brien, Tony (M45)	St. Finbarrs A.C.	7.24
1	(M50)	42	O'Connor, Patsy (M50)	Tralee Harriers A.C.	13.42
2	(M50)	87	Fitzgerald, Martin (M50)	St. Marys (Clare) A.C.	10.94
3	(M50)	390	Morgan, Paddy (M50)	Nenagh Olympic A.C.	9.32
4	(M50)	62	Kenny, Mick (M50)	Kildare A.C.	8.80
5	(M50)	9	O'Keeffe, James (M50)	Liscarroll A.C.	7.51
1	(M55)	381	Farragher, Thomas (M55)	Corofin A.C.	10.62
2	(M55)	61	Peyton, Martin (M55)	CSKA Killasser	9.10
3	(M55)	63	O'Hare, James (M55)	Limerick A.C.	9.00
1	(M60)	141	Power, Tom (M60)	Bagenalstown A.C.	11.81
2	(M60)	132	Kelly, Michael (M60)	Nenagh Olympic A.C.	10.80
3	(M60)	4	Kelly, Murty (M60)	Brow Rangers A.C.	9.20
4	(M60)	7	Ryan, Paul (M60)	Templemore A.C.	9.09
5	(M60)	32	Reilly, Patrick (M60)	St. Andrews A.C.	8.14
1	(M65)	89	Maye, Pdraig (M65)	South Sligo A.C.	8.47
1	(M70)	34	Caffrey, Ernie (M70)	Ballina A.C.	8.10
1	(M75)	391	Naughton, Patrick (M75)	Nenagh Olympic A.C.	9.05
2	(M75)	86	Hayes, Michael (M75)	St. Marys (Clare) A.C.	7.98
3	(M75)	59	O'Beirne, Michael (M75)	Dundrum A.C.	6.62

Women's 60m

Place	Category	No.	Name	Club	Time
1	(W40)	149	Finnegan, Geraldine (W40)	Dunleer A.C.	8.85
1	(W50)	120	Barrett, Mary (W50)	Loughrea A.C.	9.63
2	(W40)	104	Coomey, Liz (W40)	Bandon A.C.	8.99
2	(W50)	139	Whelan, Mary (W50)	Dublin Striders A.C.	10.74
3	(W40)	91	Nolan, Cera (W40)	Naas A.C.	9.25
1	(W60)	385	Gough, Terry (W60)	West Waterford A.C.	13.26
1	(W45)	136	Walley, Kathryn (W45)	Clonliffe Harriers A.C.	10.01
2	(W45)	115	Brennan, Josephine (W45)	St. Abbans A.C.	11.09
3	(W45)	110	Hayes, Kathleen (W45)	Carbery Harriers A.C.	11.20

Women's 200m

Place	Category	No.	Name	Club	Time
1	(W40)	104	Coomey, Liz (W40)	Bandon A.C.	32.3H
1	(W60)	103	Walsh, Mary (W60)	Tullamore Harriers A.C.	37.3H
1	(W35)	98	O'Connor, Hilda (W35)	Ennis Track A.C.	33.3H
1	(W50)	93	Jennings, Mary (W50)	Waterford A.C.	38.8H
1	(W45)	136	Walley, Kathryn (W45)	Clonliffe Harriers A.C.	33.8H
2	(W50)	108	Lyons, Marion (W50)	St. Finbarrs A.C.	43.3H
2	(W45)	106	Burton, Regina (W45)	St. Finbarrs A.C.	37.3H
2	(W60)	385	Gough, Terry (W60)	West Waterford A.C.	48.9H

Women's 400m

Place	Category	No.	Name	Club	Time
1	(W40)	149	Finnegan, Geraldine (W40)	Dunleer A.C.	68.53
1	(W50)	137	Hehir Murphy, Cushla (W50)	Marian A.C.	74.27
1	(W45)	136	Walley, Kathryn (W45)	Clonliffe Harriers A.C.	74.31
1	(W60)	103	Walsh, Mary (W60)	Tullamore Harriers A.C.	93.17
2	(W45)	116	Harvey, Jackie (W45)	Tir Chonaill A.C.	75.33
1	(W35)	98	O'Connor, Hilda (W35)	Ennis Track A.C.	76.94
2	(W50)	114	Reilly, Nuala (W50)	Drogheda & District A.C.	89.68
2	(W60)	385	Gough, Terry (W60)	West Waterford A.C.	110.92
3	(W45)	106	Burton, Regina (W45)	St. Finbarrs A.C.	86.10
3	(W50)	108	Lyons, Marion (W50)	St. Finbarrs A.C.	96.23

Women's 800m

Place	Category	No.	Name	Club	Time
1	(W40)	119	Hanley, Mary (W40)	Na Fianna A.C.	2.31.37
1	(W50)	137	Hehir Murphy, Cushla (W50)	Marian A.C.	2.43.91
1	(W35)	102	Daly, Deirdre (W35)	Ennis Track A.C.	2.37.15
2	(W50)	93	Jennings, Mary (W50)	Waterford A.C.	3.02.90
1	(W45)	116	Harvey, Jackie (W45)	Tir Chonaill A.C.	2.46.29
3	(W50)	114	Reilly, Nuala (W50)	Drogheda & District A.C.	3.07.56
2	(W35)	92	Fenlon, Verena (W35)	St. Joseph's A.C.	2.58.85
1	(W60)	103	Walsh, Mary (W60)	Tullamore Harriers A.C.	3.20.67
2	(W45)	106	Burton, Regina (W45)	St. Finbarrs A.C.	3.05.13
4	(W50)	108	Lyons, Marion (W50)	St. Finbarrs A.C.	3.38.45
3	(W45)	101	O'Loughlin, Marion (W45)	Ennis Track A.C.	3.20.69
2	(W60)	385	Gough, Terry (W60)	West Waterford A.C.	3.57.53

Women's 1500m

Place	Category	No.	Name	Club	Time
1	(W50)	137	Hehir Murphy, Cushla (W50)	Marian A.C.	5.43.5H
2	(W40)	100	Hanrahan, Ita (W40)	Ennis Track A.C.	5.55.2H
3	(W50)	93	Jennings, Mary (W50)	Waterford A.C.	6.10.8H
4	(W50)	114	Reilly, Nuala (W50)	Drogheda & District A.C.	6.15.2H
5	(W45)	101	O'Loughlin, Marion (W45)	Ennis Track A.C.	6.36.8H
6	(W60)	385	Gough, Terry (W60)	West Waterford A.C.	8.06.3H

Women's 3000m

Place	Category	No.	Name	Club	Time
1	(W35)	378	Curley, Pauline (W35)	Tullamore Harriers A.C.	10.11.38
2	(W35)	380	Cuskely, Elizabeth (W35)	Tullamore Harriers A.C.	10.37.90
1	(W40)	119	Hanley, Mary (W40)	Na Fianna A.C.	10.40.92
3	(W35)	118	Burke, Marian (W35)	St. Marys (Clare) A.C.	11.41.93
2	(W40)	100	Hanrahan, Ita (W40)	Ennis Track A.C.	12.35.94
1	(W50)	93	Jennings, Mary (W50)	Waterford A.C.	12.43.50
2	(W50)	114	Reilly, Nuala (W50)	Drogheda & District A.C.	12.59.67
1	(W45)	101	O'Loughlin, Marion (W45)	Ennis Track A.C.	13.44.12
3	(W50)	108	Lyons, Marion (W50)	St. Finbarrs A.C.	14.34.63

Women's Walk

Place	Category	No.	Name	Club	Time
1	(W60)	96	Reynolds, Pamela (W60)	St. Andrews A.C.	21.24.47
1	(W70)	95	Champion, Sheila (W70)	Sportsworld A.C.	28.03.88

Women's - High Jump

Place	Category	No.	Name	Club	Hgt
1	(W35)	92	Fenlon, Verena (W35)	St. Joseph's A.C.	1.30
1	(W40)	149	Finnegan, Geraldine (W40)	Dunleer A.C.	1.40
2	(W40)	104	Coomey, Liz (W40)	Bandon A.C.	1.35
3	(W40)	160	O'Donoghue, Sheila (W40)	Gneeveguilla A.C.	1.25
1	(W45)	121	Reilly, Marie (W45)	Loughrea A.C.	1.15
2	(W45)	110	Hayes, Kathleen (W45)	Carbery Harriers A.C.	1.05

1	(W50)	120	Barrett, Mary (W50)	Loughrea A.C.	1.35
2	(W50)	135	Moore-Fox, Lucy (W50)	Dundrum South Dublin A.C.	1.30

Women's - Long Jump

Place	Category	No.	Name	Club	Dist.
1	(W35)	92	Fenlon, Verena (W35)	St. Joseph's A.C.	3.52
1	(W40)	149	Finnegan, Geraldine (W40)	Dunleer A.C.	4.57
2	(W40)	104	Coomey, Liz (W40)	Bandon A.C.	4.34
3	(W40)	91	Nolan, Cera (W40)	Naas A.C.	3.97
4	(W40)	160	O'Donoghue, Sheila (W40)	Gneeveguilla A.C.	3.91
1	(W45)	121	Reilly, Marie (W45)	Loughrea A.C.	2.86
2	(W45)	110	Hayes, Kathleen (W45)	Carbery Harriers A.C.	2.84
3	(W45)	115	Brennan, Josephine (W45)	St. Abbans A.C.	2.82
1	(W50)	120	Barrett, Mary (W50)	Loughrea A.C.	3.90

Women's - Shot Putt

Place	Category	No.	Name	Club	Dist.
1	(W35)	92	Fenlon, Verena (W35)	St. Joseph's A.C.	9.60
1	(W40)	149	Finnegan, Geraldine (W40)	Dunleer A.C.	10.48
2	(W40)	104	Coomey, Liz (W40)	Bandon A.C.	9.65
3	(W40)	160	O'Donoghue, Sheila (W40)	Gneeveguilla A.C.	9.60
4	(W40)	105	O'Sullivan, Priscilla (W40)	Bandon A.C.	9.00
1	(W45)	110	Hayes, Kathleen (W45)	Carbery Harriers A.C.	6.66
2	(W45)	121	Reilly, Marie (W45)	Loughrea A.C.	5.95
1	(W50)	120	Barrett, Mary (W50)	Loughrea A.C.	10.88
2	(W50)	135	Moore-Fox, Lucy (W50)	Dundrum South Dublin A.C.	9.24
3	(W50)	112	Murphy, Elizabeth (W50)	Gowran A.C.	6.68