

Woodie's DIY Irish Indoor Championships

Odyessy Arena 7 & 8th February, 2009

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Senior Men's 60 m

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Senior Men's High Jump

Senior Men's Long Jump

Senior Men's Triple Jump

Senior Men's Shot Putt

Senior Men's Pole Vault

Senior Women's 60 m Hurdles

Senior Women's 60 m

Senior Women's 200 m

Senior Women's 400 m

Senior Women's 800 m

Senior Women's 1500 m

Senior Women's 3000 m

Senior Women's 3 km Walk

Senior Women's High Jump

Senior Women's Long Jump

Senior Women's Triple Jump

Senior Women's Shot Putt

Senior Women's Pole Vault

Senior Men's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	10	Mitchum, Eric	USA	7.93		7.74
2	16	Bailie, Chris	GBR	7.91		7.79
3	201	Reynolds, Ben	North Down	8.31		8.04

4	197	Avron, Alexandre	Crusaders A.C.	8.41	8.38
5	101	Carey, Tom	City of Derry	8.50	8.47
	232	Davis, Daniel	Woodford Green	8.01	DNS
	343	O'Cathain, Ciaran	Raheny Shamrock A.C.	8.70	
	207	Flatley, Brian	Shercock A.C.	8.75	
	273	Grant, Kevin	Letterkenny A.C.	9.70	

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Norman, Josh	USA	6.77	6.75	6.62
2	460	Hession, Paul	Athenry A.C.	6.82	6.76	6.71
3	403	O'Donoghue, Jer	Riocht A.C.	6.94	6.89	6.92
4	104	Doyle, Brian	Finn Valley A.C.	6.92	6.93	6.92
5	461	Russell, Christopher	Ferrybank A.C.	7.01	7.01	7.04
6	233	Williams, Bradley	Deeside A.C.	7.02	7.01	7.06
1	239	Duff, Derek	Leevale A.C.	7.07	7.02	7.01
2	257	Crowley, John Dundrum	South Dublin A.C.	7.15	7.19	7.11
3	434	Holmes, Jonathan	Kilkenny City Harriers A.C.	7.15	7.20	7.16
	121	Hamilton, Scott	Regent House	7.10	7.14	DNS
	241	Hannon, Eoin	Tullamore Harriers A.C.	7.13	7.11	DISQ
	358	O'Shea, David	Dooneen A.C.	7.08	7.11	DNS
	304	Taylor, Phil	Liverpool Pembroke	7.16	7.23	
	507	Mac Namara, Carl	Leevale A.C.	7.14	7.30	
	272	Duggan, Kevin	Mullingar Harriers A.C.	7.12	8.87	
	232	Davis, Daniel	Woodford Green	7.00	DNF	
	10	Mitchum, Eric	USA	7.01	DNS	
	216	Lynch, Craig	Shercock A.C.	7.11	DNS	
	195	Whelan, Alan	North Laois A.C.	7.20		
	271	Elliott, Kenny	North Down	7.20		
	260	Houston, John	Ballymena & Antrim A.C.	7.21		
	501	Quilligan, David	Leevale A.C.	7.25		
	398	O'Cathain, Lorcan	Roscommon A.C.	7.34		
	328	Reynolds, Tom	North Down	7.34		
	127	Maguire, Gerard	Erne Integrated College	7.36		
	131	Mc Carron, Cillian	Monaghan A.C.	7.36		
	200	O'Donohoe, Barry	Raheny Shamrock A.C.	7.36		
	267	Bradley, Karl	City of Derry	7.39		
	362	Power, Finn	Donore Harriers A.C.	7.40		

129	Minn, Chris	Clones A.C.	7.44
347	Monaghan, Joseph	Navan A.C.	7.47
380	Oldilade, Tope	Crusaders A.C.	7.47
132	Mc Carron, Patrick	Monaghan A.C.	7.48
199	Brownlees, Andrew	Ballymena & Antrim A.C.	7.49
321	Comiskey, Stephen	Clonliffe Harriers A.C.	7.49
247	Hensey, Gerard	Tullamore Harriers A.C.	7.51
215	Doherty, Cormac	Clonliffe Harriers A.C.	7.51
281	Kinsella, Lorcan	Dundrum South Dublin A.C.	7.55
382	Melvin, Eoin	Crusaders A.C.	7.58
249	Sheridan, Ian	City of Derry	7.58
262	Mc Dermott, John	Crusaders A.C.	7.63
126	Mc Brien, Caolan	St. Michael's College	7.64
206	Boyce, Brian	Milford A.C.	7.67
381	Keegan, John	Crusaders A.C.	7.67
305	Devine, Pius	Tullamore Harriers A.C.	7.68
364	Schwartzzein, Pete	Metro/St. Brigid's A.C.	7.68
266	Bingham, Joshua	Portora Royal	7.69
218	Gillen, Daniel	Athenry A.C.	7.85
270	Grant, Keith	Ballymena & Antrim A.C.	7.93
313	Whelan, Robert	Navan A.C.	7.94
314	Foley, Ronan	Togher A.C.	8.09
459	Kerr, Adam	Fingallians A.C.	8.10
119	Frey, Joe	Lagan Valley	8.59
296	Forbes, Patrick	Mid-Ulster	8.62
562	Dolan, Keith	Fingallians A.C.	9.13

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	304	Taylor, Phil	Liverpool Pembroke	21.99		21.84
2	461	Russell, Christopher	Ferrybank A.C.	22.33		21.93
3	248	Hawkes, Glyn	Loughborough	22.42		22.68
4	386	Hynes, Michael	Raheny Shamrock A.C.	22.61		22.84
1	507	Mac Namara, Carl	Leevale A.C.	22.64		22.48
2	243	Hannon, Fearghus	Tullamore Harriers A.C.	22.77		22.59
3	425	Gyomber, Zoltan	Dooneen A.C.	22.68		22.70
4	398	O'Cathain, Lorcan	Roscommon A.C.	22.83		23.13
	399	Cogley, Kevin	Menapians A.C.	22.70		

434	Holmes, Jonathan	Kilkenny City Harriers A.C.	22.93
276	Kelly, Kieran	Raheny Shamrock A.C.	23.05
358	O'Shea, David	Dooneen A.C.	23.10
346	Davis, Jamie	U.C.D. A.C.	23.12
271	Elliott, Kenny	North Down	23.35
501	Quilligan, David	Leevale A.C.	23.36
344	Lynch, Colm	Iveragh A.C.	23.51
138	Stafford, Peter	Dundrum South Dublin A.C.	23.57
240	Fahey, Eamonn	Donore Harriers A.C.	23.73
127	Maguire, Gerard	Erne Integrated College	23.80
281	Kinsella, Lorcan	Dundrum South Dublin A.C.	23.81
347	Monaghan, Joseph	Navan A.C.	23.81
318	Breathnach, Sean	Galway City Harriers A.C.	23.81
307	Lennon, Ray	Dooneen A.C.	23.88
215	Doherty, Cormac	Clonliffe Harriers A.C.	23.88
390	Gore, Shane	Fingallians A.C.	23.97
382	Melvin, Eoin	Crusaders A.C.	23.99
290	Dunne, Neil	Star Of The Sea A.C.	23.99
251	Connolly, Jack	Raheny Shamrock A.C.	24.14
126	Mc Brien, Caolan	St. Michael's College	24.20
228	Mac Aogain, David	St. Paul's	24.24
202	Bingham, Benjamin	Portora Royal	24.40
199	Brownlees, Andrew	Ballymena & Antrim A.C.	24.47
247	Hensey, Gerard	Tullamore Harriers A.C.	24.57
315	O'Loughlin, Ross	Menapians A.C.	24.61
266	Bingham, Joshua	Portora Royal	24.67
362	Power, Finn	Donore Harriers A.C.	24.95
381	Keegan, John	Crusaders A.C.	25.04
262	Mc Dermott, John	Crusaders A.C.	25.18
365	Lorigan, Dave	Metro/St. Brigid's A.C.	25.29
303	Fryer, Peter	City of Derry	25.82
270	Grant, Keith	Ballymena & Antrim A.C.	26.38
106	Conlon, Eugene	Canon Burke A.C.	26.97
317	Millar, Samuel	Ballymena & Antrim A.C.	27.18
377	Mc Grath, John	Menapians A.C.	28.33

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
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1	13	Strachan, Richard	England	48.40	47.69
2	293	Leavey, Nick	Woodford Green	48.45	47.96
3	421	Hogan, Nick	Dundrum South Dublin A.C.	48.64	48.77
4	8	Ademuyewo, Adebowale	Wales	49.30	49.75
1	417	Ryan, Billy	Ferrybank A.C.	49.47	49.65
2	254	Ruxton, James	Shercock A.C.	50.57	50.29
3	425	Gyomber, Zoltan	Dooneen A.C.	50.59	50.33
4	274	Mc Cloy, Kevin	Shercock A.C.	50.40	50.83
	506	Murphy, Brian	U.C.C. A.C.	49.50	
	346	Davis, Jamie	U.C.D. A.C.	50.65	
	503	Owens, Cathal	Leevale A.C.	50.71	
	101	Carey, Tom	City of Derry	50.83	
	276	Kelly, Kieran	Raheny Shamrock A.C.	50.94	
	205	Murphy, Brendan	Lisburn A.C.	51.00	
	195	Whelan, Alan	North Laois A.C.	51.14	
	371	Kervick, Dara	Carrick-On-Suir A.C.	51.16	
	197	Avron, Alexandre	Crusaders A.C.	51.21	
	265	Miller, Jonathan	Dundrum South Dublin A.C.	51.29	
	369	Matthews, Niall	Navan A.C.	51.35	
	385	Fagan, John	Kilkenny City Harriers A.C.	51.62	
	295	Bogues, Patrick	Omagh Y.C. Harriers A.C.	51.71	
	339	Kedney, Rory	Menapians A.C.	51.93	
	344	Lynch, Colm	Iveragh A.C.	52.03	
	128	Quinn, Chris	Lagan Valley	52.42	
	359	O'Shea, Gerard	Dooneen A.C.	52.53	
	198	Woods, Allister	Orchard County	53.11	
	228	Mac Aogain, David	St. Paul's	53.36	
	307	Lennon, Ray	Dooneen A.C.	53.72	
	221	Reid, Daniel	City of Derry	53.77	
	129	Minn, Chris	Clones A.C.	54.07	
	253	O'Connor, James	St. Michael's Enniskillen	54.22	
	329	Burke, Tomas	Crusaders A.C.	54.93	
	259	Hartnett, John	Clonliffe Harriers A.C.	55.78	
	289	Cullen, Neil	Metro/St. Brigid's A.C.	55.99	
	103	Mc Menamin, Lorcan	Finn Valley A.C.	56.19	
	135	Scott, Ross	Lagan Valley	57.41	
	106	Conlon, Eugene	Canon Burke A.C.	62.13	
	246	Stitt, Gary	Ballymena & Antrim A.C.	62.93	
	502	Dolan, Keith	Fingallians A.C.	65.87	
	517	O'Leary, Greg	Leevale A.C.	DNF	

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	312	Schofield, Robbie	Newham & Essex Beagles	1.53.57		1.53.38
2	255	Warne, Joe	Doheny A.C.	1.53.31		1.54.15
3	433	Everard, Eoin	Kilkenny City Harriers A.C.	1.53.53		1.54.18
4	324	Morrow, Steven	Ballymena & Antrim A.C.	1.53.96		1.54.68
5	431	Ledingham, James	West Waterford A.C.	1.57.69		1.55.41
6	283	Patterson, Mark	North Down	1.57.81		1.55.76
7	410	Keogh, David	Lucan Harriers A.C.	1.57.57		1.58.27
8	348	Duggan, Ronan	Bandon A.C.	1.56.91		2.00.35
	520	Lieghio, Anthony	Tallaght A.C.	1.58.22		
	298	Breslin, Paul	Crusaders A.C.	1.58.98		
	1	Bena, Jan	Slovakia	1.59.19		
	111	Gallagher, Michael	Finn Valley A.C.	1.59.40		
	279	Maher, Keith	Thurles Crokes A.C.	1.59.40		
	292	Robinson, Niall	North Down	2.00.33		
	419	O'Sullivan, Michael	West Muskerry A.C.	2.00.34		
	383	Ellis, Fergeal	Ballinamore A.C.	2.00.58		
	363	O'Sullivan, Michael	Metro/St. Brigid's A.C.	2.01.19		
	133	Mc Cluney, Simon	Lagan Valley	2.01.35		
	252	Budde, James	North Down	2.01.43		
	130	Hoy, Mark	St. Michael's College	2.01.58		
	522	Mc Donagh, Morgan	Dunboyne A.C.	2.02.12		
	282	Gardner, Mark	Lancaster & More A.C.	2.04.37		
	514	Harkness, Stephen	Clonliffe Harriers A.C.	2.04.59		
	134	Sharkey, Lee	Lagan Valley	2.06.89		
	205	Murphy, Brendan	Lisburn A.C.	2.07.13		
	409	Collins, Tony	Sli Cualann A.C.	2.07.91		
	428	Maher, Robert	Drogheda & District A.C.	2.08.01		
	429	Winters, Derek	Drogheda & District A.C.	2.08.98		
	427	Skeffington, Daniel	Drogheda & District A.C.	2.12.98		
	357	Walsh, Damian	Menapians A.C.	2.14.94		
	107	Delea, Cathal	St. Michael's College	2.18.62		
	113	Deery, Shaun	Olympian A.C.	2.19.73		
	335	Ritchie, Alan	Upper Bann A.C.	2.70.59		
	327	Kelly, Tom	Crusaders A.C.	DNF		

Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	526	Speight, Neil	Belgrave Harriers A.C.	3.52.81		3.43.31
2	341	O'Brien, Alan	Crusaders A.C.	3.56.51		3.49.12
3	524	Mc Cartan, Patrick	West Limerick A.C.	3.57.05		3.52.39
4	245	Hill, Gareth	Ballymena & Antrim A.C.	4.02.38		3.57.59
5	415	Downey, Gavin	Ferrybank A.C.	4.00.50		3.58.42
6	353	Kupppler, Julian	Rathfarnham W.S.A.F. A.C.	4.02.63		3.58.65
7	110	O'Hare, James	East Down A.C.	4.01.80		4.06.01
	225	Mc Brearty, Darren	Letterkenny A.C.	4.01.26		DNS
	388	Robinson, Paul	St. Coca's A.C.	3.57.78		DNS
	220	Mooney, Daniel	Letterkenny A.C.	4.05.33		
	114	Monaghan, Patrick	Lagan Valley	4.06.82		
	391	Mc Dermott, Dermot	Sligo A.C.	4.08.04		
	256	Carlisle, John	North Down	4.08.91		
	115	Monaghan, Andrew	Lagan Valley	4.10.45		
	244	Marsh, Francis	North Down	4.11.96		
	376	Cummins, Dermot	West Waterford A.C.	4.19.02		
	498	Kearns, Ronan	Sportsworld A.C.	4.21.22		
	250	Kinahan, Ivan	Crusaders A.C.	4.21.46		

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	308	Corcoran, Richard	Raheny Shamrock A.C.			8.10.30
2	519	Hanrahan, Mark	Leevale A.C.			8.11.2H
3	393	Conroy, Martin	Sligo A.C.			8.15.44
4	300	Miles, Paul	Owls A.C.			8.20.99
5	392	Dunleavy, Emmet	Sligo A.C.			8.27.58
6	387	Coghlan, John Metro	/St. Brigid's A.C.			8.31.18
7	330	Fitzpatrick, Tomas	Tallaght A.C.			8.35.79
8	213	Flannigan, Conor	North Belfast Harriers			8.35.96
9	334	Taylor, Simon	Abbey A.C.			8.35.99
10	418	Carey, Tom	Limerick A.C.			8.38.20
11	416	Cooper, Kevin	Ferrybank A.C.			8.39.60
12	137	Mc Killop, Michael	St. Malachy's A.C.			8.40.84
13	294	Collins, Noel	Omagh Y.C. Harriers A.C.			8.41.55

Senior Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Jaroslav, Dobrovodsky	Slovakia	7.17	7.55	7.49	7.38	7.59	X	7.59
2	4	Newman, Nick	England	7.16	7.08	7.09	7.29	7.09	7.37	7.37
3	204	Marshall, Brendan	Mullingar Harriers A.C.	6.79	6.85	6.86	6.64	6.94	6.93	6.94
4	118	Kennedy, Alan	Abbey A.C.	X	X	6.85	6.93	X	-	6.93
5	201	Reynolds, Ben	North Down	6.61	6.38	6.53	6.60	6.78	6.85	6.85
6	241	Hannon, Eoin	Tullamore Harriers A.C.	X	X	6.76	X	X	X	6.76
7	212	Dolan, Ciaran	St. Michael's College	X	X	6.73	X	X	6.65	6.73
8	420	Finnegan, Denis	U.C.C. A.C.	6.62	6.60	X	X	6.72	6.72	6.72
9	319	Mc Mahon, Sean	Ballymena & Antrim A.C.	6.48	6.55	6.58				6.58
10	321	Comiskey, Stephen	Clonliffe Harriers A.C.	X	X	6.55				6.55
11	501	Quilligan, David	Leevale A.C.	X	X	6.51				6.51
12	240	Fahey, Eamonn	Donore Harriers A.C.	X	6.02	6.50				6.50
13	251	Connolly, Jack	Raheny Shamrock A.C.	5.95	X	5.61				5.95
14	310	Tsang, Richard	Shercock A.C.	X	X	5.87				5.87
15	338	Tobin, David	Trim A.C.	X	X	5.50				5.50

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Jaroslav, Dobrovodsky	Slovakia	15.36	15.77	15.82	15.36	15.32	15.87	15.87
2	361	Kelly, Eoin	St. Abbans A.C.	14.32	14.20	14.63	14.67	13.77	14.38	14.67
3	420	Finnegan, Denis	U.C.C. A.C.	13.93	X	13.90	13.91	14.00	14.32	14.32
4	124	Hamilton, Allan	Edinburgh A.C.	13.86	13.57	12.26	X	13.28	-	13.86
5	423	Counihan, Niall	Dooneen A.C.	13.63	13.18	X	13.40	13.35	13.73	13.73
6	479	Mc Mullan, Adam	Mid-Ulster	13.29	13.18	13.31	13.27	13.42	13.28	13.42

Senior Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	275	Kelly, Kieran	Fr. Murphy A.C.	18.30	18.84	18.17	18.69	X	18.60	18.84
2	318	Breathnach, Sean	Galway City Harriers A.C.	15.26	15.44	15.45	15.18	X	X	15.45
3	116	Harper, Jeremy	North Down	13.48	X	13.32	13.66	13.62	13.67	13.67
4	277	Stout, Kieron	Celbridge A.C.	12.23	12.73	12.21	12.29	X	12.75	12.75
5	400	O'Reilly, Matthew	Shercock A.C.	X	10.67	X	X	X	X	10.67
6	322	Emerson, Stephen	Ballymena & Antrim A.C.	8.11	7.94	8.25	9.53	8.24	8.50	9.53

Senior Men's Pole Vault

Place	No	Name	Club	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.50	4.60	4.65	4.83	5.03
1	395	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	-	XO	-	XXO	XXX
2	280	Walker, Leigh	Dundrum South Dublin.	-	-	-	-	-	-	O	O	XO	O	XX-	X		
3	342	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	-	XXO	O	XXX				
4	287	Strzelczyk, Michal	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	XO	-	XXX			
5	326	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	-	-	-	O	XO	XXX					
6	401	Rogers, Ian	Clonliffe Harriers A.C.	-	-	-	-	-	-	O	XXO	XXX					
7	432	Houlihan, Liam	West Waterford A.C.	-	-	-	-	-	O	O	XXX						
7	412	Houlihan, Thomas	West Waterford A.C.	-	-	-	-	O	O	O	XXX						
9	414	Whyte, Richard	Brothers Pearse A.C.	-	-	-	-	-	O	XXX							
10	207	Flatley, Brian	Shercock A.C.	-	-	-	-	O	XXO	XXX							
11	273	Grant, Kevin	Letterkenny A.C.	-	-	XO	XO	XO	XXO	XXX							
12	268	Doherty, Keith	Dunboyne A.C.	-	-	-	XO	XO	XXX								
13	122	Doherty, Ciaran	Strabane Track Club	XO	XXO	XXX											

Senior Women's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	18	Bennett, Gemma	GBR	8.19		8.08
2	471	O'Rourke, Derval	Leevale A.C.	8.17		8.12
3	236	Juhasz, Fanni	Hungary	8.56		8.46
4	439	Murphy, Mairead	U.C.D. A.C.	8.65		8.59
5	455	Lawler, Sandra	Celbridge A.C.	8.85		8.96
6	486	Mc Neilly, Aimee	Regent House	9.10		9.15
	182	Mc Allister, Rebecca	Ballymena & Antrim A.C.	9.30		
	511	Byrd, Katey	Leevale A.C.	9.43		
	508	Alletsee, Susanne	University of Ulster	9.54		

Senior Women's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	25	Glenn, Brianna	USA	7.44		7.31
2	452	Whelan, Niamh	Ferrybank A.C.	7.59		7.50
3	470	Mc Sweeney, Ailis	Leevale A.C.	7.52	7.52	7.54
4	453	Proper, Kelly	Ferrybank A.C.	7.52		7.56
5	20	Onvora, Anyika	GBR	7.64	7.63	7.64
6	23	Ohuruogu, Christine	UK	7.57	7.56	7.73
	140	Boyle, Anna	Ballymena & Antrim A.C.	7.65	7.64	

21	Brselova, Erika	Slovakia	7.92	7.97
158	Todd, Hannah	Ballymena & Antrim A.C.	8.06	8.05
164	Patterson, Jo	Ballymena & Antrim A.C.	7.87	
436	Kilduff, Sharon	Claremorris A.C.	7.89	
161	Mulhall, Jackie	Metro/St. Brigid's A.C.	8.21	
163	Mc Gurk, Janelle	Mid-Ulster	8.40	
178	Martin, Nicole	Dromore A.C.	8.47	
180	Boyle, Patricia	Cranford A.C.	8.63	

Senior Women's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	453	Proper, Kelly	Ferrybank A.C.	24.43		24.10
2	452	Whelan, Niamh	Ferrybank A.C.	25.00		24.26
3	23	Ohoruogu, Christine	UK	24.82		24.33
4	174	Mc Loone, Mary	Tír Chonail A.C.	25.24		24.84
1	436	Kilduff, Sharon	Claremorris A.C.	25.68		25.24
2	164	Patterson, Jo	Ballymena & Antrim A.C.	25.69		25.45
	437	Murray, Sarah	Fingallians A.C.	26.71		DNS
	21	Brselova, Erika	Slovakia	26.19		DNS
	360	Sheehan, Maria	Dooneen A.C.	26.86		
	389	Field, Niamh	St. Coca's A.C.	26.98		
	163	Mc Gurk, Janelle	Mid-Ulster	28.03		
	488	Robinson, Jodie	Lagan Valley	28.07		

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	445	Andrews, Marian	Togher A.C.	54.52		54.20
2	144	Furlong, Brona	Slaney Olympic A.C.	55.45		54.60
3	150	Bergin, Claire	Dundrum South Dublin A.C.	57.32		56.27
4	147	Mc Mahon, Christine	Ballymena & Antrim A.C.	57.86		58.07
1	157	Hynes, Gemma	Galway City Harriers A.C.	58.25		56.73
2	451	Barr, Jessie	Ferrybank A.C.	59.06		58.10
3	510	Zebo, Jessika	Leevale A.C.	58.09		58.27
4	450	Kelly, Sinead	St. Abbans A.C.	59.70		58.73
	168	Shaw, Kim	North Down	59.71		
	336	O'Connell, Emer	Blarney/Inniscara A.C.	59.73		

438	Anglim, Roisin	Fingallians A.C.	60.04
149	Mc Callion, Ciara	Clonliffe Harriers A.C.	60.40
513	Mc Ardle, Louise	Leevale A.C.	61.28
351	Giblin, Susan	Raheny Shamrock A.C.	62.47
511	Byrd, Katey	Leevale A.C.	63.27
360	Sheehan, Maria	Dooneen A.C.	63.39
512	O'Driscoll-Collins, Ailbhe	Dooneen A.C.	64.01
509	Gould, Aisling	Leevale A.C.	68.62

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	234	Lennon, Leigh	Newham & Essex Beagles	2.13.15		2.09.57
2	435	Crowe, Laura	Riocht A.C.	2.13.64		2.11.45
3	449	Kehoe, Fiona	Kilmore A.C.	2.13.77		2.12.99
4	166	Kirk, Katie	Lagan Valley	2.13.46		2.13.18
5	22	Habovstiakova,	Paula Slovakia	2.15.84		2.13.92
6	374	Scriven, Laura	St. L. O'Toole A.C.	2.14.44		2.15.71
	384	Shaw, Rachel	Galway City Harriers A.C.	2.16.27		
	521	Mc Sweeney, Claire	Leevale A.C.	2.16.48		
	187	Eviston, Siobhan	Raheny Shamrock A.C.	2.20.05		
	523	Gibson, Rachel	City of Lisburn A.C.	2.20.20		
	457	Kelly, Dawn	Belgooly A.C.	2.22.98		
	153	Brady, Crona	Sportsworld A.C.	2.25.42		
	492	Diamond, Rebecca	Beechmount Harriers A.C	2.27.54		
	177	Simpson, Nicola	North Down	2.32.30		
	189	Harding, Suzanne	Bree A.C.	2.34.31		

Senior Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	472	Mageean, Ciara	City of Lisburn A.C.			4.20.88
2	183	Galligan, Roseanne	Newbridge A.C.			4.20.90
3	525	Durkan, Ciara	Skerries A.C.			4.32.90
4	142	Brady, Aoife	Sportsworld A.C.			4.33.63
5	494	Black, Eimear	Ballymena & Antrim A.C.			4.37.87
6	175	Harvey, Michelle	Tír Chonail A.C.			4.40.97
7	24	Solivarska, Paula	Slovakia			4.43.34

8	490	Campbell, Rachel	Lagan Valley	4.45.04
9	496	Mills, Joanne	East Down	4.46.04
10	333	Magowan, Sarah	Abbey A.C.	5.00.46
11	491	Smyth, Susan	Beechmount Harriers A.C	5.09.76

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	442	Byrne, Deirdre	Sli Cualann A.C.			9.04.74
2	167	Harty, Kerry	Newcastle A.C.			9.33.48
3	142	Brady, Aoife	Sportsworld A.C.			9.50.44
4	352	Jennings, Caitriona	Rathfarnham W.S.A.F. A.C.			10.05.70
5	24	Solivarska, Paula	Slovakia			10.11.84
6	188	Byrne, Susan	Raheny Shamrock A.C.			10.22.15
7	487	Mc Cullough, Christine	Lagan Valley			10.57.01

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	170	Reynolds, Laura	Mohill A.C.			13.52.3H
2	443	Carolan, Donna	Sli Cualann A.C.			14.49.9H
3	483	Doherty, Emma	North Belfast Harriers			15.13.2H
4	155	Farrell, Emma	Slaney Olympic A.C.			15.48.9H
5	141	Gissane, Aobhinn	Monaghan Phoenix A.C.			17.33.8H
6	441	O'Sullivan, Lucy	Cushinstown A.C.			18.17.3H

Senior Women's High Jump

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70
1	179	Hughes, Pamela	Westport A.C.	-	-	-	O	O	XXX
2	447	Byrne, Leona	St. L. O'Toole A.C.	-	O	XO	O	XO	XXX
3	160	Buckley, Helen	Raheny Shamrock A.C.	XO	O	O	XXX		
4	162	Herron, Jamie	City of Derry	-	O	XO	XXX		

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	25	Glenn, Brianna	USA	X	6.33	6.42	X	6.13	6.53	6.53

