

Woodie's DIY Indoor Championships of Ireland
Odyssey Arena, 26th/27th January, 2008

Senior Men's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	361	Coghlan, Peter	Crusaders A.C.	7.88		7.80 CBP
2	398	Davis, Daniel	Sutton&District	7.85		7.85
3	14	Hughes, Robbie	USA	7.93		7.85
4	26	Frankis, Gianni	GBR	7.92		7.92
5	504	Cech, Jan	Czech Republic	7.97		7.93
6	501	Mc Donald, Ian	Crusaders A.C.	8.10		8.07
	31	Girdler, Dominic	GBR	7.98		
	507	Sebrele, Roman	Czech Republic	8.37		
	56	Mc Dermott, Christopher	Roscommon A.C.	8.59		
	54	O'Cathain, Ciaran	Roscommon A.C.	8.72		
	213	Kearney, Philip	Tralee Harriers A.C.	8.72		
	121	Mc Cormack, Shane	Menapians A.C.	9.14		
	139	Jackman, Adrian	Menapians A.C.	9.21		
	391	Sturock, Andrew	Gateshead Harriers	9.27		
	446	Hardy, Darren	Ballymena & Antrim A.C.	10.23		
	143	Walsh, Damian	Menapians A.C.	10.78		
	226	Flatley, Brian	Shercock A.C.	DNS		
	69	Mc Glynn, Trevor	Strabane Track Club	DNS		

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	15	Edwards, Rae	USA	6.76	6.72	6.70
2	19	Norman, Josh	USA	6.91	6.82	6.71
3	415	Yearwood, Leevan	GBR	6.88	6.76	6.73
4	506	Rice, Lloyd	GBR	7.00	6.91	6.94
5	396	Wilson, Colin	Woodford Green	7.07	6.97	7.00
	375	O'Donoghue, Jer	Riocht A.C.	6.97	6.95	DNS
1	285	Duff, Derek	Leevale A.C.	7.00	7.09	6.99
2	233	Lynch, Craig	Shercock A.C.	7.06	7.03	7.01
3	136	Russell, Christopher	Ferrybank A.C.	7.08	7.04	7.02
4	459	Kavanagh, Daniel	Clonliffe Harriers A.C.	7.08	7.11	7.10
5	108	Adams, Dean	Ballymena & Antrim A.C.	7.04	7.09	7.11
	209	Brizzell, Paul	Ballymena & Antrim A.C.	7.13	6.98	DNS
	119	Hynes, David	Menapians A.C.	7.12	7.12	
	66	Davis, Jonny	Unattached	7.13	7.13	
	113	O'Shea, David	Dooneen A.C.	7.143	7.13	
	397	Alleyne, Rafael	City of Sheffield	7.15	7.14	
	251	Mc Namara, Carl	Leevale A.C.	7.10	7.16	
	460	Laffey, John	Clonliffe Harriers A.C.	7.11	7.16	
	413	Graham, Andrew	QUB AC	7.143		
	64	Hamilton, Scott	Regent House	7.147		
	225	Duffy, Pdraig	Navan A.C.	7.17		
	220	Smith, Dermot	Navan A.C.	7.22		
	52	Lyons, Tommy	North Laois A.C.	7.22		
	296	Hannon, Eoin	Tullamore Harriers A.C.	7.24		

216	Brown, Philip	North Down	7.24
257	Mc Mahon, Sean	Ballymena & Antrim A.C.	7.26
60	Trodden, Andrew	City of Lisburn	7.29
197	Hough, Darren	Sligo A.C.	7.29
294	Mc Carron, Patrick	Glaslough Harriers A.C.	7.30
295	O'Byrne, Deanna	Dundrum South Dublin A.C.	7.30
276	O'Brien, Nathan	Kilkenny City Harriers A.C.	7.31
140	Monaghan, Joseph	Navan A.C.	7.32
104	Minn, Chris	Clonliffe Harriers A.C.	7.33
272	Mc Laughlin, Conor	Strabane Track Club	7.34
407	Elliot, Kenny	Unattached	7.35
238	O'Connor, James	St. Michael's Enniskillen	7.35
390	Mc Keown, Dan	Team Bath	7.38
228	Houston, John	Ballymena & Antrim A.C.	7.38
98	Saunders, Patrick	Crusaders A.C.	7.39
284	Quilligan, David	Leevale A.C.	7.40
124	Tango, Jason	Navan A.C.	7.40
142	O'Reilly, Gerard	Shercock A.C.	7.41
234	Daly, Philip	Shercock A.C.	7.45
414	Animashaun, Alexander	Harrow AC	7.46
69	Mc Glynn, Trevor	Strabane Track Club	7.48
129	Gore, Shane	Cushinstown A.C.	7.49
273	Famutimi, Hendrick	Clonliffe Harriers A.C.	7.51
461	Renaut, Pierre	Lisburn	7.53
138	O'Connor, Brendan	Ferrybank A.C.	7.55
224	Brownlees, Andrew	Ballymena & Antrim A.C.	7.56
405	Brown, Stuart	Unattached	7.56
299	O'Donohoe, Barry	Raheny Shamrock A.C.	7.57
105	Mc Brien, Caolan	St. Michael's AC	7.57
100	Melvin, Eoin	Crusaders A.C.	7.70
115	Carew, John	Dooneen A.C.	7.70
243	Toohy, Gregor	Galway City Harriers A.C.	7.70
462	Moore, Daniel	Galway City Harriers A.C.	7.71
99	Keegan, John	Crusaders A.C.	7.83
230	Mc Gahey, Gerard	Menapians A.C.	7.83
446	Hardy, Darren	Ballymena & Antrim A.C.	7.83
203	Gillen, Daniel	Athenry A.C.	7.83
271	Barry, Joe	Metro/St. Brigid's A.C.	7.91
88	O'Neill, Eoghan	Menapians A.C.	7.96
120	O'Neill, James	Menapians A.C.	8.05
278	Stanley, Adrian	Riverstick/Kinsale A.C.	8.06
210	Whyte, Jackie	Lagan Valley	8.27
212	Leckie, Rod	Lagan Valley	8.28
141	Clinton, Tom	Navan A.C.	8.62
457	Miller, Simon	Ballymena & Antrim A.C.	8.62
280	Mc Cloy, Cathal	Mid Ulster	8.71
71	Mc Bride, Donald	Unattached	8.85
63	Taylor, Earl	NIVAA	8.92
223	Dolan, Keith	Fingallians A.C.	9.21
447	Onwusonye, Henry	Ballymena & Antrim A.C.	DNS

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	9	Cousins, Daniel	GBR	21.89		21.85
2	136	Russell, Christopher	Ferrybank A.C.	22.23		22.16
3	119	Hynes, David	Menapians A.C.	22.36		22.76
4	251	Mc Namara, Carl	Leevale A.C.	22.30		22.76
1	122	O'Gorman, Patrick	Menapians A.C.	22.77		22.76
2	507	Sebrele, Roman	Czech Republic	23.36		
	285	Duff, Derek	Leevale A.C.	22.47		DNS
	209	Brizzell, Paul	Ballymena & Antrim A.C.	22.37		DNS
	284	Quilligan, David	Leevale A.C.	22.91		
	395	Kanoink, Nick	Birchfield Harriers	22.91		
	295	O'Byrne, Deanna	Dundrum South Dublin A.C.	23.15		
	396	Wilson, Colin	Woodford Green	23.23		
	472	Opperman, Paul	Dublin City Harriers A.C.	23.29		
	108	Adams, Dean	Ballymena & Antrim A.C.	23.32		
	257	Mc Mahon, Sean	Ballymena & Antrim A.C.	23.34		
	132	Lynch, Colm	Iveragh A.C.	23.43		
	54	O'Cathain, Ciaran	Roscommon A.C.	23.45		
	440	Fleming, John	Dundrum South Dublin A.C.	23.45		
	394	Allerton, Ian	Blackheath&Bromley	23.54		
	288	O'Leary, Greg	Leevale A.C.	23.57		
	52	Lyons, Tommy	North Laois A.C.	23.62		
	82	Joyce, Eoin	Togher A.C.	23.62		
	235	Kedney, Rory	Menapians A.C.	23.67		
	452	Upton, Barry	Menapians A.C.	23.72		
	238	O'Connor, James	St. Michael's Enniskillen	23.75		
	60	Trodden, Andrew	City of Lisburn	23.76		
	414	Animashaun, Alexander	Harrow AC	23.86		
	363	Kennedy, Michael	Dundrum South Dublin A.C.	23.90		
	114	O'Shea, Ger	Dooneen	23.91		
	139	Jackman, Adrian	Menapians A.C.	23.99		
	98	Saunders, Patrick	Crusaders A.C.	24.07		
	104	Minn, Chris	Clonliffe Harriers A.C.	24.25		
	228	Houston, John	Ballymena & Antrim A.C.	24.25		
	140	Monaghan, Joseph	Navan A.C.	24.28		
	390	Mc Keown, Dan	Team Bath	24.36		
	356	Woods, Allister	Orchard County	24.53		
	224	Brownlees, Andrew	Ballymena & Antrim A.C.	24.63		
	243	Toohey, Gregor	Galway City Harriers A.C.	24.65		
	100	Melvin, Eoin	Crusaders A.C.	24.79		
	113	O'Shea, David	Dooneen A.C.	24.84		
	99	Keegan, John	Crusaders A.C.	25.20		
	362	O'Loughlin, Ross	Gorey A.C.	25.37		
	230	Mc Gahey, Gerard	Menapians A.C.	25.56		
	88	O'Neill, Eoghan	Menapians A.C.	25.68		
	278	Stanley, Adrian	Riverstick/Kinsale A.C.	26.10		
	468	Carey, Kevin	Navan A.C.	26.13		
	143	Walsh, Damian	Menapians A.C.	26.24		
	355	Mc Ateer, Seamus	Strabane Track Club	26.75		
	141	Clinton, Tom	Navan A.C.	29.33		
	63	Taylor, Earl	NIVAA	30.68		

279	Murnane, Christopher	Leevale A.C.	DNF
276	O'Brien, Nathan	Kilkenny City Harriers A.C.	DNS
142	O'Reilly, Gerard	Shercock A.C.	DNS
234	Daly, Philip	Shercock A.C.	DNS

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	419	Strachan, Richard	Leeds City	49.05		47.53
2	463	Hogan, Nick	Dundrum South Dublin A.C.	49.44		48.36
3	229	Gregan, Brian	Tallaght A.C.	49.00		48.91
4	122	O'Gorman, Patrick	Menapians A.C.	49.81		49.27
1	283	Taggart, Simon	Donore Harriers A.C.	50.09		49.58
2	240	Mc Cloy, Kevin	Shercock A.C.	50.28		49.81
3	253	Miller, Jonathan	Dundrum South Dublin A.C.	50.41		50.24
4	193	O'Driscoll-Collins, Ciaran	Emerald A.C.	50.19		50.52
	362	O'Loughlin, Ross	Gorey A.C.	51.13		
	58	Harvey, Jason	Lagan Valley	51.23		
	442	Walsh, Kevin	Togher A.C.	51.30		
	76	Foolkes, Ronan	Togher A.C.	51.63		
	132	Lynch, Colm	Iveragh A.C.	51.74		
	394	Allerton, Ian	Blackheath&Bromley	51.93		
	363	Kennedy, Michael	Dundrum South Dublin A.C.	51.93		
	300	Kelly, Kieran	Raheny Shamrock A.C.	51.94		
	77	Ware, Kieran	Togher A.C.	51.98		
	393	O'Neill, Gary	Leeds City	52.00		
	79	O'Brien, Liam	Togher A.C.	52.14		
	213	Kearney, Philip	Tralee Harriers A.C.	52.28		
	452	Upton, Barry	Menapians A.C.	52.34		
	272	Mc Laughlin, Conor	Strabane Track Club	52.46		
	114	O'Shea, Ger	Dooneen	52.74		
	440	Fleming, John Dundrum	South Dublin A.C.	53.02		
	105	Mc Brien, Caolan	St. Michael's AC	53.57		
	121	Mc Cormack, Shane	Menapians A.C.	53.78		
	252	O'Donnell, Liam	Annadale Striders A.C.	54.43		
	239	Kidd, Andrew	Dundrum South Dublin A.C.	54.51		
	356	Woods, Allister	Orchard County	54.52		
	112	Lennon, Ray	Dooneen A.C.	54.83		
	444	Ruxton, James	Shercock A.C.	55.76		
	245	Shore, David	Slaney Olympic A.C.	56.91		
	289	Somerville, David	Tallaght A.C.	59.41		
	281	Owens, Cathal	Leevale A.C.	DNS		
	466	Dowd, Michael	Riocht A.C.	DNS		

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	Mc Ilroy, James	Abbey A.C.	1.54.14		1.49.61
2	5	Kiplagat, Richard	Kenya	1.52.34		1.50.17
3	22	Bundzik, Branislav	Slovakia	1.54.22		1.51.55
4	244	Warne, Joe	Doheny A.C.	1.55.29		1.51.76
5	204	Kelly, Feidhlim	Raheny Shamrock A.C.	1.58.55		1.53.20

6	242	Morrow, Steven	Ballymena & Antrim A.C.	1.55.15	1.53.88
7	470	Moss, Damien	Woodford Green A.C.	1.52.48	2.04.16
	144	O'Brien, Alan	West Waterford A.C.	1.55.38	
	254	Healy, Conor	Clonliffe Harriers A.C.	1.55.58	
	222	Collins, Noel	Omagh Y.C. Harriers A.C.	1.56.94	
	62	Gourley, Andrew	Willowfield Harriers	1.58.42	
	102	Mc Cluney, Simon	Lagan Valley	1.58.48	
	221	Robinson, Niall	North Down 1	.58.82	
	287	Kinahan, Ivan	Crusaders A.C.	1.59.42	
	469	Jones, Chris	Raheny Shamrock A.C.	1.59.97	
	475	Murphy, Conor	Naas A.C.	2.00.67	
	420	Hamilton, Patrick	City of Derry	2.01.03	
	84	Mc Donagh, Morgan	Dunboyne A.C.	2.01.30	
	214	O'Connor, Gearoid	Rathfarnham W.S.A.F. A.C.	2.01.59	
	249	Bogues, Patrick	Omagh Y.C. Harriers A.C.	2.02.04	
	67	Stewart, Darren	Strabane Track Club	2.02.49	
	110	Hoy, Mark	St. Michael's College	2.06.06	
	68	Mc Brearty, Mark	Strabane Track Club	2.08.27	
	95	Maher, Robert	Drogheda & District A.C.	2.08.73	
	70	Crawford, Jamie	Strabane Track Club	2.09.67	
	457	Miller, Simon	Ballymena & Antrim A.C.	2.12.97	
	465	Mc Cool, Kevin	Armagh A.C.	2.13.99	
	96	Skeffington, Daniel	Drogheda & District A.C.	DNS	
	471	Adams, Ray	Birchfield Harriers A.c.	DNS	

Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	421	Kane, Kevin	Scotland	3.56.43		3.51.45
2	231	Hill, Gareth	Ballymena & Antrim A.C.	3.58.50		3.52.37
3	360	Mc Cartan, Patrick	West Limerick A.C.	4.00.21		3.52.68
4	264	O'Neill, Eugene	Crusaders A.C.	3.59.90		3.53.14
5	196	Conroy, Martin	Sligo A.C.	3.58.59		3.53.92
6	298	Moriarty, Kevin	Raheny Shamrock A.C.	4.00.63		3.55.80
7	195	Dunleavy, Emmet	Sligo A.C.	3.59.50		3.56.69
8	263	Budde, James	North Down	4.03.67		4.01.96
	301	Carleton, Owen	Abbey A.C.	4.05.49		
	357	Carlisle, John	North Down	4.06.15		
	106	O'Hare, James	East Down	4.09.07		
	131	Mc Brearty, Darren	Letterkenny A.C.	4.10.42		
	30	Matthews, Steven	Scotland	4.11.21		
	97	Kirwan, Brian	St. L. O'Toole A.C.	4.11.52		
	232	Marsh, Francis	North Down	4.13.54		
	267	Cross, Robert	Crusaders A.C.	4.19.33		
	236	Collins, Ciaran	Omagh Y.C. Harriers A.C.	4.21.15		
	367	Shields, Niall	St. Killian's	4.22.18		
	304	Fisher, Andrew	Omagh Y.C. Harriers A.C.	4.22.61		
	237	Moore, Conor	Omagh Y.C. Harriers A.C.	4.33.24		
	86	Mc Fadden, Sean	Letterkenny A.C.	DNS		

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	474	Turnbull, Gareth	St. Malachy'S A.C.			8.06.10
2	377	Reale, Liam	Limerick A.C.			8.15.22
3	6	Bowden, Adam	GBR			8.17.55
4	73	Thornton, Gary	Galway City Harriers A.C.			8.29.75
5	369	Fleming, Paul	Rathfarnham W.S.A.F. A.C.			8.36.08
6	370	Ryan, Mark	Rathfarnham W.S.A.F. A.C.			8.45.63
7	455	Taylor, Simon	Abbey A.C.			8.52.77
8	467	Mc Donnell, Rory	Dunboyne A.C.			8.55.47
9	107	Teer, Brendan	East Down			8.56.43
10	290	King, Dan	Milford A.C.			8.58.50
11	80	Ryan, Kieran	Togher A.C.			9.02.44
12	297	Faulkner, Ryan	St. Malachy's A.C.			9.05.14
13	101	Cullen, Niall John	St. Michael's College			9.16.77
14	72	Geraghty, Fergal	Galway City Harriers A.C.			9.17.25
15	57	Diamond, Daniel	Beechmount Harriers A.C			9.29.34
16	61	Brown, Stuart	City of Lisburn			9.31.50
	241	Kerr, Shane	Armagh A.C.			DNS

Senior Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	81	Heffernan, Robert	Togher A.C.			18.51.46 NR
2	453	Costin, Jamie	West Waterford A.C.			20.56.49
3	135	Kidd, David	St. L. O'Toole A.C.			21.38.19
4	286	Boyce, Brendan	Milford A.C.			22.02.44
5	134	Egan, John	Bree A.C.			22.15.40
6	402	Doyle, Michael	Tara A.C.			22.20.04
7	441	Fitzpatrick, Paul	Shercock A.C.			22.29.18
8	75	Healy, Timothy	Togher A.C.			24.40.22
	260	O'Domhnaill, Brian	Finn Valley A.C.			DNF

Senior Women's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	2	Claxton, Sarah	GBR	8.25		8.13
2	432	Juhasz, Fanni	Hungary	8.45		8.48
3	386	Fullelove, Alyssa	City of Glasgow	8.60		8.60
4	350	Murphy, Mairead	U.C.D. A.C.	8.74		8.70
5	376	Lawler, Sandra	Celbridge A.C.	8.60		8.89
6	173	Dillon, Avril	Dundrum South Dublin A.C.	9.18		9.55
	346	Byrd, Katey	Leevale A.C.	9.36		
	344	Corcoran, Jenny	Clonliffe Harriers A.C.	9.77		
	190	Byrne, Leona	St. L. O'Toole A.C.	DNS		

Senior Women's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	35	Onuora, Anyika	GBR	7.45	7.39	7.38
2	345	Mc Sweeney, Ailis	Leevale A.C.	7.59	7.48	7.46
3	307	Foster, Amy	North Down	7.71	7.56	7.55
4	29	Shand-Whittingham, Anika	GBR	7.68	7.56	7.62
5	161	Whelan, Niamh	Ferrybank A.C.	7.65	7.68	7.62
6	381	Boyle, Anna	Ballymena & Antrim A.C.	7.61	7.58	7.66
	323	Brady, Claire	Celbridge A.C.	7.74	7.66	
	174	Kiernan, Louise	Fingallians A.C.	7.89	7.75	
	313	Lewis, Hannah	North Down	7.79	7.85	
	340	Mc Ardle, Louise	Leevale A.C.	7.99	8.01	
	184	Patterson, Jo	Ballymena & Antrim A.C.	7.96	8.06	
	170	Reville, Francesca	Menapians A.C.	8.06	8.14	
	359	Creaner, Steffi	Dublin City Harriers A.C.	8.04		
	179	Melvin, Liz	Crusaders A.C.	8.06		
	20	Krsakova, Kenka	Slovakia	8.08		
	173	Dillon, Avril	Dundrum South Dublin A.C.	8.10		
	324	Malamo-Paris, Kiki	North Down	8.12		
	152	Mc Donagh, Catherine	Rathmore School	8.21		
	21	Stukova, Alexandra	Slovakia	8.27		
	329	Wickham, Denise	St. Pauls A.C.	8.34		
	315	Martin, Nicole	Dromore A.C.	8.57		
	330	Evans, Rachel	Ballymena & Antrim A.C.	8.59		
	338	Crowley, Clare	Leevale A.C.	8.64		
	162	Bially, Karolina	Navan A.C.	9.09		
	153	Cooper, Rionach	St. Anne's	DNS		
	339	O'Shea, Cliona	Leevale A.C.	DNS		
	320	Todd, Hannah	Ballymena & Antrim A.C.	DNS		

Senior Women's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	161	Whelan, Niamh	Ferrybank A.C.	24.82		24.69
2	464	O'Friel, Fiona	Dublin Striders A.C.	25.50		25.15
3	316	Crowe, Mandy	Dublin City Harriers A.C.	25.74		25.39
4	359	Creaner, Steffi	Dublin City Harriers A.C.	26.08		26.25
1	185	Bell, Lauren	Ballymena & Antrim A.C.	26.37		26.10
2	21	Stukova, Alexandra	Slovakia	26.47		26.23
3	321	Murphy, Zita	Dundrum South Dublin A.C.	26.37		26.34
4	184	Patterson, Jo	Ballymena & Antrim A.C.	26.47		26.45
	20	Krsakova, Kenka	Slovakia	26.49		
	340	Mc Ardle, Louise	Leevale A.C.	26.78		
	388	Peters, Emma	Cardiff A.C.	26.88		
	152	Mc Donagh, Catherine	Rathmore School	27.11		
	186	Sheehan, Maria	Dooneen A.C.	27.12		
	170	Reville, Francesca	Menapians A.C.	27.15		
	344	Corcoran, Jenny	Clonliffe Harriers A.C.	27.29		
	448	Giblin, Susan	Raheny Shamrock A.C.	28.65		
	182	Lewis, Emma	Lagan Valley	28.76		
	338	Crowley, Clare	Leevale A.C.	29.11		

334	Mc Cloy, Kristian	Mid Ulster	29.63
342	Gould, Aisling	Riverstick/Kinsale A.C.	DNS
201	Moggan, Rioghna	Brothers Pearse A.C.	DQ
160	Proper, Kelly	Ferrybank A.C.	DNS

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	27	Purkiss, Melanie	GBR	56.44		55.57
2	454	Furlong, Brona	Slaney Olympic A.C.	56.40		55.78
3	163	Andrews, Marian	Togher A.C.	56.77		56.35
4	337	Zebo, Jessika	Leevale A.C.	58.18		58.21
1	343	Mc Glynn, Clare	Dundrum South Dublin A.C.	58.76		58.08
2	171	Kelly, Sinead	St. Abbans A.C.	58.36		58.25
3	388	Peters, Emma	Cardiff A.C.	58.77		58.58
	175	Anglim, Roisin	Fingallians A.C.	58.52		DNS
	167	Broderick, Christina	Belgooly A.C.	58.85		
	316	Crowe, Mandy	Dublin City Harriers A.C.	59.26		
	458	Rogers, Michelle	Abbey A.C.	60.18		
	169	Cardiff, Elaine	Kilmore A.C.	61.31		
	192	O'Driscoll-Collins,	Ailbhe Dooneen A.C.	62.54		
	456	Quinn, Alanna	Leevale A.C.	62.90		
	181	Bowyer, Carla	Lagan Valley	64.62		
	448	Giblin, Susan	Raheny Shamrock A.C.	64.67		
	154	Brady, Caoimhe	Beechmount Harriers A.C	67.04		

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	28	Bird, Tara	GBR	2.16.84		2.10.60
2	164	Mc Glynn, AnnMarie	Tullamore Harriers A.C.	2.17.64		2.14.62
3	443	Crowe, Laura	Riocht A.C.	2.19.33		2.15.43
4	168	Kelly, Dawn	Belgooly A.C.	2.21.49		2.18.67
5	425	Scott, Lauren	North Down	2.20.73		2.19.69
6	428	Gibson, Rachel	City of Lisburn	2.20.05		2.22.50
	426	Monteith, Lynsey	City of Lisburn	2.22.54		
	331	Simpson, Nicola	North Down	2.24.39		
	341	Craig, Jessica	North Down	2.24.65		
	327	Murphy, Helen	Dundrum South Dublin A.C.	2.26.34		
	176	Ewertowska, Emilia	Galway City Harriers A.C.	2.28.34		
	997	O'Donnell Anderson, Poly	Abbey A.C.	DNS		
	998	Mc Court, Catriona	Abbey A.C.	DNS		

Senior Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	429	Mageean, Ciara	City of Lisburn			4.24.07 NJR
2	188	Galligan, Roseanne	Newbridge A.C.			4.27.04
3	157	Harty, Kerry	Newcastle A.C.			4.29.94
4	430	Mc Gowen, Sarah	City of Lisburn			5.02.61
5	502	Synnott, Maggie	Abbey A.C.			5.12.27
	33	Njoroge, Mercy	Kenya			DNS

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	33	Njoroge, Mercy	Kenya			9.26.30
2	332	Murphy, Hazel	Dundrum South Dublin A.C.			9.26.99
3	157	Harty, Kerry	Newcastle A.C.			9.36.82
4	305	Byrne, Susan	Raheny Shamrock A.C.			10.00.14
5	151	Kehoe, Fiona	Kilmore A.C.			10.11.23
6	372	Jennings, Caitriona	Rathfarnham W.S.A.F. A.C.			10.14.38
7	191	Reilly, Louise	Clonliffe Harriers A.C.			10.19.91
8	373	Leonard, Helen	Rathfarnham W.S.A.F. A.C.			10.25.61
	149	O'Doherty, Siobhan	Borrisokane A.C.			DNF

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	25	Malikova, Zuzanna	Slovakia			12.55.50
2	364	Loughnane, Olive	Loughrea A.C.			13.05.16
3	383	Loughnane, Ann	Craughwell A.C.			14.01.12
4	172	Reynolds, Laura	Mohill A.C.			14.44.22
5	166	Carolan, Donna	Inbhear Dee A.C.			15.33.82
6	311	Gissane, Aoibhinn	Monaghan Phoenix A.C.			18.07.52

Senior Men's High Jump

Place	No	Name	Club	1.85	1.90	1.95	2.00	2.05	2.10	2.14	2.18	2.22	2.26	2.30
1	12	Nieto, Jamie	USA	-	-	-	-	-	O	O	O	XO	O	XXX
2	473	Crowley, Mark	Dublin City Harriers A.C.	-	-	-	O	O	O	XXX				
3	116	Crowley, Christopher	Belgooly A.C.	-	-	O	O	XO	XXO	XX-	X			
4	24	Lopuch, Dominik	Slovakia	-	O	O	XXO	O	XXX					
5	127	Pender, Barry	St. Abbans A.C.	-	-	O	O	XO	XX	X				
6	109	Reynolds, Benjamin	North Down	O	O	O	O	XXX						
7	211	Coulter, Gary	Ballymena & Antrim A.C. O	-	O	XO	XXX							
8	207	Herron, Simon	City of Derry	O	O	XO	XO	XXX						
9	87	Muntean, Igor	Galway City Harriers A.C. O	O	XXO	XO	XXX							
10	291	Foroughi, Kourosh	Star of the Sea A.C.	O	O	O	XXO	XXX						
11	58	Harvey, Jason	Lagan Valley	O	XXO	XXX								

Senior Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	508	Fleming, Stephen	Crusaders A.C.	6.95	7.26	7.18	-	6.98	7.03	7.26
2	23	Dobrovodsky, Jaroslav	Slovakia	6.85	6.57	7.00	6.98	6.80	7.25	7.25
3	296	Hannon, Eoin	Tullamore Harriers A.C.	7.23	7.24	7.21	X	X	7.21	7.24
4	13	Moffitt, John	USA	6.71	7.21	7.21	X	X	X	7.21
5	227	Smith, Paul	Shercock A.C.	6.80	6.74	X	X	-	-	6.80
6	217	Darcy, Stephen	St. L. O'Toole A.C.	X	6.74	X	X	X	6.44	6.74
7	269	Marshall, Brendan	Mullingar Harriers A.C.	6.50	6.43	6.48	6.60	6.27	6.35	6.60
8	261	Finnegan, Denis	U.C.C. A.C.	6.51	6.23	X	6.49	6.55	X	6.55
9	354	Renaut, Pierre	Lisburn	6.44	6.15	6.28				6.44
10	256	Comiskey, Stephen	St. Pauls A.C.	5.94	6.38	6.18				6.38
11	194	Tobin, David	Trim A.C.	5.94	5.76	5.59				5.94
12	216	Brown, Philip	North Down	5.87	X	5.72				5.87
13	138	O'Connor, Brendan	Ferrybank A.C.	X	5.82	5.81				5.82
14	90	Tsang, Richard	Monaghan Phoenix A.C.	X	5.06	5.65				5.65
15	272	Mc Laughlin, Conor	Strabane Track Club	5.64	-	-	-	-	-	5.64
0	284	Quilligan, David	Leevale A.C.	X	X	X				

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	23	Dobrovodsky, Jaroslav	Slovakia	14.81	15.27	14.96	15.11	15.54	15.48	15.54
2	261	Finnegan, Denis	U.C.C. A.C.	14.37	14.28	13.95	14.06	12.66	14.42	14.42
3	128	Kelly, Eoin	St. Abbans A.C.	13.96	14.22	11.66	13.75	14.14	13.88	14.22
4	450	Egan, Francis	St. Abbans A.C.	13.68	12.96	13.46	13.71	13.63	13.82	13.82
5	111	Counihan, Niall	Dooneen A.C.	X	13.77	X	X	13.62	X	13.77
6	105	Mc Brien, Caolan	St. Michael's AC	X	11.73	-	X	12.08	X	12.08
7	256	Comiskey, Stephen	St. Pauls A.C.	11.41	11.56	11.64	11.45	11.39	11.73	11.73

Senior Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	302	Kelly, Kieran	Fr. Murphy A.C.	17.62	17.74	18.20	X	18.09	X	18.20 CPB
2	103	Stevenson, Jamie	Newham&Essex Beagles	15.14	15.32	15.68	15.23	15.31	15.56	15.68
3	380	Breathnach, Sean	Galway City Harriers A.C.	14.83	X	15.13	15.06	15.29	X	15.29
4	37	Sebrele, Roman	Czech Republic	14.53	15.12	X	15.28	X	X	15.28
5	59	Harper, Jeremy	North Down	13.28	14.26	14.63	14.01	X	14.04	14.63
6	123	O'Reilly, Matthew	Shercock A.C.	11.13	11.05	11.15	X	10.91	X	11.15

Senior Men's Pole Vault

Place	No	Name	Club	3.50	3.65	3.80	3.95	4.05	4.15	4.25	4.45	4.55	4.65	4.75	4.85
1	146	Donegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	O	-	XO	XXX
2	274	Mc Creery, Anthony	Clonliffe Harriers A.C.	-	-	-	-	-	-	-	-	-	XO	-	XXX
3	117	Houlihan, Liam	West Waterford A.C.	-	-	O	O	O	O	O	XXX				
4	109	Reynolds, Benjamin	North Down	-	-	O	XO	O	O	XXX					
5	91	Rogers, Ian	Clonliffe Harriers A.C.	-	-	XO	-	O	XO	XXX					
6	250	Greene, Stuart	Raheny Shamrock A.C.	-	-	O	-	XO	-	XXX					
7	199	Whyte, Richard	Brothers Pearse A.C.	-	-	O	O	XXX							
8	118	Houlihan, Thomas	West Waterford A.C.	XO	O	XO	XXX								
	259	Mc Conville, Brendan	North Down	-	-	-	-	-	-	-	-	XXX			

Senior Women's High Jump

Place	No	Name	Club	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.89
1	16	Hartman, Julia	Germany	-	-	-	-	O	XO	O	XXX
2	374	Ryan, Deirdre	Camelot A.C.	-	-	-	-	O	O	XO	XXX
3	178	Hughes, Pamela	Westport A.C.	-	O	O	O	O	XXX		
4	385	Leggate, Erin	East Kilbride	-	-	XXO	XO	XO	XXX		
5	439	Daniel, Rosemary	Na Fianna A.C.	-	O	O	O	XXX			
6	200	Moggan, Grainne	Brothers Pearse A.C.	XO	O	O	XO	XXX			

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	160	Proper, Kelly	Ferrybank A.C.	6.28	5.84	6.18	X	6.19	5.99	6.28 NR
2	325	Devlin, Mary	Abbey A.C.	5.52	5.64	-	5.45	-	5.82	5.82
3	177	Mc Loone, Mary	Tír Chonaill A.C.	5.65	5.67	X	5.81	X	5.81	5.81
4	313	Lewis, Hannah	North Down	5.50	5.68	5.51	5.54	5.55	5.66	5.68
5	190	Byrne, Leona	St. L. O'Toole A.C.	X	5.67	5.36	5.34	5.55	5.61	5.67
6	198	Ruane, Aileen	Sligo A.C.	5.54	5.38	5.12	5.40	5.52	5.59	5.59
7	148	Kearns, Ciara	Sliabh Liag A.C.	X	5.54	X	5.48	X	5.14	5.54
8	366	Herron, Linzi	City of Lisburn	5.23	5.30	X	5.13	X	5.39	5.39
9	500	Hewitt, Kathleen	North Down	4.90	5.04	4.79				5.04

10	182	Lewis, Emma	Lagan Valley	X	4.75	4.53					4.75
11	349	Heaney, Seanan	City of Derry	4.45	4.74	X					4.74
12	165	O'Gara, Stacey	Sliabh Liag A.C.	4.69	4.46	4.43					4.69
0	326	Gault, Mandy	Lagan Valley	X	X	X					

Senior Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	177	Mc Loone, Mary	Tír Chonaill A.C.	11.95	X	X	X	12.25	12.03	12.25
2	202	Hoey, Aoife	Crusaders A.C.	11.38	11.61	11.64	11.80	11.73	X	11.80
3	325	Devlin, Mary	Abbey A.C.	11.37	11.68	11.55	11.61	11.65	11.62	11.68
4	439	Daniel, Rosemary	Na Fianna A.C.	11.19	10.95	10.95	11.08	11.04	11.13	11.19
5	366	Herron, Linzi	City of Lisburn	10.40	10.17	X	10.04	X	9.48	10.40
6	365	Ferguson, Kiara	City of Derry	10.33	X	10.16	10.10	X	-	10.33
7	158	Frey, Laura	Lagan Valley	10.24	10.30	10.04	X	9.95	10.16	10.30
8	329	Wickham, Denise	St. Pauls A.C.	10.22	X	9.77	9.81	10.24	10.18	10.24
9	349	Heaney, Seanan	City of Derry	X	9.71	X				9.71

Senior Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	389	Peake, Rebecca	City of Manchester	15.78	14.95	13.62	15.60	15.21	15.91	15.91
2	308	Massey, Eva	North Down	X	15.04	X	15.39	14.80	X	15.39
3	317	Mc Aleese, Clare	Ballymena & Antrim A.C.	X	10.35	10.90	10.49	11.56	X	11.56
4	371	Ryan, Catriona	Templemore A.C.	X	10.46	10.84	10.89	10.81	10.10	10.89
5	353	Mc Anirn, Gemma	North Down	7.38	7.79	7.76	8.14	7.98	7.84	8.14

Senior Women's Pole Vault

Place	No	Name	Club	2.35	2.55	2.75	2.90	3.05	3.20	3.35	3.50	3.65	3.80	3.95
1	438	Brown, Zoe	Unattached	-	-	-	-	-	-	-	-	-	O	XXX
2	387	Semeraro, Sarah	Cus Cagliari	-	-	-	-	-	-	-	-	XXO	O	XXX
3	183	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	O	O	XXO	XXX			