



“The Irish Life Health Schools Mile Challenge”

The following are the colours for the wristbands:

BOYS'	Colour	GIRLS'
Under 7 minutes	Red	Under 8 minutes
7-8 minutes	Yellow	8-9 minutes
8-9 minutes	Green	9-10 minutes
9-10 minutes	Blue	10-11 minutes
10+ minutes	Violet	11+ minutes