

## 100m

First Name	Last Name	Club	PB	SB
Rory	Martin	Tullamore Harriers A.C.	11.30	11.41
Aaron	Fenlon	St. Joseph's A.C.		
Paul	Manning	St. Joseph's A.C.		
Stephen	Walsh	Ferrybank A.C.	11.5	
Conor	Duggan	Craughwell A.C.	11.10	11.10
Simon	Essuman	Tallaght A.C.		
Dean	Power	Tullamore Harriers A.C.	10.90	11.06
Sean	O'Driscoll	Raheny Shamrock A.C.	11.03	11.03
James	Mitchell	Galway City Harriers A.C.	11.21	11.21
Samuel	Samson	Galway City Harriers A.C.	11.70	11.70
Robert	Meagher	Galway City Harriers A.C.	11.45	11.45
Cillin	Greene	Galway City Harriers A.C.	11.26	11.26
Karl	McClellan	City of Lisburn AC	11	
Daniel	Finley	St Peters		
Joseph	Ojewumi	Tallaght A.C.	10.96	
Ryan	Murray	Bree A.C.		
Eoin	Walsh	West Muskerry A.C.	11.28	11.28
Ian	Watkins	Dunshaughlin A.C.		
Scott	Gibson	Bandon A.C.		
Joey	Henchy	Bandon A.C.		
Fintan	Shaughnessy	Bandon A.C.		
Jack	Murphy	Leevale A.C.	11.7	11.7
Luke	Ring	Leevale A.C.	11.35	11.35
Olumide	Lawal	Tallaght A.C.	12.1	12.1
Dan	Finnerty	Nenagh Olympic A.C.		
Raymond	Walsh	Abbey Striders A.C.	11.03	11.16
Saran	Malangalasthira	Abbey Striders A.C.	11.97	11.97
John	Hogan	Abbey Striders A.C.	12.02	12.02
Henry	Griffin	Galway City Harriers A.C.	11.79	11.79
Eoin	O'Carroll	Tralee Harriers A.C.		
Keith	Doherty	Tallaght A.C.	10.97	
William	Kennedy	Finn Valley A.C.	10.85	
Marcus	Lawler	St. L. O'Toole A.C.		
Adam	Murphy	St. L. O'Toole A.C.		
Owen	Scully	St. L. O'Toole A.C.		
William	Kennedy	Finn Valley A.C.		

## 200m

First Name	Last Name	Club	PB	SB
Aaron	Fenlon	St. Joseph's A.C.		
Paul	Manning	St. Joseph's A.C.		
Sean	Lawlor	Donore Harriers	21.67	21.67
Stephen	Walsh	Ferrybank A.C.	22.50	
Conor	Duggan	Craughwell A.C.	22.70	22.70
Dean	Power	Tullamore Harriers A.C.	21.74	22.0
Shane	Cheshire	Dunleer A.C.	24.10	24.10
Robert	Meagher	Galway City Harriers A.C.	23.10	23.21

Cillin	Greene	Galway City Harriers A.C.	22.41	22.41
Karl	McClellan	City of Lisburn AC	22.25	
Ryan	Murray	Bree A.C.		
Mervyn	Harris	Mullingar Harriers A.C.	22.45	
Eoin	Walsh	West Muskerry A.C.	22.97	22.97
Adam	Cox	Raheny Shamrock A.C.	23.4	
Oisin	Foley	Dunshaughlin A.C.		
Ian	Watkins	Dunshaughlin A.C.		
Joey	Henchy	Bandon A.C.		
Jack	Murphy	Leevale A.C.	23.4	23.4
Luke	Ring	Leevale A.C.		
Daniel	O'Mahony	Leevale A.C.	23.77	23.77
Conor	Tyrrell	Tallaght A.C.	24:25	
Henry	Griffin	Galway City Harriers A.C.	23.49	23.87
Eoin	O'Carroll	Tralee Harriers A.C.		
William	Kennedy	Finn Valley A.C.	22.34	22.34
Marcus	Lawler	St. L. O'Toole A.C.		
Adam	Murphy	St. L. O'Toole A.C.		
Owen	Scully	St. L. O'Toole A.C.		
Zak	Irwin	Sligo A.C.		
William	Kennedy	Finn Valley A.C.		

### 400m

First Name	Last Name	Club	PB	SB
Paul	Manning	St. Joseph's A.C.		
Eoin	Kavanagh	Celtic DCH A.C.	52.36	52.36
Paul	Murphy	Ferrybank A.C.	47.87	
Sean	Flanagan	Tallaght A.C.	51.8	51.8
Shane	Cheshire	Dunleer A.C.	55.15	55.15
Conor	Dempsey	Sli Cualann A.C.		
Lorcan	Lalor	Sli Cualann A.C.		
Evan	Crotty	Emerald A.C.	50.25	50.25
Kevin	Woods	Crusaders A.C.	49.59	49.59
Lyle	Hood	Naas A.C.		
Evan	McGuire	Galway City Harriers A.C.	48.91	49.03
Eoghan	Buggy	St. Abbans A.C.		
Mervyn	Harris	Mullingar Harriers A.C.	51.03	
Robert	Tully	Star of the Sea A.C.		
Oisin	Foley	Dunshaughlin A.C.		
Scott	Gibson	Bandon A.C.		
Paul	White	Nenagh Olympic A.C.	49.13	49.13
Keith	Noctor	St. L. O'Toole A.C.		
Karl	Griffin	U.C.D. A.C.	49.34	49.47
Jack	Tillion	Sligo A.C.		
Zak	Irwin	Sligo A.C.		
Sean	McCabe	Tallaght A.C.	50.45	50.80
Andrew	Cummins	Dundrum South Dublin A.C.		

## 800m

First Name	Last Name	Club	PB	SB
Stephen	Holland	Bantry A.C.	2.04.17	2.05.08
Pierre	Murchan	Celtic DCH A.C.	1.58.9	1.58.9
David	Atkinson	Carraig-Na-Bhfear A.C.	2.02	2.02
Jamie	Lennon	Sli Cualann A.C.		
Kevin	Kelly	St. Coca's A.C.		
Garry	Campbell	Dunleer A.C.	1:55.1	1:55.1
Lee	Byrne	W.S.A.F. A.C.	2:03.9	(to d 2;03.9
Aran	Murphy	St. Abbans A.C.		
Cian	McBride	North Sligo A.C.		
Robert	Tully	Star of the Sea A.C.	1.49.95	1.49.95
John	Fitzsimons	Kildare A.C.	157.1	2.01
Matthew	Murnane	Leevale A.C.	2.01.39	2.01.39
Luke	Hiorgan	Leevale A.C.	1.57	
Conor	Walter	Leevale A.C.	1.55	
Tom	Hennessy	Nenagh Olympic A.C.		
Keane	Buckley	Abbey Striders A.C.	2.04.6	2.04.6
David	Harper	Sligo A.C.		
Rick	Nally	Dundrum South Dublin A.C.	1.58	
Noel	Mulhall	St. L. O'Toole A.C.		
William	Crowe	North Sligo A.C.		
Niall	Cornyn	Dunboyne A.C.		

## 1500m

First Name	Last Name	Club
Stephen	Holland	Bantry A.C.
Jack	Corbett	Thurles Crokes A.C.
Andrew	Wright	Willowfield Harriers
Pierre	Murchan	Celtic DCH A.C.
Cillian	Browne	Sli Cualann A.C.
Liam	Fitzpatrick	Dundrum South Dublin A.C.
Patrick	MacGabhann	Dundrum South Dublin A.C.
James	Moore	St. Abbans A.C.
Andrew	Coscoran	Star of the Sea A.C.
Billy	Mulcahy	Leevale A.C.
Shane	Dineen	Leevale A.C.
Colm	Walsh	Leevale A.C.
Rick	Nally	Dundrum South Dublin A.C.
Aaron	Hanlon	Clonliffe Harriers A.C.
Darragh	Browne	Lios Tuathail A.C.
Neil	Greaney	Craughwell A.C.
Damien	O'Boyle	Craughwell A.C.
William	Crowe	North Sligo A.C.
Brendan	O'Connor	An Riocht A.C.
Matthew	Buckley	Dunboyne A.C.
Niall	Cornyn	Dunboyne A.C.

## 5000m

First Name	Last Name	Club	PB	SB
Jack	Corbett	Thurles Crokes A.C.	16.10	
Darragh	Browne	Lios Tuathail A.C.		
Jamie	Fallon	Craughwell A.C.		

## 110m H

First Name	Last Name	Club	PB	SB
Andrew	Creamer	Annalee A.C.	15	15
Matthew	Behan	Crusaders A.C.	14.56	14.56
Sam	Healy	Leevale A.C.	14.26	14.26
Donal	Kearns	Cushinstown A.C.		

## 400m H

First Name	Last Name	Club	PB	SB
Aaron	Fenlon	St. Joseph's A.C.		
Mark	Rogers	St Peters		
Evan	McGuire	Galway City Harriers A.C.	22.15	22.35
Samuel	Samson	Galway City Harriers A.C.	55.90	55.90
Dan	Finnerty	Nenagh Olympic A.C.		

## 5km Walk

First Name	Last Name	Club	PB	SB
Nicholas	Dunphy	Kilkenny City Harriers A.C.		27.3
Nathan	Murphy	St. Coca's A.C.		
Aaron	Egan	Clonmel A.C.		
Evan	Lynch	Clonmel A.C.		
Anthony	Tobin	Clonmel A.C.		

## High Jump

First Name	Last Name	Club	PB	SB
Jaime	Murtagh	St. Andrews A.C.	2:10	2:10
Donagh	Mahon	Gowran A.C.	2.11m	
Simon	Archer	Templemore A.C.		
David	Cussen	Old Abbey A.C.		
Andrew	Heney	Clonliffe Harriers A.C.	2.05m	2.05m
Donal	Kearns	Cushinstown A.C.		

## Pole Vault

First Name	Last Name	Club	PB	SB
Brian	Flynn	Lusk A.C.	3.85m	3.85m
Shane	Power	St. Joseph's A.C.		
James	Delaney	St. Abbans A.C.		
Conor	Birmingham	Raheny Shamrock A.C.	4 10	4 10
Dan	Finnerty	Nenagh Olympic A.C.		
Yuri	Kanash	West Waterford A.C.		
Jamie	Fennel	West Waterford A.C.		

## Long Jump

First Name	Last Name	Club	PB	SB
Luc	Bellintani	Raheny Shamrock A.C.	6.65	6.65
Darren	Prout	Carrick-on-Suir A.C.	6.67	6.67
David	Cussen	Old Abbey A.C.		
Conal	Mahon	Tír Chonaill A.C.	6.15m	
Promise	Okafor	Bandon A.C.		
Fintan	Shaughnessy	Bandon A.C.		
Sam	Healy	Leevale A.C.	7.51	7.51
Eoin	O'Carroll	Tralee Harriers A.C.	7.24	

### Triple Jump

First Name	Last Name	Club	PB	SB
Sean	Whittle	Ferrybank A.C.		
Darren	Prout	Carrick-on-Suir A.C.	14.05	13.96
Conal	Mahon	Tír Chonaill A.C.	14.10m	
Promise	Okafor	Bandon A.C.		
Daniel	Hanlon	Dunboyne A.C.		

### Shot Putt

First Name	Last Name	Club	PB	SB
James	Kelly	Crusaders A.C.		
John	Kelly	Finn Valley A.C.	18.80	18.80
Martin	McGrane	St Peters		
Bríon	Hoban	Raheny Shamrock A.C.		
Andrew	Mc Carthy	Gneeveguilla A.C.		

### Discuss

First Name	Last Name	Club	PB	SB
James	Kelly	Crusaders A.C.		
Colin	Kingston	Bandon A.C.		
David	Jennings	Bandon A.C.		
Mark	Tierney	Nenagh Olympic A.C.		
Michael	Hanlon	Dunboyne A.C.		
Andrew	Mc Carthy	Gneeveguilla A.C.		

### Hammer

First Name	Last Name	Club	PB	SB
Sam	Matthews	Lagan Valley AC	46.55	46.55
Fellan	Mc Guigan	Finn Valley A.C.	66.88m	66.88m
Simon	Galligan	Clonliffe Harriers A.C.		
Patrick	Ryan	Ferrybank A.C.	62	
Bríon	Hoban	Raheny Shamrock A.C.		
David	Jennings	Bandon A.C.		
Andre	Christie	Leevale A.C.	43.91	
Mark	Tierney	Nenagh Olympic A.C.		
Eoin	Sweeney	Dunboyne A.C.		
Adam	King	Iveragh A.C.	71m (5Kg)	71m (5KG)

### Javelin

First Name	Last Name	Club	PB	SB
Brendan	Hyland	Kilkenny City Harriers A.C.		48.51
Stephen	Bailey	Clonliffe Harriers A.C.	43m	41.65m
Ryan	Whelan	Clonliffe Harriers A.C.	53.83	51.28
Michael	Jordan	Naas A.C.		
Daniel	Finley	St Peters		
Dan	Finnerty	Nenagh Olympic A.C.		
Shane	O Neill	Abbey Striders A.C.	44.45	44.45
Damien	Hickey	Abbey Striders A.C.	31.37	31.37
Bobby	Smith	Bandon A.C.		

### 3km Steeplechase

First Name	Last Name	Club	PB	SB
Dalton	Mc Guigan	Finn Valley A.C.		
Kyle	Larkin	Emerald A.C.	9min 29sec	9min 29sec
Sean	Collins	Ennis Track A.C.		
Killian	Cullagh	Nenagh Olympic A.C.		
Matthew	Buckley	Dunboyne A.C.		

### 35lb Distance

First Name	Last Name	Club	PB	SB
James	Kelly	Crusaders A.C.		
David	Jennings	Bandon A.C.		
Mark	Tierney	Nenagh Olympic A.C.		
Andrew	Mc Carthy	Gneeveguilla A.C.		













