

### Master Men 7500m Cross Country

ID	Time	Race Pos	Cat Pos	Name	Team Name	Age Category
199	23:36	1	1	Tim O donoghue	East Cork A.C.	Masters Men O35
197	23:46	2	2	Sergiu Cibanu	Clonliffe Harriers A.C.	Masters Men O35
195	23:58	3	3	Paul Pollock	Annadale Striders	Masters Men O35
205	25:17	5	4	Paul Stephenson	Rathfarnham W.S.A.F. A.C.	Masters Men O35
202	26:04	10	5	Niall Sheehan	Gowran A.C.	Masters Men O35
196	26:10	11	6	Thomas Sherlock	Clonliffe Harriers A.C.	Masters Men O35
191	26:11	12	7	Brendan Murphy	Crusaders A.C.	Masters Men O35
901	26:24	13	8	Brendan McMhon	Clonliffe Harriers	Masters Men O35
193	26:29	14	9	Niall O Callaghan	West Limerick A.C.	Masters Men O35
192	26:54	18	10	Donal Coakley	Leevale A.C.	Masters Men O35
302	27:30	24	11	Aogan Macdomhnaill	West Limerick A.C.	Masters Men O35
301	27:31	25	12	Dave Power	Rathfarnham W.S.A.F. A.C.	Masters Men O35
203	27:32	26	13	Rory Kavanagh	Dunboyne A.C.	Masters Men O35
204	27:55	31	14	Michael Kiely	Crusaders A.C.	Masters Men O35
194	28:05	35	15	Aaron Browne	Rathfarnham W.S.A.F. A.C.	Masters Men O35
198	28:28	39	16	Ciaran Aylward	Rathfarnham W.S.A.F. A.C.	Masters Men O35

215	25:15	4	1	John Kinsella	Bilboa A.C.	Masters Men O40
320	26:36	15	2	Paul Smith	Drogheda and District A.C.	Masters Men O40
217	26:43	16	3	Niall O'riordan	An Bru A.C.	Masters Men O40
222	27:02	19	4	David Kirwin	Raheny Shamrock A.C.	Masters Men O40
219	27:20	21	5	Ger Forde	Crusaders A.C.	Masters Men O40
223	27:34	27	6	Rory O Sullivan	Raheny Shamrock A.C.	Masters Men O40
221	27:48	29	7	Anthony O'rourke	Brothers Pearse A.C.	Masters Men O40
227	27:51	30	8	Gavin Keogh	Donore Harriers	Masters Men O40
306	28:00	34	9	Ronan Moore	Trim A.C.	Masters Men O40
303	28:15	36	10	Declan O'Connor	South Galway A.C.	Masters Men O40
305	29:10	45	11	Barry Aherne	Lucan Harriers A.C.	Masters Men O40
216	29:48	49	12	Brian Furey	Rathfarnham W.S.A.F. A.C.	Masters Men O40
304	30:01	53	13	Noel Fahey	Brothers Pearse A.C.	Masters Men O40
220	30:15	54	14	Karl Walsh	Crusaders A.C.	Masters Men O40
226	30:53	57	15	Jeremy Sullivan	Lucan Harriers A.C.	Masters Men O40

245	25:43	6	1	Shane O'neill	Rathfarnham W.S.A.F. A.C.	Masters Men O45
247	25:56	8	2	Brian Geraghty	Sli Cualann A.C.	Masters Men O45
240	26:01	9	3	Tony Harty	Killarney Valley A.C.	Masters Men O45
244	26:51	17	4	Paul Fleming	Rathfarnham W.S.A.F. A.C.	Masters Men O45
308	27:10	20	5	Ciaran Mc Carthy	Raheny Shamrock A.C.	Masters Men O45
246	27:24	22	6	Brendan Lyng	United Striders A.C.	Masters Men O45
248	27:39	28	7	Ian O'Reilly	Brothers Pearse A.C.	Masters Men O45
238	28:17	37	8	Ger Hartnett	Tuam A.C.	Masters Men O45
241	28:40	41	9	Will Byrne	Lucan Harriers A.C.	Masters Men O45
242	28:41	42	10	Gary Egan	An Bru A.C.	Masters Men O45

307	30:35	55	11	Sean Murphy	United Striders A.C.	Masters Men O45
243	31:32	59	12	Brian Conway	Sportsworld A.C.	Masters Men O45

260	25:44	7	1	Shane Healy	Metro/St. Brigid's A.C.	Masters Men O50
258	27:26	23	2	Dónal Leahy	Lios Tuathail A.C.	Masters Men O50
259	27:56	32	3	John Hennessy	Midleton A.C.	Masters Men O50
255	28:25	38	4	Gerry Carty	Galway City Harriers A.C.	Masters Men O50
310	28:32	40	5	Des Tremble	Donore Harriers	Masters Men O50
257	28:47	44	6	Kenny Mcandrew	Metro/St. Brigid's A.C.	Masters Men O50
268	29:15	46	7	Paul Cowhie	Civil Service A.C.	Masters Men O50
254	29:59	52	8	Dominic Horan	Sli Cualann A.C.	Masters Men O50
256	30:40	56	9	Michael Kehoe	Raheny Shamrock A.C.	Masters Men O50
263	31:22	58	10	Mel Hilliard	Metro/St. Brigid's A.C.	Masters Men O50
262	31:39	60	11	Pat O'Dywer	Lucan Harriers A.C.	Masters Men O50
311	35:26	62	12	John Healy	Lucan Harriers A.C.	Masters Men O50

275	27:57	33	1	Eamon Murphy	North Sligo A.C.	Masters Men O55
270	28:44	43	2	Nat Glenn	North Belfast Harriers	Masters Men O55
272	29:50	50	3	Michael Counsel	Trim A.C.	Masters Men O55
273	29:54	51	4	Patrick Mc loughlin	Oughaval A.C.	Masters Men O55
269	37:03	63	5	Gregory Paul O Beirne	Dublin Bay Running Club.	Masters Men O55

278	29:28	47	1	Ger Moloney	Sliabh Bhuide Rovers A.C.	Masters Men O60
277	29:45	48	2	Kevin Griffin	An Ríocht A.C.	Masters Men O60
313	31:40	61	3	Gary Aylward	Raheny Shamrock A.C.	Masters Men O60

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ID	Time	Race Pos	Cat Pos	Name	Team Name	Age Category
280	25:23	1	1	Paul Elliot	Beechmount Harriers A.C.	Masters Men O65
281	25:47	2	2	William Tyrrell	Sli Cualann A.C.	Masters Men O65
283	25:59	3	3	Desie Shorten	Sli Cualann A.C.	Masters Men O65
282	27:49	5	4	Pat Muldoon	Mullingar Harriers A.C.	Masters Men O65
284	28:08	6	5	Terry Clarke	Rathfarnham W.S.A.F. A.C.	Masters Men O65
314	29:54	7	6	Conor Cooney	Drogheda and District A.C.	Masters Men O65

290	27:07	4	1	Martin Kerr	Milford A.C.	Masters Men O70
288	30:22	8	2	William Belton	Sli Cualann A.C.	Masters Men O70
291	31:17	9	3	Michael Smith	Laragh A.C.	Masters Men O70
289	32:12	11	4	Nicky Mc Cabe	Mullingar Harriers A.C.	Masters Men O70

295	31:36	10	1	Sean Mc Mullin	Mullingar Harriers A.C.	Masters Men O75
318	32:55	12	2	Richard Mullins	St Abbans A.C.	Masters Men O75
294	33:08	13	3	Joseph Stewart	Jog Lisburn Running Club	Masters Men O75
296	38:35	14	4	Martin Keane	Athenry A.C.	Masters Men O75

### Master Women 6000m Cross Country

ID	Time	Race Pos	Cat Pos	Name	Team Name	Age Category
186	22:16	2	1	Jennifer Elvin	Finn Valley A.C.	Masters Women O35
189	22:16	2	1	Claire Mcguigan	Lifford Strabane A.C.	Masters Women O35
188	23:12	5	3	Helen Mccready	Rosses A.C.	Masters Women O35
185	23:54	13	4	Kate O'Neill	Metro/St. Brigid's A.C.	Masters Women O35
190	24:12	14	5	Siobhan O'Doherty	Borrisokane A.C.	Masters Women O35
187	24:12	15	6	Sinead Whitelaw	Mullingar Harriers A.C.	Masters Women O35
300	24:33	17	7	Michelle Cox	Newbridge A.C.	Masters Women O35

207	20:58	1	1	Annmarie Mcglynn	Letterkenny A.C.	Masters Women O40
213	23:12	6	2	Noreen Brouder	Sportsworld A.C.	Masters Women O40
214	23:21	7	3	Michelle Kenny	Leevale A.C.	Masters Women O40
211	23:45	10	4	Catherine O'connor	Sli Cualann A.C.	Masters Women O40
212	25:45	20	5	Nicola Welsh	Dunleer A.C.	Masters Women O40
208	25:54	21	6	Aoife Parrella	Star of the Sea A.C.	Masters Women O40
209	26:51	24	7	Elizabeth Egan	Bree A.C.	Masters Women O40
210	28:41	30	8	Sally Clarke	Dunleer A.C.	Masters Women O40

232	22:25	4	1	Barbara Cleary	Donore Harriers	Masters Women O45
233	23:24	8	2	Caroline Donnellan	Edenderry A.C.	Masters Women O45
234	23:39	9	3	Zoe Quinn	Raheny Shamrock A.C.	Masters Women O45
236	23:48	11	4	Karen Costello	Dunleer A.C.	Masters Women O45
230	23:49	12	5	Sorcha Loughnane	Donore Harriers	Masters Women O45
229	24:52	19	6	Breda Gaffney	Mallow A.C.	Masters Women O45
235	26:14	23	7	Sinead Tighe	Brothers Pearse A.C.	Masters Women O45
231	28:31	28	8	Susanne O'Beirne	North Leitrim A.C.	Masters Women O45

251	24:37	18	1	Carmel Crowley	Bandon A.C.	Masters Women O50
252	25:57	22	2	Jacqueline Mc monagle	City of Derry A.C. Spartans	Masters Women O50
250	28:33	29	3	Breda Smyth	Lucan Harriers A.C.	Masters Women O50

265	24:24	16	1	Niamh O sullivan	An Ríocht A.C.	Masters Women O55
267	26:53	25	2	Maura Dervin	Mullingar Harriers A.C.	Masters Women O55
266	27:54	26	3	Debbie Griffin	Sli Cualann A.C.	Masters Women O55
264	28:23	27	4	Adrienne Atkins	Raheny Shamrock A.C.	Masters Women O55

312	29:24	31	1	Grainne Grennan	Blackrock (Dublin) A.C.	Masters Women O60
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### Master Women 4500m Cross Country

ID	Time	Race Pos	Cat Pos	Name	Team Name	Age Category
286	20:54	1	1	Majella Diskin	An Ríocht A.C.	Masters Women O65
287	21:47	2	2	Noreen Bonner	Finn Valley A.C.	Masters Women O65
285	22:04	3	3	Brigid McCabe	Mullingar Harriers A.C.	Masters Women O65
315	24:26	6	4	Nuala Reilly	Drogheda and District A.C.	Masters Women O65
293	22:18	4	1	Eileen Kenny	Athlone IT A.C.	Masters Women O70
292	22:31	5	2	Mary Lynch	Raheny Shamrock A.C.	Masters Women O70
317	25:37	7	3	Eileen O'Brien	Lucan Harriers A.C.	Masters Women O70