

### Senior Men 7500m Cross Country

ID	Time	Position	Name	Team Name
162	22:59	1	Darragh Mc Elhinney	U.C.D. A.C.
137	23:07	2	Tom Mortimer	Unattached
163	23:08	3	Thomas Mc Stay	Galway City Harriers A.C.
156	23:25	4	Pierre Murchan	Dublin City Harriers A.C.
129	23:35	5	Thomas Devaney	Castlebar A.C.
200	23:41	6	Eoin Everard	Kilkenny City Harriers A.C.
131	23:52	7	Conor Maguire	Monaghan Phoenix A.C.
142	23:55	8	Jake O regan	St. John's A.C.
172	24:16	9	Gerry Forde	Kilkenny City Harriers A.C.
144	24:20	10	Mitchell Byrne	Rathfarnham W.S.A.F. A.C.
143	24:21	11	Sean Melarkey	City of Derry A.C. Spartans
180	24:21	12	William Fitzgerald	Craughwell A.C.
153	24:23	13	Zak Hanna	Newcastle and District A.C.
179	24:24	14	Emmet Jennings	Dundrum South Dublin A.C.
176	24:28	15	Donal Farren	Letterkenny A.C.
164	24:31	16	Ian Guiden	Clonliffe Harriers A.C.
133	24:40	17	Craig McMeechan	North Down A.C.
128	24:40	18	Finley Daly	Sligo A.C.
184	24:43	19	Jamie Fallon	Craughwell A.C.
152	24:54	20	David Scanlon	Rathfarnham W.S.A.F. A.C.
145	25:09	21	Tony Mccambridge	St Malachy's A.C.
181	25:16	22	Daragh Fitzgibbon	Donore Harriers
148	25:26	23	Aaron Brennan	Galway City Harriers A.C.
151	25:29	24	Dylan Wright	Lucan Harriers A.C.
136	25:29	25	Kane Collins	Donore Harriers
150	25:33	26	Abaas Adam Edris	Castlegar A.C.
169	25:34	27	Gerard Gallagher	Finn Valley A.C.
139	25:38	28	Sean Doran	Clonliffe Harriers A.C.
159	25:43	29	Eoghan Mcelhinney	Bantry A.C.
182	25:49	30	Eoin Molloy	Castlegar A.C.
140	25:52	31	Cormac Macdermott	Moy Valley A.C.
126	25:56	32	Lindsay Gordon	Newcastle and District A.C.
147	26:00	33	David Bohan	Galway City Harriers A.C.
160	26:01	34	Ieuan Hopkins	Brothers Pearse A.C.
161	26:14	35	Mark Mc Paul	Milford A.C.
146	26:18	36	Eoin Taggart	Clonliffe Harriers A.C.
124	26:28	37	Conor Gallagher	Letterkenny A.C.
134	26:35	38	Jamie Kelly	Ennis Track A.C.
170	26:38	39	Robert Frewen	Raheny Shamrock A.C.
165	26:45	40	Jack Miskella	Craughwell A.C.
183	26:47	41	Andrew Nevin	Mullingar Harriers A.C.
166	26:53	42	Darragh Crossan	City of Derry A.C. Spartans
132	26:59	43	Aaron Farrell	Dunboyne A.C.
174	27:01	44	Michael Mccarthy	Dundrum South Dublin A.C.

171	27:17	45	Eoin Smyth	Tara A.C.
127	27:19	46	Daniel Molloy	Newcastle and District A.C.
177	28:00	47	Alex O'brien	Lucan Harriers A.C.
158	28:21	48	Conor Mcloughlin	Moy Valley A.C.
123	29:28	49	Aaron Cashman	Crusaders A.C.
125	30:33	50	Elliott O'beirne	Unattached

### Senior Women 6000m Cross Country

ID	Time	Position	Name	Team Name
108	20:51	1	Abbie Donnelly	Unattached
116	21:04	2	Kirsty Walker	Unattached
96	21:15	3	Mary Mulhare	Portlaoise A.C.
111	21:19	4	Alex Millard	Unattached
109	21:24	5	Bronagh Kearns	St. Senans A.C.
99	21:25	6	Catherina Mullen	Metro/St. Brigid's A.C.
119	21:29	7	Aoife Ó Cuill	St. Coca's A.C.
81	21:29	8	Meghan Ryan	Dundrum South Dublin A.C.
79	21:30	9	Niamh Allen	Crusaders A.C.
97	21:32	10	Christine Russell	Letterkenny A.C.
98	21:33	11	Aoife Kilgallon	Sligo A.C.
115	21:40	12	Sophie Tarver	Unattached
86	21:59	13	Carla Sweeney	Rathfarnham W.S.A.F. A.C.
87	21:59	14	Grace Carson	Mid Ulster A.C.
113	22:02	15	Una Britton	Kilcoole A.C.
104	22:03	16	Danielle Donegan	U.C.D. A.C.
95	22:08	17	Cliona Murphy	Dublin City Harriers A.C.
93	22:14	18	Cheryl Nolan	St Abbans A.C.
78	22:23	19	Jodie Mccann	Dublin City Harriers A.C.
112	22:33	20	Nakita Burke	Letterkenny A.C.
117	22:33	21	Fiona Mckenna	U.C.D. A.C.
89	22:35	22	Lauren Tinkler	Dublin City Harriers A.C.
88	22:37	23	Iseult O donnell	Raheny Shamrock A.C.
298	22:42	24	Maisy O'Sullivan	St Abbans A.C.
82	23:02	25	Edel Monaghan	Dublin City Harriers A.C.
105	23:08	26	Ellen Moran	Galway City Harriers A.C.
91	23:30	27	Sile O'byrne	Sli Cualann A.C.
110	23:45	28	Nuria Vizcaino Estrada	Ennis Track A.C.
118	24:01	29	Edel Gaffney	Trim A.C.
94	24:28	30	Aoife Ní Bhroin	Dublin City Harriers A.C.
92	24:32	31	Aoife O'Brien	Westport A.C.
90	24:44	32	Emily Grennan	Tullamore Harriers A.C.
80	25:20	33	Aislinn Moorehouse	Dublin City Harriers A.C.
83	26:04	34	Gillian Marley	Milford A.C.
122	27:04	35	Triona Moran	Castlegar A.C.
100	27:52	36	Renee Letz	U.C.D. A.C.
114	29:52	37	Treasa Boylan	Donore Harriers