

## 100m

First Name	Last Name	Club	PB	SB
Michael	Deady	Menapians A.C.	11.49	11.49
Niall	Flanagan	Cushinstown A.C.	11.46	11.46
Conor	Wilson	Menapians A.C.	11.13	11.13
Eoin	Power	St. Joseph's A.C.		
Ciaran	Dolan	Finn Valley A.C.	11.30	11.42
Patrick	Lynch	Newport A.C.	11.25	11.28
Joshua	Essuman	Tallaght A.C.		
Roland	Pika	Limerick A.C.		
Samuel	Olo Manel	Naas A.C.		
Tony	Stafford	Menapians A.C.	11.01	11.01
Paul	Whelan	Clonliffe Harriers A.C.	10.81	
Barry	Regan	St. Abbans A.C.		
Eanna	Madden	Carrick-on-Shannon A.C.	10.77	10.77
Cormac	Lynch	Marian A.C.		
Kaodi	Ogbene	Leevale A.C.	11.26	
Liam	Mulcahy	Leevale A.C.	11.52	11.52
Oisin	Fitzpatrick	Nenagh Olympic A.C.		
Keith	Pike	Clonliffe Harriers A.C.	10.72	10.72
Mark	Kavanagh	Dundrum South Dublin A.C.	10.91	11.03
Ferdia	Kenny	Sli Cualann A.C.		
Isreal	Ibeanu	Clonliffe Harriers A.C.		

## 200m

First Name	Last Name	Club
Robert	Bennett	C.I.T. A.C.
Niall	Flanagan	Cushinstown A.C.
Conor	Wilson	Menapians A.C.
Patrick	Lynch	Newport A.C.
Shane	Howard	Bandon A.C.
Stuart	Roche	Clonliffe Harriers A.C.
Samuel	Olo Manel	Naas A.C.
Ronan	Coyle	Galway City Harriers A.C.
Tony	Stafford	Menapians A.C.
Eanna	Madden	Carrick-on-Shannon A.C.
Cormac	Lynch	Marian A.C.
Kaodi	Ogbene	Leevale A.C.
Alan	Murnane	Leevale A.C.
Liam	Mulcahy	Leevale A.C.
Kevin	Migge	Naas A.C.
Mark	Kavanagh	Dundrum South Dublin A.C.
Ferdia	Kenny	Sli Cualann A.C.
Isreal	Ibeanu	Clonliffe Harriers A.C.

## 400m

First Name	Last Name	Club	PB	SB
Paul	Manning	St. Joseph's A.C.		
Eoin	Kavanagh	Celtic DCH A.C.	52.36	52.36
Paul	Murphy	Ferrybank A.C.	47.87	
Sean	Flanagan	Tallaght A.C.	51.8	51.8
Shane	Cheshire	Dunleer A.C.	55.15	55.15
Conor	Dempsey	Sli Cualann A.C.		
Lorcan	Lalor	Sli Cualann A.C.		
Evan	Crotty	Emerald A.C.	50.25	50.25
Kevin	Woods	Crusaders A.C.	49.59	49.59
Lyle	Hood	Naas A.C.		
Evan	McGuire	Galway City Harriers A.C.	48.91	49.03
Eoghan	Buggy	St. Abbans A.C.		
Mervyn	Harris	Mullingar Harriers A.C.	51.03	
Robert	Tully	Star of the Sea A.C.		
Oisin	Foley	Dunshaughlin A.C.		
Scott	Gibson	Bandon A.C.		
Paul	White	Nenagh Olympic A.C.	49.13	49.13
Keith	Noctor	St. L. O'Toole A.C.		
Karl	Griffin	U.C.D. A.C.	49.34	49.47
Jack	Tillion	Sligo A.C.		
Zak	Irwin	Sligo A.C.		
Sean	McCabe	Tallaght A.C.	50.45	50.80
Andrew	Cummins	Dundrum South Dublin A.C.		

## 800m

First Name	Last Name	Club	PB	SB
Richard	Lucas	Ferrybank A.C.	2.06	
Mitchell	Byrne	Rathfarnham W.S.A.F. A.C.		
Lawrence	Boran	Rathfarnham W.S.A.F. A.C.		
Cormac	Kelly	St. Abbans A.C.		
Peter	Hanrahan	Togher A.C.		
Fionn	Buttner	Dundrum South Dublin A.C.	1.53.69	1.53.69
Cj	Isayas	Athlone IT A.C.	2:00:23	2:00:23
Keith	Fallon	Galway City Harriers A.C.	1.53	
Peter	Gaffney	Metro/St. Brigid's A.C.		1.55
Peadar	Harvey	Craughwell A.C.		
Gavin	Cooney	Craughwell A.C.		

## 1500m

First Name	Last Name	Club	PB	SB
Darragh	Lynch	Ennis Track A.C.		
James	McAssey	St. L. O'Toole A.C.	4:08	4:08
Ruairi	Finnegan	Letterkenny A.C.	3.44	
Shane	Gallagher	Finn Valley A.C.	4:23	4:23
Neil	McCartan	East Down AC	4.02.29	4.02.29
Thomas	Moran	Dunshaughlin A.C.		
David	Scanlon	Rathfarnham W.S.A.F. A.C.		

Keith	Fallon	Galway City Harriers A.C.	3.57	3.57
Robert	Purcell	Gneeveguilla A.C.		
Michael	Carey	Clonmel A.C.		
Stephen	Prentice	Annadale Striders	3.57.31	3.57.31
Mark	O'Sullivan	Bandon A.C.		

### 5000m

First Name	Last Name	Club	PB	SB
Conor	Duffy	Glaslough Harriers A.C.		
Liam	Brady	Tullamore Harriers A.C.	15.02	16.10
Liam	Logan Hillery	Limerick A.C.		
David	Scanlon	Rathfarnham W.S.A.F. A.C.		
John	Moroney	Galway City Harriers A.C.	16.10	16.40
Luke	Forde	Dunboyne A.C.		
Damian	Murphy	West Waterford A.C.	16.55	
Patrick	Hughes	Thurles Crokes A.C.	16.01	16.01
Robert	Purcell	Gneeveguilla A.C.		

### 110m H

First Name	Last Name	Club	PB	SB
Eoin	Power	St. Joseph's A.C.		
Joshua	Essuman	Tallaght A.C.		
Edmond	O'Halloran	Leevale A.C.	15.20	15.20
Oisin	Fitzpatrick	Nenagh Olympic A.C.		

### 400m H

First Name	Last Name	Club	PB	SB
Eoin	Power	St. Joseph's A.C.		
Daniel	Colbert	Midleton A.C.	54.14	54.14
Darren	Watters	Annalee A.C.	58	58

### 5km Walk

First Name	Last Name	Club	PB	SB
James	Treanor	Shercock A.C.	20.43	20.43
Luke	Hickey	Leevale A.C.		

### High Jump

First Name	Last Name	Club	PB	SB
Shane	O Dwyer	Ferrybank A.C.	2.00	
Pj	Galvin	St. Brendan's (Kerry) A.C.	1.90	
Barry	Quigg	Tír Chonaill A.C.	1.95m	
Michael	Hartley	Menapians A.C.		

## Pole Vault

First Name	Last Name	Club	Team 2	PB
Thomas	Houlihan	West Waterford A.C.		4.70m
Christopher	Doherty	Tír Chonaill A.C.		4.20m
Dylan	Purcell	St. L. O'Toole A.C.		
Keith	Doherty	Dunboyne A.C.		

## Long Jump

First Name	Last Name	Club	PB	SB
Ciaran	Dolan	Finn Valley A.C.	7.10	6.90
Shane	Howard	Bandon A.C.		
Shane	O Dwyer	Ferrybank A.C.	6.70	
Roland	Pika	Limerick A.C.		
Keith	Doherty	Dunboyne A.C.		

## Triple Jump

First Name	Last Name	Club	PB	SB
Sean	Archer	Ferrybank A.C.	14	
Conor	Daly	St. Abbans A.C.		
Barry	Quigg	Tír Chonaill A.C.	12.85m	

## Shot Putt

First Name	Last Name	Club	PB	SB
Michael	Kenny	Kildare A.C.		
Patrick	Mc Sweeney	Bandon A.C.		
Michael	O Neill	Gneeveguilla A.C.		

## Discus

First Name	Last Name	Club	PB	SB
Tom	Matthews	Lagan Valley AC	27.28	27.28
Michael	Kenny	Kildare A.C.		
Marco	Pons	D.M.P. A.C.	50.06	50.06
Conal	Campion	St. Andrews A.C.	37.86	36.21
Michael	O Neill	Gneeveguilla A.C.		

## Hammer

First Name	Last Name	Club	PB	SB
Dempsey	Mc Guigan	Finn Valley A.C.	66.62m	66.62m
Kieran	Murphy	St. Pauls (Wexford) A.C.	44.17	44.17
Patrick	Mc Sweeney	Bandon A.C.		
Thomas	Furlong	D.M.P. A.C.	61-89	59-82
Michael	O Neill	Gneeveguilla A.C.		

## Javelin

First Name	Last Name	Club	PB	SB
Aaron	Finley	St Peters		
Conal	Campion	St. Andrews A.C.	52.88	48.00

## 5km Steeplechase

First Name	Last Name	Club	PB	SB
Colum	O'Leary	Raheny Shamrock A.C.	10.08	10.12
Michael	Carey	Clonmel A.C.		
James	Speight	Finn Valley A.C.		

## 35lb Distance

First Name	Last Name	Club	PB	SB
Michael	Kenny	Kildare A.C.		
Patrick	Mc Sweeney	Bandon A.C.		