

GloHealth

AAI GAMES & DAY 2 **COMBINED EVENTS** 2016 PROVISIONAL TIMETABLE

10.00	YOUTH BOYS	110mH	9.30	MEN & WOMEN	Seated Throws
	JUNIOR MEN	110mH			
	SENIOR MEN	110mH			
11.00	MEN	5000m W	10.30	SENIOR WOMEN	Long Jump
11.30	WOMEN	3000m W		JUNIOR WOMEN	Long Jump
				YOUTH GIRLS	Long Jump
				WOMEN	Long Jump
12.00	WOMEN	400mH	10.45	SENIOR MEN	Discus (2K)
12.10	MEN	400mH		JUNIOR MEN	Discus (1.75K)
12.30	WOMEN	200m		YOUTH BOYS	Discus (1.5K)
12.40	MEN	200m		MEN	Discus (2K)
			12.00	WOMEN	Shot Put (4k)
13.15	WOMEN	800m	12.30	SENIOR MEN	Pole Vault
13.25	MEN	800m		JUNIOR MEN	Pole Vault
				YOUTH BOYS	Pole Vault
13.45	WOMEN	3000m		MEN & WOMEN	Pole Vault
14.00	MEN	3000m			
			12.30	MEN	High Jump
14.15	WOMEN	100mH	12.45	MEN	Long Jump
14.25	MEN	110mH			
			13.00	MEN & WOMEN	Hammer (4k & 7.26k)
14.45	WOMEN	100m			
14.55	MEN	100m	13.30	SENIOR WOMEN	Javelin 600g
				JUNIOR WOMEN	Javelin 600g
15.30	WOMEN	1500m		YOUTH GIRLS	Javelin 500g
15.40	MEN	1500m		WOMEN	Javelin 600g
15.45	SENIOR WOMEN	800m			
	JUNIOR WOMEN	800m	14.15	MEN & WOMEN	Triple Jump
	YOUTH GIRLS	800m			
16.00	WOMEN	400m	14.30	WOMEN	High Jump
16.10	MEN	400m	14.30	MEN	Shot Put (7.26K)
			15.30	WOMEN	Discus (1k)
16.35	SENIOR MEN	1500m	15.45	SENIOR MEN	Javelin 800g
	JUNIOR MEN	1500m		JUNIOR MEN	Javelin 800g
	YOUTH BOYS	1500m		YOUTH BOYS	Javelin 700g
				MEN	Javelin 800g

**** COMBINED EVENTS HIGHLIGHTED IN YELLOW ****

Morton Stadium, Santry
Sunday 29th May 2016
ATHLETICSIRELAND.IE

