

GloHealth

AAI GAMES & DAY 2 **COMBINED EVENTS** 2016 PROVISIONAL TIMETABLE

10.00	YOUTH BOYS	110mH	9.30	MEN & WOMEN	Seated Throws
	JUNIOR MEN	110mH			
	SENIOR MEN	110mH	10.30	SENIOR WOMEN	Long Jump
11.00	MEN	5000m W		JUNIOR WOMEN	Long Jump
11.00	WOMEN	3000m W		YOUTH GIRLS	Long Jump
12.00	WOMEN	400mH		WOMEN & MEN	Long Jump
12.10	MEN	400mH	10.45	SENIOR MEN	Discus (2K)
12.30	WOMEN	200m		JUNIOR MEN	Discus (1.75K)
12.40	MEN	200m		YOUTH BOYS	Discus (1.5K)
13.00	WOMEN	800m		MEN	Discus (2K)
13.15	MEN	800m	12.00	WOMEN & MEN	Shot Put
13.40	MEN	3000m	12.30	SENIOR MEN	Pole Vault
14.10	WOMEN	100m Series 1		JUNIOR MEN	Pole Vault
14.25	MEN	100m Series 1		YOUTH BOYS	Pole Vault
14.45	WOMEN	1500m		MEN & WOMEN	Pole Vault
14.55	MEN	1500m	12.30	WOMEN	High Jump
15.45	SENIOR WOMEN	800m	13.00	MEN & WOMEN	Hammer (4k & 7.26k)
	JUNIOR WOMEN	800m	13.30	SENIOR WOMEN	Javelin 600g
	YOUTH GIRLS	800m		JUNIOR WOMEN	Javelin 600g
15.10	WOMEN	400m		YOUTH GIRLS	Javelin 500g
15.15	MEN	400m		WOMEN	Javelin 600g
16.10	Women	100m Series 2	14.15	MEN & WOMEN	Triple Jump
	Men	100m Series 2	15.30	WOMEN	Discus (1k)
16.35	SENIOR MEN	1500m	15.45	SENIOR MEN	Javelin 800g
	JUNIOR MEN	1500m		JUNIOR MEN	Javelin 800g
	YOUTH BOYS	1500m		YOUTH BOYS	Javelin 700g
				MEN	Javelin 800g

**** COMBINED EVENTS HIGHLIGHTED IN YELLOW ****

Morton Stadium, Santry
Sunday 29th May 2016
ATHLETICSIRELAND.IE

