AAI Games   (CAT E)
29th January 2023
TUS, Athlone

Track

Time	Event	Category
11:00	60m	Women
11:15	60m	Men
11:40	400m	Women
11:55	400m	Men
12:30	60m - S2	Women
12:42	60m - S2	Men
13:00	3000mW	Men + Women
13:30	1500m	Women
13:35	1500m	Men
13:50	200m	Women
14:20	200m	Men
14:50	60mH	Women
15:00	60mH	Men
15:10	800m	Women
15:20	800m	Men
15:40	60mH - S2	Men
15:50	60mH - S2	Women
16:00	3000m	Men Race 1
16:15	3000m	Men Race 2
16:30	4x400m	Women
16:40	4x400m	Men

Field

Time	Event	Category
11:00	High Jump	Men
12:30	High Jump	Women
11:00	Long Jump	Women
12:30	Long Jump	Men
11:00	Pole Vault	Women
14:00	Pole Vault	Men
11:00	Shotput	Men + Women
14:00	Triple Jump	Women
15:00	Triple Jump	Men
12:30	Weight for Distance	Men + Women