AAI Games   (CAT E)
27th January 2024
NIA , Dublin

Scheduled times are ONLY a guide and may change slightly the week of event

Track

Time	Event	Category
10:30	**60m**	**CE U18, U20 & Sen Men**
11:00	60m	Women
11:15	60m	Men
11:40	400m	Women
11:55	400m	Men
12:30	60m - S2	Women
12:42	60m - S2	Men
13:00	3000m Walk	Men & Women
13:30	1500m	Women
13:35	1500m	Men
13:50	200m	Women
14:20	200m	Men
14:50	60mH	Women
15:00	60mH	Men
15:20	800m	Women
15:30	800m	Men
15:50	60mH - S2	Men
16:00	60mH - S2	Women
16:10	3000m	Men & Women R1
16:25	3000m	Men R2
16:40	4x400m Relay	Mixed

Field

Time	Event	Category
11:00	High Jump	Men
12:30	High Jump	Women
14:00	**High Jump**	**CE U18, U20 & Sen Men**
11:00	**Long Jump**	**CE U18, U20 & Sen Men**
12:00	Long Jump	Women
13:30	Long Jump	Men
11:00	Pole Vault	Women
13:30	Pole Vault	Men
11:00	**Shot Put**	**CE U18, U20 & Sen Men**
12:00	Shot Put	Men
15:00	Shot Put	Women
15:00	Triple Jump	Men & Women
14:00	Weight for Distance	Men & Women

Includes Men CE Day 1

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