AAI Games (CAT E)
27th January 2024
NIA , Dublin

Track

Time	Event	Category
10:00	**60m**	**CE U18, U20 & Sen Men**
10:30	60m	Women
10:45	60m	Men
11:25	400m	Women
11:45	400m	Men
12:15	60m - S2	Women
12:30	60m - S2	Men
13:05	3000m Walk	Men & Women
13:45	1500m	Women
13:55	1500m	Men
14:15	200m	Women
14:45	200m	Men
15:20	60mH	Women
15:30	60mH	Men
15:40	800m	Women
15:55	800m	Men
16:15	60mH - S2	Men
16:30	60mH - S2	Women
16:30	3000m	**Men & Women R1**
16:50	3000m	**Men R2**
17:15	4x400m Relay	Mixed

Field

Time	Event	Category
11:00	High Jump	Men
12:00	High Jump	Women
14:30	**High Jump**	**CE U18, U20 & Sen Men**
11:00	**Long Jump**	**CE U18, U20 & Sen Men**
12:00	Long Jump	Women
13:30	Long Jump	Men
11:00	Pole Vault	Women
13:30	Pole Vault	Men
11:00	Shot Put	Men & Women
12:15	**Shot Put**	**CE U18, U20 & Sen Men**
15:00	Triple Jump	Men & Women
14:00	Weight for Distance	Men & Women

Includes Men's Heptathlon Day 1