

Connacht Schools Track and Field Programme

Track Events

No.	Event	Category
1	5000m 10am	Senior Boys
2	3000m Walk	Senior Girls
3	3000m Walk	Senior Boys
4	2000m Walk	Inter Girls
5	2000m Walk	Inter Boys
6	1200m Walk	Junior Girls
7	1200m Walk	Junior Boys
8	1200m Walk	Minor Girls
9	1200m Walk	Minor Boys
10	400m Hurdles (91.4cm)	Senior Boys
11	400m Hurdles (84cm)	Inter Boys
12	400m Hurdles(76.2cm)	Senior Girls
13	300m Hurdles(76.2cm)	Inter Girls
14	1500m Steeplechase(2'6'')	Sen/Int Girls
15	1500m Steeplechase(2'9'')	Inter Boys
16	2000m Steeplechase(3')	Senior Boys
17	200m	Minor Girls
18	200m	Minor Boys
19	200m	Junior Girls
20	200m	Junior Boys
21	200m	Inter Girls
22	200m	Inter Boys
23	200m	Senior Girls
24	200m	Senior Boys
25	800m	Minor Girls
26	800m	Minor Boys
27	800m	Junior Girls
28	800m	Junior Boys
29	800m	Inter Girls
30	800m	Inter Boys
31	800m	Senior Girls
32	800m	Senior Boys
33	100m	Minor Girls
34	100m	Minor Boys
35	100m	Junior Girls
36	100m	Junior Boys
37	100m	Inter Girls

No.	Event	Category
38	100m	Inter Boys
39	100m	Senior Girls
40	100m	Senior Boys
41	3000m	Int/Sen Girls
42	3000m	Inter Boys
43	75m Hurdles (68.6cm)	Minor Girls
44	75m Hurdles (76.2cm)	Minor Boys
45	75m Hurdles (76.2cm)	Junior Girls
46	80m Hurdles (76.2cm)	Inter Girls
47	80m Hurdles (83.8cm)	Junior Boys
48	100m Hurdles (83.8cm)	Senior Girls
49	100m Hurdles (91.4cm)	Inter Boys
50	110m Hurdles (99cm)	Senior Boys
51	400m	Inter Boys
52	400m	Senior Girls
53	400m	Senior Boys
54	300m	Inter Girls
55	1500m	Minor Girls
56	1500m	Minor Boys
57	1500m	Junior Girls
58	1500m	Junior Boys
59	1500m	Inter Girls
60	1500m	Inter Boys
61	1500m	Senior Girls
62	1500m	Senior Boys
63	Mile	U16 Girls
64	Mile	U16 Boys
65	4 X 100m Relay	Minor Girls
66	4 X 100m Relay	Minor Boys
67	4 X 100m Relay	Junior Girls
68	4 X 100m Relay	Junior Boys
69	4 X 100m Relay	Inter Girls
70	4 X 100m Relay	Inter Boys
71	4 X 100m Relay	Senior Girls
72	4 X 100m Relay	Senior Boys
73	4 X 300m Relay	Senior Girls
74	4 X 400m Relay	Senior Boys

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Field Events

No	Event	Category
75	Hammer (6.00kg) 9.30am	Senior Boys
76	Hammer (5.00kg)	Inter Boys
77	Hammer (4.00kg)	Junior Boys
78	Hammer (4.00kg)	Senior Girls
79	Hammer (3.00kg)	Inter Girls
80	Hammer (2.50kg)	Junior Girls
81	Javelin (800g) 11am	Senior Boys
82	Javelin (700g)	Inter Boys
83	Javelin (600g)	Junior Boys
84	Javelin (500g)	Minor Boys
85	Javelin (400g)	Minor Girls
86	Javelin (400g)	Inter Girls
87	Javelin (500g)	Junior Girls
88	Javelin (600g)	Senior Girls
89	Discus (0.75kg) 2pm	Minor Girls
90	Discus (0.75kg)	Junior Girls
91	Discus (1.00kg)	Senior Girls
92	Discus (1.00kg)	Inter Girls
93	Discus (0.75kg)	Minor Boys
94	Discus (1.00kg)	Junior Boys
95	Discus (1.50kg)	Inter Boys
96	Discus (1.75kg)	Senior Boys
97	Shot Put (3.00kg) 12 noon	Minor Boys
98	Shot Put (4.00kg)	Junior Boys
99	Shot Put (5.00kg)	Inter Boys
100	Shot Put (6.00kg)	Senior Boys
101	Shot Put (4.00kg)	Senior Girls

No	Event	Category
102	Shot Put (3.00kg)	Inter Girls
103	Shot Put (2.72kg)	Junior Girls
104	Shot Put (2.72kg)	Minor Girls
105	High Jump 11am 1.55cm	Inter Boys
106	High Jump 1.60cm	Senior Boys
107	High Jump 1.45cm	Junior Boys
108	High Jump 1.30cm	Minor Boys
109	High Jump 1.40cm	Inter Girls
110	High Jump 1.40cm	Senior Girls
111	High Jump 1.35cm	Junior Girls
112	High Jump 1.25cm	Minor Girls
113	Long Jump 12 noon	Minor Girls
114	Long Jump	Junior Girls
115	Long Jump	Inter Girls
116	Long Jump	Senior Girls
117	Long Jump 12 noon	Senior Boys
118	Long Jump	Inter Boys
119	Long Jump	Junior Boys
120	Long Jump	Minor Boys
121	Triple Jump 2pm	Senior Boys
122	Triple Jump	Inter Boys
123	Triple Jump	Junior Boys
124	Triple Jump	Senior Girls
125	Triple Jump	Inter Girls
126	Triple Jump	Junior Girls
127	Pole Vault 1.80m	Inter Girls

High Jump Starting Heights will be 5cm higher in All Ireland Final

Pole Vault Intermediate girls starting will be 1.90m in All Ireland

1500m Steeplechase 13 hurdles and 3 water jumps

2000m Steeplechase 18 hurdles and 5 water jumps

Triple Jumpers must be able to jump from 7m, 9m or 11m boards