

Saturday 12th September

IRISH LIFE HEALTH COMBINED EVENT CHAMPIONSHIPS DAY 1 SATURDAY 12TH OF SEPTEMBER 2020, MORTON STADIUM

Please Note: * The following Junior events will be held on Sunday 13th September (100m/110m & 400m Hurdles, 800m ,3000m, Triple Jump, High Jump & PoleVault)

Senior Women	Heptathlon	Masters Men 35-39 Pentathlon	Masters Women 40-49 Pentathlon
Senior Men	Decathlon	Masters Men 40-49 Pentathlon	Masters Women 50+ Quadrathlon
Junior Women	Heptathlon	Masters Men 50+ Quadrathlon	Junior Men
Junior Men	Decathlon		Junior Women

TRACK

10:00	Junior Men	100m
10:05	Senior Men	100m
10:30	Masters Women 40-49	80m Hurdles (76.2)
10:50	Junior Women	100m Hurdles (83.8)
10:50	Senior Women	100m Hurdles (83.8)
11:45	Masters Men 35-39	110m Hurdles (99.1)
11:45	Masters Men 40-49	110m Hurdles (99.1)
12:00	Master Women 50+	100m
12:05	Masters Men 50+	100m
tbc	Masters Men 35-39	1500m
tbc	Masters Men 40-49	1500m
tbc	Masters Men 50+	1500m
tbc	Masters Women 40-49	800m
tbc	Master Women 50+	800m
tbc	Junior Women	200m
tbc	Senior Women	200m
tbc	Junior Men	400m
tbc	Senior Men	400m

FIELD

10:30	Junior Men	Long Jump
10:30	Senior Men	Long Jump
10:30	Masters Men 35-39	Long Jump
10:30	Masters Men 40-49	Long Jump
11:15	Junior Women	High Jump
11:15	Senior Women	High Jump
11:15	Masters Women 40-49	High Jump
12:30	Junior Men	Shot Put (6.00 kg)
12:30	Senior Men	Shot Put (7.26 kg)
12:30	Masters Men 35-39	Shot Put (7.26 kg)
12:30	Masters Men 40-49	Shot Put (7.26 kg)
12:45	Master Women 50+	Long Jump
12:45	Masters Men 50+	Long Jump
12:45	Masters Women 40-49	Long Jump
14:00	Junior Men	High Jump
14:00	Senior Men	High Jump
14:00	Masters Men 35-39	High Jump
14:00	Masters Men 40-49	High Jump
14:00	Junior Women	Shot Put (4.00 kg)
14:00	Senior Women	Shot Put (4.00 kg)
14:00	Masters Women 40-49	Shot Put (4.00 kg)
15:00	Master Women 50+	Shot Put (3.00 kg)
15:00	Masters Men 50+	Shot Put (6.00 kg)

Online Check-In opens 4 hours prior to your event.

Check in is not complete until athlete is on site and has collected their bib.

Gate opens 90 minutes prior to your event

Check-In Closes 1 hour prior to your event