

Track		
Time	Age	Event
10:00	Girls U14	60m H 2'3" (0.686m)
10:25	Boys U14	60m H 2'6" (0.762m)
10:45	Girls U15	60m H 2'6" (0.762m)
11:00	Girls U16	60m H 2'6" (0.762m)
11:20	Boys U15	60m H 2'9" (0.838m)
11:45	Boys U16	60m H 2'9" (0.838m)
11:55	Youth Women	60m H 2'6" (0.762m)
	Junior & Senior Women	60m H 2'9" (0.838m)
12:20	Master Women O35-39	60m H 2'9" (0.838m)
	Master Women O40-49	60m H 2'6" (0.762m)
	Master Women O50-59	60m H 3'3" (0.991m)NS
12:30	Master Men O35-49	60m H 3'3" (0.991m)
	Master Men O50-59	60m H 3'0" (0.914m)
13:00	Youth Men	60m
	Junior Men	60m
	Senior Men	60m
	Master Women O60+	60m
	Master Men O60+	60m
Event to take place 20min after Last	Girls U14	800m
	Boys U14	800m
	Girls U15	800m
	Girls U16	800m
	Boys U15	800m
	Boys U16	800m
16:45	YJS Women	800m
17:00	Master Women 800m	800m
17:15	Master Men	1000m

Field		
Time	Age	Event
10:00	Girls U16	Long Jump Pit 1
B	Girls U15	Long Jump Pit 1
C	Girls U14	Long Jump Pit 1
D	YJS Men	Long Jump Pit 1
E	YJS Women	Long Jump Pit 1
10:00	Boys U16	Long Jump Pit 2
B	Boys U15	Long Jump Pit 2
C	Boys U14	Long Jump Pit 2
D	Master Men	Long Jump Pit 2
E	Master Women	Long Jump Pit 2
10:00	Girls 15	High Jump 1
B	Girls 14	High Jump 1
C	Girls 16	High Jump 1
D	YJS Women	High Jump 1
F	Master Men O35-59	High Jump 1
10:00	Boys 15	High Jump 2
B	Boys 16	High Jump 2
C	Boys 14	High Jump 2
D	Master Women O35-59	High Jump 1
E	YJS Men	High Jump 1
10:15	Girls 14	Shotput 2kg
B	Boys 14	Shotput 2.72kg
C	Girls 15	Shotput 2.72kg
D	Boys 15	Shotput 3kg
E	Girls 16	Shotput 3kg
F	Boys 16	Shotput 4kg
G	Youth Women	Shotput 3kg
G	Junior & Senior Women	Shotput 4kg
H	Master O35-49 Women	Shotput 4kg
H	Master Women O50-74	Shotput 3kg
I	Master Men O35-49	Shotput 7.26kg
I	Master Men O50-59	Shotput 6kg
I	Master Men O60-69	Shotput 5kg
J	Youth Men	Shotput 5kg
J	Junior Men	Shotput 6kg
J	Senior Men	Shotput 7.26kg

Schedule Subject to Changed,
please pay attention to PA
during the day