

Day 3 Dublin Juvenile Indoor Championships 2019 – Saturday 9th February - Abbotstown

10.00 a.m

Girls & Boys 18 400m Heats
Girls & Boys 19 400m Heats

10.50 a.m

Girls & Boys 16 1500m Heats
Girls & Boys 17 1500m Heats
Girls & Boys 18 1500m Heats
Girls & Boys 19 1500m Heats

Long Jump

10.00 a.m. Girls (Pit 1) 12
Boys (Pit 2) 12
11.15 a.m. Girls (Pit 1) 19
Boys (Pit 2) 19
12.15 p.m. Girls (Pit 1) 18
Boys (Pit 2) 18
1.15 p.m. Girls (Pit 1) 13
2.30 p.m. Boys (Pit 1) 13

**400m and 1500m Finals WILL BE HELD AT
HEAT TIME IF HEATS ARE NOT REQUIRED**

11.30 a.m

Girls & Boys 9 60m Heats (Dublin only competition)
Girls & Boys 10 60m Heats (Dublin only competition)
Girls & Boys 11 60m Heats (Dublin only competition)
Girls & Boys 12 60m Heats
Girls & Boys 13 60m Heats

Shot Putt

10.00 a.m. Boys 13 (2k)
11.15 a.m. Girls 13 (2k)

Followed by qtr/Semi/Finals in same order

1.30 p.m.

Finals of 400m (if any)

**NOTE: THERE WILL BE A 20 MINUTE
BREAK ON THE TRACK AFTER THE 400m**

High Jump

10.00 a.m. Girls (Mat 1) 13
Boys (Mat 2) 13
11.00 a.m. Girls (Mat 1) 14
Boys (Mat 2) 14
12.00 p.m. Girls (Mat 1) 12
Boys (Mat 2) 12
1.30 p.m. Boys (Mat 1) 19
2.30 p.m. Boys (Mat 1) 15

2.20 p.m.

Girls & Boys 16 – 19 1500m Walks
Girls & Boys 14 – 15 1000m Walks

3.20 p.m. (60m)

Girls & Boys 14 60m Heats
Girls & Boys 15 60m Heats
Girls & Boys 16 60m Heats
Girls & Boys 17 60m Heats
Girls & Boys 18 60m Heats
Girls & Boys 19 60m Heats

Followed by qtr/Semi/Finals in same order

5.30 p.m.

FINALS of 1500m (if any)

