

Day 4 Dublin Juvenile Indoor Championships 2019 – Sunday 10th February - Abbotstown

10.00 a.m

Girls & Boys 16 200m heats
Girls & Boys 17 200m heats
Girls & Boys 18 200m heats
Girls & Boys 19 200m heats

11.15 a.m.

Girls & Boys 9 500m (On time, Dublin only competition)
Girls & Boys 10 500m (On time, Dublin only competition)
Girls & Boys 11 600m (On time, Dublin only competition)
Girls & Boys 12 600m
Girls & Boys 13 600m
Girls & Boys 14 800m
Girls & Boys 15 800m
Girls & Boys 16 800m
Girls & Boys 17 800m
Girls & Boys 18 800m
Girls & Boys 19 800m

200m/600m/800m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE 800m HEATS

2.00 p.m.

200m Finals

2.45 p.m.

Girls 13 60m Hur 2'3" Heats
Boys 13 60m Hur 2'3" Heats
Girls 14 60m Hur 2'3" Heats
Boys 14 60m Hur 2'6" Heats
Girls 15 60m Hur 2'6" Heats
Girls 16 60m Hur 2'6" Heats
Boys 15 60m Hur 2'9" Heats
Boys 16 60m Hur 2'9" Heats
Girls 17 60m Hur 2'6" Heats
Girls 18 60m Hur 2'6" Heats
Girls 19 60m Hur 2'9" Heats
Boys 17 60m Hur 3'0" Heats
Boys 18 60m Hur 3'0" Heats
Boys 19 60m Hur 3'3" Heats

FINALS HURDLES – Finals in any of the above will be held at heat times if heats are not required

4.45pm

600m/800m FINALS (if any)

Long Jump

10.00 a.m.	Girls (Pit 1)	15
	Boys (Pit 2)	15
11.00 a.m.	Girls (Pit 1)	16
	Boys (Pit 2)	16
12.00 p.m.	Girls (Pit 1)	17
	Boys (Pit 2)	17
1.30 p.m.	Girls (Pit 1)	14
2.30 p.m.	Boys (Pit 1)	14

Shot Putt

10.00 am.	Girls	12 (2k)
11.15 am.	Boys	12 (2k)
12.30 pm	Girls	14 (2k)
01.45 pm.	Boys	14 (2.72k)

High Jump

10.00 a.m.	Girls (Mat 1)	17
	Boys (Mat 2)	17
11.00 a.m.	Girls (Mat 1)	18
	Boys (Mat 2)	
12.00 p.m.	Girls (Mat 1)	16
	Boys (Mat 2)	16
1.30 p.m.	Girls (Mat 1)	19
2.30 p.m.	Girls (Mat 1)	15

