

**DUBLIN COUNTY ATHLETIC BOARD
JUVENILE Indoor Championships Day 1
Friday 1st February 2019 - Abbotstown**

7.00 p.m.

U/10	Girls	4 X 200m	heats
U/10	Boys	4 X 200m	heats
U/12	Girls	4 X 200m	heats
U/12	Boys	4 X 200m	heats
U/14	Girls	4 X 200m	heats
U/14	Boys	4 X 200m	heats
U/16	Girls	4 X 200m	heats
U/16	Boys	4 X 200m	FINAL
U/18	Girls	4 X 200m	FINAL
U/18	Boys	4 X 200m	FINAL

FINALS will be run where there are 6 teams or less. Where there are heats qualification for a final will be decided on the number of team entries on the evening. Finishing places and Times will be applied where necessary. Please note the above order is subject to change.

- Athletes may step up **ONE (1)** age group only for the uneven ages on day 2.
- At least 2 members of a competing relay team, participating in that event on the day must be of the correct age
- U18 relays all athletes may move up one age group
- **STRICTLY No entry on the day of competition**

Field Events

7:00 PM Shot Putt U19 Girls (4k), U18 Girls (3k) & U17 Girls (3k)

8:30 PM Shot Putt U16 Girls (3k), U15 Girls (2.72k)

All Times are approximate

RE: 2017 Dublin Juvenile Indoor Championships –

Dear Parent/Guardian/Athlete,

Please find attached the details for the Dublin Juvenile Indoor Track & Field Championships which will be held in the **National Indoor Facility, National Sports Campus, Abbotstown (National Aquatic Centre)**.

All competitors **must wear a club singlet**, shorts, appropriate over clothing (track suit) and footwear, and all competitors **must be registered**, ie, have completed and returned club membership form and paid some money, otherwise they will not be permitted to compete for insurance reasons.

Athletes should return a list of the event(s) they wish to enter on the slip below (keep the above details for your own information) with entry fees no later than Thursday 25th January to the Shirley. **Entry Fee: €4 per event** and if on a relay squad **€2 per relay**.

Club coaches will decide on relay selection which might require trials.

Cut & return

Name: _____

DOB: _____

Even(s) _____

Athletes aged 11 in 2018 compete U12, aged 12 compete U13, etc, etc.