

123.ie Leinster Schools Track and Field Championships

Tullamore Stadium

Timetable – Saturday 20th May 2023

Saturday Track Events

T1	11.00	Senior Boys 400m Hurdles
T2	11.05	Inter Boys 400m Hurdles
T3	11.10	Senior Girls 400m Hurdles
T4	11.15	Inter Girls 300m Hurdles
T5	11.25	Inter Girls 100m
T6	11.30	Inter Boys 100m
T7	11.35	Senior Girls 100m (Trophy)
T8	11.40	Senior Boys 100m
T9	11.45	Inter Girls 800m
T10	11.50	Inter Boys 800m (Trophy)
T11	11.55	Senior Girls 800m
T12	12.00	Senior Boys 800m
T13	12.05	Inter Girls 3000m
T14	12.20	Senior Girls 3000m
T15	12.35	Inter Boys 3000m
T16	12.50	Inter Girls 300m
T17	12.55	Inter Boys 400m
T18	13.00	Senior Girls 400m
T19	13.05	Senior Boys 400m
T20	13.10	Inter Boys 200m
T21	13.15	Senior Girls 200m
T22	13.20	Senior Boys 200m (Trophy)
T23	13.25	Inter Girls 200m
T24	13.30	Inter Girls 1500m
T25	13.40	Inter Boys 1500m
T26	13.50	Senior Girls 1500m
T27	14.00	Senior Boys 1500 (Trophy)
T28	14.10	Senior Boys 5000m
T29	14.35	Inter Girls Relay (Trophy)
T30	14.40	Inter Boys Relay (Trophy)
T31	14.45	Senior Girls Relay (Trophy)
T32	14.50	Senior Boys Relay (Trophy)
T33	14.55	Senior Girls (4 x 300) Relay
T34	15.10	Senior Boys Relay (4 x 400) Relay

Saturday Field Events

15 Minute Call Up Prior to All Field Events, to ensure warm-ups

F1	09.30	INTER Boys Hammer(Back field)
F2	09.30	Senior Boys Discus (Outfield)
F3/F4	09.30	Inter/Senior Girls Pole Vault
F5	10.00	Senior Girls High Jump
F6	10.00	Senior Girls Shot
F7	10.00	Senior Girls Triple Jump (Pit 2)
F8	10.00	Senior Boys Triple Jump (Pit 1)
F9	10.00	Senior Girls Javelin
F10	10.30	Inter Girls Hammer(Backfield)
F11	10.30	Inter Girls Discus (Outfield)
F12	10.50	Inter Boys Shot
F13	11.00	Inter Boys High Jump
F14	11.00	Inter Girls Triple Jump (Pit 2)
F15	11.00	Inter Boys Triple Jump (Pit 1)
F16	11.15	Inter Boys Pole Vault
F17	11.30	Senior Girls Hammer(Back field)
F18	11.50	Inter Girls Shot
F19	12.15	Inter Girls Long Jump (Pit 2)
F20	12.15	Inter Boys Long Jump (Pit 1)
F21	12.15	Inter Boys Javelin
F22	12.15	Senior Boys High Jump
F23	12.30	Senior Boys Hammer (Backfield)
F24	12.30	Senior Boys Shot
F25	13.15	Senior Boys Javelin
F26	13.15	Senior Girls Long Jump (Pit 2)
F27	13.15	Senior Boys Long Jump (Pit 1)
F28	13.30	Inter Boys Discus (Backfield)
F29	13.30	Senior Boys Pole Vault
F30	13.30	Inter Girls High Jump
F31	14.10	Senior Girls Discus (Outfield)
F32	14.10	Inter Girls Javelin