

National Cross Country Championships

NATIONAL INTERMEDIATE MASTERS & JUVENILE B CROSS COUNTRY CHAMPIONSHIPS

SUNDAY 12TH FEBRUARY 2023
GOWRAN DEMESNE.
COUNTY KILKENNY

12:00	GIRLS	U11	1000m
12:10	BOYS	U11	1000m
12:20	GIRLS	U13	1500m
12:30	BOYS	U13	1500m
12:40	GIRLS	U15	2500m
12:55	BOYS	U15	2500m
13:10	GIRLS	U17	3000m
13:30	BOYS	U17	3000m
14.00	MASTER WOMEN & MEN O/65+		4000m
14.30	MASTER MEN O/35 - 64		7000m
15.10	INTERMEDIATE WOMEN		5000m
15.40	INTERMEDIATE MEN		8000m

Provisional Timetable



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