

The Committee reserve the right to alter the timetable.

Check in Opens 8.30am

Check in closes 9.15 a.m. Girls Walks

10.00 a.m.

Girls 14, 15,16 2000m Walks Finals
Girls 17, 18,19 3000m Walks Finals

10.00 a.m.

Girls 14 Discus
Boys 14 Hammer
Boys 17 High Jump
Boys 15 Long Jump (Pit 1)
Girls 17 Shot Putt
Boys 16 Triple Jump

Check in closes 10.30 a.m. 400m

11.15 a.m.

Girls 17, 18 & 19 400m Heats
Boys 17, 18 & 19 400m Heats

11.00 a.m.

Boys 15 Discus
Boys 18 Hammer
Boys 19 Javelin
Girls 14 Long Jump (Pit 1)
Girls 19 Triple Jump
Girls 15-16 Pole Vault
Boys 17 Shot Putt

Check in closes 11.15 a.m. Boys Walks

12:00 p.m.

Boys 14, 15 2000m Walks Finals
Boys 16, 17 3000m Walks Finals
Boys 18, 19 5000m Walks Finals

11.30 p.m.

Boys 14 High Jump

Check in closes 12:15 p.m. Sprints

1.30 p.m.

400m FINALS

12.00 p.m.

Girls 16 Discus
Boys 16 Hammer
Girls 19 Javelin
Girls 18 Shot Putt
Boys 15 Triple Jump
Boys 17 Long Jump (Pit 1)

13.00 p.m.

Boys 18 High Jump
Girls 14 Javelin

1.45 p.m.

Girls & Boys 14 80m Heats
Girls & Boys 15 100m Heats
Girls & Boys 16 100m Heats
Girls & Boys 17 100m Heats
Girls & Boys 18 100m Heats
Girls & Boys 19 100m Heats

13.30 p.m.

Boys 18 Discus
Boys 17 Hammer
Boys 19 Shot Putt
Girls 17-19 Pole Vault
Girls 15 Long Jump
Girls 16 Long Jump (Pit 2)

Check in closes 3.00 p.m. 3000m

3.45 p.m.

Boys 16, 17, 18, 19 3000m
Girls 16, 17, 18, 19 3000m

14.30 p.m.

Girls 15 Discus
Boys 19 Hammer
Girls 17 Javelin
Girls 19 Shot Putt
Boys 14 Long Jump (Pit 1)
Boys 16 Long Jump (Pit 2)
Boys 15 High Jump

15.30 p.m.

Boys 16 Discus
Boys 15 Hammer
Boys 18 Shot Putt

5.00 pm. SPRINT FINALS