

Inter Club Uneven Age Relays

Check in Closes 9:30am for U13 and U15, 10:00am for U17 and U19

10:00am	Mixed	U17	4X200m	Heats
	Mixed	U19	4X200m	Heats
	Girls	U13	4X200m	Finals (Heat Declared Winners)
	Boys	U13	4X200m	Finals (Heat Declared Winners)
	Girls	U15	4X200m	Heats
	Boys	U15	4X200m	Heats
	Girls	U17	4X200m	Heats
	Boys	U17	4X200m	Heats
	Girls	U19	4X200m	Heats
	Boys	U19	4X200m	Heats

FINALS OF ABOVE

Inter Club Even Age Relays

Afternoon	Girls	U12	4X200m	Finals (Heat Declared Winners)
	Boys	U12	4X200m	Finals (Heat Declared Winners)
	Girls	U14	4X200m	Heats
	Boys	U14	4X200m	Heats
	Girls	U16	4X200m	Heats
	Boys	U16	4X200m	Heats
	Girls	U18	4X200m	Heats
	Boys	U18	4X200m	Heats

FINALS OF ABOVE

Athletes may compete in TWO relays on the day.

At least 2 members of a competing relay team, participating in that event must be of the correct age.

Mixed teams are 2 boys/2 girls Running - Order for mixed relays; Girl/boy/girl/boy.

Field Events

10:00am	Boys	U17	Shot Put	(5kg)
10:45am	Girls	U19	Shot Put	(4kg)
11:30am	Boys	U18	Shot Put	(5kg)
12:50pm	Girls	U18	Shot Put	(3kg)
2:10pm	Boys	U19	Shot Put	(6kg)
2:45pm	Girls	U17	Shot Put	(3kg)

10:00am	Girls	U15	Triple Jump
11:00am	Boys	U15	Triple Jump
12:00am	Girls	U18	Triple Jump
1:45pm	Boys	U18	Triple Jump
2:45pm	Girls	U19	Triple Jump
3:30pm	Boys	U19	Triple Jump

11.00 a.m.	Boys	U12	High Jump
12.00 a.m.	Girls	U12	High Jump
1.00 p.m.	Boys	U13	High Jump
2.00 p.m.	Girls	U13	High Jump

Please note that this is a
PROVISIONAL TIMETABLE
which may be changed.