## Check in Closes 9:30am for U13 and U15, 10:00am for U17 and U19

| 10:00am | Mixed | U17 | 4X200m | Finals (Heat Declared Winners) |
| :---: | :---: | :---: | :---: | :---: |
|  | Mixed | U19 | 4X200m | Finals (Heat Declared Winners) |
|  | Girls | U13 | 4X200m | Finals (Heat Declared Winners) |
|  | Boys | U13 | 4X200m | Finals (Heat Declared Winners) |
|  | Girls | U15 | 4X200m | Heats |
|  | Boys | U15 | 4X200m | Heats |
|  | Girls | U17 | 4X200m | Heats |
|  | Boys | U17 | 4X200m | Heats |
|  | Girls | U19 | 4X200m | Heats |
|  | Boys | U19 | 4X200m | Heats |
|  | FINALS OF ABOVE |  |  |  |
|  | Inter Club Even Age Relays |  |  |  |
| Afternoon | Girls | U12 | 4X200m | Finals (Heat Declared Winners) |
|  | Boys | U12 | 4X200m | Finals (Heat Declared Winners) |
|  | Girls | U14 | 4X200m | Heats |
|  | Boys | U14 | 4X200m | Heats |
|  | Girls | U16 | 4X200m | Heats |
|  | Boys | U16 | 4X200m | Heats |
|  | Girls | U18 | 4X200m | Heats |
|  | Boys | U18 | 4X200m | Heats |
|  | FINALS OF ABOVE |  |  |  |

## CHECK-IN CLOSES @ 12:30PM FOR ALL EVENTS

Athletes may compete in TWO relays on the day.
At least 2 members of a competing relay team, participating in that event must be of the correct age.
Mixed teams are 2 boys/2 girlsRunning - Order for mixed relays; Girl/boy/girl/boy.

## Field Events

| 10:00am | Boys | U17 | Shot Put | (5kg) |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10:45am | Girls | U19 | Shot Put | (4kg) |  |
| 11:30am | Boys | U18 | Shot Put | (5kg) |  |
| 12:50pm | Girls | U18 | Shot Put | (3kg) |  |
| 2:10pm | Boys | U19 | Shot Put | (6kg) | PROVISIONAL TIMETABLE |
| 2:45pm | Girls | U17 | Shot Put | (3kg) | which may be changed. |
| 10:00am | Girls | U15 | Triple Jump |  |  |
| 11:00am | Boys | U15 | Triple Jump |  |  |
| 12:00am | Girls | U18 | Triple Jump |  |  |
| 1:45pm | Boys | U18 | Triple Jump |  |  |
| 2:45pm | Girls | U19 | Triple Jump |  |  |
| 3:30pm | Boys | U19 | Triple Jump |  |  |
| 11.00 a.m. | Boys | U12 | High Jump |  |  |
| $12.00 \mathrm{a} . \mathrm{m}$. | Girls | U12 | High Jump |  |  |
| 1.00 p.m. | Boys | U13 | High Jump |  |  |
| 2.00 p.m. | Girls | U13 | High Jump |  |  |

