

GloHealth

INDOOR

CHAMPIONSHIPS

Juvenile Championships INTER-CLUB RELAYS

Check in opens 9.00am

10.30	Girls 13	4 x 100m	Heats	1.30	Girls 12	4 x 100m	Heats
	Boys13	4 X100m	Heats		Boys 12	4 x 100m	Heats
	Girls 15	4 x 200m	Heats		Girls 14	4 x 200m	Heats
	Boys 15	4 x 200m	Heats		Boys 14	4 x 200m	Heats
	Girls 17	4 x 200m	Heats		Girls 16	4 x 200m	Heats
	Boys 17	4 x 200m	Heats		Boys 16	4 x 200m	Heats
	Girls 19	4 x 200m	Heats		Girls 18	4 x 200m	Heats
	Boys 19	4 x 200m	Heats		Boys 18	4 x 200m	Heats

FINALS OF ABOVE

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FIELD EVENTS

Check in Closes 12.30pm

11.00	Girls U15-U19	Pole Vault	1.30	Boys U15-U19	Pole Vault
10.00	Boys 15 & Girls 15	High Jump	2.00	Boys 19 & Girls 19	High Jump
11.00	Boys 16 & Girls 16	High Jump			
12.00	Boys 17 & Girls 17	High Jump			
1.00	Boys 18 & Girls 18	High Jump			
10.00	Boys 19	Shot Putt (6k)	2.00	Boys 17 (5k)	Shot Putt
11.00	Girls 19	Shot Putt (4k)	3.00	Girls 17 (3K)	Shot Putt
12.00	Boys 18	Shot Putt (5k)			
1.00	Girls 18	Shot Putt (3k)			

PLEASE NOTE:

- All relays will be held on the 1st day of competition.
- No entry on the day of competition
- Athletes may step up ONE (1) age group only and may compete in TWO (2) relays on the day
- At least 2 members of a competing relay team, participating in that event on that day must be of the correct age
- 17,18,19 age groups all athletes may move up one age group
- If a sub is present on the day and declared, medal will be presented
- For 4 x 100 relays – the third athlete breaks.
- Relay teams qualify from region, 3 teams per region per age category
- If 4 teams or less check in, a Final will be held at Heat time.
- Team names, DOB, registration numbers must be submitted with entry
- DECLARATION SHEETS MUST BE FILLED IN FOR EACH INDIVIDUAL TEAM
- Spot checks will be carried out on team declarations

Athlone International Arena
Saturday 21st March 2015
ATHLETICSIRELAND.IE

